Alumnus aids NASA with ideas

By Scott Perry

"When American astronauts made landings on the moon, what did they do? They planted the American flag, thus telling the entire world that we had conquered the moon and that America's technology was better than anyone else's. That's not the kind of space program we envision," said Alumnus Scott Perry.

Perry, a co-founder of the Daily Egyptian, is the director of NASA's special project office of exploration. His mission: To help determine what the country's space goals will be at the turn of the century.

"It's not as simple as just picking the moon or Mars," Perry said. "There are a lot of decisions to be made before we can determine what the future of space exploration will be."

Ladwig: interest in space came during Christmas in 1969. It was then he was introduced to Air Force Col. John Whiteside, a founder of NASA's space program.

"I remember the first words Whiteside said to me," Ladwig said. "'Hi, we're going to New Worlds.'"

New Worlds — the same as the committee for the future — was an organization devoted itself to the future of space exploration and examined how it could best be utilized to help the world we live in.

See THE PAGE. Page 6

$2,500 found during fire investigation

By Mark Barnett

Approximately $2,500 in 10,000 and 20 dollar bills that were found in the area of the fire. The bills were found between the ledge and the ceiling, which was the site of the fire. The money was found in a pipe that was used in the arson.

The fire investigator said that the money was found in the pipe that was used in the arson. The fire investigator said that the money was found in the pipe that was used in the arson.

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 Upgrade of mall planned

By Richard Goldberg

A proposal for a $23.5 million upgrade and expansion of the University Mall will be presented to the City Council tonight.

A report by Interim City Manager Jeff Doherty says improvements will include an addition of a Famous Barr or Dillard's department store, enlarged restrooms, and other new and extra features.

The report also says a food court, which Doherty described as a variety of restaurants with a common seating area, will be added.

The city has been working with mall owners David Hocker and Associates for more than a year on the project and "Everybody seems to be 'on board,'" he said.

But there is one catch: "The city has been asked to participate in some of the costs for the mall," Doherty said.

Doherty's report says Hocker and Associates has asked the city to foot $5 million of the bill. If the city could not give specifics on where the money would go until the company compiled an itemization of costs, he suggested the money could be raised through local sales tax and property tax.

Doherty said the expansion and remodeling of the mall could be accomplished in about two years with city approval.

The last mall expansion was approved by the city in 1988.
Uganda Airliner crashes killing 31 people in Rome

ROME (UPI) — The pilot of a Uganda Airlines Boeing 707 crashed Monday to land his plane at Rome's Leonardo da Vinci Airport before the plane crashed short of the runway on the third approach early Monday, killing 31 of the 33 passengers and crew, authorities said.

American, British scientists win Nobel Prize

STOCKHOLM, Sweden (UPI) — Two American researchers and a British professor won the 1988 Nobel Prize in Medicine Monday for discoveries that led to life-prolonging drug treatments of AIDS, leukaemia, heart disease and a host of other disorders. Sweden's Karolinska Institute awarded the prize jointly to Sir James W. Black, 64, of King's College Hospital Medical School in London; Dr. Alfred G. Gilman, 39, of Yale University School of Medicine in New Haven, Conn., and Dr. George H. Hitchings, 83, both of Burroughs-Wellcome Research Laboratories in Research Triangle Park, N.C.

Anti-government groups to try Burma alliance

MANNERSWAL, Burma (UPI) — Leaders of Burma's largest rebel group said Monday they will try to unite disaffected students, minority insurgents and communist guerrillas into the nation's first anti-government alliance. Officials representing the 12-year-old rebel National Democratic Front have been meeting Thursday at the jungle headquarters of the Karen National Democratic Front to decide whether to form a new alliance group at Aung San, about 150 miles northeast of Rangoon.

'Last Temptation of Christ' banned in Israel

JERUSALEM (UPI) — Israeli film censors Monday banned distribution of the movie "The Last Temptation of Christ," saying it would offend Christians in the Holy Land and violate Halal law. "It's not that the film deals with some aspects of Christianity," said Joshua Justman, chairman of the Israeli Film Censorship Board. "What is in the film deals with the very fundamental tenets of the Christian faith. This is no small matter."

Government: Hole in ozone layer is shrinking

WASHINGTON (UPI) — A "hole" in the Earth's protective ozone layer observed each year at the South Pole shrank to its smallest size since 1986, but the ozone depletion threat is not lessening, the government said Tuesday. The National Oceanic and Atmospheric Administration confirmed that the ozone hole created mainly by chlorine from aerosols was made by balloons launched by scientists at the pole earlier this month.

U.S., Philippines agree on military bases use

WASHINGTON (UPI) — The United States and the Philippines signed a two-year interim agreement Monday for continued use of U.S. military bases that could include nearly $1 billion in new aid to the island nation in 1990 and 1991. But in signing the memorandum of agreement in the State Department's Treaty Room, both Secretary of State George Shultz and Philippines Foreign Minister Kauf Manglapus said their countries "are keeping their options open" for the future, when the basic agreement expires.

Brush fire threatens homes, wildlife preserve

United Press International

A 2,300-acre brush fire started by an illegal campfire in the Angeles National Forest moved within a quarter mile Monday of ranches and homes and prompted officials to ready for possible evacuation a wildlife preserve of exotic and abandoned animals. In central California, meanwhile, a wildfire believed started by careless campers burned 1,000 acres in the Sequoia National Park, where the flames had for a time threatened the park's giant redwoods.

Survey: Eight in 10 find candidates insincere

NEW YORK (UPI) — A survey of 1,000 American adults shows that eight out of 10 believe the presidential candidates are insincere and nearly half said they would rather watch prime time TV than pay attention to the election, Parents magazine reported Monday. Of those polled, 76 percent said they believed both candidates "are just saying what they think the voters want to hear," and only 10 percent said they believe the presidential hopefuls are honest, the magazine reported in November.

FASHION DESIGNS

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300 E. Main, Hunter Ray
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Recording project change of luck for musicians

By Beth Clark
Entertainment Editor

The art of making music has been expanded in Carbondale with the recording of the cassette "Down on Your Luck." "Down on Your Luck," a Wright-Waldron Project, is original music written, recorded and performed by Carbondale inhabitants.

Michael Wright, owner of Wrighttracks recording studio at 217 W. Main St., said he and his partner, Terry Waldron, wrote the lyrics, performed the instrumental parts, produced and recorded all 13 songs found on the cassette. Waldron, an art teacher at Sparta High School, also designed the jacket for the cassette and sings two of the songs. The two, both University graduates, have known each other since grade school and have been writing lyrics together for 15 years.

"We've always dreamed of (making a cassette), but we weren't sure if we'd ever do it," Wright said.

Wright, a real estate appraiser, said he has been buying the recording equipment for a number of years. Three years ago the two decided to make their dream come true.

The cassette contains music from soft rock to pop. Wright said one New York producer called it "European Pop," he said.

Besides the fact that an album or cassette had never been recorded in Southern Illinois, another uniqueness is that no singer who appears on the album is from the area.

Michael Wright, owner of Wrighttracks Recording Studio at 217 W. Main Street, said, "We narrowed it down from 100 songs to 13, and from 100 singers to seven." Wright said, "We picked the ones who showed the most potential."

"The cassette is a once in a lifetime chance for the singers," Wright said.

"How many people from Southern Illinois get the chance to be on an album?" he asked. "There are so many people that are very, very talented singers but never get discovered."

"This is a vehicle for them to be heard by others," he said. "And we don't know which singer or song, if any, will be popular."

"Down on Your Luck" took three years to complete, with the group working only nights and weekends.

"Nothing would make me any happier than to see one of these singers get somewhere from this," he said.

Beth Clark, who sings six of the 13 songs on the cassette, said the recording has helped her musical career greatly.

"I have learned so much," she said. "I bear myself better than I'd ever been able to before."

Clark, who sings with the band ‘Shades,’ said that experience has also helped her with stage performance and has inspired her to begin writing lyrics.

Clark, from Evansville, Ind., said she was surprised that this opportunity came to her in Southern Illinois.

"I didn't think there was anything here," she said. "I never would have gotten the chance in Evansville."

"I was just in the right place at the right time," she said.

Clark hopes to sing on the group's second release, although she isn't limiting herself to the group.

"I'd like to go further with the band," she said. "I'm waiting for any opportunity and then I'll jump on it."

The other singers on the cassette include: Julia King, a University graduate in music, now singing her musical career in Nashville, TN; David Greer Smith, a veteran rock singer and University student; Mimi Haverbecke, who can sing in several musicals and pays; Richard Graybill, who has sung in many rock bands; and Paul Brown, a veteran singer who already has released a solo album.

Wright said the two decided to call themselves the Wright-Waldron Project because the cassette is an "ongoing type of project," with the singers changing with a new release. "It's not just the two of us," Wright said. "The singers are now working on a new album."

Colin Austin, a University student, also was involved in the venture by helping Wright with engineering.

"It's not just about the music," which derived its name from I'm Down on Your Luck," the band's song on the cassette, with the same title, took three years to complete, with the group working only nights and weekends, Wright said.

Wright said new and weekend rehearsals denied many members of the group to...
There are skeletons in the 'Bone Yard'

**Officers deserve credit**

Let's give Carbondale public safety officials credit. Although the crimes didn't happen here, the authorities here and in Carbondale worked together. The officers' instincts were correct. The lamps were checked by electricians, the bolts that held the chairs together were found in the dumpster, the locks had been bypassed and the equipment was distributed to non-profit organizations.

We understand the University probably is in a sticky situation, considering the problems encountered when 900 mattresses were given away by Housing to low-income students. But that has nothing to do with the officers and administrators from Carbondale who didn't deter the University administrator from possibly giving the equipment to worthy causes.

There should be no tittering over the fact that when the bombs were detonated with other explosives, the metal pipes were found to contain only wads of circus-his 1933 U.S. currency. The police and firemen handled the situation well and were better safe than sorry.

Carbondale officials made the correct move by calling in outside experts to handle the potentially dangerous device. Had the police not stepped in when they did, it's likely someone could have been injured.

Too often the hazards of duty faced by police officers and firefighters are overshadowed by tales of police brutality and fire departments arguing over jurisdictional questions. This is a real tragedy. But, this is one instance where we are glad to support the policies and efforts of our public safety officials.

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Isn't it that the libertarian image is one of the minimal government, or does the stipulation only apply to the illegal immigration and not to the legal immigration? This really strikes me funny that Bush is anti-abortion, pro-adoption, anti-stop and go, but that he will control major infrastructure and heavy business and heavy control over individual choices.

As if abortion is completed, the practice will go back to the days of the burned-out houses and lots of women bleeding to death. If abortions are legal, who, (mayby the anti-abortion) is going to be responsible to feed all those (appropriately 200,000 abortions every month.) The anti-abortion speak out for these "voicer" who can not; they guess they are coming on shelting out to take care of these children once they are alive? Here the first three months of all the anxiety, as it stands, it is a matter of opinion whether there is a life inside.

After that, I believe we are pretty much in agreement that there is a life there. Therefore, during those first three months, make this a matter of judgment, since people cannot agree on whether it is alive or not.

Furthermore, it is really upsetting to see someone base their vote on one aspect of a presidential candidate's platform. I feel that it is best to look at the whole picture.

A person might feel very strongly about one issue and vote a candidate into office, then find that he does not care to present a bill for higher education or funding any other social institutional spending for the less fortunate. When he does present a bill, it's for $30 million. I believe that people do think the consequences might be from Star Wars! We may not have to worry about abortion after that is put into practice. -- Vicki L. Apos, junior, psychology.

DE editorial misleading on film's censorship

Manager not authority on screening of movie

This is a letter in response to the DE editorial on the film's censorship and "censorship" of the film The Last Temptation of Christ. --

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The anti-abortionists not contributing to thousands of unwanted children

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Emergency personnel remove the body of Flora Lee Rosen, 87, who died from smoke inhalation Monday morning from a fire in her home at 107 N. Spring.

Carbondale woman dies in fire

An 87-year-old Carbondale woman died in a fire caused by faulty wiring at 107 N. Spring St. at 8:45 a.m. Monday.

Florence Rosen died from smoke inhalation, Jackson County Coroner Don Baggsdale said. No cause for the fire was found in the kitchen by firefighters.

LADWIG, from Page 1

The vision of the Committee for the Future was for the United States, for other nations, to move aggressively into space to advance technology, Ladwig said.

Ladwig said such a movement was unpopular during this time since space was generally thought of as being connected to the military.

"The stimulus, as well as the nation, was in a period where they were against the fighting in Vietnam and anti-technology," he said.

Ladwig said he thought putting money into the space program was more than a waste of money at the expense of more pressing problems.

But Ladwig defended the space program saying, in the May article, "Basically what we are trying to do is get people to look at our planet from an extraterrestrial perspective, as if they were on the outside looking in. Once you do that, you realize that all the world's problems are interrelated and that man now exists in a limited environment whose resources are almost depleted.

Ladwig's activities were interrupted in 1972 when he was drafted into the Army. But when his tour was finished, he went to Washington D.C. where he was part of the Pecon for the Advancement of Study in Science and Technology.

From this program, Ladwig was able to expand into NASA.

In 1980, Ladwig was made the manager of an organization to get high school students involved with the space shuttle program by giving lectures or doing experiments to be performed during space missions.

Some of the experiments on space shuttle Discovery when it went into space in December were those Ladwig had arranged.

Ladwig said he was "very happy" to see the shuttle program back on its feet after the two and a half year break caused by the Challenger disaster in January 1986.

"The shuttle disaster was much like getting a speeding ticket. You are always a little hesitant to get your car up to the speed limit right after you get the ticket. But once you get over that initial fear you are able to move ahead.

Ladwig said the next president will play an important role in the future of the space program.

"The next president will have to help us come to a national decision on just how far the space program wants to go," Ladwig said there has been a reluctance by the past administration to establish a space goal for the nation.

"There is no instant gratification any more," Ladwig said. "We are past the point of just planting a flag or having footprints."
Alaskan couple pins hopes on Dukakis

Editors note: The St. Louis Post-Dispatch recently sent reporters to Alaska to gather interviews with ordinary voters who will help choose the next U.S. president. This is one story in a series.

By Terry Ganey
St. Louis Post-Dispatch

NOME, Alaska — When his real-estate insurance business dried up this year with the rest of Alaska's Alaskan economy, Jim Stimpfle created a new role for himself: travel agent.

He arranged two "friendship flights" between Nome and Provideniya, a Soviet city 250 miles across the Bering Sea. Now he dreams of the day when Nome will become a tourist gateway to Siberia.

Stimpfle said the government should move here more opportunities for minority people.

"He seems to have more of a sympathetic view to minorities." she said. "There are some minority people who do well in America. But there should be more of them, and I think Dukakis should offer more opportunities for minority people." 

Stimpfle's Office is off the kitchen of the two-stone frame house and is cluttered with memories of his meetings with the Soviets. He runs his business while caring for his two children, Megan, a pigtailed six-year-old, and Ian, a "Terrible Two." 

Right across the dirt street from their home is the Nome Elementary School, Ms. Alvanna-Stimpfle teaches Eskimo and English.

"I like Dukakis," she said. "Because I know Spanish, he has an idea how Spanish people feel. He knows they think differently from white people or English-speaking people, whatever you want to call them. That's another reason why I think he'd be more sympathetic to minorities. When a person speaks another language, the person can think differently."

Before the federal government moved her people off, they lived 90 miles northwest of Nome on Kuk Island, from which they fished and hunted. The Imiagik have felt misplaced ever since they were moved into the govern­ment housing on Nome's East End where Ms. Alvanna-Stimpfle was born.

She was attending the University of Alaska in Fairbanks and Stimpfle was teaching a college preparation course when they met and married. Stimpfle, 40, had grown up in Washington, D.C., and in 1970 was drawn to Nome by adventure.

"The Democratic Party usually pays more attention to the needs of an individual and the needs of a community," she said. "It seems to have a sympathetic idea how American people feel."

"I believe Dukakis, who is a Terrible Two," she said. "Because he is sympathetic to minorities."

Ms. Stimpfle was born in Nome, on Aug. 24, 1940, in the dirt street where she lives. Her name is Alvanna-Stimpfle.

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Self-employment becoming a career
By Miguel Alba
Staff writer

With job security decreasing in today's job market, many people are looking toward self-employment as a possible career opportunity.

The Young Entrepreneur Seminars, sponsored by the Small Business Development Center, is a conference for people 30 and younger who are interested in starting their own business.

"The three things needed to get started in a business include proper financing, expertise in the chosen field, and market potential." said Lynn Lindberg, assistant director of the Small Business Development Center.

Lindberg said the three things needed to start a business include proper financing, expertise in the chosen field, and market potential.

"Many people become discouraged when they find out the amount of work there is to be done," she said. "Of the people that come here (Small Business Development Center) 50 percent never come back."

Lindberg said the majority of small businesses in Southern Illinois are owned by women from lower income households and are home based.

"Some of the more successful small businesses include janitorial services, craft services, clothing alterations, and shoe shining services. Although the chances for success are stacked against a new business, Lindberg said those chances could be improved by following a solid business plan and being willing to risk everything for the business.

The time element becomes a dilemma for some people because they try to keep working at their regular job, to support the family, while attempting to make their business succeed.

But the sense of accomplishment and the freedom to be your own boss are two of the biggest incentives when it comes to owning a business, she said.

The Young Entrepreneur Seminars will be held from 8:00 a.m. to 3:30 p.m., on Sat. 22, at Davis Auditorium in Wham. The five 6-minute seminars will cover various topics that will introduce newcomers to the business world.

A $15 registration fee is required for the lunch that will be provided. To register, contact Jane Evers at the office of Continuing Education, 536-7751. The registration deadline is Friday.

The 6:11 Deep Pan Pizza will be open.

Happy Hours 11-9

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Wednesday, October 19
2:00 p.m.

Mauries Ogur Memorial Lecture

The speaker will be
Professor Eugene Nester
University of Washington

His subject will be
Crown Gall Tumors:
Mating between Bacteria and Plants

The lecture will be held in the Morris Library Auditorium and will be folowed by a reception with refreshments.
Briefs

VIDEO of a citizen diplomat's tour of Russia will be shown and discussed at 7 tonight at the Wesley Foundation, 816 S. Illinois.

OUTDOOR ADVENTURE Club will meet at 7 tonight in Activity Room A on the Student Center 3rd floor.

CLOTHING AND Textiles Organization will meet at 7 tonight in Quigley Hall, Room 310. For details, call 453-5321.

FINANCIAL MANAGEMENT association will meet at 5 tonight in Lawson 101.

PROFESSORS OR students interested in the ATT stock challenge should come at 8 tonight in Quigley Hall, Room 310. The games will be for sale directly after the Financial Management Association meeting. To attain a game, payment must be received that evening. For details, call 528-4449.

BIRTH PARENT Support Group will meet at 5 tonight in the Wesley Foundation. For details, call 536-4441.

BOYTON STREET Community Center will host a 'host a candidate' forum with the Democratic candidates for offices at 7 tonight. The Republican candidates will be at the center at 7:30 tomorrow. For details, call 997-1113.

MEGA-LIFE CHRISTIAN Fellowship will meet at 7 tonight in the Bapstist Student Center Auditorium.

THE INSTRUCTOR and Course Evaluation workshop will be at 9 today in the Learning Resources Service. For details, call 453-0550.

UNIVERSITY PLACEMENT Center will sponsor a workshop on interview skills at 10 tonight in Lawson 121 and a workshop on resume at the Placement Office.

BLACK AFFAIRS Council will hold talent show auditions from 5 to 7 tonight in the Black Affairs Council Office, 3rd floor Student Center. Please bring your own music.

COMPUTING AFFAIRS will sponsor an "Introduction to Kermits" workshop at 9 today in Wham B11A. To register, call 453-4361, ext. 269, or key in WORKSHOP from CMS.

MODEL UNITED Nations Association will meet at 7 tonight in Activity Room C, 3rd floor Student Center.

COME HEAR all about the Peace Corps today in the Student Center Ohio Room. Two sessions: noon and 7. For details, call 536-7727.

RE-ENTRY WOMEN'S Brown Bag Luncheon will be at noon tomorrow at the School of Technical Careers Room 14.

INTERNATIONAL CHRISTIAN Fellowship will meet at 7 tonight in the Student Center Saline Room, 2nd floor.

S.T.A.R.T. will hold a teen games workshop at 5:30 at the Wesley Foundation.

STUDENTS OVER SUB will meet at 7 tonight at the Wesley Foundation.

WESLEY FOUNDATION will hold a Bible study at 7 tonight.

AERHO will meet at 7 tonight in Communications Room 1018.

FLU AND pneumonia shots will be given by the Jackson County Health Department today at the Senior Citizens Center, 409 N. Main St., Carbondale. Please use finger-clip entrance. There is a $4 fee, and health department forms will be available to fill out ahead of time. Pneumonia shot is a once in a lifetime shot.

PASTORAL CARE of depressed persons will be at 12:45 p.m. Oct. 25 at Memorial Hospital, Conference Room 5. Register by Oct. 21 by sending your check and registration form to: Jeffrey Knepler, director of social service, Memorial Hospital of Carbondale 404 W. Main St.

BETTER BREATHING Club will meet at 2 today in Conference Rooms 1 and 2 of Memorial Hospital of Carbondale. For details, call 549-0721, ext. 5144.

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University flying team places high in regional competition

By Beth Clavin
Entertainment Editor

The Flying Salukis had four individual champions in the mid-America intercollegiate flying team competition held at the University of Illinois Oct. 14 and 15.

The Salukis, coming extremely well, Ted Hupp, faculty member in aviation, said. "We compete at the national level for the first time in the regional level for the first time in the regional competition in North Dakota. The team is looking forward to competing in the nationals in May. "North Dakota is presently the national champion," he said, "and we're looking to unseat them."

Mid-America Press Institute to give workshop in St. Louis

The Mid-America Press Institute will hold a workshop aimed to improve reporters' skills on Nov. 14 through 16 at the Clarion Hotel in downtown St. Louis.

Jacqueline Banaszynski, winner of the 1988 Pulitzer Prize for feature writing at the St. Paul Pioneer Press Dispatch, will be the keynote speaker at 9 a.m. Saturday.

Registration for the weekend conference opens at 7 p.m., Nov. 11 and the program ends at noon, Nov. 13.

Newspapers that want individual writing critiques should send two issues by Nov. 1.

Also placing from SIU-C were: Rob Kaczor, ninth in the nationals in pre-flight; Chris Shaw and Scott Bueck placed first in the team navigation route and tied for first in the simulator event.

Scott Shaw, who placed sixth in both computer accuracy and aircraft recognition, received the Top Male Pilot award, and Hupp received the Coach of the Year award.

Also placing from SIU-C were: Bob Kaczer, ninth in the message drop; Jim Van Horn, eighth in short field landings and power-off landings; Mike McDonald, sixth in power-off landings; Wally Pretkelis, eighth in computer accuracy; Dave Bertolotti, seventh in aircraft recognition; and Dave Parsons, ninth in pre-flight.

Hupp said the team is working on the nationals in May. "North Dakota is presently the national champion," he said, "and we're looking to unseat them."

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Culture pushes people to diet, counselor says

According to recent surveys, about 30 percent of women between the ages of 19 and 30 diet at least once a month and think about eating and dieting ways to burn up the calories. Professional help.

Teenage girls and young disorders among young women. They seem obsessed with their weight. Fashion and weight control and fitness have become society's latest fad. Even their success in the classroom or on the athletic field is negatively affected. This message is so pervasive and compelling that many people don't seem clear eating. Often, I am faced with students they have no problem with food. If one to eight of the statements are true, students could be overly concerned with their weight. If more than nine are true, students could be developing an eating disorder and might consider professional help.

To Your Health

generate an epidemic of eating disorders among young people, many of whom are college students.

“Oftentimes I am faced with a young woman desiring to lose weight when it seems obvious that her weight is normal,” Leslie Anderson, nutritional counselor at the Wellness Center, said. “So many people don’t seem clear about why they want to diet — for reasons of health or beauty or just because it’s the thing to do.”

Anderson believes that collective dieting in itself could be considered an eating disorder like anorexia and bulimia and can lead to binging and purging behaviors.

To determine how students think about eating and dieting and to see if they are at risk for an eating disorder, students should see if these statements are true for them.

A day rarely passes that they don’t worry about how much they eat.

They are embarrassed to be seen in a bathing suit.

There are many foods they always feel guilty about eating.

Most attractive people they see are thinner than they are.

They usually begin the day with a vow to diet.

Their thighs are too fat.

They feel uncomfortable eating certain foods in front of other people.

They get nervous if people watch them from behind.

After eating, they think of ways to burn up the calories.

They hate seeing themselves in a mirror.

They feel bad about themselves if they don’t exercise every day.

They find themselves naked and body repulsive.

If they eat too much they sometimes vomit or take laxatives.

Their worst problem is the appearance of their body.

According to American Health magazine, if two out of four of the questions are true for students, they have no problem with weight or food. If five to eight of the statements are true, students could be overly concerned with their weight. If more than nine are true, students could be developing an eating disorder and might consider professional help.

The Wellness Center, Counseling Center and Women’s Services provide individual counseling and group counseling. The Health Advocate Program’s “Doctor’s Dilemma” is available to residence hall groups. Call the Wellness Center at 369-4441 or watch the DE for more information.

To Your Health is produced in conjunction with the Wellness Center.

Health and Fitness Guide

To Your Health

Chinese HOT Massage

Individual half-hour consultations will be available from 2 p.m. to 4 p.m. beginning Oct. 28. Appointments must be made at the Rec Center Information Desk on the preceding Friday. Fee is $10.00.

Adult Aerobics, Session I

Meet at 5 p.m. Mondays and Thursdays and 6:30 p.m. Tuesdays and Thursdays and 11 a.m. Saturdays beginning Oct. 18 in the Rec Center Multi-Purpose Room.

Pre-Beginner Aerobics, Session II

Meet at 5 p.m. Mondays, Wednesdays, and Fridays beginning Oct. 17 in the Rec Center Multi-Purpose Room.

Resistance Workout

Session II will meet at 7:30 p.m. Mondays and Fridays in the Rec Center Dance Studio.

Yoga Session II

Will begin at 4 p.m. Wednesday in Rec Center Room 158.

Beginner Aerobics

Session II, will meet at 4 p.m. Mondays, Wednesdays, and Fridays beginning Oct. 17 in the Rec Center Dance Studio.

Self-Defense for Women

A two-part workshop, will be from 5 to 7 p.m. Oct. 20 and 27 in Rec Center Room 158.

The American Tap

Happy Hour 11:30am-9:00pm

Lite

40¢

Pitches

$2.50

Upcoming Event Nov. 5

Post Halloween Bash

University Honors Lecture Series

Marjorie Scardino

President, The Economist
Newspaper Group

Wednesday, October 19, 8:00 p.m.
Student Center Auditorium

Women. The Economist, And
The Global Marketplace
The Peace Corps fall recruitment campaign kicks off tomorrow at the Unitied Center with a film and discussion session with former volunteers and a Peace Corps representative.

Mary O'Keefe, Peace Corps recruiter in the College of Agriculture, said two sessions will be held. The Unitied Center is reserved for interested students, at noon and 2 p.m.

O'Keefe said the film will feature past and present Peace Corps volunteers, and will put recent returnees in the same presentation.

"We're looking for at least another 25 new volunteers during next year," she said. "The Peace Corps is looking for volunteers with degrees or at least two years of professional work experience."

For the past year, O'Keefe said, she has been examining the university recruiting of- fice and what it needs. Steve Ryekema, Peace Corps recruiter from Chicago and a senior recruiter at the University, the Peace Corps is ideal for those who want to get out of the province but are not ready for a 9-to-5 job.

"The reasons for joining Peace Corps are many," Ryekema said. "It offers internships, to get a chance to see how people live and work overseas in a developing country, it offers professional experience in a field of study and it's an opportunity to travel. People also get a chance to see the U.S. from a different perspective."

The Peace Corps is a two-year term and volunteers go through an extensive two-to-three month training period involving language learning, cross-cultural orientation and health and technical management.

Ryekema, who was a former volunteer in the Philippines, said applicants can get a chance for a world where they would like to be stationed, but the decision ultimately is based on which countries make requests for volunteers.

Some of the benefits offered by Peace Corps are a monthly paycheck, living expenses free medical and dental care, 48 days of paid vacation and $4,000 readjustment allowance for completion of assignment, O'Keefe said.

Ryekema said the readjustment allowance is the same amount paid to each Peace Corps volunteer for every month. A volunteer participates in the Peace Corps and returns to his or her home country over, volunteers then have that money to further their education or work in the States, he said.

Ryekema also said a lot of students find a second career when they enter the Peace Corps.

O'Keefe said the Peace Corps pays as much as 70 percent of tuition for National Student Loans.
ANNOUNCEMENTS

In The CARDBONALE, 33 W 14th St, Pittsburgh, PA 15212. Phone 549-4202. For classifieds, call Lillian F. 549-3971. For classifieds, call 549-3960. For classifieds, call 549-3850.


Support Reggae in Carbondale tonight Hangar 9 9:30 $1.50 and $2.50 from Negroes. Call 672-1900 for more information.


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THANK YOU TO All of our 6th birthday party friends! 549-2070 or 457-4854. Paid for by SIU College Democrats.

Keep up the Great Work
To Volunteer call 529-2070 or 457-4854.

Gammon Beta Phi Honor Society Membership Drive Qualifications are:

Sophomores 3.2 G.P.A.
Juniors 3.3 G.P.A.
Seniors 3.4 G.P.A.

If interested and qualified attend orientation meeting Wed. Oct. 19 Ballroom A 3-4:30 Or Contact Office of Student Development 453-5714.

Congratulations To:
The Jackson Democratic Women, The SIU Democratic Student Organizations & All the other Groups & Individuals who have volunteered to make the 22nd Congressional Dakota Phone Bank the most successful in Illinois.

Jennifer Wood Becomes Star.

Place a Halloween Smile Ad to run Fri., Oct. 28.
Includes one free Halloween art work

Deadline Wed., Oct. 26, by 2:00 p.m.

Happy 21st Love, Anne, Zee & Mindy

ERIC Happy 23rd Birthday

Pookie, This past year has been great! I never knew GEC 212 would end up being so interesting!! You are the absolute GREATEST!! I Love You, Honey

P.S. I'm still looking for that butterfly

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Daily Egyptian
Advertising Department
Schumacher leads women's cross country at Holy Cross

By Robert Baker
Staff Writer

The women's cross country team recently made history under Coach Schumacher, as they turned in a formidable performance at the Holy Cross Invitational. The Salukis finished 11th overall, earning the team's first ever top-10 finish at a conference meet.

The team's success was evident from the very beginning, with its collective determination and focus paying off in a strong showing. "The entire team showed great poise and resiliency throughout the race," Coach Schumacher said. "We were able to maintain our pace and push hard in the final stretch, which was crucial for our strong finish." The Salukis' consistent effort throughout the course led to a top-10 finish.

Individual performances were also impressive, with several runners contributing to the team's overall success. "Our top runners showed great promise and worked hard to improve their form," Schumacher continued. "Their dedication is paying off in their improved performance and we're excited to see where we can take this team next season." The Salukis were particularly pleased with the performance of their freshmen, who showed great potential and were a key factor in the team's success.

The Salukis' performance was a testament to their hard work and commitment. "Their dedication to training and improvement is truly admirable," said Schumacher. "We are looking forward to continuing their success and achieving even greater heights next season." The team finished the race with a collective sense of pride and accomplishment, eager to build on their strong showing and continue their growth.

As for the future, the Salukis have high hopes for the upcoming season and are excited to see what the future holds. "We are confident in our ability to continue improving and achieving our goals," Schumacher said. "The team is motivated and ready to make another strong showing in the future." The Salukis are looking forward to the next season with enthusiasm, determined to build on their success and continue their journey towards excellence.
Field hockey wins 3 straight contests

By Troy Taylor
Staff Writer

A time-honored field hockey tradition — taking a pumpkin with sticks in a pregame ceremony — came through for the Salukis this weekend.

After the players charted their plastic-rimmed equipment with the pumpkin's good luck, Coach Jodie Hamilton's team won three of four games at Stehr Field to put the season record at 17-10-0.

"The front line has finally started putting some things together," Illner said.

By attacking the goal from both right and left sides of the field, the Salukis had no difficulty in executing their offense and defeating Louisville 2-0 and Bellarmine 3-0 on Sunday.

The offensive, which averaged just 1.23 goals per game going into the homestand, scored a total eight goals in four games. The scoring was sparked by junior Jodie Hamilton, a transfer student from Perth, Australia, who became eligible to play only a week ago.

"I've waited so long, I'm excited just to play," said Hamilton, who scored the first goal in Sunday's victory over Louisville. "It's a good feeling to get the first goal. It helps everybody up.

Illner also said that the Salukis took the 1-0 victory over Eastern Kentucky on Saturday as a good feeling to get the first goal of the season, scored both points.

"We should've won that one Friday," Oppermann said.

Oppermann said that she saw much improvement in the team's performance.

"The passing is a lot better," Oppermann said. "We're getting off more shots. We're creating a lot and it opens it up that much more."

The Salukis had a total of 11 shots in the two games Sunday.

Even though the Salukis were getting plenty of chances and goals at the goal, Illner said that they should have scored more times off those opportunities.

"But if we just don't have the finesse to finish someone off in there," said Illner, "we'll have to improve the finesse to finish someone off in there."
**Optimism abounds in Herrin's camp**

**By David Galainetti**

The men's basketball team has had only two winning seasons in the past 10 years. Head coach Rich Hilton is hoping three is this year's magic number.

"Last season was very optimistic and I know we have a better team than last year," said Herrin, who is entering his fourth season as the Salukis coach.

The Salukis were 12-16 last year.

"This year is a step in the right direction. We could have won more than 250 and that has to be one of the things we are shooting for," said Hilton.

Along with returning starters and Kai Nurnberger, senior Randy House and sophomore Rick Shipley, the Saluki boast the addition of five potential starters to their ranks.

Forward Jerry Jones, guard Freddie McSwain and center Darin Parker all enter as college transfers. Center Tony Hamke and guard Kelvin Lawrence come to the Salukis fresh out of high school.

Hilton also boasts on McSwain especially with the loss of standout player Shipton.

"We considered him to be our top guard prospect from day one," said Hilton. "He really looks forward to coaching Freddie. He is a leader to a vocal way."

At 6-4, Jones, who will be eligible for play on Dec. 1 after transferring from Texas-Share, already has shown great performance at practice, which has Hilton as proud.

Hilton said the award comes as a complete surprise, considering his performance in last week's game.

"It's kind of hard to believe that I got when I didn't score a touchdown and wasn't even over 100 yards rushing," in the Salukis' 19-7 victory over Indiana State, Hamke puffed up to 54 yards, coming from a third-quarter drive that had three touchdowns and over 100 yards rushing (against Arkansas State). I figured if I had a chance to get it, it would be that week, but when I didn't, I figured I wouldn't get it at all. I really don't know how that works."

Hamke said since it was the first time he had received the honor, he wasn't exactly sure how to deal with it.

"I don't know how I'm going to approach it. I suppose I'll just stay thank you, take a bow and just go on. I still plan on waking up the same way every morning."

Hilton said the second Saluki to receive the offensive award, Chuck Harmke, was selected after the first week of play.

Harmke, a walk-on during his sophomore year, is among the top running leaders in the Gateway.

Harmke said despite the fact that he didn't feel he deserved the honor for his performance, he was proud of getting it.

**Fund-raiser to tap former contributors**

**By Robert Baxter**

Wayne Williams is starting to see what his job entails as he heads into his third week of work as the Gateway's first athletic fund-raiser.

"I think the main area of emphasis will involve contacting contributors who have failed to give in recent years. They have gone back as far as 1984 and are getting together a list of names of those who haven't contributed in awhile," Williams said. "For some reason I don't think they are doing it on purpose."

Harmke said his next step will be to contact people to see why they aren't contributing to the program at this time.

A problem did exist in Saluki Athletics at the time; a sports scandal rocked the men's basketball program and changes were made throughout the athletic department.

"They (University) were going through some changes in A.D. and coaching at the time," Williams said. "I think many of the contributors were unsure what was happening, and where the program was headed."

Harmke said his next step will be to contact these people and see what they are planning to do in the near future.

Williams, who took over the job on Oct. 1, worked in a similar capacity at the University of Illinois. He said the Saluki fund-raising effort is headed in the right direction, and Athletics Director Jim Hart will have little trouble exceeding his $200,000 goal for fiscal year 1989.

"I think Hart's goal of $200,000 will be easily met," Williams said. "Even though I am getting differing contributions at this time, the Hart First Fifty Campaign.

The figures I have and the figures I have seen of Hart's campaign are contracting each other. I saw Hart in the NCAA News holding up $65,000 dollars in contributions."

**Women's tennis coach pleased with squad's performance at tournament**

**By Megan Hauck**

The women's tennis team concluded its fall season at the Gateway Fall Invitational at St. Louis, winning three of the six flights.

Michelle Jeffrey won the No. 1 flight for Illinois to secure her conference title. Andrew Scott is defending Illinois for Drake, 6-3, 6-4, 7-5.

Michelle Jeffrey and Michelle Drake, 6-3, 6-2 and Jill Jackard of Wichita, 7-6, 6-2.

Michelle Toye defeated Cathy Farrell of Bradley, 6-1, 6-2 for the championship of the No. 5 flight.

Toye, who played one flight higher than she usually plays, increased her record to 14-1 this season.

The No. 2 doubles team of Beth Hauck and Karla DeJong proved to be the best in the Gateway Conference, winning the No. 2 flight championship and remaining undefeated throughout.

Beth Baardson won the No. 1 consolation flight after losing the championship match to Western Illinois, 6-1, 6-0.

The doubles team of Donna Netzie and Kartia DeJong also proved to be the best in the Gateway Conference, winning the No. 2 flight championship and remaining undefeated throughout.

Becky Baardson made the No. 1 consolation flight after losing the championship match to Western Illinois, 6-1, 6-0.

The women's tennis coach, who was pleased with the flight, is looking forward to the spring season.