

1964

1964-1965 Southern Illinois University Bulletin (Department of Nursing)

Southern Illinois University Carbondale

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Southern Illinois University

Bulletin



Department of Nursing

1964 - 65

Department of Nursing

Announcements for 1964-1965



SOUTHERN ILLINOIS UNIVERSITY BULLETIN
Volume 6 Number 6 May 1, 1964
Second-class postage paid at Carbondale, Illinois. Pub-
lished by Southern Illinois University, semimonthly
except in January, March, May, August, and December,
when published monthly.

The following issues of the *Southern Illinois University Bulletin* may be obtained without charge from Central Publications, Southern Illinois University, Carbondale, Illinois 62903.

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All intending students should have the General Information bulletin (issued once a year), plus the special bulletins of the various educational units in which they are most interested.

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This Bulletin

covers in detail questions concerning the Department of Nursing. To obtain complete information about Southern Illinois University and its various academic units, please refer to page ii of this bulletin for a list of the separate issues of the University's catalog.

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Department of Nursing

SOUTHERN ILLINOIS UNIVERSITY was established in 1869 as Southern Illinois Normal University. The shortened name became official in 1947 by action of the state legislature. The University now operates two major campuses, located at Carbondale and Edwardsville.

The Department of Nursing was established by the Board of Trustees in 1953 as an autonomous unit in the university's educational structure. It was formally activated in 1955. The first program, which was considered supplementary, was offered to registered nurses in the spring of 1956. The first class of students in the basic generic program was admitted in the fall of 1957. During the early years small hospitals in and near Carbondale were utilized for clinical experience; in addition, certain facilities not available near the University were provided by the University of Illinois, Chicago, Illinois, where students were transferred for one academic year.

In July, 1963, the Board of Trustees approved moving the Department of Nursing to the Edwardsville Campus. At present the first six quarters may be taken at either Carbondale or East St. Louis. The remainder of the work must be taken at East St. Louis.

During the fall of 1963 a study and revision of the curriculum were made which resulted in combining the supplemental courses for registered nurses and the generic areas of study for students who wished to become registered nurses into one baccalaureate degree program.

PHILOSOPHY

The Department of Nursing has as its controlling ideal the education of students in a broad understanding of their cultural heritage; the appreciation of spiritual, aesthetic, and moral values in personal, civic, and professional living; the cultivation of critical and constructive thinking related to general as well as health needs of all individuals and to local, national, and international problems.

To accomplish these aims the curriculum must (1) be based on a broad foundation of liberal arts, (2) emphasize the importance of prevention of illness as well as its curative requirements, (3) give understanding of the physical, mental, emotional, and social aspects of health and illness and their interrelatedness, (4) help each student develop the ability and desire to give the best possible nursing care to society, and (5) serve as a foundation and stimulus for graduate study.

OBJECTIVES

To help each student develop the ability to

1. Understand the implication of the interaction of individuals and society.
2. Understand
 - a. one's self as a basis for personal growth and an understanding of others
 - b. the average or normal person before attempting to understand the ill person
 - c. behavior in relation to the age and development of the individual
 - d. the individual from conception, through infancy, childhood, adolescence, adulthood, and old age in relation to (1) heredity, (2) the family and community, (3) physical, mental, and social health and illness.
3. Respect the religious beliefs of individuals and realize their influences in health and illness.
4. Be a health teacher on a beginning level; knowing who, why, when, where, what, and how to teach.
5. Evolve a positive, constructive philosophy of life which is manifested in active participation as a citizen in a democratic society.
6. Become a good nurse. In order to do this, one must observe good nursing and practice it under supervision, so as to be able to apply in clinical situations the subject matter presented in the classroom. During all clinical experience, class work and practice must be co-ordinated so that each student nurse may attain the knowledge, judgment, and high degree of skill needed to
 - a. observe symptoms and subtle indications of change in the patient's condition
 - b. apply principles of physical, social, and mental nursing care
 - c. teach care and prevention of illness to patients, families, and community groups
 - d. realize the significance of health needs and trends
 - e. take part in nursing and medical research
 - f. meet personal and professional obligations as a citizen.

FACULTY

Professors Virginia H. Harrison, Margaret T. Shay (Chairman). Associate Professor Mable G. Burton. Assistant Professors Carmin Jimison, Mary Lenny, Mary Joyce Parker. Instructor Bernice R. Zich.

All members of the faculty are registered professional nurses (R.N.) and hold academic degrees.

CO-OPERATING HEALTH AGENCIES

Several hospitals, public health facilities, day care centers, public schools, and other agencies in the vicinity of the East St. Louis Center provide clinical experience for student nurses.

PROGRAM OF INSTRUCTION

The Bachelor of Science degree program in nursing is designed for students who wish to become registered nurses and for registered nurses, graduates of diploma or associate degree programs, who wish (1) to strengthen their scientific basis for nursing practice, (2) to broaden and deepen their general educational and cultural background, and (3) to obtain a baccalaureate degree to qualify for further study on the graduate level.

The Department of Nursing is approved by the Illinois Department of Registration and Education.

Complete details concerning admission, tuition, fees, housing, degree requirements, and student employment are given in the General Information bulletin. For a free copy write to Central Publications, Southern Illinois University, Carbondale, Illinois 62903.

ADMISSION

Inquiries concerning admission to Southern Illinois University should be directed to the Admissions Office at Carbondale or Edwardsville, de-

pending on which campus the student plans to attend. Applications for admission are accepted any time during the calendar year. Applications should be initiated at least thirty days in advance of the desired entrance date to permit the necessary work of processing to be completed.

The purpose of the Department of Nursing is to admit and assist men and women with academic and professional potentialities; to develop their aptitudes in order that they may obtain the ability to give the best possible nursing service to humanity, and at the same time achieve an optimum of self-realization and continuous professional growth.

Applicants must meet all requirements for admission to the University. When they become students they are subject to all of the University's rules and regulations.

There are no restrictions regarding age, marital status, race, color, or creed to admission of applicants. Students are evaluated on the basis of mental and physical health, personality and character traits, academic achievement, and progress toward professional maturity.

To be admitted to nursing, students must have achieved an over-all C average. An average of C is required in all nursing and professionally related courses.

Any student who, in the judgment of the faculty, does not appear to warrant promotion will be advised to withdraw from the program and to seek success in another field or in another type of nursing program.

A registered nurse who wishes to enter the program must meet all requirements for admission to the University and, in addition, must: (1) be a graduate of a state-approved school of nursing, (2) be a registered nurse currently licensed to practice, (3) show satisfactory placement on Graduate Nurse Examinations (Advanced credit will be allowed.), (4) arrange for a personal interview with a faculty adviser in the Department of Nursing, and (5) submit transcripts of all academic and professional education beyond elementary school.

ADVISEMENT

After a student has been admitted to the University he should talk with an adviser about his educational plans and complete his registration for the quarter he expects to enter Southern.

To insure that an undergraduate student is properly advised concerning the choice of a course of study which will fulfill the requirements of the University and prepare him for his chosen career, academic advisement has been made the special responsibility of a selected group from the teaching faculty. During his first two years he will receive prime advice from an adviser responsible to the executive officer for General Studies on the

Carbondale Campus or to the chief academic adviser at the Alton or East St. Louis center. If he chooses to declare a special field of interest then, his General Studies adviser will refer him to someone representing his special field of interest for secondary advice; but formal admission to a specific field will be deferred until the quarter before he reaches junior standing. After admission to some special field, he will receive prime advice from a representative of that field.

A nursing student should early in his college experience become acquainted with and seek advice from the chairman of the Department of Nursing or a designated faculty member.

FEES AND OTHER EXPENSES

At the present time legal residents of Illinois registered for more than eight hours pay a total of \$61.50 per quarter. This includes \$42.00 tuition, a \$5.00 book rental fee, a \$5.00 student union building fund fee, and a \$9.50 student activity fee. Out-of-state students pay an additional \$50.00 tuition, or a total of \$111.50. Students registered for eight hours or fewer pay one-half tuition, one-half book rental fee, and full student union building fund fee; they have the option of paying the student activity fee.

In addition the following information applies especially to nursing students:

During the last quarter of pre-clinical study, students must purchase uniforms. The approximate cost is \$55 at present.

Students may live at home, with relatives, in university residence halls, or in approved off-campus housing. In East St. Louis, housing is available in the Beulah Residence, 460 North Ninth Street. Room and fourteen meals per week cost from \$14 to \$20.

In St. Louis, housing is provided in the Barnes Hospital Nurses' Residence. Double rooms cost \$30 per month; meals may be obtained in one of the several cafeterias in the Medical Center or in nearby restaurants.

Students are expected to pay their own travel expenses to and from hospitals and public health agencies. They must also provide dark sweaters, dark skirts, and tailored white blouses for the public health experience. They may have their own cars in East St. Louis.

FINANCIAL ASSISTANCE

Students in nursing are eligible for Southern Illinois University Scholarship and Activity Awards, application procedures for which are described in the General Information bulletin.

Through the generosity of several donors, scholarships and prizes are given to outstanding students. They are paid directly to the students selected by the faculty on the basis of academic achievement, potential for professional nursing, leadership, and financial need.

The Illinois Department of Mental Health educational grants in nursing are available to students who are accepted by the department and recommended by the chairman or by the co-ordinator. Providing tuition, fees, cost of uniforms, and a monthly stipend, these may be used by students in the basic program for four academic years or a total of not more than thirty-six months. Registered nurses may also apply for grant aid from this source. Information may be obtained from the Department of Mental Health, 401 South Spring Street, Springfield, Illinois 62700, or from the Department of Nursing, Southern Illinois University, East St. Louis, Illinois 62201, or Carbondale, Illinois 62903.

A small-loan fund has been established on the Carbondale Campus in memory of Barbara Teske. The fund is administered through the Co-ordinator of Pre-Clinical Nursing. Loans are usually of a short-term nature, and no interest is charged. Students may also apply for loans from the University at a low rate of interest.

A limited number of United States Public Health Service grants providing tuition, fees, dependency allowance, and monthly stipends are available to registered nurses in their senior year of full-time study. Applicants must have had experience in administration, teaching, or supervision, or be definitely committed to such a position. No undergraduate student may receive more than twelve months of governmental assistance under this plan. For further information, or for application blanks, address the Department of Nursing, Southern Illinois University, East St. Louis, Illinois 62201.

REQUIREMENTS FOR THE BACHELOR'S DEGREE

Each candidate for the degree must complete a minimum of 192 hours of credit in approved courses. At least 64 must be in senior college courses, of which 48 must be earned at Southern, 16 of which may be earned in extension from Southern. Each student must have a C average, and grades not lower than C in subjects aggregating at least three-fourths of the work. A C average is required in the major subject. These averages are required for the credit made at Southern as well as for the total record.

The *quarter hour* is the unit of credit used at Southern and throughout this bulletin. One quarter hour is two-thirds of a semester hour.

Every bachelor's degree candidate is expected to meet the University's

general requirements and to follow the recommendations of the academic unit in which he intends to do his major work.

For a complete statement of the University's general requirements for a bachelor's degree, please refer to the section headed "Degrees" in the General Information issue of the *Southern Illinois University Bulletin* and to the General Studies issue. The General Studies program is outlined below.

OUTLINE OF GENERAL STUDIES REQUIREMENTS

<i>Area A: Man's Physical Environment and Biological Inheritance</i>	24 hours
A first-level basic sequence	9 hours
A second-level continuation sequence	9 hours
Third-level advanced courses	6 hours
<i>Area B: Man's Social Inheritance and Social Responsibilities</i>	24 hours
A first-level basic sequence	9 hours
A second-level continuation sequence	9 hours
Third-level advanced courses	6 hours
<i>Area C: Man's Insights and Appreciations</i>	24 hours
A first-level basic sequence	9 hours
A second-level continuation sequence	9 hours
Third-level advanced courses	6 hours
<i>Area D: Organization and Communication of Ideas</i>	18 hours
Required college composition and speech	9 hours
Either a foreign language or a basic mathematics sequence	9 hours
<i>Area E: Health and Physical Development</i>	6 hours
First-level required physical education	3 hours
Second-level required health education	3 hours
<i>Total</i>	96 hours
If a General Studies sequence is waived, the total is only 87 hours.	

NURSING SUBJECTS

The courses in nursing are approached from the problem-solving point of view. The normal emotional, mental, physical, and social development of human beings from birth through old age is considered, and variations in behavior accompanying illness are studied. Comprehensive health plans and care emerge from applications of knowledge and skill gained from the natural, biological, and social sciences. The student is introduced to the health team concept, first as a student member, later as a leader in the nurse team, and then as a participant in the intraprofessional health planning for care and rehabilitation of individuals and groups in society.

SUGGESTED CURRICULUM

BACHELOR OF SCIENCE DEGREE, DEPARTMENT OF NURSING

<i>General Studies Requirements</i> (See page 7.)	87
<i>Requirements for the Concentration in Nursing</i>	105
Chemistry 101-2 or 240-4	2-4
Health Education 355	4
Nursing 101-3, 210-2 or F & N 103-4, 301-8, 302-8, 303-3, 325-8, 355-4, 363-29, 375-8, 384-2	75
Physiology 209	5
Psychology 301	4
Sociology 340	4
Other courses specified in the quarterly arrangement below	13-15
<i>Total</i>	192

A suggested arrangement of the curriculum by year and quarter follows. This arrangement is intended as a guide only and should be varied to meet individual backgrounds and needs. However, the courses listed during the first six quarters should be completed during that time. This arrangement is based on the assumption that the student has obtained a waiver for a first-level General Studies sequence in Area B, but, if the waiver is in another area, adjustments are subject to consultation with the adviser.

The two curricula for the first six quarters are equivalent; therefore, students are able to transfer between campuses without penalty or loss of credit and time.

CARBONDALE

FALL, FIRST YEAR	16 HOURS
Introduction to Physical Science	GSA 101a 3
Culture, Society, Behavior	GSB 201a 3
Music Understanding or Art Appreciation	GSC 100 or 101 3
English Composition	GSD 101a 3
Mathematics or Foreign Language	GSD 3
Orientation to Nursing	Nurs 101a 1

WINTER, FIRST YEAR	17 HOURS
Introduction to Physical Science	GSA 101b 3
Chemistry Laboratory	Chem 101b 1
Culture, Society, Behavior	GSB 201c 3

EDWARDSVILLE

FALL, FIRST YEAR	16 HOURS
Introduction to Physical Science	GSA 101a 3
Culture, Society, Behavior	GSB 201a 3
Music Understanding or Art Appreciation	GSC 100 or 101 3
English Composition	GSD 101a 3
Mathematics or Foreign Language	GSD 3
Orientation to Nursing	Nurs 101a 1

WINTER, FIRST YEAR	16 HOURS
Introduction to Physical Science	GSA 101b 3
Culture, Society, Behavior	GSB 201b 3

CARBONDALE

WINTER, FIRST YEAR (Continued)	
Masterpieces of Literature	GSC 103 3
English Composition	GSD 101b 3
Mathematics or Foreign Language	GSD 3
Orientation to Nursing	Nurs 101b 1

SPRING, FIRST YEAR		16 HOURS
Introduction to Physical Science	GSA 101c 3	
Chemistry Laboratory	Chem 101c 1	
Human Anatomy	Phsl 300 4	
Nutrition	F&N 103 4	
Mathematics or Foreign Language	GSD 3	
Orientation to Nursing	Nurs 101c 1	

SUMMER, FIRST YEAR		15 HOURS
Man's Biological Inheritance	GSA 201a 3	
Principles of Physiology	GSA 301 4	
Culture, Society, Behavior	GSB 201b 3	
Problems of Moral Decision	GSC 102 3	
Physical Education	GSE PE 2	

FALL, SECOND YEAR		16 HOURS
Man's Biological Inheritance	GSA 201b 3	
Logic and Meaning	GSC 208 3	
Poetry, Theater, or Modern Literature	GSC 202, 203, or 209 3	
Religious Foundations of Western Civilization	GSC 310 3	
Oral Communication of Ideas	GSD 103 3	
Physical Education	GSE PE 1	

WINTER, SECOND YEAR		15 HOURS
Man's Biological Inheritance	GSA 201c 3	
Art, Design, or Music	GSC 204, 205, or 206 3	
The Family	Soc 340 4	
Microbiology	Micr 301 5	

EDWARDSVILLE

WINTER, FIRST YEAR (Continued)	
Logic	GSC 152 3
English Composition	GSD 101b 3
Mathematics or Foreign Language	GSD 3
Orientation to Nursing	Nurs 101b 1

SPRING, FIRST YEAR		16 HOURS
Introduction to Physical Science	GSA 101c 3	
Culture, Society, Behavior	GSB 201c 3	
Introduction to Poetry	GSC 151 3	
Oral Communication of Ideas	GSD 103 3	
Mathematics or Foreign Language	GSD 3	
Orientation to Nursing	Nurs 101c 1	

SUMMER, FIRST YEAR		12 HOURS
Man's Biological Inheritance	GSA 201a 3	
Organic Chemistry	Chem 240 4	
Literary and Philosophical Masterpieces	GSC 251a 3	
Physical Education	GSE PE 2	

FALL, SECOND YEAR		16 HOURS
Man's Biological Inheritance	GSA 201b 3	
Literary and Philosophical Masterpieces	GSC 251b 3	

World Religions	Phil 302 4
General Bacteriology	Bot 311 5
Physical Education	GSE PE 1

WINTER, SECOND YEAR		16 HOURS
Man's Biological Inheritance	GSA 201c 3	
Literary and Philosophical Masterpieces	GSC 251c 3	
Human Anatomy	Phsl 300 4	
The Family	Soc 340 4	
Normal Nutrition	Nurs 210 2	

EDWARDSVILLE CAMPUS, EAST ST. LOUIS CENTER

SEVENTH THROUGH THIRTEENTH QUARTERS

Third-level General Studies courses in Areas A, B, and C	14-18	Pediatric Nursing	Nurs 302 8
Healthful Living	GSE 201 3	Medical-Surgical Nursing	Nurs 363a 9
Introduction to Physiology	Phsl 209 5	Psychiatric Nursing	Nurs 325 8
Introduction to Public Health	HEd 355 4	Backgrounds and Trends in Nursing	Nurs 355 4
Child Psychology	Psyc 301 4	Public Health Nursing	Nurs 375 8
Experience with Children	Nurs 303 3	Medical-Surgical Nursing	Nurs 363b,c 20
Obstetric Nursing	Nurs 301 8	Senior Seminar	Nurs 384 2

COURSE DESCRIPTIONS

101-3 (1,1,1) **ORIENTATION TO NURSING.** An orientation to the philosophy and functions of nursing in contemporary society. Field trips to various health agencies.

210-2 **NORMAL NUTRITION.** This is a non-laboratory course in which principles of normal nutrition are studied. The ability to use diet variations with people of different cultural backgrounds and economic levels is stressed.

Courses on the 300 level are open only to students concentrating in nursing.

301-8 **OBSTETRIC NURSING.** Study of the principles of nursing care of mother and baby throughout the maternity cycle. Supervised experience and clinical conferences correlated with theory.

302-8 **PEDIATRIC NURSING.** Study of principles of nursing care of children during illness. Supervised experience and clinical conferences correlated with theory.

303-3 **EXPERIENCE WITH CHILDREN.** Given concurrently with Child Psychology. Observation and study of the behavioral development of young children. Day care centers, schools, and other health agencies are used as settings for the educational experiences.

325-8 **PSYCHIATRIC NURSING.** Emphasis on the nurse-patient relationship, leading to development of interpersonal skills which result in the nurse's ability to observe and interpret behavior, to communicate with others, and to understand the significance of such abilities in a broad social context. Supervised experiences and clinical conferences correlated with theory.

355-4 **BACKGROUNDS AND TRENDS IN NURSING.** A study of nursing at the present time in relation to historical and other influences upon it. The implications for its future developments are considered.

363-29 (9,6,14) **MEDICAL-SURGICAL NURSING.** (1) Investigations of the scientific basis of health and physical, emotional, mental, and social deviations caused by illness. Learning experiences are based on the scientific knowledge obtained in related and correlated subjects. Emphasis upon the health needs of individuals and society, co-operative endeavors with members of the health team, and the professional nurse's unique contribution in terms of preventive, therapeutic, and rehabilitative care. (2) Supervised experience and correlated conferences in the care of individuals with medical and surgical conditions.

375-8 **PUBLIC HEALTH NURSING.** Objectives, principles, and practices in public health nursing, application of nursing science and art are related to family and community living. Supervised experience in a public health agency conducting a generalized program. Includes orientation, demonstrations, and conferences. Prerequisite: Health Education 355, or concurrently.

384-2 **SENIOR SEMINAR.** Study in areas of nursing which present certain professional, national, and international challenges.



Southern Illinois University Foundation

The Southern Illinois University Foundation is a nonprofit corporation chartered by the state and authorized by the Board of Trustees to receive gifts for the benefit of the University, to buy and sell property, and otherwise to serve the University.

It respectfully asks alumni and other citizens of Southern Illinois to consider making gifts and bequests to benefit the University. Such gifts should be conveyed to the Foundation, with proper stipulation as to their uses. The Foundation, through its officers and members, will be glad to confer with intending donors regarding suitable clauses to insert in wills and suitable forms of gifts and memorials, including bequests by means of life insurance. Large or small gifts to the library will be appreciated; likewise, gifts for special equipment, buildings, endowment of professorships in particular subjects, gifts to student loan funds and scholarship funds, gifts for the use of foreign students, and endowments for particular sorts of research. Any gifts or bequests can be given suitable memorial names.

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