

Southern Illinois University Carbondale

OpenSIUC

November 2010

Daily Egyptian 2010

11-30-2010

The Daily Egyptian, November 30, 2010

Daily Egyptian Staff

Follow this and additional works at: https://opensiuc.lib.siu.edu/de_November2010

Volume 96, Issue 66

This Article is brought to you for free and open access by the Daily Egyptian 2010 at OpenSIUC. It has been accepted for inclusion in November 2010 by an authorized administrator of OpenSIUC. For more information, please contact opensiuc@lib.siu.edu.

CAMPUS

Library lengthens hours for finals despite budget cuts

PAGE 2

CAMPUS

Campus maintenance problems pile up

PAGE 3

CAMPUS

Holiday suicide similar to myth of Santa Claus

PAGE 8



GREY SKIES OVER GREEN HOUSES
A woman walks past a greenhouse on campus Monday. According to the National Weather Service, the chance of rain and snow flurries continues throughout today, with partly cloudy weather and highs in the 40s for the rest of the week.
GENNA ORD
DAILY EGYPTIAN

Simon honored before taking office

RYAN VOYLES
Daily Egyptian

While Paul Simon came to SIUC at the end of his political career, his daughter used her time at the university to get to the next level.

Sheila Simon, an assistant clinical professor at the Law School, was recognized Monday in front of more than 100 for her contributions to the Law School at the Lesar Law Building. Simon is Illinois' lieutenant governor-elect after she and Gov. Pat Quinn won the state's gubernatorial election earlier this month.

Frank Houdek, associate dean of the Law School, said he has worked alongside Simon at the college for many years, and she was a fantastic professor who cared about student success.

"She is a very enthusiastic professor who brings a tremendous amount of energy and creativity into the classroom, and I think students really appreciated that," Houdek said.

Simon has worked at the school since November 1998, serving as a staff attorney in the clinical law program, directing the domestic

violence clinic and teaching in the lawyer skills program.

She said she learned more about law when she taught at SIUC than all of her years in law school.

"The most that I've learned about, beyond the law, is from the students, and they're the ones who really taught me to teach," Simon said.

Though she said her coworkers thought she was crazy, she would try 10 different teaching techniques on students to see which one would work. She said these successes would be tried at her new position as well.

"I think I can take some of those same skills and work on the budget of Illinois and get people to pay attention, help out and be a part of it," Simon said.

Matt Baughman, associate director for the Paul Simon Public Policy Institute, said Simon has always been a good person who never asked the institute for much.

"She didn't make any demands and she never needed anything other than the typical papers and reports to make sure we were doing right by her dad's honor," Baughman said.

Paul Simon served as an Il-



PAT SUTPHIN | DAILY EGYPTIAN

Sheila Simon greets a line of people at a reception Monday at the Lesar Law Building to honor Simon for her service to the university and southern Illinois.

Illinois and U.S. senator until his retirement in 1997. He came to SIUC soon after and taught classes in political science, history and journalism, as well as created and served as director of the Institute. Please see SIMON | 3

Quattro's CALL 549-5326

THE REAL MEAL DELIVERY DEAL

1 DELICIOUS 1-TOPPING MEDIUM PIZZA & TWO 20 oz BOTTLES OF ICE COLD PEPSI

RAP YOUR HEAD AROUND THAT!

Only at Quattro's! 222 W. Greerman Campus Shopping Center www.Quattro.com

Library extends hours before finals week

LAUREN LEONE Daily Egyptian

Susan Tulis says it doesn't cost much to extend Morris Library's hours the week before finals.

The library will extend its hours to 3 a.m. Sunday through Thursday and to midnight Friday and Saturday from Monday to Dec. 15, said Tulis, associate dean for Library Affairs.

She said extending the hours for 10 days costs \$400 and goes toward paying Saluki Patrol students to monitor the building past the library's normal operating hours. The money had been set aside at the start of the semester, she said.

"The two volunteers will just make some extra money," she said.

Electricity costs remain the same because lights stay on beyond the library's regular hours for cleaning crews, Tulis said.

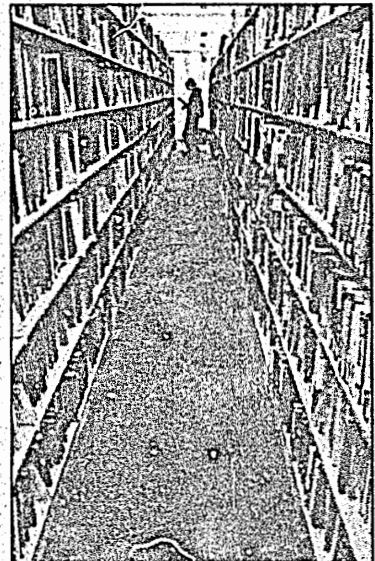
She said the coffee shop study area, the computer lab and the rotunda on the first floor will be available for students to study.

The number of students using the extended hours varies, but Tulis said 19 students took advantage of the extension the week before finals in the spring.

Max Ryan, a junior from Gurnee studying theater, said the library offers more resources such as reference materials and Internet — which Ryan said he does not have at home — when cramming for finals.

He said studying at the library late into the night can be beneficial, but there are also some drawbacks.

"Finals are usually early in the morning... You have to learn what you need to learn, but in the morning, it might be hard to wake up," he said.



Ray McGillis, a junior from Chicago studying sports administration, looks through books Monday in Morris Library. The extended hours for finals are until 3 a.m. Sunday through Thursday and until midnight Friday to Saturday until from Monday to Dec. 15.

PAT SUTPHIN DAILY EGYPTIAN

"When you're taking the test, you're asking yourself 'Should I have stayed up that late to study?' ... But I suppose if you're cramming it's perfect."

David Carlson, dean of Library Affairs, said studying at the library rather than at home gives students one major advantage — less distractions.

"For a lot of students it's a matter of focus and being in a place where there are less distractions," he said. "It's so students can study without the distraction of their roommate or a party down the hall or ... whatever the case may be."

Tulis said the hours extension not only gives students more time to study

but allows them to study when they are most focused.

"I think some students can't get focused until late at night," she said. "I, on the other hand, would be sound asleep."

Ryan said studying at the library provides less distractions and more motivation to study thoroughly.

"There's something about actually going to the library and being there that really helps me focus," he said. "I think I'm here ... I might as well get it done."

Lauren Leone can be reached at lleone@dailyegyptian.com or 536-3311 ext. 255.

DE Daily Deals

Carbondale's **Mississippi Highway** FOOD • DRINK • FUN

Monday All you can eat fish \$3 for \$25 steak dinner

Thursday Free food all day (with student ID) \$3 Pitchers (for purchase of large pizza)

Sunday Chicken & Donut Breakfast Sat. & Sun. 9-3

10% off w/ student ID! (excluding alcohol)

279-9363 *Located at the West End of Mordecai Shopping Center near Mordecai Substation 177

Cartis Comics!

WE HAVE THE BEST COMICS!

THURSDAY 1-5 PM SATURDAY 11-5:30 PM

701 S. Park Ave • Herrin, IL

PIZZA RECORDER

BUY LAST MADE ON 2007/11/25

618.549.2651

Buy • Sell • Trade

VINYL

About Us

The DAILY EGYPTIAN is published by the students of Southern Illinois University Carbondale 50 weeks per year, with an average daily circulation of 20,000. Fall and spring semester editions run Monday through Friday. Summer editions run Tuesday through Thursday. All intercession editions will run on Wednesdays. Spring break and Thanksgiving editions are distributed on Mondays of the pertaining weeks. Free copies are distributed in the Carbondale, Murphysboro and Carterville communities. The DAILY EGYPTIAN online publication can be found at www.dailyegyptian.com.

Correction

In the Nov. 18 edition of the DAILY EGYPTIAN, the story "Carbondale's comedy circuit brings in big laughs" should have attributed Kevin Hill as saying, "When you break it down, you pay \$1 to see 15 comics delivering an average of one punch-line every 25 seconds for five minutes each. That's .56 cents per joke. And I would say you definitely get your money's worth three fold." The DAILY EGYPTIAN regrets this error.

MAKE THE DRIVE TO TIPREYS

1 CHEESE BURGER \$1.99 ALL YOU CAN EAT CHICKEN

2 PULLED PORK

701 S. Park Ave • Herrin, IL

1 Drafts \$5 Pitchers

Underground Tap & Grill

Schlafly's • Amberbock • Bud Light

Vitality We Sell Ultimate Living!

Quality Vitamins Supplements

618-942-8482 We ship nation-wide!

701 S. Park Ave • Herrin, IL

Castle Berilous GAMES & BOOKS

BRING IN THIS AD FOR SPECIAL ADMISSION TO OUR BLACK FRIDAY SALE!

307 West Main Street, Carbondale IL 62901 PH: 7-600-227-2180

Yesterday's Tobacconists

Over 300 different Cigars Humidors • Cigar Accessories Pipes • Tobaccos Imported Cigarettes Hand Rolling Tobaccos and Accessories

417-849-1113 • 1113 S. Main

MIKE'S MUSIC

Free Wi-Fi

Daily Dinner, Coffee, and Drink \$1.99 (one item only)

529-FATP(3287) 611 B S. Illinois

WE BUY GUITARS!

816 S. E Main St. 618.529.3444

P Mac Music over 30,000 CDs

618-531-9150

Buy One (Get One Free)

Computer sick? We can help!!

Fixed rate virus removal. Save \$10

Limit one discount per visit

LA Services, Inc. 828 E Main 457-5829 Expires 12/31/10

Plant, Service Operations struggles to fill staff during budget cuts



JACOB MAYER
Daily Egyptian

Plant and Service Operations had a reduction in staff because of retirements, and it has not been able to fill those positions because of the hiring freeze, says Phil Gatton, director of Plant and Service Operations.

Gatton said the hiring freeze and unfilled vacancies helped the department make this year's budget cuts, but the inability to fill positions affected how the department responds to problems on campus.

"The way that we've done business in the past is starting to change, and our response time, primarily our ability to respond to emergencies and maintenance issues, is not as good as what it once was," he said.

The department has 10 to 15 positions open that were filled as of last school year, he said. Those positions affect areas such as custodial work, which limits the department's ability to do the same amount of work it did in the past, Gatton said.

"It's obvious we have the same amount of square footage and have less people to do the work, so it

"We've gotten this far, and we've actually had a lot of good things that have happened. A lot of people here are still employed; a lot of good jobs are here. We've got a lot of things done during tough times, and I think we'll find a way to survive."

— Phil Gatton
director of Plant and Service Operations

starts to look a little bit more ragged around the edges," he said. "Obviously there's a reduction in quality."

Dave Tippy, assistant superintendent of SIUC grounds, said staff reductions have affected what kind of projects can be accomplished each day.

"Instead of being able to get four or five things accomplished on a daily basis, it may go down to one or two," he said. "Those ones that we don't get done get put on the backburner until we can get to them, so the pile grows a bit deeper all the time."

Tippy said responsibilities such as recycling might not be covered if there is a large event to be set up on campus or an emergency such as a large snowstorm.

"We try to come up with new, realistic goals for how we can provide the service that we need to, and we hope that they don't last long enough to get us behind in our regular daily routine," Tippy said.

Along with the staff reductions, Gatton said the department has eliminated much of its "other than salary" budget, or the part of the budget that includes everything except salary costs. He said the department's "other than salary"

budget is always one of the first parts cut when budget reductions become necessary.

Gatton also said the department has eliminated much of its middle management staff through several years of budget cuts, which has increased the workload for other employees.

"Everybody is wearing a lot of hats," he said. "What might have been three different jobs is now rolled into one position."

He said the cuts have made the department more reactive, instead of proactive to prevent problems.

"We can't put out all the fires," Gatton said. "We have to be looking at what fires have to be put out because we just don't have enough staff to get everything fixed."

Brad Dillard, associate director of Plant and Service Operations, said the hiring freeze has disproportionately affected certain maintenance crews, which has caused some repairs made around campus to take longer and cutbacks on preventative maintenance.

He said the department minimized how the budget cuts and hiring freeze affected students by having classroom maintenance as its highest priority, above offices

and other public areas.

Gatton said the department has worked to become more efficient in how it schedules projects so more time can be spent working on a project, rather than planning how and when to do it.

"Because of fewer staff and less money, the department has purchased some products of higher quality such as roofing materials that have a longer life span and don't have to be replaced as often," Gatton said.

He said the cuts have made the department more aggressive in its search for alternative money such as grants, and the facility maintenance fee has helped the department to complete projects such as new roofs for buildings on campus.

For the first time in six years, the department also received money from the state for capital renewal projects, which will total about \$6.5 million during the next three years, Gatton said.

As the university faced a \$15.3 million shortfall coming in to fiscal year 2011, Chancellor Rita Cheng said in an e-mail to university personnel Aug. 2 that she had asked each department on campus to submit plans for an

average 4 percent reduction in its budget for the fiscal year. The SIU Board of Trustees approved this year's budget Sept. 16, which listed the 4 percent cuts as saving \$7.3 million.

Cheng also said at the State of the University address Sept. 30 she asked all non-academic units to cut an additional 1 percent from their budgets for the coming fiscal year.

The cuts cost the Physical Plant, which is primarily supported by state money, about \$531,000, Gatton said.

He said he thinks the budget cuts and hiring freeze has pushed the department to the limit, and any additional cuts would likely cause layoffs to staff.

"If we take another cut from the state, we're probably going to be talking about a pretty significant amount of layoffs," Gatton said.

He said the financial situation might not improve quickly, but he is optimistic his department will be able to work through the difficult times and continue to make improvements on campus.

"We've gotten this far, and we've actually had a lot of good things that have happened," Gatton said. "A lot of people here are still employed; a lot of good jobs are here. We've got a lot of things done during tough times, and I think we'll find a way to survive."

Jacob Mayer can be reached at jmayer@dailyegyptian.com or 536-3311 ext. 259.

SIMON
CONTINUED FROM 1

Chancellor Rita Cheng said she knew of Simon's legacy before she came to SIUC, and she soon learned of his daughter.

"I began to hear something about a Sheila Simon ... and how she began to make a mark for her own," Cheng said.

She said she had high expectations for Simon as lieutenant governor, and knew the higher education

budget would be in good hands.

Houdek said Simon's ability to listen to others and speak her mind will do her well in her new job.

"She's a pretty special and unique person, and while we're happy to see her working for the state, we'll miss

her in the Law School for sure," he said.

Simon said she looks forward to taking the knowledge she learned at SIUC and applying it in her new role.

"I very much appreciate all of my buddies for what (they) taught me

along the way, and (for) what I hope to put to work towards the whole state of Illinois," she said.

Ryan Voyles can be reached at rvoyles@dailyegyptian.com or 536-3311 ext. 254.

Pet of the Week
Brought to you by Creekside Veterinary Clinic

Que

9351 Old Highway 13
Murphysboro, IL 62966

618.687.1766

Mon-Fri: 8am-5pm
Sat: 9am-12pm
Appointments Required

Free First Exam with an Adoption from Humane Society of Southern Illinois
www.humanesocietyill.org

Made • Domestic Short Hair • Neutered
• White with Orange Tabby Markings • Approximately 1 Year Old

Call the Humane Society at 618-457-2562 for more information about adoption.

SPC Special Events Presents

Make YOUR OWN MUSIC VIDEO

STU

Wednesday, December 1, 2010 • 11 AM - 3 PM
Student Center Roman Room

For additional information please visit www.spc4fun.com
www.facebook.com/spc.siuc or call 536-3393

Tuesday Special
(inside dining only) served 5 - 10pm

Spaghetti Special

MEAT SAUCE OR MARINARA	SMALL.....\$2.50	
GARLIC BREAD INCLUDED	LARGE.....\$3.50	
	ADD SALAD...\$1.75 (with spaghetti special only)	

www.pagliaccisatbondale.com

Suicide myth freezes over

LEAH STOVER
Daily Egyptian

“People may become more susceptible to depression, but not all people who are depressed kill themselves.”

— Rosemary Simmons
director of SIUC Counseling Center

It's no secret that a change in weather can result in a change in mood, but the myth of a higher suicide rate during the winter is completely false, says Rosemary Simmons, director of the SIUC Counseling Center.

According to a report from National Center for Health Statistics, contrary to popular belief, suicide rates are actually the lowest in December. The report said the rate rises in the spring and the fall, a pattern that has not changed in recent years.

Simmons said the myth of high suicide rates around the holiday season is linked to the misconception of seasonal affective disorder, also known as seasonal or winter depression. Many believe when the temperature drops and winter takes its course depression rates increase, resulting in higher suicide rates, Simmons said.

“This is true, in a sense,” she said. “People may become more susceptible to depression, but not all people who are depressed kill themselves.”

Kathleen Chwalisz, a professor of psychology, said seasonal affective disorder is a depressive phenomenon that cycles. With the winter weather, Chwalisz said people tend to experience feelings of sadness, which can lead to depression, especially for those who are from a northern region.

“One of the things I noticed moving down to southern Illinois, colder climates are brighter up north,” Chwalisz said. “The winters are great here because it's warmer, but the gray skies can be depressing and bring you down.”

Christopher Michaels, a junior from Carbondale studying psychology, said the changing weather isn't the only factor contributing to winter blues. Stress

from unhealthy family relationships and traveling could contribute to feelings of sadness, he said.

Simmons said holidays traditionally involve time spent with family, and even if some people feel overwhelmed by their relatives, the support is still there.

For those who don't have a family to celebrate with, Chwalisz said it is possible to create relationships everywhere. At this point in the semester, people usually have a close-knit group of peers, but it's still possible to reach out, she said.

“If they come from dysfunctional families, people can create families for themselves,” Chwalisz said. “You can choose relationships that are healthier; you can create those here and at home.”

Chwalisz said it's common for the wrecks before Christmas break to trigger feelings of loneliness for students. She said students can confuse high stress levels with seasonal depression. When people become depressed, the hippocampus, the center of emotion and memory in the brain, shrinks. When treated, she said medication such as antidepressants forces the hippocampus to grow back significantly.

Jeremy Linnertz, a sophomore from St. Louis studying plant and soil science, said the excessive amount of homework assigned before winter break doesn't help ease winter sadness. He said students are already overwhelmed and organizing personal schedules with schoolwork can be difficult, and the gloomy weather adds onto feeling trapped.

Chwalisz said younger people are more prone to impulsive actions

as a result of feeling helpless.

“They don't have the life experience and might not realize there are other options,” she said.

Chwalisz said students especially might believe they are depressed when they are actually just overwhelmed. With how finals are arranged, she said students become increasingly stressed during the holiday season, which might be misconstrued with seasonal depression.

“Thinking about mood issues in terms of seasons and time frames is too simplistic, because there are a lot of complexities that come into how people feel,” Chwalisz said.

Changes in quality of relationships, self-esteem issues and problem solving abilities are all factors that contribute to a person's overall well-being, she said.

Solid stress management is important and techniques can be as simple as managing time more effectively, Chwalisz said.

Linnertz said he finds himself experiencing feelings of sadness more in the winter than other times of the year, but has never thought of suicide as an option.

“There are always other social pressures that remain overwhelming for a lot of students,” Linnertz said. “The change in seasons seems to make things a little gloomier.”

The counseling center offers a “crisis walk-in” for students who experience feelings of loneliness and depression to talk to a counselor immediately, Simmons said.

Leah Stover can be reached at
lstover@dailyegyptian.com
or 536-3311 ext. 259.

You're *smart, beautiful, and talented...*
but **How Do You Look on Paper?**

Beautiful your resume with real world experience at the Daily Egyptian!

NOW HIRING Advertising Sales Representatives

Must be enrolled as a full time student for the Spring semester. Advertising majors preferred, but open to all majors. Must have strong work ethics, reliable, transportation, and competitive spirit.

Come Spread The Holiday Cheer!

ON **DECEMBER 1ST**
FROM **6-9PM**
AT THE **BLUE MARTIN**

OPEN TO THE PUBLIC, BRING YOUR FRIENDS TO WORKERS AND NEIGHBORS

ONLY ADMISSION IS A NEW UNWRAPPED GIFT FOR A CHILD

OVER 600 CHILDREN IN CARBONDALE WHO ARE IN NEED

NOT 21? NOT A PROBLEM! COME WITH A GIFT AND HELP A CHILD!

SMOKE HOUSE Discount Tobacco
Murdale Shopping Center
Next to Westroads Liquors (618) 549-7744

GRAND OPENING! DEER!
PRIZES AND GIVEAWAYS

CIGARETTES	LOW CIGARETTE PRICES
MARLBORO \$7.79	PIPE TOBACCO
L & M \$7.79	
CAMEL \$7.79	
DORAL \$7.99	
PALL MALL \$7.79	

LOTTO COMING SOON!

CHEWING TOBACCO	GRIZZLY.....\$2.99
•PREMIUM CIGARS	SKOAL.....\$3.79
•INCENSE	LONGHORN.....\$1.99
•FULL LINE OF ROLL YOU OWN	TIMERWOLF.....\$2.99
	RED MAN SHUFF.....\$2.99

OPEN MON-FRI 10A-7P SAT 10A-6P SUNDAY 11A-5P

The Best Rentals in Town


www.carbondalerentals.com

One Bedroom	Two Bedroom
509 S. Ash #4, 21	514 S. Ash #5
410 W. Oak #3	507 S. Beveridge #5
	401 W. College #6
	509 W. College #5
	710 W. College #6
Three Bedroom	Four Bedroom
502 S. Beveridge #1	502 S. Beveridge A
507 S. Beveridge #5	405 W. Cherry
405 W. Cherry	303 W. College
303 W. College	809 W. College
309 W. College #4	506 S. Poplar #4
407 W. College #4	519 S. Rawlings #2, 4
809 W. College	

***Available Now**

509 S. Ash #4, 21 | 507 S. Beveridge #5 | 401 W. College #6 | 509 W. College #5 | 710 W. College #6 | 502 S. Beveridge A | 405 W. Cherry | 303 W. College | 809 W. College | 506 S. Poplar #4 | 519 S. Rawlings #2, 4

NO INK ALL LINK
DAILYEGYPTIAN.COM



Your favorite campus newspaper is also available online.

DE
Daily Egyptian
Since 1911

Editorial Policy

Our Word is the consensus of the DAILY EGYPTIAN Editorial Board on local, national and global issues affecting the Southern Illinois University community. Viewpoints expressed in columns and letters to the editor do not necessarily reflect those of the DAILY EGYPTIAN.

Voices

Tuesday, November 30, 2010 • 5

www.dailyegyptian.com

EDITORIAL CARTOON



LETTERS TO THE EDITOR

Coal research a positive community contributor

DEAR EDITOR:
We strongly disagree with Christina Bovinetti's suggestion in her Nov. 8 letter to the editor that SIUC should not be affiliated with coal research. It is generally recognized that coal must continue to be a major part of the worldwide energy mix for the foreseeable future. In many countries, coal is often the only practical major energy option. Solutions to global energy and environmental issues can only be developed if "the world has access to the best research and technical solutions on coal. As a result, the scientific, engineering and policy issues surrounding coal are the subjects of intensive research at institutions around the world. The outcomes of such work will guide government and industry decision makers on energy and environmental policy issues.

and staff engaged in coal research have helped make Illinois miners safer, opened the way for effective mined land reclamation and demonstrated that sulfur control is practical, among many successes. Today that research is focused on the great challenges of carbon management and how coal fits into environmentally friendly energy systems of the future. On campus, there is also considerable interest and effort put into developing alternative energy sources. We are proud that SIUC is contributing to the solution of these critical, international challenges.

John A. Kowczak
vice chancellor for research and graduate dean

John Mead
director, Coal Extraction and Utilization Research Center

Listen, read carefully when signing leases in Carbondale

DEAR EDITOR:
Thankfully, my friend and I have found an apartment that certainly is working out for us, but an issue with University Edge, our last realtor, is costing me \$300.

My friend and I are back in Carbondale for work after graduating in May. We were looking for apartments to settle into and found a good place in our search.

We liked it enough that we went ahead and spoke to the realtor about signing a lease. We were told a cosigner would allow us to get the place for a considerably lower rent payment. We asked what that would require and he told us he would need some basic information from the cosigner.

Due to this vague explanation, we went ahead and signed the lease that included a security

deposit of \$300. We also had to pay out, upfront, the first and last installments to make the contract binding before we could move in.

As it turned out, the cosigner form was sent to our fathers, and after reading the full requirements, the realtor wanted a lot of personal information that none of the other realtors we have dealt with required.

Therefore, the cosigner refused to pay out all of the information, especially because the form also stated that the realtor could go into the cosigner's account whenever he wanted to.

This changed everything. The realtor should have explained this to us when we asked what was required.

He would not allow us to have the cosigner without all of that per-

sonal information given to him, so we said we couldn't take the apartment. It was only a day and a half later, and he refused to return the \$300 saying it was a binding contract. However, we were told it was not binding without the balance of the installments required before we could move in. They are just keeping the \$300.

We certainly made sure to check all of the information on our next lease, and again, we now have found a good place. However, losing all that money is not fun, and everybody should make sure to read everything in a lease and ask questions. If not, a company will take advantage.

Johnny Sola
2010 SIU alumnus,
Carbondale resident

A day does not equal a day according to SIU

DEAR EDITOR:
Chancellor Rita Cheng's four-day furlough plan will actually result in civil service, faculty and staff losing more than six days' pay due to the way SIU chooses to calculate salaries. The university calculates civil service, staff and faculty salary based on a five-day work week, even though many of us are expected to work weekends and/or evenings in addition to our regularly scheduled duties.

December, January and March. Those months have 19, 17, 20 and 22 "working days" respectively. So, instead of losing one-thirtieth of a month's pay during each of those months, we will lose one-nineteenth, one-seventeenth, one-twentieth and one-twenty-second" respectively. This equates to 6.3 days of pay.

It's also worth noting that "three" of the proposed "days" take place around the holidays and during the winter when our budgets are stretched thin enough as it is.

One of the problems the six unions who have not agreed to the chancellor's plan have is the lack of transparency and honesty shown by the university's bargaining teams during negotiations. Budget numbers keep changing and information is withheld. Portraying a six-plus-day furlough plan as a four-day one doesn't help make that any better.

Keith E. Wilson
senior lecturer in aviation
management and flight

Spread the lack of wealth

DEAR EDITOR:
I certainly agree with Professor Robbie Lieberman that higher-paid folks ought to help lower-paid faculty and staff in meeting the furlough charge. And I also agree with her that "shared governance and basic fairness" ought to be foundation principles in this whole matter.

Therefore, I would suggest one solution for a top-down shared plan would be for all full professors (including chairs) to match them-

selves up with a low paid faculty member and cover their obligation for them. I am confident this plan would produce a heck of a lot more money than Chancellor Rita Cheng and six to seven of her "at the top" administrators would produce, even if they doubled their efforts. And it gains the Lieberman goal — avoiding "equal sharing". Ah, the spirit of democracy.

Marvin Kleinsu
professor emeritus

Submissions

Letters and guest columns must be submitted with author's contact information, preferably via e-mail. Phone numbers are required to verify authorship, but will not be published. Letters are limited to 300 words and columns to 500 words. Students must include year and major. Faculty must include rank and department. Others include hometown. Submissions should be sent to voices@dailyegyptian.com.

Notice

The DAILY EGYPTIAN is a "designated public forum." Student editors have the authority to make all content decisions without censorship or advance approval. We reserve the right to not publish any letter or guest column.

Study Break

Served up by: **FAT PATTIES**



Free Delivery on Orders over \$8
618-529-FRTP (3297) • 618 S. Illinois Ave. Carbondale

SUDOKU

THE SAMURAI OF PUZZLES By The Mepham Group

Complete the grid so each row, column and 3-by-3 box (in bold borders) contains every digit 1 to 9. For strategies on how to solve Sudoku, visit www.sudoku.org.uk.

Level: **1 2 3 4**

								9
	5	6	3		7			
	4				8			1
			9	6	7			
6		5		7		4		2
		2		5	3			
	2		1				4	
			6		5	8	7	
5								

MONDAY'S ANSWERS

1	6	2	9	3	7	8	5	4
3	8	7	5	6	4	9	1	2
5	9	4	1	2	8	3	6	7
7	1	8	6	5	9	2	4	3
4	2	5	8	1	3	7	9	6
9	3	8	7	4	2	1	8	5
2	7	9	4	8	5	6	3	1
6	4	3	2	9	1	5	7	8
8	5	1	3	7	6	4	2	9

JUMBLE

THAT SCRAMBLED WORD GAME by Mike Argirion and Jeff Kneuk

Unscramble these four Jumbles, one letter to each square, to form four ordinary words.

LAFAT

--	--	--	--	--

©2010 Tribune Media Services, Inc. All Rights Reserved.

IDDEA

--	--	--	--	--

PLAACA

--	--	--	--	--

REESOI

--	--	--	--	--



Now arrange the circled letters to form the surprise answer, as suggested by the above cartoon.

Answer: "

--	--	--	--	--	--	--	--	--

 " IT

Monday's Answers | Jumbles: BASSO ANKLE BOUNCE STIGMA
Answer: The high roller left the casino with a small fortune because he — LOST A BIG ONE

IFC

MOVED FROM E

Injuries, for one, were huge as, but then again we had a lot of guys step up. They came in, had good series and that right there kind of restores our confidence as an entire offensive unit, just to see we've got 'ph,' Boemer said.

Senior kicker Kyle Dougherty, senior receiver Joe Alaria and sophomore outside linebacker Jayson DiMarshe received an honorable mention.

Both Player of the Year awards went to Western Illinois Leathernecks, as quarterback Matt Barr was named the MVFC Offensive Player of the Year and linebacker Kyle Glazier the Defensive Player of the Year.

Barr finished the season with 3,312 passing yards, 26 touchdowns and just seven interceptions. He also ran for 452 yards and seven touchdowns. Glazier had 154 total tackles, 15 of which were for a loss, four sacks and one interception.

The league's Coach of the Year Award, which in 2009 went to SIU coach Dale Lennon, was awarded to Indiana State head coach Trent Miles. The Sycamores finished 6-5 and tied for third place in the MVFC after winning just two of their past 64 games before this season.

Nick Johnson can be reached at njohnson@dailyegyptian.com or 536-3311 ext. 256.

COLUMN

CONTINUED FROM B

It will be a battle of two confident teams Sunday at Ford Field, as the Lions gave the Patriots a run for their money (at least for a half) on Thanksgiving. If Detroit can play the way it did against New England for the entire game against Chicago, the Bears could be in for a shootout.

Fantasy Forecast: Greg Olsen, tight end — Olsen's nifty touchdown grab over the top of a Philly defender shouldn't have surprised anybody. The guy's a stud, a hot red zone target and is probably the only Bear worthy of a starting spot on fantasy rosters at this point.

St. Louis
Last week: **B** ans 36, Broncos 33
Week 13 score prediction: Rams 17, Cardinals 14
The Rams finally got a road win

BRACES

CONTINUED FROM B

"I trust what they've learned," Newton said. "If they say a kid needs a brace to wear for a while, we're going to do that."

Newton said he goes with his players to meet with athletic trainers and strength coaches to develop a program that would gradually help the athletes get into peak condition.

In 2010, but more importantly, they kept pace with Seattle, who lost Sunday at the top of the NFC West. It's the worst division in football, and the team that wins it won't have a shot at anything bigger, but if the Rams win that division it would be nothing short of a miracle. This team has driven itself into the ground for half a decade, but there were a few people who said enough was enough before this season. One of them was a rookie quarterback. Sam Bradford's incredible stoicism, combined with his remarkable accuracy and overall talent, have been the primary reasons for the quintupling of wins for this franchise in 2010.

But the 36-33 victory Sunday in Denver wasn't just a passed test for Bradford; the Rams were down 10-0 early in a hostile environment, and contrary to the last four or five years, it lost neither its con-

fidence nor its cool. The Broncos shut down St. Louis' best player, running back Steven Jackson, by limiting him to just 25 yards per carry. The very young defense gave up three straight scoring drives.

Bradford took over the game after that, but he by no means did it alone. Other rookies, such as wide receiver Danario Alexander (four catches, 95 yards Sunday) and tight end Michael Hoomanawanui (36-yard touchdown catch in the first quarter) have made their names all season long. Add to that the continually solid performance of rookie right tackle Rodger Saffold, and the argument is there: If it weren't for their rookies playing like veterans, the Rams wouldn't have nearly as many wins this season. Period.

Another road test awaits the Rams on Sunday when they go to Arizona and meet a Cardinals' defense that has given St. Louis fits

for the better part of a decade. If Bradford can put together another 300-yard, no-interception performance, it would be more than impressive, and the NFC West may be there for the taking in the next few weeks.

Fantasy Forecast: Sam Bradford, quarterback — He's thrown one interception and 11 touchdowns in the last seven games. And it might as well be no interceptions, because the one pick was on a shovel pass play and wasn't even his fault. It's obvious he's careful with the football and does everything he can not to leave points on the field. Bradford has been worth at least a backup role on fantasy rosters all season, and now that his yardage totals are increasing, he's a safe start in many leagues.

Got something to say? E-mail me at njohnson@dailyegyptian.com or 536-3311 ext. 256.

said. Their movement fluidity on and off the playing field can depend on the type of shoes, ankle brace or knee brace they wear as well, she said.

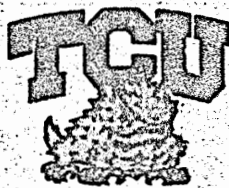
Prolonged usage of braces can lead to dependency, Adams said.

Kimball said athletes will continue to perform as they once had if they have a device that allows them to take preventative measures for preexisting injuries and afterward when they recover.

Glennon said it's important to keep the muscle where the brace is used limber so the brace does not become a permanent-use item, such as in cases with patients who have neurological deficiencies.

"It all depends on the joint and the injury that you're trying to rehabilitate," he said.

Brandon Coleman can be reached at brcoleman@dailyegyptian.com or 536-3311 ext. 269.



BANTER

What does TCU's departure mean for the Mountain West Conference?

WWW.DAILYEGYPTIAN.COM

8 • Tuesday, November 30, 2010

www.dailyegyptian.com

ATHLETICS

Prolonged brace use may cause problems

BRANDON COLEMAN
Daily Egyptian

The short-term gain from using a brace for a sports injury outweighs the risk of unused muscle weakening from prolonged use, says Robyn Adams, a physical therapist and trainer at Southern Illinois Healthcare.

The key phrase is short-term, she said.

When a brace is used properly, it allows a person to perform a function he or she otherwise could not, Adams said.

"The brace provides external support," she said.

Physical therapists build exercise regimens for athletes that target specific areas where the brace was worn to help people recover lost muscle and wean them off the brace, Adams said.

"In the right context a brace can certainly help. It can support a protected area. It can prevent or lessen the likelihood of injury exacerbation," said Terrence Glennon, a physical therapist for Southern Illinois Healthcare.

A soft brace made to support the ankle, knee or back does not restrict the wearer much, Glennon said. Athletes place limits on themselves because the brace reminds them of their injury, he said.

Metal braces, such as ones worn by football linemen, do restrict movement but also protect from harder impact, Glennon said.

Rebecca Kimball, assistant strength coach at SIUC, said she does not encourage the use of braces when student-athletes lift weights or strengthen weakened areas where a brace was worn.

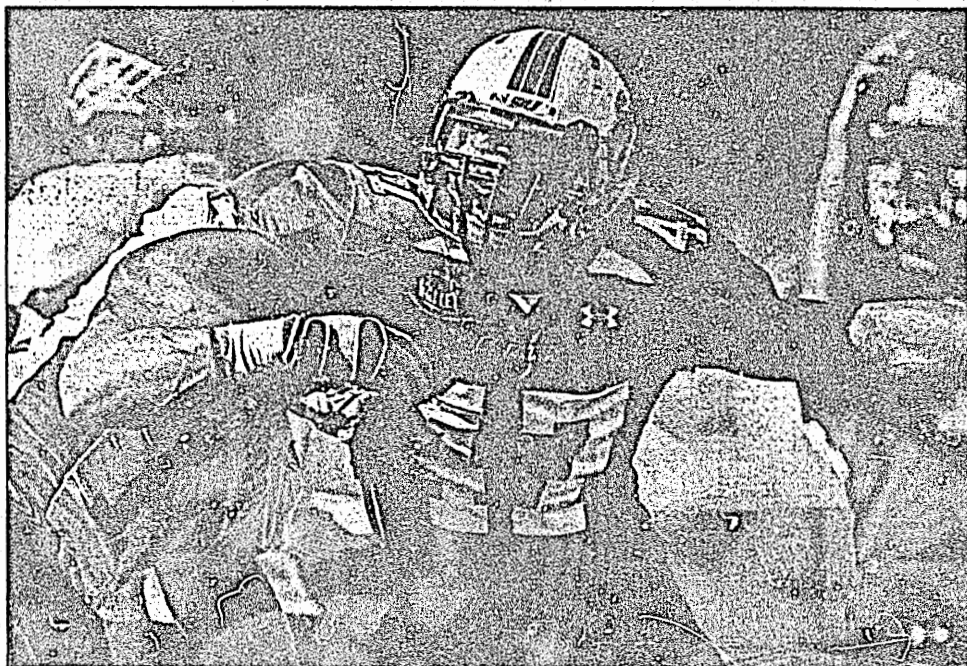
"I don't let them wear their braces in the weight room because we're in a controlled environment where we can work on our stability," she said. "When they're working out with me, it's as hard as we need to be going at that time."

Kimball said student-athletes are out of their braces 90 percent of the day and those who wear braces usually spend only two hours per day in them at practice, she said.

Men's golf coach Leroy Newton said he abides by what trainers, such as assistant athletic director Ed Thompson and assistant athletic trainer Lee Land, say when placing an athlete in a brace and planning a regimen to help rehabilitate the injury.

Please see BRACES | 7

FOOTBALL



Linebacker Stephen Franklin attempts to break past Northern Iowa's offensive line Oct. 9 at Salukid Stadium. Along with Franklin, nine other

Salukis were named as All-Conference selections. Center Bryan Boemer and cornerback Corey Lindsey were both named to the first team.

STEVE BERCYNSKI | DAILY EGYPTIAN

Nine Salukis receive All-Conference honors

NICK JOHNSON
Daily Egyptian

The Missouri Valley Football Conference named nine Salukis to its All-Conference team Monday, two of whom earned first-team honors.

Junior center Bryan Boemer and senior cornerback Corey Lindsey were selected as first-team All-Conference players, while four others were named to the second team and three received honorable mentions.

Boemer's first-team selection comes a year after being named

to the second team.

"I've got one more year left, so basically it just sets the bar for me to repeat again next year," Boemer said. "It just gives me more of a drive to work harder."

Lindsey's selection makes him the fifth player in program history to be named first-team All-Conference three times in a career.

Offensive tackle David Pickard, fullback John Goode and defensive end Chance Coda, all juniors, were three of the second-team selections, joining senior inside linebacker Stephen Franklin.

Franklin led SIU with 76 tackles this season, five of which were for a loss, and added two sacks and one interception.

"Any time you get noticed, any time you work and people notice ... I'm just happy from that perspective," Franklin said.

Franklin said the second-team selection will help him as he seeks to continue his football career. He said his four-year career at SIU taught him the value of patience and how to work through adversity.

"A lot times you can only control what you can control, so

you've got to continue to work no matter what situation you're in and try to make the best of it," Franklin said.

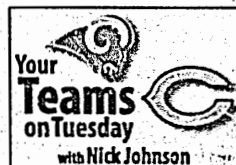
Boemer said his and Pickard's selections were an honor, especially because of the injuries and adversity the offensive line experienced this season.

Pickard overcame a foot injury early in the season to earn his selection, and fellow senior offensive lineman Richard Wilson struggled with a knee injury as well.

Please see MVFC | 7

STAFF COLUMN

Bears, Rams make statements in crucial games



St. Louis and Chicago made major impressions on both their fan bases in statement games, with Bears blasting the supposed class-of-the-NFC Eagles and the Rams hanging on to barely avoid a mile-high fall in Denver. It's hard

to tell which win meant more for which team, but two things are finally clear after 12 weeks: the Bears are for real and the Rams are no longer a joke.

Chicago
Last week: Bears 31, Eagles 26
Week 13 score prediction: Bears 31, Lions 24

Lovie Smith has to be proud of the way his team keeps finding ways to win games in the face of the constant, searing criticism of his quarterback and coaches. Jay Cutler is a loose cannon, but when he's on, he's on, and his

four touchdown passes finally ignited an offense that had been rubbing two sticks together for the better part of the season. Mike Martz hasn't coached many, if any, quarterbacks like Cutler, and he's going through a learning curve. Luckily for him, he's an offensive maverick and once he gets a rhythm going, there isn't a defensive coordinator in the league that can outsmart him.

The Bears' defense and special teams always play lights out. That's a given. If the offense can maintain its recent success, nobody should

be surprised if they blow up the Packers the last week of the season on their way to the NFC North crown.

It's been said before, but the only curious part about the Bears' offense is the lack of Matt Forte, who is completely healthy and one of the best weapons in Martz's arsenal. But teams take points any way they can get them in this league, so that doesn't matter too much to anybody — except probably Forte.

Please see COLUMN | 7