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## The Daily Egyptian, October 24, 2001

Daily Egyptian Staff

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# WEDNESDAY DAILY EGYPTIAN

DAILYEGYPTIAN.COM

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AmeriCorps helps out  
at SIU head start. News, PAGE 3

**Carbondale gets culture:**  
Local artists make debut at  
Artists Gallery. News, PAGE 7

**From dawn till dusk:**  
SIU football coaches slave  
away around the clock. Sports, PAGE 20



VOL. 87, NO. 45, 20 PAGES

SOUTHERN ILLINOIS UNIVERSITY

OCTOBER 24, 2001

## Recent trends indicate growth in area business

Gus Bode

**Pacific Sunwear  
coming to Mall**

JENNIFER WIG  
DAILY EGYPTIAN



Gus says:  
Show me the  
hooters!

University Mall will be adding a Pacific Sunwear store to its list of new businesses, part of an apparent growth trend in Carbondale.

Mall Manager Debbie Tindall finalized an agreement with Pacific Sunwear on Friday. The store is scheduled to open by Jan. 1, 2002. The California-based store will be 3,800 square feet, located adjacent to The Buckle. Tindall describes the store's stock as a cross between The Buckle and Gadzooks. Construction will begin within one week.

The mall's business is perking up, according to Tindall, who said Pacific Sunwear's agreement is evidence that the domino effect promised with the Gap's placement is starting to take place.

"Truly what we said would happen is starting to happen," Tindall said.

The Gap's doors will be open sooner than expected. Construction is about one week ahead of schedule, putting the opening date at Nov. 15 instead of Nov. 21.

And negotiations for a new Kerasotes theater to be built in the mall are ongoing. Tindall said all parties are working on it, but

the company has not signed an agreement. She said there are "several details to be ironed out" before the deal progresses.

The holiday season will also bring about 15 temporary shops to the mall, which will be opening within three to four weeks, Tindall said. Other mall changes include remodeling for GNC and Mary's Botanica. Both will be larger and Mary's Botanica will expand its services to include facials and more spa-related services. It is unclear when those projects will be complete, but Tindall said they make Carbondale's future look brighter.

"Things are turning around in a positive way," Tindall said.

Carbondale will also be seeing two new restaurants, a Chili's and a Show Me's.

Jerry Pruitt, a general manager of Show Me's in Fairview Heights, said the Carbondale restaurant will be complete by Thanksgiving. The Hooters-style fare includes wings, seafood, sandwiches and appetizers, complete with pink shorts and tank tops worn by waitresses. Pruitt said Carbondale, as a college town, is a good location to begin a franchise. The new restaurant will be located along Route 13 across from Sonic.

A Chili's Bar & Grill has been in the works for Carbondale for five years, but real estate delays leave the date and location questionable. The building will be about 4,300 square feet with about 300 seats and will employ

SEE BUSINESS PAGE 8



LISA SONNENSHEN DAILY EGYPTIAN

**BREATHE EASY:** Mike McGough, a senior from Marissa, gets his lungs tested with the help of respiratory therapy student Rasheed Muwallif of Peoria. Respiratory therapy students assisted volunteers in lung function testing Tuesday in the Applied Sciences and Arts Building. See related story, page 6.

## Illinois arms self against terrorist threat

Southern Illinois has terrorist attack response system in place

BEN BOTKIN  
DAILY EGYPTIAN

### ANTI-TERRORISM legislative package

- X Committing an act of domestic terrorism**  
Sentence of 20 years to natural life for a person committing an act of terrorism. Also a qualifying factor for the death penalty.
- X Hindering prosecution of terrorism**  
Sentence of 20 years to natural life for a person who assists a person who has committed an act of terrorism.
- X Providing or soliciting material support for terrorism**  
Sentence of 9 to 40 years for a person who solicits and provides material support for terrorism.
- X Making an actual terrorist threat**  
Sentence of 6 to 30 years for a person who makes a threat with the intent to carry it out.
- X Making a false terrorist threat**  
Sentence of 4 to 15 years for a person who makes a terrorist threat without the intent to carry it out.

Potential terrorism in Southern Illinois was a concern long before the Sept. 11 attacks on the World Trade Center and Pentagon.

In May 2000, a statewide "Terrorism Task Force" was formed to review the state's response plans to biological or chemical terrorism. Sixty-four response teams statewide are ready on short notice to respond to emergencies. Thirty-two of these teams are equipped to deal with chemical, biological or nuclear attacks.

Illinois is also one of only 10 states in the nation that has a "Civil Support Team" within the National Guard for response to attacks involving nuclear, biological and chemical weapons. Illinois became equipped with a Civil Support Team in August.

And while the National Guard is ready on short notice to respond, little has changed within the guard aside from an increase in training, said Chief Warrant Officer Bud Roberts, a spokesman for the National Guard.

"Our main mission now is security in airports," Roberts

Jim Ryan coming to discuss  
terrorism, meet with city officials

MOLLY PARKER  
DAILY EGYPTIAN

Attorney General Jim Ryan is beefing up the state's investigative authority with legislation aimed at keeping the home front safe from terrorism. He will be in Carbondale Thursday to familiarize the mayor and police chief with his plan.

Ryan's plan will bulk up the state's prosecuting and investigating muscle, making it easier for Illinois law enforcement officials to attain search warrants and toughen penalties for terrorism-related incidents.

"We are all aware that the federal government is the primary player in this deadly battle, but state and local police agencies and prosecutors' offices can and should help," Ryan said in a statement.

SEE RYAN PAGE 8

**Correction:** A headline in Tuesday's paper should have read "Shots fired on North Wall Street". The DAILY EGYPTIAN regrets the error.

SEE TERRORISM PAGE 12

# HALLOWEEN SALE

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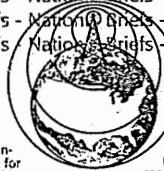
### Anthrax at offsite White House facility

WASHINGTON — Officials announced Tuesday that a machine at a mail site that handles mail for the White House tested positive for anthrax. No anthrax has been found at the White House.

All employees at the facilities and at the White House are being tested for anthrax.

A sample tested positive Tuesday from a "slitter" — a machine that opens envelopes at the remote mail facility which is at a military site several miles away from the White House.

Security was stepped up after the Sept. 11 attack, which resulted in the discovery of the recent anthrax discovery. The contaminated piece of mail has not been located.



Two other postal workers at the facility have been diagnosed with inhalation anthrax and are hospitalized. There are an additional 12 individuals that authorities are tracking as possible anthrax cases.

All postal workers in contact with the back room of the Brentwood facilities or any mail room from the office are being urged to get treatment. Fourteen of 29 swab tests taken at the facility came back positive.

Because of the high number of positive cases, everyone related to the facility will be treated with the antibiotic Ciprofloxacin.

### O.J. Simpson testifies to his own believability

MIAMI, Florida — O.J. Simpson testified in his road rage trial Tuesday that the other driver lied about the incident, inciting the prosecutor to ask Simpson if he had ever lied or been aggressive.

In response, Simpson said he can be convincing but said, "I don't think I've ever been accused of being an actor." The courtroom filled with laughter.

The defense rested after Simpson, the sole defense witness, ended three hours of cross-examination over two days in his trial for auto burglary and battery charges. Simpson could get up to 16 years in prison if convicted.

### Anthrax causes two D.C. postal deaths

WASHINGTON — It was confirmed Tuesday that two postal workers who died this week had inhalation anthrax. The Brentwood facility where they worked tested positive for the deadly bacteria.

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### Hundreds flee S. Africa attacks

JOHANNESBURG, SOUTH AFRICA — Hundreds of Zimbabweans sought shelter in a Johannesburg police station Tuesday after their homes were torched in a xenophobic attack, police said.

South African residents of Honeydew, just west of Johannesburg, allegedly attacked the foreigners, accusing them of crime and taking scarce jobs. The attacks began Sunday, and 24 people have been arrested.



Following a meeting Tuesday with U.S. Secretary of State Colin Powell, Israeli Foreign minister Shimon Peres said he "didn't discover any contradiction between American policy and Israeli policy."

In an interview with CNN, Peres said if Palestinian authorities arrest Ze'ev's killers, Israel will withdraw its troops.

### IRA begins disarming

BELFAST, Northern Ireland — The Irish Republican Army has issued a statement saying it is starting to decommission its weapons. The announcement came after the republican Sinn Fein party urged them to make the groundbreaking move and disarm. The statement said: "This unprecedented move is to save the peace process."

Loyalists say the IRA has not done enough to disarm, but nationalist and republican parties say the group has cooperated with the international body on decommissioning.

### Israel rejects U.S. request

JERUSALEM — Israel has rejected a request from the United States for the withdrawal of Israeli troops from six towns in the West Bank. The office of Israeli Prime Minister Ariel Sharon released a statement Tuesday saying the assassination of Cabinet Minister Rehavam Ze'evi had "crossed a red line."

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## Police Blotter

### JACKSON COUNTY

• A semi-tractor and trailer overturned Tuesday at Route 3 and Town Creek Road in Murphysboro, spilling about 20 tons of asphalt onto the north side of Town Creek Road. Jackson County Sheriff's Deputies responded to the report, and an ambulance transported the driver, Paul Marsh, to St. Joseph's Hospital in Murphysboro, where he was treated and released.

Traffic was detoured around the accident for four hours. No citations were issued.

## Corrections

Readers who spot an error in a news article should contact the DAILY EGYPTIAN Accuracy Desk at 536-3311, ext. 252.

## Calendar

### TODAY

- PRSSA meeting  
Oct. 24, 4:30 p.m.  
Cambria Room, Student Center
- Student Programming Council Campus Events Committee meeting  
Wednesdays, 5:30 p.m.  
SPC office, 3rd floor, Student Center
- Skydiving Club meeting  
Oct. 24, 6 p.m.  
Missouri room, Student Center
- American Advertising Federation general meeting  
Oct. 24, 6 p.m.  
Room 1244, Communication Building

The DAILY EGYPTIAN, the student-run newspaper of SIUC, is committed to being a trusted source of news, information, commentary and public discourse, while helping readers understand the issues affecting their lives.

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# AmeriCorps lends a helping hand to pre-schoolers

SIU Headstart observes  
Make a Difference Day

JARRET O. HERZOG  
DAILY EGYPTIAN

Marcell Mitchell bent down, picked up the little boy and hoisted him into the air. "Whoa," cried the little boy cheerfully as he flew through the air. He laughed as Mitchell gently lowered him back to the ground. Then, the next pre-schooler stepped up smiling, stretching his arms above his head, waiting for his turn to fly.

Volunteering their time to help out is nothing new to members of SIUC's Land of Lincoln AmeriCorps. Friday afternoon at SIU Head Start, 12 volunteers gathered with pre-schoolers to observe Make a Difference Day, which is the fourth Saturday in October each year. The SIUC volunteers observed Make a Difference Day early because of fall break.

Mythili Rundblad, Coordinator of Student Development, said the AmeriCorps members decided to work with the Head Start to fulfill the volunteer requirement for Make a Difference Day.

"I try to be more the facilitator rather than saying, 'This is what I want you to do,'" Rundblad said. "AmeriCorps is for them to understand what service project they would like to do to gain leadership skills, to try to make the difference, so-to-speak."

The group used grant money from the Corporation for National Service to buy books from Barnes & Noble for the 68 pre-schoolers.

The volunteers gathered the kids into small groups and helped them read and identify words and phrases as part of a pre-literacy exercise. They also read to the children and asked them questions about the stories. Some of the volunteers played interactive games and activities with some of the children, while others finger-painted. The kids took the books home as gifts at the end of the day.

John Junge, a junior in electrical engineering from Sparta, said he and some of the kids played house, fooled with building blocks and



Members of the Land of Lincoln AmeriCorps visited SIU Headstart last Friday afternoon for "Make a Difference Day." Members read books to the children, did finger paintings, played games, and shared a snack.

built dinosaurs and planes. Junge then read to the kids and handed out their new books.

This is Junge's first year in AmeriCorps, but he said he has already made up his mind that he is going to do it again next year.

"It's a lot of fun and you're helping people out at the same time," Junge said. "It's a win-win situation."

Mitchell, a second-year AmeriCorps member from Chicago, said the best part about volunteering his time with the youngsters is knowing that he can make a difference

in their lives.

"I know the kids are happy to see people come in and read to them," said Mitchell, a graduate student in higher education.

Outside of Make a Difference Day, the AmeriCorps volunteers spend much of their time at area middle schools.

Janis Shetler, a senior in communication disorders and sciences from Golconda, normally helps "at risk" eighth-graders at DeSoto Elementary School with homework and class projects. The principals and teachers at the

schools determine which students need extra help.

"I've always been really involved in the

SEE AMERICORPS PAGE 10

## VOLUNTEER YOUR TIME

Any major is welcomed to apply for a position in AmeriCorps. Interested parties should contact Mythili Rundblad, coordinator of student development, at 457-5714.

# RT students document New York aftermath

alt.news films historic  
events at ground zero

WILLIAM ALONSO  
DAILY EGYPTIAN

Jody Leggio's first reaction when he heard about the attacks on the World Trade Center was to get in his car and race straight home to Long Island, N.Y.

"I felt kind of helpless in Illinois. I was just going to jump in my car and go, but I thought that might be a little irrational," said Leggio, a senior in radio and television. "I was approached about going there and doing a documentary about it and that seemed a little more rational."

Shortly after the attacks on Sept. 11, Leggio and other members of the award winning altnews ventured to New York City to shoot a document-

tary on the historic events as they unfolded. Along with Leggio, SIUC students John Laudicina, Otto Arsenault and Marcus Götsch stepped forward to document the aftermath.

Arsenault, a sophomore majoring in both radio and television and cinema and photography, was on a plane in Chicago bound for Los Angeles the day of the attacks. He took a train back to Carbondale, found out about the trip and on Thursday was headed toward New York City.

"We were going to follow a crew of volunteers for the Red Cross, but they bailed out at the last second," Arsenault said. "We still wanted to do our part and this is what we do — documentaries. This is how we could help out."

They reached the East Coast on Friday and left their vehicle at a relative's house in Hoboken. Once in New York they split into two groups, one going uptown and the other heading

downtown toward ground zero. Arsenault said he and Götsch, an international student from Austria, made it five blocks from the mound of rubble that was once the twin towers. The National Guard turned away the pair and sent them to an area set aside for the press.

The uptown team of Leggio and Laudicina, a senior in radio and television also from Long Island, headed toward St. Patrick's Cathedral. That night the intimate glow of candle light blanketed the city, with New Yorkers conducting vigils throughout the mourning city.

Leggio and Laudicina interviewed a few of the participants outside of the cathedral who, unsolicited, let loose their tales of woe, compassion and disbelief.

"It had pretty much cleared out; there were only a few people left. It wasn't like we were interviewing them, it was more like we were talking to

them," Leggio said. "It was really touching."

The footage the students collected will be compiled into a documentary covering the harrowing tales of a city moving on from the devastating effects of terrorism. According to Arsenault, they are attempting to interview New York City Mayor Rudolph Giuliani.

The team plans on making a return trip to the city at the end of the semester to do follow-up interviews. The finished documentary is expected to be ready early next semester.

Leggio said initially he was hesitant to shoot footage in the city.

"I didn't want to feel like we were capitalizing off of this. We just wanted to do something and we're not steel workers, we're not firefighters," Leggio said. "We know video, so we felt that could be our way to contribute."

Reporter William Alonso can be reached at messiankmanics@hotmail.com

## NEWS IN BRIEF

### CARBONDALE

## Inter-Greek Council to sponsor 'Safe Halloween'

Tricks and treats will be handed out to local children Thursday evening in Ballroom D of the Student Center.

Safe Halloween, which is sponsored by Inter-Greek Council, will begin at 6 p.m. and run until 8 p.m. Fifteen sororities and fraternities will have activity tables set up where children can get their faces painted and play games for prizes. There will also be a costume contest.

For more information, contact Special Events Coordinator Heather Petro at 536-6539.

## Planting session needs volunteers

In an ongoing restoration effort, a planting session will take place in Thompson Woods on Nov. 10.

The session will be fourth annual fall planting. To volunteer, arrive at the east side of the Agriculture Building at 8 a.m. on the day of project.

For more information, contact Phillip Robertson at probertson@plantsiu.edu or 453-3236.

## Self-esteem workshop offered tonight

SIUC Women's Services is having a self-esteem workshop tonight from 5 to 6:30 in Pulliam Hall, room 37. The workshop will help women learn strategies to enhance self-image. It is free and open to the public. For more information, contact Women's Services at 453-3655.

## The DAILY EGYPTIAN remembers September 11th

Shock, confusion, denial: the emotions that consumed Americans throughout the hours of September 11th and in the following days. Pain, compassion, patriotism: the emotions that now consume Americans and people around the globe as we struggle to put the pieces back together and heal the wounds caused by the attacks on our country.

In the six weeks since the attacks occurred, we have heard stories and seen pictures of the innocent people who lost their lives. The airline passengers, flight attendants, pilots, rescue workers, and the World Trade Center and Pentagon employees. What we have not seen or discussed, are those victims behind the scenes. Those people indirectly affected. The most innocent victims of all: the surviving children.

The DAILY EGYPTIAN has chosen this day to remember the children by donating 20% of today's advertising revenue to the "September 11th Children's Relief Fund." This fund, established at the New York Community Trust, with an initial donation of \$250,000 from the Hasbro Children's Foundation, was established to "promote the long-term emotional, mental, and physical health and well-being of the children who lost family members in the tragedy. The services provided to them will include, but are not limited to, trauma, bereavement, and grief counseling, ongoing mental health support, and tutoring."

Thank you for your help in supporting such a worthy cause.

Source: <http://www.september11childrensfund.org>



## OUR WORD

# First Amendment rights vs. family friendly: a delicate balance

The Carbondale City Council decided last week that there was no need to change its ordinances regarding pornography.

Pornography's always a tricky issue. Many people want a family-suitable environment for their children to grow up in, yet at the same time want their First Amendment rights protected. This is where it is up to the city's public officials to make a proper balance. The Carbondale City Council has done just that. When Makanda resident Kara Dunkel presented the council her petition of more than 300 signatures, the council fairly reviewed her case and in turn, formed a sound solution: to enforce ordinances already in place that deals with adult-oriented activities.

The ordinances provide protection of both our children and our rights. Ordinances examining public indecency and adult entertainment establishments are enforced. There are no adult entertainment clubs in the immediate area or have there been any recent acts of public indecency. The city has taken these concerns seriously.

Another ordinance ensures that adult-oriented merchandise is kept out of view of children and businesses with adult material are not to be located near schools, parks, playgrounds and day-care centers. Currently, no Carbondale business has 50 percent or more of its merchandise devoted to adult materials. The city of

Carbondale should be commended for protecting our children and families.

The concerns of Ms. Dunkel and others are important and their cause also admirable. The DAILY EGYPTIAN takes no position concerning the merits of pornography as entertainment or art, nor do we take any one side over the other. We understand that we do live in a free society where people can choose to view adult-oriented material. Those who view differently have the right in a free society to voice their opinion. Ultimately, the choice is left up to the individual as expressed in the principles of our constitution.

We support and encourage the effort by parents to shield their children from material they deem as inappropriate. Keep your children away from stores that sell adult products. Keep your children close to you in stores so they don't wander into areas that they don't need to be. This does not have to be a win-lose situation.

When children are involved, we should all try to find common ground. The debate concerning pornography as entertainment or public nuisance will not be solved by the City Council. We can continue to make our city safe, pleasant and free for every resident.

## READER COMMENTARY

\* LETTERS AND COLUMNS must be typewritten, double-spaced and submitted with author's photo ID. All letters are limited to 300 words and guest columns to 500 words. Any topics are accepted. All are subject to editing.

\* We reserve the right to not publish any letter or column.

\* LETTERS taken by e-mail (editor@daily.eg.edu) and fax (453-8244).

\* Phone number needed (not for publication) to verify authorship.

STUDENTS must include year and major. FACULTY must include rank and department. NON-ACADEMIC STAFF include position and department. OTHERS include author's hometown.

\* Bring letters and guest columns to the DAILY EGYPTIAN newsroom, Communications Building Room 1247.

\* The DAILY EGYPTIAN welcomes all content suggestions.





COLUMNISTS

# Servers: worth their weight in Olympic Gold



## Not Just Another Priddy Face

BY GRACE PRIDDY  
vulcanlogic81@hotmail.com

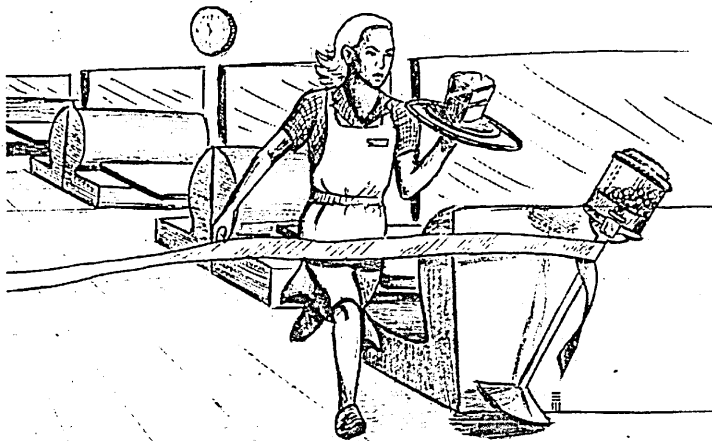
Sometimes I wonder if I want a career. I mean, a job I actually have to go to school for. I worry that even after I graduate, I won't be able to leave behind my apron and notepad. I get this eerie vision of myself, 30 years from now, still waiting tables for the thrill of it. Or maybe I could just have a day job too. Scary, but I can see myself teaching high school drafting by day, and then waiting on my students by night. I wonder if there is a rule against that because I don't think at this point, I can ever leave.

I have been sucked in by the infinite glitter of a server's life, and cannot see myself ever doing anything else. I don't know what it is, either. I mean, it isn't the uniform, it definitely isn't the pay, but there is something strange and addictive about waitressing. Maybe it is the uncertainty that gives me excitement, never knowing if I'll have rent when I go home. Or maybe it is the glam-

our of the position itself. No man in the universe can resist a chick who smells like country fried steak. But whatever it is, I can't give it up.

Maybe I could turn it into more than just a living. It could be an actual way of life, mind you. A strict discipline for which I train, seven days a week, 12 months a year. Look at the Olympics. I know I am as skilled as some of those athletes. I don't care what kind of publicity they've had. I know I am still up to par. Sure, Nancy Kerrigan can land a perfect triple axel, but can she do it carrying a tray? Biathlon athletes may be able to shoot a target atop skis, but can they hit a moving coffee cup without spilling? Yeah, that's what I thought.

It is difficult in this day and age to take pride in our means-to-end jobs, but I think the solution lies in a little harmless self-exploitation. They have the X-Games for our generation's extreme athletic bad boys. What ESPN lacks is "X-treme Waitressing." I can see it now; obstacle courses, unsatisfied guests, screaming babies, burning plates, all testing a perfect blend of balance, concentration and sense of humor. Yes, what sports needs is a new image for the new millennium: challenges of the workplace. I guarantee I'd be tuning in a lot more often if I could enjoy commentary from old pros as they judged the most skilled



and trained professionals in my field.

"Now watch her come around this corner with that tray, she narrowly winds around that high chair in the line of traffic, oh, now she's coming up on the table, she's got seat one, seat two, seat three, score!! Oh, and look at that technique as she inconspicuously slides the check

under that plate, the mark of a pro. This girl is going for the gold."

And so I beg of the television programmers: give us something we can relate to. I have found my calling. Listen to the pleas of your viewers. Every field needs heroes; let us have ours. Sure Michael Jordan has a great jump shot, but he'd be awful

thirsty if the Gatorade boy forgot to make his rounds with the pitcher.

NOT JUST ANOTHER PRIDDY FACE appears on Wednesday. Grace is a senior in architectural studies. Her views do not necessarily reflect those of the DAILY EGYPTIAN.

# When did blacks become separatist or racist?

Today is my 22nd birthday so I am naturally more reflective than on previous days. I saw the DAILY EGYPTIAN letter responses and thought the confusion of the races has to have some prior cause. Why would an individual claim that certain events, and by extension organizations that deal specifically with cultural issues are separatist? Furthermore, should Africans in America be weary of this sentiment in the unspoken thoughts of many European-Americans?

Many classes I have taken in the past have voiced the same sentiments. Making the Black Panthers and Malcolm X comparable to the ravings of the KKK or George Bush seems quite disturbing in part, because they do not fall under the true definitions or examples of oppression and racism. This also extends to the Miss Ebonyess Pageant, which was not covered by the DAILY EGYPTIAN. The question on African minds, at least this African's mind, is at what point does race consciousness not interfere with European-Americans' utopia of racial equality. Are the attempts for true equality that disturbing?

See, the sad thing about this conversation is that it is taking place. Africans know, and



## My Nommo

BY TOMMY CURRY  
kyta\_rwan@hotmail.com

African sistas' especially know, that there is a cultural bias based on stigmas that ostracize and vitiate the aesthetic of African people, (i.e. the lack of appreciation for a full-figured sista, versus the classic idealization of a thin European blond or ideas of natural hair versus straight stringy hair). This concept of beauty still exists and is most likely the reason for many people still marrying those "like" them. My question to the non-African public is why would you think that we owe you an answer?

Furthermore, what makes "our" cultural events a conversation appealing to your interests or in turn is demanding of an enlightened response? Now, I know this is going to rally

some Anti-Curriism, but let's think about this, shall we? There are no structural barriers preventing European-Americans from joining or participating in any culturally targeted event or organization on campus. However, Europeans choose not to participate, because (1) it allegedly promotes racism or (2) it violates the ideal white identity construct that many hold on to. As such, the almost non-existing attendance of Black American Studies courses by individuals who are not black, and the virulent attack on culturally conscious organizations and events as racist and promoting separatism speaks more to "whites" separating themselves from Africans. Still, think about the psychological impact the participation in such things would cause. White women would have to reconcile a latent idea of beauty in accepting Black criteria of aesthetics that would almost totally exclude them. White men would have to understand that the ability to succeed is not innate and hard work is meaningless in a society that places no value on one's contributions.

Then think about what your so-called color-blind classes do to Africans. We only hear about ourselves as "enslaved" people and

our women only hear about themselves tangential to feminist conversations and dialogues. Think about it, separatism already exists. It is just that European-Americans are unwilling to face their contribution to separatist American practices in the same aggressive and staunch manner as they do alleged black racist behavior. It is much easier to claim that events and organizations which grew specifically from the discriminatory practices of European-Americans as racist. They fail to see the contradiction in their passionate rants against "black separatism." Then they say, "if you don't have enough money or education you can't live in these neighborhoods or go to these schools." But the minute we escape the "double-consciousness" that America forces upon the African, We are separatist, racist and promote racial misunderstanding. At what point did the rapist know the thoughts of the raped, or the murderer the suffering of the victim? Does not make much sense, does it?

MY NOMMO appears on Wednesday. Tommy is a senior in philosophy and political science. His views do not necessarily reflect those of the DAILY EGYPTIAN.

## LETTERS

### Saluki athlete deserves the praise

DEAR EDITOR:

Not too long ago the Daily Egyptian printed a piece where you were quite complimentary about some steps we in Saluki Baseball have taken to rectify some deficiencies in our program's approach toward academics. Although your kind words are greatly appreciated, I would like to mention that the true credit goes to Saluki pitcher Jake Alley. There is no question, Jake's — and there of our other student-athletes — ineligibility hurt our team last year. However, I'd like to point out that during Jake's season of inactivity, he managed a 3.0 GPA to remedy his ineligible status. In other words, Jake Alley deserves the praise directed our way. Jake has always been a good person. It is now gratifying to see him prove to his teammates, and more importantly to himself that he is capable not only of athletic success, but academic success as well. Jake Alley has without question

learned a great deal from this "episode" and so has our coaching staff. We now expect bigger and better things from Jake and his teammates, not only on the field but also in the classroom. So, the next time you see Jake pitch a three-hit shutout, please remember that in addition to his hard work on the field, he also has rededicated himself to attaining a college degree.

Dan Callahan  
head coach, SIU baseball

### Raising ticket prices is not the answer

DEAR EDITOR:

In reference to the article in the Southern Illinoisian about SIU Athletic Director Paul Kowalczyk being disappointed in Saluki men's season ticket basketball sales, from a hard-core basketball fan, here are a few facts. First, this is Southern Illinois, one of the most hard hit areas in the United States when it comes to jobs and the economy. Ticket

selling does not have the potential here as it does in metro areas where the population is 100,000-plus like your Big Ten schools. Second, all of us 1,500 or so, die-hard basketball fans that purchase seats every year and get to the Arena at 6:00 p.m. when the doors open are slapped with a \$100.00 seat assessment. That is on top of the already RAISED reserved season ticket prices. Kowalczyk's theory is that WE should pay for these privileged seats.

I really think it's to help pay off the \$800,000 debt that the department is saddled with when Kowalczyk took the athletic director's job. This debt never should have gotten this large. But when those responsible are out chasing golf balls instead of doing their job, this happens. In the 90s when the Salukis were winning, NO assessments were needed to raise revenue as the fans were knocking down the doors. It's the old rule of business and SIU basketball is a business, supply and demand sets the price. You raised the prices when the demand was not there and the seats won't sell. The answer to this is one thing, a winning

team. If and when the Salukis start winning, the fans will fill the Arena and the department will have a reserve seat wait list. This should be the winning season for the Dawgs. If it's not, then I would try finding new leadership instead of raising prices again because this old Dawg is getting tired and impatient.

Bob Whitlow  
West Springfield

### Let's make campus safe for everyone

DEAR EDITOR:

A crosswalk on campus is sometimes like a stop sign for pedestrians and bicyclists. We wait until we see which vehicle is actually going to stop for us. Some vehicles even speed up. I feel like the victims are getting harangued for this, to some extent, instead of the drivers. Police should stand just out of sight and ticket drivers who continue driving when pedestrians and bicyclists are accessing a crosswalk. Pedestrians and

bicyclists might consider using their cell phones to call police with license plate numbers when drivers do not obey crosswalk rules.

Speed bumps could be installed near crosswalks. The current speed limit should be enforced. Since a pedestrian was hit by a driver, why concentrate on making bicyclists pedestrians? In making bicyclists the victim. And since accidents happen in crosswalks, why concentrate on making pedestrians use crosswalks? This too appears to blame the victims. Bicycling is an excellent solution to traffic congestion. How about encouraging bicyclists instead of blaming them for accidents given that drivers currently do not obey crosswalk rules? A campus shuttle bus is an excellent idea, but could be costly. Also, a hearty thanks to the majority of drivers who really are considerate at crosswalks. I do believe drivers, pedestrians and bicyclists can peacefully coexist on campus.

Chester Langin  
graduate student, computer science

# Judicial board to review grievance

Linguistics professor claims Provost used unethical conduct

ALEXA AGUILAR  
DAILY EGYPTIAN

A campus judicial review board recently accepted a grievance filed against SIUC's vice chancellor for academic affairs and provost, after Chancellor Walter Wendler denied last month the board's request to

form an independent panel to look at the charges.

The board will review the grievance in November. Roland Person, chair of the Judicial Review Board, said that though Wendler denied the JRB's request, there is still validity to the charge.

Linguistics professor Joan Friedenberg filed the unethical conduct charge against Provost Margaret Winters claiming Winters lied to her about a visiting psychologist's purpose.

The psychologist, Debra Robinson from the University of Missouri at

Rolla, was brought in to help resolve office conflict in the Linguistics Department. Robinson named Friedenberg as the major source of conflict in a preliminary report, which Friedenberg said was a violation of the counselor/patient privilege.

Robinson was identified as a "counselor" numerous times in internal memos sent by Winters and Linguistics Chair Glenn Gilbert. Friedenberg filed a lawsuit against Robinson for breach of confidentiality. In her response to the lawsuit, Robinson said she was brought to SIUC as a "management consul-

tant" and her sole purpose was to provide a report to the University.

Friedenberg filed an internal grievance against Winters for "dishonesty," saying that Winters misled the linguistics faculty as to Robinson's true purpose.

The Judicial Review Board then forwarded the grievance to the chancellor because it believed "that the problems and organizational issues alleged or identified in the Linguistics Department are of such duration and complexity that they are beyond the purview and ability of the JRB to resolve."

Wendler denied the request, and in a memo to Roland Person, chair of the Judicial Review Board, he said the request was "ill-advised and not in the best interest of the SIUC community."

He added that Winters "made a good faith effort to assist a department with organizational and management issues ..."

Friedenberg's lawsuit against Robinson is still pending.

Reporter Alexa Aguilar can be reached at [aguilar19@aol.com](mailto:aguilar19@aol.com)

# Campus breathes on respiratory students

Students promote their profession during National Respiratory Awareness Week

MIKE PETTIT  
DAILY EGYPTIAN

Breathe in, breathe out. Breathe in, breathe out.

This may seem like a simple procedure, but SIUC respiratory students want to recognize those who help make it happen when a problem occurs.

Respiratory therapists are standing out and making themselves known to the public during National Respiratory Care Week, and students are helping to make it happen.

Students studying respiratory therapy learn to test and care for patients with breathing

problems caused by obstructions, illnesses or diseases.

"We're kind of unknown in the hospitals," said Stan Pearson, assistant professor of respiratory therapy.

Therapists receive little recognition in medical facilities because a lot of time they are mistaken for nurses when they test patients, Pearson said.

But respiratory therapy students made an effort to promote their future profession and the week dedicated to it by giving free lung function testing Tuesday at the College of Applied Sciences and Arts.

The promotion involved testing for breathing capacity, finding possible obstructions and distinguishing between certain breathing problems, like asthma and bronchitis, Pearson said.

The testing only lasted a few minutes while patrons took a deep breath to blow through a tube and have their air flow is mea-

sured electronically.

"The accuracy is unquestionable," Pearson said.

When the testing showed a deficiency in breathing capacity, or some other problem of the lungs, the student therapists asked the patients a number of questions relating to their health, the last one regarding smoking.

"Usually that's the kicker," Pearson said, noting that smoke obstructs the lungs.

Air pollution is a big reason why respiratory care is so important these days, as demonstrated when the therapists visited coal miners at a clinic in Herrin. However, pollution in the air is not the limit for this profession.

Employment in respiratory therapy is an expanding career, with lots of opportunities to work extensively in cystic fibrosis patient care, infant care and even in sleep deprivation clinics, Pearson said.

Respiratory therapy education at SIUC

comes in an associate's degree package, with an internship opportunity in the final semester of the program.

Minnie Minor, a junior in respiratory therapy from Chicago, is one of only 15 students in the program, but she's getting the necessary experience.

Minor is doing her clinical study at the Memorial Hospital of Carbondale in respiratory therapy, which entails shadowing a therapist and giving patients breathing treatments.

This week, respiratory staff at the hospital has been recognized through luncheons and in-services conducted by employees, said Darrell Bryant, manager of the respiratory care department at Carbondale Memorial.

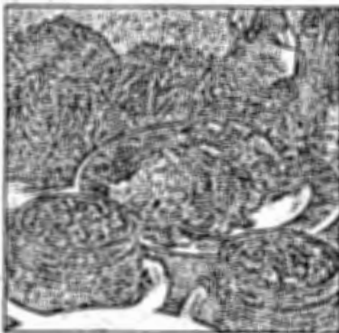
"It's a symbolic week for everyone to reflect on what we do," Bryant said.

Reporter Mike Pettit can be reached at [fotomike3@hotmail.com](mailto:fotomike3@hotmail.com)

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WESTERN MONEY ORDER UNION TRANSFER

# Local artists make their debut

JANE HUH  
DAILY EGYPTIAN

Artistic expressions from the east and west will merge in Carbondale Tuesday.

Final preparations for Arts in Celebration will wrap up in time for six visiting artists to showcase their art to the public from Oct. 30 to Nov. 17 at the Associated Artists Gallery, 715 S. University Ave.

According to the gallery's charter members, Sadako Clarke and Lois Lembcke, this event has launched the careers of local artists.

"This inspired a lot of clones," said Lembcke.

Arts in Celebration, which takes place every two years, is just one event that came about as a result of Associated Artists Gallery. Promoting art throughout the community is what

the gallery was founded upon, according to Clarke, a charter member since 1983.

Traditional Japanese artwork from Sumiko Habara, Clarke's sister, will be highlighted at the gallery. Habara's form of art is called "chigirie," which requires rice paper, natural dyes and patience.

Chigirie is a long and intricate process that involves the making of rice paper, dyeing it and tearing it to shape an image. Colors are extracted from natural resources such as wood barks and separate shapes are torn and pasted. Even the paste used to glue the pieces is made from wheat flour. Seaweed is often combined with the glue to prevent the rice paper from turning yellow.

Habara's paper art has received international acclaim from Canada, Australia, Japan, United States and Korea.

"She started [chigirie] as a hobby

while teaching school, then when she retired she learned from other teachers. Because of her background she did well by herself. Her lifelong hobby became professional work," Clarke said.

However, Clarke said her sister, who resides in Matsuyama, Japan, will not attend for health reasons and airline safety concerns.

A consummate artist in her own right, Clarke specializes in sumi painting, Japan's traditional art of brush strokes. Some of her paintings have been printed in cards and postcards.

Lembcke, a ceramist whose tea pots are among the gallery's display, is hopeful to see an interest in art among the younger generation.

"I've been here a number of years supporting this gallery for young artists," Lembcke said.

Lembcke taught high school art after graduating from the Art Institute of Chicago with a degree in art education in 1951. After discovering her passion for ceramics, she enrolled at SIUC in the 1980s.

Lembcke and Clarke both believe art education plays a vital role in the community. Even after teaching high school and making the transition to a professional ceramist, Lembcke insists she still seeks knowledge and input from those around her.

"I don't think people ever quit learning," Lembcke said. "I learn from people around me."

Reporter Jane Huh can be reached at [jhu8@siu.edu](mailto:jhu8@siu.edu)

## SUPPORT LOCAL ART

Associated Art Gallery opens on Oct. 30 and ends Nov. 17 at 715 S. University Ave. Gallery hours are from 11 a.m. to 5 p.m., Tuesday through Saturday. For more information, call 457-4753.



RONDA YEAGER - DAILY EGYPTIAN



RONDA YEAGER - DAILY EGYPTIAN

Louis Lembcke, a ceramist and alumna from the Art Institute of Chicago, displays one of her teapots that will be on display at the show.

Sadako Clarke, a Sumi painter, hangs one of her pieces at the Associated Art Gallery on S. University Ave. in Carbondale. The artwork will be showing Oct. 30 through Nov. 17 with an opening reception on Nov. 2 from 6-8 p.m.

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## Severe storms strike area

No serious damage or injuries reported

MARK LAMBIRD  
DAILY EGYPTIAN

Some students and faculty across campus ran for cover Tuesday afternoon, when the University Emergency Services sent out the call to seek shelter.

The call was placed when a severe thunderstorm warning was issued for Jackson County and several other surrounding counties, by the National Weather Service in Paducah, Ky.

A line of severe storms rolled through the area and struck points north of Carbondale. The Illinois State Police in Du Quoin did not have any reports of damage in the area affected by the warnings. Warnings were also issued for Franklin, Perry and Williamson counties in Southern Illinois.

A warning is issued by the Weather Service when a thunderstorm with winds in excess of 57 miles per hour or hail three-quarters of an inch in diameter or larger is eminent.

With the development of Doppler Radar, storms are sometimes determined to be severe based on their radar signature, without actual observations. The radar signatures are specific characteristics that are present in a radar readout that would indicate a storm is

severe.

The radar can also determine if the storm has circulation, which increases the probability that a storm could produce a tornado.

The Weather Service reported the storm that prompted the warning weakened considerably as it moved past Jackson County without causing damage.

The stormy weather Tuesday was caused by a strong cold front that is advancing through the Midwest. The Storm Predictions Center, in Norman, Okla., issued a severe thunderstorm watch for parts of Southern Illinois Tuesday, in advance of the cold front.

The Prediction Center's job is to monitor weather across the United States and give advanced warning of possible severe weather outbreaks.

The center also issues outlooks for the next day that gives the probability for severe weather. On Tuesday, Southern Illinois was in a slight risk area. A slight risk area means that severe weather is a possibility but not likely.

The center also plots out areas of moderate and high risk.

The same atmospheric conditions that were present Tuesday will be present today, according to the Prediction Center. Tuesday night the center had Southern Illinois in a slight to moderate risk of more severe weather for today.

Reporter Mark Lambird can be reached at  
mwl179@hotmail.com

## BUSINESS

CONTINUED FROM PAGE 1

about 75 community members. Tim Smith, director of corporate communications for Chili's, said although the company is "actively looking around" nothing is far enough along to officially state.

City Manager Jeff Doherty said the commercial climate in Carbondale reflects the Sept. 11 attacks. For example, because consumers have been holding back, auto makers have offered lower prices and zero percent interest rates, spurring sales. The city does not receive sales tax information until three months later, so Doherty was not certain what the data will look like for September and October. He said the summer information was running with inflation, meaning everything looked about average.

But now that consumers are feeling more confident, Doherty said growth may continue, especially with the Christmas shopping season approaching.

"Hopefully people will get out and shop and do what they normally do," he said.

He would like to see the mall return to its full capacity and serve the Southern Illinois region. And with the coming of Best Buy, which will open April 6, 2002, and other national chains, Doherty has confidence in the Carbondale market.

"That signals that others who are in the business of locating strong national retailers see Carbondale as a viable location," he said. "It will always be nice to see a faster pace, but we've seen a lot of growth in the last 10 years."

Reporter Jennifer Wig can be reached at  
jvwig@hotmail.com

## RYAN

CONTINUED FROM PAGE 1

Ryan is meeting with officials in five cities: Rockford, Rock Island, Peoria, Champaign and Carbondale. He will meet with Mayor Neil Dillard, Police Chief R.T. Finney and other local officials at 9 a.m. at the Carbondale Civic Center.

"Ryan is calling together the police chief and the mayor of Carbondale and a small group of local officials to explain the anti-terrorism legislation and what their roles potentially could be," said Ryan spokesman Dan Curry.

The anti-terrorism legislation is primarily a "common-sense response to the threats we all face," Ryan said. The legislation would grant the state the power to tap phone lines of suspected terrorists, without the permission of the federal government.

Ryan's plan also amends the wiretap authority to apply to the individual, rather than the phone line, so terrorists cannot bypass law enforcement by using multiple phones.

Curry said the Attorney General hopes to garner the support of local officials to get the measure passed during the veto session in November.

According to the legislation, a terrorism act would become a class X felony with penalties ranging from 20 years in prison to life. Those that cause a loss of life in a terrorist attack will automatically be sentenced to life.

Curry said this is the first time the state has drafted a bill of this caliber in response to law enforcement capabilities.

Other provisions included in the legislation:

- It would allow the Attorney General to freeze the assets of suspected terrorists. Banks and financial institutions would be required to freeze funds they find to be used for terrorism. Also, financially aiding a criminal would be a civil violation subject to prison terms and civil forfeiture.

- The Attorney General would have the ability to prosecute terrorism cases through the Statewide Grand Jury.

- Those convicted of terrorist-related acts would be required to submit blood to the confidential statewide DNA database.

- The bill would also limit the ability of non-resident aliens to acquire a state Firearm Owners Identification Card.

Rep. Mike Bost, R-Murphysboro, said he expects the legislation to pass easily in the General Assembly given the bipartisan spirit of politicians in light of recent events. He has not yet seen the plan.

"We want to make sure that we do not take away the people's constitutional rights, however we cannot have people abuse those rights and endanger Illinois' citizen," Bost said.

He supports taking preventative measures, similar to Ryan, like giving the state extra muscle to investigate suspicious actions. Preventative measures, such as throwing up a red flag when someone purchases farming products that could double as biological agents, are a good place to start Bost said.

Bost said the state should be asking more questions when something looks suspicious: "If he doesn't have a farm with so many acres why in the world would he be coming after [farm chemicals]?"

Reporter Molly Parker can be reached at  
parker2000@hotmail.com

what I  
have  
learned  
LECTURE  
SERIES  
2001

## THE RIGHT HONOURABLE BRIAN MULRONEY

Former Canadian Prime Minister  
November 1 at 7:30 p.m.  
Lesar Law School Auditorium



The Political Scientists of Canada named him the most outstanding Canadian Prime Minister since World War II. The Right Honourable Brian Mulroney, former Canadian Prime Minister, will share his thoughts and what he would like to pass on November 1 at 7:30 p.m.

The United States, United Kingdom, France, China and the Russian Federation agreed to select Mr. Mulroney to Secretary General of the United Nations, a post that he declined. He will also be remembered by many as a world leader who took an early position against apartheid in South Africa.

Mr. Mulroney launched his political career in 1983 when he was chosen to lead Canada's Progressive Conservative Party. He became Prime Minister in 1984. In the 1980s, Mr. Mulroney brokered a free-trade agreement with the United States, Canada's largest trading partner. In 1992, he signed the

North American Free Trade Agreement (NAFTA) with the United States and Mexico, which expanded the free-trade area and eliminated some trade barriers.

Before he entered politics, Mr. Mulroney practiced labor law and gained experience as a labor-relations negotiator. He also served as President of the Iron Ore Company of Canada. In October 1998, the Canadian government awarded Brian Mulroney the Order of Canada, the government's highest civilian medal.

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# Pennsylvania man sends e-mail of peace, gets reply from Saddam

Iraqi president sends personal condolences

ZI'ATI MEYER  
KNIGHT RIDDER NEWSPAPERS

WILLOW GROVE, Pa. — (KRT) You've got mail. From Saddam Hussein.

That's what Christopher J. Love found when he checked his e-mail at work over the weekend.

The 43-year-old software engineer received an e-mail from the Iraqi president that contained his personal condolences for the Sept. 11 attacks that killed thousands in New York and Pennsylvania and at the Pentagon.

The electronic message from Baghdad was a reply to an e-mail Love sent Hussein, asking him to contact President Bush and work together with him.

In the e-mail, dated Oct. 18, which addresses Love as "brother in the family of mankind," Hussein wrote: "He who sees himself as a

man, who revenges his dignity, should not deprive other men from their dignity, and he who calls for the respect of his people, men and women, should respect the people of other nations."

He also included the traditional Muslim statement of comfort — "God has created us and to Him we return. May God give you a long life."

A copy of Hussein's letter was made available to the news media by Iraqi officials.

Love said he was very surprised when he received the response.

"My jaw kind of dropped," he said. "I was extremely shocked. I'm not a letter writer and certainly the farthest thing from a diplomat or a political figure."

Love said that hearing that a friend's father in Iraq had died because he could not get the penicillin he needed, coupled with the horror of last month's terrorist attack, prompted him to contact Hussein.

"I guess I was like everyone else — looking for some way to help," said Love.

**"Who can be absolutely sure? It's an e-mail. Whoever wrote it put emotions into it. It wasn't a canned letter. Whoever wrote it was trying to be sincere."**

Christopher J. Love  
software engineer, Aldan, Pa.

He said he contacted the Iraqi News Agency, which he found by using an Internet search engine, at the end of September to find out whether it would forward his e-mail. It said it would, and a few days later, he sent what he dubbed his "peace proposal."

"I said I was very upset, grief-stricken from what (had) happened on Sept. 11," recalled Love. "I said maybe it was an opportunity for Iraq and the United States to settle their differences."

Love, a married father of two teenagers, wrote Hussein a heartfelt letter: "How much would it mean to this world right now if you were to put aside your differences and side with the world, not just the U.S., and proclaim to the world that . . . you

stand for the human cause of removing terrorism, hunger and strife in every country."

Love, an Aldan, Pa. native, called the Iraqi president's message "a warm, genuine response, sending condolences for the victims of the terrorist attack," and he said he planned to write back to Hussein on Monday "just to be polite — Thank you for your gracious response."

Love said he was not certain Hussein wrote the e-mail, which included several awkwardly worded sentences and repeatedly used "corps" instead of "crops."

"Who can be absolutely sure?" Love said. "It's an e-mail. Whoever wrote it put emotions into it. It wasn't a canned letter. Whoever wrote it was trying to be sincere."

## AMERICORPS

CONTINUED FROM PAGE 3

community, and AmeriCorps is another way to get further involved," said Shetler, a second-year volunteer.

"It really makes you feel good when a kid says, 'Hey thank you so much, I couldn't have done this without you.'"

Dave Warner, director of Land of Lincoln AmeriCorps, said his group is excited about helping the middle school kids, but they also enjoy developing other projects to reach out to the community.

According to Rundblad, all applicants for the AmeriCorps program must complete a competitive interview process.

Volunteering is a major commitment. Members work about 80 to 100 hours each month. After completing 900 hours of service they receive an education award.

"Most people don't know about the AmeriCorps program," Mitchell said.

"I know when I was in school I wish I had something like this. That's really what it's all about, helping them out."

Reporter Jarret O. Herzog can be reached at jarret@siu.edu

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# Martial arts: a primer on kung fu, karate, and more

ERIN CHIAN  
KNIGHT RIDDER NEWSPAPERS

(KRT) - You know the Karate Kid can kick. So can Jackie Chan. And you can, too, if you know where to start.

More than 400 different types of martial arts systems exist, according to Philip Porter, founder of the United States Martial Arts Association. That makes it about as easy to distinguish kempo from kendo as it is to break bricks with a split kick. (For the record, "kempo" is a Japanese term describing martial arts with Chinese influences, while "kendo" is a Japanese sword art.)

Yet there are many reasons why more than 25 million Americans - about the population of Illinois and Florida combined - participate in some type of martial art. There's stress relief, for one. And increased flexibility and mental strength. And even character development.

Though martial arts focus on self-defense - that's what distinguishes them from sports - they're not monolithic. Not all systems hail exclusively from Asia, and not all emphasize kicking and punching.

Arts like judo are characterized by grappling and throwing techniques. Others, such as karate and taekwondo, employ striking methods. Still others, such as jujitsu and kung fu, contain a mix of everything.

Martial arts constantly overlap and borrow from one another. They're fluid yet distinct. Unique enough that Eric Miller, director of Progressive Martial Arts in Livonia, Mich., says, "There is a martial art out there for everyone." The task lies in figuring out one that fits you.

Here, then, is a guide to martial arts to help you decide.

## Kung Fu

History: More than 1,400 years before Bruce Lee battled his way through "Enter the Dragon" and

thrust kung fu into American pop culture, Chinese monks trained in this martial art.

Style: Kung fu, also known as wushu, gung fu and chuan fa, describes not a single system but rather dozens of martial arts that blossomed in China.

Unlike karate and taekwondo, most styles of kung fu place little emphasis on kicks.

But variations course through the art. Some styles emphasize self-defense, while others focus on health. These styles can be split into internal or external systems.

Internal systems, such as tai chi, also called soft styles, generally involve less vigorous physical activity than most martial arts. They tend to focus on channeling and redirecting energy, often referred to as chi.

External systems, which burst with energy and quick movements, are the Bruce Lee styles of kung fu. Techniques include using leverage and pressure points to maximum advantage.

"We don't use force against force," Redmond says, noting that the style is all about deflection.

## KARATE

History: In the 1600s, the Japanese traveled south and overtook the Okinawans and their weapons, leaving residents of the island empty-handed.

In secret, Okinawa's leaders traveled west to China and learned unarmed fighting skills that evolved into their own system of combat called karate, which literally means "empty hand." In addition to the physical, karate practitioners seek balance and mastery over the mind and spirit - a triple-pronged approach called sashin.

Techniques: In general, karate places equal emphasis on hand and foot techniques, says Greg Dilone, a second-degree black belt in shito-ryu karate who runs Dilone Dojo in Detroit. Like taekwondo, karate uses breaking tech-

niques with wood, bricks and ice to demonstrate skill, speed and power.

The ingenious Okinawans derived every kobudo weapon - such as a 6-foot wooden staff called a bo or two small pieces of wood connected by a chain called nunchaku - from everyday household and farm tools.

Various styles of karate exist, but here's a brief look at the most popular ones.

Shotokan. Shotokan emphasizes speed and power, Dilone says, and is characterized by deep, low stances and linear movements that result in high-powered kicks.

Goju-ryu. Literally translated "hard soft way," goju-ryu combines soft, circular blocking techniques with quick, strong counterattacks.

## THE KWON DO

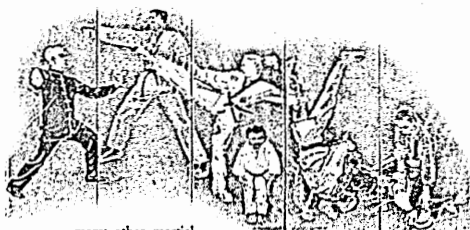
History: Modern taekwondo emerged in 1955 out of meetings encouraged by the South Korean government, which sought to unify the nation's various kwons, or martial arts schools. The country's liberation from Japan 10 years earlier spawned a resurgence of interest in indigenous arts, which the Japanese had suppressed during their 36-year occupation.

Techniques: The kwon do, meaning "the way, the fist and the foot," provides plenty of kicks. Front kicks. Side kicks. Roundhouse kicks. It uses them all.

It's this emphasis on kicks that distinguishes taekwondo from karate. Most kicks use the ball, instep and heel of the foot. As students advance, they incorporate jumps and spins into the kicks. Flying kicks are performed by running and leaping into the air.

Using these kicks, as well as punches and strikes, taekwondo practitioners specialize in breaking techniques, which often act as testing components for belt promotion.

Character development. Like



many other martial arts, taekwondo extends beyond just physical aspects. The tradition of answering "Yes, sir" or "Yes, ma'am" to one's instructor develops discipline and respect.

Its code of conduct focuses on loyalty, especially concerning one's friends, parents and country. The code includes other tenets like "Never take life unjustly" and "Finish what you begin."

## Jujitsu

History: Japanese warriors, or samurai, used this method of hand-to-hand combat hundreds of years ago, along with sword-fighting and horse-riding skills, to fight on behalf of their respective feudal lords - much like English knights did in medieval times.

Techniques: When learning technique, think of jujitsu as a martial arts buffet. It's a system that encompasses every method: strikes, punches, kicks, blocks and throws as well as more brutal techniques such as the neck crank, in which a practitioner yanks an opponent's head back and twists it, says Neil Ohlenkamp, a sixth-degree black belt in jujitsu and judo.

The Brazilian form of jujitsu places heavy emphasis on techniques similar to wrestling.

## Judo

History: Judo had hurled itself onto the global scene by 1964, the year it was

included in the Tokyo Olympics.

In 1882, Jigoro Kano, a Japanese schoolteacher, wanted to challenge his students with a martial art that would incorporate all the action of jujitsu without its potentially fatal attacks. And he wanted certain principles - such as maximum efficiency with minimum effort - to become part of his students' lives.

So Kano devised judo - translated "soft, gentle way" - that focuses on numerous throwing, pinning, joint-locking and sweeping techniques.

Techniques: There's no doubt you'll get tossed around in judo. In devising judo, Kano wanted to concentrate on leverage as opposed to brute force in felling an opponent.

"Your skills will rely on your ability to interpret or 'read' your partner's body movements and launch an appropriate physical response," according to Cesar Borkowski in "The Complete Idiot's Guide to Martial Arts."

"Although your opponent may be larger, you can easily subdue a stronger attacker by combining your strength with his or hers and by pushing when he or she pulls, or vice versa."

Break falling, learning to fall and land safely, is essential to a sport that employs hip, leg, shoulder and arm throws. There are even sacrificial throws in which a practitioner purposefully falls to gain leverage before turning the tables on the opponent.

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## TERRORISM

CONTINUED FROM PAGE 1

said. "Other than that, it's business as usual."

Carbondale City Manager Jeff Doherty said the city's fire department would participate as part of a response team if a disaster occurred in Southern Illinois outside Carbondale.

The Sept. 11 attacks have also resulted in Carbondale reviewing the policies for the city's emergency response procedures, Doherty said. And although Doherty declined to comment on any policy changes, he said public knowledge about the resources for response is good.

"It's important that people know we do have these things in place," he said.

The response teams are overseen by the Illinois Emergency Management Agency, a state agency.

IEMA is a state version of the Federal Emergency Management Agency, said Mike Channess, the organization's director. If a disaster does occur, IEMA would coordinate agencies such as the National Guard, Illinois State Police and Illinois Environmental Protection Agency.

Channess emphasized the agency's goal is to be prepared for all types of disasters and said that the response teams can be anywhere in the state within 45 minutes.

"We have plans in place for all hazards, man-made and natural," he said.

The Illinois State Police has tactical team members trained and ready to go as part of the law enforcement personnel that can be utilized during terrorism.

"There's a good law enforcement component that can enter a hot zone," Channess said.

Another agency preparing for potential terrorism is the Jackson

County Health Department, which has recently communicated with emergency personnel in preparation for potential bioterrorism.

"We've met locally with emergency personnel to make sure everyone's on the same page," said Miriam Link-Mullison, the health department's administrator.

Two years ago, the Illinois Health Department received a grant from the Centers for Disease Control and Prevention. With the grant money, the Jackson County Health Department obtained satellite technology used for telecommunications with the CDC about bioterrorism.

Channess said he is pleased Gov. George Ryan saw the need to prepare for potential terrorism before attacks happened on American soil. "This was great foresight on the governor's part," he said.

Reporter Ben Botkin can be reached at [benjaminbotkin@hotmail.com](mailto:benjaminbotkin@hotmail.com)

## Norwegian robber uses underwear as face mask

Weird news: drunken post office robbery botched

MIKE PINGREE  
BOSTON HERALD

(KRT) - A heavily intoxicated Norwegian man robbed a post office in Oslo wearing a pair of underpants over his face as a mask.

The police, who arrested him two days later, didn't have much trouble finding him because his holdup note had his wife's name on the back. He said he didn't remember doing the robbery but did think it odd when he woke up and found a big pile of cash in his living room.

### GOING SOMEWHERE? ME?

At a bail hearing in Ottawa, Ill., for a man charged with drug trafficking, prosecutors revealed what police had found in the suspect's apartment: some fake IDs, plane tickets and a book called "Hide Your Assets and Disappear: A Step-by-Step Guide to Vanishing Without a Trace." The judge set bail at \$1,050,000.

### OK BOYS, I'M LISTENING

Two Albuquerque, N.M., policemen were spotted taking the department helicopter to pick up some doughnuts. It would be difficult to underestimate how angry their superiors are. Police Lt. Bob Huntsman said, "Their sergeant is going to be interviewing them to find out what the hell they were thinking."

### A NATURAL ASSUMPTION

A man on a flight from North Carolina slept through the plane's landing in Alabama. Exhausted from a long day of travel, he continued to sleep as everyone got off the plane, and he was left behind. When he finally awoke - alone in the dark, empty airplane - he became extremely alarmed because he thought he had died in a plane crash and was in the afterlife. He is suing the airline for emotional distress.

### A REAL TEDDY BEAR

After a day's work in the fields, a nomadic couple in the Lorestan

province of Iran returned to their tent to find their 16-month-old toddler missing. A search party scoured the countryside for three days before finding the child in the den of a mother bear. According to the Kayhan newspaper, the animal had apparently been caring for - and even breast-feeding - the kid, who was later reported to be in good health.

### HOW DID YOU CATCH ME?

A 28-year-old man robbed a Salzburg, Austria, savings bank - at which he was a well-known customer - and made off with \$20,000. Of course, an employee immediately told the cops who the guy was, and they found him later that night at an after-hours bar in Klagenfurt where he had swilled down five bottles of champagne and was consorting with the bar hostesses. He went quietly.

Mike Pingree is a columnist for the Boston Herald. His columns are available online at [www.pingreeslookingglass.com](http://www.pingreeslookingglass.com)

## Jordan welcomed as teacher, inspiration

MITCH LAWRENCE  
NEW YORK DAILY NEWS

NEW YORK (KRT) - If there were any question which side Kwame Brown has taken on the "Should Michael Jordan be Playing Again?" debate, Brown has ended all the suspense.

"Of all of our rookies, I'm going to be the first one to buy Michael dinner," said Brown, the Wiz's No. 1 pick in June. "We should all buy him dinner because of what he'll do for this franchise. But he took a great deal of pressure off me."

You can measure it in tons.

To refresh your memory, Brown was the first high school player ever to be drafted with the No. 1 pick overall. Prep stars making the jump to the pros is still a hot-button issue for the NBA, even if Kobe Bryant, Kevin Garnett and Tracy McGrady never set foot on a college campus and haven't exactly struggled. But with Jordan's blue-blooded return, Brown might zip through his first season as a footnote.

"It's the best thing to happen to Kwame," said Doug Collins, the Wizards coach, "because every day in camp, people are going to ask, 'How's Michael? How's he doing? How's he look? How's he feeling? Is he OK?'"

Those same questions would have been directed at Brown, the 6-11 forward from Brunswick, Ga., who turned 19 in March. He never averaged more than 20 ppg in high school, and reached that pedestrian figure only once. But he was being counted on to key the Wizards' rebuilding effort, until Jordan, as he put it, wanted to scratch his itch.

"I told Kwame that out of everybody on this team, all

eyes would have been on him," Collins said. "He's the first high school player to be drafted No. 1. Now, this is going to give him a chance to grow a little bit without having all the heat right on top of him."

That hasn't been lost on Brown. When questions come his way, they mostly deal with you know who.

"I don't understand why people say he shouldn't have come back," said Brown. "But in a way, I'm glad they are. From what I know of him, Michael feeds off that. He probably sits at home and listens to all the naysayers and just can't wait to prove them wrong. Once he does, it will be a thrill for him."

It might not be so great for Richard Hamilton and Courtney Alexander, both of whom might have their minutes cut because of No. 23's presence. But there's little doubt that Brown will be able to go about his business without the normal scrutiny of a top pick.

"I'll be a teacher, not just for Kwame, but for all of our young players," Jordan said. "Either they'll listen or they won't. I'll just try to give them the best advice to make them better basketball players."

They better have thick skin, too. Jordan showed no mercy with his previous teammates, whether they were stars or scrubs. But there's an upside.

"Michael talks all the time when he plays," Collins said. "I'm not talking trash. I'm talking he talks to his teammates. That's almost a lost art in this sport. Everybody gets on the court and gets locked into their person. But Michael makes you feel like you have an advantage because he's the one doing all the talking. But don't read into that that Michael will be Socrates and losing will be OK. He's going to be teaching and kicking some butt at the same time."

With Kwame Brown leading the cheers.

# Scientific journal details how anthrax gets into human cells and kills them

ROBERT S. BOYD  
KNIGHT RIDER NEWSPAPERS

WASHINGTON (KRT) — Scientists announced Tuesday that they have discovered the hidden doorway in the wall of a human cell that allows anthrax bacteria to break in, release their poisonous toxins and kill their victims, sometimes within hours of infection.

The discovery could lead to better vaccines or treatments for anthrax, particularly if the bacteria develop resistance to current medicines such as Cipro, penicillin and doxycycline, they said.

The weak spot in the cell's defenses is called the anthrax toxin receptor (ATR). It is a protein on the cell membrane that attaches to toxins created by anthrax bacteria swimming in the blood stream. The bacteria get into the blood when anthrax spores are inhaled, ingested or taken in through a skin cut or scratch.

Tens of thousands of these ATR receptors sit on the surface of huge, immune system scavenger cells known as macrophages, whose job is to swallow infectious particles and destroy them.

Once inside a macrophage, however, anthrax bacteria seize control of its biological machinery and, like a Trojan horse, force it to spew out other poisons that cause fever, internal bleeding, septic shock and, usually, rapid death in

humans and animals.

This new insight into how anthrax does its deadly work was described by government and university scientists at a press briefing Tuesday. Their work also appears in the journal *Nature's* online edition.

The researchers began their work two and a half years ago, long before the current anthrax emergency, and completed it just last month. A *Nature* editor called its publication "unfortunately timely."

Anthony Fauci, director of the National Institute of Allergy and Infectious Diseases, which financed the research, called the discovery "spectacular science." He said the government is eager to help scientists exploit this "extraordinary finding" to improve on the "imperfect therapies and vaccines" now available against anthrax.

The new research suggests "at least four possible ways one might intervene to block the toxin," said microbiologist John Collier of Harvard Medical School, a veteran anthrax researcher and one of the authors of the *Nature* reports.

One such antidote is a mutated form of ATR that "soaks up" the toxin like a sponge, said his colleague, John Young, a biochemist at the University of Wisconsin, Madison. Another potential therapy would slam shut the door the toxins use to get into the cell.

In an interview, another *Nature* author, Robert Liddington of the Burnham Institute, a private

research organization in La Jolla, Calif., described the fatal sequence of events that occurs after an anthrax spore enters a person's blood stream and is engulfed by a macrophage.

First the spore germinates, producing an army of anthrax bacteria, which the macrophage carries to distant parts of the body. The bacteria escape into the bloodstream, multiply and cause a system-wide infection.

As they float along, the bacteria secrete a lethal toxin composed of three separate proteins, known as protective antigen (PA), edema factor (EF) and lethal factor (LF).

When this stack of proteins encounters another macrophage, it anchors itself to the nearest ATR receptor. This process is repeated until seven receptors gather in a ring, leaving a hollow pore in the center.

The ring of seven acts like a syringe, boring through the cell membrane into the fluid interior of the macrophage.

Once there, the edema factor interferes with the cell's communication system, preventing it from signaling for help to the immune system. The lethal factor chews up still other proteins essential for the cell's survival.

As hordes of macrophages perish, they issue floods of other toxins that cause the immune system to over-react, leading to acute infections and, frequently, death.

# Think you simply must have a gas mask? Think again

JOHN KEILMAN  
CHICAGO TRIBUNE

CHICAGO (KRT) — Should you be caught in a train car or shopping mall when a terrorist unleashes a biological or chemical weapon, a gas mask could indeed save your life.

But that's assuming you carry a high-quality mask everywhere you go and have it on before an attack that, in all likelihood, would come without warning. It's assuming you've been trained to use the mask correctly, that it fits perfectly and has the right filters to screen out the agent being used.

In short, experts say, a mask could work, but chances are it won't. The same goes for protective suits, air and water filters and other devices people are buying in an attempt to protect themselves from possible biochemical attacks.

Public safety officials don't recommend that anyone buy such gadgetry, but lots of people aren't listening. Chicago's Army Navy Surplus, like many stores around the country, has done a brisk business in water purification tablets, anti-chemical clothing and gas masks since Sept. 11, manager Robert Feinstein said.

"We tell (customers) we don't guarantee anything," Feinstein said. "None of us ever used a gas mask, never had any experience with them. The gas mask is only as good as the filter you have."

Filters are the key to gas masks, biohazard suits and air and water purifiers. They use physical barriers such as paper to capture particles as small as microbes or viruses, and absorbents such as carbon to trap chemicals.

The problem is that no single filter works perfectly for every agent. Gas mask manufacturer MSA, which equips police, fire and military agencies, makes a variety of filters for different scenarios.

Good gas masks cost \$150 and up, and generally aren't available to the public. They are useless if they don't fit correctly. Any gaps between the face and mask will allow contaminated air to get through. Professionals who work in the most dangerous environments go one step further and carry their own oxygen.

"I would be leery of going down to the surplus store and buying something and thinking I was protected," said John Skaryak of Scott Health and Safety, which makes masks for firefighters.

He said a mask alone won't suffice for agents such as nerve gas, which is absorbed through the skin. To be fully secure, one would also need a protective suit. Some are

made of carbon-lined fabric, and the most sophisticated are completely sealed, with battery-powered ventilation and breathing systems.

Of course, masks and biohazard suits work only when they're worn, and therein lies the trouble for the average person.

"With bioterrorism, you can go a few days before you know you're affected," said Dr. John Lumpkin, director of the Illinois Department of Public Health. "By the time you put the mask on it would be too late, unless you want to spend your whole life in a gas mask, which we don't recommend."

Air filters are a passive form of protection, but they're even more problematic. Though some are designed to screen out bacteria, they require a strong air current — much stronger than the average heating and air-conditioning system generates — to trap the microbes.

Jolanda Janczewski, an environmental safety consultant, said the best air filters are used in biological laboratories that work with infectious diseases. The labs are highly secure, with air locks and negative pressure systems to keep air from flowing out. And even then, scientists work in sealed biohazard suits.

Those conditions can't be replicated in a home or office, Janczewski said, where people open doors and windows and cracks allow air to seep inside.

"I can't imagine how you'd design a high-rise building to be equivalent to a biosafety (level) four facility," she said.

Sears Tower officials are looking at ways to protect the skyscraper from chemical and biological attack, but a spokesman said discussions concern securing the ventilation system, not installing new filters.

Water filters also are drawing some interest, though authorities say the complexities of contaminating drinking water make such an attack unlikely. Harmful agents would be diluted in large reservoirs, and municipal filtration and chlorination systems remove contaminants and kill the bugs that can hurt people.

If something were to get through, some consumer water filters can screen out microbes that live in stream water or lakes. However, filter companies don't claim that their products can remove everything.

Experts say people should prepare for a biochemical attack the same way they would prepare for any catastrophe: Keep a week's worth of bottled water and canned food on hand, get a battery-powered radio and flashlight and be sure to have sleeping bags and other necessities.

Anything more than that is probably a waste of money, they say.

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# N.C. State U. student discovers dinosaur embryo

DOMINIQUE DONATO  
THE TECHNICIAN  
(NORTH CAROLINA STATE U.)

RALEIGH, N.C. (U-WIRE) — James Lamb is one of only 11 students in the North Carolina State University geology department pursuing a concentration in paleontology, but already he is forging new territory for the program. Lamb has found an extremely well-preserved embryo in a dinosaur egg that was discovered back in 1970.

Originally, the first dinosaur embryo discovered in the United States was attributed to Jack Horner in 1979, said Dale Russell, a visiting professor in the college of physical and mathematical sciences and Lamb's advisor.

"What's new about this one is that it's the first dinosaur embryo from the eastern United States. A lot of the well-known, well-publicized embryos are from Montana and

Southern Alberta," said Lamb.

Three high school students in Selma, Ala., first discovered the dinosaur egg, which is thought to be 83 million years old. They were on a 30-mile bike ride near the rocky gullies where the egg was simply sitting on a rock pedestal, already exposed. One of the students decided to take it to a paleontologist at Auburn University.

"The eggs weren't taken seriously," said Lamb. "There wasn't a lot out in the literature at that time about dinosaur eggs."

However, the paleontologist did try to X-ray the egg to see if he could determine its contents. Unfortunately, the image turned out to be nothing but a black blob. And as a result, the egg sat in a drawer in a museum until Lamb requested it for his research.

Lamb wanted to study the microstructure of the eggshell, as this often reveals some clue as to the dinosaur's species. He used a fine-

tipped probe and found an area where he could see the egg's contents more clearly. Immediately upon placing the egg under the microscope, he found bone structures.

Intrigued, Lamb decided he wanted to have a CAT scan done on the egg.

Meanwhile, Lamb has been staying in contact with one of the students who had found the egg in 1970. Now an immunologist at the Children's Hospital in Birmingham, the student offered to let Lamb use the CAT scanner at the hospital if he was willing to make the trip.

Lamb and the egg made a trip back to Alabama where the mystery first began.

"There's about 50 bones visible; if you look at the CAT scan, there's a lot I haven't got to yet," said Lamb.

The implications of having the dinosaur embryo are far-reaching. Lamb explained that the embryo would, in essence, be the most complete dinosaur skeleton in the

United States.

"Dinosaur skulls come apart when they die," Lamb said. "Because this embryo was contained within that egg, decomposition very quickly used up the oxygen in that egg so that the bacteria very quickly died."

As a result, the egg is so well-preserved that Lamb and other scientists are able to easily analyze the organic contents of the egg.

"You can actually say something about the mother's diet from the egg itself," he said.

The location of the egg also says something interesting about dinosaur behavior, Lamb added.

"It had to be laid in a very near-shore area, otherwise it would have become saturated and gone to the bottom."

Nest formation has been used in paleontology before, but that has been the greater extent of egg research in the field. Lamb hopes that this discovery will point the

field of paleontology in a new direction.

"It's neat that we're finally getting to the point in paleontology that we're asking questions that require using these new techniques," he said. "I think that we're really, in the next 10 years, going to see more technology being used."

Russell shares Lamb's enthusiasm for the future of paleontology and NCSU's role in that future.

"It's [Lamb's research] that's going to show that we have dinosaur work going on here and that we have a credible program of dinosaurian research," he said.

Already, Russell said, "We have a small group of excellent graduate students who are enriching my latter years."

After Lamb finishes his research on the egg, it will be placed on display at the N.C. Museum of Natural Sciences before being returned to the Auburn University Natural History Learning Center.

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## Transgender teacher speaks at Cal State-Sacramento

ROSA RIVERA  
THE STATE HORNET  
(CALIFORNIA STATE U.-SACRAMENTO)

SACRAMENTO, Calif. (U-WIRE) — A former Sacramento-area teacher who made national headlines after undergoing a sex-change operation spoke to a group of California State at Sacramento students Thursday about the importance of following one's dreams.

Dana Rivers, who in 1999 lost her job as a teacher at Center High School in Antelope after informing the school board she would be receiving the operation, appeared before a group of approximately 150 students in the University Union.

She spoke about her confused childhood, the events which led to her losing her job and how her experiences have made her stronger.

"My story is: Live the life that you want and be who you are and live it to

the fullest," Rivers said. "If you do anything after you leave here today, don't let anyone be discriminated against."

Rivers, who was named David Warfield before becoming a woman, said she played house and other traditionally female games as a child, and was confused by other people's insistence that she act more like a boy.

Though she outwardly lived life as a man, eventually becoming a successful high school teacher, inside she felt like she was someone else. This led to her decision to become a woman in the summer of 1999.

The school board forced her to resign from her job because they didn't accept her as a transvestite, Rivers said. She claims board members thought she was a "freak" and didn't know how to deal with her.

Rivers' story received national attention, earning her appearances on a number of television programs, including The Oprah Winfrey Show

and 20/20 with Diane Sawyer. She was also listed in People Magazine as one of its Most Intriguing Individuals.

Rivers believes that without the support of her family, friends, students and people of the community she wouldn't be here today. "When I was 33 years old, I found an amazing woman named Jane. She helped me understand who I was and to accept who Dana was," Rivers said.

Rivers has moved on with her life and career. This year she was offered a job in the Bay Area as a history teacher, and there are also plans to make a movie about her life.

She said she doesn't miss anything about being a man, because she's now doing everything she wants to do. Her advice to students in the same situation she was in is to not live life being afraid.

Though she no longer teaches in the Sacramento area, she said she will always remember the area as the place where her life truly began.

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# Advice for vegetarians' battle with 'thrusters'

ALINE MCKENZIE  
THE DALLAS MORNING NEWS

DALLAS (KRT) — When I was in college, I worked in a laboratory with a vegetarian graduate student.

At lunch, as he was quietly enjoying his meal, a co-worker often would wave a hamburger inches from his face, saying, "Mmmmm, meat! Are you sure you don't want some?"

Reid would just say, "No, thank you," and go on eating.

After weeks of this, the co-worker finally exploded: "Why don't you ever get mad at me? I'm shoving meat in your face, and you never say a word! Why don't you say something?"

Reid smiled serenely and said, "Because it's slowly driving you crazy."

Turns out that wasn't just a case of isolated rudeness. Enough people react that way to vegetarians that author Carol J. Adams has given them a name: "Thrusters."

Then there are the "Caring Saboteurs," such as one vegetarian's father, who would hide meat in her food when she left the table. His motives were good — he wanted his daughter to be healthy — but his actions were rude.

And let's not talk about the folks who love to argue that Hitler was a vegetarian, or the Thanksgiving turkey battles: "But it's traditional!"

When people become vegetarians, they're sometimes surprised by the hostility and demands to justify themselves that they encounter.

So Adams, a Richardson, Texas, resident who has written several books on vegetarianism, has created a survival handbook, "Living Among Meat Eaters."

"You have to have a thick skin," she writes. "To most people, we are still freaks."

The book celebrates self-sufficiency and the satisfaction of living by example.

Vegetarians can do more good in the long run — and be more at peace by:

- Not expecting others to provide food for them
- Not being strident or self-righteous
- Deflecting anger with soft answers
- Eating delicious food in front of others to show that a life without meat can be abundant and tasty

The book will be published by Three Rivers Press in November — just in time for the turkey-heavy holiday season.

When she turned vegetarian in the mid-1970s, Adams says, she answered the many questions she faced, until she realized that many people really didn't want answers, they just wanted to argue.

"I answered every question, I was very nice. I took every opportunity to tell people why this was a great diet, I'd get angry because people didn't get it, and I encountered all this defensiveness," she says. "I never got to relax and enjoy my meal."

Finally, she decided that her mere presence as a vegetarian made some people uncomfortable because it forced them to confront their own denial about meat-eating.

"They're upset because a part of them knows you're right," she says. "If it's trivial, they wouldn't get this angry."

The answer was not to respond to the anger but to be prepared with ways to divert the conversation.

And, she finds, the people who are most hostile to vegetarians sometimes become committed vegetarians themselves, when they're left alone to work out their thoughts.

Her book outlines all sorts of hostility vegetarians can meet and suggests soft answers such as, "I don't like to discuss it while I'm eating. If you give me your address, I can send you some information."

# Obstacles remain for Wash. State U. rape victim

JENNIFER JACKSON  
DAILY EVERGREEN (WASHINGTON STATE U.)

PULLMAN, Wash. (U-WIRE) — She thought it couldn't happen to her.

She was wrong.

And now her life continues to change.

In the month since a 20-year-old Washington State University student was grabbed and sexually assaulted by a stranger on her way to a friend's house, her attacker hasn't been found. She was asked to disenroll. And that's the beginning.

On Sept. 23, the victim, who prefers to remain unnamed, was walking from the Pita Pit to a friend's house in the Maple and Ash street area around 3 a.m. Although it was dark out, she had no qualms about walking alone.

"I have always told myself that this is Pullman," she said. "Nothing bad could happen to me here. I was wrong."

She never saw him coming.

As she passed by Sacred Heart church, a man, described as an African-American male in his late 20s, grabbed her and struck her with the water bottle she had been carrying. He then dragged her into a nearby bush.

"I lost my shoes as he dragged me," she said. "My feet were getting all scratched up. I wanted to fight. I wanted to scream, or bite him or kick him, but he told me he would kill me if I screamed."

After shoving her to the ground, the attacker struck two fingers down her throat to prevent her from screaming, and then forced her to give him oral sex, and raped her multiple times.

She thought it was the end.

Scared she was going to die at the hands of a stranger, she attempted to scream, and a group of men, one of whom had seen her dragged into the bushes and went to get his friends to help, approached the scene. The

men's arrival scared off the attacker, who ran off before they could get to him.

"I thought I was going to die," she said. "And when I saw those guys coming toward me, I saw life again. It was overwhelming."

Her physical scars have healed, but her emotional ordeal is far from done.

A few weeks after the attack, she received a letter from Student Affairs encouraging her to seek counseling and if she continued to have excessive absences, the best option would be to disenroll from her classes.

The letter, signed by Charlene Jaeger, vice president of student affairs, mentions associate dean of students Elaine Voss as the person who encouraged her to seek help after the attack.

"(In an event like this), we try to help the student," Voss said. "That is our main focus. We want to provide as much assistance as we can to the student to find out what kind of help we need."

The victim, who said going back to her classes after the attack was difficult, is unwilling to disenroll from the university.


"That night, my luck ran out," she said. "I lost a lot because of (my attacker), and now, I am not going to lose my education too."

After the sketch of the attacker was released, several tips were called in to the Pullman Police Department, but the attacker has yet to be caught.

"We're always encouraged when people come forward with information to help us solve a crime," said Glenn Johnson, public information officer for the Pullman Police Department in the Sept. 28 issue of the Daily Evergreen.

"In this case, we have had a few tips from people who have come down to the station or called, and we appreciate that," said Johnson.

The most recent tip was filed on Oct. 12, and the police and the victim remains hopeful that the suspect will be found.



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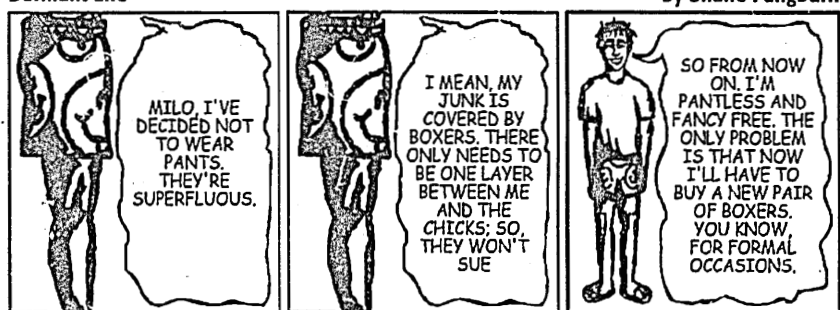
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**JUMBLE** THAT SCRAMBLED WORD GAME by David Arnold and Seth Axtell

Unscramble these four Jumbles. One letter is extra. Write the extra letter in the space provided.

**DRIOF** \_\_\_\_\_

**YASES** \_\_\_\_\_

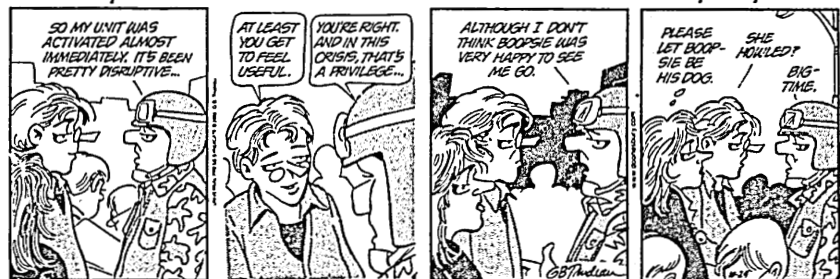
**FITANN** \_\_\_\_\_

**FALLOR** \_\_\_\_\_

Answers: **DRIOF** = FIDIO (Fiddle) **YASES** = SEASY (Seas) **FITANN** = ANTIFIT (Antifit) **FALLOR** = ORFALL (Orfall)

Yesterday's Jumble: DELVE ONION VERIFY WOBBLE Answer: The lion when he roared a perfect game — BOWLED OVER

Doonesbury



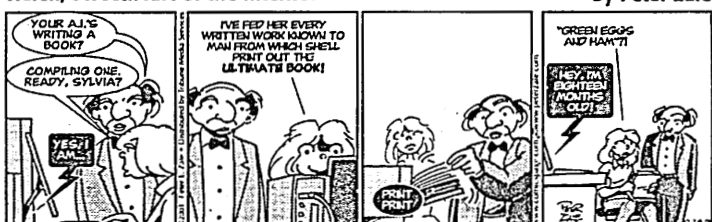
Mixed Media

by Jack Ohman



Helen, Sweetheart of the Internet

by Peter Zale



Jeff MacNelly's Shoe

by Chris Cassatt and Gary Brookins



Daily Crossword

**ACROSS**

1. Suture  
4. Serious play  
9. Brilliance  
14. King of France  
15. Flood overhanging  
16. Jerry Maguire's director Cameron  
17. Important time  
18. Wandering bird  
19. Rubber base  
20. Farm measures  
22. Mistletoe  
24. Ownership  
25. Friends  
26. Seems  
30. Elements of a class  
33. Catara  
34. Windy  
37. Drawing  
38. Kinky love  
40. Play part  
42. A Death in the Family author  
43. Lead-in  
46. Amen  
49. Quarterback  
50. Singer Courtney

**DOWN**

2. Immense number  
3. Convert into changed periods  
6. Cry of aggression  
8. Really mean  
10. Seasonal song  
11. Tacitly  
12. Cheese  
13. Silent or clapper  
14. Citrus cooler  
15. "of God"  
16. Religious factions  
17. Tie the knot  
18. Quarters  
19. Veranda  
20. Small town  
21. "of" character  
22. Snitch  
23. Rara  
24. "of the stars"  
25. Fall into obscurity  
26. Prisoner's last  
27. Decry  
28. Wordworth  
29. John Rabe's dad  
30. Pencil  
31. Menaced  
32. Holy woman  
33. Buddy  
34. Flower and leaflets between  
35. Mighty mount  
36. A Gershwin  
37. Periodical  
38. Intense campaign  
39. Veranda  
40. Up to the time of  
41. Fern's friend  
42. "of" character  
43. Bathroom bro  
44. Aron  
45. Disposed  
46. Increases from four to 12  
47. Snipe  
48. Feudal lord  
49. Yellow-headed  
50. Get around  
51. Had head to  
52. Westerner writer  
53. Stolz of "Mask"  
54. Figs. expert  
55. Obvious pupae  
56. Cereal server  
57. Frequently in a poem

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## COACHES

CONTINUED FROM PAGE 20

gameplan, which has to be squeezed around programming SIU's daily practices as well as incessant concerns such as recruiting and dealing with academic and off-the-field problems.

Coaches typically begin staggering into the office at about 6 or 7 in the morning, and the staff meets together at 8 a.m. After the meeting, it's more filmwork and individual meetings with players.

Sulski assistant Jay Sawvel, who coaches the cornerbacks and special teams, said coaches must exhibit ample discipline to avoid allowing the monotony of the job to lessen their productivity.

"A lot of it is just diligence," Sawvel said. "How much do you want to watch something over and over and over again to find a weakness or how they're going to run a certain route."

After the team practices on Tuesday, the staff reunites in the evening. It's time for more film.

"When we get done with practice Tuesday night, everybody just grabs some Doritos or a sandwich or whatever we have in the icebox and we watch all of practice on video and grade it just like we do on a game," Kill said.

The process is similar on Wednesday, but by late in the week, the breakneck pace finally slows. Practices are less grueling on Thursdays and Fridays, as the focus shifts toward the players becoming mentally prepared. On Friday, video quizzes are given to players.

"Each coach will have a question of what their personal assignment is," Kill said. "You can tell who's doing a good job coaching and who's not, because if they're doing a good job the kids sound just like the coaches do."

Thursday nights and Friday mornings are time for coaches to catch up on errands and other neglected aspects of their lives before the staff attends to loose ends on Friday afternoons.

By this time, the gameplan is just about sealed, complete with the scripting done of plays for the early portion of the game.

"I always say the huy's in the barn by Thursday," Kill said. "We can do anything else."

The real cruelty behind all the exertion is that ultimately, the quality of the players almost always decides the outcome of games. The SIU coaching staff worked on its gameplan for Saturday's Eastern Illinois game just as vigorously as it did for the other games, yet the Salukis were clearly outclassed in their 49-21 defeat.

"Most of the time, to be honest, it really does come down to the players," Kill said. "The team that has the best ponies most of the time are going to win the horse race."

Still, the coaches don't believe that the 15-hour days they routinely endure are futile.

"Where coaching is important is understanding your personnel and putting them in the best position to be successful," Limegrover said. "That's why teams don't just run the same offenses and defenses

and see who recruited better."

And even when a team is physically over-matched — as has been the case with SIU several times this season — Sawvel said good coaching can make the difference.

"There's always a way," Sawvel said. "I don't really sit here and say that anyone's at any deficit in terms of being bigger or faster. To me, you can still get things done very effectively if you're going to be in the right spot, you know what you're doing and you go hard at it. That's what coaching's all about."

When Saturday finally rolls around, the closed door meetings and hours of pausing and rewinding film are replaced with gameday responsibilities. Even though opponents will invariably throw an unexpected wrinkle or two at SIU, the preparation done by the coaches includes contingency plans.

"If we're expecting to see an eight-man front on Saturday but all the sudden they jump in a 4-3, we've got our 4-3 plan incorporated in our gameplan," Kill said. "Shoot, there's going to be times when you're going to get caught off-guard, but usually through years of coaching, you can react to that."

Of course, even the best-laid plans of the staff are meaningless if the message doesn't filter down to the players. SIU wide receiver Mark Shasteen said the players are always cognizant of aspects of the gameplan, even during the occasionally frantic pace of games.

"You have to almost know what [opponents] are going to do before they do it to be able to stay ahead of them," Shasteen said. "You definitely think about what the coaches are saying and the keys you read on film and things like that."

Kill cites a 19-14 loss at Northern Iowa earlier this season as an example of a gameplan that he feels proud of.

"Northern Iowa, this year, I thought we had a great gameplan," Kill said. "I'm not sure there was anything else we could have done."

But there have been occasions in his 18-year career when Kill has looked back on games with remorse, wondering whether spreading out the opposing defense at a critical juncture could have turned a loss into a victory. And then there are instances like Saturday's defeat to Eastern, in which all of the coaches' toiling went up in smoke.

"For whatever reason, our kids didn't carry out the plan," Kill said. "So now we have to figure out why the plan wasn't carried out, and that's hard to do."

Whether or not a gameplan accomplishes its purpose, once the stadium empties out and the final score is in the books, it's time for the coaches to start over.

It's not a lifestyle for everyone, but for Kill and his staff, the weekly cycle of sleep-deprived nights sandwiched around hours of intense strategizing is all about meeting their expectation of being among the best teachers in the nation.

"It's just like teaching school," Kill said. "You're preparing them for a test on Saturday."

Reporter Jay Schwab can be reached at jrs80siu@aol.com

## KICK-OFF

CONTINUED FROM PAGE 19

!@%&," Stazewski said.

Stazewski notes the sizable Bears following at Sidetracks and the smaller crowds as being essential for his viewing environment.

"I've been coming here since I was a freshman," Stazewski said. "A lot of Bears fans come here. The Rams fans suck."

While no St. Louis Rams fans could be found in the left, downstairs at Sidetracks is where the majority of football fans frolic.

Erica Pepper, a junior in marketing business economy, believes the best spot to watch football is downstairs at Sidetracks, home to two nice size TVs and a larger speaker that provides excellent sound. The pit area is the most popular spot to watch football at Sidetracks, and it fills up quickly.

"I like it when most of our friends come here," Pepper said. "As long as you're sitting down here, it's good."

Mike Watkins, a sophomore in history, also sits in the pit area and believes Sidetracks offers the best atmosphere to watch football.

"It's usually too packed at Muggy's," Watkins said. "Not too many people know about Sidetracks."

Sidetracks also offers half-price appetizers for Sunday and various drink specials to go with its four TVs.

If crowded bars or bars that are on the small side do not satisfy your atmosphere preferences, then maybe The Cellar has the answer.

The Cellar  
121 S. Illinois Ave.

Gavin Wettendorf, a senior in radio and television from Des Plaines, is bitter that the Rams are celebrated in the Southern Illinois area, so he escapes to The Cellar to watch

football.

"There are a lot of St. Louis things going on down here and it's not right," Wettendorf said. "Muggy's is too crowded, and The Cellar reminds me of a Chicago bar."

Jim Hill, a graduate student in radio and TV, also believes The Cellar is the football haven for Bears fans.

"The whole place erupts with the Bears," Hill said. "I don't really like Muggy's. I don't really like the Rams fans."

The Cellar offers 11 TVs for football, as the TV's form a square around the bar as the majority of people sit in the middle.

"All you have to do is swivel your head to watch any game," Hill said.

One other possible benefit of The Cellar for football is the crowd appears to be older than Muggy's or Sidetracks.

John Redmond, a junior in music business, finds his way to The Cellar each Sunday because of its distinct atmosphere.

"The atmosphere is calm," Redmond said. "You don't have to worry about the younger crowd bothering you."

Angela Holmes, a Bloomington native, spends some Sundays viewing football at Sidetracks but loves the laid-back viewing and fun-spirited cheering at The Cellar.

"It's a pretty friendly crowd here, a little rowdy sometimes, but I guess that's what makes it fun," Holmes said.

## The final gun

No matter whether you like small crowds or larger crowds, a variety of games or just a few specific games with better sound, Carbondale bars offer football, new friends, food and drinks — the ultimate ingredients for a perfect sports-watching day.

Reporter Clint Hazen can be reached at lbill@webtv.net

## TENNIS

CONTINUED FROM PAGE 20

Felipe Montenegro and Matthew McClure of Drake.

It was only the second time that the two had played together. Bong said they played well, but there are a few things they need to improve upon.

Booth echoed his teammate's sentiments, saying, "We're still getting used to each other's games."

SIU head coach Missy Jeffrey was pleased with her

team's overall performance at the tournament.

"They all had some opportunities to win some more matches and go further," Jeffrey said. "It's good for them to play against that level of competition."

With strong performances all year and the team gaining a fair amount of experience this fall, the squad is hopeful to contend for the conference title in the spring.

Jeffrey is also looking to bring in another player during the winter. She said she wants to bring in a No. 1 player to

help bolster the team and solidify its status as a contender.

Jeffrey said she is not sure right now just how well her team stacks up.

"We won't really know until everybody signs all their recruits and set their spring rosters," Jeffrey said.

The team's first competition of the spring season is Jan. 25-27 at the MVC Individual Championships in Des Moines, Iowa.

Reporter Todd Merchau can be reached at merchau@siu.edu

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# INSIDE THE DAWG HOUSE

OCTOBER 24, 2001

SOUTHERN ILLINOIS UNIVERSITY

PAGE 19

Jim Hill (left), a graduate student from Lisle, Brandon Walsh (center), a graduate student in marketing from Harrisburg and Patrick Mehafeey (far right), a student at John A. Logan in English from Carma watch the Bears game on Sunday at the Cellar in Carbondale. "I'm enjoying myself, this is church [for me]. Every Sunday, I get up and go here," Hill said.

RONDA YEAGER  
DAILY EGYPTIAN



## KICK-OFF TIME!

Carbondale has many popular spots to watch sports on 'the tube'

CLINT HARTING  
DAILY EGYPTIAN

Fans hungering for some football are unlikely to come away from Carbondale bars disappointed.

A favorite team, group of friends and a tasty beverage are all that is needed to make the perfect football watching atmosphere.

Carbondale offers several places to partake in the Sunday ritual of consuming football, whatever that may be to each person. So grab your favorite NFL player's jersey and your playbook as the football experience in Carbondale is explored.



Mugsy McGuire's,  
1620 W. Main St.

It is Sunday, Oct. 14 and the Chicago Bears are beating the Arizona Cardinals. A rumbling can be heard right outside of Mugsy McGuire's as Bears quarterback Jim Miller completes a short pass.

Walking into Mugsy McGuire's on a Sunday afternoon during football season is much like standing inside a bear exhibit at the zoo covered in honey. Bar patrons donned in Bears jerseys surround you. If you don't remember the words to the Super Bowl shuffle, you better be a good lip syncer.

Mugsy's provides two big screen TVs at opposite ends with one of them surely showing "Da Bears." Mugsy's also utilizes 10 other TVs to showcase every game. The 25-cent appetizers on Sunday make for an



RONDA YEAGER - DAILY EGYPTIAN

Jeff Thomlinson (front left), a sophomore in finance from Western Springs and Mike Watkins (front right), a sophomore in history from Arlington Heights cheer for the Bears on Sunday afternoon at Sidetracks in Carbondale.

appealing addition.

Looking around, you will find Bears fans of a wide variety, from the novice fan wearing a faded Jim Harbaugh imitation jersey to the seasoned pro sporting a crisp new Brian Urlacher game day uniform top.

You can spot the veteran Bear fans right away, like Jeff Babington, an undeclared junior from Crystal Lake. Babington wears a stoic look on his face at all times, either because he knows the Bears so well or because he is partaking in what he and a group of his friends call "Professional Day."

"Only certain people, professionals, can make it to work or school Monday after coming here," Babington said. Babington has made quite the tradition of coming to Mugsy's to watch football.

"You have the quantity of football, the atmosphere and the space," Babington said. "And the beer specials always help."

While the Bears fans blitz to Mugsy's, an occasional Green Bay Packers or Detroit Lions fan may

slip in.

One must be pretty bold to walk into a cave filled with Bears, but at Mugsy's some of the Bears' biggest rivals — the Packers, Lions and Minnesota Vikings — all have fan representatives on any given Sunday.

Jessica O'Connor, a junior in history and a closet Lions fan, sits among the Bears bunch. O'Connor doesn't mind any tension because she loves the football atmosphere at Mugsy's.

"It's not smoky and there is good food," O'Connor said. "The overall atmosphere is a 10."

O'Connor sits close to Alicia Morris, a junior in accounting and a proud Vikings fan. Although Morris would prefer to see Vikings receiver Randy Moss blow by a Bears defender, she sits rather content watching the Bears drive on the Cardinals.

Die-hard Bears fan Leo Casey, a junior in marketing and a staple at Mugsy's on Sunday, isn't keen on the notion that Packers, Lions and Vikings fans mix together to watch football.

But nevertheless, Casey relishes the opportunity Mugsy's provides with its 12 TVs to showcase all NFL games.

"I get to watch the Packers lose over there," said Casey as he points to a TV. "And I get to watch the Bears over here on this TV."

Mugsy's has plenty of room and often draws nice size crowds, but if you are looking for a more intimate atmosphere, you may want to try Sidetracks.

Sidetracks  
101 W. College St.

At Sidetracks, some patrons refer to a high-rise section as the loft. The view for a football game is not the best, but nevertheless hard-core Bears fans staked claim to the area on Oct. 21.

Adam Stazewski, a junior in history, is a seasoned fan of Sidetracks for football and for the food.

"I'm a fat kid, and I like to eat the burgers here and the wings are hot as

Bears' fans watch the game this past Sunday at Mugsy McGuire's with a mix of fear, anticipation and celebration. Across the room, a smaller group of Packers' fans watches their game as well.

ALEX HAGLUND - DAILY EGYPTIAN



# WEDNESDAY SALUKI SPORTS

PAGE 20

SOUTHERN ILLINOIS UNIVERSITY

OCTOBER 24, 2001



Matt Limegrover (left), Saluki football offensive coordinator and line coach, goes over plays on a dry-erase board late Monday night in the Saluki Football office in Lingle Hall. SIU head coach Jerry Kill (far right) offers some feedback.

RONDA YEAGER - DAILY EGYPTIAN

## Plan of ATTACK

### Coaches put in early mornings, late nights to give Salukis their best shot

JAY SCHWAB  
DAILY EGYPTIAN

Time for sleep is fleeting and those trips to the grocery store or post office are rare diversions from a task that's always there.

In the meantime, the SIU football coaching staff is scrutinizing, philosophizing and agonizing — whatever it takes to meet the challenge, which is to somehow outfox whatever coaching staff across the country is gearing up to beat them.

For the Saluki coaches, the weekly process of assembling a gameplan to defeat the opponent has only resulted in one win in six games. But anyone who thinks SIU's struggles diminish the energy or devotion the coaching staff brings to work every day doesn't understand a coach's mindset.

"You can't put in the hours that we do and get paid what we do and not love the whole process," said SIU offensive coordinator Matt Limegrover.

It's a process that begins the Saturday night after a game, when the coaching staff often congregates informally. But the work on next week's

game begins in earnest on Sundays.

First year SIU head coach Jerry Kill doesn't require his assistants to arrive at the football office until 1 p.m. in case they want to attend church. Then it's time to roll up the sleeves.

The coaches spend the next five hours analyzing film of the Saluki game from the day before, grading the players from their various positions before meeting as a staff at 6 p.m. to discuss what they've learned. After that meeting, coaches begin breaking down game film of SIU's upcoming opponent deep into the night.

Usually, the bewitching hour is when Kill draws the line.

"I've always said any decision past midnight's not a good damn decision because your body as a coach is fatigued and tired," Kill said. "So we're very careful about those 10:30, 11 o'clock decisions."

Monday morning, the staff convenes again to discuss each player's performance individually and update one another on issues like injuries and what needs to be emphasized in the upcoming week of practice.

The coaching staff watches film with the players Monday afternoons, and Kill often arranges about a dozen poignant clips he wants to use as lessons.

"A picture's worth a thousand words to the kids," Kill said. "Sometimes a piece of paper they'll throw away, so the visual part of it is real important."

Kill also runs up the phone bill Sundays and Mondays, dialing colleagues from other programs who may have some insight into SIU's opponent.

Monday night, it's time to begin finalizing the scouting report, which is about 10-15 pages thick for both the opposing offense and defense. It includes information on tendencies of the opposing team in specific game situations, who their strongest players are at various positions and a wealth of other data. The report is finalized by Tuesday morning.

Then, it's time to resume preparation of a

## SIU men's tennis returns from regionals

### Team Finishes fall season with decent performance

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The SIU men's tennis team went into the ITA Mid-American Regionals ready to take Wichita, Kan., by storm, but they were only able to provide a few hours of drizzle as they failed to advance to the national tournament.

SIU entrants Peter Bong, Richard Booth and Julian Angel Botero, all freshmen, each won at least one match at the tournament, which was the team's last of the fall season.

Bong, the only Saluki who didn't have to go through a qualifier round, lost his first match to Wichita State's Mark Sewell 6-1, 6-3. He came back in the consolation round and won two matches before finally being eliminated.

Bong defeated Pavel Hanek of Southwest Missouri State, 8-5 and Brian Knepper of Colorado, 9-7 before being knocked out of the tournament by Tulsa's Shri Sudhakar, 8-3.

Bong said the competition was tough, noting the amount of nationally ranked teams and individuals.

"I didn't play as well as I could've," Bong said. "I think I did OK, since it was my first time there."

Booth and Botero, both of whom had to work their way through the qualifiers, were unable to advance to the main draw.

Booth won his opening match over Marjan Panzic of Bradley 6-1, 6-4. He then lost his next match 6-3, 6-3 to Tulsa's Sean Monk, ending his run in the tournament.

Booth said he thought he played well and could have won his last match.

"[Monk] was a senior and had a lot more experience, but I still thought I could have won," Booth said. "I'm still improving."

Botero lost his qualifying match 6-1, 6-2 to Tobias Kronlid of the nationally ranked University of Oklahoma.

In the consolation rounds, Botero had to face two players from the highly regarded University of Colorado. Botero was losing in his first consolation match 5-1, but stormed back and eventually pulled it out, winning 8-5.

"The first match I was really tired and didn't play very well," Botero said. "But the second match I played really well."

The tables were turned in his next match. Botero started out strong, jumping out to an early 7-3 lead, but ended up losing 10-8 and being eliminated from the tournament.

"I don't know what happened," Botero said. "I could have won, but I lost my concentration or something."

Bong and Booth also teamed up for the doubles competition, but lost their only match 8-5 to

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