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Daily Egyptian Staff

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Daily Egyptian

Southern Illinois University

Thursday, March 29, 1984, Vol. 69, No 125

Alcohol guidelines implemented

By Anne Flasz
Staff Writer

Recently drawn-up guidelines for the marketing of alcohol on campus have been implemented — despite a lack of support from the Faculty Senate and objections from one psychology faculty member.

The 12-point resolution originally mapped-out by four higher education organizations outlines what beer and liquor companies should and should not do when promoting their products on college campuses.

But Jack McKillip, associate

professor of psychology, says the guidelines are nothing more than an empty action.

"The guidelines don't say anything," McKillip said Tuesday. "Alcohol interferes with academic performance, and I don't think the University has any place getting involved with the marketing of alcohol."

Bruce Swinburne, vice president for student affairs, calls the question "an interesting dilemma."

"Alcohol is something common in society," Swinburne said. "I don't accept the argument that if you don't

accept advertising, alcohol problems will disappear. To refuse all advertising and sponsorship of events would amount to a certain kind of censorship."

Among other things, the guidelines state:

— Alcohol marketing programs targeted at students should conform to the student conduct code.

— Alcohol should not be provided as free awards to students or campus groups.

— Promotion of alcohol should not encourage alcohol abuse or place emphasis on quantity and

frequency of use.

Although the Faculty Senate did not take formal action on the guidelines, Senate President Herbert Donow said

See GUIDELINES, Page 3



Gus
Bode

Gus says money talks, and brewers' money talks sweetly.

Students not filing draft forms, Camille says

By Jay Small
Staff Writer

Draft registration compliance for financial aid — already a federal law — became law in Illinois in January, but about 900 SIU-C students affected by the charge have not turned in compliance statements to the University, an official said Wednesday.

Joe Camille, director of student work and financial assistance, said that of 2,400 compliance forms sent to SIU-C students, about 1,500 have been returned. Financial aid from the state could be withheld from students who fail to sign the forms.

"If a person doesn't sign for spring semester, we're not authorized to allow the person

to receive any aid from the state," Camille said.

The forms were sent early in March to students receiving state or institutional aid who have not already signed a registration-compliance statement for federal aid. The federal government last July began requiring students to sign compliance statements before receiving federal financial aid.

Camille said.

The state law parallels the federal system, he said, so students who have signed a compliance form for federal aid programs need not sign again this year.

On the compliance form, students must indicate that they are either registered with Selective Service or are not required to do so.



Some got 'em, some don't

Staff Photo by Stephen Kennedy

Students without umbrellas won't need them Thursday as forecasts call for partly sunny skies and highs in the lower 50s. Skies should

remain fair Thursday night with the low in the upper 20s. Friday should be mostly sunny with the high about 50.

Professor says Midwest should bear acid rain cost

By Phillip Fiorini
Staff Writer

Saying that Midwestern utility companies may be better off buying western coal than adding scrubbers, to reduce sulfur dioxide emissions, an SIU-C economics professor claimed Wednesday that the entire country should not be forced to subsidize "an inefficient method of producing electricity."

Professor John Myers denounced proposed federal legislation which would force Midwestern coal-burning plants to install scrubbers to help reduce the acid rain problem. He said that utility companies

No answers for acid rain problems Page 5.

should be given the option to reduce sulfur emissions in the least costly manner they find possible.

"If any acid rain legislation is made into law, it should be designed to achieve its objectives at a minimum cost to the nation," Myers told about 150 people, many representing area coal mines, at a day-long conference, "Acid Rain Control: The Cost of Compliance,"

in the Student Center auditorium.

"It should be designed to achieve goals at a minimum cost to the nation."

High-sulfur coal mines east of the Mississippi River have been targeted by the Waxman-Sikorski Bill, HR 3400, which would force the 50 plants with the highest amount of sulfur emissions to install scrubbers to help reduce the acid rain problem. The bill is designed to achieve a 6.5 million ton reduction yearly by 1990, and a reduction of 10 million tons by 1993.

Myers said two-thirds of the state's population doesn't use coal-supplied electricity and

shouldn't have to share the burden for solving the acid rain problem.

"Many plants will find fuel switching attractive," said Myers. "However, the cost of transporting low sulfur coal to some locations makes that choice less attractive."

But United Mine Worker lobbyist Gerald Hawkins wasn't enlightened by Myers' argument, since coal mines may not be the sole cause of acid rain.

"An examination of the job losses inherent in fuel switching clearly shows this solution to be an economic disaster," responded Hawkins. "The already grave situation in coal

Senator: aid to Salvador to be OK'd

WASHINGTON (AP) — A Democratic leader Wednesday predicted Senate approval of a compromise \$61.7 million military aid package for El Salvador, but Secretary of State George F. Shultz said he would resist any move to cut off the aid if the government now being chosen is overthrown in a military coup.

"I think it is not necessary and is inappropriate to seem to be predicting that possibility," Shultz said. "The military in El Salvador has gone to great lengths to depoliticize itself. I don't see any evidence of anything to the contrary."

Shultz made his remarks to the Senate Appropriations subcommittee that oversees the State Department budget.

Sen. Dale Bumpers, D-Ark., said he had heard speculation about a possible coup if centrist presidential candidate Jose Napoleon Duarte, who led in Sunday's first round of voting in El Salvador, is elected in a runoff expected to be held in May.

He asked Shultz if he would support an amendment to cut off aid in that event. "No, sir," Shultz said.

The Senate is expected to vote this week on a bill that would provide \$61.7 million in emergency military aid to El Salvador in the current fiscal year. The Appropriations Committee approved \$93 million in aid by a close vote earlier this month, but the Reagan administration compromised on the lower figure after Senate Democrats threatened to delay action.

Congress has already approved \$64.8 million in military aid for the Central American nation in this fiscal year, but ordered that \$20 million of it could not be spent until there is a trial and verdict in the case of four American churchwomen murdered in El Salvador in December, 1980.

Sen. Daniel K. Inouye, D-Hawaii, the sponsor of the compromise measure, told reporters, "It's going to pass." Inouye is chairman of a Democratic task force on Central America and senior Democrat on the appropriations subcommittee that handles foreign spending.

Inouye said Sen. Edward M. Kennedy, D-Mass., indicated in a meeting of the task force that he plans to offer an amendment to provide only enough money to last through May, with/holding further installations until after the runoff.

mining communities could be exacerbated by acid rain control legislation."

Hawkins, who also said the legislation could have adverse effects on the Southern Illinois coal industry, said more data should be provided before any legislation is enacted at the expense of about 12,000 jobs in Illinois.

"The United Mine Workers sincerely believe that the issue of acid rain must be met head on," said the Du Quoin native, "but it must be done on the basis of solid scientific evidence."

But Myers said his "cost-

See RAIN, Page 5

CAC to review housing code

By Paula J. Finlay
Staff Writer

A review of the city's 19-year-old housing code will begin next month.

At the urging of the City Council and staff, the Citizens Advisory Committee voted Wednesday to review the code. A five-member subcommittee will begin the review in mid-April with the help of Donald Monty, community development director; John Yow, code enforcement director; and Morris McDaniel, assistant code enforcement director.

Minor adjustments in the code have been made over the years, but a thorough top-to-

bottom review hasn't been done since 1973, Monty said.

"I do think the code needs to be looked at real strongly," Yow said.

The code's definition of cellars and basements is obsolete and would prohibit people from living underground to save energy, he said.

"Back when this housing code was written, I don't think anyone knew what energy conversation was," he said.

Plumbing, building and electrical codes, which are separate from the housing code, are established national codes and are not in need of review, Monty said.

In an Undergraduate Student

Organization consumer awareness program, presented to the CAC by Andy Leighton and Jack Cranley, students were urged to contact the city's code enforcement department about code violations.

The slide-show illustrated various types of housing in various conditions in Carbondale, and gave tips for students hunting for a place to live.

Monty warned that some mobile home parks where many students live are outside the city limits, and therefore out of code enforcement's jurisdiction.

News Roundup

30 killed by shelling in Beirut

BEIRUT (AP) — Hundreds of artillery shells and rockets crashed into Christian and Moslem residential areas of Beirut on Wednesday, killing more than 30 people and wounding more than 100.

The violence was the worst since a cease-fire was declared March 13 by participants at a Lebanese reconciliation conference in Lausanne, Switzerland. The two-hour bombardment came amid reports that President Amin Gemayel planned to convene a political-security committee of representatives of the various warring factions at his palace in suburban Baabda Wednesday evening.

Polish students ordered to obey ban

MIETNE, Poland (AP) — Communist authorities have ordered defiant teen-agers to obey a ban on crucifixes in classrooms or quit school, an official confirmed Wednesday. Many students said they'd leave.

Ryszard Domanski, administrator of the agricultural high school where the "war of the crosses" began, confirmed that the school's 500-plus students would be barred from class unless they or their parents signed a declaration agreeing to abide by school regulations.

Lawyer given 3-year prison term

CLINTON, Tenn. (AP) — A mentally disturbed female lawyer who helped a prisoner escape was sentenced to the maximum three years in prison Wednesday, after refusing to repent from the witness stand or testify about their 4½ months on the run together.

Mary Evans, 27, who had originally pleaded guilty to an escape charge in return for probation, showed no emotion as she was sentenced by Criminal Court Judge James B. Scott.

State to release Bracy funds

By Anne Flasz
Staff Writer

The University will soon be one step closer to purchasing the Bracy Building in Marion for use as a library storage facility, the director of the state Bureau of the Budget said Monday.

The \$1.6 million appropriated for the project by Gov. James Thompson two years ago will probably be released within two weeks, Robert Mandeville said.

The bureau will make a recommendation to the governor within two weeks, he said. Thompson has final authority over the release of the funds, but Mandeville said he did not foresee any problems arising in the matter.

The funds must be released before the Capital Development Board can negotiate with the

building's owner, according to Les Pauley, a CDB spokesman.

Pauley said the CDB is conducting "preliminary research" including fact-finding and discussions on the purchase. Pauley did not have further details on what the discussions might entail.

The University has been in control of the building since late August 1982, said Harry Melvin, son of the owner Virginia Cline. Melvin said he will represent Cline in all negotiations on the building's purchase.

As of last Thursday, Melvin said he had not yet heard from either the CDB or the University.

Melvin said he felt that he and Cline have been made "the bad guys" by the press and said he "suggests strongly that the truth should come out some time." He declined to elaborate.

Melvin said the University has been maintaining the building and paying the electricity and water bills since August 1982, when he and Cline entered into an agreement with the University. SIU had previously leased Bracy for a year at a cost of \$120,000. Money spent for the leasing does not apply to the purchase.

Clarence Dougherty, vice president for campus services, said the amount spent on utility bills averages about \$4,500 per year.

Vice Chancellor James Brown said the University can do nothing other than wait to hear from the CDB. Responding to whether the project was taking an inordinate amount of time to get off the ground, Brown said that it did seem lengthy.

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THE COUNTDOWN HAS BEGUN...

There are just a few more days left in the month of March.

Your ACT/Family Financial Statement (ACT/FFS) should be post-marked BEFORE April 1, 1984, to be given priority consideration for certain financial aid programs.

In order to use the 1984-85 ACT/FFS form, you MUST include SIU' school code #1144 and the ACT processing fee.

THE 1984-85 ACT/FFS WILL ALLOW YOU TO APPLY FOR:

- PELL GRANT
- ILLINOIS STATE SCHOLARSHIP COMMISSION MONETARY AWARD
- CAMPUS-BASED AID
- SUPPLEMENTAL EDUCATIONAL OPPORTUNITY GRANT
- NATIONAL DIRECT STUDENT LOAN
- STUDENT TO STUDENT GRANT
- STUDENT WORK

It's true...reading the instructions will take an extra 15 minutes, but having to make corrections will take an extra 6 weeks and will delay the processing of your financial aid. COMPLETE THE FORM CORRECTLY THE FIRST TIME.

The 1984-85 ACT/Family Financial Statement (ACT/FFS) forms are now available at the Office of Student Work and Financial Assistance. (Woody Hall, B Wing, Third Floor)

Paid for by the Office of Student Work and Financial Assistance

Apartment owners say manager left with deposits

By Bruce Kirkham
Staff Writer

A class action suit will be filed to recover more than \$15,000 in security deposits from a former owner of an apartment complex who has allegedly left the state with the money.

The deposits were made by residents of Garden Park Acres Apartments.

Carbondale attorney Phil Gilbert, who represents the current owners of the apart-

ment complex, said Wednesday that the suit will be filed within the next two weeks to recover the money from Robert Dare, who was a partner in a limited partnership that defaulted on a contract to purchase the apartment complex.

Dare, who is currently living in Colorado, will have 30 days to respond to the suit, Gilbert said.

The limited partnership headed by Dare contracted to purchase the apartment complex about four years ago, but defaulted on the contract

about six months ago.

Garden Park Acres Apartments, located on East Park Street, caters primarily to SIUC students. Gilbert said that residents who moved into the apartments while Dare's limited partnership owned the complex are affected by the suit.

Gilbert said that many of the residents have moved out of the apartment complex. Some of those students have received refunds for security deposits, he

said.

The apartment complex was built about 12 years ago and owned by a limited partnership headed by Jerome Robinson of Springfield, which contracted to sell the complex about 4 years ago to the limited partnership headed by Dare, according to Robinson.

When Dare's group defaulted on the purchase agreement about six months ago, ownership of the apartment complex reverted to the original limited partnership headed by Robinson.

Robinson.

Robinson said that his group immediately sold the apartment complex to the current owners, Sangamon Fund III, a Springfield-based limited partnership headed by John Klemm of Sangamon Realty of Springfield.

Klemm described a limited partnership as a group of investors who receive cash and tax benefits from an investment, with each member guaranteed not to lose more than the individual's original investment.

Law student runs for trustee

Second-year law student Leo Math has announced his candidacy for student trustee and has filed the petitions necessary to appear on the April 18 ballot.

Math advocates a long-term plan to reduce tuition increases and give the student trustee a binding vote on the SIU Board of Trustees. Currently, the student trustee has a voice but no vote at board meetings.

Improving the financial condition of the University is Math's top priority, but he also opposes foreign language

program cuts and supports student groups lobbying for increased funding for SIUC's libraries.

Math is a former Graduate and Professional Student Council representative. He is chairman of the Student Conduct Review Board and election commissioner for the GPSC.

Bruce Joseph, president of the Undergraduate Student Organization, announced his candidacy for the trustee position last week.

GUIDELINES from Page 1

the resolution is not consistent with the senate's position.

"We don't think it's necessary for the University to be involved in this type of activity," Dnow said. "We know the effect that alcohol consumption has on students."

Swinburne said he is aware of society's abuse of alcohol, but said that to eliminate the involvement in campus activities of some beer and liquor companies might mean losing both funds and events.

"We would have to change

and find some way to compensate for that funding," Swinburne said. "Our students are mature, we treat our students as adults."

But McKillip said the disadvantages outweigh any benefits. Over the last five years McKillip has studied the effects of alcohol and alcohol-related problems. In a three-year study conducted here, it was found that one of every five students said that alcohol interfered with their studies.

McKillip cited a recently

published story in the Southern Illinoisan which said that Saluki officials admitted to padding attendance figures for the Busch Shoot-Out held in December. The padding was done, the article said, at the request of Anhuesser-Busch officials.

"What this shows is that when the University accepts sponsorship of events by these companies, they renege on their basic mission, and even at times, might resort to spreading falsehood," McKillip said.

new beef night

Happy Hour 6-9
70¢ speedtrails
\$1.50 pitchers 25¢ drafts of Old Style & Old Style Light
\$2.00 pitchers 35¢ drafts of Busch, Michelob & Michelob Dark

25¢ speedtrails
\$1.25 imports
50¢ wines
25¢ drafts
\$1.50 pitchers
BUSCH Old Style, Old Style light.

AIRWAYS
NIGHT CLUB

Simple Minds
Video Concert
8pm

DOWN TOWN

Rocky Glacier Glasses!



Starting at \$12.95

New — **Bausch & Lomb Sunglasses**

SHAWNEE TRAILS
(Next to Quatros)

Monday-Friday 10:00-6:00 Saturday 10:00-5:00

We've Got It... You Get It!

Pizza



20% Off

Entire Stock of
DRESSES & OUTERWEAR

Includes all regular and sale priced merchandise.

the closet
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UNIVERSITY MALL

Signed articles, including letters, viewpoints and other commentaries, reflect the opinions of their authors only. Unsigned editorials represent a consensus of the Daily Egyptian Editorial Committee, whose members are the student editor-in-chief, the editorial page editor, a news staff member, the faculty managing editor and a Journalism School faculty member.

Letters for which authorship cannot be verified will not be published. Students submitting letters must identify themselves by class and major, faculty members by rank and department, non-academic staff by position and department, others by residential or business address. All letters are subject to editing and will be limited to 500 words. Letters of 250 words or fewer will be given preference for publication.

A complete statement of editorial and letters policies approved by the Daily Egyptian Policy and Review Board is available in Communications 1247.

Letters

Critic's critic was too harsh

In response to Lindsey Van de Kirk's letter concerning an opera review in the Daily Egyptian, I, as a graduate student, would like to defend the student newspaper.

I did not see the opera, but in this age of punk rock I find it admirable that Die Fledermaus was reviewed at all. Reviews are done by choice, not by assignment, by staff or student writers. Perhaps the reviewer has a literature background and felt more qualified to comment on story line than performance. However, the training in SIU-C's journalism school concentrates more on hard news reporting than reviewing the arts.

I have worked at two

Keep alcohol marketing off campus

The "alcohol promotions" policy recently floated by the Student Affairs office must be rejected. These guidelines rule out only the grossest of promotional strategies (e.g., "drinking contests" or the "demeaning sexual or discriminatory portrayal of individuals") and accept as a basic assumption that it is perfectly acceptable for SIU-C to participate in the marketing of alcoholic beverages to its students.

What has this recognition of the status quo brought our

newspapers since leaving the Daily Egyptian and have found that the faculty managing editor, Bill Harmon, may be the toughest editor — in terms of accuracy and fairness — that the students will ever encounter. Readers may be interested to know that SIU-C's Journalism School has a very high rate of placing graduates in top-notch news organizations. There are several grads with the Associated Press, one with the Wall Street Journal; the list is very long and the respect for the school, and especially Bill Harmon, is high.

As far as typos go, they are part of the daily printing process at most newspapers. What is said is much more

important.

Van de Kirk's sarcastic criticism is way out of line. Personal comments such as "perhaps a change of major would be in order" are downright mean: What if the reviewer suggested the same for you? Student and staff writers work for hours on their pieces, and like a performer, care about the reception their stories get. You should eat your own words and follow your advice in treating reporters "who are in an educational setting and should not be chastised too severely for their shortcomings."

You also misspelled "misspellings." — Deb Browne, 1979 SIU-C Journalism Graduate

Salvadoran election a sham and a shame

SUNDAY'S presidential election in El Salvador has been hailed as a triumph of democracy by President Reagan and members of the congressional commission sent to observe the vote.

And if you ignore the fact that at least one of the candidates has been linked to the right-wing death squads that continue to murder their political opponents, that the nation is still engaged in a bloody civil war as insurgents continue to control large parts of the countryside, that the only political organization is among the military and guerrillas — if you ignore all that, its possible to believe that the Salvadoran people participated in democracy Sunday.

That takes a lot of doing. But the Reagan administration and its foreign policy supporters are willing to try, for the sake of persuading Congress to approve \$61.7 million in military aid for the collapsing Salvadoran army.

TO BELIEVE that the simple casting of a ballot has any meaning in the chaos that has wracked El Salvador for nearly five years cheapens both democracy and the lives of the civilians who are being butchered daily.

El Salvador cries out for political solutions to its problems. The oppression of peasants, the need for land and economic reforms are real political issues that demand negotiated settlements. Negotiation, participation and compromise are the true elements of democracy. Except for participation, (Salvadorans were required to vote) these elements were lacking in Sunday's vote.

The nearly \$10 million the United States spent on the election, purchased a sham, a thin cover for the lack of real progress in solving El Salvador's problems. It is ridiculous to suggest that an impoverished Salvadoran peasant can vote on Sunday, be murdered by an army death squad on Monday and still have lived in a "democracy." It has been estimated that as many as 5,000 civilians were killed by death squads last year.

AMERICAN SPONSORSHIP of the elections was a bad investment, naive on the part of those who equate voting with democracy, in the maintenance of an intolerable status quo.

To understand how American ideals can become twisted in today's El Salvador, consider the point, made in a television newscast, that part of the recent decline in the number of death squad murders stems partly from the success of American pressure and partly from the success of the death squads. The murderers have killed or so thoroughly terrorized their opposition that they have less need to kill.

Such a situation is similar to "making a desert and calling it peace." It is as twisted as holding an election at gunpoint and calling it democracy.

Snobbery an art form among the Yumpies

JUST WHEN YOU thought it was safe to go back into bookstores — safe, that is, from the literary consequences of George Bush: books explaining preppiness — there now is the first of what I fear will be a flood of books on Yumpies, young upwardly mobile professionals, a.k.a. Yaps, (young aspiring professionals).

C.E. Crimmins is the perpetrator of "The Official Young Aspiring Professional's Fast-Track Handbook." It was on the shelves before Gary Hart began surfing on a wave of Yumpies, but now it must be mined for insights about those creatures. This guide to gracefulness among the relentlessly young and upscale asks:

Do you engage in "networking" to "touch base" with other "cutting-edge" tyros who understand "leverage"? Do you eat croissants and kiwi fruit? Get counseled about stress management to avoid burn-out and counteract TMI (temporo-mandibular joint) Syndrome. (You get that by grinding your teeth.) Do you live in a "gentrified" neighborhood with a droll name? (You know: If it has a view of rotting docks, it is called Riverview Pier).



George F. Will
Syndicated Columnist

DOES YOUR LIVING room look like an Ingmar Bergman movie set? (White cotton sofa, rya rug, track lighting, fabric wall-hangings and enough teak to induce existential dread.) Do you eat in restaurants where the menu is written illegibly on a blackboard, each table has a flower in a Perrier bottle, and the bathroom soap is Crabtree & Evelyn? Does your barber (sorry — your hair-stylist) serve wine, cheese and raw vegetables? Do you, ladies, wear Nike running shoes with your business suit when walking to work?

Are your favorite movies

Virgil



By Brad Lancaster

"Annie Hall," "Kramer vs. Kramer," and "An Unmarried Woman"? Do you say that the only television shows you watch are "Sixty Minutes," "Nightline" and "Cheers"?

IF, INEXPLICABLY, you have children (sell the white cotton sofa!), do you send the little fast-track-ettes to "water baby" programs so they swim at 18 months? Are they into Suzuki violin as soon as they are out of their Perego strollers? Do you give your toddlers "quality time" by "enriching their environment" with flash-cards that teach French verbs? (The ultimate Yumpie status symbol is to have a child suffering flash-card burn-out.)

Do you own a Cuisinart and gobs of kitchen stuff from Williams-Sonoma? A fish poacher? Asparagus steamer? Pasta maker? Espresso machine? A briefcase so thin it is virtually useless? A cordless telephone? A Saab, Volvo or BMW? (You are destined for the Yumpie Hall of Fame of you have an answering machine on the telephone in your BMW.)

THE HANDBOOK is an exercise in caricature, but like all caricature it is based on

exaggeration of a fact. The fact is: Many hard-charging Americans between 25 and 40 seem to combine extraordinary ambition and extraordinary insecurity. One ambition is to assuage their insecurity by means of an elaborate, all-absorbing strategy of socially correct consumption.

On Yumpishness, as on almost everything else, the writings of Daniel J. Boorstin, the historian and Librarian of Congress, cast light. Yumpies represent a new wrinkle in an old phenomenon — what Boorstin calls "consumption communities."

In America, Boorstin says, the democracy of cash and universal exposure to advertising made consumer goods more than mere objects to be possessed. They became symbols and instruments of new communities: People "were affiliated less by what they believed than by what they consumed." At first, consumption communities were vastly inclusive. Anyone could join the community of Ford owners and drive a car indistinguishable from a million others. Everyone could visit the

palaces of consumption: the great department stores like Macy's, Wanamaker, Marshall Field.

BUT THE OBJECT of Yumpie consumption is to be exclusive. The point of owning Henkel cutlery is that so many people do not. Advertising, Boorstin writes, is America's most characteristic and remunerative form of literature. Yumpie consumption is advertising squared: Advertising that raises snobbery to a science gives a particular product cachet. Then Yumpies buy it to advertise their sensibilities.

Not all Yumpie consumption is advertising. In the modern age, which began when the noun "shop" became a verb, politics can be, and Yumpie politics is, consumption carried on by other means. In Arthur Miller's play, "The Price," a character says: "Years ago a person, he was unhappy, didn't know what to do with himself — he'd go to church, start a revolution — something. Today you're unhappy? Can't figure it out? What is the salvation? Go shopping." For Yumpies, the Gary Hart phenomenon is essentially a shopping spree.

No pleasant solution found for acid rain problem

By Phillip Florini
Staff Writer

It still perplexes environmentalists, economists, scientists, industrialists. Even politicians are quarreling over it. Meanwhile, there are no solutions for acid rain, despite some indications as to its cause.

The U.S. Environmental Protection Agency knows that in northeastern and northern states and much of Canada, lakes are dying from acid rain.

Acid rain occurs when sulfur and nitrogen oxides in the air mix with atmospheric moisture and return to earth in acidic rain and snow.

In the United States, an estimated 26 million tons of sulfur dioxides are emitted into the air each year, most from high-sulfur coal-burning plants in Illinois, Ohio and Indiana, the EPA says.

But Sheldon Meyers, EPA deputy administrator of air and radiation, is the first to say that although acid rain may be killing fish in lakes and harming the soil, its causes are still unknown.

And when there's uncertainty over a problem, Meyers told about 150 people Wednesday in the Student Center, any strict legislation is sure to cause "a civil war in Congress."

"We still need documentation on causes that lead to the effects," Meyers said at a daylong acid rain conference. He said \$27 million, including \$3



REGIONS IN NORTH AMERICA SENSITIVE TO ACID RAIN

million at SIU-C, will be spent this year to find the causes of acid rain, and about \$5 million in fiscal year 1985.

Proposed federal legislation, the Sikorski-Waxman Bill, would cut sulfur emissions by 25 to 50 percent by the year 2000 through the use of scrubbers on smokestacks. Meyers said this would affect industries in many of the 31 states east of the

Mississippi River.

He said that legislation would put restrict fossil fuel industries by prohibiting increases in sulfur emissions. He said, however, that President Reagan has opposed all acid rain legislation, and "rightly so."

"We know that a small number of lakes have been acidified in the northeast," said

Meyers. "But we can't quantify the relationship between the pollutants and acid rain depositions."

He said the EPA doesn't know how to reduce acid rain to a safe level, nor what standards to place on industries emitting dangerous levels of sulfur.

"We can't pinpoint the plants or individual facilities to reduce acid depositions in the North East," he said. "If we reduce sulfuric emissions over a broad area, we can expect to see a gradual solution to the problem."

But, Meyers said, when the subject of paying for an acid rain solution comes up, the finger is always pointed at the other guy. Everybody is interested in solving the acid rain

problem but nobody wants to foot the bill, he said.

For example, in West Virginia, where unemployment is 17 percent, residents don't want pay a tax to put scrubbers on high-sulfur coal-burning plants in the Midwest, he said.

The installation of scrubbers or other pollution control devices costs between \$60 million and \$90 million, which Meyers said would have a great impact on utility companies if they were handed the entire bill. He said the cost would inevitably be passed on to consumers in the form of higher utility bills.

Meyers said that if utilities switched to burning low-sulfur coal mined in the West, Midwest coal mines would be hurt.

RAIN from Page 1

effective plan," would save \$1 billion annually by giving utility companies the option to install scrubbers or switch to burning low-sulfur coal. But that plan, he said, would also cost 20,000 coal mine jobs in the Midwest and Northern Appalachia regions.

"Illinois and Ohio coal mines would be the big losers," he said, from power companies switching to western coal. Myers said that mines could retire workers at \$50,000 a year with the money saved by not installing scrubbers.

Kevin Greene, research

associate for Citizens for a Better Environment in Chicago, said the Waxman-Sikorski proposal is a "fair compromise" that recognizes the coal interests. He said the bill would preserve about 58 percent those companies marketing Illinois coal.

Take a break in between classes, and stop by the information desk and pick up your favorite chips. On sale the entire month of March for only a quarter. Choose from regular, hot, Cornies, Pretzels, and many others. The information desk gives you the fastest service on campus, so stop by the information desk for your favorite goodies; information too!

Information desk
more than phone numbers

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Six survive who threw off Africa's colonial yoke

By Andrew Torchia
Of the Associated Press

A generation after they led Africa to independence, half a dozen revolutionaries survive as national leaders, a remarkable record of longevity on this turbulent continent.

Age, a dozen wars and more than 50 coups have taken a toll on "the men who guided the gue illa struggles and negotiations that threw off European colonial rule and established 50 independent nations of 400 million people.

The latest to fall is Ahmed Sekou Toure of Guinea, who died Monday in Cleveland, Ohio.

The survivors preside over differing political and economic systems — dictatorships and one-party democracies, Marxism and free enterprise. For some, military force plays a key role in forestalling or quelling dissent.

But these leaders face a common problem: how to promote well-being among some of the world's poorest and fastest-growing populations.

At least two survivors — Presidents Kenneth Kaunda of Zambia and Julius Nyerere of Tanzania — stand as elder statesmen, with influence in African affairs that goes far beyond their national borders.

Sekou Toure was known as one of the earliest and most vigorous opponents of French rule.

He became president in 1953, a year after Kwame Nkrumah, whose pan-African rhetoric inspired nationalists across the continent, led Ghana to independence from Britain.

Nkrumah, exiled after a coup, died in Guinea in 1972.

Others of that first generation

who have died include President Jomo Kenyatta of Kenya, who welcomed British aid and allied his country with the West; King Sobhuza II of Swaziland, once the world's longest-reigning monarch; and President Agostinho Neto, who put Angola solidly in the pro-Soviet bloc.

Two have solved Africa's perennial problem of how to hand over power by retiring. President Leopold Senghor led Senegal to independence from France in 1960, resigned in 1981 and lives on the French Riviera, giving lectures on Africa.

Amadou Aidjo resigned as president in 1982 after governing Cameroon for all its 22 years of independence and lives in France. A military court condemned him to death last month for allegedly plotting a comeback; Aidjo's hand-picked successor, Paul Biya, commuted the sentence to a period of detention.

The survivors include: — Kaunda, 59, onetime teacher and peacemaker in many African disputes. He speaks strongly against white-ruled South Africa's race-separation policies but advocates discussions with South Africa as a means of encouraging change.

Kaunda was host last month to a South African-Angolan meeting that led to a disengagement of South African forces from southern Angola, where they were stationed against guerrillas seeking independence for South-West Africa, or Namibia. He plays a guitar at political meetings, cries publicly when moved and once threatened to resign if Zambians didn't stop drinking.

News Analysis

— Nyerere, 62, a teacher who translated Shakespeare into Swahili, became the only black African leader to overthrow a neighbor when his army ousted Ugandan dictator Idi Amin in 1979. He became a leading theoretician of African-style socialism, which advocated the enforced creation of communal villages and the elimination of economic privilege.

Tanzania's increasing economic difficulties and corruption in state control boards led Nyerere recently to admit that the system was working poorly and to reinstate some private incentives.

— Hastings Kamuzu Banda, a former doctor and life president of Malawi, about 85. The landlocked nation of 6 million lacks

mineral resources but it is one of the few African countries that feeds itself. Banda employs authoritarian methods, including the banning of skirts above the knee and long hair for men, and tells visitors he is happy that Malawians have largely achieved the goals he set for them — enough food, clothing, and houses that don't leak when it rains.

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Zoo to study how dolphins navigate

CHICAGO (AP) — The black hoods designed for one of the dolphins at suburban Brookfield Zoo do not signal plans for a new, aquatic "Zorro." They're part of a unique research project plumbing the animals' echo system of navigation.

The zoo's Seven Seas Panorama is being transformed into a scientific laboratory in an effort to learn how dolphins navigate by bouncing sound signals off the surfaces of their watery world.

Dolphins are the most sophisticated and widely investigated animals with this ability, called echolocation.

Nemo, the zoo's 12-year-old male bottle-nosed dolphin, is being trained to wear the hoods over various parts of his head, including his lower jaw, said spokeswoman C. Joan Baker.

The neoprene rubber hoods — designed to block acoustical signals from being either transmitted or received — will be used in researching how echoes reach the inner ear of the dolphin as he uses acoustical signals to explore his environment.

Scientists believe the lower jaw, which will be covered by one of Nemo's hoods, plays the key role in the mammal's sound reception.

While wearing the hoods, Nemo will be asked to detect the presence or absence of an underwater metal cylinder.

"Based on physiological and psychological research, it is commonly agreed that the dolphin produces ultrasonic signals in the area of the forehead just beneath the blowhole, sends them into the water and listens to echoes returning to its middle and inner ears," said Tandy Brill, supervisor of Marine Mammal Training, who heads the research program.

"Just how these echoes reach the inner ear is uncertain, so this project may provide new understanding of the

echolocation process in dolphins," Brill said.


In addition to measuring Nemo's behavioral responses, Brill said, scientists also will monitor his acoustical signals for analysis. They will use a sophisticated, high frequency recording system being assembled through the joint efforts of the Naval Ocean Systems Center in San Diego and the Parmlly Hearing Institute of Loyola University of Chicago.

Collection of the data will begin sometime in late fall.


The research project is being financed by the Chicago Zoological Society's Scientific, Education and Conservation Committee.

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Transsexual's lawsuit against immigration agency dismissed

CHICAGO (AP) — A federal judge approved the dismissal of a lawsuit filed after a Mexican man's petition for an immigrant visa was denied by the U.S. Immigration and Naturalization Service because his American wife is a transsexual.

Patricia Michelle Castaneda, who filed the suit, said she and her husband were ecstatic about the dismissal because it meant the immigration hearing for Manuel Castaneda would be reopened.

A spokesman for the INS in Washington, however, said the agency's decision to reopen immigration proceedings was prompted not by Mrs. Castaneda's lawsuit, but by an administrator who realized the original decision had been in error.

The INS employee who originally denied Castaneda's petition did not understand agency policy on the issue, said INS spokesman Duke Austin.

Generally, if a state recognizes a marriage as legal, the INS will, too, Austin said.

Attorney Louis Goldstein, who sued the agency March 12 on behalf of Mrs. Castaneda, said he and INS attorneys agreed to dismissal of the lawsuit provided the INS abandon the policy on sex-change operations outlined in the agency letter denying Castaneda's petition.

The INS employee who wrote the original letter was not identified and Austin said a follow-up letter correcting the error was sent within a few days.

The original letter had said the sex-change operation was of a cosmetic nature and denied Castaneda an immigrant visa as the immediate relative of a U.S. citizen.

It said Mrs. Castaneda must be regarded as a male in immigration matters.

Mrs. Castaneda, a Waukegan native who lives in Chicago with her husband, said she was willing to fight as far as she had to.

"We couldn't be more pleased about their decision to do what's

right," she said, adding that she and her husband were planning a celebration dinner of champagne and pizza.

A.D. Moyer, the INS district director in Chicago, did not return a reporter's telephone call Tuesday afternoon, after the court decision was announced.

Soon after the suit was filed, Moyer ordered the case reopened, saying some legal issues had not been fully examined.

Goldstein had contended that the INS policy stated in the letter meant that a woman either has to bear children or bear eggs.



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Climbing, canoeing, rappelling beckoning at Touch of Nature

By Kelly Beatty
Student Writer

The Touch of Nature Environmental Center is springing to life with outdoor activities. The main attractions include rock climbing, rappelling and canoeing.

"Introduction to Rock Climbing and Rappelling," scheduled for Saturday, March 31, from 9 a.m. to 5 p.m. at Giant City Park, is a basic instruction, including three climbs and three rappels.

The participants will learn how to set up climbs and some of the safety techniques used in rock climbing and rappelling.

"It's mostly experiential, to get people familiar with the climbs," said Mark Hileman, program coordinator for Touch of Nature. The cost will be \$21.50 a person.

A canoeing expedition on the Big Muddy River will be from 9 a.m. Saturday, April 14, to 5 p.m. Sunday, April 15. Participants will begin the trip at Sand Ridge and paddle about 15 miles to Rattle Snake Ferry.

There will be two people per canoe and those involved will learn basic and advanced canoeing techniques, ranging from the different strokes for

steering to how to work with a partner if the canoe tips over.

There will also be an overnight camping trip in which participants will learn basic camp craft skills such as cooking over an open fire, setting up the camping equipment and adapting to the environment.

"Basically, learning how to work together in an outdoor expedition," Hileman said. The cost is \$42.50 per person.

A rock climbing and rappelling weekend at Giant City State Park will begin at 9 a.m. Saturday, April 28 and continue to 5 p.m. Sunday, April 29. The weekend will include more detail than the one-day course

will and people will be able to set up their own climbs, Hileman said.

The course will include both basic and advanced skills. Participants will learn how tie knots, different anchors to use, washing and setting up ropes and climbing equipment and safety techniques. The cost is \$57.50 per person.

The fee for each of the activities includes transportation, with pick-up and drop-off at the SFU-C Student Center. Pre-trip meetings, scheduled for some activities, are at 7 p.m. on the last registration day in Rehn Hall, Room 108. To enroll or for more information, call Touch of Nature at 529-4161.

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Girl Scout cookie tampering incidents spread to 7 states

NEW YORK (AP) — Tampering with boxes of Girl Scout cookies has been reported in seven Eastern and Midwestern states since initial reports from St. Louis two weeks ago, the national scout headquarters has reported.

Distribution of the cookies was halted in Maine after reports of tampering in several towns.

Suspect cookie boxes containing pins or other small objects are being investigated in Maine; Indiana, Pa.; Mount Vernon, Ill.; Kenton, Ohio; Berkeley Township and Asbury, N.J., and Eveleth, Minn., Rhoda Pauley, the scouts' assistant national director for communications, said Tuesday. A box of cookies containing a needle also was reported in Crawfordville, Ind.

Authorities in those places "have taken possession of cookies and boxes which may have been tampered with and are investigating these reports," she said.

"Girl Scouts of the USA believes these are isolated incidents," she said.

Girl Scout cookies are made by four different companies with eight bakeries, said scout spokeswoman Bonnie McEwan.

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Students are cheating more, dean says

By Sheila Rogers
Staff Writer

Cheating among students is on the upswing, according to Will Travelstead, assistant dean of student life, but that may be because people are reporting more cases now than in past years.

Cheating refers to acts of dishonesty such as buying term papers, plagiarism, falsifying information and copying off someone else during an exam.

Travelstead said that in the past year students have complained that they are tired of competing against students who cheat. When he hears such a complaint about a particular class, he informs the department head.

Travelstead said that two years ago, student leaders at the University of Maryland who heard similar complaints handpicked a number of classes and checked the students' I.D. cards as they came out of final exams.

"They found a significant number of imposters taking exams for other students," Travelstead said.

Last year, an SIU-C professor suspected a student of taking an exam for another student and checked his I.D. card. The student whose picture was on the card and the one who took the exam didn't match up and both students were suspended.

If enough complaints of cheating are brought forth, Travelstead said that SIU-C might resort to a tactic such as the University of Maryland's spot checking, but it would need the approval of the vice president of academic affairs and research.

One SIU-C student admitted cheating on a test in an English class she was taking with a friend.

"Why study when there are

two of you?" she said. "I cheated because I didn't know the material."

Another student said she wrote a term paper for another student for \$25.

"I did it for the money," she said. "I felt like 'Here, I'm writing this paper for this guy who would probably fail if he didn't have me do it and now he'll probably get an A or a B. I'd do it again if I had the time.'"

Travelstead said that students cheat because of the pressures to stay in school, and that some students are not prepared to do college work.

"We have students who don't know what plagiarism is," he said. One student never wrote a major term paper. He didn't know how to use footnotes to attribute the information used in the paper, Travelstead said, and was accused of plagiarism.

Some students resort to buying papers from term paper mills instead of writing their own. Business cards can be found on bulletin boards across campus offering term papers on various subjects for a price.

"If a student is a poor writer, organizer and thinker and shows it in the work he does in class, including tests, most professors will spot a term paper mill paper if it's thrown on their desk," he said. "Also, most professors can spot a term paper that a friend has written for the student."

Travelstead said that professors bring him the term paper mill notices found on bulletin boards and he brings them to the attention of Shari Rhode, the University's chief trial attorney.

Rhode said an Illinois law prohibits such services and that she advises these companies of the statute. If they continue to sell the papers, Rhode said she takes legal action. She said that one mill in Jackson County received a court injunction

last year.

Under the Student Conduct Code, if a student is accused of cheating and he accepts responsibility for the charge, the departmental executive officer and the professor or faculty member involved will have initial jurisdiction over the complaint.

If the student denies the charge, the DEO will hear and review the case and then notify the complainant if grounds for disciplinary action exist.

If the student continues to deny the charge and the complainant proceeds with the charge, the dean of the college or the school involved decides whether to pursue it further. If so, the case will be heard before a judicial board. The decision of the board, if against the student, may be appealed first to the president and then to the Board of Trustees.

Travelstead said that few academic dishonesty cases are reported to the Student Life Office and that most professors handle the cases themselves.

A professor may give a student a failing grade for the work in question or for the course, or suggest that the student withdraw from the

course, Travelstead said. If the case is brought forth and settled under the Student Conduct Code, the student may face suspension for a specific or indefinite period of time. The student would have to petition the University to be allowed to enroll again.

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Alarm album breaks trend

By Jeff Wilkinson
Staff Writer

"Take this song of freedom, put it on and arm yourself for the fight. Our hearts must have the courage to keep marching on." So begins The Alarm's debut LP, "Declaration."

Although they may take themselves too seriously, The Alarm is one of the few English bands to break away from the techno-pop trends prevalent in most new music.

Unlike the airhead dance tunes cranked out by most of the bands oozing from the British Isles (enter Madness, Thompson Twins, et al), "Declaration" contains music with a message — albeit a message as ambiguous as "freedom."

In an interview with Rolling Stone magazine, lead singer Mike Peters explained, "We use the power that comes from the energy of youth and make something really positive." In other words, a force for change.

It is a basic trait of youth to believe they have the power to change what's screwed up in the world. And in the England of the '80s there is plenty to change — mainly an economic depression that has left the youth unemployed, trapped and volatile. The Alarm is seeking freedom from desperation.

"Take a look at all the punks," shouts Peters on "Tell Me." "on the run from all the ministers, it doesn't matter if you're innocent or guilty, you've never been given a chance."

That sums up the theme of the album, rebellion against an establishment that has left the youth powerless — much the same theme that propelled Bob Dylan through the '60s.

There is a lot here to remind one of Dylan. Peters and bassist Eddie MacDonald write strong, convictive lyrics and deliver them with a rough, honest voice. Guitarist Dave Sharp plays a powerful folk-influenced acoustic guitar. But if their soul is drawn from '60s protest songs, their heart is pure punk.

Traveling the road paved by such politico-rockers as U2, the now-defunct Stiff Little Fingers and the recently splintered



Album Courtesy of Plaza Records

Clash. The Alarm delivers their message with a unique line-up of heavily-amplified acoustic guitars, harmonica and a hard-driving, almost military, rhythm section.

The combination works better live than it does on vinyl. Their energetic 1983 tour with U2 was praised by critics across the country. Much of that energy transfers to the album, but they are definitely a band to see in concert.

The best cuts on the album are the anthems. "Marching

Album Review

"On," was first released on the band's 1983 EP entitled "The Alarm." It describes "a young boy standing, staring at the world, you know he can't control his anger, you can see it in his eyes."

But it isn't just frustration that rings out from the lyrics, it is commitment. A commitment to propel some hope onto the dead ground that confronts England's youth.

But the problem this band faces is that they have a tendency to be one-dimensional. At times the revolutionary shouting turns verbose, the anthems become annoying. But those moments are few.

Musically, this album is inventive, but a shade repetitious. Lyrically, it is more than adequate, and refreshingly positive. All things considered, it is a powerful release from a band playing for change.

The rip-roaring comedy show that will knock you out of your seat!

"Second City" is brilliant. "Subtly & Superbly funny!"
—TIME MAGAZINE
—NEW YORK POST

The Second City

Touring Company

April 9, 8pm Ballroom D
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Tickets on sale at Student Center
Ticket Office
Sponsored by SPC Expressive Arts

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Recreation class to sponsor camp

Recreation 370, a camp and resort management course, will host a camp and resort weekend from 4 p.m. Friday, April 13 to 3 p.m. Saturday, April 14 at the Touch of Nature Environmental Center Camp 1.

The overnight includes lodging in cabins, three meals, including a pig roast, and activities ranging from a hay ride to canoe races. The price per person is \$18.50. For more information call 529-2636 or 529-4935.

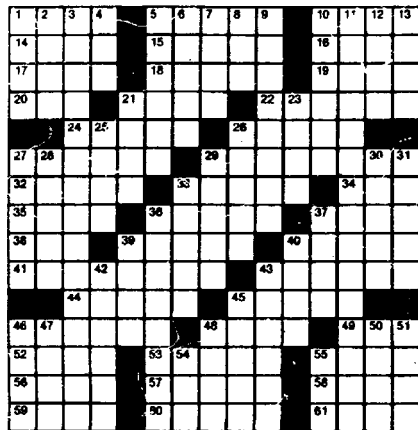
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Today's puzzle

- ACROSS
 1 Delicacy
 5 Fade away
 10 Basics
 14 Soil. prof.
 15 Accustom
 16 Angler's need
 17 Ill-tempered
 18 Fine fiddle
 19 Unsorted flour
 20 Female swan
 21 Machine gun
 22 Court player
 24 Gods "blood"
 26 Author's work
 27 Former USSR premier
 29 Sojourners
 32 Harold or Richard
 33 Auto home
 34 Meal type
 35 Enthusiast
 36 Destined
 37 Continent: comb. form
 38 Above: poet.
 39 Pacesetter
 40 Senous

Puzzle answers are on Page 17.

- 41 Vilifies
 43 Holding of property
 44 Shed tears
 45 Wall section
 46 Be present
 48 — West
 49 — sided
 52 Clamorous
 53 Bay window
 55 Constellation
 56 Village
 57 Shrike
 58 Be sulter.
 59 r. — : Ideal
 60 Head-on wind: arch.
 61 Genu
 DOWN
 1 Compact
 2 Out of line
 3 Head injury: 2 wds.
 4 Freight unit
 5 Engine part
 6 Come in
 7 Rotate
 8 Hurler's stat.
 9 Like A: Jolph
 10 Subsidized
 11 U.S. Civil War event
 12 Quote
 13 Fortune
 21 Leg r. l
 23 Morally had
 25 Musical sign
 26 No air
 27 Wooden shoe
 28 More factual
 29 Routines
 30 Less common
 31 Emporium
 33 Detested
 35 Prone
 37 Superior: hyph.
 39 Bankruptcy
 40 Convey
 42 Deepen a harbor
 43 Loftier
 45 Segment
 46 Spanish duke
 47 Race adviser
 48 Victories
 50 Make eyes at
 51 Nudge
 54 — Grande
 55 Query



We Believe that "Man" Is Not a "Generic" Term

In our worship and life,
 through language and action,
 We try to express our conviction
 that women and men
 are equally important.

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The most Exciting Story of the World's most Exciting City!

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DAVIS AUD., WHAM BLDG. (ROOM 105)
6:30 P.M.
Reception
7:00p.m.

Introduction by Screenwriter Malvin Wald
 Screening and Discussion

FREE ADMISSION
 Sponsored by Dept. of Cinema & Photography & SIU Press

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BUDGET SPORTSWEAR

Wellness Week starts Monday, April 2

What do a natural foods dinner, a roadrun, a demonstration of the Alexander Technique and a Tai Chi workshop all have in common? They're all part of Spring Wellness Week, which begins this Monday, April 2nd. The SIUC Wellness Center has been sponsoring this week of activities and workshops for the past 4 years, and this one promises to be one of the best.

On Monday, April 2nd, from 10 a.m. to 2 p.m. at the South End of the Student Center, you can get your body fat measured, your blood pressure assessed, and find out how much you know about your stress levels and much more. Find out what health organizations on campus can do for you. It's all part of the Wellness Fair.

On Tuesday, find out whether marijuana is really all that harmless, when Cindy Flasch, from the Jackson County Mental Health Center presents

an informative and lively discussion on the topic. These are only a few of the many varied programs that be will offered during the week. For a complete listing of events, turn the page. All programs will be held in either the Student Center or Recreation Center and all are free, with the exception of the Natural Foods Banquet. Here's your chance to try some different and tasty foods such as Tofu Parmesan, Moussaka (a Greek dish made with garbanzo beans), stir-fried vegetables, Lentil Loaf and top it off with Carob Brownies and Apple Brown Betty for dessert. Last year's dinner drew over 300 people, so go early. Tickets are sold at the Student Center box office and are \$5.25 for students; \$6.25 for non-students. Tickets will also be sold at the door, for an extra \$1.00 charge. The week winds up on

(cont.)



Last year's Lifestyling Roadrun starts off from the Health Service.

Searching for Health

Published by the SIUC Student Health Program

Spring Semester, 1984, Vol II, No. 2

Sugar: How to break off your "Love Affair" with it

There are few foods in the American diet which have experienced such scrutiny, acceptance, rejection and controversy as sugar. While America enjoys its love-hate relationship with these sweet white crystals, nutritionists are feverishly trying to determine whether our sweet tooth is killing us.

More than 125 pounds of sugar is consumed by the average American every year. Only 6 percent of this is provided by fruits and vegetables. Fully one fifth of the sugar we consume is in the form of sweetened soft drinks. According to Jane Brody, Nutrition and Medical journalist for the New York Times, "Since these drinks rarely contain anything of nutritional value other than sugar and water, they are truly the emptiest of calories."

Nutritional Value of Sugar

This raises the issue of the nutritional value of sugar itself. First, let's define sugar. The most common form of sugar used in this country is sucrose or table sugar. It is a disaccharide (double sugar), made up of two monosaccharides (single sugars). Honey,

molasses, brown sugar, turbinado sugar, and corn syrup are all disaccharides made from different combinations of monosaccharides. With the exception of molasses, which has small amounts of minerals, all these sugars have the SAME NUTRITIONAL VALUE; they provide 4 calories per gram — no vitamins, no minerals. This is where the term "empty calories" is derived and this is where the sugar problems begin.

Health Problems Linked to Sugar

Since being overweight is linked to many serious, chronic diseases, such as heart disease and diabetes, sugar is an obvious contributor to our health problems. Consider that 20 percent of adult Americans are overweight and much of that extra weight can be directly linked to the extra empty calories from sugary treats, combined with burning off fewer calories by activity.

Calories from sugary foods may replace calories from foods which have much higher nutritional value such as fruits, vegetables, beans, and grains. These foods are known as

"complex carbohydrates" because they are energy in the form of sugar, conveniently and effectively packaged by nature to provide nutrients in a combination meant to nourish us.

Sugar also plays a role in the development of cavities. It is readily used by the bacteria in the mouth to promote decay. How sugar is consumed is as important as how much. Foods that stick to the teeth such as cookies and candies are more likely to cause problems than foods which are easily flushed from the mouth like soda and ice cream. Foods consumed as between-meal snacks are more damaging than sweets consumed with meals.

So, how do we break off this "love affair" with sugar? According to Dietary Guidelines for Americans published by the federal government:

1. We should eat more fruits, vegetables and whole grains. Fruits especially are an excellent substitute for sugary snacks. They are much lower in calories (one 2-ounce chocolate bar has the same calories as three bananas), are tasty and sweet, and have more nutritional value.
2. Avoid, or cut down, on the sweets foods you buy. "Ose" words (sucrose, fructose, dextrose, etc.) mean sugar.

Avoid products which list sugars as the first two ingredients on the label or which list sugars more than three times.

3. Use less sugar in cooking and baking. Experiment by cutting the sugar in a recipe in half, or bake "dessert" breads which are low in sugar and contain nourishing ingredients like oatmeal, whole wheat flour, dried fruits, pumpkin, or peanut butter.

These tips will help you improve the quality of your whole diet and may even make you feel a little better in the bargain. Sweet dreams!

Spring sunning: Don't get burned

Spring is here and the time is right for getting a nasty sunburn (again). Before you head outdoors here's some practical advice to help you avoid frying yourself and swearing you'll never do it again. The effects of the sun are cumulative and can lead to serious problems in the future, such as increasing your risk of developing skin cancer. Exposure to the sun can also lead to dry skin, premature wrinkling and of course sunburn. Despite all the warnings, many people are unwilling to give up their hours basking in the sun.

If you must be out in the sun use common sense and a good sunscreen, one which contains PABA (para aminobenzoic acid). Sunscreens are rated from 2-15, with 15 offering the most protection. If you have sensitive skin or it is your first exposure to the sun for the season, you should use a sunscreen with a high rating, until you develop a good base, then you can switch to a sunscreen with a lesser rating. However, you may want to continue using a higher number on your face.



Sunscreens with numbers to show how much protection they provide.

Remember that certain antibiotics, antibacterial agents in soaps and creams, and birth control pills can make your skin more susceptible to burning. Don't count on being safe on cloudy days, 70-80 percent of the

ultraviolet rays can still penetrate clouds, and up to three feet of water. Knowing the effects of the sun can help you decide whether the tan of today is worth the price you may pay tomorrow.

C. Berkowitz

Inside This Issue

- ★ Test Your Stress Levels
- ★ Win A Dinner for Two!
- ★ Bulimia
- ★ The "New" STDs

Interview with Dr. Parmar from SIU's Health Service

Harshad K. Parmar is one of seven physicians who work full-time at the SIU Health Service. He attended medical school in his native India and completed his training in family practice in St. Louis and Chicago hospitals. After six years of private practice, he moved to Carbondale to join SIU, where he has worked for the past two years.

The following covers Dr. Parmar's observations on SIU students, in particular, students from other countries, who represent 10 percent of SIU's current enrollment.

KULP: What would you say is the main cause of illness among SIU students?

PARMAR: I think venereal diseases are the main reason. Students aren't very informed about them, especially freshmen who are exposed to freedom — maybe for the first

time. The other problems I see are related to diet, drugs and alcohol.

KULP: What about stress as a cause of illness?

PARMAR: Yes, it is a cause, especially among the foreign students here at SIU. They're in a strange culture, far away from family, with different food, different customs and even a different educational system. The stress can show up as stomach aches, insomnia, drinking problems, skin problems, and headaches.

KULP: We (at the Wellness Center) see foreign students with stress problems, too. They're sometimes lonely and want to meet more people but have a hard time doing it.

PARMAR: Yes, usually they're from upper classes in their own country — have money, had a

good education, high status in their hometown; they come here and none of that counts. Here they are strangers and no one knows their past status. They don't get the respect for being the best in their class that they were used to in their country. It takes some time — I'd say, 6 months to 2 years — for them to adjust and adapt to those changes, keeping their identity, struggling academically, and adjusting to culture. Of course, most of them do adjust, but some have more trouble with it than others. Because they are high achievers, they will be reluctant to admit to these psychological aspects, the stresses. It's easier to describe physical ailments and more acceptable, too.

Another thing — it seems like foreign students have a difficult time in making American friends. The usual ways don't always work here due to culture

and language differences. People are very influenced by peer pressure. Students aren't likely to identify with those different from themselves — that goes for both the international and the American students. Foreign students

dominated by SIU. There are only so many residents (SIU or local community) who are interested in getting involved with foreign students who attend SIU in a systematic way. 2. Because SIU's foreign enrollment is quite high (10



Dr. Parmar, full-time physician at the SIU Health Service.

What's in a name?



After Hours Health Care Connection — After Hours Nurse Advisory Program — Dial-A-Nurse. Although the service has gone through three name changes in the seven months it has been in existence, the program is being utilized by increasing numbers of students. This innovative program began in August of 1983 and was designed to help students who need medical care

or advice when the Health Service Clinic is closed.

In the first eight weeks of Spring semester, the service has been utilized by 340 students, which is more than in all of Fall semester. Of that total, 42.3 percent were made appointments for the next day at the Health Service while 25.9 percent were referred to the Emergency Room at Memorial Hospital. The same percentages were true for Fall semester. Approximately 33 percent of those who called decided to care for themselves and either made an appointment later at the Health Service or felt that further medical care was not needed at that time. This program has

always been available during the day by calling 453-3311. The nurse will give you advice over the telephone or will assist you in making an appointment.

The Dial-A-Nurse program can be reached after 5 p.m. during the week and all day on Saturday and Sunday by calling 536-5585. The Dial-A-Nurse will help you to make an appointment of an emergent nature, but routine appointments can be made only during regular clinic hours.

Students have used the Dial-A-Nurse program to seek advice on common problems such as colds, sore throats, flu, lacerations, and sprains. It doesn't matter how insignificant you think the problem is, we encourage you to call for advice. The Dial-A-Nurse program might help keep a small problem from developing into something that would keep you from studying, going to class, or just plain relaxing.

usually live with others from their country; this makes it harder to learn American customs and ways.

After talking to Dr. Parmar, I called the Office of International Education and spoke to Lynn Washwell to see what that office was doing about the problem. Lynn started off by citing several reasons why foreign students attending SIU have particular problems in interacting.

1. Carbondale is a small town

percent of enrollment for Spring, 1984, semester), the uniqueness of coming from a different culture is less than it could be if there were only a small number here.

So there is a relatively large number of international students proportional to the number of local residents or students who'd like to interact with them. The tendency is to stereotype foreign students without considering the uniqueness of their individual cultures.

Health Insurance options

SUMMER HEALTH INSURANCE PLAN

CONTINUING COVERAGE FOR GRADUATES

If you will not be attending SIU-C during Summer Semester 1984, but are enrolled Spring Semester 1984 and will be enrolled Fall Semester 1984, you are eligible to purchase health insurance coverage for the summer. The cost is \$40.00 and the benefits are as follows:

- 75 percent coverage for services at the Emergency Room of a hospital;
- 75 percent coverage for Ambulance services;
- If you are hospitalized, you will have to pay the first \$25.00 of expenses. The insurance will pay the next \$500.00 of hospital charges in full, then the insurance will cover 75 percent of charges. The plan carries an overall maximum payable of \$20,000.00 per illness-injury.

If you are a graduating student and wish to continue your coverage for an additional 90 or 120 days, contact the Health Service Insurance Office for an application card. Cost is \$60.00 for 90 days coverage and \$80.00 for 120 days coverage. Benefits are the same as stated above. The Card and check (made payable to G-M Underwriters Agency, Inc.) should be mailed directly to G-M Underwriters.

INDIVIDUAL COVERAGE

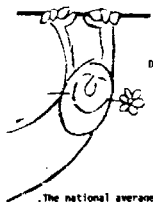
If you are leaving SIU-C and wish to convert to an individual insurance plan, please contact G-M Underwriters for details.

G-M Underwriters Agency, Inc.
P.O. Box 797
Rochester, Michigan 48308-0797
Toll free phone: 1-800-521-2623

Please note: the three areas above are the only covered services. Office visits are not covered and you cannot use the Health Service Clinic.

Application cards are available at the Health Service Insurance Office at 112 Greek Row, Room 118 or by calling 453-3311 ext. 245. Coverage is effective 5-27-84 or the date received, if later. Coverage expires at the beginning of the Fall Semester 1984. Send the completed application card along with the \$40.00 check made payable to G-M Underwriters Agency, Inc.

Searched for Health in Published by the Student Health Program, Southern Illinois University, Carbondale, Illinois
Spring Semester, 1984, Vol. II, No. 2
Editor: Janice Kulp
Asst. Editor: Ken Carr
Director: Sam McVay
Special thanks to Mark Missiunas and the Student Health Program staff who contributed to this issue.



WELLNESS QUIZ

Correctly complete our Wellness Quiz and you may win Dinner for 2 at the Natural Foods Buffet April 6, 6:00 p.m. in the Student Center. A drawing of correct entries will be held April 4. Return entry to Student Health Assessment Center, 1st floor South end of Student Center before noon, April 1.

1. The national average blood pressure reading is _____.

a. 100/80 b. 120/80 c. 140/70 d. 180/90

7. Sugar makes up _____ of our diet.

a. 1/6 b. 1/2 c. 1/4 d. 1/3

2. The average American eats the equivalent of _____ tsp(s) of sugar an hour.

a. 1/2 b. 1 c. 1/4 d. 2

8. Herpes affects _____ adult Americans.

a. 1 in 2 b. 1 in 10 c. 1 in 20 d. 1 in 50

3. You need to expend _____ calories to burn off 1 lb. of fat.

a. 2000 b. 5000 c. 3500 d. 4000

9. Weight loss that exceeds more than _____ lb(s) a week is most likely water loss rather than fat loss.

a. 2 b. 1 c. 4 d. 5

4. There are _____ teaspoons of sugar in 1 can of Coke.

a. 4 b. 5 c. 7 d. 9

10. In preparation for aerobic conditioning you need to determine your maximum heart rate which is _____ minus your age.

a. 190 b. 220 c. 230 d. 240

5. There are _____ calories in a gram of fat.

a. 9 b. 7 c. 5 d. 8

11. The sunscreen with the most amount of protection is rated _____.

a. 1 b. 8 c. 10 d. 15

6. The average American eats the equivalent of _____ sticks of margarine a day.

a. 1/2 b. 2 c. 1 d. 1/4

12. An estimated _____ percent of the population has some form of periodontal disease.

a. 50 b. 25 c. 98 d. 100

13. The phone number to make an appointment at the Wellness Center is _____.

a. 453-6011 b. 536-4441 c. 536-5595 d. 453-5236

14. A body fat percent of under _____ for women may produce menstrual irregularities.

a. 20 b. 16 c. 25 d. 31

15. The effectiveness rate of condoms are _____.

a. 75 b. 55 c. 95 d. 85

16. An estimated _____ of all physician visits are due to stress related symptoms.

a. 50 b. 10 c. 25 d. 90

17. Alcohol is involved in _____ percent of all auto accidents.

a. 50 b. 25 c. 75 d. 60

18. Testicular cancer is most prevalent in this age group of men.

a. 10-20 b. 20-35 c. 35-50 d. over 50

19. TMC from as little as one joint can be detected in the blood as long as _____ days after smoking.

a. 7 b. 5 c. 16 d. 21

20. Once you have received initial immunization against tetanus a booster is needed once every _____ year(s).

a. 1 b. 10 c. 5 d. 3

NAME _____ ADDRESS _____

PHONE # _____

Wellness: It's for Everybody

How many of you can really say that you feel good most of the time? Now think about it a little. You're probably not sick too much but how often do you find yourself feeling not quite right, a little tired, a bit depressed or anxious, unable to concentrate fully or perform well? You may not be sick, but you aren't really well either.

Over the last few years, a new concept has emerged that can help you to understand more about yourself and your health, and how you can slowly and systematically grow stronger, healthier, more secure, and happier. While many people are growing older and sicker, you can grow older and healthier. This dynamic new way of looking at yourself and changing yourself is part of what is now being called the "Wellness Revolution." All over the country, people are beginning to understand that they are the ones ultimately responsible for how they feel and that there are definite, scientifically substantiated methods for attaining states of "high level wellness" and maintaining those states of vibrant, dynamic health and wholeness.

The wellness concept provides a clear and simple yet profound and truthful way of looking at yourself. It says that there is more to good health than just the absence of disease. In fact, just because you're not feeling particularly sick at this moment doesn't mean that your behavior, thoughts and feelings aren't contributing to diseases that may show up next month, next year, or 20 years from now.

Doctors are often quite good at treating illness, disease and injury, and alleviating their painful signs and symptoms. However, you alone have the major responsibility for preventing and mental conditions that lead to good health, security and happiness.

So what's the secret of "high level" wellness and what do you have to do to attain it? The first step is to understand that there is no final goal to reach since wellness is a dynamic, never-ending process. There is no limit to your capacity for self-understanding, health and growth. To attain this growth and vibrant health you don't need to run 5 miles a day, become a vegetarian, or do any single health practice. Instead, the most important factor in beginning your path to wellness is this: Make a commitment to get to know yourself. This means not just the surface level of who you are but your real self and your real needs. This takes some honest self-examination and self-exploration. Luckily, there are many good ways to begin this process.

1. One helpful method is to read books and articles by writers who have started a wellness journey themselves and are talented enough to help others along the way. One excellent book that I recommend is called "The American Way of Life Need Not Be Hazardous To Your Health" by John Farquar, M.D. (W.W. Norton and Company, 1978). It's short, practical, and filled with easy-to-take self-tests that will give you an accurate idea of your present health status. It also provides a number of sound tips to help you get started on a personal wellness program.

2. Another basic way to get to know yourself and your innermost needs is to start practicing a relaxation-stress management technique on a

regular basis. By learning to slow the pace of your mind and calm your body, you can begin to get in touch with the deeper, intuitively knowledgeable parts of yourself. From techniques such as breathing, meditation, progressive relaxation, and many others, you will gain a greater awareness of how to achieve balance and harmony with yourself and with Mother Nature.

3. Of course, the exercise that you get and the food that you eat also have a profound impact on how you feel, both now and in later life. As you start to understand more about yourself and your real needs, you will start to improve your diet and get more and better exercise. After a while, you won't have to force the changes — they will seem to come naturally and joyfully because you'll know deeply and with conviction that it's the right way for you to go.

4. One of the most important factors in an emerging life of good health, security and inner harmony is the way you conduct your daily relationships with other people. How

you think, speak, and act toward others has a great and lasting effect on your overall health. If you are negative, angry or resentful, you will probably experience negative health consequences. If you are positive, caring and forgiving, it will affect your health in a positive, affirmative way.

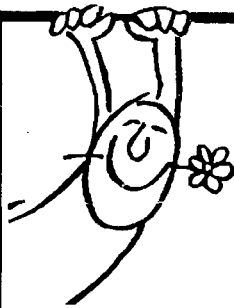
Wellness is not something attained by only a lucky or chosen few. No matter who you are or what condition you are in, you have the capacity to grow ever more healthy, secure, and harmonious with the world around you. Take it from the many students at SIU who are getting into wellness — it's worth the time and effort.

Wellness Week (cont.)

Saturday with the 6th annual Lifestyling Roadrun, which takes off at 9 a.m. from the door of the Health Service. Over 400 runners are expected to compete for prizes in this exciting race. So come on over to cheer them on if you're not planning to run!

Spring Wellness Week

April 2-April 7



WELLNESS FAIR—Come to the Wellness Fair and find out how healthy you are. Have your blood pressure checked, your body fat measured, your stress level assessed, and much more. Information about campus health organizations will be available to help you achieve a healthier you.

Monday, April 2, 10:00 a.m.-2:00 p.m., South Solutation Area Student Center

HOW SAFE IS SEX? Sex is risky business these days. From herpes to pregnancy to the pain of breaking up, being involved in a relationship means taking some risks. This workshop will look at these risks and explore some ways to minimize them. Join in the discussion of ways to have happier and healthier relationships.

Monday, April 2, 7:00-9:00 p.m., Illinois Room, Student Center

MARIJUANA: FACT AND FICTION—Is marijuana a harmless or a dangerous drug? What do scientists really know about the physical and psychological effects of marijuana? What do many students know about marijuana's positive and negative effects on their lives? Join us for this informative and lively presentation and find out for yourself.

Tuesday, April 3, 3:00-5:00 p.m., Kaskaskia Room, Student Center

WEIGHT LOSS—Learn the basics of health enhancing, permanent weight loss in this supportive group setting. Look forward to losing weight as a result of changing your habits and attitudes rather than starving. Co-sponsored by Intramural-Recreational Sports.

Meets Tuesdays, 3:30-5:30 p.m., for five consecutive weeks beginning April 3.

RUNNERS AND INJURY: PREVENTION AND TREATMENT—Running is great exercise but can also be very demanding on the body. Through proper treatment and preventive measures, time off due to injury can be reduced. An experienced athletic trainer will present techniques to relieve common ailments associated with running. Wear comfortable clothing and bring your running shoes. Co-sponsored by Intramural-Recreational Sports.

Tuesday, April 3, 7:00-9:00 p.m., Student Recreation Center, Room 158

INTRODUCTION TO TAI CHI CHUAN—Tai Chi is the widely proclaimed Chinese dance-exercise for health, well-being, and self-defense. This workshop will include the philosophy

and principles of Tai Chi, along with the opportunity for participants to practice the basic movements. Dress comfortably. Co-sponsored by Intramural-Recreational Sports.

Wednesday, April 4, 6:30-9:30 p.m., Student Recreation Center, Room 158

ALEXANDER TECHNIQUE—The Alexander Technique is a postural training technique that helps integrate body and mind for total health. It sets out to reeducate the incorrect judgment of the head, neck, shoulders and, in turn, much of the rest of the body. This workshop will demonstrate the basic technique, as well as how to properly sit, stand, and move. Appointments may be made for private demonstration the following day.

Wednesday, April 4, 7:00-9:00 p.m., Kaskaskia Room, Student Center

OVERCOMING BACK PAIN—If you are experiencing chronic backache or pain, come to this three-session class. Learn how to beat the pain through proper posture, body usage, exercise, stress management, and attitude. A full medical, strength, and flexibility evaluation will be performed prior to the start of class. Meet regularly and arrange for group interview by March 23. Co-sponsored by Intramural-Recreational Sports. Meets Wednesday, 3:00-5:00 p.m., for three consecutive weeks beginning April 1.

TIME OUT—Take "Time Out" from your regular routine—come to happy hour at the Student Recreation Center! Free alternative drinks, snacks, live music, and socializing will be available. Co-sponsored by Intramural-Recreational Sports and the Wesley Foundation.

Thursday, April 5, 1:00-6:00 p.m., Student Recreation Center, First Floor Lounge

NATURE'S HEALING HAND—Nearly all of our therapeutic agents have their origins in plant and animal materials. Fascinating stories will be shared about the discovery of many of our modern wonder drugs, as well as about herbal drugs and folk medicine.

Thursday, April 5, 7:00-9:00 p.m., Mississippi Room, Student Center

NATURAL FOODS BUFFET—Enjoy a deliciously prepared natural foods dinner, mellow acoustic music, and a friendly crowd. Call for more information. Co-sponsored by the Student Center.

Friday, April 6, 6:00-8:00 p.m., Renaissance Room, Student Center

LIFESTYLING 10,000 METER ROADRUN AND 2-MILE FUN RUN—This sixth annual race has become one of South central Illinois' biggest and best. This year's run promises to be better than ever, with prizes, awards, and entertainment. TAC RR2 certifies course. Pre-registration and entry fee required. Contact Continuing Education at 436-7741 to register.

Starts Sunday, April 7, 9:00 a.m., In Front of Health Service

Sponsored by Wellness Center
(436-1111)



SIU
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Lifestyling Run is April 7th

On April 7th, an expected 400 runners will assemble in front of the Health Service to compete in the 6th Annual Lifestyling Roadrun. The Roadrun is one of the oldest races held in Southern Illinois and will feature both a 2-mile fun run and a 10,000 meter race. The entry fee is \$5.00 for students (\$6.00 for general public) and each participant will receive a runner's bag — compliments of Meis. Overall male and female and all age division awards will be given. Over \$800.00 in Meis gift certificates will be given out, including \$50.00 gift certificates to the first male and female SIU student to cross the finish line.

Applications are available in several places on campus including:

- Student Health Service
- Student Health Assessment Center (SHAC) in the south end of the Student Center

- Division of Continuing Education
 - Recreation Center
- Applications are also available at the following local stores:
- The Foot Locker
 - The Jeaneery (Murphysboro)
 - Meis Department Store
 - Bleyers
 - Sport About

All applications must be in the Continuing Education office or postmarked by March 31, 1984, in order to avoid a late entry fee of \$8.00. There will be no entries accepted on Friday, April 6, 1984 or on race day, Scott Vierke, one of the original organizers of the race, is coming in from Colorado to compete in the race and last year's winners, Lindy Rushing (overall female) from Pinckneyville and Chris Bunyan (overall male) have been invited back to defend their titles. An elite field in all age divisions is expected to compete in this year's race.

The new sexually transmitted diseases: what's going around?

It used to be called V.D., which mainly referred to gonorrhea and syphilis. But now there's a new name — STDs (for Sexually Transmitted Diseases) and some "new" diseases as well, with names like Chlamydia, Condylomata Acuminata and Herpes.

The following is a brief guide to the new STDs: what they are, how they are treated, and how they can be prevented.

NGU: Nongonococcal Urethritis is the most prevalent STD in the country and also here on the SIU campus. It is similar to gonorrhea and is caused about half the time by an organism called Chlamydia.

Men usually notice a mild discharge from the penis and painful urination, but women usually do not show symptoms at all. If untreated, this infection in women can cause more serious problems that can increase the risk of infertility and ectopic pregnancy.

Luckily, the infection is easily treated by the antibiotic.

Tetracycline: If the male partner is diagnosed as having Chlamydia and is being treated, the female partner should also be treated, even without symptoms.

HERPES: Genital herpes has received tremendous publicity in the past year and has been unfairly called the "new scarlet letter of the 80s." While it may be true that the incidence of herpes has risen in the past few years, the panic and fears it has generated are an emotional response to the media's exaggeration of the disease. The herpes virus has been around for a very long time and people lived with it without the trauma that is now associated with the disease. The herpes virus causes tiny blisters that can appear anywhere on the body, but usually on the mouth (cold sores) or around the genitals. The sores can be painful and may last up to three weeks during the first episode. It is also possible for the first episode to be so minor as to go

unnoticed. Common symptoms of the first episode are fever, chills, achy joints and swollen glands. Once the first episode is over the virus "hides" and may or may not cause recurrent outbreaks. If a person gets an outbreak again it usually lasts only 5-7 days and is milder than the first outbreak.

While there is no treatment that will cure herpes, there is a medication, Zovirax that will shorten the length and severity of the outbreak.

VENERAL WARTS: These small lumps with an irregular bumpy surface can appear anywhere on the genital area. The warts are caused by a virus, (condyloma acuminata) similar to the virus causing other warts. They are quite contagious and can be transmitted during the incubation period, which is from 3 weeks to 6 months. The treatment may require repeated visits to the physician, because as some warts are treated incubating

warts appear. The treatment most often used, podophyllin, is fairly toxic and can not be used during pregnancy. The virus that causes these warts may be responsible for causing precancerous condition in a women's cervix, so women with venereal warts should get regular pap tests.

REDUCING THE RISKS: One way is to abstain. Another good way is to limit your sexual

encounters to someone you know well first as a friend. Building up a friendship first makes it easier to talk about potentially embarrassing topics and reduces the likelihood of withholding information. Another good idea is to use condoms. Not only are they an effective birth control method, but they do reduce the chances of acquiring of most STD's mentioned here.

Bulimia:

Paying a high price for being thin

In the past several years, there have been many articles in the mass media about "bulimia," an eating disorder which is almost exclusively a women's problem. One study conducted by Kathy Hamilton and Chuck Meade of the Counseling Center indicates that at least 7 percent of women students are probably bulimic; studies conducted elsewhere indicate up to 15 percent of a given female population are bulimic.

Characteristics of Bulimia

Bulimia is characterized by: — recurrent episodes of binge eating (rapid consumption of large amounts of food in a given period of time);

— an awareness that this type of behavior is abnormal;

— fear of not being able to stop eating;

— depression and negative self-thoughts after such eating.

— Eating binges are usually secretive (often leading to feelings of isolation and loneliness), and are terminated by abdominal pain, sleep, social interruption, or induced vomiting.

— Individuals with bulimia are often very concerned about their weight and make repeated attempts to control it by dieting, vomiting, or the use of laxatives and/or diet pills.

Problems From Bulimia

This type of abuse can lead to various physiological problems, some of which are very serious and may even lead to death: electrolyte abnormalities, addiction to laxatives, menstrual irregularities, kidney damage and malfunction, chronic diarrhea, salivary gland enlargement, blood sugar changes, increased prevalence of cavities, mouth-cheek erosions, loss of teeth, car-

diovascular abnormalities, nutritional deficiencies, and loss of tooth enamel.

The Causes

What causes bulimia? A good question! Research into bulimia is relatively new and consequently, the disorder has not yet been fully defined. However, from my viewpoint in treating bulimics in the last several years, a simplified summary of the factors that contribute to this eating disorder follows:

1. Our society puts great pressure on women to be both attractive (which includes being model-thin) and great cooks (which inevitably includes high-caloric foods).

2. These expected behaviors illustrate our femininity, and, therefore, our desirability as a potential-current mate. The double messages we receive regarding food are numerous and can be found in any "women's" magazine.

3. Beyond this conditioning, bulimic women seem to have learned that they should "swallow" their feelings, especially "negative" feelings. Feelings of anger, depression, neediness, and the like are not to be expressed. So, she eats (and attempts to swallow the feelings) and feels guilty (then rid herself of guilt by purging).

How Bulimia Is Treated

What help is available? The Counseling Center offers groups, the preferred mode of treatment for bulimics. In some cases, individual counseling may be more appropriate than group. By recognizing the problem and becoming aware of influencing factors, bulimics can learn to make changes that can allow food to no longer be an addiction.

For more information on the groups, call the Counseling Center at 453-5371.

Kathy Hotelling, Ph.D.
Counseling Center

Test For Gauging Stress And Tension Levels

The first step in learning to manage stress is to identify the kinds of stresses you experience in your everyday life and how these stresses affect you. An awareness of your own thinking process is also essential to reverse that "stressed out" feeling. Once you have identified these elements, you are ready to start making changes to reduce stress in your life.

Begin to identify your general stress level and your problem areas in stress management by taking the simple self-scoring test that follows.

(Circle the appropriate number for each item)

BEHAVIOR	Often	A few times a week	Rarely
1. I feel tense, anxious, or have nervous indigestion.	2	1	0
2. People at work/home make me feel tense.	2	1	0
3. I eat/drink/smoke in response to tension.	2	1	0
4. I have tension or aigntow head-aches, or pain in the neck or shoulders, or insomnia.	2	1	0
5. I can't turn off my thoughts at night or on weekends long enough to feel relaxed and refreshed the next day.	2	1	0
6. I find it difficult to concentrate on what I'm doing because of worrying about other things.	2	1	0
7. I take tranquilizers (or other drugs) to relax.	2	1	0
8. I have difficulty finding enough time to relax.	2	1	0
9. Once I find the time, it is hard for me to relax.	Yes	1	No
10. My workday is made up of many deadlines.	Yes	1	No

Maximum total score = 15 My total score = _____

What's Your Stress Score?

Unless you scored less than 2 points, you have something to learn about stress management. You can do this in one or more of the following three ways:

1. Reduce or eliminate the source of "stress triggers."
2. Change your perception or attitude toward the stress in your life.
3. Work to build your resistance to the effects of stress through good nutrition and exercise habits, and by practicing relaxation techniques

SCORE	TENSION LEVEL
10-15	CONSIDERABLY ABOVE AVERAGE
7-9	ABOVE AVERAGE
6-5	AVERAGE
3-5	BELOW AVERAGE
0-2	CONSIDERABLY BELOW AVERAGE

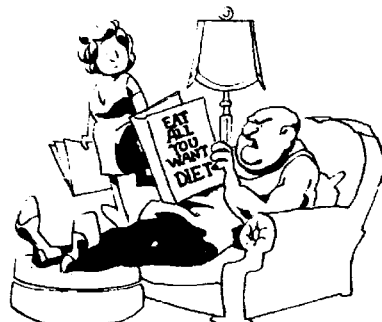
Natural foods buffet on April 6th

Have you ever wondered what vegetarians eat instead of those familiar burgers, steaks, and chops? Well, on Friday, April 6th, you can find out, for a small fee, when the Student Center and the Wellness Center present their second annual vegetarian buffet from 6-8 p.m. in the Renaissance Room.

The main courses include Tofu Parmigiana, Moussaka with Chickpeas and Savory Lentil Loaf. To add to your plate, you can try the Stir-Fried Vegetables, California Green

Salad, Applesauce Muffins, Rye Rolls, Apple Brown Betty, and Carob Brownies. All for only \$5.25 for students in advance; \$6.25 at the door. Non-students pay \$6.25 for advance tickets; \$7.25 at the door.

Driving with a hangover may decrease your driving ability by up to 20 percent, according to a recent Swedish report.



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Wellness Center: 536-4441

After Hours number
for medical advice: 536-5285

Emergency Dental Service: 536-2421

Charter bus service rolling

By Margaret Callcott
Student Writer

The Zimtran tour bus service is off to a rolling start after its January opening in Carbondale. Bob Zimmer and his wife, Bernadette, own and operate the business at 816A E. Main St., which offers charter bus service to anywhere in the United States.

Zimtran also offers one-day trips to St. Louis attractions such as the Fox Theater and the Westport Playhouse, as well as longer tours of attractions in Nashville, Tenn., Biloxi, Miss., and in Florida.

The Zimmers decided to open a tour bus service after Zimmer had been in the insurance business for 25 years.

"At 54 years old I decided to have a change in careers," Zimmer said with a laugh. He owned the Aviation Insurance Center in Carbondale before becoming production manager for the Alexander and Alexander Insurance Co. in Tulsa, Okla.

"We're adventuresome, we enjoy traveling and we enjoy meeting new people," Zimmer said of his attraction to the business. "I said, 'Bernadette, let's go home and start a tour bus business.' So we did."

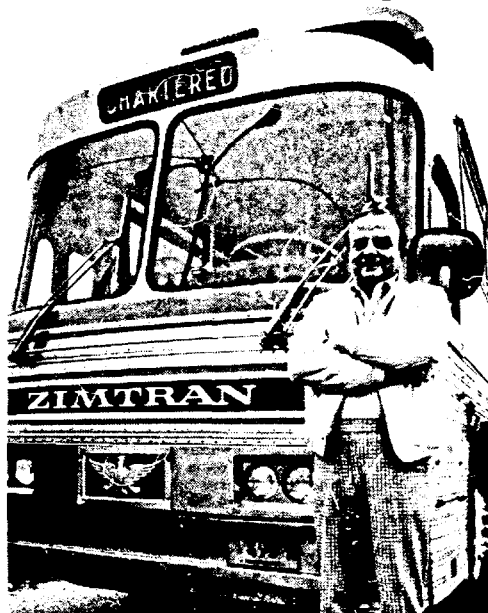
Zimtran's charter service has been doing well since its start in August, though the scheduled runs to St. Louis offered in January and February were canceled because of lack of interest.

Several universities, including SIU-C, Southeast Missouri State University, John A. Logan College and the University of Tulsa, have chartered Zimtran buses. Other public institutions, such as the Illinois Department of Corrections, the University of Illinois Extension Service and the Jackson County Housing Authority, have also made use of the service.

"People rent a bus to go anywhere and do anything," Zimmer said. "We've been all over the country."

Several banks in the area also charter Zimtran buses to offer trips to St. Louis and other area attractions as a public service.

"We've had the pleasure of taking some older people to see some things they've never had a chance to see before," Zimmer



Staff Photo by Neville Loberg

Bob Zimmer, owner of Zimtran, with one of his buses.

said. "It's really a gratifying experience."

Zimtran runs two 46-seat buses and employs two drivers to do most of the driving, though Zimmer helps when the drivers reach the legal limit of 10 hours at a time.

After 25 years in the insurance business, Zimmer doesn't seem to miss his desk.

"This way we're on the go. We see lots of people and lots of places," Zimmer said. "You have to like people to be in this business."

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Chemical society president to speak

Ellis K. Fields, president-elect of the American Chemical Society, will speak on "Industrial Oxidation of Hydrocarbons" at 7:30 p.m. Thursday in Neckers 218. Fields, who received his bachelor's degree and Ph.D. in organic chemistry at the University of Chicago, is the senior research associate with Amoco Chemical Corporation. He is a member of the

American Association for the Advancement of Science, the American Chemical Society, the Faraday Society and the Chemical Society. Fields's research interests are in the areas of petrochemicals, oxidation processes, photochemistry and lube oils and additives.

A reception will be held at 903 Glenview, Carbondale, after the lecture.

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JOE	CATER	SOBER
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Dream of amphitheater at Bald Knob to be fulfilled

By Debra Colburn
Staff Writer

The dream of performing a passion play in an amphitheater at Bald Knob Cross near Alto Pass will become reality this summer.

Construction began on the amphitheater last October. Robert Cundiff, general manager, said it will hold about 1,000 people depending on the funds available. Space nearby will accommodate another 1,500 spectators.

"It depends on our fund raising. We may end up our first year seating 500 if we can't afford seating for 1,000," Cundiff said.

The hillside will hold several thousand people, he said.

"We're trying to design a production that the audience can see and be close to the action. We don't really want more than 1,000 for attendance," he said.

Little work has been done on the amphitheater since the first week of December because of weather conditions.

"We're waiting for the hillside to dry out so we can continue working on the amphitheater," Cundiff said.

Auditions for cast members will be held from 6:30 to 10 p.m. April 13 and from 9 to 11 a.m. April 14 at the Baptist Student Center Auditorium on the SIU-C campus.

Anyone who is interested in performing in the play should audition, Cundiff said. About 36 cast members — 18 men, 12 women and four to six children — will be needed.

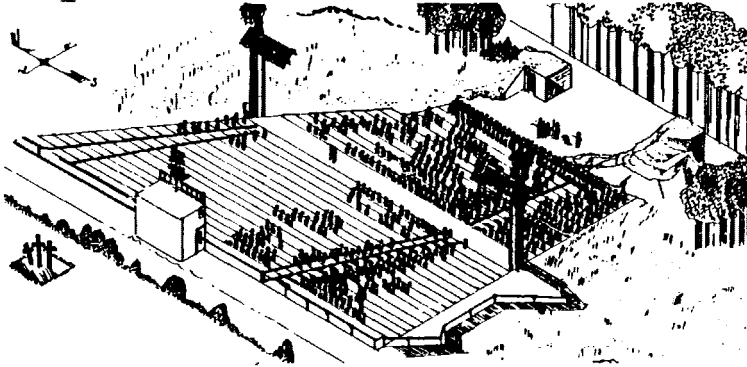
Those interested in auditioning should send a one page resume and photograph of themselves to the Bald Knob Passion Play Office at the Baptist Student Center.

They should also bring a prepared two to three minute dramatic monologue and be ready to do some unrehearsed readings from the script, Cundiff said.

Don Ryerson of Bob Jones University in South Carolina will direct the play and is in charge of the final cast selection.

About 20 workers, in addition to cast members, will be hired. People are needed to fill the positions of ushers, stage hands, parking attendants, concession stand and box office workers as well as workers in coming.

The performances will begin June 13 and end August 18.



The Bald Knob Mountain amphitheater, under construction since October 1983, will house its first performance in June. The stage is on the east end. The amphitheater will seat about 1,000.

There will be six performances each week, with none on Sundays, April 1 July 4.

Cundiff anticipates an average of 400 spectators each night.

The play has a budget of about \$115,000, Cundiff said. The money will be used to complete construction of the stage and amphitheater; provide scenery, sets and costumes; cover all printing and mailing costs; and to pay about 50 part-time workers.

Cundiff said they are trying to get enough funds to generate money for the part-time workers.

"Since it's our first year of operation, we have to be able to raise that money so that we can construct them," he said.

The Cross of Peace Foundation, a non-profit organization, is sponsoring the play and is in charge of all donations that are made.

Several fund-raising projects for the play have been organized. Letters have been sent out to area churches and people who have signed the guest register at Bald Knob Cross.

Large cans for contributions will be placed in stores soon, according to Cundiff. An auction, in conjunction with the Bald Knob Cross of Peace Foundation Spring Festival, will be held May 5.

Cundiff said Southern Illinois residents are responding slowly to the project but, "I haven't really talked to anyone who

wouldn't like to see this project succeed," he said. People are doing volunteer work, but more are needed he said.

Advance ticket sales begin April 23, the day after Easter. The price of tickets, until June 1, is \$6 for adults and \$3 for children. Prices then go up to \$7

for adults and \$4 for children. Rates for groups of 15 or more are \$5 for adults and \$2 for children.

Contributions to the project can be mailed to the Bald Knob Passion Play, P.O. Box 100, Alto Pass, IL 62905.

"I believe most of the funds will be raised by small contributions from individuals," Cundiff said.

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April 27-29

Writer created 'real' police film genre

By Terry Levecke
Staff Writer

The screenwriter of "Naked City," a 1948 release that gave birth to the police story genre, has many experiences to share with students during the two weeks he is spending at SIUC.

Malvin Wald has written 21 feature films, and two shorts that have made it to the screen. He has written about 300 television short films and series episodes that have been produced. In addition, he has many ventures as a producer to his credit. His casual reminiscences bring forth such names as Bing Crosby, Alan Ladd, Rich Little, Sara Churchill, Talulah Bankhead and George Lucas.

He has written in several different genres, from children-oriented work such as "The Boy Who Owned a Melephant" to the docu-dramas "Al Capone" and "In Search of Historic Jesus." His television credits include "Perry Mason," "Dobie Gillis," "Daktari," "The Life and Times of Grizzly Adams" and "You Asked For It."

Wald, an instructor at University of Southern California, is at SIUC as a visiting lecturer under auspices of the Cinema and Photography Department, working with undergraduates writing screenplays and with graduate students on legal aspects of the film business.

He will lecture on "Naked City" preceding a screening of the film at 7 p.m. Thursday in Davis Auditorium, Wham 105. "Al Capone" will be screened at 7 p.m. April 5 in Communications 008.

Wald said he considers "Naked City" his greatest success because of all the police stories that have followed it and were patterned after it.

Wald is a realist by style, and he wanted to write a murder mystery that touched reality more than the Sam Spade stories, for example, did. He wanted to depict actual police detective work and have it filmed on the streets of New York City.

When Wald, an Air Force veteran, was hanging around in Hollywood after World War II, he met independent filmmaker Mark Hellinger. Hellinger was skeptical, but he sent Wald to New York to research police operations anyway. Wald

Rotary Wing club to sponsor fly-in

The Rotary Wing Association of America will present a "Fly-In" on SIUC Guest Day from 10 a.m. to 6 p.m. Saturday at the Southern Illinois Airport.

Aircraft from the 1920s to the present will be on display and the Saluki Flying Team, the Armed Forces and other organizations will have displays and information tables to answer questions.

Free bus service from the guest headquarters in the Student Center to the airport will be provided. Admission is free.



Staff Photo by Andrew Lusec

Malvin Wald, visiting lecturer, had the idea and wrote the screenplay for the movie classic, "Naked City," which will be shown at 7 p.m. Thursday at Davis Auditorium.

returned a month later with several story ideas.

Filming in the city streets terrified Hellinger, Wald said, because he had no control over crowds or the weather. At that time, films were shot in studios.

In addition, Hellinger was taking a great financial risk on Wald's idea when he had other scripts he was sure of. Hence, the project was shelved. But Hellinger changed his mind in a few months and the idea became a reality.

But even after all his effort, Wald was disappointed when he saw "Naked City" for the first time.

"I thought it was a failure. I was shocked. Nothing ever lives up to your imagination," Wald

said. "I was amazed when not only was I nominated for an Oscar for best story but the cinematographer and the editor won the Oscar for best picture of the year." The British film academy also nominated the film for best picture.

In addition to screenwriting success, Wald has enjoyed success in television writing, too.

Wald said he got the most satisfaction from his work on the television jungle adventure series "Daktari," which aired from 1965 to 1969.

"Because we had the largest audience of 2- to 6-year-olds, I felt I was influencing the minds and thoughts of countless millions of children who would

grow up loving animals," Wald said.

But after all his success at writing for television and cinema, Wald said the writing aspect of his career is the part he has liked the least.

"Writers face rejection every day of the week. For every film that's made there's three on the shelf that don't get made. Writing is terribly hard work. It's the research I like. I learn something every time that goes into me as a person."

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104 CABLE FM / 600 AM



Carbondale's Only Video Show Exclusively On CABLE 7

Daily Egyptian

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No ads will be mis-classified. Classified advertising must be paid in advance except for those accounts with established credit.

FOR SALE

Automobiles

- '76 FORD THUNDERBIRD. Excellent condition. Rebuilt carburetor, new muffler, new tires. Call 529-5480. 5405Aa127
- 1975 PLYMOUTH FURY in good condition. New tires, \$700 or best offer. Call 529-2646. 5426Aa127
- DODGE 024, MURPHYBORO. 1981, 40 plus mpg, 30,000 miles, ac, \$4800. 684-6271. 5427Aa126
- 1979 BUICK RIVIERA. Excellent condition, see to appreciate, 1980 Oldsmobile Cutlass Brougham, AM-FM stereo cassette, excellent condition. Better to call nights, 529-3055. 5440Aa136
- '74 VW SUPER Beetle. Rebuilt engine. Recent body work & paint job. Michelin radials. Dependable. \$1500. 457-5448 after 7 p.m. 5446Aa125
- 1983 VW Beetle. Excellent running condition. \$750. Call 684-4713 after 6 p.m. 5339Aa126
- 1975 RABBIT 4 speed, AM-FM. Good condition. \$900.00. 450-457-6186. 5474Aa125
- 70 VW, ORANGE, sunroof, am-fm, good condition. \$850 or best offer. Call 549-6203 evenings. 5471Aa126
- 1973 OLDSMOBILE DELTA 88, PS, PB, AC. Stereo. New parts. 529-2538. 5465Aa129
- 1973 FORD XLT 150 Truck. Automatic, 360 engine. \$1995. Call 549-3000. 5524Aa133
- '73 BUICK LESABRE, 4-door. Excellent city & highway car. \$560 OBO. Call 457-6368. 5557Aa126
- 1974 FORD CAPRI. Runs well. Good gas mileage, a-1, 65,000, \$600 or best offer. 549-2897. 5539Aa126
- 1976 MONTE CARLO, white, 77,000 miles. New exhaust system. \$1290. Please call after 5pm - 457-5418. 5508Aa131
- 1974 MAZDA, 4-speed, very good condition, must sell, only 3950 o.b.o. Call 457-6590. 5706Aa127
- 1979 FIAT STRADA, Auto, ps, pb, ac, am-fm, clock, luggage rack. Rear window deicer and wipers. Tach. Low miles. Sharp \$2700. 1-683-9581. 5575Aa127
- 76, CHEVY MALIBU-GOOD condition and very reliable - best offer. Call 549-7216 after 5 p.m. 5711Aa126
- '73 MUSTANG. 302 V-8, ac, ps, T-top, am-fm stereo, white, ac, 0. B. O. Call 1-833-5151 day. 867 2731 nights. 5729Aa133

- 73 FORD MUSTANG. Excellent condition. \$1350 or best offer. Telephone 529-2966 after 5 p.m. 5728Aa133
- 73 VW VAN. Excellent condition \$1800 or best offer. Telephone 529-5189 after 6 p.m. 5727Aa133
- 1969 EL CAMINO 307 Hurst 3-speed, stereo with Alpine E. Q. runs great, body needs work, \$450. Also Puch moped. Runs, \$100. 529-5409. 5721Aa130
- 74 CHEVY 3/4 ton pick-up. Power steering-brakes, 402 automatic, w-camper. Power fuel! \$1200. 453-4516. 5720Aa124
- 78 FORD FIESTA. Excellent condition. 40 mpg. Must sell. \$1000. Call 457-3958. live message. 5713Aa143
- 1974 FIREBIRD FORMULA. Runs well, body needs work, 83,000 miles, \$450. 457-2063 or 529-2473. JoAnn. 5704Aa126
- MUST SELL 1979 Toyota Corona Deluxe. Only 34,000 plus miles. Call 529-5544. 5739Aa126
- 1979 FIAT SPORTSCAR 128, nice car, good condition, MPG-28, 51,000 mileage, \$1500, ask for Nidal. 549-1276. 5746Aa144
- 1976 VW SCIROCCO. (sporty), great condition, with excellent stereo. 687-4971. 5760Aa126
- OLDS CUTLASS '72. Runs great, newly rebuilt trans, \$600 or best offer. Serious buyer call 529-9575. Rm. 242 Zainab. 5759Aa127
- 1966 DODGE CORONET 440, with 78 motor in good condition. \$300. Call 549-8538. 5764Aa126

Parts and Services

- ALTERNATORS AND STARTERS rebuilt. Lowest prices in Southern Illinois. 8500 & Rebuilders, Marion, Illinois. All work guaranteed. Call 1-997-4611. B512Aa127
- USED TIRES. Low prices also on new and recap. Gator Texaco. 529-2202 1501 W. Main. 5541Aa156
- SAVE MONEY AND time. See Carbondale's oldest radiator shop. You can bring out radiator or water in for repair or bring your car and let us do the complete job. The leak stops here. Huff's Radiator Shop, 315 W. Willow, Carbondale, 549-3422. B5551Aa126
- FLOORBOARDS, DOORHINGES & latches. Ford truck body mounts, foreign and domestic auto and truck repair. Also: Welding, custom & repair. Mike Page - Gator Texaco, 1501 W. Main St. 529-2202. Mon. - Fri. 9:30 am-6:30 pm. 5498Aa125

Motorcycles

- '79 GS800 SUZUKI, Vetter Pairing. Much more \$1500. Must sell. Call 529-4093. 5428Aa127
- 1975 KAWASAKI KZ400. Good condition. Runs well. \$550. O. B. O. Call 536-5561. Ask for Eric. 5429Aa128
- 1978 YAMAHA ENDURO 175. \$500. 1976 Kawasaki KZ400. \$450. Dave 455-4154. Motobeach \$175. 12-speed. 5589Aa127

INSURANCE

- Low Motorcycle Rates Also
- Auto, Home, Mobile Home Health, Individual & Group
- AYAL INSURANCE 457-4123

Real Estate

- LANDLORD PHOENIA, BEST of both worlds! Own your own home with payments as low as your rent payments are now! No obligation information available by calling or stopping by Century 21, House of Realty, Carbondale, 529-3521. B5250Aa135
- "LAKE OF EGYPT" Newer owner built 2700 foot home on 2.29 acres, 150 foot water frontage, steel dock, four bedrooms, three bathrooms, fireplace, heat pump, air, carpeting, drapes, many extras. 1-959-9075. 5574Aa132
- SW OF ELKVILLE, 16 acres total, 14 acres tillable. 12x65 mobile home, 2 bedrooms, 2 full baths, underpinned and anchored. Will sell property with or without mobile home. 568-1058. 5637Aa134

- COZY LITTLE HOUSE. country setting on Crab Orchard Creek. Only 4 miles from campus. \$37,000. Call 549-6220 (eve.) or 536-7711, ext 256.
 - 40 ACRES MOSTLY tillable, 4 miles east of Carbondale with 1/4 mile frontage on black top road. Includes 4-acre spring-fed lake. Special financing available. Full price, \$40,000. Phone 549-6612 days, or 549-3002 after 5 p.m. B5560Aa144
- ### Mobile Homes
- 12x50, \$2995; 12x60, \$3995; Cabl Carbondale Mobile Homes. 549-3000. B5008Aa126
 - '83Y2Z FURNISHED MOBILE home at Roxanne Trailer Court on S. 51, 11510 O. B. O. 549-2831. 5196Ae127
 - 1971 12X60 MOBILE home. New gas furnace, carpet, A. C. Must sell. Call 549-6926. 5451Ae126
 - 1980, 14x60. Central air, underpinned, all electric. Must sell. \$9500. Call 549-1686 after 3:30. 4461Ae129
 - 1967 COMMODORE 12x68. Good condition, many extras. Must sell. Best offer. 529-4467 or 457-8631. 4420Ae126
 - REDUCED! 10x50, NICE partially furnished, 2 bedrooms, & utility shed \$2000. Call 684-2361 or 985-6555. 5497Ae131
 - 2 10x50 TRAILER for sale. One is \$2,200, one is \$2,500. 684-6274. For sale or rent. 5384Ae154
 - 12X50, NICE. ALL electric, ac, shed, unfurnished, cable, at T and C. \$5000. 457-7136. 5625Ae126
 - MANY NICE FEATURES added, moving, must sell. Best offer. 549-1924. 5715Ae126
- ### Miscellaneous
- HOOKAHS, TOBACCO PIPES and supplies, incense and t-shirts. Lowest prices in town on records and tapes. Main St. Records, 1118 Main St., Mt. Vernon, IL. North of Marion off of I-57. 5230Aa132
 - JENNY'S ANTIQUES AND Used Furniture. Old Ill. 13 W. Turn south at Midland Inn Tavern, 303 S. 3 miles. 549-4978. B5526Aa137
 - 10 SPEED FUJI bicycle. Yamaha gas fuel. Marantz stereo system. furniture. 529-2538. 5463Aa129
 - MISS KITTY'S USED Furniture. The place where you buy for less and bank the rest. Route 149, Hurst. Free Delivery up to 25 miles. 5489Aa140
 - ATARI, LIKE NEW 5 tapes, \$75 or best offer. 687-4776. 5592Aa122
 - IBM LONG CARRIAGE typewriter, \$125. Call 549-8538. 5765Aa126
- ### Electronics
- 8MM MOVIE CAMERA & Projector. Power Source 120-240 Volts. Get 1 X-Rated movie free. 549-2098 after 4 p.m. 5505Aa126
 - 25" ZENITH COLOR television - beautiful picture, excellent condition. Must sell. \$150. 457-7009. B4421Aa126
 - PIONEER CTR 500 home cassette deck. Like new. \$65 firm. 1-997-9697. 5454Aa128
 - COMPLETE WANG WORD Processor-Computer system includes CRT desk, two 8" diskettes, 300 lpm printer, 2200 cpu, \$20,000 new, asking \$4500. Serious inquires only. Phone 549-3002 after 5 p.m. B5559Aa133
 - COLOR TV, 19-inch. Excellent condition. \$200. Commodore 64 computer w- manuals, \$150. Call after 6:00 p.m. 549-8477. 5749Aa128
 - TWO BRAND NEW Zenith ZTX-11 computer terminals w- smart modems. Retail \$579. Wholesale prices available. 549-1314. 5761Aa126

- ### STEREO—SERVICE
- Quick Reasonable, Reliable Service on all Stereo-Video Equipment.
- SHASTEEN'S University Mall 549-6731
- Dear Customer: Someone who knows you knows me and has learned that Stereo and Television Repairs need not be expensive nor time-consuming. I make repairs for less, offer some day service and offer free estimates with a 90 day warranty. Like that someone you know, call Allen's T. V. and Save. 549-5936 403 S. Graham Allen
- ### STEREO SABIN AUDIO
- We'll beat any price in town
- TDK SA 90 \$2.15
MAXELL UDXLII 90 \$2.35
MAXELL UDXLII 90 \$2.25
TEAC Metal 90 \$4.00
- SIARE GAMMA SPEAKERS (From France) \$600/pr.-Sale \$350/pr.
SONY DIGITAL DISK PLAYER CDP-101 Retail \$900-Sale \$650
APATURE SPEAKERS (From Conn.)
2-8" POLY-WOOFER & 1" SOFT DOME TWEETER Retail \$500/pr.-Sale \$200/pr.
OPEN EVERYDAY Sun-Sat 11313 SOUTH ST. MURPHYSBORO, IL 684-3771
- ### BACK FROM BREAK SPECIALS
- ODDS & ENDS:
- Bearcat Alert Weather Radio \$34.95
 - Whistler Z-70 Radar Detector \$59.95
 - Cobra or Uniden Emergency CB \$69.95
 - Regency Programmable Scanner \$149.95
- CARTRIDGES:
- Audio Technica AT-70 \$19.95
 - Audio Technica AT-330 \$19.95
 - IMS 1466E \$14.95
 - Nagatron 195IE \$29.95
 - Nagatron 1751S \$24.95
 - Ortofon 1751XE \$49.95
- RECORD CARE:
- Audio Technica Sonic Broom \$10.95
 - Discwasher \$13.95
 - D'Stat Mats \$6.95
 - SC-2 Stylus Cleaner \$6.95
 - Zerostat Anti-Static Gun \$19.95
- Nader Stereo
715 S. University 549-1508
- Pets and Supplies
- PROFESSIONAL DOG GROOMING. All breeds. 549-3067. Reasonable rates and Tender Loving Care. 5223Aa159
- COCKER SPANIEL, MALE, 7 weeks old. AKC registered. \$100. Call 549-5855. 5475Aa126
- FOR SALE: GOLDEN retrievers, 7 weeks old. Call 549-2700. 5745Aa129

Bicycles

- SCHWINN PARAMOUNT. 23 inch. Reynolds 531-Db, Campagnolo hublars. \$550. 532-9143. 5560Aa128
 - 10-SPEED MEN'S bike in excellent condition. Please call after 2 pm. 457-8874. \$110.00 or best offer. 5750A127
- ### Sporting Goods
- WEIGHT BENCH and weights. \$35; large punching bag. \$35. Girl's bicycle \$25. Call 549-8538. 5766Aa126
- ### Furniture
- HOMFURNITURE. Sofa, sleep., dining and dining room. Stereo Equipment: Yamaha receiver, Pioneer turntable and cassette deck, Bose speakers. Like new, low prices. 529-3808. 5441Aa125
 - BOOK SHELVES, \$40. Nice wooden living room lamp, \$15. Call 1-997-9697. 5465Aa126
 - FULL SIZE BED complete with wood and brass headboard and metal frame. Excellent condition. \$249 OBO. 549-7237 or 529-3808. 5719Aa126
- ### Musical
- SURE SM 58-57, \$110-\$120 New. Fender Stratocasters, \$435 New. Stereo Recording & rehearsal studios. P. A. rentals. Sound Care. 457-5641. 5404Aa139
 - GUITAR, HOHNER ELECTRIC. Mint condition, Hard shell case. \$125. 536-5561. Ask for Eric. 5492Aa126
- ### FOR RENT
- ### Apartments
- APARTMENTS. CARBONDALE. VERY near campus West Mill Street, townhouse style. 2- bedrooms and bath up, living room & kitchen down, range and refrigerator furnished, natural gas water heater and furnace. 2-ton air conditioning, owners do mowing and normal refuse pickup. Available June 1 or after, very competitive prices, call 457-7352 or 529-5777. Signing leases now. B5000Aa125
 - APARTMENTS, CARBONDALE. VERY near campus South Poplar Street, basic furnishings, 2-bedroom, 1-bedroom, and large efficiency, owners do mowing and normal refuse pickup. Available June 1, or after, very competitive prices, call 457-7352 or 529-5777. Signing leases now. B5161Aa125
 - FURNISHED EFFICIENCY APARTMENT for rent. Close to campus, fully carpeted, air conditioned. Water and trash pickup included. 529-3929, 457-5422, 457-7403, 457-2134. B5128Aa125
 - NEW, 2 BEDROOM furnished, 516 S. University. \$350-mo. including utilities. 549-5596. B5913Ba127
 - SPACIOUS FURNISHED, 1 bedroom, ac, quiet area. 457-5276. B5236Ba122
 - GEORGETOWN APARTMENTS. RENTING fall & summer for 2, 3, 4 people. Very nice! Display open 10-6:5-30 daily. 529-2187. 684-3535. B5240Ba131
 - FURNISHED, 1-2 BEDROOM, waterbeds, optional, ac, carpet, water included. 529-1735. 457-6865. 4399Ba135
 - CLEAN, QUIET EFFICIENCIES. One, two and three bedroom apt. Very close to campus. Some utilities and heat. 687-1958. B5300Ba137
 - MURPHYSBORO. FURNISHED OR unfurnished, large bedroom. Carpeted. Quiet. Mature adults. No pets. Deposit \$185. 549-2888. B5317Ba138
 - LARGE FURNISHED EFFICIENCY Apt. near Recreation Building. One or two students. W.D., ac, summer or fall. low rate 1-985-6947. B5512Ba137
 - APT. TOWNHOUSE STYLE, W. Mill, across street from University, two bedrooms. Call 457-7352 or 529-5777. B5516Ba127
 - 1-BDRM. TOWNHOUSE. Spillway Rd. Avail. May 15, spacious, quiet \$150-summer; \$165 fall; low utilities! 3-bdrm. Avail. Aug. Luxury! 529-1379. 5448Ba128

Mobile Homes

TWO BEDROOM REDUCED
Rent, available now. No pets,
please. 457-8352 after 4pm.
B556Bc142

MALIBU VILLAGE
NOW RENTING
FOR SUMMER AND FALL
Three Locations
Rent Starts at \$165

1. Hwy. 51 S. Mobile Homes

12 & 14 Wides, locked mailboxes, close to laundromat, 9 or 12 month lease. Special summer rates. Satellite dish with MTV and FM channel and HBO available.

2. 1000 E. Park Mobile Homes

12 & 14 Wides close to campus, close to laundromat. 12 month lease, cablevision available.

3. 710 W. Mill Apartments

Two bedroom, across street from campus. Medeco lock system for extra security, 12 month lease, cablevision available.

CALL
529-4301
NOW

2 BEDROOM, NEAR mall in small wooded court. Fireplace, breakfast bar, 12x26 foot living room. Absolutely no pets. Available immediately. Married couple preferred. 549-3973 B5610Bc127

CALL US NOW
549-3000

Summer & Fall
Lease Information

MOBILE HOMES

- Laundromat
- Cablevision
- Free Bus to SIU

HWY 51 North

ROYAL RENTALS

Now Taking Contracts
For Summer and
Fall/Spring Semester

RATES

	Summer	Fall
Eff. Apts.	\$110	\$155
1 Bdrm. Apt.	\$140	\$185
2 Bdrm. Apt.	\$200	\$300
2 Bdrm.		
Mobile Home	\$95-	\$110-
	\$110	\$155

All locations are furnished and a/c.

NO PETS
457-4422

Rooms

NICE ROOMS AT good rates, 549-2831. 4756Bd159

PRIVATE ROOM FOR man student two blocks from campus. All utilities included. Can do cooking. Call 457-7352 or 529-5777. B5517Bd127

FURNISHED PRIVATE ROOMS in co-ed house very close to campus. Low summer rates includes utilities. 549-3174. 5447Bd128

ONE ROOM TO sublease for summer. Nice quiet place that's close to campus. Call after 6pm. 529-1869. 5502Bd126

ROOMS, CARBONDALE. FOR men & women students in separate apartments, 2 blocks from campus, West College Street north of University Library. You have key to the apartment and to your private room. You have your own private frostless refrigerator & 2 cooking ranges in each apartment. Share kitchen & bath, with 2 lavatories, with other students in your apartment only. Large lounge, ample kitchen cabinets, book shelves, TV in lounge, pay telephone, washer & dryer, Coca-Cola machine, security lights. Utilities included in rent, very economical, very competitive. Available June 1 or after. Call 47-7352 or 529-5777. Signing leases now. B5163Bd125

ROOMS, CARBONDALE. FOR women students, in an Apartment, very near campus on South Poplar Street, you have private room, share kitchen, living room, bath with other students in your apartment only, utilities, mowing and refuse pickup in rent. Available June 1, or after, very competitive prices, call 457-7352 or 529-5777. Signing leases now. B5162Bd125

Roommates

3 FEMALE ROOMMATES needed to share nice house, 3 bks. from campus. From Aug. '84 to Aug. '85 with summer sublet option. 529-2982. 4417Bd125

PROFESSIONAL ROOMMATE SEARCH. Two's Company Roommate Finding Service, 300 E. Main, 529-2241. Fee. 548Bd130

FEMALE ROOMMATE WANTED attractive, spacious, clean, 2 br. apt. in Carverville. Available immediately. \$117 per mo. plus 5¢ elect. Call Sharolyn at 909-5758 (days), 965-4087 (evenings). 5500Bd126

2 MALES WANTED for Lewis Park Apartments, Fall and Spring of '84. Clean and close to campus. Call 549-4558.

ROOMMATE WANTED To share nice mobile home summer and/or fall-spring. Washer-dryer, dishwasher, cable TV. \$95-monthly. Utilities separate, non-smoking only. Call after 9 p.m. 457-5395 or 457-4011. Bob 5708Bd127

FEMALE ROOMMATE NEEDED for summer. Lewis Park. Call 457-5366. 5707Bd127

ROOMMATE WANTED. NICE roomy house, own big bedroom. Close to campus. Call 549-4447, after 6pm. 5714Bc130

Duplexes

CARBONDALE, 1 BEDROOM, \$165 summer, \$200 fall. No pets. 549-2888. B5296Bd136

LARGE 4 ROOM duplex, near campus, screened porch, starting summer. 529-1735. 457-6968. 4400B135

OFF 51 S. 1 1/2 miles south of Arndell's 2 bedroom over 1 acre lot. Country atmosphere. Custom kitchen. Shag carpet. Lots of storage. Appliances furnished. Couples preferred. \$280-month. 549-5505. B5548B131

SUBLET (SUMMER), 2 BEDROOM duplex, quiet area, all laundry facilities. Furnished, \$150-month. Negotiable, call after 3pm. 457-2266. 5495Bd126

CAMBRIA TWO BEDROOM duplex, \$170 per month plus deposit & lease. Call Century 21 House of Realty. Ask for Diane. 529-3521. B5558B143

Wanted to Rent

OLDER GRADUATE COUPLE seeks nice home to rent around May 31. 457-5110. 5725Bd133

Mobile Home Lots

BIG, SECLUDED SHADY mobile home lot. First month free, \$45-month. We pay \$100 for moving. Raccoon Valley, South Hwy. 51. Call 457-6167. B5318B138

WILDWOOD PARK, NICE shading lots, fishing lake, picnic pavilion with playground. \$60 per month. 529-5878 or 529-5331. B4413B131

HELP WANTED

CRUISESHIPS HIRING! 116-30,000! Caribbean, Hawaii, World. Call for Guide, Directory, Newsletter. 1-(916) 944-4444, 2Xt. South:err. Hi. Cruise. 5342C127

AIRLINES HIRING! STEWARDESSES, Reservationists! \$14-39,000. Worldwide! Call for Directory, Guide, Newsletter. Air 1-(916) 944-4444, Ext. South:err. Air. 5241C127

\$25 HOURLY FEMALE figure models. No experience necessary. Hair, make-up, nails essential. All work becomes property of Dwayne Cavitt Productions or Assignee(s). Model's signature required. Check Men's Market Magazines before calling. 549-4612 Day or Eve. Jobs. Sets may appear pseudonymously. 5262C133

WANTED: CREATIVE, EMERGENCY individual to work consistently 24 hours per week, placing and filling posters on campus. Earn \$500 or more each school year. 1-800-243-6706. 5297C125

GRADUATE ASSISTANT-FOR fall semester for Wellness Center. Will provide personal counseling in pregnancy, birth control, and STD's. Also be responsible for planning and implementing educational programs and promotional efforts in the stated areas. Qualifier tests include: training in counseling, minimum knowledge of sexuality, group facilitation skills and personal comfort with aspects of sexuality. Contact Janice Kulp at 336-4441. Deadline for application is April 13th. 5530C126

NURSES, RN'S, OR LPN'S needed for migrant health program. June thru October. Bilingual (Spanish-English). Preferred but not mandatory. Salary depends upon training and experience. Apply Shawnee Health Service, P. O. Box AG, Murphysboro, IL 684-5844. B5549C125

2 FULL TIME live-in staff positions available as residential service providers. Minimum qualifications, Bachelor's Degree with experience with working with developmentally disabled, disabled populations or related area. Pay commensurate plus with experience. Send resume to Five Star Industries, Inc. Attention: Tom Parker, P. O. Box 206, DuQuoin, IL. 62832. E. O. E. 4419C125

BARTENDER-WAITRESS, 30 hrs-wk., some weekends, apply at Cabaret Lounge after 1 p.m., Jackson Square Shopping Center, Murphysboro. B5547C126

COMPANION FOR YOUNG blind woman. Summer, fall, and spring semesters preferred, or just fall and spring. Includes free room & board in family residence. Driver's license and references necessary. Reply to P. O. Box 371, Murphysboro, IL 62956. 3696C127

MALE DANCERS, POTENTIAL \$20 plus per hour. Apply between 7 and 9 p.m. Weds. and Thurs. DuMaroc's. B5521C125

FEMALE DANCERS 5 nights a week. Potential \$10 plus per hour. Apply between 7 and 9 p.m. Wed. and Thurs. DuMaroc's. B5522C125

WAITRESSES NEEDED. Apply between 7 and 9 p.m. Wed. and Thurs. DuMaroc's. B5523C125

IMMEDIATE OPENING FOR Barmaids. Apply at King's Inn Hideaway. 825 E. Main, Carbondale. 4407C128

IMMEDIATE OPENINGS FEMALE Dancers, \$5.00-hour plus tips. Strictly legitimate type entertainment. (No Nudity) Apply at King's Inn Hideaway, in person. 825 E. Main. C'dale. 4406C128

CAMPUS PAINTERS IS now interviewing in Evansville, IL for spring and summer work. If you are a responsible, hard-working person looking for a good paid summer job, please apply. Applicants should live in or around Chicago north suburbs and have transportation. Call 312-251-0151. 2901 Central Street, Evansville, IL 60211. 5614C128

ATTENDANTS FOR SUMMER and fall '84, M-F to assist physically disabled students with personal care. Apply at Woody Hall, B150 or call 453-5738. 5710C125

MED. STUDENT SEEKS mature, non-smoking individual to help with housework and 2 children ages 5 yrs. and 9 mos. M-F eve. Call 457-5788 after 5. 5728C126

PERSONS TO READ for the blind for school and recreation. Earned wages at \$10 per hour. Call Jim mornings. 5756C127

OPENING: PROFESSIONAL COOK-HOUSEKEEPER. Must have Serv. Certification and one year supervisory experience. Contact Sunrise Preschool, 1000 N. Main, Anna, IL. 5758C125

EXPERIENCED VIDEO PRODUCER for uni versity public relations operation. Required: 3 years commercial experience, bachelor's in R-TV or comparable electronic communications program, solid creative and PSA capabilities, good EFP knowhow, sharp shooting editing, and technical skills. Preference given for university experience and writing abilities. Will ask audiotape cassette. Resume with application letter to: University Photocommunications, Bldg. 866, Southern Illinois University, Carbondale, IL 62901. An AA-EEO employer. B5763C127

NEED CASH? EARN \$500 plus each school year. 2-4 (flexible) hours per week placing and filling posters on campus. Serious workers only, we give recommendations. Call now for summer & next fall. 1-800-243-6679. 5568C129

LEGAL SECRETARY, CARBONDALE. Land of Lincoln Legal Assistance Foundation, which provides legal services to poor people seeks a person with excellent typing and other secretarial skills to fill an immediate opening for a full-time secretary in its Carbondale office. Experience in legal field preferred. Send a resume, in confidence, to: Clarissa Allen, Land of Lincoln Legal Assistance Foundation, Inc., 205 West Main Street, Carbondale, IL 62901. Application deadline: June 8, 1984. An Equal Opportunity Employer. B5561C130

SERVICES OFFERED

TYPING - RUSH JOBS and regular. Cassette tapes transcribed. Term papers, theses, dissertations, book manuscripts, legal, editing. Adjacent to campus. Wilson's Typing Service. 529-2722. 3747E159

THE HANDYMAN-CARPENTRY, drywalling, painting, electrical, lawn mowing, yardwork, hauling, tree cutting. Quality work. Reasonable rates. 457-7026. 5180E133

CARPENTRY, ELECTRICAL, PAINTING, roof work. No job too small. Reasonable rates. 549-7245. 4863E126

DAVIS CONSTRUCTION-ANYTHING from a hole in your roof to a whole new house. Affordable quality. 457-8438. 4875E159

BOLEN FURNITURE REPAIR offers you over 30 yrs. experience, high quality, craftsmanship, custom-made parts, professional results. 337 Lewis Lane. Phone 457-4924. B5083E126

STOR. N. L. O. K. MINI STOREHOUSE. 707 E. College St. Carbondale, self storage, many sizes available, low monthly rates, for more info, call 529-1133. B5125E143

JILL'S TRAILER REPAIR. We fix all types. Free est. fully ins. Now is the time to fix up that trailer. 867-2528. 5190E134

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Internships offer experience, better chances in job market

By Dave Saelens
Staff Writer

About two of every four graduates who intern while in college find jobs in their field of study after graduation, according to a counselor in the Career Planning and Placement Center.

Tony Chavez, who has been a placement counselor with the CPPC since August, said summer internships are one of the best ways a student can gain job experience. He said the Internship Support System, one of the newest branches of the CPPC is helping students to find these opportunities.

"Internships are absolutely the top," he said, "there's just no substitute for experience."

Since the inception of the ISS in August, about 350 students have requested help in locating internships and about 25 students have been placed with structured internship programs, he said.

Chavez said students wanting to intern should begin their search the first semester of their sophomore year. He said

the ISS uses that year as a planning year — "getting the student used to the placement game."

During the first year of a student's search, Chavez said that the center offers help in developing job objectives, as well as helping the student to develop a resume, work on interviewing skills and research potential companies.

He said most companies prefer that students intern the summer before their senior year because, by then, the student has had enough course work to handle the job.

Many internship programs are available to SIU-C students,

he said, citing 15 companies which have come to campus this semester with intern programs. The majority of the companies offering programs are big corporations.

He added that the academic majors which are offered the most internship opportunities include engineering, computer technology and marketing students.

Chavez said the ISS is currently being used as a testing ground for a broader scale program which would branch out the ISS and develop contacts with faculty and academic advisors to help them in finding internship programs.

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THURSDAY MEETINGS:
Fellowship of Christian Athletes, 7 p.m. Student Center Ohio Room; The Totkien Fellowship, 3 to 5 p.m., Student Center Activity Room B; SIU-C Hacing Team, 7:30 p.m., Student Center Activity Room B.

THE VOLUNTEER Income Tax Assistance Program will provide free income tax help from 4 to 6:30 p.m. Thursday in Lentz Hall and from 6 to 9 p.m. Thursday in the Student Center Troy Room.

AMERICAN MARKETING Association will hold officer elections at 7 p.m. Thursday in Morris Library Auditorium.

SAUL SOJARZANO, a Salvadoran, will speak on the crisis in his native country at 7 p.m. Thursday in the Student Center Mississippi Room. Sponsored by the Coalition for Change.

SOUTHERN ILLINOIS Singles will meet for dancing at 8 p.m. Saturday at The Roundup in Murphysboro. For more information call 428-3285. Admission is \$3.

THE SOUTHERN Illinois Collegiate Sailing Club will meet at 9 p.m. Thursday in Lawson 201. Free sail day scheduled April 7 at Crab Orchard lake will be discussed. The meeting is open to the public.

CARBONDALE community blood drive will be held from 1 to 6 p.m. Friday at St. Francis Xavier Catholic Church.

THE ILLINOIS Freeze Voters will meet at 7:30 p.m. in the chapel of the Wesley Foundation. Paul Allison from the Illinois nuclear weapons freeze campaign in Chicago, will be present to answer questions.

THE STUDENT Chapter of the Wildlife Society will meet at 7:30 p.m. Thursday in Lawson 221. Gary Potts from the Illinois Natural Survey will speak on "Employment Opportunities."

A BICYCLE maintenance clinic will be held from 7 to 9 p.m. in the Recreation Center. Making minor repairs, adjusting brakes, and changing a flat tire will be discussed.

Sponsored by the SIU-C Cycling Club.

CAREER information workshop providing resources of job requirements, salary information and job outlooks will meet from 10 to 11 a.m. Thursday in Woody Hall B204.

THE GAY and Lesbian Peoples Union will hold a bake sale from 8 a.m. to 2 p.m. in the north wing of Communications.

APPLICATIONS for Daily Egyptian news staff are being accepted. Forms are available from Bill Harmon in the newsroom. A required grammar and writing test will be given from 10 to 4 p.m. April 6 in Communications 1250.

A COMPUTER graphics video show will be presented from 3 to 5 p.m. Thursday in the fourth floor video lounge in the Student Center. Admission is free.

"THE NAKED CITY," an Academy Award nominated film, will be shown at 6:30 p.m.

Thursday in Davis Auditorium in the Whaan Building. Screenwriter Malvin Wald will be available for discussion after the movie.

ADVANCED lifesaving courses are being offered by the Recreation Center. A retraining course will be held from 5 to 9 p.m. Thursday and Friday and 8 a.m. to noon Saturday. Registration is \$10. Regular course will be held from 5 to 10 p.m. April 5 and 6 and from 8 a.m. to 1 p.m. April 7 and 8. Registration is \$12. Call 536-5531 for more information.

BRIEFS POLICY - The deadline for Campus Briefs is noon two days before publication. The briefs must be typewritten, and must include time, date, place and sponsor of the event and the name and telephone number of the person submitting the item. Items should be delivered or mailed to the Daily Egyptian newsroom, Communications Building, Room 1247. A brief will be published once and only as space allows.

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Entertainment Guide

LIVE ENTERTAINMENT

Airwaves - There will be a rockabilly party all weekend when The Hellbillys take the stage Friday and Saturday nights.

Elk's Club - Saturday night, Country and Western entertainer Billy Cole Reed will perform. Cover is \$4.

Fred's Dance Barn - Area Code 555 will perform Saturday night. Cover is \$2.75 for adults.

Gatsby's - Rare Form will play Thursday night and Friday for happy hour. Friday night is WIDB night and Saturday night is WTAO night, with deejays playing favorite tunes and awarding prizes to trivia whiz kids. Sunday night C.R. & Gitter will play mellow tunes. Fun on the Floor will play Tuesday and Wednesday nights. No cover ever.

Hangar 9 - Thursday night, Pork and the Havana Ducks will get your feet stomping for \$2 cover. Friday night, Black Market will play rock and roll for a buck. Saturday night Playn Men will play some brassy tunes for a dollar. Sunday night, the American Marketing Association is sponsoring a benefit for Synergy, featuring After Dark and a late night jam with several Carbondale musicians. Cover is \$2. Wednesday night, The Shapes will play power pop.

Pinch Penny Pub - Mercy will play jazz Sunday night. No cover.

P.J.'s - Straight Shot will play southern rock Friday night. Saturday night White Horse will play top 40 rock and roll. There is a \$2.50 cover both nights.

P.K.'s - The Barr Stars will play Friday night. No cover.

Prime Time - Four on the Floor will play Friday through Saturday nights. No cover.

Roundup - Saturday night, Danny and the Dreamers will play. Cover is \$2.50 for adults.

Star Hoye's - Data Base will play top 40 all week except Sunday. No cover.

The Club - Da Blooze will play blues-flavored tunes Thursday night. The Hip Chemists will play new dance music Friday night. Saturday night, The Suburban Housewives will jam. No cover.

T.J.'s Watering Hole - No cover Thursday night for The Fed. Friday and Saturday nights, Maxx will play rock and roll for a buck.

Tres Hombres - Gus Pappellis and John Moulder will play jazz Monday evening, Wednesday night, the blue grass sounds of Wamble Mountain Ramblers will be featured. No cover.

SFC FILMS

Thursday night, "The Year of Living Dangerously" will be shown at 7 and 9:15.

Friday and Saturday nights, "Risky Business" will be shown at 7 and 9.

Sunday night, "Blood Wedding" will be shown at 7 and 9.

Monday and Tuesday nights, "Baby, It's You" will be shown at 7 and 9:15.

CONCERTS

B.B. King will appear at 8 p.m. Thursday in Shryock Auditorium.

Tickets are \$12.50 and \$14.50 and can be purchased at the auditorium box office from 11:30 a.m. to 6 p.m. Thursday.

Friday night, tenor Hans Gregory Ashbaker will perform at 8 p.m. in Shryock Auditorium. Ashbaker will be accompanied on the piano by his wife, Susan Shiplett Ashbaker. Both are former SIU-C graduate students. The recital is open to the public. Admission is free.

Saturday, a senior recital, featuring soprano Julia King and pianist Candace Williams, will be presented at 4 p.m. in the Old Baptist Foundation Recital Hall. The recital is open to the public. Admission is free.

Sunday, soprano Lori Bergdale will perform in a graduate recital at 3 p.m. in the Old Baptist Foundation Recital Hall. Bergdale will be assisted by Margaret Simmons on the piano. The recital is free and open to the public.

Tuesday at 8 p.m. in Shryock Auditorium, pianist Roger Tyler will perform in a senior recital. The public is invited to attend the free recital.

SPECIAL EVENTS

The "Wesley Bash" will be held Friday at the Wesley Foundation at 9 p.m. Featured will be the WCIL Jam Band, silent movies and the movie "The Goodbye Girl." There is no admission charge for the event, which is open to the public.

Friday night, "A genuine Fake Magic Show" starring C. Shaw Smith & Co. will be presented at 8 p.m. in the Student Center Ballrooms A and B. Admission is \$1.50 for SIU-C students and \$2.50 for the public. Tickets are available at the Student Center Central Ticket Office.

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Staff Photo by Neville Loberg

Center fielder Steve Finley (left) and third baseman Terry Jones are two of the seven freshmen on the Saluki roster.

FRESHMEN from Page 28

you like a freshman," he said.

Terry Jones said he was nervous during his first few games, but as his playing time increased, he relaxed.

"I just needed some time at the plate," he said.

Jones received a "real big thrill" when he cracked a home run over the left field fence in a losing cause against Miami.

"I just wish we could have won the game," he said.

Both have gone to school on the baseball diamond. Jones claims he's learned "everything" there is to know about the game from teacher

Itchy Jones. "There was so much about the game I thought I knew but didn't," Jones said. "It seems like he's taught me so much. He knows what it takes to win."

Jones had Finley adjust his swing slightly, making it more compact. Graouate assistant coach Bert Newman is working with Finley on base-running technique.

"He's going to be a baserunner," Jones said. "Right now, he's just going on raw speed. But he does get a good jump, and he studies the pitchers well."

Phoenix businessmen withdraw offer for Colts

PHOENIX, Ariz. (AP) — Phoenix businessmen, saying they would wait no longer for Robert Irsay to make up his mind, on Wednesday withdrew the offer they made to the Baltimore Colts owner in hopes of luring his National Football League team to Arizona.

The withdrawal left Indianapolis and Baltimore in contention as sites for the Colts' next season.

Irsay has been considering moving the Colts for the past two months but has not given any hints about which way he is leaning.

NFL officials reportedly have told Irsay they want a decision on where the team will play by Sunday so that the league can prepare a schedule for next season.

Harry Cavanagh, a Phoenix attorney belonging to the group wooing Irsay, said he and other members spoke Wednesday morning with Irsay.

"Mr. Irsay stated that he still had not made up his mind and needed additional time, but the Phoenix contingent felt they could not wait any longer," Cavanagh said.

Cavanagh and other members of the Arizona group previously expressed optimism about their chances of persuading Irsay to move his Colts to 70,021-seat Sun Devil Stadium in suburban Tempe with the promise that a domed stadium would be built later.

"The complexity of the transaction and the recent moves by the state of Maryland and the city of Baltimore have made the likelihood of the NFL team being moved to Phoenix

appear very doubtful," he said in a statement released on behalf of himself, Arizona Public Service Co. Chairman Keith Turley and real-estate developer Eddie Lynch.

"Phoenix made its best offer, but unfortunately could not match the offers of either Baltimore or Indianapolis," he said.

Indianapolis has the new Hoosier Dome, which seats more than 61,000. Representatives of that city reportedly have offered to build a practice field and office-compound facility and arrange for a loan of \$15 million at less than current interest rates.

Baltimore officials and businessmen have offered Irsay a \$15 million loan at 8 percent interest, and a California developer has offered to build a domed stadium in Baltimore for the Colts and baseball's Baltimore Orioles if both teams agree to long-term leases.

Cavanagh had said the Phoenix group's offer also included a \$15 million loan at discounted rate, rent-free use of the 70,021-seat Sun Devil Stadium and a guaranteed \$3 million in ticket sales.

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Holmes to meet Coetzee

NEW YORK (AP) — Larry Holmes and Gerrie Coetzee said Wednesday they will fight June 8 at Las Vegas, Nev., for what they consider world heavyweight supremacy even if the World Boxing Association should strip Coetzee of the title.

Kenneth Bounds, the main promoter and president of JPD Sports of Houston, also said he is confident there will be no problems with promoter Lon King, who has a promotional contract with Coetzee and is being paid to step aside. King is hollering for his money.

"Gerrie is ready to fight

Larry Holmes regardless of any executive body," said Bounds, about the possibility of Coetzee having title recognition withdrawn by the WBA.

"I want to fight Larry Holmes because he is one of the greatest fighters around and the greatest heavyweight champion of our time," Coetzee, a South African living in the United States, said at a news conference.

Coetzee won the WBA title with a 10th-round knockout of Michael Dokes last Sept. 23.



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Staff Photo by Stephen Kennedy

Alessandra Molinari, SIU-C's No. 1 singles player, may be withheld from one or two of her three singles matches this weekend because of a sore shoulder.

MOLINARI from Page 28

Late that season she developed an ankle injury, but trainers could not figure out exactly what was wrong with her ankle. She continued to play until it was discovered that she had torn ligaments in her ankle.

Injuries are nothing new to Molinari.

"I've been injury-free for about two years of my whole career," Molinari said.

The year before coming to SIU-C, Molinari suffered from a slipped disk in her back. She thought that she might not play tennis again.

HER BACK STARTED hurting in February 1980, but she kept on playing. "stupidly enough," Molinari said. Then, she felt something slip in her back, and she was out of action for almost a year.

Her first fall season at SIU-C, Molinari played with a back brace.

"From where I'd been and the kind of pain that I felt, wearing the back brace with no pain felt great," Molinari said.

Cubs down A's, end 11-game skid

PHOENIX, Ariz. (AP) — Jay Johnstone drove in four runs with a single and homer for the Chicago Cubs, who broke an 11-game losing streak by trouncing the Oakland A's 10-2 in exhibition baseball Wednesday.

All the Cubs' runs were charged to Steve McCatty, who will start for Oakland when the A's play the Milwaukee Brewers in an American League season opener next Tuesday night. McCatty lasted 4 2-3 innings Wednesday.

Johnstone slashed a two-run single in the first inning to cap a four-run rally, and he belted a two-run homer in the third. The Cubs added a run in the fourth on an RBI single by Leon Durham.

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Entry deadline for race nears

Registration ends at 10:30 a.m. Saturday for the Prediction Run Saluki relay, which will start an hour after the registration deadline. The entry fee is \$5.

The race will begin and end at McAndrew Stadium.

The top three men and women finishers will receive awards.

SAYRE from Page 28

toward track after he grew taller without gaining weight, in addition to going from "fairly decent one year to terrible the next."

"I had a good track coach in high school," the 6-3, 185-pound Sayre said. "He helped me learn to vault. It's difficult to learn, but I caught on pretty quick. My gymnastics ability helped. Most people don't progress as fast as I did."

Sayre did progress, finishing second in the state at the pole vault. At SIU-C in 1982, Sayre finished second at the NCAAs in the decathlon.

Sayre describes himself as a hard worker who is determined to help carry the Salukis to the position of NCAA champions.

"I'm a workaholic whose confidence comes from knowing that I've trained hard and that I want certain goals bad enough," Sayre said. "I enjoy what I do tremendously. I work harder than anyone on the team, out of necessity. I train twice a day, 40 hours a week."

Sayre describes Coach Lew Hartzog as a motivator that can make him mad.

"Lew Hartzog has been like any coach, criticized at times, but he produces," Sayre said. "He has a system that works. He can look at me anytime and know what to say to me that will make me mad, but it will make me train harder. He makes me want to compete to prove to him I can do what I feel I can."

Sayre said that this year's track squad has the potential to be the best in SIU-C history and win the NCAA championship.

"We're just a bunch of misfits who band together and it's one of the best track teams in the nation, and it's because of Lew's motivation," Sayre said.

Sayre said he is confident he

as will the 10 racers who most closely predict their final time in the 10 kilometer race. Prediction cards will be available with the race packet. No timing devices can be worn during the 10 kilometer race nor can times be given by anyone to competitors.

will make the 1984 U.S. Olympic team as a decathlete. He would like to place in the top 10. He also wants to stay in good condition and work toward the 1988 Olympics.

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Hall downplays Hoyas' physical play

SEATTLE (AP) — Kentucky Coach Joe B. Hall, for one, would like to set aside accusations that his team's Final Four opponent, Georgetown, plays dirty.

"I don't think it really matters what we think," Hall said. "It's up to the officials to call the game. It's their job."

Hall's third-ranked Wildcats meet No. 2 Georgetown Saturday in the semifinals of

the NCAA basketball tournament following the game between unranked Virginia and No. 5 Houston.

The winners play Monday night to determine the national collegiate championship.

"It's our job to play the game, and that's what we intend to do. We're not there to officiate," Hall said Wednesday via a telephone hookup with all the Final Four coaches, except

John Thompson of Georgetown, who was here.

Thompson, who has said he resents implications that his Hoyas play like thugs, told the news conference he hopes none of the officials arrived here with preconceived notions about Georgetown's style of play.

He likened the situation to prejudicial publicity before a trial.

"The only problem I have

with being called aggressive and intimidating ... is that I certainly hope the people who are calling the game aren't picking this stuff up and coming in with a predetermined idea about it," Thompson said.

Both Thompson and Hall

drew laughter on two different subjects.

Thompson, who sequesters his team in different locations while on the road in an attempt to keep its concentration high, refused to divulge where his Hoyas were staying this week.

Hartzog to speak at luncheon

SIU-C men's track coach Lew Hartzog will be the featured speaker at the Saluki booster club luncheon at noon Thursday in Morrison's Cafeteria at the University Mall.

Joining Hartzog will be the eight All-Americans on his

squad. The Salukis are ranked ninth in the nation.

SIU-C faces a tough challenge against Indiana Saturday at McAndrew Stadium. Indiana won the Big Ten indoor title this year and was last year's outdoor champion.

White Sox win on 3 home runs

BRADENTON, Fla. (AP) — Tom Paciorek drilled two-run home runs in both the ninth and 10th innings as the Chicago White Sox rallied for a 5-4 exhibition baseball victory Wednesday over the Pittsburgh Pirates.

The Pirates led 3-0 entering the ninth when Paciorek hit the first of his two homers and Greg Walker added a solo shot, both off reliever Kent Tekulve, to tie the score.

It was the second day in a row

that Tekulve, who signed a multi-million-dollar contract in the off-season, was belted in relief.

Paciorek then belted another two-run shot, off reliever Jim Winn, in the 10th to help the White Sox improve their record to 16-9.

Dale Eerra and Johnny Ray each had solo homers for the Pirates, who wasted eight shutout innings by starter John

Candelaria and reliever Don Robinson.

Candelaria, in his best outing this spring, held the White Sox to one hit in five innings. Robinson blanked the White Sox on two hits over the next three innings.

Lamarr Hoyt, the 1983 American League Cy Young Award winner, worked the first seven innings for the White Sox.

The Pirates now have an 11-7-2 spring record.

Netters cancel out of tourney

By George Pappas
Staff Writer

The SIU-C men's tennis team had to cancel out of the Blue-Gray Tournament this weekend in Montgomery, Ala., because several of the Salukis had tests this week, Saluki Coach Dick LeFevre said.

The 0-15 Salukis would probably have had a tough time trying to win in Alabama as top-ranked teams like Georgia, Tennessee, SIU-E and Florida will be there. LeFevre said that

it was no major loss that the Salukis had to cancel.

"Basically, it would have been better exposure for the team to play some of these top-ranked players," LeFevre said, "but the kids have played top-ranked teams this whole year. That's why we haven't won."


LeFevre canceled on Tuesday. The meet is scheduled to start on Friday. He said that it may be hard for the Salukis to get an invitation to the tournament next year.

"This is a big tournament and

there are plenty of teams waiting in line to play in this one," LeFevre said. "I even got a letter from Governor (George) Wallace welcoming us."

The Salukis will spend the next couple weeks doing conditioning workouts. LeFevre said the team is not in very good shape because of the injuries the Salukis have had. Almost all of the seven rostered Salukis have had the flu this season and Per Wadmark has had influenza for several weeks.

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Freshmen an early hit on Jones' team

By Daryl Van Schouwen
Staff Writer

For a pair of freshmen on the SIU-C baseball team, two separate paths have led to early-season success.

Center fielder Steve Finley was given the starting role by Coach Ilich Jones before opening day. Terry Jones was told by Coach Jones (no relation) that he'd be a utility infielder.

"I didn't expect to step in

until someone was hurt or not playing well," said Jones, a Newark, Ohio, native who has started every game at third base.

Actually, an arm injury to first baseman Greg Severin opened the door for Jones. Mike Blumhorst, pegged to start at third base at the outset of the season, was switched to first and Jones was inserted at third.

He struggled at the plate in his first few appearances, but his batting average has climbed

to .296, third-best among Saluki regulars.

"He's been a decent hitter," said Jones, who has used the freshman occasionally as a leadoff hitter.

Hitting exclusively in the No. 2 position, Finley, a native of Paducah, Ky., is carting a .321 average and leads the team in runs scored with 18. He'd like to hit for a higher average.

"I'm not hitting as well as I'd like," said Finley, who bats and throws left-handed. "I'd like to

hit in the .380s."

Jones says Finley has the tools of a complete player.

"He runs well, has a strong throwing arm and makes decent contact," he said.

Jones has been anything but hesitant to rely on his freshmen.

"We go with the best players," he said. "There are no freshmen on this team — there are just ballplayers."

Jones has started several other freshmen in different situations. Jay Hammond has

been used at first base, designated hitter and as a relief pitcher; Kerry Boudreaux stepped in at catcher when Steve Boyd went down with an injury; and Lee Meyer (four appearances) and Mark Wooden (seven) have been used frequently on the mound.

Upon joining the team last fall, Finley said his freshman-like nerves settled in a hurry.

"Nobody on this team treats

See FRESHMEN, Page 25



Staff Photo by Neville Loberg

Saluki decathlete John Sayre will aim for the McAndrew Stadium pole vault record Saturday against Indiana.

Sayre likes challenge of being a decathlete

By David Wilhelm
Staff Writer

Being a decathlete is hard work.

Just ask John Sayre. Sayre, a 23-year-old senior from Arlington Heights, a Chicago suburb, spent the indoor track season competing primarily in the pole vault. But when the outdoor season began March 13, Sayre's job got a lot tougher.

In addition to the pole vault Sayre began competing in the 100-meter dash, 400-meter dash, 100-meter high hurdles, long jump, high jump, discus, shot put, javelin and 1,500-meter run. While Sayre enjoys the challenge of all these events, his success in the pole vault was the highlight of the indoor season.

"I came down here to be the best pole vaulter I could," Sayre said. "Most other schools have better facilities, but I liked the attitude here."

Sayre said he was also attracted to SIU-C because of Jan Johnson, the former Saluki pole vault coach and a bronze medalist in the 1972 Summer Olympic Games at Munich, Germany.

After learning the vault during his senior year at Rolling Meadows High School,

Sayre declined scholarship offers from Alabama and "a few others" to train under Johnson. Johnson worked with Sayre's technique, recommending a higher hand hold on the pole. That has been one reason for Sayre's success.

"I felt Jan would help me become a better vaulter, more so than anyone else," Sayre explained. "He's still the main person, other than myself, that has helped me vault 18 feet this year."

That 18-foot vault qualified Sayre for competition at the NCAA indoor championships March 9-10 at Syracuse, N.Y. Sayre took fourth place with a vault of 17-5.

Sayre said that he doesn't practice regularly for the pole vault. Between June 1983 and January 1984 he had five practice jump sessions to prepare for the indoor season.

"Once the basic technique is there," Sayre said, "it's just getting in better condition and resting for good performances. If I practiced, I'd be one of the better vaulters in the U.S."

Sayre was originally a gymnast in high school, but he said he directed his attention

See SAYRE, Page 26

It hasn't been the best of seasons for Alessandra Molinari.

While playing No. 1 singles on the SIU-C women's tennis team, Molinari has racked up a 2-10 record this spring after going 11-7 in the fall.

Last year, she won the Gateway Conference No. 2 singles title and teamed up with Mary Pat Kramer to win the No. 3 doubles title. At No. 1 doubles this spring, she and teammate Heidi Eastman won a 5-8 record. In the fall, the two went 10-8.

While fighting for wins on the tennis court, Molinari has been fighting another battle — to regain her self-confidence. The 20-year-old junior broke a nine-match losing streak Friday night, beating Indiana State's Julie Wake in three sets 6-4, 1-6, 6-1. The win was quite a relief for her, and for Saluki Coach Judy Auld.

"Nine matches in a row that you lose won't do anything to help your self-confidence," Molinari said.

WHEN SHE LOSES her self-confidence, she's in trouble. On the squad's spring trip, Molinari and SIU-C went 0-7. Auld said that Molinari was having doubts about her game

and she did not have any consistency in her play. The confidence began to return when Molinari played Wake, Auld said.

"She's always been that type of player, confident and determined. She's not cocky," Auld said. "Confidence is a big part of her game. Without her confidence, she's not the same person."

Molinari said she can feel her self-confidence coming back, after it was nearly gone. Molinari said at first when she'd lose, she would tell herself that she would win the next day. But after a while, she started doubting herself.

"I was frustrated," she said. "There was something in my head that wasn't working."

"I never think that maybe I'll lose. But I started saying 'I hope I win' instead of 'I will win.'"

IT'S BEEN A rough time for her to gain back her self-confidence, but it has been almost rougher for her to get where she is at.

Raised in Stockholm, Sweden, Molinari started playing tennis when she was 8. She became interested in tennis while watching her brother play, and also because tennis is an individual sport.

"Team sports never really worked for me because I

demand so much from myself," she said.

Her expectations run high, and on the court Molinari is frequently yelling at herself after a bad shot.

"I'm really sarcastic, that goes back to expecting a lot from myself," she said. "I wish I could shut up."

Between the ages of 10 and 16, Molinari was ranked among the top three in her age bracket in Sweden. When it came time to decide upon a college, Molinari wanted to study and play tennis in the United States. She originally planned on attending St. Louis University, but the school did away with tennis scholarships.

HER BROTHER, MARCO, was a big influence on her decision to attend SIU-C, Auld said. Marco was on the St. Louis tennis team, and he was familiar with the area and SIU-C.

"He was real positive about our program," Auld said. "He pretty much sold our program to her."

Molinari was 12-4 at No. 3 singles in the fall of her freshman year.

"It got to the point where everytime she went out on the court, you knew she was going to win," Auld said.

See MOLINARI, Page 26

Records may fall in track meet

By David Wilhelm
Staff Writer

The McAndrew Stadium track record book might get in a workout if pre-meet predictions run to form on Saturday when the SIU-C men's track team plays host to the Indiana Hoosiers.

It will be the Salukis' first home meet of the outdoor season.

SIU-C Coach Lew Hartzog said there is an "excellent chance we'll see four or five records broken."

One of those may be ex-Saluki Ivory Crockett's record in the 200-meter dash. Crockett holds the mark at 20.84, established in 1972.

Another mark that may fall is in the hammer throw. The stadium record is held by former Saluki Stan Podolski with a toss of 187-4 in 1979. John Smith and Tom Smith will be shooting for that record.

Stephen Wray will be trying to improve his hold on the high jump record. Wray jumped 7-4 last year. Decathlete John Sayre will try to overturn the pole vault record of 17-3 established in 1977 by SIU-C's Tim Johnson of SIU-C. Sayre vaulted 18-0 in the Salukis'

indoor season.

Other records that could be knocked down are SIU-C's 39.94 in the 400-meter relay and Kansas' time of 3:07.74 in the 1,600-meter relay. The latter mark is very likely to fall, based on the Salukis' time of 3:02.71 last weekend at the Paper Tiger Invitational.

Saturday will be the eighth meeting between SIU-C and Indiana. The Hoosiers lead the Salukis 4-3 in what Hartzog said has "been a good series."

Hartzog said a number of meet records may also fall, including all three sprints.

Indiana's Bill Copeland holds the meet record in the 100-meter with a time of 10.42 in 1979. Salukis' Parry Duncan and Mike Franks along with Indiana's Albert Robinson will take aim at that mark. Franks and Robinson will also attempt to break the record in the 200-meter. Tim Graf (20.91) established the mark in 1980.

The 400-meter record is held jointly by Indiana's Tim Peters in 1978 and Sunder Nix in 1982. They each recorded times of 46.84. Challenging that mark will be SIU-C's Tony Adams and Elvis Forde along with IU's Roger Hunter, Dezi Douglass and Nix.

Other records in danger of losing their top position are the 800-meter dash, 400-meter relay and the 1,600-meter relay. Former Saluki John Marks' tosses of 59-1 in 1977 and 1978 are also in jeopardy.

The Salukis will be hurt by the loss of Parry Duncan in the hurdles and the intermediates. They also will miss Sam Nwosu in the intermediates, who is out with a sore leg. Duncan has been aggravated by an injured ankle.

"It's a big blow to take Parry out of the highs (hurdles)," Hartzog said, "and it's a loss in the intermediates."

Without Duncan and Nwosu to score in those events, Hartzog said the Salukis will be hard-pressed to defeat the Hoosiers.

"With the loss of those points," Hartzog said, "the meet will go down to the wire with Indiana as the favorite. They have an outstanding track team."

The Hoosiers won the Big Ten indoor season and are favored to repeat as champions during the outdoor season. The Salukis overwhelmed the field in the Missouri Valley Conference indoor championships. Their closest opponent was 36 points off the pace.

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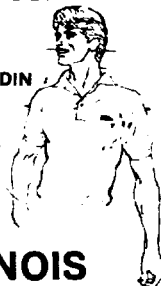
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