Students’ teeth are ex-sealant at Newman Center

SETH RICHARDSON  
Daily Egyptian

A remembrance ceremony for Pravine Varughese is tonight at the Newman Catholic Student Center in Carbondale.

The ceremony begins at 5:30 p.m. and everyone in the community is welcome to attend.

Students who knew Varughese are encouraged to speak about him as part of a video for the family.

Varughese’s body was found in a wooded area near Buffalo Wild Wings on Feb. 18 after he was reported missing a week before. An autopsy confirmed he succumbed to hypothermia after getting lost in the woods in below-freezing temperatures without a coat overnight.

Pastor Robert Gray said he consulted the family to find out how they wanted to honor Varughese.

“I told them we would tape it and send it to the family since they cannot be here,” he said. “There are a number of faculty, staff and students who would like the family to know they care about them. We thought we would put something together to let them know we care about each other.

Students who would like to speak should contact Pastor Robert Gray at 549-1694 or Tim Taylor at 529-3311.

Seth Richardson can be reached at srichardson@dailyegyptian.com, on Twitter at @EgyptianRich or at 756-3311 ext. 268.

VITAL program aids in vet-integration

ADIE APPLICATE  
Daily Egyptian

One appointment added to a student veteran’s busy schedule could change their life for the better.

The student veteran center offers the Veterans Integration to Academic Leadership program, more commonly known as VITAL. It helps student veterans integrate their lives into society and school after serving time in the military. The program offers financial, mental and physical health resources and connections to resources off campus.

Brenda Carter, a VITAL representative at the Veterans Administration, said some students do not realize what VITAL offers.

“A lot of student veterans walk past these offices not realizing what we can do for them,” she said.

The Veteran Service Office is located in Woody Hall and includes the VITAL program. The program started at the university in 2010.

Carter said the program gives students opportunities they may miss.

“A lot of veterans, when they get out of the military, don’t realize they are eligible for health benefits through Veteran Affairs,” she said. “They also may not realize the educational help they can receive, whether it be tutoring or adjusting to a schedule. We also educate the administration on signs of PTSD and how to address an issue if one arises in class.”

Ezra Braibham, a freshman from Long Island, N.Y., studying linguistics, said VITAL has helped him with even the smallest of adjustments to civilian life.

“I have been using VITAL since the beginning of this semester and it has helped me in ways some people wouldn’t even think of,” he said. “Adjusting is very hard and involves a lot of details. For example, I had to adjust to not wearing tall black socks everyday. That was a hard one even though it seems minute.”

Braibham said he recommends VITAL for any student veteran.

“If you are a student veteran and you don’t use VITAL, you should,” he said. “It can change so many things for you. They can keep you from going down a dark path and from being overwhelmed.”

Carter said VITAL also offers group therapy to students.

“Sam Hockstra is a veteran and graduate from SIU and does peer support services as well as group therapy,” she said. “He has gone through situations that students in therapy identify with or can identify with. Some students prefer this because they want someone who has been through the military.”

VETERANS

ELIZABETH ZINCHUK  
Daily Egyptian

New national veteran tuition legislation is behind the times for the university.

The House of Representatives passed the GI Tuition Fairness Act, Feb. 3. One provision of the bill requires public universities eligible for the GI Bill to charge in-state tuition rates to veterans regardless of state of residence. The bill was passed as a way to help veterans who end up living in a new state once their service ends and find the government’s reimbursement does not fully cover the higher tuition rates for students from out of state.

If a public school does not offer in-state tuition and fees to veterans, it would no longer receive GI Bill education payments.

According to the College Board, the average non-resident tuition rate at public 4-year schools is $21,706 while resident rates average $8,655. If the bill becomes law, it takes effect Aug. 1.

Paul Copeland, veteran services coordinator, said SIU adopted a policy similar to the legislation of those from out of state. If a student veteran and you don’t use VITAL, you should,” he said. “It can change so many things for you. They can keep you from going down a dark path and from being overwhelmed.”

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Veterans profit from GI Bill

Copeland said they adopted the policy because veterans are valuable students to have at any university and should be able to attend school with the least amount of hassle.

“I think more and more people are beginning to understand and acknowledge that veterans are a great resource to have on campus,” Copeland said.

Copeland said the new addition to the GI Bill was established to provide benefits in the same way a university would try to attract high achieving students.

“For so the same reason we would offer an in-state tuition rate to a high achieving scholar in another state, we want to attract high-quality veteran students,” Copeland said.

However, he said veterans who were enrolled before the policy was enacted do not get the benefits of it.

“That policy has a very small limitation and it basically applies only to those moving forward,” Copeland said. “So a student already enrolled in a previous semester didn’t get to take advantage of that policy.”

Copeland said the limitation did not cause much conflict.

“For the most part it doesn’t really have an impact and it was working reasonably well for us,” Copeland said.

Please see VETERANS - 2
McDaniel chosen for vacant council seat

SETH RICHARDSON
Daily Egyptian

The Carbondale City Council selected a familiar face to fill the vacant seat left by former Mayor Joel Fritzler.

Corene McDaniel was appointed to the council by a unanimous vote at a special session of the city council Tuesday night. She will be sworn in at the March 4 regular meeting of the council.

McDaniel was one of eight applicants and three finalists for the position.

She previously served on the council from 2001 to 2013 before retiring. Although she was enjoying her retirement, she said she decided to apply for the vacant position because of her experience with the council and dealing with the budget in the past.

“As a councilmember, we are going to have to make some tough decisions,” she said. “They may not be liked, but when you think about what’s best for the city, I think eventually all will understand.”

Acting Mayor Don Monty said the process to fill the seat went smoothly. McDaniel as well as the other two candidates, Newport Kang and Thomas Grant, made the decision difficult for the council.

“It wasn’t one of those things where you walk in the room and say, ‘This person, don’t even bother thinking about this person,’” he said. “That wasn’t the case at all. All three of these candidates got very serious consideration.”

Monty said McDaniel’s familiarity with the city budget was not the only factor the council considered, but was a significant variable in the decision.

McDaniel said she had no inclination she was the chosen candidate before or after her interview. Even with her prior experience, she said she was nervous during the entire procedure.

“You can’t take anything for granted,” she said. “I was on pins and needles. I did the best that I could do.”

McDaniel’s first task after her swearing-in at the March 4 meeting will be to work with the City Council to address the $731,000 budget deficit. McDaniel said her understanding of how city government and the budget work are invaluable to finding a speedy solution.

“I know how to find line items, I know how to look for things and I won’t hesitate to make comments or to go into the mayor’s office or the manager’s office or the finance department and say, ‘What about this, what about that?’” she said.

McDaniel said she wants to work together with the entire council over the next 14 months to alleviate Carbondale’s problems.

“My top goal is working together,” she said. “I can’t do anything by myself. I have to convince three other people it’s a good idea.”

Corene McDaniel can be reached at crichardson@dailyEgyptian.com, or at 536-3311 ext. 256.

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LuKe NozikKa
Daily Egyptian

Super Typhoon Haiyan affected more than 16 million people when it struck the central Philippines Nov. 8.

Haiyan, known as Super Typhoon Yolanda in the Philippines, claimed more than 6,200 lives and destroyed more than 1.3 million homes as of Jan. 29, according to the National Disaster Risk Reduction and Management Council.

Assistant professor of criminalology and criminal justice Raymond Narag, along with other community members, held a bake sale Nov. 15 with hopes of raising awareness and relief funds for the catastrophe.

Almost four months later, the fundraiser generated $1,500 including $500 was sent to the US-Philippines Society. The other $500 was Kalinga Community Development Management Council.

Raymund said this is an ongoing occurrence in developing countries, and the Philippines are no exception.

“Many of the victims of this disaster are very poor, and many are still living in tents,” Reid Buerer, a junior studying healthcare administration, said in his speech.

Nearly 500 students, faculty and staff were involved in the event.

In the Sangamon Room of the Student Center, Gina Stack, of the event planning committee, said 20 teams signed up, but the goal is to get at least 40 involved.

The committee is full for the next informational meeting is Feb. 26 at 5:30 p.m. in the Sangamon Room of the Student Center.

Carbondale prepares for Relay for Life fundraiser

LuKe NozikKa
Daily Egyptian

For the 20th year, Carbondale community members will camp out, walk and play games to raise money for the fight against cancer.

Relay for Life of Jackson County Carbondale is from 5 p.m. to 5 a.m. April 26 and 27 at Carbondale Community High School. The gathering is an overnight fundraiser for the American Cancer Society and this year’s goal is to raise $80,000.

The next informational meeting is Feb. 26 at 5:30 p.m. in the Sangamon Room of the Student Center.

Gina Stack, of the event planning committee, said 20 teams signed up, but the goal is to get at least 40 involved. There are no limits on the number of members per team.

The committee is full for the first time ever, and consists of 26 people, but the organization is always looking for volunteers.

Stack said teams fundraise before and during the event, selling assorted items such as bracelets and baked goods.

The night begins with an opening ceremony, followed by 12 hours of sports competitions, movies and a band. The night is capped off with a paper lanterns ceremony in honor of those affected by cancer.

Alexandra Saieg, an American Cancer Society staff partner from Woodridge and a 2015 alumna, said the committee considered holding a tote race and using a fake torch during the opening lap to incorporate an Olympic theme.

Reid Buerer, a junior studying healthcare management from McHenry, said she hopes people in attendance donate $10 to the American Cancer Society Cancer Action Network Club.

For more information about the Relay for Life, visit relayforlife.org/carbondale.
Keep on cycling

Brian Phillips, a senior from Hampton, Va., studying computer science, works on a bike Tuesday at The Bike Surgeon in Carbondale. Phillips is a manager at The Bike Surgeon and has been employed at the shop for two years. “I think it’s weird that I’m a computer science major, yet I work at a bike shop,” Phillips said. “But I like bikes. I’ve been riding bikes my entire life, my dad got me started.” The Bike Surgeon is open from 10 a.m. to 5:30 p.m. Monday through Saturday and is located on 404 S. Illinois Ave. in Carbondale.

WIDB.net, Student Run Radio Will Be Hiring For The 2014-2015 School Year

We are looking for people to fill the following positions:

- General Manager
- Sales Manager
- Marketing Manager
- Operations Manager
- Chief Engineer
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- Sports Director
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WIDB offers hands-on experience to students both on air and off. All staff positions will be paid.

Application deadline is
March 3rd 2014

Each applicant will have an interview that will be scheduled following Spring Break.

Applications can be found in the station
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Southern Illinois University of Carbondale
Carbondale, IL 62901-44428

wigid.net/wp/about-3/get-involved/
Submissions should be sent to opinion@dailyegyptian.com.

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Secondary Modern on touring

DYLAN FROST
Daily Egyptian

As social scenes change in southern Illinois, businesses switch hands and infrastructures fall apart, Secondary Modern continues to prevail as a local music staple.

Brothers David and Daniel Brown of Marion began their music journey as the three-piece group Secondary Modern more than nine years ago. Back then they were high school kids playing their first shows in obscure places, like at a Christian youth center called Club 1 A.D. in Pittsburg, Ill. They were also part of the first wave of bands to perform at Herrin Teen Town — Now HITTS — which has since developed into its own music scene.

26-year old David Brown is the architect on guitar, keys and lead vocals, while 25-year-old Daniel Brown keeps the rhythm on drums and adds depth with backup and occasional lead vocals. Through their six albums they have maintained pop-oriented songs to some degree with the obvious touch of various classic rock groups such as The Beatles, Soft Boys and Rolling Stones, buried within their tunes.

The brothers played together well before their teenage years, performing as The Volcanoes in local malls and Boy Scout cabins.

David Brown remembers making up words and writing them on a piece of paper. Above his lyrics, he wrote the letter of the chord he was going to play and strummed it until changing to a different chord for the chorus.

In 2007, their parents opened the Chicago-esque bar, John Brown's on the Square in Marion. What appears from the outside to be a misplaced little bar lodged between two buildings and stowed away in the alley is one of the best musical atmospheres in Marion.

Matt McGuire joined the band on bass in 2009 around the time their album "Vaudeville Ghosts" — which cemented a new sound for the band — released.

"When (McGuire) joined the band, we kind of just changed everything that we were doing, aside from the fact that (the songs) were still pop-oriented," David Brown said.

David Brown started playing more dissonant chords — a more tense progression of notes combined with complex song structures — letting McGuire add his own touch of clashing bass lines.

"I was seeing, 'okay, well, he's been using these chords, and now he's even branching into this other realm of chord progressions,'" McGuire said. "As a bass player, those are the ones I knew I wanted to work with."

Now the evolved trio has fitted elements of Pavement into their song style. David’s guitar surges through a darkened space which, at times sounds disharmonious and vengeful, obscuring the pop elements. However, the clean harmonies often reemerge to give balance to Secondary Modern’s sound. It is the group’s ability to use many different tools in a single song that makes them so spectacular.

The band is anticipating the release of a new EP titled "Venus Birds." The four-song demo was recorded at The Observatory in Chicago by SIU alumnus David Allen last November. Maintaining the group’s bent-out-of-shape zeal with the occasional rays of gleeful harmonics, it is the length...
of a leisurely cigarette break, as David Brown described it.

“Venus Birds” will release at Secondary Modern’s March 7 Hangar 9 show. It is Secondary Modern’s sendoff show before they go on a short tour, which includes a stop in Austin, Texas for the South By Southwest art and music festival.

The band members are not strangers to touring; they recalled their lowest moment, which occurred in 2009 when their instruments were stolen in New York City. They had just finished performing at a Manhattan bar called Pianos. Elated by feelings of a job well done in the heart of New York, the trio parked their car on Fourth Street and went to a late night screening of the psychedelic 1973 film “Holy Mountain.”

“(Holy Mountain) ends and we kind of go back into reality,” McGuire said. “We leave the place and it’s New York at two a.m., and we’re literally skipping and giggling back to the van.”

David realized the van was unlocked and laughed hysterically at his perceived error. Suddenly, that euphoria transformed into gut-wrenching anger when they realized the van was broken into.

The thieves stole some money, a phone, McGuire’s bass and two of David Brown’s guitars, including a Gibson J-45 acoustic guitar.

“No! I took out a loan to get that,” David Brown replied.

David Brown’s head was spinning with contempt and confusion. As he tried to rationalize what had happened, he screamed profanities at a horse-mounted police officer and a man sitting on a porch across from the van. David Brown collected himself, realizing the man on the porch was not intimidated.

“I immediately came to my senses and realized what I was doing,” David Brown said. “I’m yelling at some guy on Fourth Street in New York at three in the morning.”

With broken spirits and a New York goodbye, the group headed back to the Midwest and finished the tour with borrowed instruments.

Secondary Modern has since released their best music five years later with their 2013 record “New Colony,” their self-titled 2012 effort and “Venus Birds.” They are undoubtedly a close-knit group, especially David and Daniel Brown who work two businesses away from each other. Daniel Brown works at Mike’s Music and David Brown at Plaza Records where the band also practices. Whether they are performing somewhere in Carbondale or playing for a home crowd at the family-owned bar, Secondary Modern members stay busy by working on different projects. The group recently filmed a music video at the Cedarhurst Museum in Mt. Vernon.

The project was directed by Shawnee Community College professor Mike Faris and is yet to be released.

It is that artistic ambition that has transformed Secondary Modern from teenagers playing youth centers in Pittsburgh, Ill. into seasoned musicians touring the country and finding ways to evolve musically.
With an ally claiming presidential powers Sunday and the whisperabouts and legitimacy of the nominal president unclear, newly freed opposition icon Yulia Tymoshenko may feel her chance to take Ukraine's leadership has come. But even inside the party that detests President Viktor Yanukovych, Tymoshenko sparks mistrust.

The former prime minister was convicted of abuse of office in a case widely seen as political revenge by her arch-foe Yanukovych, a polarizing figure in a country staggering from political tensions which exploded into violence. Admired and even adored by many for her flair and fiery defiance of power, she's also seen by others as driven by intense ego and tainted with corruption.

Just a day after she left the hospital where she was imprisoned, demonstrators outside the Cabinet of Ministers expressed distress that she could be Ukraine's next president. One of them held a placard depicting Tymoshenko taking power from Yanukovych and reading, "People didn't die for this.

Ukraine is in a delicate state of uncertainty since Yanukovych and protesters signed an agreement to end the conflict which left more than 80 people dead last week in Kiev. Soon after signing it, Yanukovych's whereabouts are unclear after he left the capital for his support base in eastern Ukraine. Allies are desiring him.

Russia's next moves in the crisis were not clear, but Washington warned Moscow not to use military force.

The newly emboldened parliament, now dominated by the opposition, struggled to work out who is in charge of the country and its ailing economy.

Parliamentarians penciled in some time to break away and seek support from the West, particularly the Crimean peninsula where Russia's Black Sea naval fleet is based.

Ukraine is deeply divided between eastern regions which are largely pro-Russian and western areas that widely detest Yanukovych and long for closer ties with the European Union.

Yanukovych set off wave of protests by delaying an agreement with the EU in November, and the movement quickly expanded its grievances to corruption, human rights abuses and calls for Yanukovych's resignation.

The parliament on Sunday assigned parliamentary power to its new speaker. Tymoshenko ally Oleksandr Turchinov, who said top priorities include uniting the economy and "returning to the path of European integration," according to news agencies. The latter phrase is certain to displease Moscow, which wants Ukraine to be part of a customs union that would rival the EU and bolster Russia's influence. Russia granted Ukraine a $15 billion bailout after Yanukovych backed away from the EU deal.

The Kiev protest camp at the center of the anti-Yanukovych movement filled with more and more dedicated demonstrators Sunday, setting up new tents. Demonstrators pushed with an Alliedmorale and shared stories that protesters during last week's clashes and flowers to memorialize the dead, some of whom were killed by snipers.

Tymoshenko, the blond-haired, controversial heroine of the 2004 Orange Revolution, hopes to have the upper hand in the political battle, winning the backing Sunday of a leading Russian lawmaker and congratulations from German Chancellor Angela Merkel and U.S. senators on her release.

Although her spokesman, Marko Sereda, told it too early to discuss whether she will run for president in early elections called for May 25, Tymoshenko is possessed of admirament determination. Even from a wheelchair because of a back problem that was aggravated in 2 1/2 years of imprisonment, the former powerful speaker Saturday to a crowd of tens of thousands at the protest camp.

"She tells us she is not going home, she is going to become a fighter," said Ludmilla Petrova, one of those at the square near the death. Other demonstrators objected.

"She is a monster, a heroine by choice like Yankovych," said 28-year-old Boris Budnik. "We need new faces in Ukrainian politics. The old ones brought us to where we are now."
THE Daily Commuter Puzzle by Jacqueline E. Mathews

ACROSS
1. Sunrise
5. Mountains of South America
10. Agony
14. Off-Broadway award
15. Reluctant
16. Impalas
17. Ms. Lolololriga
18. 1½ of a pound
19. Once more
20. Cowboy hat
22. Natural environment
24. Leprechaun
25. Postpone
26. Nervous
29. Aution offer
30. Defamatory writing
34. mica, soil conditioner
35. Feel miserable
36. Santa's vehicle
37. Painted tool
38. Lays into
40. Maidform product
41. Can't ___ to
feels no connection with
43. Plaything
44. Guiness beverages
45. Lovers' meeting
46. Sorority
47. Scary letter
48. Longed
50. Boy's name in a Johnny Cash song
51. Long title
52. Temple
53. 1913 ship that hit an iceberg
54. Wild hog
55. Muscle cramps
56. Bird of peace
57. Cook a cake
58. Archaeologist's workplace
59. King
60. God of ___
61. Run-down
62. Quick
63. Rules
64. Pugs & doxies
65. One letter to each square,
Unscramble these four Jumbles,
to form four ordinary words.
A: TOISH
B: HNITK
C: MEPEXT
D: VONEY

TUESDAY'S PUZZLE SOLVED

CLASH SMOG BURGER TONSILEC TWINGED
ATHLETIC AMAN TAIL TOILET
BULLETS BLEND ATLAS TIE
ASPIRIN JEAN PRINCELAND ARMS
MADE TIDE FILER NHIAK

Answer:
54 Rascoed
32 Acter Wyle
53 Accept
64 Take care of
56 Scotia
65 Prenamizers
67 Copper coin
60 Go quickly

Join up with kids grows you younger.

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Horoscopes

Aries — Today is a 6 — Social events keep having your schedule. Surrender to the love. Friends want to play. An opportunity can arise to respectfully request a raise. Wait on a household decision. Get outside.

Taurus — Today is a 6 — Stick to basics. Don't gamble or speculate. Consider the effort involved. Don't be after a family after. Be confident. Circumstances effect decisions. Find balance and harmony.

Gemini — Today is a 5 — Cash a plan together. An awkward moment deflates with laughter. You are gaining the focus of someone important for career growth. Boldly express what you love.

Cancer — Today is a 6 — Review your budget. Actions speak louder than words, be firm. Stick to what is known. Figure the costs. Growth provides inner harmony. You look marvelous. Life triumphs.

Leo — Today is an 5 — Join up with a master of surprises. Make a creative mess with a partner. Include practical financial decisions. Self discipline is effective for what you love. Don’t forget household chores.

Virgo — Today is a 6 — Does new information help? Others visualize what they want. New skills still need perfection. You are luckier than usual. Add structure to the project, and limit spending.

Libra — Today is a 7 — Scandal aids your ideology. Your life gets easier, especially as you treat others with respect. Accept an invitation as long as your partner agrees. Playing with kids grows you younger.

Scorpio — Today is an 5 — Make a to-do list for home. Postpone expansion for now. Focus on family today and tomorrow. Take care of a desired outcome, and delegate tasks. Someone is pleased.

Sagittarius — Today is a 7 — Let friends go without you. Your focus is extra keen; finish a job. Enjoy the relief of the end; surge in confidence. Reward your discipline with a romantic treat. Opposites attract.

Capricorn — Today is a 7 — Follow your schedule. Keep your temper, and review the numbers. Family come first. Rushing could cause accidents. Wait to make a deal. A union strengthens both parties.

Aquarius — Today is a 6 — Good news; an edel we take leadership reins. You have extra confidence. Talk it over. Share new info that brightens the situation. Plan carefully and respectfully. Get long range goals.

Pisces — Today is a 7 — Play by the book, and play to win. You've been planning strategy. Learning new skills leads to new friends. It could get chaotic; especially about money. Get introspective.
The Salukis battled the University of Tennessee-Martin in a game that featured nine total putters and 17 walks combined. SIU beat the Skyhawks 6-2 to extend their winning streak to four games.

SIU took an early 2-0 lead in the first inning off two doubles from junior Parker Osborne and senior Ryan Casillas, then a walk from senior Matt Jones. The double was Casillas’ only hit in the game, but it was good enough to extend his hitting streak; he has recorded at least one hit in all seven games this season.

Sophomore Connor McFadden had his second start for the Salukis, and did not allow a hit in 3.1 innings. He struck out three in the game. Cassie surpassed Kelly Gerlach’s 69 save par and when they’re not falling, I try on a lot of my putts to get up and down to save par and when they’re not falling, I normally shoot in the high 70s to 80s.”

Linder’s second round score of 76 was good enough to put her in a tie with teammate and freshman Brooke Cusumano for 28. On the 12th hole, Cusumano sunk a tough put to record the team’s only birdie during the tournament on the 12th hole.

“I missed a three-foot putt earlier, and then on [hole 12], I made a bomb, it was probably from 20 feet away,” Cusumano said. “I just kind of gave my best shot and rolled it at it, and I just hit it. It was a great putt.”

SIU finished day one of the tournament with a score of 622, which gave the team sole possession of ninth place.

In round three, Linder posted her second straight round of 76, while the rest of the team failed to shoot in the 70s. Assistant coach Kristina Mitchell said she was pleased with the team’s result.

“We were projected to finish where we did. They’ve all played pretty good for not having played in a tournament for three months,” she said. “At home, we’ve been in the shed a lot and we’ve only gone out there three times outside...here, there’s actual grass and warm weather, no ice and snow.”

The women’s golf team will play in its second tournament of the season Sunday and Monday in the Racer Classic at Murray State University in Murray, Ky.

Tony McDaniel can be reached at tmcdaniel@dailyEgyptian.com or at 536-3311 ext. 282

For junior thrower Sophia Lozano, it was second place no more after a teammate riled her with the humorous yet encouraging joke.

Lozano, who at a point in her career almost always came up short, launched a 68-foot weight throw that landed her in 14th in the national rankings and fifth all-time at Southern Illinois University.

She was knocked down to second place by Bowling Green State University thrower Brooke Pleger three times before winning the weight throw on her final attempt.

Lozano, who has been a Missouri Valley Conference scholar-athlete, established her name in the SIU history books and triumphed through struggles to be noticed as a definite threat.

The Missouri woman was not always throwing. In fact, she nearly decided to attend the University of Missouri until throwing coach John Smith saw potential in her.

“The determination and willingness to put in the work makes her stand out; she has a really good work ethic,” Smith said. “In today’s generation you don’t see that often. I tell people I quit recruiting about 10 years ago because there’s a lot of talented people who don’t want to work.”

Lozano has finished first in the weight throw four times out of her last six meets. Along with missing four classes nearly every week because of a busy training schedule, a job as a Community Assistant and schoolwork, Lozano has still managed to succeed in the classrooms. The number six remembers everything from proof by induction in her math classes, to the times distance-runners had weeks ago.

Academics are very important to Lozano and she hopes to become an All-Academic All-Americans.

“It just means a lot to me that I’m a top athlete and a top student,” she said. “I think those kinds of awards mean just as much to me as any athletic award.”

Lozano said sophomore thrower Josh Freeman is not only a teammate but also someone she can lean on during her trials and tribulations.

Freeman said he gave Lozano tough love and the realistic yet uplifting knock-knock joke, which was only intended to make her much more determined to finish first.

“She’s always behind someone and I asked her if she’s tired of being second place,” Freeman said. “It’s not like she’s getting blown away, she’s right there, close to being number one.”

Lozano’s confidence has grown drastically. She no longer stresses about the butterflies in her stomach, and has done nothing but give it her all.

— Sophia Lozano
SIU thrower

Junior thrower Sophie Lozano is balancing her season with her semester course load in preparation for the Missouri Valley Conference Indoor Championships this weekend in Cedar Falls, Iowa. Lozano majors in mathematics and hopes to be an actuary upon graduation. She said she loves numbers so much she once came up with 26 reasons why 26 is her favorite number.

SARAH SCHNEIDER
DAILY EGYPTIAN

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