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Professionals promote child-abuse awareness

ELIZABETH ZINCHUK
Daily Egyptian

When a medical professional sees a child for an injury, they are not always diagnosed correctly and often return home only to continually be exposed to violence or other abuse.

Child-abuse advocates at SIU and in southern Illinois are reaching out to make a difference in the lives of victims and survivors of child abuse.

According to numbers released in 2012 from the Department of Children and Family Services in Illinois, 35 counties revealed child abuse and neglect rates that were more than double those of the state. Of those counties, 16 were in southern Illinois, including Jackson County.

Many local individuals want to confront these statistics, including doctors and advocates.

Dr. Kathy Swafford, medical director of Children's Medical Resource Network in Anna and an SIU pediatrics faculty member, recently directed a daylong medical education conference at John A. Logan College in Carterville. The topic of the Nov. 6 conference was child abuse and neglect, and was co-sponsored by the SIU School of Medicine and DCFS.

"What we want to do primarily is to raise awareness of when to be suspicious of child abuse," Swafford said.

Swafford said the topics in the conference are varied from year to year but that this year physical and sexual abuse as well as neglect were among the topics as well as what kinds of symptoms medical professionals should observe for, what kind of work is appropriate to be done locally, and when to consider referral.

"Most years per population density, southern Illinois has a slightly higher incidence of child abuse compared to Cook County," Swafford said. "When we see those type of statistics, it makes us realize we need to do a better job in making people aware of when they should report and how they should report."

Swafford wants medical professionals to be more aware of how and why injuries occur to their young patients.

"Types of abuse we see are fractures, and again depending on the child's developmental ability, a lot of times we see a fracture that's not within their ability to fall in a way that should produce some of these fractures," Swafford said.

Swafford said medical professionals need to be aware about the possibilities of child abuse at all times to avoid further abuse.

"Especially in the issues of abusive head trauma, many of those kids then show back up later and are severely injured or even die," Swafford said. "We are especially trying to raise that kind of awareness so we catch these kids before they receive permanent injuries or die from more severe trauma."

Bruises, a common commodity among children, can be a sign of child abuse and not rough play, Swafford said. Things to look for, she said, included evidence of a child being hit with a specific object or being hit in a specific location.

"As medical providers, we often expect to have those bruises so we look for those so when we don't see any on the head or abdomen we may not think that it's child abuse," Swafford said. "We are trying to raise awareness to those who are seeing these kids in private offices and emergency rooms about how these children might present."

Please see ABUSE | 4

Mall aims to be Kidz friendly



TIFFANY BLANCHETTE | DAILY EGYPTIAN

Kaden Cox, 2, of Carbondale, brushes a tooth model Monday with the help of his grandmother, Sheri Bonds, in one of the three themed, interactive learning centers at the new Kidz Play Zone in University Mall. The zone features several inflatable attractions, game tables, five Nintendo Wii stations and three computer-learning stations as well as weekly activities and a Drop-N-Shop program. Co-owner Yavone Coulibaly said the idea for Kidz Play Zone spawned from the lack of kid-friendly activities in the area. "Most new businesses are a bank or a bar; there's hardly anything new for kids," Coulibaly said. "We wanted to create a space for kids and their parents." See story on page 3.

Settlement puts money into pension system

MATT DARAY
Daily Egyptian

The Illinois pension system is about to receive a financial boost, thanks to a court settlement from one of the nation's leading bank conglomerates.

On Nov. 19, Illinois Attorney General Lisa Madigan announced a \$100 million settlement with J.P. Morgan Chase & Company to receive reimbursement for the bank's misconduct leading up to the 2008 economic collapse.

The announcement is part of a national settlement involving the U.S. Department of Justice and attorney generals from California, Delaware, Massachusetts and New York addressing the bank's violation of federal and state laws in its marketing and sale of risky residential mortgage-backed securities.

"We are still cleaning up the mess that Wall Street made with its reckless investment schemes and fraudulent conduct," Madigan said in a press release after announcing the settlement. "Today's settlement with Chase will assist Illinois to recover its losses from the dangerous and deceptive securities that put our economy on the path to destruction."

Maura Possley, Madigan's press secretary, said an investigation by Madigan's office found that between 2005 and 2008, J.P. Morgan Chase failed to disclose the true risk of investments to Illinois' pension systems and misled the systems when they invested in residential mortgage-backed security markets.

Possley said the settlement would pay \$72.4 million to the Illinois Teachers Retirement System, \$16.2 million to the State Universities Retirement System and \$11.4 million to the Illinois State Board of

"If the system continues to receive full state funding, along with member contributions and comparable investment returns, the financial health of the fund will continue to improve.

— Beth Spencer
media contact for the State University Retirement System

Investment, which makes investments for the State Employees' Retirement System, General Assembly Retirement System and Judges Retirement System of Illinois.

Even with the relief money, the state may not feel much of an impact given the \$100 billion in unfunded pensions across Illinois.

The problems with the Illinois pension system are long-term, issues that began in 1969 when state delegates came up with a plan to stiff-arm the Illinois General Assembly into providing sufficient funding for the pension system, which had been underfunded since the end of World War II. The plan was to prevent legislators from cutting pension benefits. Delegates hoped future legislators would not short the pension systems while raising benefits to the point that it threatened the state's government.

Unfortunately, that's exactly what happened.

Now Illinois has a \$100 billion problem taking up the majority of the state's budget. Almost every cent of 2011's huge increase to state income tax goes directly to the pension system.

Beth Spencer, media contact for the State University Retirement System, said an underfunded pension system has posed a problem for SURS for some time now.

"As I am sure you are aware, the state's public pension systems have been underfunded for quite some time," she said. "SURS estimated liabilities as of June 30, 2013, stood at \$34.4 billion, of which \$19.3 billion are unfunded liabilities."

Spencer said SURS receives money from its member's contributions, employer contributions and investment returns. She said member contributions are automatically deducted from their paychecks and the return on investment over the past 30 years stands at 9.2 percent, well above the 7.75 percent assumed rate of return.

When the state fails to meet the annual required contribution, the system is forced to sell assets to meet liabilities, Spencer said. She said the past two years have been promising in that SURS has received full state appropriations.

The condition of pensions in the state will improve if the system continues to receive full funding, Spencer said.

"If the system continues to receive full state funding, along with member contributions and comparable investment returns, the financial health of the fund will continue to improve," she said.

Please see PENSION | 3

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Mission Statement

The DAILY EGYPTIAN, the student-run newspaper of Southern Illinois University Carbondale, is committed to being a trusted source of news, information, commentary and public discourse, while helping readers understand the issues affecting their lives.

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Author shares PTSD inspiration

ERIN JOHNSON
Daily Egyptian

Post-traumatic stress disorder is often associated with military combat. However, several different events in life can offset symptoms.

Larry L. Franklin an author living in Makanda, discussed his newest book "Mnemosyne: A Love Affair With Memory" at Longbranch Café Friday night. Through his discussion he gave some insight on issues associated with PTSD. He also brought courage to those who might even be grappling with this condition.

"You, as a survivor, can become strong, possibly stronger than someone who has not dealt with such threats and survived. You can recover and shout from the rooftops that life is good," Franklin said.

According to National Institute of Mental Health, PTSD develops after a terrifying ordeal that involved physical harm or the threat of physical harm. The person who develops PTSD may have been the one who was harmed, the harm may have happened to a loved one, or the person may have witnessed a harmful event that happened to loved ones or strangers.

"In my worst state of mind, death was becoming more attractive than life," Franklin said. "Without treatment, I most likely would not

be here. Without treatment, the symptoms fester and can lead to even greater misery."

Franklin suffered from childhood sexual abuse. He said it wasn't until later in life that he had these nightmares that gave prompt to his book. He uses fictional characters, but draws them from his own personal experiences.

Through therapy Franklin was also able to gather himself in great detail and provide connections with what he was experiencing.

"There are different degrees of PTSD, some more severe than others," he said. "The level and duration of treatment would depend on the severity of the symptoms and the client's response to the treatment."

A part of the discussion Friday night was spent talking about memory loss.

"Because of my memory loss and the recurring nightmares, I was left trying to define my identity," he said. "The misery will pass and the violent experiences will become a distant and manageable memory."

Franklin aims to be an inspiration among students at SIU.

"This is an extremely brave man right here who's been through the best and the worst," said Phil Riggs, a senior from Morrisonville studying public relations.

Through conversations and publishing his book Franklin has



JOHN SCOTT | DAILY EGYPTIAN

Larry Franklin, of Makanda, discusses his book 'Mnemosyne: A love affair with memory' Friday at Longbranch Coffeehouse. Franklin said he began writing the book after having words come to him in a dream. The new book focuses on his battle with post-traumatic stress disorder and suppressed memories.

provided people with a view into the reality of PTSD.

"I started thinking about PTSD and realized that it isn't just servicemen and women suffering, but all different types of people who have experienced something so devastating," Riggs said.

Please visit www.DAILYEGYPTIAN.com for the rest of the story.

New stores make University Mall grow

JORDAN VANDEVEER
Daily Egyptian

There have been many closings and openings since University Mall in Carbondale opened in the 1970s. But recently, openings are on the rise.

Debra Tindall has been the University Mall general manager for the past 16 years and said this is one of the mall's best years in terms of how many businesses are in operation.

Tindall said 2005 was the store's best year during her 16 years, but once Steve & Barry's closed in 2008, the company closed all of its stores nationwide, and many other stores at the mall followed suit. She said the economy had a lot to do with

store closures.

The Wall Street Journal reported 100 malls closed in 2009, compared to 40 in 2006.

Though times were tough University Mall did not close.

Tindall said this year, the mall has about the same number of businesses it had in 2005. Within the last two years, eight stores opened, including Justice, the Children's Place, Things Remembered, Ulta Beauty, Lane Bryant, Maurices, the Cookie Store, and Rogers & Hollands. Earthbound expanded its store, and Kidz Play Zone opened November 6th of this year.

Kidz Play Zone is owned by husband and wife Ibrahimia and Yavone Coulibaly. Ibrahimia came to the Carbondale area from Africa

to attend school at SIU. Here he met his wife Yavone, originally from Galesburg, who was also attending SIU.

Yavone Coulibaly said she and Ibrahimia have three children, ages three, eight and nine. She said opening Kidz Play Zone had been a plan of theirs for about four years because they could never find a place in Carbondale such as Kidz Play Zone for their own children.

"We have been wanting to open this ... about four years," Coulibaly said. "Now my son just started pre-k and my daughters are a little more independent, so we thought it would be a great time to put that plan ... into action."

Kidz Play Zone is open for families to play with their children.

There is an air hockey table and a foosball table at the front of the store, and to one corner there are five televisions hooked up to Wii consoles.

There are inflatables, an obstacle course and a play area for children four and younger that includes a jungle slide and toys.

Another part of the setup are the three playrooms. There is a construction room, a physician room and a kitchen room. Some rooms have toys, some have costumes and all have informational books.

The informational books in each room teach children about the playroom theme. In the construction room there is a book to teach children how to identify

different tools, in the physician room there is an instruction book on identifying anatomy and a giant set of teeth. The kitchen room has actual recipes to instruct children on cooking and healthy diets.

The back of Kidz Play Zone has a table and television and vending machines, as well as computers with parental locks. There is a baby-changing station and a room for private parties.

Kidz Play Zone will also help Black Friday shoppers on Thanksgiving. They will be open 8 p.m. until 11 p.m., and Friday from 8 a.m. to 8 p.m..

Jordan VanDeveer can be reached at jvandeveer@dailyegyptian.com or 618-536-3311 Ext. 246.

PENSION

CONTINUED FROM 1

Even with the state's pension problems, SURS has never missed funding benefit payments to its members nor have would-be retirees realized any affect because they are not drawing an annuity.

University President Glenn Poshard said the settlement will have some short-term effects, but is far from a solution to the state's pension woes.

"One hundred million is certainly something that we need and it will help to a certain extent, but when you're talking about (a) \$100 billion problem, it's no more than a Band-Aid on fixing the pension system," he said. "It's not something that figures into the overall plan for solving the \$100 billion we face in the state."

Poshard said he does have faith in Illinois legislators to find a long-term solution for the pension problems in the state. He said a solution for the problem will likely involve employees coming into the system over the next 30 years, paying more, getting less out of pensions, extending the age pensions can be received at, tying the cost of living adjustment to a consumer price index and a cap on pensionable salaries.

Universities in the state are helpless until state legislators make a decision, Poshard said.

"We simply do what the law governing the pension systems tell us we have to do," he said. "So the universities have carried on in the same fashion that we've been carrying on."

State university officials have sent the governor and state legislation possible solutions to the pension problem, Poshard said. He said at this time, state legislators are considering ideas that have more severe outcomes to universities than what was recommended and all that can be done now is waiting for state officials to agree on a solution.

Matt Daray can be reached at mdaray@dailyegyptian.com or 536-3311 ext 254.

90 companies worldwide produced fuels driving climate change, study says

NEELA BANERJEE
Tribune Washington Bureau

WASHINGTON — Just 90 companies worldwide produced fuels that generated two-thirds of industrial greenhouse gas emissions from 1854 to 2010, according to a new study.

The 90 biggest producers of fuels driving climate change include investor-owned corporations such as Exxon Mobil and Chevron, and state-owned oil companies, such as Saudi Aramco and Mexico's Pemex.

The study attributes 914 billion metric tons of greenhouse gases to the fuels extracted by the companies, which is 63 percent of the total 1,450 billion metric tons of emissions estimated since the mid-19th century.

The study, published in the journal *Climatic Change*, also found that of the 914 billion metric tons, half was pumped into the atmosphere since 1986, a result of the rapid industrialization of the developing world. The journal focuses on the causes and implications of climatic change.

"This is the most complete picture we have of which institutions extracted coal, oil and natural gas and when," said Richard Heede, the study's author and head of the Climate Accountability Institute, a small research group in Snowmass, Colo.

"These are the companies and institutions that have created the products — used as intended — by billions of consumers that have led to persistently higher levels of atmospheric carbon dioxide and methane," Heede said.

Emissions of carbon dioxide, methane and

"This is the most complete picture we have of which institutions extracted coal, oil and natural gas and when."

— Richard Heede
head of the Climate Accountability Institute

other greenhouse gases are generally tracked by country. Yet efforts to fashion binding international climate agreements have failed repeatedly, including at a United Nations climate meeting being held now in Warsaw that has grown increasingly acrimonious.

In the face of the diplomatic stalemate, the study focused on the companies that produce fossil fuels to prompt them "to become part of the solution rather than passive (and profitable) bystanders to continued climate disruption."

Heede and his research team spent eight years tracing data about companies from international sources, such as the United Nations Intergovernmental Panel on Climate Change, as well as corporate records for oil, gas and coal companies and cement producers. If a company was nationalized or acquired by a rival, the carbon production and emissions of the older company are attributed to the current one. The study did not examine carbon dioxide emissions from deforestation, agriculture or landfills.

The top five producers of fuels driving climate change over the last 150 years are Chevron, Exxon Mobil, Saudi Aramco, BP and GazProm, the Russian company that is the world's largest natural gas producer. Two major U.S. coal and natural gas companies, Peabody Energy and Consol Energy, were

among the top 20.

Shell, the sixth-largest producer in the study, said it considers the greenhouse gas effects of all major projects: "At Shell we advocate publicly and to governments that a strong and stable price on CO2 emissions will help drive the right investments in low-carbon technologies. We are producing more natural gas, the cleanest-burning fossil fuel, and we produce low-carbon biofuel. We are also helping to develop carbon capture and storage technologies, and working to improve the energy efficiency of our operations."

The developed world, most notably the United States, has been seen until recently as the main emitter of greenhouse gases. But the study showed that the producers of carbon-rich fuel the world consumed include state-owned companies from many developing countries, such as the National Iranian Oil Co. Coal India, Petroleos de Venezuela and PetroChina.

Of the 914 billion metric tons of greenhouse gases the study analyzed, 89 percent of it was produced from burning the fuels the companies extracted. The remainder was emitted by the companies themselves, through natural gas flaring at wells, methane leaks and the energy used to run refineries and pipelines.

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ABUSE

CONTINUED FROM 1

If a child is too young to communicate their symptom history, Swafford said it's up to the professional to do extra diagnostic work to explore what the cause of the injury is.

"If they are too young to be able to give you a history on why they had the symptoms in some cases you may want to consider doing extra X-rays or labs that can point us in the direction that they may have been abused," Swafford said. "If we don't think about it, then we don't look at those labs or X-rays, then we may let those children leave the clinic or emergency room with an inaccurate diagnosis."

Swafford said in her practice she has seen cases of child abuse, and that her job is something she finds personally rewarding because she is able to make a difference in abused children's lives.

Swafford said it is a medical professional's role to be there for victims of child abuse and get them to a safe place, but not to falsely accuse people of abuse.

"It's not all about everyone is guilty or every child is abused," Swafford said.

Swafford said it is about medical professionals doing everything in their ability to try to prevent further incidents of child abuse.

"If you don't have that index of suspicion, and don't consider reporting the case to DCFS and be investigated, then the children may go home and continue being exposed to physical

violence," Swafford said. "So we want medical professionals to be thinking about that."

While Swafford may focus her life work on child abuse and its effects on children, one 22-year-old is focusing her life on helping the people who are past abuse.

Nicolette Winn, a university housing employee from Kewanee, has been a child-abuse advocate for an age group that does not seem to get a lot of attention for its struggles with past child abuse.

Winn created an organization called the No Longer Silenced Movement, whose mission is to empower teen and young-adult survivors of child abuse. Winn, a child-abuse survivor herself, plans to pursue a master's degree in industrial organizational psychology at Angelo State University next year.

Winn's personal experience with child abuse influenced her to become an advocate for child abuse survivors.

Winn said she moved out when she was 18 and was on her own for eight months before she moved in with a friend's family.

"If it wasn't for her mom helping me transition to college, I don't know what I would have done," Winn said. "I wouldn't have known how to fill out a FAFSA for financial aid or anything about the application process and it was confusing."

She said transitioning into college life was difficult as well.

"A lot of people in college have family support systems, but coming from my household, I didn't have that," Winn said. "It

overwhelmed me and I thought I was the only one going through it."

Through volunteering, Winn said she met more people who had gone through what she had, including peers from her high school who had previously never let on about their experiences.

"Through research, I found so many things to help young kids and adults, but not a lot of college-aged group," Winn said. "I noticed there was not a lot of resources for young-adult child-abuse survivors on college campuses."

Winn said it is almost most important for young adults that have experienced child abuse to have help.

"If another person who has gone through it helps someone else, then that person doesn't have to go through the same struggles," Winn said.

The No Longer Silenced Movement focuses on creating an open environment where child-abuse survivors can feel like they are not alone, Winn said. Right now, it is still in its trademarking stages, but she said she wants to create support groups for those people who come out of those households and help them transition to college.

"We want to encourage survivors and each other to seek help," Winn said.

Winn said child-abuse awareness is important because so many cases go unreported.

"I think it is really important, because according to most statistics, there is over three million unreported cases every year and a lot of those cases involved multiple children," Winn said. "I think it's pretty likely that most people are going to encounter child abuse

survivors in their every day lives and I think the more awareness and education people have pertaining to child abuse, the more they can make America happier and healthier."

Winn said many child-abuse survivors struggle with depression, anxiety and transitional situations. The more people who are educated about child abuse, the more people can help stop the cycle, she said.

One way for the public to contribute toward helping child-abuse awareness is through the Dec. 7 Ugly Sweater Run, a fundraiser to raise awareness and donations for the Children's Medical Resource Network. The two-mile run will begin at 8:30 a.m. at the Campus Lake Dome Pavilion.

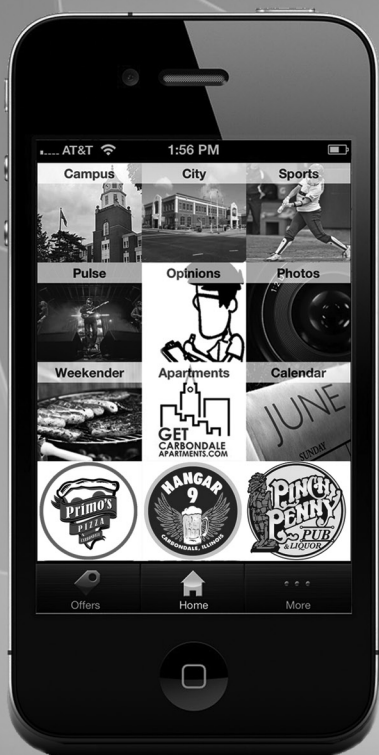
Kristin Allen, a graduate student in social work from Quincy, is an intern for the Children's Medical Resource Network who is helping organize the Ugly Sweater Run. Allen said she has always been interested in child abuse and loves working for the organization.

"It will help with the kid's needs and raise the awareness of child abuse in the area and let people know what they are doing are helping support these children," Allen said.

To register for the Ugly Sweater Run, please email krallen14@gmail.com. For more information or to volunteer, contact Ginger Meyer at 618-833-6488. Registration costs \$10 for individuals.

Elizabeth Zinchuk can be reached at ezinchuck@dailyegyptian.com or 536-3311 ext. 259.

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OPINION

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STAFF COLUMN

Columnist embraces family's love of deer hunting

JORDAN VANDEVEER

My family has been deer hunting for generations, and I have proudly kept the tradition alive as our family's first female hunter.

This means two weekends a year, I take off my makeup and put on my camo.

I love deer season so much, not particularly because of the hunting and definitely not because of the cold weather, but because of the family time I get to have. Friday morning through Sunday night, my family is together without any other distractions and we love every minute of it.

Every year my immediate family stays all weekend with my father's best friend in Wayne City, and both of our families hunt together.

This is a tradition I would like to continue, because it is bonding time most families do not get. Of course when you are actually hunting you are not speaking, but you are done at dark, which is about five o'clock this time of year, leaving the rest of the evening to be spent together.

Something a lot of people may not realize is that hunting for women is a little different than it is for men. As a woman, I have to find smaller everything. My shotgun is comically

smaller than the rest of my family's. Mine is a youth model, and is still a little big for me, though it is almost half the size of my dad's.

Another major difference is hygiene. The rest of the year I wear makeup, scented shampoo and conditioner, and lather on scented lotion. While the men in my family can keep their morning routines, mine is completely altered. I have to be sure to shower the night before so that my long hair will have time to dry and I have to remember that I cannot put any product in it. I have to skip the makeup because nearly everything has a scent. I have to buy non-scented Chap Stick and remember that I cannot put any lotion on in the morning, and I brave the cold just like all other hunters.

When my fiancé and I started dating, I told him there were two things he must do in order to become a part of my family, and one of those things was learn to love deer hunting – even though it is not for everyone. Luckily, he loves hunting and is great at it.

To me, hunting is about family time, but there are many other bonuses too. In my crazy busy life it is a time to unwind and think. On a regular day, I am scrambling among my three jobs, my full-time class load, and planning a wedding, but not during deer season.

One of the best parts is sitting in a tree stand, 16 feet off the ground, and watching the sun come up. In years past I always sat with my dad, the last two years I sat with my fiancé, and this year I sat alone. Any way I look at it, it is equally gratifying. How many people can say they have watched a sunrise in complete silence with their father, or their fiancé, let alone several sunrises?

Sunrise is something I do not normally get to see. Watching the sunrise on a clear crisp day over a seemingly endless field that starts right where the woods end — there is nothing better. Nothing else can make me feel so small and make me realize how beautiful life is.

Another aspect I love is, yes, the actual hunting part. To many, deer hunting sounds terrible. Wake up extremely early, pack on clothes, sit for hours in the cold without moving or talking, and then if you're lucky, you get to take home a deer, which of course you have to pull out of the woods on your own.

Hunting is actually so exciting. Any movement in the woods gets my adrenaline pumping. Movement usually turns out to be squirrels and that is a major let down, but then, when the big buck comes walking around, my body trembles.

With that much adrenaline pumping through my body, it is so hard to keep still enough to shoot, and breathing is incredibly difficult, and yes, I want to squeal like a little girl.

I am pleased to see that more women are getting involved in deer hunting. A website called qdma.com for the Quality Deer Management Association shows hunters in the U.S. have gone down since 1979, but since 2002 have been increasing. The number of female hunters in 2002 was a little more than 2.5 million and in 2009 it had increased to more than three million.

At the end of the day, the sunrise and hunting are just the added bonuses; family is why I will keep the tradition going strong. Once we get back to the house in the evening, we have a big dinner and we all sit around and talk for hours, usually talking about what we saw in the woods or fields or we talk about our amazing deer stories from years past. Sometimes we lose track of time and stay up too late, which makes the next morning miserable, but at least we are miserable together.

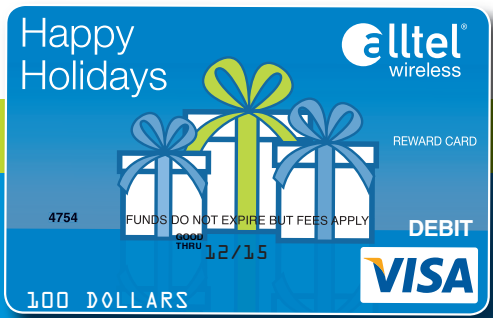
*Jordan VanDeveer can be reached at
jvandeveer@dailyegyptian.com
or 618-536-3311 Ext. 268.*

Submissions

Letters and guest columns must be submitted with author's contact information, preferably via email. Phone numbers are required to verify authorship, but will not be published. Letters are limited to 400 words and columns to 500 words. Students must include year and major. Faculty must include rank and department. Others include hometown. Submissions should be sent to opinion@dailyegyptian.com.

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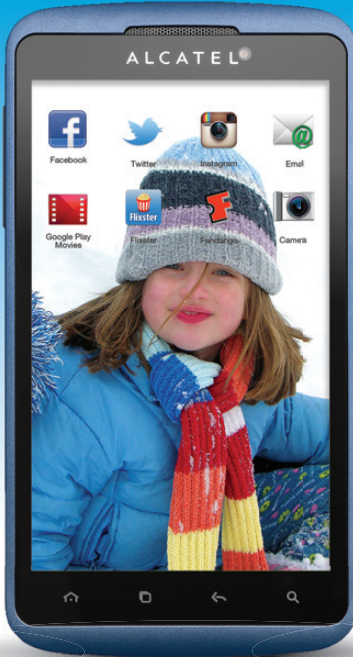
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Classical strings



JOHN SCOTT | DAILY EGYPTIAN

Dillon Novak, a sophomore from Highland Park studying music business, performs a classical piece by Johann Sebastian Bach Sunday at the Old Baptist Foundation Recital Hall. Dr. Isaac Lausell and professor Joseph Palermo hosted the SIU guitar studio recital. Novak says he began playing at a young age and has been involved in many bands.

Give thanks



LEWIS MARIEN | DAILY EGYPTIAN

Community members and volunteers eat lunch Nov.16 at the Good Samaritan House in Carbondale. The house presented the traditional Thanksgiving meal to help the community start the holiday season on a bright note. Melinda Purcell, director of the Good Samaritan House, said they wanted to give homeless Carbondale residents some hope and let them know that people in the community care about them. Meals are served at 8 a.m., 11:30 a.m. and 5:30 p.m. to residents of the emergency shelter, as well as those in the community.

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Those Darlins toe the line at Hangar

DYLAN FROST
Daily Egyptian

Bringing their own touch of Nashville-style garage/traditional rock 'n' roll, Those Darlins electrified a packed crowd at Hangar 9 Friday evening to promote their new album.

For whatever the reason, any time bands from Nashville, Tenn., perform in Carbondale, they bring with them this unique energy that bleeds hours north from Nashville's neat little niche. Wholly, Tennessee has one of the most decorated histories of rock music that spans well more than a half-century. As far as the contemporary acts go, JEFF the Brotherhood does it with their sonic explosion of dirty distortion, flanger-filled-psychedelic guitar riffs and booming drums. Turbo Fruits sells it with rough-riding biker ballads and happily slackened, but powerful doses of retro rock.

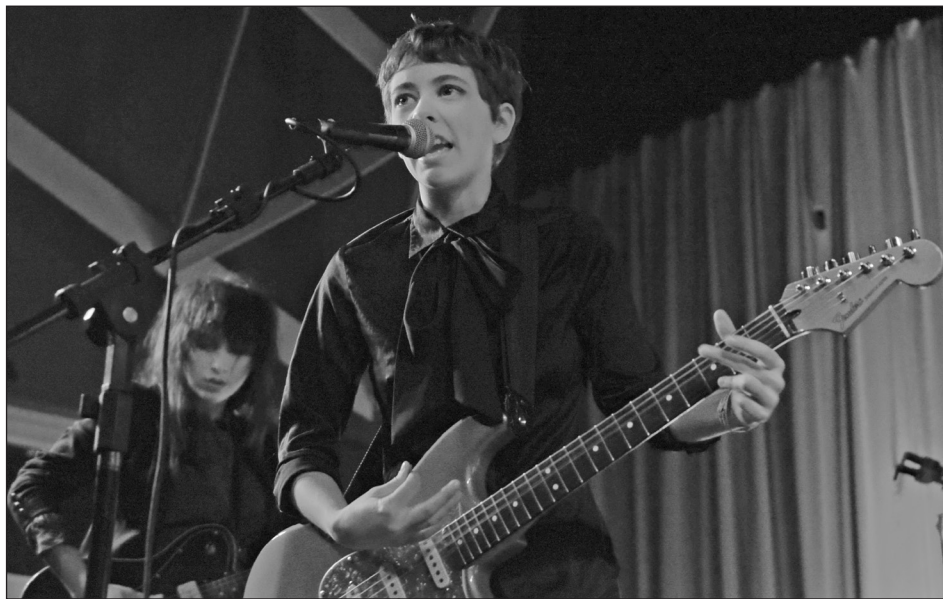
Then there is Those Darlins.

The group led by Nikki (Kvarnes) Darlin and Jessi (Zazu) Darlin are out on a nationwide tour promoting their third record, "Blur the Line," an album that maintains their southern punk and garage rock influences, but also shows growth and more openness compared to their last album "Screws Get Loose."

Despite the departure of a founding member in Kelley (Anderson) Darlin, the group remained steadfast, adding Adrian Barrera on bass and ascending onwards with their tenacious, play-with-an-edge style that makes the Nashville quartet so entertaining.

The album is named after the title track, "Blur the Line," a song reflecting the journey of searching for a creative space while maintaining mental stability in the natural workings of life.

"So, it's kind of like the idea of blurring the line between being sane and insane, or good and evil, or male and female," Zazu said. "It's about how everything in life isn't just over here and over here; everything is intrinsic and works together."



ALEXA ROGALS | DAILY EGYPTIAN

Jessi Zazu, lead singer of the Nashville, Tenn., band Those Darlins performs Friday during a show at Hangar 9. Bands like Diane Coffee and Han Ma and the Camaros kicked off the show at 9 p.m. with Those Darlins headlining the show. The band is finishing up their tour where they have been promoting their new album "Blur the Line."

"Blur the Line" was recorded at Those Darlins' self-owned record label, Oh Wow Dang Records in Nashville. The group worked with producer Roger Moutenot, who has worked with famous acts Yo La Tengo and The Velvet Underground's John Cale.

Those Darlins present a lot of vulnerability and salaciousness for this effort, lyrically and visually. The album cover features the four completely nude – cut off from the lower-torso down – hugging each other on the set of an all-white background.

"This album was kind of a personal journey – a personal growth for all of us – especially for me and Nikki as songwriters," Zazu said. "We went really deep within ourselves and tried to kind of put more out there than we ever have before. So the idea of the cover was to represent that vulnerability in laying ourselves bare."

The group has also released a series of risqué

music videos recently. From the Ramones-esque anthem "Optimist," which features a lot of hip shaking and lower-torso gyrations to Kvarnes' dark fantasy "In the Wilderness," a song that seemingly connects the animalistic desires to human sexuality.

"I don't really write about heartbreak very often...pretty much ever," Kvarnes said. "I have one song that came out of something like that; but then it kind of spawned into a totally different song. That's not really the biggest part of my life. I feel like I could put way more energy into something else."

Zazu said each song offers growth and a step in a new direction. Each song, to her, is like leaving a little breadcrumb that trails back to those original feelings; yet it is essential to keep moving forward.

"When you play the song, your heart may not be broken anymore," Zazu said. "A lot of times – at

least for me – those songs help me move on from that heartbreak. But when I play, it doesn't make me feel heartbroken anymore but it does kind of remind me of who I was at one point."

Kvarnes and Zazu are cognizant of Those Darlins' recent transition and credit each other for shaping this identify that has continued blossoming since forming in 2006.

"We have a much stronger view of the art that we want to make – maybe just a stronger sense of self," Kvarnes said.

Lyrical, the album is more transparent and sometimes the songs seem to be interpreted literally. In "That Man," Zazu opens up by singing, "Everyone is afraid of me/that's all they say to me." Although she suggests that her words should not always be interpreted verbatim.

"The whole idea isn't really to say that I think everyone is afraid of me, but just that sometimes it feels like I come across as intimidating, that I don't realize that I am. I'm just being myself because I can be a total weirdo," she said.

Zazu and Kvarnes are not the sole contributors in establishing the band's aura. Drummer Linwood Regensburg provides his own energy. Regensburg facilitates the sound check by suggesting chords to Zazu during "I Wanna Be Your Boyfriend" by the Ramones. She looks up to the ceiling while gently strumming her candy-red and gold-plated Fender Stratocaster, trying to locate the tone. Regensburg calls out "A, B and E" to her while he plays to the rhythm of the verse. For the chorus, he suggests that she play a B minor and G (although it is actually C# minor and A). She locates the tone quickly and the four have fun jamming out the Ramones' song.

By show time, Those Darlins played through the exhaustion of a six-hour drive from their show in Kansas City, Mo., the night before.

Please visit www.DAILYEGYPTIAN.com for the rest of the story.

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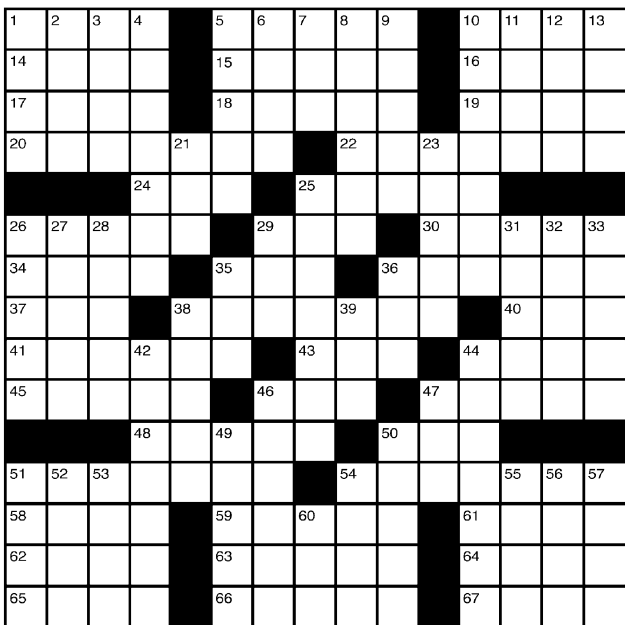
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- ACROSS**
- Cold __; ham, salami, etc.
 - Noted English racecourse
 - __ mater; one's former school
 - Opera solo
 - Unwilling
 - Rex or Donna
 - Autumn
 - Work
 - Musical group
 - Mrs. Roosevelt
 - "__ Rex"; play by Sophocles
 - Sea inlet
 - Shoe bottom ridge
 - Small fish
 - Edgar Allan __
 - Swerves
 - Sharpen
 - Singer Tillis
 - Admirable quality
 - Perform
 - Fights against
 - Go quickly
 - Actor __ Marin
 - Acquire
 - Remain unsettled; hang
 - Unit of fineness for gold
 - Crawling insect
 - __-walsy; chummy
 - Giggle
 - Roll of cash
 - __ cuff; part of the shoulder
 - Walked like a duck
 - United __ Emirates; UAE
 - Usual practice
 - Venetian resort
 - Actor Reiner
 - Useful
 - Historical times
 - Otherwise
 - "Lovely Rita, __ maid..."
 - Identical



Created by Jacqueline E. Mathews 11/26/13

Monday's Puzzle Solved

S	H	R	E	D	D	U	A	L	L	O	S	S		
H	E	A	V	E	A	S	I	A	O	M	I	T		
O	R	C	A	S	R	E	D	D	P	A	R	A		
P	R	E	D	I	C	T	S	D	A	S	H	E		
				E	R	A	S	D	E	V	I	A	N	T
G	I	L	D	E	D	A	I	R	E	D				
E	V	A	D	E	A	L	S	R	E	A	C	H		
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N	O	O	N	A	H	A	B	N	I	C	H	E		
D	U	N	E	L	O	D	E	U	S	H	E	R		
S	L	E	D	E	W	E	R	S	H	O	N	E		

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- DOWN**
- Lunch spot
 - Russia's __ Mountains
 - Flooring piece
 - Marketable
 - Metal mixture
 - Fly high
 - Taxi
 - Actor Peter __
 - Small card
 - Dispute settler
 - Jump
 - List of dishes
 - Finds a sum
 - __ King Cole
 - __ Cup; tennis competition
 - Perfume
 - Hut
 - Coffee flavoring
 - Go in
 - Get-up-and-go
 - Lucy's landlady
 - Destroys
 - Run-down
 - Driving speed letters
 - Pooch's doc
 - Group of eight
 - Collection
 - Able to be consumed
 - Spans
 - Supply oxygen to the blood
 - Cushion
 - Boring
 - Irrigate
 - Run fast
 - Spoken
 - Sailors
 - Stratagem
 - Italy's dollar, once
 - Dutch cheese
 - Prescribed amount
 - Used the teeth

Pick up the **Daily Egyptian** each day to test your crossword skills

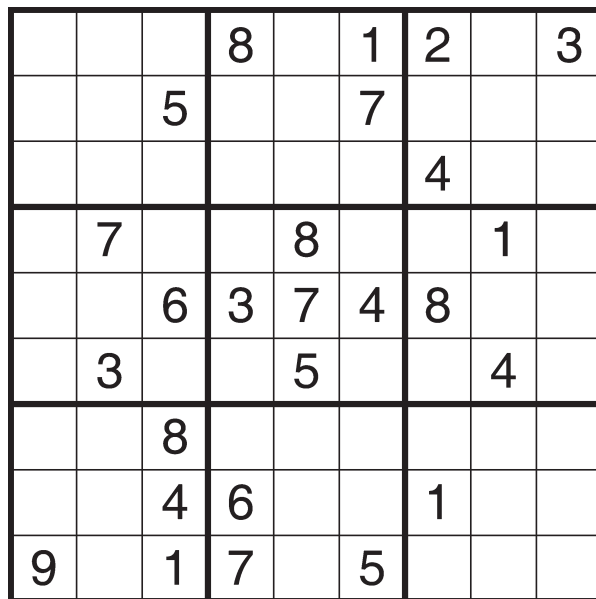
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Level: **1** 2 3 4

Monday's Answers:

4	7	9	6	8	5	3	2	1
6	3	5	2	1	9	8	7	4
8	2	1	3	7	4	6	9	5
2	5	3	8	4	1	7	6	9
7	9	8	5	6	3	4	1	2
1	6	4	9	2	7	5	8	3
5	8	6	1	3	2	9	4	7
3	1	7	4	9	8	2	5	6
9	4	2	7	5	6	1	3	8

Complete the grid so each row, column and 3-by-3 box (in bold borders) contain every digit, 1 to 9. For strategies on how to solve Sudoku, visit www.sudoku.org.uk.

JUMBLE

Unscramble these four Jumbles, one letter to each square, to form four ordinary words.

TILIM
 SUQAH
 GEHGAL
 PYMSIK

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Jumble puzzle magazines available at pennydelipuzzles.com/jumb



Now arrange the circled letters to form the surprise answer, as suggested by the above cartoon.

Answer:

--	--	--	--

--	--	--	--	--	--

Monday's Answers: BLIMP GIANT SPRUNG REDUCE
 After he won the lottery, King Kong became a — BIG SPENDER

HOROSCOPES

By Nancy Black and Stephanie Clement

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Aries — Today is a 6 — Use your creativity to tackle challenges or setbacks. Close to home is nice. Make lists. Mercury sextile Neptune: Tell it to them straight. Accept applause graciously.

Taurus — Today is a 7 — Financial conflicts could be worrisome. You can turn things around. Don't rely too heavily on an unproven commodity. Finish an old job. You're gaining respect. Your credit ratings going up.

Gemini — Today is an 8 — You're ready to go. Assess how you've been playing the game, and tweak things were needed. Persuade others by example. You may be lucky in love, but it's not a good time to gamble.

Cancer — Today is a 5 — Increasing efficiency is part of the equation, but some of your procedures will have to be changed. Have fun thinking of imaginative solutions, and push to complete a project ahead of schedule.

Leo — Today is a 7 — Revenge can wait. Get the facts, and then check them. Don't try a new trick. Set your ideas in motion. Imagination leads to a strong partnership. Articulate your position.

Virgo — Today is an 7 — Communication difficulties arise at home. Someone has a brilliant idea. Don't celebrate quite yet. Use imagination to fix a household mess. Keep the budget balanced. Be patient.

Libra — Today is a 6 — Uncover an error. Provide facts. Something you try doesn't work. Mercury sextile Neptune: Talk it over and renew your dream. Don't rely on assumptions. An older person is impressed.

Scorpio — Today is a 6 — Avoid buyer's remorse. Don't worry about change. Buy a special treat for the family. Accept stern coaching. Hold out for the best deal. Strengthen your infrastructure.

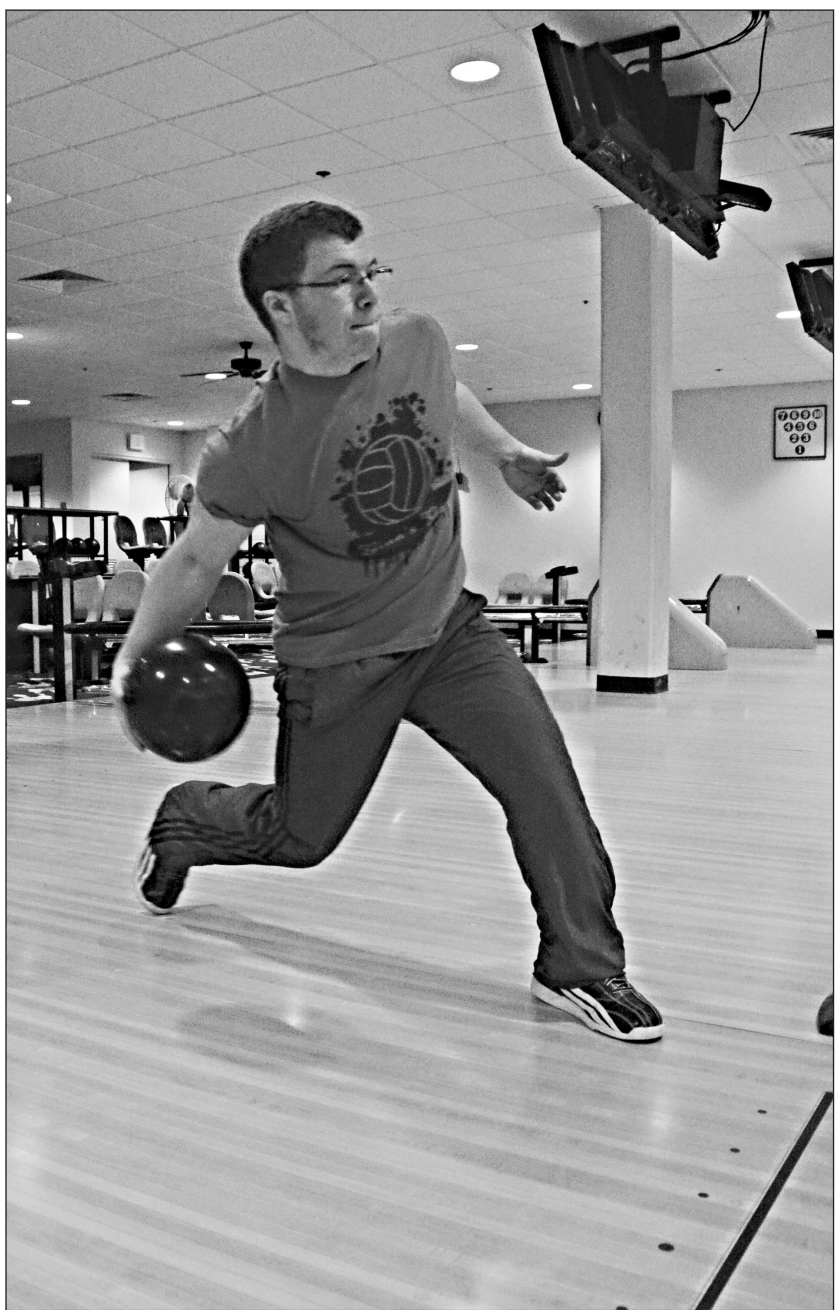
Sagittarius — Today is a 7 — Stand your ground. Confirm reservations. You're out of the spotlight by now. Maintain the highest principles. You don't have to spend that much to realize a dream. Invite friends over.

Capricorn — Today is a 7 — Distractions cause accidents. Call in a debt you're owed. Stand up for a principle or commitment. Gossip doesn't pay, so don't. Clean up your own messes first. Your beliefs get challenged.

Aquarius — Today is a 7 — Review your wins and losses. Others ask your advice. The truth can be confrontational. Provide compassion. Correct misconceptions. Apply honey, not vinegar.

Pisces — Today is a 7 — Anticipate controversy. Postpone a celebration until after an inspection, test, or conference call. Mercury sextile Neptune: Honest communications can bring your dreams to life.

Bowling strikes up student friendships



REMY ABROUGHT | DAILY EGYPTIAN

Austin Winters, a junior from Carmi studying speech communications, practices bowling Monday in the Student Center bowling alley. Winters, a member of the SIU Bowling Club, said the club is open to any student who enjoys bowling. The top eight bowlers out of the club make up the bowling team who travel around the country to compete in tournaments against other colleges. "Bowling is truly a sport and a workout at times," Brittany Williams, a member of the club, said. "We have fun doing it and it allows for us to meet new people who enjoy doing it as well."

RECORD

CONTINUED FROM 12

Sophomore diver Cheri Zhang shattered the school record in the 3-meter dive during the weekend while the Salukis competed in two separate meets.

SIU's coaching staff determined where every swimmer would go based on his or her current level of competition.

Coach Rick Walker said he was excited about the way the Salukis raced and was happy the swimmers were ready to go on little rest.

"We had some really good swims on not much rest," Walker said. "There were some really good 'Hey I want to step up and swim fast' performances."

The Phoenix Invite in Chicago saw multiple top-five finishes, but it was junior Ella Otto who stood out. Otto won the final round of the 100-yard backstroke with a time of 57.95 and the 200-yard backstroke with a time of 2:03.68.

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Otto also won her preliminary round in the 200-yard freestyle with a time of 1:54.44, but finished third overall with a final time of 1:54.18.

Otto said she was pleasantly surprised at how fast she swam,

and this meet will help motivate her to keep working harder for the conference championship meet.

"I'm expecting more of myself after what came out of this meet," Otto said. "I'm expecting to be faster, which means I'm expecting to work harder in the pool."

SIU had second-place finishes in five relay races, and Otto was involved in all three of those women's teams.

Otto led the women's team to third place out of 10 teams with a final team score of 449.5.

The men's side had two second-place relay finishes that featured the same teams. Senior George Minkel, sophomore Nathan Ray, graduate student Eric Sparks and senior Evan Wiedeman finished second in the 200-yard and 400-yard freestyle relays.

Minkel also captured third place as an individual in the 200-yard freestyle race with a time of 1:43.65.

The men's team as a whole placed fourth out of eight teams.

At the Mizzou Invitational, there were fewer top finishes due to a higher level of competition, but Zhang broke a school record in diving.

Zhang captured victories in both the 1-meter and 3-meter dives, but her 3-meter went above and beyond. Lisa Holland has held the school record for the 3-meter dive since 1996 at 313.55. Zhang scored 389.00 on her 3-meter final, which was more than 40 points better than the second place finisher.

Zhang said she was just doing

her best. She knew there was tough competition at the meet and she did not know at first that she broke the record.

"At first, I didn't know I broke the school record," Zhang said. "My coach told me I broke the record, and I was kind of surprised."

Zhang scored 309.90 on her 1-meter final, which was also good for first place and 20 points better than the second-place finisher.

Senior Pamela Benitez finished fourth in the 1650-yard freestyle with a time of 16:33.52, which helped the women finish seventh out of 12 teams.

On the men's side, sophomore Till Pallmann finished third in the 200-yard freestyle with a time of 1:37.10, which helped the men finish fourth of seven teams.

Walker said with Thanksgiving and winter breaks coming up, athletes are going to need to be disciplined to work for the rest of the season.

"We can't take a break," Walker said. "This is where they have to be adults and mature athletes when they go home."

Walker said he looks forward to the shorter leg of the season and said he really likes the group he has.

"There have been times where I have gotten to this point and I have been a little nervous looking forward," Walker said. "I look at the future toward the end of this season, and I can't wait to get there."

The Salukis will next compete Jan. 18 against the University of Arkansas-Little Rock and Ouachita Baptist University in Little Rock.

OPENER

CONTINUED FROM 12

Even in the loss, the Salukis shot 55 percent from the field, which was better than the Bonnies' 53 percent.

St. Bonaventure entered the game shooting 23 percent from long distance but were 10-of-21 from the

3-point line which decimated the zone defense of the Salukis.

With the loss, SIU (1-4) plays Stetson University (0-6) at 1:30 p.m. today.

Tyler Dixon can be reached at tdixon@dailyegyptian.com or 536-3311 ext. 269.

ADVERSITY

CONTINUED FROM 12

Four games into the season, the SIU men's basketball team have already had key injuries and continue to struggle with free throw and 3-point shooting.

However, if the team can come together, they can contend against the top teams in the Missouri Valley Conference.

An issue that will come up all season for SIU is experience. It is something they will not be able to avoid. In coach Barry Hinson's rotation of players, seven are playing their first season of Division I basketball.

It is no surprise who has been the best player through the first four games for the Salukis. Senior guard Desmar Jackson is averaging 22 points per game and 6.8 rebounds per game this season. He also has

two double-doubles.

Jackson, along with freshman guard Marcus Fillyaw and sophomore guard Anthony Beane, average more than 30 minutes per game.

Beane had his best game of the season against Missouri University of Science and Technology on Thursday. While he only played 28 minutes, he scored 20 points. Beane's shot selection was much more calculated than previous games.

Fillyaw was pinned with the task of leading the offense at the beginning of the season. He has done a solid job so far averaging almost eight points a game and nearly three rebounds per contest. The assist numbers have not been there for Fillyaw, yet he leads the team with nine assists this season.

The Salukis don't have a lot of depth at the point-guard position, but Hinson is looking to the future with K.C. Goodwin as his choice to

redshirt this season.

Freshman guard Tyler Smithpeters has been handling the ball when Fillyaw needs a rest. Smithpeters is not a point guard; he's a spot-up shooter. Smithpeters has had some success in the first halves of games, but in the later parts of games, teams figure out how to guard him.

Along with Fillyaw, senior forward Bronson Verhines has been a key player for the Salukis. He is leading the team in rebounds and is shooting 50 percent from the field. Unfortunately, Hinson said Salukis will be without him for about two weeks because of a severely sprained ankle.

One player continues to be the most talked about in press conferences.

Sophomore guard Jalen Pendleton is fifth on the team in minutes played per game, but is second in points at 13.3 per game. Pendleton has been the sixth man off of the bench, but with the injury

to Verhines, he was named a starter prior to the Gulf Coast Showcase.

Shooting from the field has not been as much an issue for the Salukis. They are shooting 47 percent from the field as a team and six players are shooting over 50 percent.

Free-throw shooting and 3-point shooting have been a struggle. The Salukis are ranked 305th out of 351 Division I teams in 3-point shooting at 27 percent, and are ranked 309th in free-throw shooting at 61 percent.

The game against Missouri S&T was the type of game fans and players want to forget. Even though it was a win for the Salukis, it was the first game where the new foul rule was an issue with the flow of the game.

Hinson said after the victory that the rule wasn't the officials' fault, but the NCAA's. He said when advertisers decide to pull their ads from TV spots, the NCAA will have to rethink the rule.

"When boosters are upset because they can't watch Kentucky and they can only see one half of Kentucky basketball, because there were so many fouls in the first half of the first game, I think that's when we are going to see change," Hinson said.

In the first four games of last season, the Salukis and their opponents combined for 137 fouls and 115 free throws taken. This season, SIU and its opponents have combined for 184 fouls and 202 free throws taken.

The bracket for the Gulf Coast Showcase is favorable for the Salukis. In order to succeed, they need to play like they did against the University of Missouri and St. Louis University, not the way they played against the Governors of Austin Peay State University.

Tyler Dixon can be reached at tdixon@dailyegyptian.com or 536-3311 ext. 269.

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MEN'S BASKETBALL

Salukis fall in tournament opener



CHRIS ZOELLER | DAILY EGYPTIAN

Senior guard Desmar Jackson dribbles the ball down court Thursday during the Salukis' 96-74 win against Missouri University of Science and Technology at SIU Arena. Jackson lead the Salukis' with 25 points and shot 11-11 from the free throw line Monday during their 83-71 loss against St. Bonaventure University at the Gulf Coast Showcase in Estero, Fla. SIU continues tournament play at 1:30 p.m. Tuesday against Stetson University.

TYLER DIXON
Daily Egyptian

The Salukis failed to overcome turnovers and the Bonnies went on multiple runs to hand SIU its fourth loss of the season, 83-71.

St. Bonaventure University (4-1) had a size advantage over the Salukis (1-4), but it was their guard play that was the deciding factor.

Senior guard Desmar Jackson finished the first half with 13 points on 4-of-7 shooting and was perfect from the foul line. Freshman guard Marcus Fillyaw found himself in foul trouble early, limiting his first half minutes.

The Salukis were down 15 in the first half but fought back and cut the St. Bonaventure lead to 10. SIU trailed 40-30 at the half. SIU shot 38 percent from the field in the first half while the Bonnies shot 52 percent. The Salukis out-rebounded St. Bonaventure 15-14 with sophomore guard Anthony Beane grabbing three rebounds in the first half.

Along with poor shooting from the field, the Salukis were not able to hang on to the ball, and had 10 turnovers in the half.

Turnovers were not only an issue in the first half but the entire

game. The Bonnies scored a total of 25 points off of SIU turnovers.

The Salukis faced a 16-point deficit in the second half, but cut the lead to 63-56 with nine minutes left. However, it did not take long for the Bonnies to bust the game open again.

The St. Bonaventure guards, led by Matthew Wright, were too much for the Salukis. The senior finished with 32 points.

Jackson was the leading scorer for SIU, finishing with 25 points. It is Jackson's third straight game with at least 20 points, and he has scored 78 points during that span. Sophomore guard Anthony Beane had another hot shooting game with 13 points, and was 5-of-10 from the field.

Sophomore guard Jalen Pendleton played 25 minutes in his first start of the season. Pendleton had a respectable game filling in for injured forward Bronson Verhines. He finished with 13 points on 5-of-9 shooting from the field.

Freshman guard Sean O'Brien also filled in for Verhines. O'Brien finished with eight points in 30 minutes, and led the team with six rebounds.

Please see OPENER | 11

SWIMMING

SIU won't break, unless it's a school record

AARON GRAFF
Daily Egyptian

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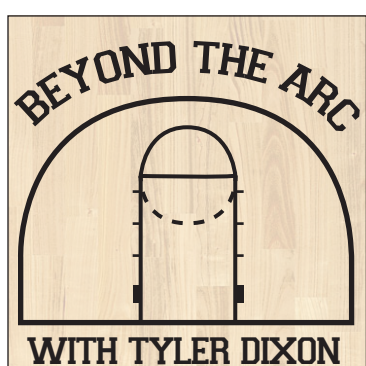
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Please see RECORD | 11

MEN'S BASKETBALL COLUMN

Perseverance a key factor in times of adversity



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Please see ADVERSITY | 11