# Southern Illinois University Carbondale OpenSIUC

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## The Daily Egyptian, July 25, 2002

Daily Egyptian Staff

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Carbondale attorney Timothy Capps is defending a first-degree murder case Wednesday at the Alexander County Courthouse in Cairo. Capps' record as a defense attorney includes nine murder cases, six of which were death penalty cases. None of the six resulted inthe death penalty. DAVID MISSEEMMAA

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## Georgiana Coffman Daily Egyptian

A court housing a case concerning capital punishment is much like a court hosting a bas-ketball game.

In court cases seeking the death penalty, the two teams are the prosecutors and the defense attorneys. The audience is the jury, and the referee is represented as the judge. In the game, the prosecutors seek to have the accused sentenced to death as the defense searches for alternatives. As the opposing teams strive to win and the intensi-ty increases, both sides begin to sweat.

The plays are carefully planned and require much persistence, just as the plays of a basketball game are carried out. However, as attorney Timothy Comp emission the game are carried out. However, as attorney Timothy Capps explains, "the outcome of this game determines much more than the future of a pigskin-covered ball; this outcome determines the destiny of a human life. Graduating in 1989 from SIU School of Law,

Capps has been practicing law for more than a decade. In the early part of Capps '20 career, he served as a state prosecutor in several cases in which the death penalty was sought. Now, as a Southern Illinois defense attorney and owner of a 4-year-old private practice firm in Jackson County, Capps sits on the opposite side of the court

"Dealing with the people society has turned their back on is really a rewarding experience,

When lives are on the line, SIU law grad Timothy Capps gets tough as defender in death penalty cases

believe it or not," Capps said. "Most times, the attorney is the one person that the individual still feels they can count on."

Since his transition, Capps has defended r ine murder cases, five in which the death penalty was sought against his clients. In each case, the

sought against his clients. In each case, the request for the death penalty was denied. Wednesday: Capps began defending in a murder trial in Cairo. Capps client, Jessie Woods, 42; was charged with first-degree murder in the littles of Penkers Streat. killing of Reuben Stacy. Woods could face a term between 20 and 60

Woods could lace a term between 20 and 60 years in prison if found guilty: According to Capps, Woods was accused of beating Stacey to death on Super Bowl Sunday. In cases like Woods', Capps suid it takes a special kind of dedication to be successful. "In cases like this, losing is not an option," Capps suid. This is a human life on the line, a muter not to be taken lightly."

Capps said. This is a human life on the line, a matter not to be taken lightly." Also on Tuesday, all 102 state prosecutors were sent to a conference in Las Vegas where there will be workshops held giving advice on how to win death penalty cases. The funding for the event comes from the Capital Lingation Tust Fund, set up for the

training of both prosecutors and defense attor-neys handling death penalty case. Capps and other defense attorneys are not at all worried about the effects this conference will

See PENALTY, page 6

## SIUC student killed in auto wreck two weeks before graduation

Driver lost control of pickup truck, drove off road **Brian Peach** Daily Egyptian

An SIUC honor student who was going to graduate in less than two weeks was killed Wednesday after police say he lost control of his pickup truck and crashed into a tree while

driving home to Grantsburg. The single-vehicle The single-vehicle accident involving Chad Burnett Newberry, a senior in radiologic sciences, took place shortly after midnight. Police

told Newberry's family that he misjudged a sharp turn and ran off Boskydell Road.

Boskydell Road. The Jackson County Sheriff's Department said in a press release that Newberry was the only passenger in the 1997 Chevolet S-10 pickup truck. Deputies found the vehicle turked on its side near Boskydell and

Wagon Wheel roads

Police said Newberry lost control of his truck when he drove it up a small hill. The truck then crashed through a fence and flew over a creek before striking the creek's bank and a nearby tree.

Police say Newberry was not ing a seat belt when his vehicle flipped onto its left side and partially ejected him from the truck. He was pinned between the ground and the left front side of his pickup. Newberry lived at home during his

an

final semester at SIUC. He was spe-

cializing in radiation/oncology. "He wanted to help people with cancer," said Linda Burnam, Newberry's aunt.

As valedictorian of his junior high and at Vienna High School, Newberry was always at the top of his class. He had family members in Carbondale who helped him celebrate his 23rd birthday on Saturday and who also helped send off his older other, Casey, to the Navy last week. Newberry was taken from the

ccident scene to the morgue Carbondale Memorial Hospital. The funeral director told his family the cause of death was blunt head trauma His mother, Joellen, his father, Ron, and his brother are preparing for Newberry's funeral, which is sched-uled for 1 p.m. Friday at Bailey's

# Higher education in Illinois ranks number one in nation

First-ever national report card places Illinois B+ for overall educational performance

### Samantha Edmondson Daily Egyptian

The Illinois Board of Higher Education recently opened the first national report card, "Measuring Up 2000," to find Illinois scored at the top of the class.

Receiving an overall B+ grade, Illinois' higher education scored a composite 88.8 over-all grade point average, placing Illinois first in the country for its educational programs in 2000

The National Center for Public Policy and Higher Education, an independent research policy organization in San Jose, Calif., developed the project to evaluate educational sys-tems and how each state government can adjust policy-making accordingly.

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Patrick M. Callan, president of the National Center for Public Policy and Higher-Education, wrote in "Measuring Up 2000" that the states have the primary role in shaping the public policy of higher education. Callan said the report card, a product from a two-and-a-half-year process, is designed to give state leaders and policy-makers a tool for evaluating and comparing their performance against top-performing states in each of the six catezories.

Action of Participation of the states of education, said a report card is used in other areas of educational evaluation, so the center used a cooring system the states' programs are states of the states' programs are st

There has not been a comprehensive look at states performance in higher education, Doyle said, "[Whith the report card], policy makers have a review of how they are doing." Illinois received A's in three of the six cate-

gories - preparation for college, participation

National Ranking					
_	n na side e	Average Scores	Grode		
1 2	Illinois	88.8	8+		
- 2	Connecticut	88.2	B+ -		
-ω	New Jersey	88.0	7 B+		
- 4	Maryland	87.4	B+		
	Massachusetts	87.2	B+		
6	Minnesota	86.8	B		
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easuring Wisconsin 85. Cala 854 - 5 Delaware 85.0 d Center for Public Polic e: The N

in college and affordability. College completion rates in Illinois warranted a C+, and Illinois earned a B- for benefits derived by the state from higher education.

However, all states were given an "incomlete" for the sixth category, student learning, ccause of the lack of comparable data Doyle said the National Center could not

asure the kind of information it knows in the area of student learning for each state Thus, it would be unfair to compare states with data that was unavailable in other programs.

The report card graded each state on the six

Funeral Home in Vienna. "He was a wonderful person, and he'll be missed," Burnam said. Reporter Brian Peach can be reached at bpeach@dailyegyptian.com

Lady was concluded by the National Center for Ablic, or and Higher Education for the 2000 school year. In a school year is the test of the school year is solved and the test grinder the school year. In the school test school year is the school year is in the caped the school year is the school is considered. In the caped the is provided proportion for college, scipation in college, and altorabality according the goal was autimal by the Binois Committent.

eport Card	Grade	Illinois Commitment	
reparation	A .	Goal 2, Goal 5	
articipation	A	Goci 4 Could States	
fordability	A	Gual 3	
ompletion	C+ /	Goal 4, Goal 5	
enefits	B-	Gool 1	
lucation .	-2081	N JONES - DAILY EGYPTIA	

categories, but Doyle said some state higher education boards calculated an average grade for the states resulting in a first-place rank for

Illinois. The National Center suggested recommen-dations for each state and overall to improve in low-scoring category. But in February 1999, the IBHE composed the "Illinois Commitment," a strategic plan to guide higher education institutions and agencies into the mean order to reals. next century under six goals.





DAILY EGYPTIAN

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News

### NATIONAL NEWS Philly girl escapes kidnappers

PHILADELPHIA — A 7-year-old kidnapped girl escaped from an abandoned rowhouse Tuesday night by chewing through duct tape binding her arms and legs, smashing a window and then calling to nearby playing children for help optica stid.

through duct tape binding her arms and legs, smashing a window and then calling to nearby playing children for help, police said. One of the children rode a bike from the building where Erica Pratt was being held down the street to alert officers who were on patrol LL Michael Chitwood said. The girl had been abducted, kicking and screaming, from in Police were searching for two suspects late Tuesday. Chitwood said Erica had only minor injunes. While being held in a police officer's arms, Erica waved to television cameras and beamed with a wide smile as she was returned to her grandmother's home. "She's an amazing little girl, 'Chiel Inspector Robert Davis said. The girl had been left on a mattress with duct tape around her arms and legs and covering her eyes in the debris-strewn basement of the rowhouse in northern Philadelphia, about 10 milles from where sile was snatched, police said. "She was eventually hable to free herself from the duct tape, she broke through hab e couldn't get out, so she smashed the window," Chitwood said. 'And she sum-moned help of a couple of Little kids who were playing in front of the house." The children pulled Erica cut of the window, and one of them rode a bike to where the officers were patrolling, Chitwood said.

### WORLD.NEWS

## Democracy under threat

MANILA Philippines – Recent progress on human nights and the growth of democracy around the world should not become casuallies of the global war against terror, a report from the United Nations has warned. In its 12th annual Human Development Report, the United Nations Development Program has said anti-terror ist messures in the wake of the Sept. 11 attacks on America risked "violating human rights or at least make it easier for them to be violated." Following the attacks on New York and Washington, several countines rushed through legislation designed to crack down on terrorist activities. But such moves have sparked alarm from human rights groups who say the

crack down on terrorist activities. But such moves have sparked alarm from human rights groups who say the new laws could be used to silence legitimate opposition: "Democracies face difficult challenges in devising legit-imate ways to prevent terrorist attacks and bring the per-petrators to justice," the report said. "In addressing legitimate concerns about public safety, free societies cannot afford to lose sight of protecting core human freedoms."

### Bush's job approval dips

Q.,

Bush's job approval dips WASHINGTON – President Bush's approval rating has slipped to the mid-60s amid growing nervousness about the economy. The president's sky-high post-Sept. 11 rat-ings above 70% lasted for more than 10 months. His taher, George HLW, Bush, had similarly high approval rat-ings during the Persian Gulf War, but they evaporated in an economic domhum and foreshadowed his defeat in 1992. The younger Bush's ratings had hovered just above 70% in most polls for the past few months. Now polls by Newsweek and GBS News show his job approval at 65% and an Ipso-Reid poll done for the Gook Political Report and an NBC-Wall Street Journal poll have him at 67%. "There's been unrelieved bad news for the past several Weeks," said Thomas Riehle, president of Ipsos-Reid Public (Alairs, "so a lot of what's happend has occurred in the veeks from the end of June until today." The timing of Bush's tatungs had no contred in the source of the Republican National Committee. Dowd sent a message to Republican activitis during the spring predicting the president's rating "chould return to a new normal," possibly in the 60s, by the end of July, it historical patterns proved true. Republican strategist Rich Galen said the current polls arent that important but the trend over the next few months will be. Bush's ratings soared to 90% and stayed high for an extraordinary period "Leccuse the war on ternorism was going pretty well as far as pecple could tell," political sci-entist Rohde said.

### WWW.CNN.COM

China: Falun Gong a global threat

China: Falun Gong a global threat HONG KONG, China - Geijing has taken its nation-wide campaign to discredit the falun Gong movement to an international stage, calling the spiritual group a threat to chilized societi the falun Gong movement to spokesman of China's embassy in Washington, Xie Feng said the Falun Gong "cuit has never stopped breaking (the) law and committing crimes." The latest step in China's battle against the Falun Gong which Beijing now brands as a quasi-terrorist sect, follows the alleged hijacking of state-run satellites to broadcast pro-Falun Gong propaganda last month by group members based outside the country. "By openly and deliberately attacking the Sinosat in contempt of international laws and the regulations, the Falun Gong cuit was unscrupplicusly breaking the order of wireless communications and launching a challenge against civilization," Xie said in Washington on Monday. The international community should unite in con-demaing and punishing this cuit." Xie said.

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Today High 90 Low 66

Friday Saturday Sunday Monday

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Five-day Forecast Partly Cloudy

#### Partly Cloudy 90/71 Partly Cloudy 95/71 Partly Cloudy 95/74 Partly Cloudy 96/74

96/74

## Almanac Average high: 88

Average low: 66 Tuesday precip: 0.00 in. Wed. hi/low: 87/66

## TODAY'S CALENDAR

The Individualized Learning Program is offering extended testing hours the last week of school. The Division of Continuing Education will be open late July 29 through Aug. 1, and two day advanced notice is required for after-hours appointments. For more information call 536-7751 to schedule an exam.

POLICE BLOTTER

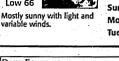
### No items submitted

### CORRECTIONS

In Tuesday's story "University's image put on back bum-er." SIU President James Walker was misidentified.

Tuesday's story "Basketball and football teams working ogether," should have read Eric Klein is a strength and together," should ha conditioning coach.

The DAILY ECYPTIAN regrets these errors.



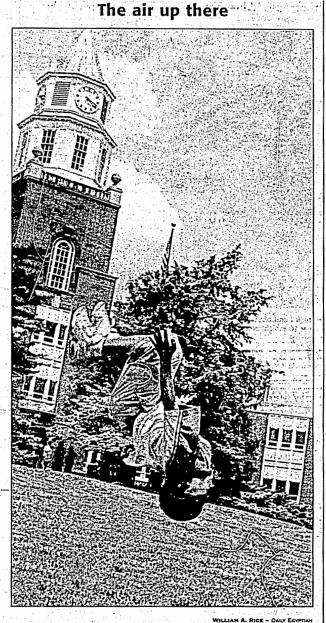
Tuesday

DAILY EGYPTIAN is published Tuesday through Friday during, the summer semester and five times a week during the fall and spring semesters except during reactions and exam wreks by the sudents of Southern Illinois University at Carbondale. The DAILY EGYPTIAN has a summer circulation of 15,000 and fall and spring circulations of 20,000. Copies are distributed on campus and in the Carbondale, Murphysboro, and Carterville communities.

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Jayshawn Sherrill of Carbondale does a back flip Wednesday on the lawn in front of Pulliam Clocktower. "I have been doing flips for about five years," Jayshawn, who is 9 years old, said. Sherrill is on campus this week with the Saluki Kids Academy, which will come to a close on Friday.

# Layoffs situation simmers on backburner until Nov.

Chancellor to receive it along to the chancellor, said George Swisher, dean of the College of Engineering. The chancellor said a careful, long-term department cut recommendations before Thanksgiving

## Jane Huh Daily Egyptian

DAILY EGYPTIAN

Chancellor Walter Wendler is expecting finalized recommendations on layoffs and other cuts by the Friday before Gus Bode

Thanksgiving. Department and college heads will present their finalized recontmendations by mid-November as the school grapples with a \$15 million budget hole. The chancellor said the deans

and vice chancellors will come up with their recommended list specifying what areas within departments can afford to be cut, including layoffs and graduate assistantships. For now, layoffs are

we're at the process of lock-So do I still have a job or not? ing at their areas of responsibilitics, ways to reduce our overhead and do some reorganization to save money," Wendler said...

College deans will soon assess their department's spending and bring their reports up to the provist, who will then pass look into targeting cuts is required to ensure

that the right decisions are made. Spending, including on administration and faculty travel, will be sustained as long as the costs go toward promoting educational opportunities and academic excellence, Wendler said.

Swisher said the November deadline requires all departments to make assessments at a fast pace, but he understands the earlier the process gets done, the sooner future school budgeting gets done. To keep faculty and staff lay-

offs at a minimum, spending on college programs, including the Digital Communication Digital Communication Specialization in the College of Mass Communications and Media Arts and Expansion Initiative Center for Excellence in Soybean Research, was cut. Also, departments are not hiring

faculty vacancies left by retirees or replacing non-returning staff. "We're just beginning to think about it," Swisher said. Pretty much, everyone makes recommendations, even the chancellor but the chancellor and the [BOT]

make the decisions. That's the "pical nature of the University."

Reporter Jane Huh can be reached at jhuh@dailyegyptian.com

SIUC receives research recognition

Gus says:

SIUC places 16 on list: of most productive research schools in U.S.

Arin Thompson Daily Egyptian

SIUC came in 16th on a list of institution for the number of inventions disclosed per \$1 tor the number of inventions alcosed per si million in spending on research, beating Harvard and Yale by a long shot, as reported in The Chronicle of Higher Education. "Generally, research is an important part of the mission at this University," said John Koropchak, Graduate School dean and

recently appointed vice chancellor for research. "It will have a lot of effect on the reputation of the University and will help attract faculty and students."

Koropchak believes that the research will elp to boost SIU's reputation as well, increasing the value of degrees received.

The technology transfer is the transfer of ideas from the research stage to the idea stage, and from there the ideas may become patented to make products and possibly form com-panies. SIU has made enough headway in

these areas to be recognized among the top 117 institutions in the U.S. Jeff Myers, SIU's technology transfer spe-

cialist, said SIU research teams are happy to compare favorably with other whools in some

compare interest. SIU has excelled in patenting ideas and processes in the Colleges of Agriculture, Engineering, Science, Liberal Arts, Medicine, Applied Sciences and Arts and others. Koropehak expects SIU's success to contin-the believes that the recognition, as well as

ue. He believes that the recognition, as well as the productivity, has been good for SIU facul-ty, students and citizens in Southern Illinois.

"We've seen growth in research productivity, and we've seen growth in graduate enroll-ment," Koropchak said. "I'm looking forward to the opportunity to see continued growth."

Even with all of the success, the technolo-gy transfer area at SIU is not going to slack off. In fact, they realize they must only work harder.

"We're pleased with those numbers," Myers said. For us, that's just a good starting point. We hope to improve in our technology transfer for some time to come."

Reporter Arin Thompson can be reached at athompson@dailyegyptian.com

# Graduate enrollment looks up despite assistantship cuts

#### Jane Huh Daily Egyptian

NEWS

Graduate enrollment may be on an upswing come this fall despite an almost \$1 million cut to graduate assistantships.

John Koropchak, dean of the Graduate School, said the current data that compares enrollment figures from last year projects an increase up to 200 students. "Graduate enrollment has grown

over the last three years, and at least the projections for the fall indicate another significant increase," he said. "So it doesn't look like the things that have been going on campus have degraded graduate enroll-ment."

A finalized report on graduate assistantship cuts will be presented in November.

Throughou: the University, 

about \$2 million in graduate assist-antships was cut. However, \$1.2 million from the tuition increase is earmarked to cover the loss, bring-ing the shortfall down close to \$1 million.

Kate Kallal, an English teaching ssistant from Iron Mountain, Mich., plans to continue as a teaching assistant through her gradua-tion in 2003. She said the budget cuts leave assistants with fewer resources. Kallal said in her case, if her assistantship were cut from the department, her school loans would not be paid off on time. Hiring a graduate student for nine months costs roughly \$10,000 that is main-ly covered by state and tuition dol-

and recruitment purposes. Amy Sileven, Graduate and Professional Student Council president, estimated that around 100 assistantships will be cut from the total of 1,500 for fall.

The cu's could prove to be extraordinarily detrimental to undergraduate education as well as

undergraduate education as well as graduate education," she said. Sileyen said the vast majority of undergraduate students take core-curriculum courses taught by teaching assistants who are graduate stu-dents. Reducing teaching assistant-ships may result in a greater stu-dent-to-teacher ratio, she said.

Undergraduate, assistantships, which will receive \$750,000 from the \$8.5 million tuition increase, If covered by stee and taken out and the state of the sta

believe the chancellor intends to take the money and gear it towards undergraduate assistantships a risk that jobs currently there's being performed at the graduate assistantship level will be shifted to undergraduate assistants at undergric

aduate salary," she said. At the last Board, of Trustees meeting in May, the chancellor meeting in May, the chancellor addressed the concern saying he does not intend for the undergradu-ate assistantships to lead to any problematic shift.

Offering undergraduate assist-antships is a new program that intends to enhance undergraduate learning by employing undergradu-ates in jobs that allow them to exer-cise working skills that correlate

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66 The cuts could prove to be extraordinarily detrimental to undergraduate education as well as graduate education.99

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uates as they can by trimming the assistantships' time percentage from 50 to 40 percent.

We're sensitive to the same concerns, and we'll maintain vigilance to make sure that doesn't happen," he said.

### PAGE 4 . THURSDAY, JULY 25, 2002

DAILY EGYPTIAN

NEWS -

# **City promotes** energy conservation

Carbondale to contract with SIUC to reduce energy consumption

## Phil Beckman Daily Egyptian

The Carbondale City Council authorized the city manager Tuesday night to enter into a con-tract with SIUC that will bring \$80,000 to Carbondale to promote

energy conservation. The Illinois Department of Commerce and Community Commerce and Community Affairs recently awarded an \$80,000 grant to Carbondale as part of the Community Energy Program. Assistant City Manager Don Monty said Carbondale has a his-tory of involvement in various

energy conservation initiatives going back to the 1970s. He said the city used to have an energy division that worked with citizens to help reduce energy consumption, but it was eliminated for budgetary reasons.

Monty said that by contracting with the University, the city will be able to benefit from the technical expertise and resources that are already in place. Councilman Brad Cole, who

cast the orly 'no' vote, said he voted against the program because he has not seen that it has produced significant results since it was first initiated in 2000.

"I'm not saying they're not doing anything," Cole said, "but I just don't think it's the best use of

[the money]." The U.S. Department of Energy program that promotes energy conservation, Rebuild America, has an SIUC offshoot. Its local director, Manohar Kulkarni, also an SIUC professor

of mechanical engineering and energy processes, said the program hopes to raise avvareness throughout the community about ways to conserve energy. Kulkarni said the program runs

about six workshops a year that are open to the public to teach meth-ods of reducing energy consumption and offers free consulting for business start-ups on energy con-servation at the Dunn-Richmond Economic Development Center. Money saved by reducing ener-

gy consumption can be spent in the local economy rather than being exported to energy compa-nies outside the community, Monty said.

"Energy conservation in the community is something that is helpful in the long run economi-cally," Monty said. The program will also provide

assessments of local business, gov-ernment and University buildings to find ways to be more energy efficient.

Grant money will also be used to offer rebates to people who pur-chase Energy Star-rated electrical products including washers and dryers, air conditioners, dishwashers and computers. Energy Star is a rating the Environmental Environmental Protection Agency gives to appli-ances that meet standards for energy efficiency and environmental impact.

The program also offers eight-week summer internships to local high school students who can receive \$2,000 and have the opportunity to learn about energy efficient

Monty said \$25,000 will be spent between Sept. 1, 2002 and April 30, 2003, and the rest of the grant will be spent between May 2003 and May 30, 2004.

Reporter Phil Beckman can be reached at pbeckman@dailyegyptian.com



301 W. Main St. 529-3241

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Candy, a glam rock band out of Carbondale, brings a unique visual element to its performances. Eye Candy is playing at 10 tonight at Hangar 9 with The Potential and the Lou Reeds.

# ocal band pumps music with visual entertainment

Trash rock and glam receive a new face with Eye Candy Jared DuBach Daily Egyptian

Glam rock is not just a look or an attitude for the members of Eye Candy. For them, glam rock is all about entertainme

Eye Candy, which performs at 10 tonight at Hangar 9, has made it a goal not only to provide a broader sense of variety, but to also bring a different image to Carbondale's music scer

Eye Candy's glam rock influences are deeply seated in bands such as The Cure, Cheap Trick and Motley Crue. Lead singer and gui-tarist Bobbie Ruth says his stage personality and presence stem from

personality and presence stem from Iggy Pop and David Bowie. "I wanted to pick up the guitar when I heard Modey Crue, and I wanted to put it down when I heard Bush," Ruth said. Joining Bobbie Ruth in Eye Candy are Nikki Twixx on guitar, Missy Shadow on drums and Jonny Mascara on bass.

Some of the members of Eye Candy have appeared previously in the local bands The Holidays, The Waxdolls, The Hoplites, Well-Waxdolls, The Hoplites, Wel Dressed Army and The Normans.

According to Mascara, the idea for starting Eye Candy came when Bobbie Ruth appeared on his couch one day. After an initial conversation involving the New York punk band D-Generation, the two soon realized they had a mutual love of Crue Motley and Replacements. Since then, they were

joined by Twicx and Shadow, and have been working for the past few months on a small, yet rather origi-

nal set of songs. Ruth said Eye Candy is an attempt to revitalize some of the visual entertainment that was prevavisual entertainment that was preva-lent among bands of the late 700 and early 803. Ruth also described ... the band "a batch of pop with a hint-of glam, a dash of savs and a sprinkle of trash."

"Music isn't fun anymore," Ruth explained. "I'm sick of heroin rock." As for the future of Eye Candy,

the possibilities remain unseen. But Ruth remains firm that anything is possible with Eye Candy. "There are no limits," Ruth said. "Anything can happen."

Reporter Jored DuBach can be reached at jdubach@dailyegyptian.com

## Pork is not just 'the other white meat'

Dean hopes for funds to conduct research for pork standards

Samantha Robinson

Daily Egyptian

Technically, pork is a red meat. But the National Pork Producers Council has been calling it "the other white meat" since 1988. This label applies to fresh pork and was created in hopes of making people aware that pork could be a part of a healthy mesi

However, Tony Young, the assis-tant dean for research in the College of Agriculture, wants to create a label for Illinois-produced pork to let con-sumers know that the meat is of quality and meets certain standards. In order to create the label, stan-

dards have to be decided upon for inspectors to look for in the meat. Creating standards is done through research for which Young and his colleagues are hoping) to receive fundi

funding. "We would be doing work iden-tifying high quality pork," Young

said. "[The] research is to establish standards for Illinois so meat can carry the brand." The brand will read Illinois pre-

mium meat' and will only be given to the meat once it has passed all points of the inspection.

There are many types of pork, but a lot of it is processed, and that meat will not bare the label. Only fresh pork will pass inspection for the brand.

Fresh pork is identified as pork chops, roast, ribs, leg, shoulder and any other piece that is fresh cut.

Pork is not usually thought of as healthy meal, but that is what a nearby mean, but that is what researchen are trying to get away from. They hope people realize, this and begin to est more pork products. Carma Rogers, pork information specialist for the National Pork Roberts of the National Pork

roducers Council, said pork is like chicken in that both have myogle which gives it its white color and also makes pork leaner.

"Pork is healthier than people think, and anytime you smoke or char it, it is even fresher and healthier," Rogers said.

According to an article published by the Illinois Pork Producers

Association, pork producers have seen a disappointing first half of 2002 and may have not seen the

This is mainly because of the rising prices of hog supplies and lower numbers of consumers.

In Illinois, breeding herds have own 7 percent on traditional famifarms, showing positive projec-ons of numbers of hogs that will

Young proposed the label for Illinois after being contacted by pork producers to help create a premium branded product for consum icn.

Appropriation of funding from the legislature will determine the outcome of the new label. Young said he is in the process of looking for additional ands from other resources that can help further the

"Likelihood of getting funded "Likelihood of getting funded depends on budget," Young stid. If FY04 budget allows for us to receive information that will be funds and not suffer cuts, that will be great."

Reporter Samantha Robinson can be reached at srobinson@dailyegyptian.com



The DAILY EGYPTIAN, the student-run newspaper of SIUC, is committed to being a trusted source of news, information, commentary and public discourse, while helping readers understand the issues affecting their lives.

Contact the Editorial Board at (618) 536-3311, ext. 281

# OUR WORD Undergrads + assistanships opportunity

Innovative, Enterprising,

These two words describe the sum of Chancellor Walter Wendler's idea to take assistantships and apply them to the undergraduate level. Students will be able to work in positions related to their major; the result will be a product that benefits both the student and the University.

What's more, the University will be paying good money for these assistantships, for college students that is. For a 10-hour position a student will receive \$400 per month, a 15-hour position will receive \$600 per month and a 20-hour position will receive 00 per month. A little quick math shows that stu-\$800 per month.

dents lucky enough to tag an assistantship will receive \$10 an hour. It sure beats the measly \$5.15 an hour many students are getting paid now.<sup>40,236</sup> With that kind of money, college

kids can probably afford to buy three packs of Ramen noodles instead of one. OK, OK. Let's not get ahead of ourselves. They can probably only get two

Ramen noodles aside, the undergraduate assistantship program is an administrative decision that shows the University values its students. And not only does it value the students, but it also trusts them.

According to the policy, students will be placed in positions related to their major, and they are not to be student-work jobs that currently exist. Under the direction of a faculty member, they will be involved in University work that is vital and challenging.

The assistantships should not ever get to the point where students are doing nominal work that could qualify as a typical student-work position. That's not to say those jobs aren't important. In fact, every employee on campus should learn there is as much dignity in being a janitor as in being a chancellor.

All parts work equally to make a great University.

That being said, however, undergraduate assistantships will provide opportunities to students who seek an extra challenge, and they will be rewarded for their hard work. Our University leaders recognize that it is

His is a

not enough to just give students a col-lege degree. If SIUC students are to be competitive in the job market upon graduation, they need experience to back that flimsy piece of paper.

The program is also a direct payback to the students and a visible effect of the fall tuition increase. Chancellor Walter Wendler promised that the half of the tuition increase would go right back to students and that it would not be used to fill the budget hole caused by the state's financial mess. This program suggests that the chancellor is willing to get creative when it comes to student sat isfaction and that he is going to hold. true to his promise.

Undergraduate assistantships are a new idea, however, and administrators are not modeling it after another pro-v; gram. For this reason, the program should be flexible and strenuously reviewed at various points throughout the semester. The program will be offered to only 100 students because of budget constraints, which is only a .... very small percent of the population." This number should be increased as soon as funds are available.

In addition, the whirlwind rate at which the program is being established is both positive and problematic. From a student standpoint, we support Wendler's decision to have it in place by early September. The Lureau cracy of the program, however, is a little thick for the time allot ed. The deans, directors and department heads must fill out the required paperwork by Aug. 9. Then a committee will view the applications and approve the positions. Students then have to apply for the positions and go through ection process. All this is to be

done by early September. Though Wendler has been talking about this program for a long time, only recently have details been finalized. University officials need to get out the word so that students know tl'e program exits. Otherwise, don't be surprised when fall comes around and r? students forget to apply because they are busy doing college stuff such as moving, buying beeks and trying to find their class on the third floor of Faner



Death penalty abolitionists ignored at public hearing

DEAR'EDITOR, . On June 17, DAILY ECYPTIAN reporter Brett Nauman covered the State Senate committee public hearing regarding problems with the death penalty. In the June 18 article "Senate committee bears. article "Senate committee Fears Southern Illinois' death penalty problems," he briefly mentioned that the committee listened to some death penalty opponents after listening to five state's attor-neys and one defense lawyer. The hearing lasted some three hours and 45 minutes. The lawyers wer listened to for about three hours and 15 minutes. The five death penalty abolitionists who spoke were given about 30 minutes. I was at least hoping the

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LETTERS

I was at least hoping the DAILY EGYPTIAN reporter would have given us a little more cover-age than we were afforded at the 5. 12 GPC 1

meeting. But alas, that did not happen, in spite of the fact that there were some 26 death penalty there were some 26 death penalty opponents present. Many of those did not realize they had to fall out a particular form before they would be permitted to speak, and so they sat through the death penalty. PUBLIC HEARING for four hours without being wed to express their op During the course of the state's During the course of the states attorneys pleadings, I saked an organizer how come they were th only ones testifying. He replied that they had been contacted in advance and asked to come. This would ensure that there were some present at the public hear-ing. Among the 26 anti-death peralty people were an SIUC math professor, an SIUC campus minister and several retired SIUC rofessors. One of the five who

were permitted to speak for a few minutes in opposition to the were permitted to speak for a few minutes in opposition to the death penalty was Heather Howley, a member of the local Amnesty International Chapter and a doctoral student in communications.

Father Leo Hayes spoke of the enormous costs involved in imposing the death penalty and said the money could be better used in funding our schools. For those who read Nauman's

For those who read Naumans account of the meeting and the " lack of any substantial opposition coverage, I write this to let other local anti-death penalty supporters know that we were stro isible at the meeting though gnored by the state and the Ignored by ..... Daily Egyptian.

Elsie Speck

### Women who rock the boat: headstrong or good leaders?

DEAR EDITOR.

I read that Jo Ann Argersinger claimed sexual dis-crimination and the judge found insufficient evidence. However, I am struck by how often the wor headstrong is applied to Dr. Argensinger, as in the July 11 DAILY EGYPTIAN editorial. Has ~ LIAILY EGYPTIAN editorial Has anyone ever heard that phrase used to describe a male in a posi-ijon of leadership? The SIUC chancellor should believe in what he is doing. A leader should be unfaltering, resolute and steadfast. Headstrong implies that a strong will exists without clear, incelligent thinking. If someone woul explain why her ideas made no 

sense for SIUC, the usage of headstrong would be understand

(So how did the BOT choose (So how did the BU1 encore a chancellor who lacked clear thinking abilitical) However, all 1 can glean is that her boss expect-ed agreement, and she could not agree. If the BOT had good rea-son to dismiss her, then why vioson to dismiss her, then why y late the Open Meetings Act? BOT went undercover, she w BOTwe public. Perhaps she was between a rock and a hard place: either authorize something that hurts SIUC or embarrass the boss? Yes, we all know that boss displea an get us fired. On: should always agree with the boss. Not doing so means you are a troubk

maker, you are not a team player, you lack company loyalty, or you are a whistle-blower. (We all understand why no one wanted to embarrass the CEO of Enron. embarrass the CEO of Enron. Who wants to lose their job?) Clearly, Dr. Argeninger jurt does not know how to look out for herself. She should have gone with the system. She probably admires people like Martin with the system. She processy admires people like Martin Luther King and Joan of Arc Probably the writer of the DE opinion init really guilty of sexua discrimination. Maybé he just knows that any SIUC chancellor is better off being head-weak

Fairya Mellado, Retired fa. May, SiUC

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 Phone number needed (not for publication) to verify authorship. STUDENTS must include year and a
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READERCOMMENTARY



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LETTERS taken by e-mail (editor@sin.edu) and faz (453-8244). and guest columns to the DAILY ECTIVITAN new 1247. TIAN welcomes all content suggestions The DAILY EGYPTIAN w suggestions.

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DAILY EGYPTIAN

# JASA seeks younger workers to join aging agency

## Gwyneth K. Shaw The Orlando Sentinel

WASHINGTON (KRT) NASA, faced with the prospect of a crippling brain drain as an aging work force approaches retirement, is scrambling to attract and keep young talent. The average age at NASA is 45. And among those in the agency's

crucial science and engineering fields, the number of employees over 60 outnumber those under 30 alinost 3 to 1.

Even though the National Acronautics and Space Administration has cut its work force by almost 7,000 people since 1993, the age disparity has only increased. Roughly a quarter of the agency's workers are eligible to retire within the next five years. So NASA Administrator Sean

O'Keefe wants more freedom to hire O Keete wants more necessaring new workers – those just starting out as well as those with established careers in the private sector. He wants to offer them bigger bonuses for strong work, scholarships, the chance to move up quickly or even a short-term appointment to allow them to bring their expertise to the space program without signing on to be career civil servants.

He will need Congress' help, and it won't be easy. It is a battle that's brewing across the federal government – changing the nation's civil service rules is one

of the key components of President Bush's plan to run the government more like private businesses. But O'Keefe's plan, like other attempts to change the way federal workers are hired and fired, is being met with some suspicion

We believe that some flexibilities would make sense, provided they have safeguards for employees U.S. Comptroller General David Walker told a congressional panel considering O'Keefe's plans last week. "Times have changed, and NASA must change with the times in considering ... how it does business

Walker emphasized, however, that plenty could be accomplished with out a wholesale rewriting of the rules governing federal employees. And he added that any changes should be done slowly and carefully.

Members of the House Space subcommittee, many of whom have NASA centers in their districts, expressed support for the idea of luring the cream of the crop to the space program. U.S. Rep. Dave Weldon, a Republican whose district includes Kennedy Space Center, said the agency has to do a better job of infusing today's science and technology students with the same passion for space that helped send men to the moon.

"What I'm told is that young people coming in, the only reason they're going there is because they're enamored of their idea of working for NASA," Weldon said. "They're offered much better jobs in the private sector."

However, Weldon and others also were concerned that longtime employees could be hurt if NASA became more like the private sector.

Rep. Bart Gordon pressed O'Keefe about the wisdom of changing the rules before the new chief offers a complete plan for streamlining the agency.

"You're asking us for a lot of authority without specifics," said Gordon, D-Tenn. "To give that authority blindfolded makes me a little nervous ... if you're going to say trust us,' then give us a better idea of where you're going and what

you're doing." O'Keefe said he doesn't auticipate any layoffs or job cuts, and that the NASA work force will simply be "reshaped."

Rep. Sheila Jackson Lee. a

Democrat who counts workers at Houston's Johnson Space Center among her constituents, said the certainty is causing real problems. O'Keefe's budget-minded reputa-tion-he was the White House's toon-ne was the White House's deputy budget director before tak-ing over NASA earlier this year-doesn't help, she said. "I'll tell you that right now, in the NASA family, you have people cow-ering in the corners and shaking in their host that that are accounted."

their boots that you are coming to slash at any moment," Jackson Lee said

Mark Roth, general counsel for the American Federation Government Employees, a union that represents federal workers, said NASA has contributed to its prob-lems with a series of layoffs and the decision to shift many responsibili-

ties to private contractors. NASA has, for more than a decade, pursued an ill-advised plan downsizing and outsourcing, Roth said. "That has made the co ing retirement waves truly daunting NASA.

O'Keefe's plan is modeled on the uccesses of several other agencies, including the Defense Department. The prime motivating tool available to private sector bosses-money-figures prominently.

Some proposals, such as offering scholarships in return for a commit ment of service to NASA for a certain period of time, do not need

NEWS

congressional approval. Others do. For example, existing rules allow government bosses to offer bonuses up to 25 percent of an employee's salary.

O'Keefe, who noted that NASA has handed out very few of these incentives in the past few years, wants to be able to offer more in order to attract stellar new employees or keep existing workers from quitting.

He also wants a greater ability to hire someone with expertise in a specific area for a set period of time up to six years, without the con-straints of making them civil servants. Right now, NASA is very limited in the number of people it can hire that way, and they can only

stay for four years. Roth, though, questioned whether O'Keefe will be able to get more money from Congress to pay bonuses and high for bigger salaries, implying that if he cant, current employees will suffer finan-cially and morale will sag.

"I'm afraid you're going to end up losing the best and brightest that you already have," Roth said.

### EDUCATION

CONTINUED FROM PAGE 1

The goals included helping Illinois businesses and industries sustain strong economic growth, improve teaching at all levels by joining elementary and secondary education, holding students to even higher expectations for learning and be accountable for quality of academic programs, improving cost-effectiveness and productivity and ensuring every Illinois citizen college because of can attend financial aid.

Affordability was one way that Illinois stood out against some of its top classmates such as Connecticut and New Jersey, Dovle said.

He caid Connecticut showed a high percentage of students remaining within its state to attend college, but Illinois' financial assistance programs help keep college students within its borders and universities

Illinois has done an extraordinary job of making their colleges affordable," he said. "With the MAP program and moderate levels of tuition, it is not the same kind of effort in other states."

However, Doyle said I'linois' grade for degree completion was low compared to other schools. Connecticut was one state that had

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a higher grade in college completion, but he said all states could

improve on certain areas "Some overall improvement can be made to the completion rate," Doyle said. "Students need to get through college in a timely ma ner.

Don Sevener, IBHE communications director, said that after looking at Illinois grades in com-parison with the "Illinois Commitment," the IBHE has noted other changes and improvements for its top-ranking educational system.

Noting the grades are based on performance for 2000, he said the ecommendations fmm the National Center and IBHE's own assessment must include recent events, such as budget cuts.

Sevener said IBHE is deeply involved in making Illinois more affordable, because students are facing rising tuition costs and MAP grant cuts. grant cuts.

"Despite the high grade, this will continue to be a high priority for the board," Sevener said.

But Sevener said Illinois also hopes to develop collaborative efforts with the Illinois Student Assistance Co.nmission to improve financial aid and develop cher-training programs. The report card showed a high

grade in participation and prepara-tion of college, and that includes

how universities are attracting students. The grade notes Illinois met its goal in the IBHE 2001 Annual Report, ranking Illinois the fourth in high percentages of minority population.

Sevener said it is hard to pinpoint which colleges help to con-tribute to the ranking, but he said SIUC has a high regard for diver-sity. "SIUC has worked very hard to ensure that minorities have access to campus," Sevener said, noting that diversity was a factor in Illinois' high rank.

Doyle said that overall, the state higher education boards responded positively to the nationreport card. He said it offers states a chance to compare their policies, goals and performances among other states and learn from their strengths and weaknesses.

Sevener was pleased with the ranking and hopes Illinois will continue to rank high in the future.

"The national report card shows the fine job Illinois colleges have been doing and support the General Assembly has given to Illinois," Sevener said. That support has been important to our system, and it gave a No. 1 rank in the country."

Reporter Samantha Edmondson can be reached at

### PENALTY CONTINUED FROM PACE 1

have on future cases.

"Most death penalty cases in the Southern Illinois area do not survive appeal anyway," Capps said. "Defense attorneys will still persist in presenting that their client is a person, not a monster." Attorney John Clemons, also in private

and the second of

ctice in Jackson County, agrees th - conence is an extended education activity.

Any good linyer will take the uppor tunity to advance his or her education, lemons said. You have to keep up with the trade; there is always something to learn. That is all that is.

Like Capps, Clemons was once a pros ecutor. Though he has never represented a case where the death penalty was sought, he too has defended murder cases from both sides.

"There are good days and bad days or both sides; it just depends on the case and the people, "Clemons said." Both Capps and Clemons agree that cases involving the death penalty require a

certain amount of knowledge and expension requires that lawyers be certified before handling such cases.

Capps and Clemons also agree that despite Gov. George Ryan's :ecommenda-tion to abolish the death penalty, it will not be done away with. The seath penalty was reinstated in the state of Illinois in 1977. Since then, 12 inmates have been executed.

moratorium on the death penalty after he found that the state had wrongly convicted several inmates. As a result of the wrong convictions, 13 people were released from death row, and a commission was formed to improve the criminal justice system and decrease the number of people on death row. According to the illinois Department of Corrections website, there are still 160 people on death row in the state of Illinois. Recently, the

commission has advised that confessions be videotaped.

Capps said this step should stop police interrogation from scaring the

police interrogation from staring the innocent into a guilty plea. "Many times, police use techniques to get people to believe they actually did the crime, "Capps said." It is an easy way to get out of the pressures of su-rounding heavy cases like murder. "Capps thinks the pressure that sur-munder murder actualized and the sure of the sure of the sure of the pressure that sur-

murder cases often leads to rushed conclusions of guilt.

The more serious the ca c. the more pressure," Capps said. "But, just like when the warhorse hears the trumpet, I am ready to go at any moment to defend my clients."

Georgiana Coffman can be reached at gcoffman@dailyegyptian.com



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### DAILY EGYPTIAN

# Austin Powers's Mini Me sets up foundation for little people

## Mike Szymanski Zap2it.com

BEVERLY HILLS, Calf (KRT)-Before entering the hotel room, Verne Troyer is already getting the star treatment. A step is set up next to his chair and a box is placed on his seat before he walks in for the interview. Troyer is 33 years old and 32 inches. Yes, at 2 feet 8 inches, he's shorter than

most men's legs. Nevertheless, he's a big man in Hollywood these days as Mini Me in Mike Myers' film "Austin Powers in Goldmember" (opening Friday).

Although he comes across as a mute -eyed imbecile in his most famous part (he's been the clone of Dr. Evil in these latest two Austin Powers films), Troyer is in fact a smart stuntmanturned-movie star who lives alone in a house in Los Angeles and is pretty, handy with the ladies.

"I didn't really have much trouble efore the movies," he smiles. Fellow actor and friend Seth Green

teases Troyer about the little man's suc cess with women cooing over him on the set. "I mean, look at Verne," Green tne set "I mean, look at Verne," Green says serioudy. "How do you deny what an unbelievably impressive stud he is? I don't fight it." Welking into the room drinking 'a Red Bull after just seeing Green in the hallways, Troyer said, "He just tried to trip me in the hall." With his black means a black

With his black sweats, a black cap and black tank top, it's easy to see a huge yin/yang symbol tattooed on huge yin/yang symbol tattooed on Troyer's left arm and barbed wire on his - and he doesn't have the charright — and he doesn't have the char-acteristic scar on his face as he does in the movies.

Mike's amazing. He's such a nice rson, really down to earth. He makes

you feel comfortable working with him," Troyer says about the creator of Austin Powers. He talks about how the

Canadian comedian always cracks up the cast because he's so unpredictable. You never know what Mike's going to do. When you're in a scene with him

to ca. when youre in a scene with him you have to react off whatever he's doing at that time," Troyer says. He remembers loving the first Austin Powers film, and was thrilled to be in the 1900 and the statement of the be in the 1999 summer hit "Austin vers 2 - The Spy Who Shagged Me." He thinks it's a challenge that his character doesn't talk.

"It's like being in a silent movie you have to still get the emotion across," over explains.

Troyer has been caught off guard by tope in the central prior a gene of the provide the provident of the provident of the prior of t er and younger sister, both average height. Troyer worked for a telephone company for years and at 21, he moved with his brother to Texas, where in 1993 he was hired to do stunt work for 1993 he was hired to do stuht work for a 9-month-old baby in John Hughes' film "Baby's Day Out.". That led to TV appearances playing small children or animals in shows such

small chuldren or animats in shows such as "Shata McNasty," VIP" and Jack of All Trades.". He's appeared in Trastinet," 'My Giant, "Mighty Joe Young, "Jingle all the Way, "Men in Black, "Bubble Boy' and "Harry Potter and the Sorcerer's Store" as well as with Energetical Minde Sorcerer's Store" as well as with Frau Farbissina's Mindy Sterling in "Dr. Seuss' How the Grinch Stole Christmas

"I'm just shocked," Troyer says about his career, his pale blue eyes sparkling. The only negatives have been ugh things said about him on the Internet, which he ignores. A big college football



NEW LINE PRODUCTIONS (KRT) - MELINDA SUE GORDON Mike Meyers' new film "Austin Powers in Goldmember," will hit the box office this Friday. Verne Troyer (Mini Me), who stands 2 feet, 8 inches tall, the height of most men's legs, is putting together the Verne Troyer Foundation to help other little people make their dreams come true. and soccer fan, he watches sports in his

e time. He hopes to burst Hollywood stereotypes of little people. He's in two upcoming films, "Run for the Money" ith Christian Slater and "You'll No With Christian State and Tooth Free Wiez in this Town Again, with Pauly Shore, but he's not working on any-

thing new. "Tm getting scripts all the time, which is something I'm trying to take advantage of," Troyer hesitates, "But it's ... well, crap."

Tm not a very confident person, but

I grew up with parents who've given me the optimism that whatever you put your mind to you can do and hopefully

I show that to other people," he says. He's now putting together The Verne Troyer Foundation ( www.vernetroyer.com) to help other little people make their dreams come true. Basically I want to be able to inspire other little

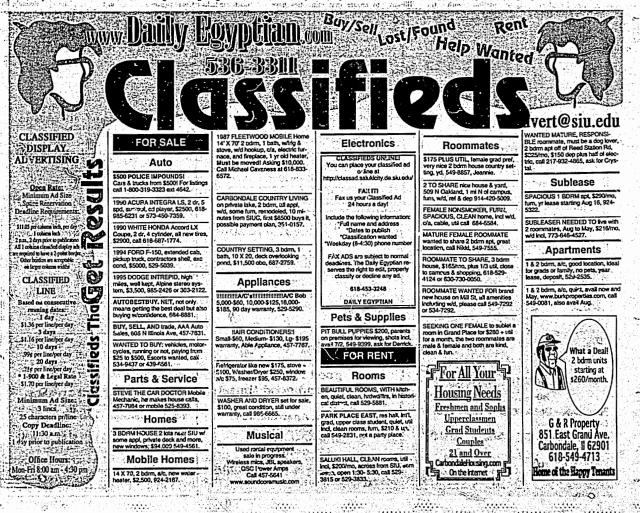
I want to be and to inspire outer into people to go to college and reach their goals, Troyer says. It's unclear if there's going to be a fourth Austin Powers, although Troyer would like to see a "mini-Beyone" Sandi

(a small version of Beyonce Knowles' sexy character Foxxy Cleopatra). Meanwhile, he remains amazed by his own fame.

"We go to other parts of the world and they know who I am," Troyer says. "I go on the Internet and I'm amazed at all these ian sites."

So when he goes through the airport and wants to avoid being mobbed

by fans, he has a plan. "I do this," he says, flipping his dark sunglasses over his eyes. He then offers a big laugh.



PAGE 8 . THURSDAY, JULY 25, 2002 3 BORM UNFURNISHED, Paradise Acres, Cambria, \$450/mo, call for details, 985-2787. 1 BDRM APT, 200 W Monroe, up-stairs from McNeil Jeweiry, \$300/mo, call 457-5060. 1 bdrm apt, fum/unfum, a/c, must be neat & clean, close to SiU, avail Au-gust, 457-7782. 4, 3, 2, 1 BDRMS, 1 BDRM APT, on North 51, Maple Grove Apts, \$275/mo, call 529-2970. CALL FOR SHOWING no pets 549-4808 Free Rental List at 503 S Ash. 529-2620 GOSS PROPERTY Managers 1 BORM APTS -\$350 905 E Park 3 BDRM 404 W Mill \$840 ceilings, quiet, 20 minutes pus, \$300/mo, 893-2423. ATTENTION SERIOUS STUDENT Schilling Property Management 618-549-0895 get away from Carbondale distrac-tion, only 6 minutes from campus, quiet neighborhood with nice shad 1 BDRM IN quiet residential neigh-borhood, no pets, 1 year lease, good apt w/ carpet, hrdwd/firs, c/a, call 985-8060 for appt to see. trees, on site laundry, water & Incl, 1 & 2 bdrm, \$300-350/m lease & dep req, 924-3101. Vino, 1 yr 1 BDRM, NW C'Dale, all elec, a/c, 9 or 12 mo lease, no pets, \$275/mo, \$49-8100 BEAUTIFUL EFFIC APTS in C'dale historic district, quiet, clean, new appl w/d, call Van Awken 529-5881. 1, 2, AND 3 bdrm apts or houses, BEAUTIFUL STUDIO APT c/a, unturn, gas/heat, carpete tor incl, avail Aug, 457-7337. ted, wanodva. aue or campu ed, 457-4422. C'DALE 1 BDRM, 2 biks from cam-pus, partially furn, clean, c/a, avail Aug. 15, \$250/mo, no pers, cail 529-1422 2 BDRM APT, 1/2 block from cam-pus, call 529-1233. 2 BDRM APTS, close to campus, w/d hookup, \$425-500/mo, lg bdm call 529-4335 or 549-2993. up, 924-3415 or 457-8798. C'DALE AREA, BARGAIN, SPA-CIOUS, 1 & 2 bdrm apt, air, incl water & trash, no pets, call 684-4145 or 684-682 2 BDRM C/A, vaulted ceiling, nice & quiet area, avail now, 1 mile south of town, no dogs, call 549-0081. water & trash, no pets, call 684-4145 or 684-6862. CDALE COUNTRY, OUIET tenant, 2 BDRM, CEDAR Lake Area, a/c, 1 & 2 Bdrms, util Incl, no pets, de-posit, avail July & Aug, 985-2204. atio, cats considered, no, 457-8194 or 528-0744. C'DALE, SOUTHWEST, 2 bdrm, 2 bath + den, luxury apt, \$895/mo, 457-3544. 2 BDRM, UNFURN, \$485/mo, great pets, 457-5631. ties on site, no CLEAN, QUIET, STUDIO apt, kg yd, Ler & trash, \$210/mo, 411 E Hester, 457-8798 or 924-3415. w/shed, 914 N Bridge, C'Dale, non-smoker, no pets, \$260/mo, 217-351-7235. CLOSE TO SIU, Ig, 2 bdrm, 2 bath, air, furn, no pets, must be neat & call 549-2835. COLONIAL APTS, 1433 E Walnut, new owner, completely refurbished, Goss Property Mgmt, 529-2620 APARTMENTS FOR RENT Many Beautiful newly remodeled apartments COUNTRY SETTING, PRIVATE pa-tio, carports & laundry facility at our roomy 2 borns on Country Club Rd, 12 min to S1U, cats only allowed w/ Apts n laundo Studios One Bedrooms Two Bedrooms ed to suit your ne & tras additional deposit, avail now or Aug. \$420/mo, 457-3321. This Weeks Special Luxury 1 BDRM, W/D IN APT, BBQ FREE APPLIANCE W/ 12 MO lease 2 blocks from \$ drm, 2 blocks from SIU, mgmt & ndry on site, call 457-6786. GRILL 1145 or 684-6862 457-4422 GEORGETOWN, NICE, FURN, un-APT, 2 BDRM & ettic, great locatio quiet residential area, 457-8009 or fum, 2 & 3 bdm, soph-grad, see dis play by appt, no pets, 529-2187. quiet reskt 521-8258. GRAD STUDENT SPECIAL, Studio ant, beautifully remodeled, near SIU APTS avail in Caterville & C'dale call 985-9234 or cell 922-4921 apt, beautifully re-details 457-4422. <u>Southern Illinois</u>



DAILY EGYPTIAN GRAD STUDENT, AVAIL Aug 15, 1 bdrm, in private home, own en-BRECKENRIDGE APTS 2350 S IL 2 BDRM, DEN, W/D HOOKUP, a/c, avail now, 12/mo lease, dep, no APARTMENTS AND HOUSES bdrm, unfurn, w/d hookup, no splay 457-4387 or 457-7870. p, no pets avail now, 12/mc pets, 529-2535. nce, no pets/smoking, 3 bits to npus, \$325/mo, incl all util & ca , 529-1164. Paul Bryant Rentals 457-5664. Cheryl K, Paul, Dave We have you coveredi. CDALE, 2 BDRM, a/c, w/d hook-up no pets, \$450/mo, call 529-3989 or 3 BDRM C/A, w/d, fireplace, nice, . very quiet area, avail 8/15, no doga, 1 mile south of town call 549-0081, no pets, \$4 453-6310. GREAT LANDLORDS FOR FALL @ 606 E Park 1 & 2 bdrm duplex apts, no pets please, 1-618-893-4737. Vialt The Dawg House 3 BDRM, 1 bath, a/c, w/d, private, screened porch, 1 yr lease, no pet avail June 15, \$650/mo, 549-5991. C'DALE, CEDAR LAKE area, new 2 bdm, avail August, d/w, w/d, pa-HUGE 1 BORM, APT, on Cak St. guide at p://www.dailyegyptian.com/dat 2 bdrm, avail August, d/w, w/ tio, quiet, private, law/grad, \$550/mo, 618-893-2726. new kitchen, wood floors, shady yd \$300/mo, 549-3973, cell 303-3973. 3 BDRM, 2 bath, to kitchen, c/a, hookups, carport, nice, efficient, qui-et, lease, dep, \$525/mo, 867-2653. WALKER RENTALS LARGE 1 BDRM, carpetod, a/c, tall CDALE, MURDALE AREA, 2 bdm a/c, w/d, \$550/mo, nice, no pets, no smokers, 687-3825 or 529-4000. JACKSON AND WILLIAMSON CO 4 bdrm- 503, 505, 511 S Ash 319, 321, 408, W Walnut HOUSES APARTMENTS DUPLEX LARGE 1. 2. and 3 bdrm apts. 1 blk COUNTRY DUPLEX, 1 bdrm, cathe from campus, all util incl. furn, off street parking lot, call 549-5729. dral ceiling, ig brick patio, \$375 incl heat & water, 549-3973 & 303-3973. 3 brdm- 306 W College, 405 S Ash, 106 S Forest, 321 W Walnu LARGE 2 BORM APT, just came on the market, NEAR SIU, ample park-ing, priced right, 457-4422. TRAILERS TRAILER LOTS COUNTRY, GIANT CITY area, 2 2 bdrm- 406, 324 W Walnut very private, avait Aug 10th, \$450, call 549-0248, after 6pm. NO PETS LG, 1 BDRM apt, hrdwd/firs, pets considered, trash and water incl in rent, avail, Aug, \$295/mo, call 618-529-2054. bdrm-207 W Oak, 1061 S Fores Renting for June 1 and August 1 CALL FOR SHOWING (no pets) 549-4808 COUNTRY, NICE 2 bdm, small pets ok, \$450/mo, ref required, call Nancy at 529-1696. THE ARE LOW COST HOUSING, Son't miss out, 2 bod, \$225-450/mo hot ok, 529-4444. 457-5790 WE ARE LOW COST Free Rental List at 503 S Ash. M'BORO 2 BDRM, carpet, air, no pets, \$265/mo, 687-4577 or 967-9202. Houses 529-2620 GOSS PROPERTY M WEDGEWOOD HILLS, 3 bdrm furn, \$720/mo, no pets, 549-5596. MBORO, 1 AND 2 bdrm, water/ trash paid, 15 min to SIU, \$250 and agement, 4 bdrm at 600 E Park St bdrm at 314 E Hester, 2 bdrm at 3 E. Hester, 2 bdrm at 303 N Poplar ...CONTRACT FOR DEED .... HOUSES. Townhouses MBORO, 1 BDRM, furnished, appli ances, no pels, trash included, \$250mo + dep, call 684-6093. 2 BDRM, A/C, good location, ideal for grads or family, no pets, year lease, deposit, 529-2535. APARTMENTS SIU Qualifie 2 & 3 BDRM, c/a, w/d, nice & quiet area, now, May & Aug 549-0081 www.burkproperties.com. a Sochomores to Grads NEAR CAMPUS, 408 S POPLAR, LUXURY efficiencies, no pets, call 684-4145 or 684-6862. 3 bdrm at Meadow Ridge, close to campus, 1 1/2 baths, w/d, d/w, c/a. 9 month leases starting at \$245/person, avail now o Aug, no pets, 457-3321. 2 BDRM APPLIANCES, trash pick up, yd, \$350/mo, plus dep, lease req, 4 mi S 51, no pets, 457-5042. Spacious Furnished NEW 2 BDRM, Lake Ashley Apts, lakeside living, Giant City School Area, call 529-4536 or 534-8100. Swimming Pool HEARTLAND PROPERTIES 2 BDRM C/A, w/d, ig fenced yard, \$435/mo, pits per pet lee, avail Aug 15, 549-7896. 3 bedroom sont : 306 W College, 3 bdrms, hum/unfum, central air 549-4808 (no pets) Free Rental list at 503 S Ash. level apartments for 3 or 4 persons NICE 1, 2, & 3 bdrm, 304 W Syca-more, turn, a/c, \$350-\$450/mo, av Aug, call 529-1820 or 529-3581. For Fall 2 BDRM HOUSE w/lenced yd, very room, \$475/mo plus dep, a/c, w/c okup, outside pet ok, 922-5119... - Duplexes 2 BDRM ON Cedar C eek Rd, grad or prof, single or cou *ke* only, ref roo & checked, nice big and, fenced, good location, pet or nsidered, 217-59-3763 k mma. 1207 S. Wall NICE NEWER 1-BDRM, fum, car-pet, a/c, 509 S Wall, or 313 E Mill, no pots, summer or fall, 529-3581. 2 BDRM C/A, vaulted ceiling, nice & quiet area, avail now, 1 mile south of town, no dogs, call 549-0081. 457-4123 good location, pet 522-2763, lv m.g. Show Apt. Available SPACIOUS STUDIO, FULLY furn 2 BORM DUPLEX Unity Po M-F 9-5 p.m. Sat. By Appointmen pts near campus, a/c, cable read undry facilities, free parking, wate trash removal, SIU bus stop, mar s ready. 2 BDRM, COUNTRY cottage, 5.5 mi to SIU; a/c, no dogs, \$450 +util, 457school district, wid hookup, d/w, e tablished neighborhood, \$475/mo small pets considered, avail Aug., 618-549-2090, www.thequadsapts;com 2724 ager on premises, phone, 549-6990. 2 BDRM, C/A, \$365/mo, Incl trash & water, 10 min to SIU, Ig & clean, ..... pets ok; 618-687-1774 Don't Let Your Chance TOP C'DALE LOCATIONS, 1 & 2 born apts, list of addresses in yar at 408 S Popular & in Daily Egyp-lian "Dawg House Website, under Paper Rentals", no pets, call 684-1145 or 684-6852 2 BDRM, WATER, trash, w/d, paid, a/c, gas heat, \$460/mo, no pets, 517 N Oakland, 325-2531. **Bonnie Owen Property Management Brookside Manor** 2 Bedrooms alide! 3 Bedrooms Apartments 900, 910, 920 Z. Walnut Grandplace Condos -900 E. Grand -Phillips Village Apts. SIU 1 MILE 500 N. Westridge 412 E. Hester #C -Westhill Circle Apis. Beautiful Open Space 305 S. Beveridge 390 & 400 Readle Dr. 2 and 3 bedroom apartments Bonule Owen Property Management 816 E. Main St. All utilities and cable included 529-2054 On-site manager and maintenance \*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\* ·Ample parking, bus stop on site 1200 E. Grand Ave. 618-549-3600 ..... See, us at Apartments.com \$ \$ 5 2 Come see what life is like All Units City Inspected and Approved, Free Mowing Apartments at Lewis Park! (Free Water & Trash) 1 Bedroom 806 N. Bridge SL #1 806 1/2 N. Bridge St #3 (Duplex) (Triplex) 905 W. Sycamore #2 Houses (All have Washer & Dryer) 2 Bedroom 804 N. Bridge St. 405 W. Sycamore (c/a) 804 1/2 N. Bridge St. 209 W. Sycamore #B good fun. Luxu y Efficiencies Near Camous 408 S. Popular #2, #5 (Comoperated Washer & dryer) and good times! Lewis Park Apartments 800 East Grand Avenue Bargain Rentals 2 Miles Viest of Kroger West Carbondale, IL 1 & 2 Bedroom Apartments/ Free Trash & Water 457-0446 (Pent starts at \$210mo. per apt)

15th has a chance to win a laptop

computer.

2, 3, & 4 Bedroom Houses (With wid & carports)

NO PETS • 684-1145 or 684-6862

Unsn # C. 3 mi row 600-293-6407. 1

CLASSIFIED ME

A/C Cable TV ADSL Parking

CLASSIFIED -

BRAND NEW 4 or 5 bdrm on Mill St," super nice, w/all amenities, please call 549-7292 or 534-7292.

CARPETED, W/D, A/C, gas/heat, close to campus, 457-7337.

C'DALE AREA, SPACIOUS bar-gain, 2 & 3 bdrm houses, w/d, car-port, no pets, call 684-4145 or 684-6802.

CDALE, 2 BDRM, NEWLY decorat sJ, quiet neighborhood, \$695/mo, 457-3544. C'DALE, NICE, SMALL, 5 room, just redecorated inside and out, a/c, w/d

hookup, carport, avail Aug, 549-7867, 967-7867.

COUNTRY SETTING, 2 bdrm, car pet, gas, appl, pets c2, \$340/mo, call 684-5214.

DESOTO, 2 BORM 102 E Grant. basement, carport, garage, ig yd \$475/mo, avail Aug 1, 985-4184.

MAKANDA, LIKE NEW, 3 bdrm, 3 bath, Unity Point School, clean & guiet, no pets, \$800/mo, 549-2291.

queue, no pers, accurre, societti, societti, societti, societti, societti, societti, societti, and caraba di pi dana da salui Lo gan, basulti la hard crahad wood, a l'ingelaces, hugo inno porth, hil basement & attic for storape, on double comer to wi shade trees, ready to move in by Aug, \$2000m or \$500m on ovio for ret; 31(2) capable ct doing some fix up, \$251-0157.

M'BORO, 2 BDRM cottage, carpet, air, no pets, w/d, fum, 687-4577 or air, no pet 967-9202.

NATURE LOVERS WANTED for 3 bdrm behind mall, lots of trees & yard, mowing provided, c/a, no pets, avail Aug 15, all util incl, \$275/per-son, 457-3321.

NEW 2 BORM located on Sycamore & Davis, C'dale, w/d, 1 car garage attached, \$675/mo, 985-2496 or 303-2122

NICE 3 BDRM HOUSE for rent, nos campus, \$500/mo, 306 S Graham, Cerbondale, contact Mary 618-549-0570

camp Carbo 9570, NICE 3 BDRM, a/c, w/d, pets ok, \$650/mo, 534-8100.

PRIVATE COUNTRY SETTING, 2 covered decks, no pets, Aug lease, 549-4808.

SMALL<sup>2</sup> 2 BDRM house, \$450/mo, newly remodeled, near High school, pets ok, 559-0201.

SMALL NEWLY REMODELED, 2 bdrm house, carport, ideal for single grad or married couple, no pets, 618-984-2317.

TOP C'DALE LOCATIONS, 2 pdr ouses, w/d, free mowing, list of a iresses in yard at 408 S Popular, all 684-4145 or 684-6862. t of ad

TOWNE-SIDE WEST APARTMENTS AND HOUSES Paul Bryant Rentals 457-5664. Cheryl K, Paul, Dave .We have you covered!....

WEDGEWOOD HILLS, 3 bdrm house, turn, no pots, close to cam-pus, avail Aug, 549-5596.

#### Mobile Homes

.MUST SEE I 2 borm trailer .\$195/mo & up!!!! bus avail, ...Hurry, few avail, 549-3850

1 & 2 EDRM MOBILE HOMES, close to campus, \$225-\$400/mo, water & trash included, no pets, call 549-4471.

12 X 60, 1 bdrm, newly remodeled, w/d, lg deck, quiet park , \$375/mo, no pets, avail Aug, 549-1471:

2 & 3 bdrms, nicely decorated & fur-nished, w/d, 3 locations, \$350-\$540/mo, avail now or Aug, no pets, 457-3321.

2 BDRM MOBILE homes, nice park, maint on site, \$225-\$260, for Aug, lawn & trash incl, 549-8000.

2 BDRM, UNFURN trailer, \$285/mo pets ok, no a/c, 457-5631.

AVAIL AUGUST, NEV/ER 2 BDRM, 2 bath, certral sir, w/d hookup, country solling, please call 634-2365 or 457-4405.

CARBONDALE COUNTRY LIVING w/d, some fumiture, forceded, 10 minutes from SIUC, \$375/no or buy w/ small down psyment, 351-0157. CARBONDALE, 2 BDRM, located in quiet park, \$150-\$475/mo, call 529-2432 or 684-2663.

CDALE, \$250MO, EXC NEWLY, REMODELED, VERY, CLEAN 1 bdrm duplex, between logan/SIU, gas, wator, trash, lawn care ind, n pets, \$29-3074 or 554-4795, antinearbondale com

C1JALE, 1 BDPM, \$235/mo, 2 brim \$250-\$400/mo, water, cas, laws, 4, , trash Inci, avail now, 800-293-4407.

room for computers, turn, c/a, no pets, 549-0491 or 457-0609. LARGE 2 BDRM, 1 1/2 bath, super insulation package, furn, c/a , no pets 549-049; or 457-0609. LOOK NO FURTHER! Bel-Aire Mo-LOCK NO FURTHERI BeFAre Mo bile Home Park, new 1,2,3 bdrm units, wi summer & fail avail, quiot, clean, friendly environment, C-dale 2 bits from campus, no pets, 529-1402 LOOKING FOR AFFORDABLE LOOKING FOR AFFORDABLE HOUSING? Check out our mobile homesil Close to campus, newly remoldo Big shaded lots, energy efficient Small pols allowed 905 & 1000 E Park \$280-\$440 Schilling Propenty Management 549-0895 LOOKING FOR AFFORDABLE HOUSING? Check out our mobile homes!! Check Od our moose nomest Close to campus, newly remotiod Big shaded lots, energy efficient, Small pets allowed 905 & 1000 E Park \$280-\$440 \$280-\$440 Schilling Property Management 549-0895 MOBILE HOME, 2 mi east of C'Dale, 2 bdrm, very clean, water, trash, lawn care included, c/a, NO PETS, 549-3043. MOBILE HOMES FOR one on Plansant Hill Rd. wooded area, furished, avail now, or Aug, \$210-\$350/mo, no pets, 457-3321. COCO/ NEED A PLACE to live and room for your horse? 2 bdrm, 2 full bath, c/a, wid hookup, avail Aug, lenced pas-ture right outside, 457-7337. SPACIOUS 1 BDRM, fum, small park near campus, no pets, call 549-0491 or 457-0609. VISI THE DAWG HOUSE THE DAWG HOUSE THE DAILY EGYPTIAN'S ONLINE HOUSING GUIDE AT http://www.daiyegyptian.com/dawg-house.html WE ABE LOW COST HOUSING, don't miss out, 2 bed, \$225-450/mo, pet ok, 529-4444. WEDGEWOOD HILLS 2 & 3 bdnn, furn, shed, avail now and for August no pets, 1-4 weekdays, 549-5596. Mobile Home Lots PARADISE ACRES, lots available, \$75 a month with 1 yr lease, call for details, 985-2787. Help Wanted \$1500 Weekly Potential mailing our circulars, Free Information, Call 203 683.0202 AG STUDENT with tractor mowing experience, truck & farm back-ground helphal, 549-3973. BARTENDER TRAINEES NEEDED, \$250 a day potential, training pri ed, 1-800-293-3985 ext 513.

needs good ho 618-982-2432.

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www.carbond

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CDALE, 2 BDRM, a/c & trash, pots ok, 1st, last & deposit, \$250/mo, call 833-6593 after 6pm.

EXTRA NICE, 14 x 70, 3 bdrm near campus, perfect for 2 adults with

BARTENDERS, FEMALE, PT, WILL TRAIN, exc pay, Johnston City, 20 minutes from Cidale, need bounc-ers, call 982-9402. BECK BUS HIRING school bus driv

ers, no experience necessary, must be 21, clean driving record, must be able to pass physical, drug test & backgrount; check, we train, 549-2877.

RESIDENTIAL PROGRAM FACILI-TATOR/SERVICE Associate: full-Incalignment, Procession Procession Entropy Service Cassociates that time positions to provide support eservices to advise with psychiatric disabilities, Shifts include weeknots a evenings. Natel to 21 and have High School diploma. Valid II, driv-er's locares & unitarities da cossis own transportation required. Main-mum starting wares \$1.55hr with B.A.; \$42.50hr without degree. Health & other benefits included. Positions people completion of SIRSS employment application. Must pass required background checks. ECC Applications can be obtained thm SIRSS web site: word sites.org. rav sirss.org.

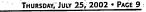
SMOKERS WANTED SMOKERS EARN \$500 OR MORE Participating in gut amoking ne search. Women & Men, 18-59 years old, who qualify and complete the audy, students and non-students wolcome. Qualifications determined old wi atudy by screening process, 453-3561.

TALENTED FEMALE DANCERS WANTED, weekends only, call 303-0831.

WAITRESS & KITCHEN help want ed, apply in person at 803 N Ninth, after 3pro.











## SOUTHERN ILLINOIS UNIVERSITY

### JULY 25, 2002



Ephedra-based weight loss products such as Metabolife 356, Ripped Fuel and Xenzdrine RFA can help users to lose weight but can also cause dangerous side effects. The recommended dosage is five milligrams per day and not to exceed 100 milligrams per day," Lynn Gill, coordinator of the Wellness Center in Nutrition Education, said. "But because it's considered an herb and not a drug, it's not regulated by the Food and Drug Administration, and some products exceed more than the recommended amount.

Fit&Trim

It's No. 1 for a reason! It works! This is not the slogan for a new program to lower the national unemployment rate. It is the slogan adopted by Metabolife International, Inc., a portion that has declared war on another national problem: obesity.

According to Wes Siegner, general spokesper-son for the Ephedra Education Counsel, the U.S. Surgeon General declared nearly 40 million American adults to be obese and some 300,000 Americans die from obesity-related diseases every

Several years ago, Metabolife International, Inc., manufactured Metabolife 356, a dietary supplement that would combat the effects of obesity and its resulting health problems. The supplement is marketed as an herbal formula that increases a user's metabolism, increases energy level and ices appetite. redu

Siegner salf Metabolif: 356 and many other similar dietary supplements contain Ephedra, a substance that occurs naturally in the ephedra sin-ce plant. Ephedra is also known as ma huarg and has been used for thousands of years in Chinese environment. medicine.

Lynn Gill, coordinator of the Wellness Center in Nutrition Education, said Ephedra is known to be safe and effective when used in small doses. However, weight loss preparations may contain higher concentrations of Ephedra than the recommended dosage.

"The recommended dosage is five milligrams per serving and not to exceed 100 milligrams per day," Gill said. "But because it's considered an herb and not a drug, it's not regulated by the Food and Drug Administration, and some products exceed

Drug Anninischion, and some products exteed more than the recommended anount." Furthermore, Gill said many detary supple-ments contain guirana seeds, which is resentibilly caffeine. When Epheden is combined with caf-feine, it magnifies the stimulant effect.

Richard Price, senior associate of the Alerr Partners Public Relations Firm for the Ephedra Education Council, said dietary supplements containing Ephones are safe as long as consumers take the supplements as directed. More than 12 million Americans are current-

Note that 12 million runnears are current ly benefiting from using Ephedra dictary supple-ments, Price and The responsible manufacturers and distributors of Ephedra dictary supplements adopted industry standards that are included on all our Ephedra dietary supplement products for consumers to fellow.

But Gil is concerned about th adverse effects of large quantities of Ephedra. She said the FDA has received many complaints concerning symptoms as mild as insomnia and as severe as psychesis, heart attacks and strokes.

"Ephedra works in the central nervous sys-tem," Gill said. "Ephedrine is a naturally occurring substance in our bodies. If we were to see a tiger, for example, and get scared, our blood pressure goes up, our eyes dilate, our heart rate increases and our perspiration occurs. This is the same effect this drug is giving the body. If this is continually taken over the next three month, what can happen is an adrenal exhaustion in the body because of that

Gill stressed that people with high blood pres-sure, heart problems, hyperthyroidism, prostrate and urinary problems should definitely not take supplements with Ephedra. Furthermore, supplements with Ephedra. Furthermore, Ephedra may be dangerous for people who are

Food

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14701 11 22 AL

Pyramid

Milk, yogurt & chuese 2-3 servings

Ephedra is a substance used by dietary supplements to facilitate weight loss

· della fe

STORY BY MAUREEN JOHNSON

prognant, breast feeding or have problems with blood ugar or glauconra. Gill also said people taking monoamine ori-dase (MAO) inhibitor drugs, which are used as antidepressants, and shose who are taking overthe-counter medications to control asthma, sinus, allergy or colds should not take these supplements, because many of these products already contain Ephedra.

However, Price emphasized Ephedra is safe when directed.

"Researchers from Harvard and Columbia Researchers from Harvard and Columbia Universities found that overweight, healthy Americans participating in this study lost between 11 and 12 pounds without experiencing significant side effects, "Price said..." In addition to being unheal hy, supplements may also be ineffective if used over a long period of time. Gill said she would like to see 3 long-term

study to determine if there is long-tern, success

DAILY EGY

dry

with using dietary supplements containing

PAGE 11

Ephedra. I suspect that more people than not would have a weight gain once these pills are discontin-ued, "Gill said." What is better for your health and is a church of the said. ensures long-term success is a reduction of total calories and an increase in physical activity. But it takes patience, time and planning, and many peo-

ple aren't willing to do that." Gill suggested healthier alternatives to dietary supplements with Ephedra. She recommended people rook less food and slow down their eating, foill said people should also woid eating while dri-ving and watching television. That's the behavioral part I think these diet

pills and st programs and fad diets don't address," I all said. "Many people take tirke pill and don't change their lifestyle, hoping that the pill will take care of it for them."

Jane Maxwell, the outreach and group counsel-ing coordinator for Women's Services at the Counseling Center, sid the decision to use dietary upplements containing Ephedra may include emotional issues such as poor body image and low tell contents.

self-steem. I think people are looking for a quick fix to improve themselves or their appearance, 'Maxwell sid. 'But a pill is not going to solve the problem because as soon as they quit taking the pills, thy'll go back to their same cating habits. Maxwell, said companies such as Metabolife International, Inc., may target both men and women who are vulnerable and have poor self-images. She said such men and women fed that weight loss supolements will invrove their lives by

ight loss supplements will improve their lives by

"Dictary supplements] can have a very short-term positive effect on self-image," Maxwell said. "But if someone has trouble with self-esteem and a very poor image of themselves in terms of appearance, that short-term boost will go away and the real problems will resurface

Maxwell recomes win resource. Maxwell recommended that people with a poor body image think about what its Eke to accept themselves. She said that being healthy doesn't necessarily mean being tim.

doem't necessarily mean being tuin. Being healthy a so is how you think of your-self. Maxwell said. If there is something you'd like to change, invest yourself into change life-long habits into something positive.

Reporter Muteria Johnson can be reached at mjohnson Pdailyegyptian.com



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SOUTHERN ILLINOIS UNIVERSITY

### JULY 25, 2002

Koutsos ready to run



senior running back Tom Koutsos works on agility drills earlier this summer. The SIU career rushing yardage leader will be attempting to break SIU's touchdown mark as well at the Gateway Conference's career rushing mark this upcoming season.

### Saluki football star set to break more career records

ومناجر فراجر المتحجر

#### Jack Piatt Daily Egyptian

Tommy Koutsos is one season away from representing SIU as the all-time career rushing leader in the Gateway Conference.

The senior is already the school career rushing leader with 3,531 yards in just three seasons, and he has averaged 4.6 yards per carry during his career. It will take only 701 yards this

season for Koutsos to surpass Eastern Illinois University's Willie High, who holds the league's career rushing record with 4,321 yards.

Koutsos is the first running back in Gateway history to rush for 1,000 yards in each of his first three seasons. He has 17 100-yard rush-ing games so far in his career, which is also an SIU record. With 32 career touchdowns, he is only six scores away from setting the SIU career record. Koutsos has also never missed a game in his threeyear career.

Koutsos has received numerous honors during his time at SIU. He was named to the First Team All-Gateway his sophomore and junior years. As a freshman, he received an honorable mention for All-Gateway. Koutsos also enters this season as a pre-season ALL-American.

The Saluki football squad is looking to Koutsos to lead them to a successful season. The team has been working hard to improve at many different levels. If Koutsos

can continue his success on the field, the team has a good recipe for winning some games this year.

noutsos has been working real hard all summer to improve, said junior linebacker Eric Egan. "He is going to have a great season. I hope he breaks the Gateway career rushing record.", SIU football head coach Jerry

Kill said scouts last year thought Koutsos was stiff, but he thinks this season will be different.

Tommy had a very productive spring. He is a much better player now than he was in the fall," Kill said. "He has increased his speed and will be exciting to watch in the 611

After this season is over, Koutsos plans to compete at the professional level. He hopes to be invited to an All-Star game to begin his movement into the next

With a young team and a deter-mined coaching staff, the Salukis re ready to create a ne .- image for SIU football.

"We have a young team mixed with some good veterans," Koutsos said. "The young players need to step up and play hard, and the veterans need to step up and lead the younger players.

younger players. This season will be an impor-tant test for a fired-up Saluki foot-ball squad, and it also will be a chance for one SIU star to rise even higher.

This will be my best season for sure; I have pre-season honors I have to back up," Koutsos said. "I am looking forward to going out on a winning season. This team is going to open some eyes."

Reporter Jack Piatt can be reached at jpiatt@dailyegyptian.com

Pacers still interested in Roberts Jack Piatt Daily Egyptian

The Indiana Pacers have invited former Saluki star Rolan Roberts to their upcoming veterans camp.

Roberts played summer league bas-ketball for the Pacers earlier this summer and proved he has talent worthy of a second look. Roberts also played summer league ball for the Washington Wizards, but he didn't

think he got enough playing time If Roberts decids to go to the vet-erans camp, he will be one of 18 play-ers who will compete for a position on the team. The Pacers will keep 12 to 15 of the players from the camp and sign them to non-guaranteed contracts.

The players will compete in exhibition games with the rest of the Pacer stars, hoping to impress the team enough to make the final cut before the regular season starts.

According to Robert's agent, Bill Neff, the Pacers would give Roberts a prorated contract for \$350,000 a year if he makes the final cut. He would then get paid for each game played and have the opportunity to play the whole sea-

If he doesn't make it to regular sea-It is very hard for a free agent to get signed to the NBA at this point, but not impossible, "Neff said. International teams in Italy and

ukey are also interested in Roberts. Neff said Roberts can make good money overseas and make a name for nself.

"My dream is to play in the NBA," Roberts said earlier in the summer. "But if I don't play in the NBA, playing overseas is definitely an option."

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# New women's track assistant coach is 'ready to run'

Sparks ready to improve SIU's distance runners Kristina Dailing Daily Egyptian

Matt Sparks, former Ohio State University women's track and field assistant coach, was looking to relocate. Connie Price-Smith, SIU women's

track and field head coach, was looking for a long distance running coach. The timing was right, the need was

there, and Sparks is now ready to lead the track team to greater distances. Sparks, who has been hired to train

the distance runners for the SIU women's track and field team, had his first official day on the job Wednesday. He replaces former assistant coach De Dee Nathan, who left the team earlier this summer after just one season in Carbondale.

Although Sparks has just recently been kired, he has already jumped into his job by calling and introducing him-self to players and making sure they have kept up with their summer condi-tionion. tioning

Players are already encouraged that he will help make a big difference with

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training the long distance runners. "I can tell he's really involved in try-ing to get our team back together," said Lindsey Campos, a distance runner

who sat out last se Price-Smith has known Sparks for several years and is glad that the timing worked out so that he could join the Salukis.

Though she has never worked with Sparks directly, she knows he has worked with long distance runners in the past, an area Price-Smith admitted-

the past an are Proce-Smith admitted-ly doesn't have much experience with. "I think he will be able to pull the distance team in closer together," Price-Smith said. "He will be able to provide them with the training knowledge to help them compete better." Sparks spent his last two years making uncertainty distance support for

coaching women's distance runners for Ohio State's cross country and track and field team, specifically working with and training the long distance runners. He also coached two years at Indiana University as a graduate assis-tant for the track and field team while he earned his master's. This was also where he met Price-Smith as she was training for the Olympics in Bloomington, Ind. Sparks has since watched her athletic career and has been impressed by the examples she sets for young athletes.

Twe just admired her leadership and hat I think she can bring to a track and field program and to an athletic program, Sparks said. That was one of my big selling points. Sparks also likes Carbondale's

smaller community, as well as SIU's beautiful campus. However, Sparks won't let the scenery distract him from what he wants to do with the team.

"It's a rebuilding process," Sparks said. "The team has been down the past couple of years, and I realize that it may take a couple of years to try to turn things around." Campos said the track and field

team had a temporary distance coach for several months last season, but eventually Price-Smith and Nathan took over. Campos, like many of the long distance runners, said she is ready for a permanent coach who can train

for a permanent coach who can train them specifically for their event. "It was really hard for the girls last year," Campos said. "They felt like they were missing out, because they didn't have a long distance coach who could help with their specific needs." Sparks, who haint personally met the team yet, is already planning to stress to the young women to have committed attitudes to aid in turning thines around.

things around. "I think you can make some quick



Matt Sparks, former women's track and field assistant coach at Ohio State, is the newest hire for the Saluki women's track and field team. Sparks will be working with cross country and distance runners on the team.

improvement by just having the right frame of mind coming into a season," Sparks said.

along with his committed attitude, have impressed Price-Smith since she has wn him. She is also impressed by his ability to recruit, work with people and with his administrative work.

Type seers his work, and I know peosparse of mind coming into a sesson," plus that have worked with him, Price-arks said. Sparks' training and experience, i job because I have seen him do it."

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