Stress during finals more than just test-related

RYAN VOYLES
Daily Egyptian

Papers and quizzes are not the only reasons students stress during the final two weeks of the semester.

Bart Elm, coordinator at the SUU Wellness Center, said students find it difficult not only preparing for finals, but also structuring to find ways to pay for their education.

"It seems more and more that students are worried about their financial situations," he said. "I see that they think if they struggle and get poor grades in their class, they think they wasted their own or their parents' money. They may start growing doubts of how they can afford to go going to school."

Peter Gitau, SUU dean of students, said the uncertainty of employment in the future worries many students at the time.

"I see students who are graduating come in and talk about how they still do not have a job lined up for them once they graduate," he said. "It is a major stress. Transition is very important for student well-being, being able to know where one will live or go work.

Developer plans new life for shopping center

NICK JOHNSON
Daily Egyptian

The West Park Plaza shopping center on Main Street is expected to be fully occupied by June, said developers.

"It's been difficult not only preparing for finals, but also structuring to find ways to pay for their education."

In the past two weeks, the property, which was obtained from Bank of America in foreclosure, has been reoccupied by several smaller stores, such as H & R Block and Polar Investment Counsel, Inc., have either relocated or left the property since it was built.

Elbertson said the acquisition of the property, which was obtained from Bank of America in foreclosure, had been in the works for more than a year. During that time, Elbertson's group, J.E.S. Development, received many offers from companies wanting to get a foot in the door of one of the plaza's spaces,

"It's an indication that people do see a value in having a presence on the west side of town and aren't afraid to locate there," Assistant City Manager Kevin Raity said.

From the SOUTH

DIANA SOLOMON
JULIA RENDLEMAN
Daily Egyptian

THE GULF COAST — Philip Adams said he was born with an oyster in his hand.

Now he's afraid the popular mollusk that he orders 40 sacks of daily for his seafood restaurant, Makyou on the Bayou, will soon not be held there by anyone. If the BP oil spill making its way through the Gulf of Mexico reaches local oyster beds, Adams said he's not sure the industry will bounce back.

"I'm worried about the wildlife more than anything," Adams said. "For the people here, the Gulf is our life."

Already, the Louisiana Department of Wildlife and Fisheries signed an order Saturday to keep pelicans from harvesting oyster beds west of the Mississippi River in Lafourche and Terrebonne parishes. It also delayed the oyster season along western waters and further notice — leaving fishermen like Aaron Scott of Goodin, La., in perpetual limbo.

"I was 12 years old when I came down here, and I've been shrimping all my life," Scott said. "Measures to protect from hazards such as water pollution will take too long to complete that the season, which usually runs for about 40 days starting in May, is probably over, he said.

The spring shrimp season, according to the Louisiana Seafood Promotion and Marketing Board, helps account for 30 percent of which enter the Mississippi River to place Cape Girardeau, Miss., and Carbon Bridge Island, among others.

A group of environmentalists organize by the Sierra Club and Louisiana fishing industry representatives gathered Saturday in New Orleans to support Lafayette Square to use BP's Deepwater Horizon oil rig explosion as a way to promote alternative energy sources.

"This is America wake up call," Sierra Club President Allison Chin said. "We don't only need to clean up the Gulf, we need to clean up America's energy.

An unusual rally attendee expressed skepticism.

"The fear of this whole thing is in the hands of a few engineers," said Sandra Haydon, an oil company lawyer who worked in Alaska for the 1989 Exxon Valdez spill. "This is a feel good thing. We're out the guys who's going to stop the oil... but I do believe in the culture of learning how to make alternative sources of energy.

Experts consider the Exxon Valdez oil spill, which dumped more than 10 million gallons of crude oil in the waters of Prince William Sound, Alaska, the largest in U.S. history. Some media have reported the Deepwater Horizon oil spill will surpass it.

Monday, May 10, 2010

"We came from Lafayette to show solidarity with the fishermen whose livelihoods are threatened along the Gulf because of this oil spill," Annie Perret said.
Stotlar house torn down

NICK QUIGLEY 
Daily Egyptian

Through some residents and the Carbondale Preservation Commission opposed the move, the historic Stotlar House at 507 W. Main St. was demolished Thursday by owner Home Rentals.

Severely damaged by last year's May 8 storm, the house was accidentally issued a demolition permit from the city in October, when the property was mistakenly found to be outside the city's historic preservation district. The city later denied the permit upon realization of the error Jan. 11 by a 6-1 vote. The house was protected by a moratorium until March 1, when its fate was to be determined by owner Home Rentals. Representatives of Home Rentals were not immediately available for comment.

The house was built in 1916 by Christopher Stotlar and had been a Civil War veteran, business owner and superintendent of schools. Evelyn Homan, chairwoman of the Preservation Commission, said the house's Prairie-style architecture and stucco finish was one of the earliest surviving examples in the city. Resident and landlord D. Gorton said it was ironic that Home Rentals destroyed the property the same week the city gave out four preservation awards, including three for homes in the Arbor District.

"Clearly, what people here want is to maintain and make things better. That doesn't fit into the business model of Home Rentals," Gorton said.

Nick Quigley can be reached at
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Borrowing bill passes, sent to Quinn

After months of lobbying for borrowing authority, state universities are only one signature away from their goal.

Senate Bill 642 passed the House and was concurred by the Senate late Thursday night before being sent to Gov. Pat Quinn's office for his signature.

The authority to borrow would expire Aug. 31, and universities would have one year to pay back the loan.

The bill received approval in the House because of an amendment that calls for an Emergency Short Term Cash Management Plan. The amendment requires universities to submit a detailed plan to meet payroll obligations and terms for repayment.

About Us

The DAILY EGYPTIAN is published by the students of Southern Illinois University Carbondale 50 weeks per year, with an average daily circulation of 20,000. Full and spring semester editions run Monday through Friday. Summer editions run Tuesday through Thursday. All issue editions will run on Wednesdays. Spring and break editions are distributed on Mondays of the upcoming week. Free copies are distributed in the Carbondale, Murphysboro and Carterville communities. The DAILY EGYPTIAN online publication can be found at www.dailyEgyptian.com.

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Mission Statement

The DAILY EGYPTIAN, the student-run newspaper of Southern Illinois University Carbondale, is committed to being a trusted source of news information, commentary and public discourse, while helping readers understand the issues affecting their lives.
MOTHER'S DAY

Lisa Gibson, left, serves her daughter Lacey grapes at the annual Mother's Day brunch on Sunday at the Student Center. Lisa said the brunch has been part of her family's Mother's Day routine for several years because the food is so good. Susan Conlancy, deputy director for the Student Center, said the event has been going on for more than 30 years and drew more than 500 people Sunday.

OIL

The spill has already added about 4 million gallons of oil to the Gulf's waters, and it could continue for up to three more months. The spill would cover the whole of the Gulf, a national disaster waiting to happen to more than 200 people Saturday during the performance of "The Yard" in Quigley Hall. The question served as the play's tagline and as the inspiration for Williams. Williams incorporated his Professional music experience with his hope for a play that portrayed college life from characters of different backgrounds and perspectives. Williams said his inspiration for writing the play came from the connection between a friend who quit his job in Florida and moved to Nashville, Tenn., to fulfill his dreams of performing and has since then been in four major productions.

"Whenever I set out to do something I look at somebody as a model to succeed, and I don't follow it to a tee, but I kind of look up to them as far as what they're like," Williams said. "Doing that independent stuff isn't a guarantee, however, no job is a guarantee. I know now economics wise the way the economy is now, so if you're going to have a job, why wouldn't you want to be in control of it?"

Branch life examined in 'The Yard'

SARAH CECHOWSKI
Daily Egyptian

Brandon Williams mixed teenage adolescents, adult responsibility and music to create inspiration. Williams, an SIUC alumnus and writer and director, posed the question: "Mixing teenage adolescents with adult responsibility — what's the worst that can happen?" to more than 200 people Saturday during the performance of "The Yard" in Quigley Hall. The question served as the play's tagline and as the inspiration for Williams.

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Eighteen students were chosen from 10 that auditioned. Williams said his cast was unique because only three members were theater majors. "The Yard" is an avenue for inspiration and cultural expression, said cast member Katelynn Simpson, a senior from Rockford studying business economics and finance.

"I read a lot. I'm into music, literature and art, and I know how important these types of things are for cultural expression," Simpson said. "I read one time that people without a culture are people without an identity. For our generation of people, this type of stuff is important — kind of like of own our own identity."

He said Williams taught him performing is about the inspiration a character can bring to an audience and they come with them.

"It's about that moment when you look at somebody and you can see themselves in what you're doing, and its kind of like when a person can see what they look like in what you're doing," Williams said. "We're not saying that that successful stuff isn't a guarantee, however, no job is a guarantee. I know now economics wise the way the economy is now, so if you're going to have a job, why wouldn't you want to be in control of it?"

SARAH CECHOWSKI
Daily Egyptian

Danny Rivers and his friends realized that the Italian restaurant that they had their first date was a memorable one.

"We met over the food! I got their menu, they gave me it. We met over the food!"

"He helped me sponsored friends back few oil to the work, they leged speaks charge things. He's risk is fun."
Sometimes a band-aid isn't enough.

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Gold's Gym, which operates out of 712 E. Walnut St. in the Eastgate shopping center, plans to relocate this fall to the former Kroger building in the West Park Plaza.

Stress

continued from 1

Gold's Gym is relocating because its clientele is mostly west-side residents, Bally said. Etherton said his group has spoken with several national chains that are looking to move into other locations on the property, as well as a potential tenant for the adjacent lot. The lot is currently not developed.

“It may not seem like much, but it can make a world of difference for you,” said Elam.

You're off to help overcome stress during finals week is to talk with friends about their issues and take a break from studying.

Sometimes it is just best to walk away from your book or computer screen for about 15 minutes, talk to some friends and take some deep breaths,” she said.

Elam said the risk in walking away from your work is continued procrastination.

“You see students not being able to concentrate, despite the fact they have been procrastinating the entire semester, they may find the need to clean their rooms or something like that,” Elam said. “They need to eventually get back to working on their projects.”

Elam said although too much stress is bad for students, some stress could be beneficial.

“It’s not like you are going to get rid of all anxiety, that’s unrealistic,” she said. “Having a little bit of pressure is a good thing, it motivates students to go out and get something done.”

Elam said any student who feels overwhelmed should contact the Wellness Center at 536-4441. She advised extra counselors and services would be provided during finals week.

“Don’t”

Get something done."

They need to get their minds straight.

Some of these students are still waiting to see if they have accepted their financial package, so they still don’t know if they are coming back for the fall,” Simmons said. “They still haven’t found a job yet, and all this time they are trying to write a paper — it gets to them.”

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They need to get their minds straight.
Feds the black kettle in intern debate

If the federal government has taught us anything, it is that open minds, lend itself.

In the last few weeks, media outlets have been buzzing about a New York Times article or the legacy of unpaid internships. Now, the U.S. Department of Labor is initiating investigations into companies that are failing to pay interns legally based on sex criteria, but it has yet to turn the investigation on itself.

Though many federal agencies offer paid internships, the government is a major provider for unpaid internships, which can be searched for through http://www.makingthedifference.org/federalinternships/directory. This website lists unpaid internships affiliated with many federal organizations, including the Center for Disease Control, Administration Office of the U.S. Courts, the Department of Education and the Department of Labor.

We found it ironic too. And while each internship description clearly outlines compliance of five of the six criteria, an "immediate advantage" is still gained by each department.

The EPA specifies in its job description that interns will "provide customer support services by helping deploy and troubleshoot hardware and software resources." "perform scientific and technical projects" and "develop an intranet website for the EPA staff involved in the remedial response of radiologically contaminated Superfund sites."

However, is any of this not an "immediate advantage" to the EPA? Organizing for America, the organization that helped campaign, President Barack Obama into office, also offered unpaid internships during his campaign and still offers them today.

These internships do not offer stipends for food, transportation or living expenses and also require the intern to work 40 hours a week, according to the organization's FAQ webpage, making it impossible for the intern to pick up a second job to support themselves for the duration.

Is it not the height of hypocrisy, Mr. President, to crack down on corporate America without setting the right example yourself?

Theresa Lam, an undergraduate student in the College of Liberal Arts, along with her friends Carina Beck and Robert Hamilton opened a camp in front of her apartment in Everett Terrace and started to offer services to us. They first start a camp out of their own ideas and initiatives. Later, University Housing, some churches and other people started to provide food and other items to their camp.

Not only that, but they also provided facilities for others to cook their own dishes for those people whose "ubiquitated" diet included American hamburgers and cereals, which dining halls were mostly powerless. Eventually, their kitchen in the camp turned into a community kitchen with several volunteers helping while they provided four to six meals a day for anyone who was hungry and could afford the grill at all.

I became stoned that just to give away amenities, for charging our phones, Stephanie and her friends kept the engines of their cars on hour after hour. I think they burned gas from their own money and nobody donated a single penny to buy gas.

Fortunately, the storm happened the last week of the spring semester, so we were done with all exams and final papers. Consequently, we had more than enough free time to hang out in their camp.

In this regard, I would like to say that Stephanie and her friends did not only give us food and other facilities but also mental support, I think that was the core strength for us to survive through the situation.

We were out of any sort of communication (Internet and phones) at that time and did not get opportunity to get in touch with our families back in our home countries. When regular life resumed after two weeks, we shared with our families and friends what happened in Everett.

Not surprisingly, they did not believe that it was possible in the United States to not have electricity for so long. As people are so reliant on electronic appliances in the U.S., it was incredible to many of us that people can survive without electricity. We experienced that reality in May 2009 in Carbondale.

So, we would like to say that Stephanie, Carina, Beck, Robert Hamilton, their other neighbors and all of the children of the aforementioned (at Everett Terrace) is a family community, Stephanie, Carina, Robert and others had concerned themselves not only with our own large families but with all the families in Everett.) and all people in the housing office did everything in their power to provide 24/7 service to us.

The university administration, people in our neighborhood, some churches and voluntary organizations came forward to help us. In foreign countries, there is a general perception that people in the U.S. are individualistic and they are busy with themselves. But, we found people here also think about their community and provide support to any exist.

Therefore, after the one-year anniversary of the storm, we would like to remember the services of those friends who helped us during the last storm. We would like to honor and salute you. Thank you very much for your service. We really appreciate what you have done for us.

USG does the best with what has is to work with

Dear Editor:

As a member of the USG finance committee, I get to make a lot of people angry by not allocating money to their SOG. I understand that everyone is upset about the amounts they were allocated and then the additional 9.3 percent cut that we had to make. But before you start complaining about USG, there is something you need to understand.

The fact of the matter is that we don't have the money to give out to everyone. We give a number before we meet with ISO's for allocations and we have to stay under it.

The additional cut we had to make is because we simply don't know who's enrollment is going to be. If enrollment is going to continue to go down, then expect another possible budget cut on this semster. If people went down for their SOG's then get more students to enroll at USG. That's where we get the funds from— the Student Activity Fee.

If we didn't have students, we don't have money. Simple as that.

Patrick Filipek
USG finance committee member

May 8 storm sprouts evergreen heroes

DELWAR HOSSAIN
graduate student in the College of Mass Communication and Media Arts

The May 8 storm was a real nightmare for the people of western Illinois. The students and faculty of SIUC were hardly affected by the storm. We, the international students living in Everett Terrace, experienced a terrifying time without electricity and pure drinking water for two weeks. The fact is, the situation could have been more terrible than what we had to face.

Some students and employees of our university helped us by providing fresh drinking water and in so many other ways. They willingly came out to help us, and we felt a great reprieve. The day after the storm, Stephanie Hien, an undergraduate student in the College of Liberal Arts, along with her friends Carina Beck and Robert Hamilton opened a camp in front of her apartment in Everett Terrace and started to offer services to us.

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Monday, May 10
6pm - 11pm
Student Recreation Center

Special thanks to our faculty and staff volunteers!

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301 N. Springer 1, 4
400 S. University 1, 2
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400 S. Washington A/B

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507 S. Beveridge 5
509 S. Beveridge 1, 2, 4
512 S. Beveridge 1-3, 5, 7

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514 S. Beveridge 1-3, 5, 7
515 S. Beveridge 1-4
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508 N. Carico
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501 W. Oak
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507 W. Oak
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202 W. Willow
507 W. College
509 W. College
503 W. College
807 W. College
809 W. College
104 S. Forest
113 S. Forest
135 S. Forest
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BASEBALL

Junior Randy Hoelscher (3-3) picked seven innings in the loss, giving up all five runs on 11 hits. Brem's and Tyler Burnett combined for six of the Blue Raiders' 11 hits, as each recorded three. Senior catcher Tyler Bullock recorded the only extra base hit in the contest, as he recorded his 10th double of the season with a shot off the wall in the eighth inning. The Salukis lost their third consecutive game Sunday with a 10-2 loss.

The Blue Raiders used four-run innings in the third and fifth innings to distance themselves from the Salukis. Senior pitcher Jimmy Cornell (2-0) picked up the loss for SIU, giving up 11 innings and allowing six runs on six hits. Sophomore first baseman Chris Serrinella, though, extended his hitting streak to 19 games with a single in the fourth inning. He went 1-3 in the game with a walk and has hit .343 during the hitting streak.

The Salukis will host their third consecutive game Sunday with a 10-2 loss.

Reeling Virginia teams now must prepare for NCAAs

AARON BEARD
The Associated Press

The Virginia men's and women's lacrosse teams must find a way to put aside grief and focus on playing for a national championship. The Cavaliers will find out their NCAA tournament seeding Sunday, a day after women's play.

er Yawley Love was buried in her native Maryland. The 22-year-old was found beaten to death in her apartment earlier this week in Charlottesville, Va., authorities have charged George Hugedy with first-degree murder in her death. Both teams have decided to play on with the support of Love's family.
SOFTBALL

Salukis take conference crown

Team wins two of three against Drake

Stile T. Smith
Daily Egyptian

The SIU softball team went into its three-game weekend series against Drake knowing if it won at least two games it would win the regular season Missouri Valley Conference title.

It did just that. SIU (36-18, 20-5 MVC) split its Friday doubleheader with Drake before winning its game in come-from-behind fashion to wrap up its first MVC regular season title since 2001.

"It didn't seem like anything was easy," said head coach Kerri Blaylock. "The kids really took the challenge knowing we had to win today that was good." The Salukis won the first game in a thrilling fashion. With the game tied at one in the seventh inning, SIU put up five runs to pick up the 6-1 victory.

The senior trio of second baseman Alica Garza, left fielder Katie Wilson and designated player Allie Hansen got the job done for SIU in the seventh. Garza and Wilson each recorded RBI singles before Hansen hit her first career triple to drive in two more runs.

Garza's RBI gave her 130 in her career, moving her into second place on SIU's all-time list.

Drake (22-21, 12-13 MVC) came back in game two, however, and won a close 2-0 battle against the Salukis. The Bulldogs scored one run in the first and another in the fourth. Junior pitcher Alex Peters was tagged with the loss, going 1.2 innings while allowing one run on three hits. But the Salukas refused to let their opportunity at winning an MVC crown end, and won the rubber game 4-2.

SIU entered the fifth inning trailing 1-0, but sophomore shortstop Haley Gorman and Garza drove in two runs back-to-back. Wilson doubled off the center field wall to score two more and give the Salukis a 4-1 lead.

Wilson's two RBIs extended her single-season RBI record to 51.

Drake came back with a solo-home run by Mack Silliman in the sixth, but it would not be enough as the Bulldogs fell 4-2.

Garza's RBI moved her to within one of tying Jamie Schutt's all-time record of 132 RBIs.

Junior pitcher Danielle Glossow's (23-12) won her second game of the weekend, and moved into a tie with Amy Haire for the No. 4 spot in school history for wins in a single season.

The Salukas finished the season a 20-5, just a half-game ahead of second place Illinois State, who swept its three-game series against Bradley to finish 19-6 in the MVC and secure the No. 2 seed in the MVC Tournament.

Blaylock won 20 wins for the second consecutive year for just the second time in school history for wins in a single season. The Salukas finished 24-3 in the MVC.

The Salukas, the No. 1 seed in the MVC Tournament, are now guaranteed at least two games in the tournament. A new modified double bracket allows the top two teams a chance to work their way back in to the championship game, should they lose their first game.

SIU will play its first game in the tournament at 11 a.m. Friday at Drake.

Stile T. Smith can be reached at stmsmith@dailyEgyptian.com or 536-3311 ext. 256.

BASEBALL

SIUC swept by M1'SU

Stile T. Smith
Daily Egyptian

The SIU baseball team was unsuccessful in trying to average two early season home losses against Middle Tennessee State, getting swept on the road by the Blue Raiders during the weekend.

The Salukis were outscored 29-14 over the course of three games and dropped to 0-5 on the season after losing at home to the Blue Raiders March 2 and 3.

In the first game, SIU fell 14-11 in a slugfest. Senior pitcher Ryan Bradley (0-4) picked up the loss in relief. He threw two innings and gave up four runs, three earned, on five hits.

All 14 of Middle Tennessee State's runs came in the third, fourth, fifth and sixth innings. Junior second baseman Blake Pinnon and senior shortstop Michael Stalter led the Salukas offensively, as both went 3-5 at the plate. Pinnon scored a team-high three runs, while Stalter drove in two.

Bryce Brentz drove in three runs off two hits for Middle Tennessee State, while Blake McDade hit a two-run homer.

While the pitching in game two was better on both sides, the result was the same for SIU as the team lost 5-1.

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