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End of semester pressure increases stress levels

Good study, health habits help aid students looking for final exam week relief

By Aleksandra Macys
Health Reporter

Many SIUC students, being overwhelmed with work they must complete before the end of the week, say they have found a close relationship with coffee and cola.

Today kicks off the last stretch of work many students call "Hell Week" — when final exams, projects and packing must be finished and when time is short.

Latesha Smith, a graduating senior in French from Rock Island, said studying for finals and sleeping less have forced her to develop a need for coffee.

Smith said she copes with stress during finals week by exercising, going to the movies or just sitting quietly and doing nothing.

"This is more like an endurance test — it’s like being in the Army," she said.

Jeff Harris, a psychologist at the SIUC Counseling Center, said performance and anxiety have a close relationship and students need to keep their anxiety levels moderate.

High anxiety levels occur when people cannot cope with stresses or problems in life; low levels occur when people stop caring about stresses or problems.

"If your not worried about things, you won’t do well," Harris said. "But, if you worry too much about things, it can be debilitating."

Harris said moderate levels of anxiety are normal and help students perform better during this stressful week.

It is important to remember that students cannot study 24 hours a day and it is important to take time off, he said.

"Do things that you enjoy," Harris said.

"Go for a walk, have an ice cream cone — reward yourself.

Susie Muced-Hughes, a junior in speech communication from Murphysboro, said she copes with stress in two ways — the right way, by doing what experts say, or the wrong way.

"When I’m stressed and beyond dealing with work in the right way, I tend to eat more, pace, or vent to my husband," she said.

Harris said it also is important to remember to stay healthy by getting enough sleep, eating well and not drinking too much alcohol.

"You need a healthy body and system to perform well," he said.

Muced-Hughes said she thought she was on top of her assignments, but now feels overwhelmed with the amount she still must do.

To get everything completed, she said she will sleep less and drink more diet soda.

William Connell, president of Carbondale Stress Management Systems, a company that...
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The New York Times

MEXICAN IMMIGRANTS TOP U.S. PRIORITY LIST—
WASHINGTON—For decades Mexico and the United States traded immigration like a dirty little secret to be spoofed in official documents unless one side or the other had a complaint. But that has changed in recent months, raising hopes for more neighborly exchanges. Mexican Ambassador Jorge Montano said, “Both governments have worked hard to develop new communications channels and new rules of the game as far as immigration is concerned.” These understandings, yet to be fully formalized, will be reviewed at the Cabinet level for the first time Monday when Secretary of State Warren Christopher leads a U.S. delegation to Mexico City for an annual consultation on bilateral relations. In a series of lower-level meetings over the past 10 months, the Mexican government has indicated it was prepared to expand joint efforts with U.S. law enforcement agencies against criminal gangs in the border region and has suggested it would undertake co-operative efforts to stop immigrant smuggling.

BANK SCANDAL FINALLY GOES TO COURT—
WASHINGTON—Swathi Naqvi, a 26-year-old Pakistani banker who ran BCCI on a day-to-day basis before it was closed for widespread fraud in 1991, will be arraigned Monday in U.S. District Court on federal charges of hacking and bank fraud. Naqvi, 35, who flew from Abu Dhabi to Delhi where she was arrested in April, turned over to U.S. authorities as part of a January agreement among state and federal prosecutors, bank regulators and the ruling family of Abu Dhabi, which has had Naqvi under house arrest. U.S. officials have been fighting for access to Naqvi, considered a key witness to the tangled BCCI fraud case, since his initial indictment by prosecutors in 1991. There are now three federal and four state indictments pending against Naqvi, though he will be arraigned only on the federal charges in the District.

--- from Daily Egyptian wire services

Overnight

DIPLOMACY USED FOR DEFUSING SOUTH ASIA—
WASHINGTON—The Clinton administration’s ambitious campaign to promote the spread of arms in South Asia and defuse tensions between India and Pakistan is getting a frigid reception from both countries. For President Rabin of Israel, whose policy team, the South Asia initiative is an opportunity to promote one of Clinton’s top foreign-policy goals—halting the spread of nuclear weapons—out of the spotlight of immediate crisis. But it also is an alliance effort, a four-cushion diplomatic bank shot, requiring the co-operation of India, Pakistan, China and Congress.

U.N.: BOSNIAN DEATH MISTAKES LEADING—
Washington—Photographed from above, the devastation of Sarajevo is undeniable, according to Rep. Frank McCloskey, D-Ind., who had access to U.N. reconnaissance pictures. Every building had been struck by shells or rockets more than once, he said. Because of the city’s reduced to rubble. During the month-long assault on Sarajevo that ended April 24, there were reports from the area of widespread, indiscriminate carnage and damage. But shortly after a ceasefire began, Lt. Gen. Michael Rose, the U.N. commander, visited the city for a few hours and later told the media that the body counts had been “deliberately exaggerated” and that the actual casualties were only a fraction of the number reported. The New York Times

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The New York Times
Carbondale band entices dancers, music lovers

By Heather Burrow

In the dog-eat-dog world of entertainment, the Carbondale Band Jungle Dogs knows the recipe for success. It's a formula that relies on sheer force of will and attitude, and a bit of luck.

The Jungle Dogs will have their first CD release party for their new release "Thrill: For A Home Friday at Hangar 9 with piano music, that will make patrons want to stay in the fun. The cover charge will be $5.

Trumpet player Dan Ward had no idea what to expect. "They're really good players and I was surprised to find out that they play and ties them on audience. We don't have any set format. We just get the crowd from the crowd and talk to them after.

Members of the band include: Kevin Kinsey (trumpet), Daron Smith (guitar), Lizzy Lawton (drums), Eddie Chapa (lead guitar), Dan Smith (singer), Mr. Shutmyer (tenor), and keyboard player Keith Hattman.

The group formed almost eight years ago. Everyone in the band was friends and did things together.

"Longevity helps," Shungel said. "Nothing beats the sharing of music in this era."

Their music is a combination of reggae, calypso, rock and alternative. It is not always original, but they like the" reggae calypso style. They also enjoy playing for the crowds.

We don't follow a set list too closely," Shungel said. "We have to be flexible because the crowd can be different and we have to adapt."

"Our music is unique, and we enjoy playing for the locals.

Inspiration for songs comes from a variety of places. Family, friends and other bands.

"I usually come up with a horn line, phrase or idea and then a concept which must come from a personal experience," Shungel added. "Then I have to think about it and work on it."

By Diane Dove

A strong belief in exchanging knowledge, the sociology and psychology department recently hosted the 1994 Carbondale Teacher of the Year, Taub, who teaches at the University of Illinois at Urbana-Champaign. The Undergraduate Teaching and Curriculum Committee named Diane E. Taub, who teaches courses in the sociology department, outstanding teaching in 1994.

Taub will receive $5,000 in September at an annual dinner for faculty and staff given by the College of Liberal Arts. Taub did not decide what she will do with the money. The award was the amount given to the winner.

"I was very pleased to receive this award, and it was gratifying to see importance being placed on teaching," she said.

"I'm really fortunate to be able to expose different groups of students to sociological approaches and insights and at the same time have students bring different perspectives to class discussions," she said.

"It's rewarding to teach in more than one academic unit, because I can encourage students to gain a more holistic understanding of a topic," Taub said.

"Sociology encourages students to adopt a critical perspective on common myths and misconceptions about society," she said.

Taub teaches a deviant class.
Letters to the Editor

Palestinian struggle hardly over

I spent three consecutive years reading the DE hoping that, one day, I would find someone who would tell the people the truth about the situation in my homeland, Palestine, but to no avail. On the contrary, Christian leaders who were called to bring the Good News to the Palestinian people, (as usual) took their position to evaluate the Palestinian situations, and how they felt, all, the writing of the peace accord by Mr. Arafat and Mr. Rabin.

The report contained the following statements, "There is so much hatred and dislike on both sides, and these things have to be forgotten or burned," again I draw your attention to the unanswerable letters in the DE regarding the Holocaust. Do you think it is easier to forget the blood shed of the Palestinians since 1948?

A point was made about the Palestinian gains, "They get the opportunities to vote and participate in running their own lives." Does life in a "taxi dictionary" mean collecting taxes and sewage system bills!

And voting for what, is it for who will collect the taxes and the sewage bills, or for the independent state which is actually a pie in the sky.

Finally, does being a professor give one the authority to judge those who refused to participate in his big conspiracy as terrorists! Although they have objectives and emotional knowledge, i.e., impossible to stop them to fully empathize the Palestinian view point. It is like asking the French how the American love.

Do you really think that the more than 60 percent of the Palestinian people refuse to shake hands with those who killed their sons, fathers, mothers, brothers, destroyed their homes, and took their lands are terrorists?

Do you think that this tiny concession of land which does not actually allow Palestinians any real enforceable prerogatives towards the Israeli settlers living there, will allow Palestinians the kind of autonomy that the Israelis themselves enjoy?

This is certainly for the end of Palestine's struggle. We never give up and we will continue our struggle until we get our complete rights and change the fake history of Palestine and its people.

— Sameer Abu Farash, senior, computer science

Christians also entitled to opinions

It's in response to Mr. Congil's letter regarding Christian blocking process, Flaming rhetoric aside, grassroots politics is not clandestine, Christians are more likely going to the only places they can gain backing. Gathering support from local voters has been the traditional way of competing against more established and more vexed political groups. This is part of the normal political process. I don't think leaders who are Christians will get much political support from certain liberal organizations and the media seldom portrays Christian groups in a positive light.

I also question Mr. Congil's statement that Christians have prevented the discussion of sexual transmitted diseases or AIDS in the classroom. Nothing could be further from the truth. What's challenged by Christians are the teaching methods used. One Christian leader commented that he shouldn't have been surprised to see his students object to was that the curriculum was more of a "How To" manual without discussing any content such as marriage, fidelity, consequences, etc.

Please note that Christians would be among the first to agree that people have the right to choose their lifestyle. However, they draw the line at having a certain lifestyle promoted in the classroom. Many Christians contend that gays and lesbians are promoting a lifestyle that is not mainstream, and that they are trying to recruit new recruits in the school curricula.

My point is that homosexuality is not prevalent in our culture (or any culture) and Christians might want educational curricula to focus on promoting values such as the 5Rs — good citizenship, sports, and hobbies.

Let me close with the comment that as long as there are public schools, Christians along with other groups can exercise their rights as citizens to voice their opinions and participate in political processes to promote their views.

That's called Democracy.
— Pat Darce, master, student

Magazine wants unrealistic entries

I invite all people interested in art, writing, and a world free of hate, to join me in bowing Heart of the Earth, a Carbondale magazine that has been soliciting creative work via posters on campus. Part of the call for submissions reads, "Poetry/Any length/No easy/leesam.

Do you want to support, submit your work to, or read a magazine whose aesthetic and political standards include compulsory heterosexuality? A magazine that will summarize your short story to see if you ph I straight men. A magazine that would automatically reject the work of Adrienne Rich. Virginia Woolf. E.M. Forster, Mark Doty, Hart Crane.

— Allen Ginsberg, James Merrill, Walt Whitman, Gertrude Stein, Judy Grahn, Elizabeth Bishop, and William Shakespeare.

Shakespeare wrote sonnets to a man, therefore, the group Heart of the Earth addresses Writer Week, and the campus will have to decide.

Not surprisingly, Heart of the Earth also says we need not send an essay or an article that is “war related.” Among the 90s, any of whom are gay, write and make art about the realities of our world in the 90s.

The realities of our world in the 90s include lesbians, gays, and war. What on earth is Heart of the earth at the heart of?

— Fran Koski, instructor, department of English
Magazine wars unrealistic enutes

Christmas also entitled to opinions

Paisstian struggle hardly over

Letters to the Editor

Ko's arguments

Daily Egyptian

Opinion & Commentary

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Stress-relief aids promise no cure

Magic solutions non-existent; time to pamper self essential

By Aleksandra Macys

According to experts, there are many stress-relief methods, but putting them into practice is a difficult task.

As a society, we generally look for a quick and easy solution to our problems. We look for the magic pill that can solve the problem like the appropriate solution for a temporary problem such as stress.

As a society, we should run from quick fixes, such as soft drinks and Xanax, and look for long-term solutions.

As a full-time student and reporter, I know it requires educators, governments, and society at large to take a more proactive stance and reduce, or give yourself permission to relax.

Our city is the right place to start as we work together on a more sustainable approach to stress.

Singapore claims misinformation circulating about Fay punishment

The Washington Post

SINGAPORE — An American teenager Michael Fay, was sentenced on Monday to six strokes of the cane for vandalizing several cars.

The punishment, described by President William J. Clinton, has been the subject of international debate over whether the United States has the right to challenge another country's criminal justice system.

After giving Fay his Friday, U.S. Consular Officer John C. Shaeffer, Fay's mother and stepfather at the American Embassy here, the father and Simon by telephone conference call. Fay's mother, Mary Chan, after fatigue called the cane "torture," while his father and Simon said the punishment deprived the teenager's right to a fair and "final" and in "irrational".

"Mike's feet were ripped and broken, and there was hot, hot water pouring out," Simon told reporters. He added that the "blood ran down Mike's legs and that he was put in a bad situation with the cane."

George Fay asserted that his son was "only able to walk with some difficulty," and had to stand up through most of his interviews with the press.

In its rebuttal, the Prisons Department said two Singapore officials who observed the 45-minute consular meeting reported the youth was "grateful, and in a good spirit." He smiled and laughed during the interview. He sat on a chair shortly after the interviews started and remained seated throughout the course of the interview.

He told the cane cut his skin and showed him the wounds, but said that it was not as bad as having been described in the press, the statement said. It said Fay "remained calm" and that "the cane marks are almost dry and clear."

On Tuesday, the statement said "Michael Fay walked back on his hands, and the cane was still there when he walked back to his cell."

Teen's family disturbed by 'torture'

Los Angeles Times

SINGAPORE — Controversial Friday, the teenager whose punishment for vandalizing several of the Singapore government has further disturbed his family's claim that the youth was "bloodied."

Fay's family, after taking part in a conference call with a U.S. Consular officer who visited the youth in prison on Friday that Fay's "finish was ripped and broken and that there was hot, hot water pouring out," Simon told reporters.

Neither U.S. Diplomat John C. Smout nor U.S. diplomats have publicly commented on Fay's appearance or condition.

"I'm extremely disturbed. I'm extremely upset. This was never his intention," Simon said.

Requests made by Fay's family to visit him or to send a doctor to treat him have been turned down.

Fay's father, George Fay, had maintained that his son stood during the entire meeting and that he was walking with difficulty. He said his son was in continuous pain and dealt with the pain by thinking of his parents.

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College of Technical Careers honors alumnus

By Doug Durso
General Assignment Reporter

SICU alumnus Christoph Michal has owned his own auto repair shop in his hometown of Kanakee. After encouragement from his brother, who was in the construction program at SICU, Michal came to the school to pursue an automotive education. 

Micha, who will receive the Alumni Achievement Award for the College of Technical Careers said the SICU automotive program informed him of new technologies invaluable to his success. 

"The program helped me learn material that my brother, who was in the construction program at SICU, never had to come here for a visit," said Micha. "After the visit, I knew SICU was the place to go." 

He said he decided to get his bachelor's degree because the timing was right. "Professors told me why not get your bachelor's while you’re here, because once you start working you will not want to come back to school," Micha said.

Micha said he is looking forward to open his shop in 1983, one at Ford in St. Louis and another at Oldsmobile in Michigan.

"I decided to take the job at Michigan because I figured if this job did not work out I could always open up my auto repair shop, but it might not get this type of job offer again," Micha said.

He quit his job at Oldsmobile in 1985, and was hired at Chrysler to work on the technical aspect of the industry. In 1989 he was promoted to a lower management position and how helps design advanced diagnostic software.

Jim White, chairman of the SICU applied technology department, said Micha was nominated for this award because he provides an important service to the industry and especially the help he gives to SICU automotive program.

Micha said the organization was started because students in the program were isolated from other programs. "We would have our automotive classes on the Carthage campus, but all of our classes were in Carbondale, so we really didn't get to know each other," Micha said.

"The organization was started so we could learn about other students in the field." Micha said he believes SICU's program is one of the top four automotive technology programs in the country.

He graduated from SICU in 1983 with a bachelor's degree in advanced technical studies.

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Human testing suggested for possible AIDS vaccines

Two potential AIDS vaccines took a step forward recently that they should be tested for effectiveness on large numbers of individuals. A key federal advisory group has recommended the tests. Federal health officials are expected to decide next month whether to go ahead with the trials, which could begin this summer.

Although other candidate vaccines have been tested for safety on humans, these would become the first to undergo the final stage of human experiments to determine whether they actually protect people against the human immunodeficiency virus.

"It's taken the field seven years to get to this point," said Dr. Nancy Graham, a researcher at Vanderbilt University in Nashville, Tenn. "It's really been a very deliberate course.

Graham was among leading vaccine researchers who recently reviewed data on more than a dozen would be AIDS vaccines for the National Institute of Allergy and Infectious Diseases, which supervises U.S. vaccine development efforts.

The researchers concluded that two genetically engineered products held out the greatest hopes for success. In tests on a small number of chimpanzees the products protected the animals from getting the monkey form of the AIDS virus, according to Dr. Margaret Johnston, head of AIDS vaccine development for the institute.

The panel's recommendation, based on new evidence, represents a dramatic turnaround from a year ago when institute advisers paused all the vaccine candidates included earlier in the two now-called promising.

The decision on whether to proceed with testing will be made by Dr. Anthony Fauci, director of the institute. Johnston said, based on the strength of the new evidence, the feasibility of testing and cost.

Within the next month, the Centers for Disease Control and Prevention and the National Institute on Drug Addiction are supposed to come up with a plan for Fauci on how to do the tests so they are ethically and scientifically acceptable. Johnston said. Volunteers would include HIV-negative members of high-risk groups such as gay men and intravenous drug users.

They would be followed for years to see whether those vaccinated would be less likely than their non-vaccinated peers to become infected with HIV. Some AIDS activist groups in New York City have been warning up would be volunteers for months, although it's not clear if they would be tapped for the tests.

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KLAN, from page 1

Thomas Robb, national director of the Klan, said U.S. citizens have forgotten or ignored the reason this country was created.

"Ladies and gentlemen, you know as well as I do that America was founded as a white Christian nation," he said. "Anybody that tells you different is lying to you — it's just that simple."

The diversity that people have been taught to accept goes against the teachings of our founding fathers, Robb said.

"Anyone that tells you that America was founded as a multicultural nation — a nation of homosexuals, a nation of race mixing, a nation of abortions — is lying."

The rally lasted about an hour and a half and included presentations by three Klan members. Throughout the presentation, protesters loudly blew whistles and shouted to prevent the Klan's message from being heard.

Linda Stromberg, chairperson for the Committee on Racism for the Illinois chapter of the National Association of Social Workers, said few people today are willing to listen to supporters of racism.

Not all, she said, but those who do, she said, would.

At least 150 Klan members attended an antiklan rally about four miles away from the courthouse.

Participants chose not to demonstrate at the Klan rally, so they could avoid violent confrontations, which would provide additional publicity for the Klan, Stromberg said.

She said a few hundred people arrived at the rally. She said the small crowd was split on the importance of speaking out against any form of religion.

Deputy Police Chief David Garner said there were about 200 participants at the Ku Klux Klan rally held near the courthouse. "You would think they were trying to inflame the crowd with all kinds of hate speech."

While Klan members denounced the "leftist ideologues" at the Ku Klux Klan march, police maintained a visible presence.

The Ku Klux Klan rally was held in Edwardsville on Monday, May 9, 1994.

A peace rally and mile march resulted Friday evening in Edwardsville in response to the Ku Klux Klan rally across town. The 400 rally participants marched from the Edwardsville sports complex to Esic Baptist Church. The rally hosted spiritual music and speeches by several invited guests. The event ended with a candlelight moment of silence before participants walked back to the sports complex. (Above) Roger Lutley, of Edwardsville, and his daughter Wendy listen to a speech about the Holocaust at Esic Baptist Church. (Left) At the Ku Klux Klan rally, a Ku Klux Klan member stands with a Confederate flag. U.S. flags and Confederate flags waved in the background during the speech.

Staff photos by Jeff Garner and J. Bebar

Shouting matches often broke out between Klan supporters and protesters, but no violence occurred.

Edwardsville resident Gerald Bradford said although there was no violence at the three Klan rallies, he believes the tension seen at the rally will remain.

"I think the re needs to be more understanding about the other people, I'm not talking to the flaggers," he said. "I'm talking to the young mother and the young father who are here because they love America — those of you with AIDS might not even be here tomorrow so you certainly don't want to count on anything we have to say."

Klan supporter Barry Brooks said he attended the rally because he had friends in the organization and wanted to learn more about their beliefs.

"I don't agree with everything they teach, but you can't broaden your mind if you don't learn," Brooks said.

Robb said he has often seen African Americans wearing T-shirts stating "Black Pride" and does not understand why Cana-
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City development to be discussed

By Diane Dove
City Reporter

The Carbondale Citizens Advisory Committee will have two public meetings starting tonight at 7 p.m. to discuss and prepare a strategic plan outlining economic and community development for the city's application for a federal program which would give the city $3 million in aid.

The committee tonight and Tuesday is Carbondale City Council Chambers, 607 E. College St., according to the committee's press release.

Donald Monte, management research and analysis manager, said community participation and the development of a strategic plan are necessary for applying for the Federal Enterprise Community Program. The program would provide $3 million in federal aid to a region over a period of ten years, Monte said.

The plan must incorporate the objectives of creating economic opportunity, sustainable community development, community-based partnerships, and a strategic vision for change, according to the release.

The release said tonight's meeting will involve public discussion of Carbondale 2000: Visions for City Development in the 21st Century, a report developed by the committee.

Possible use of the grant money will be discussed at the Tuesday's meeting, the release said.

The first meeting will be broadcast on the government cable channel 16, and suggestions from the community will be asked at both meetings. Written comments can be sent to Donald Monte, City of Carbondale, 609 E. College St., P. O. Box 2047, Carbondale, IL 62902-2047.

 jeff doerr and mike hobbs present a bicycle at the carbondale police auction saturday morning. more than 40 bikes were sold to the highest bidder.

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Strandings spark investigation

Los Angeles Times

SAN FRANCISCO—In an unusual episode that is baffling
scientists and angering boat
owners, four salmon dolphins and
sperm whales have washed ashore
in a 10-mile stretch of California's central
coast, sparking an intense hunt for a
cause.

The mysterious strandings, which occurred at points clustered in
San Luis Obispo and Santa Barbara counties, between
San Luis and Refugio State Beach.

All but three of the marine mammals have died.

"I don't think we've ever had
an idea what's going on," said James
Lecky, chief of the National Marine
Fisheries Service. "There are
several reasons, but there are
no obvious causes of death. What
we do know is that these strandings
are occurring at a much higher
frequency than we
expect to see."

Last year, marine scientists
recorded fewer than 10 strand-
ings of common dolphins and
sperm whales along the entire
California shoreline. In the five
weeks since this spring's wave
of strandings began, 21 dolphins
and three whales have washed ashore.

"In response, volunteers in a
statewide marine mammal
stranding network have rushed to the
central coast, rescuing the
victims and collecting the dead
for laboratory studies."

Although the species
population levels are strong,
scientists worry that the deaths
could be an indicator of disease
or the presence of toxic sub-
stances, other naturally occur-
ing or people-related.

"We don't need to go into a
pseudo mode just, but we're
certainly concerned and we need
to figure this out," said John
Hecnin, curator of marine
mammals at the Los Angeles
County Museum of Natural
History.

This year, Hecnin will
perform necropesies on several
victims, hunting for disordered
organs or other obvious expla-
nations of mortality.

Scientists elsewhere are
coloring conduct lab work, also
involving toxicology tests to look for the
presence of heavy metals or other
contaminants. Unraveling the
mystery could take months or
years, experts said.

Theories about the strandings
abound.

One possibility is that shifts in
ocean currents have reoriented the
species' food source, forcing them
closer to shore to feed. If that
is the case, the strandings
would simply be evidence of
natural deaths that would usually
occur at sea. Lecky said.

A "red tide" of toxins, caused
by algae blooms, is another
suspect, and a disease epidemic
could also be to blame.

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The Scream resurfaces at Norway hotel

The Washington Post

PARIS—One of the world's most
renowned masterpieces, the
Norwegian painter Edvard
Munch's "The Scream," was
found abandoned today by police in
Norway. The painting, which
last appeared in public in the
National Gallery in London on the opening
day of the Western painting
exhibit, is estimated to be worth
$100 million.

The painting and sculpture, which
functioned as a shock-stop aspen
mingo at a horror on a bridge beneath
a loud voice, was discovered
40 feet underground on the
lithograph grounds of a
summer camp, where
Munch created a summer

stranding in 1910 and three people were
found dead in a bathroom with "looking-and-
smart" signs in a nearby


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Clinton's re-election plans begin to surface nationally

The Washington Post

WASHINGTON—The first glimpse of a Clinton re-election campaign
is beginning to appear around the country.

The Democratic National Committee has begun to dispatch field
operatives to key states to help coordinate activities for this year's
election, but they also have another assignment: Begin to get ready for
1996.

DNC Chairman David Wilhelm recently sent Greg Haas to oversee
elections in Iowa, which will kick off presidential activity in 1996, and
DNC officials said decisions about staffing in other key electoral
states will be made this year, as well.

"As we look to the coordinated campaigns this year, we are being very
pro-active about getting plenty seasoned professionals who can then our
purposes to run the campaign in 1996," said DNC political director Don
Switzer.

Aiding the states targeted for attention are Michigan, Ohio and
Pennsylvania.

The DNC already has installed veteran operative Gina Gtanz in
California. Switzer said Gtanz has three full-time assistants and that his
deputy, Jill Alper, will be heavily involved in California planning as well.

Iowa is suddenly getting lots of attention. Democrats will be sponsoring
a Washington fund-raiser for Iowa Attorney General Bonnie Campbell,
who is running for governor.

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TOURNEY, from page 20 — the frame on RRI singles from Tim Kratochvil and Pete Schlosser to go 3-0.

ISU went down fighting with two runs in the ninth, but it was too little, too late as Kote locked up his sixth win of the season and the Salukis improved to 24-23 on the year.

In game two of Saturday’s twinbill the Salukis received prominent quality start from junior pitcher Dan Davis who struck out eight Stycac hitters in 7 2/3 innings.

The Salukis used a six run eighth inning as a fuel for the victory and scraped up single runs in the seventh, eighth, and ninth to close out a 9-6 victory.

Jeff Cnyar hit his third round-tripper of the season in the game with Davis improved to 3-1 on the year.

SOFTBALL, from page 20

Wilson added an RBI double to increase the lead to 5-0. The third inning silenced the Golden Hurricane for good as the Salukis scored five runs on the plate and scored five runs. Hasenstab and Becky Vis had RBI singles and Wilson clinched a two-run double in the inning.

Tania Meier tossed the shutout holding Tulsa to only three hits. She walked one and struck out two.

The Salukis continued their dominance over Tulsa with a 5-0 victory in game two.

In the second inning, Kotsos was called for a walk and Koss followed with a single. Jenny Kley knocked home a run on a fielder’s choice and Koss added a sacrifice fly.

Schulte tossed the shutout for the Salukis while striking out 11 Tulsa batters.

SIUC 3rd made school history against Tulsa as they surpassed their mark of 35 doubles in 1992. The Salukis managed to have seven doubles this weekend to increase their team total to 63. Lls also doubled to lead the SIU triple slash round up most in a season (12). The weekned put the Salukis’ regular season marks at 27-14 overall and 8-7 in the Valley.

The Salukis will return to the identity of their first-round opponent in the MVC tournament sometime today. The tournament is scheduled to open this Thursday in Springfield, Mo., and run through Saturday.

SELECTION, from page 20

Junior right fielder Marlo Pecoraro was the other Saluki named to the team. Pecoraro, a paralegal studies major, owns the right field position all season while having a 350 grade point average off the field.

Senior Mauro Hasenstab, junior Andrea Pontore, and junior Mandi Maller all earned honorable mention honors for SIUC. Hasenstab, who had five players recognized this season in contrast to two a season ago.

The selection of SIUC players to the Academic All-MVC Team should cement the collegiate work of softball.

EFFORT, from page 20

quality for the NCAA’s as they finished sixth in the event with a jump of 6 feet 8 3/4 inches. Kris McGee also finished with a jump of 6 feet 8 3/4 inches.

In “that kind of weather it takes a while for those to get warmed up. We were just lucky to come out of there with no injuries.

GIBSON, from page 20

Maurice said, “It’s follow him around and he’ll do more to win games for you when you’re in trouble than any player I’ve ever had”.

That’s quite a compliment, considering Sparky has managed Pete Rose, Johnny Bench, Joe Morgan, Tony Perez, Jack Morris, Lew Whaler and Alen Trammell.

Rodman’s antics hurt his team

By John 3 Howard Washington Post

His team, forced to play without him, had been shown one game shy of an ignominious first-round playoff loss. When he came back, he acknowledged they’ve been playing sparingly, making a blood vow his behemoth wouldn’t happen again.

Instead, when the San Antonio Spurs took a pull up to the Delta Center Thursday night and the players all clambered off, the sellable absentee was Dennis Rodman. As usual.

Soon 15 minutes passed. Then

finally, less than an hour before game time. TNT’s cameras caught a 23-foot white stretch limousine pull up outside the arena. A back door swung open. And out came Rodman—albeit without his new pal Madonna, who would arrive just before tip-off of Game 4, capping a 72-79 stay in Salt Lake City.

She sent her limo to ferry Rodman to Wednesday’s practice (he was 20 minutes late), worked out with Rodman at a local gym called the pull up for a day, and watched Game 3 with Rodman at a bar in the Spurs shackled by the Utah Jazz.

Rodman wasn’t allowed in the arena for Game 4, 1, because he was serving a one-game suspension for low-bridging Utah’s Tom Chambers, kneeling Jazz point guard John Stockton and enraging two other skirmishes — all in Game 2.

It is one thing — and not a very important thing — when Rodman chooses to dye his hair blond, arrive at games dressed like he’s going to change his oil afterward and lesion himself with tattoos. (The spider web around his navel, which is pierced with a gold hoop that’s been compared to a dog knockout, is particularly noosey.)

His season-long blather about Utah being much more like going to war, his self-aggrandizing portrayal of himself as one of the NBA’s last “true warriors,” are easy to dismiss as more career, sophomoric junk.

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Meola is ‘keeper’ for World Cup ‘94

By Jerry Trecker
The Hartford Courant

Julie Somner made it. Kasey K心血管和iros made it. And Tony Meola is obviously the No. 1 U.S. goalkeeper.

If I said the No. 2 U.S. goalkeeper, you’d say Mauro. But I’m surprised.

“Meola was the man on any other day learn,” said Sommer, a Indiana University graduate who was playing for Luton in the English First Division, will take the third spot on the American roster.

He expects to back up Meola, the 1990 World Cup starter and expected 1994 regular. Brad Friedel, Meola’s partner at Mission Viejo, is the other U.S. keeper.

That left no room for Keller, a star at the FIFA 20-under World Championships in 1990 and a regular on another English First Division club, Millwall.

He was Meola’s backup in 1990 and more than one soccerexpert believes he should have gotten a longer look for 1994.

He didn’t get it. Not this time. Naturally unhappy, Keller handled the bad news with a touch of class.

“I didn’t get it. But I felt it all I could do. I’m glad it was Julie if anyone was going to do the playing. He’s a good friend of mine and he’s worked hard,” Keller said Friday by telephone from his London flat.

“The chance didn’t come for me this time, but my first goal is, going overseas was to establish my career,” Keller said.

"The World Cup would have been a bonus, but I’m still just 24 and that’s young for a keeper to reach that level.”

Keller, though, is no ordinary keeper. He may have been caught in a numbers squeeze in a situation where World Cup caps may mean three healthy keepers, but usually only one gets play. It has been suggested he had to be No. 1 or nowhere, but the form of Portland’s Mollen said would have been happy to take a back seat to be on the team.

“There have been rumors circulating that I was told I would be No. 5 and didn’t want that role. False,” Keller said. “I was willing to play any role (the U.S. Soccer) Federation wanted. I would have been the cultural liaison, for that matter.”

Sommer emerged the winner in the sweepstakes to cap a year of remarkable happenings. Not even a starter at Luter when they kicked off in August, he gained first-team status in November and was part of a heady ride to the FA Cup semifinal at Wembley before his team was knocked out by Chelsea, a London Premier League team.

Now comes an invitation to add to the summer in America with the national team.

“No, I couldn’t have predicted any of this,” said Sommer, 25, from Naples, Fla. “This has just been a heckuva year for me. I don’t think I really hit me yet that I’m in the World Cup side. Maybe it won’t until I get home and join the squad”.

Sommer’s game has developed quickly after a rugged two-year apprenticeship in England.

He was twice loaned to lower league clubs by Lutron and said the experience of playing as many as three games a week in different levels of soccer honed his game.

“I had a good background from Indiana, but it took me over a year to learn the full professional game.”

Sommer said. “It’s getting used to at least two matches a week, plus training, eating right and handling the traveling. I also had to learn to read the professional game, how to narrow the angles and take the chances.”

Meola, 25, from Belleville, N.J., is the keeper who was caught in the crossfire of debate the past two years. He admits that some of the criticism miffed him.

"I don’t think I should have been crucified for staying at home with the national team,” Meola said last week in Albuquerque.

“I had my chances to go overseas, but every time I talked to Bora (Milutinovic) about it he told me it was more important to stay here. I put my faith in him and followed his advice.’’

SuperSonics lose ego balance

By Michael Arace
The Hartford Courant

With their star-studded, nine-man rotation, the Seattle SuperSonics maintained a delicate balance of egos and won a league-leading 63 games in the regular season.

In keeping with that success, the Sonics could be accused of being a little too comfortable with their place in the league. But there’s a little truth in that charge.

In the second half of Game 2 (a 97-87 Sonics victory), when he directed his inventiveness at point guard Gary Payton, who stood back. After that little summing, the Sonics were outscored in the second half.

Then, they were beaten by 17 in Game 3 and succeeded 15.7 in overtime of Game 4.

They lose Game 5 Saturday 90-94 in overtime.

There is no question the Sonics are the deepest, most talented team in the league.

But there was some question whether they could make up, with a talented big man, or get away with 48 minutes of trapping defense, or successfully operate a half-court offense.

In these areas, they were exposed by the Nuggets. But that wasn’t the worst of their mess. The messiest was that they seemed to be coming apart interest.

The Sonics’ bonds were heated to the point of frye in the playoffs. Recall the Celtics, Lakers, Piston and Bulls did their in-house backbiting before and after the playoffs. In May and June, they couldn’t be separated with a machine. They melded rather than melted.

They suppressed their ego, an exercise elementary to a championship team. The Sonics seemed to have no inclination to suppress.

To this end, it is not important whether Pierce, Kendall Gill or any other Sonics had a right to complain. Their family matters disturbed them from any chance of a winning tide.

There’s an adage: An owner of a professional sports franchise is merely a super fan. The Sonics were no exception.

Along these lines, one can’t be sure where an owner might be voting things like the next coach or the next free agent. The Sonics might come from business and personnel experts. It could also come from a basketball operations consulting firm, a team doctor or someone who’s been there.

One can’t be sure what an owner might do next.

Two words: Jerry Jones.

The Dallas Cowboys have a wild card situation on their hands.

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**Sports**

**Dawgs clinch MVC tournament spot**

By Grant Deady

Sports Reporter

The Saluki baseball squad will be whisking off to the Missouri Valley Conference Tournament in Wichita, Kansas, next month after capping off a two-game sweep of Indiana State on Sunday at Abe Martin Field.

SIU-C is one of six MVC teams to qualify for the tournament that begins on Wednesday May 18.

"We are thrilled, and I can't say enough about the way the guys have responded," Saluki coach Ken Henderson said. "This team is on a mission, and I see us still keeping moving in the right direction."

Since Henderson has taken over the reigns as Saluki skipper, SIU-C has chalked up an 8-5 record on a current six-game winning streak. The Dawgs had failed to qualify for the Valley Tournament since it adopted the six-team format in 1992 and registered its first sweep of an MVC opponent since 1990.

Strong pitching proved to be SIU-C's greatest asset once again as Sunday, Jason Klimek went the distance for the Dawgs.

After giving up one run on the top of the first inning against the Bears, Klimek settled in on the mound while the Saluki bats went to work at the plate.

SIU-C scratched up one run in the bottom of the fifth off of an RBI single from Craig Shelton and padded out two more in the sixth on a two-RBI base hit by Braden Gibbs to jump ahead 3-2.

The Salukis kept the offensive ball rolling in the sixth and handed four hits on five hits bashing away a three run lead. In the inning, Dan Espin came up with a two-RBI triple, while Chris Saarich drove in run as Gibbs tallied his second two-run home off of a single to right.

Indiana State got one back in the top of the eighth, but SIUC added three insurance runs in the bottom of the frame.

**Salukis drop two against Bears in season finale**

By Chris Walker

Sports Reporter

The Saluki softball team ended their regular season on a sour note, dropping two against conference leader Southwest Missouri State.

SIUC began their four-game road trip in fine fashion on Friday. The Salukis swept the newly Golden Hurricane of Tulsa (10-0 and 5-0) but lost that momentum on Saturday in 3-2 and 2-1 losses to the Bears.

In game one with the Bears, the Salukis had an opportunity to even the series but were stymied by Saluki pitcher, Kellie Becher, who threw a no-hitter, an error and walked one for SSMU. The Bears would eventually regather the three runs that the Bears tailed behind a late bunt attempt, an error and walk.

**Knotts single selection to Academic All-MVC Softball Team**

By Chris Walker

Sports Reporter

Center fielder Christine Knotts earned a spot in SIUC's starting lineup a season ago and has kept that position, starting all 36 games she has played in.

The sophomore from Edwardsville, Ill., is hitting .351 this season and her average has improved to 26-5, silenced the Salukas, bosh holding them to a run on six hits while fanning four. Tavia Mecer led the team. The only run for SIUC came on Laurie Wilson's double and a fielder's choice hit by Marlo Pecorano.

In game two the Salukis were set to face SSMU's Kate Madden, who has committed only one error. She has turned heads this season with her play on offense and defense, and now she is being recognized for her excellence in the classroom.

On Friday, Knotts was named to the Academic All-MVC Softball Team. She was the lone unanimous selection.

Knotts, who carries a 3.9 GPA from clutch hitting by the Bears, SSMU jumped ahead 1-0 in the 3rd inning on a two-out RBI single but had that lead erased in the bottom of the inning on an RBI single off the bat of Maura Hasenstab. The two teams would remain scoreless until the top of the seventh when the Bears tallied the winning run.

Krista Scholz started SSMU's rally in the seventh with a leadoff double. A fielder's choice and two errors by Jenny Klotz made the difference as the Bears took a 2-1 lead and shut the door on the Salukas in the bottom of the seventh.

Friday's results were a different story for the Salukis and far more pleasant.

In the first of two with Tulsa, the Salukis walloped the Golden Hurricane 10-4 in five innings. The Salukis jumped ahead 1-0 after one inning before exploding in the next two innings. In the second. Christine Knotts, Mandi Stiller, Hasenstab and Janie Koss would (co)lead consecutive singles and Laurie Kiley would earn the SOFTBALL page 18

**Runners take 2nd, 3rd in 800**

**SIUC track, field puts forth effort despite bad weather—coach**

By James J. Fares

Sports Reporter

It wasn’t quite as disappointing as the scores may show, but the SIUC men’s track and field team gave it their all this weekend at the National Invitational Tournament at Indianapolis, Ind.

Saluki head coach Bill Conlin said he was proud in the way he saw his team participate under the bad weather conditions in which they had to perform.

"The weather was just horrible," Conlin said. "Cold and rainy, it was just dismal. It was one of those days in which you had wished you just stayed home."

Despite the unreasonable weather conditions the Salukas managed to place in the top of their events in many categories.

In the 800-meter run sopomohres Mark Russell and Neil Emberton placed fifth and third place for Mark and Emberton finished in third place clocking in at 1:54.05.

Garth Akal had an impressive showing in the steeplechase as he collected third-place honors with a time of 9:01.26. In the 1500-meter run Neville Brooks placed fifth with a time of 3:56.22 to help out the Saluki squad.

Jarrin Williams placed sixth in the 1100-meter hurdles with a time of 15:02 and also finished seventh in the 400-meter intermediate hurdles crossing the finish line at 53.97.

"I wasn’t disappointed in our athletes by any means," Conlin added. "I was more disappointed in the weather. It was just horrid."

Pole vaulters Mike Claycomb and Kyle Bar on had an interesting showing as they both captured fourth and sixth place for the Salukas. Claycomb topped out at 15 feet 7 3/4 inches, while Barton cleared 15 feet 3 1/4 inches which was good enough to make the Saluki presence known.

Three-time all-American high jumper Cameron Wright failed to see EFFORT, page 18

**Gibson plays for wins**

By Jack O'Connell

The Hartford Courant

The Tigers' Kirk Gibson gave us a few blasts from the past this past week. Last Sunday, he cleared the right field fence at the Tiger Stadium for the third time in his career with a three-run home run off White Sox right-hander Jack McDowell, the AL Cy Young Award winner last season.

Mondays night, Gibson hit another three-run home run against Rangers closer Tom Henke, a game winner in the 15th inning. Show of Game 1 of the 1988 World Series when a two-run, game-winning home run by Gibson off the Athletics' Dennis Eckersley set the tone for the Dodgers' upset in five games.

Gibson's home run off the Padres' Rich Gasior in the Tigers Series clincher in Game 5.

Gibson, 36, has four home runs — all three-run home runs — in three runs home runs. "Only one still means anything to me — win," he said. "It's why I play the game, it seems I save it for when you count..." A manager Sparky Anderson, who once unintentionally cussed Gibson by dubbing him "the next Mickey see GIBSON, page 18

**Staff Photo by Shirley Glosa**
Reality Bites?

Is the job market taking a bite out of Generation X?

See related story on Page 3
Generation X finds skilled employment, security scarce

Recent graduates realistic in search for stable work, disprove inadequate label

By Angela Hyland
Special Assignment Reporter

As a SUN student, Joshua Trees drinks beer with his friends, he looks at their clothes, listens to their ideas about the future and sometimes jokes that they are wearing Generation X clothing or are preparing for McJobs.

The term Generation X was coined by Douglas Coupland. His book, titled Generation X, tells the story of four young adults who lack direction, ambition and respect for traditional values.

Generation X currently is used to refer to today's youth, and McJobs refer to dead-end, service-industry jobs many people a few years after graduation.

When Trees and his friends use the term Generation X, however, they say it ironically.

"We know we're being stereotyped and it's a way to take back the term," Trees said. "It's a label that's been oversimplified. It's more stereotypical than an observation."

Mike Murray, assistant director of University Career Services, said Generation X does not have the same job security as past graduates.

"This generation realizes that nothing is for sure," Murray said. Past graduates often wanted to work for a large corporation, such as McDonnell Douglas, because of the prestige it offered, but today he said most graduates realize large corporations offer little security.

Murray has worked 12 years at his present job and said he never has seen the economy as bad as it is currently.

He said people sometimes believe the economy is improving, but it often is an illusion.

"They get their hopes up just enough, then shatter them," he said.

Generation Xers rarely consider themselves failures if they do not get the high-paying jobs they desire, Murray said.

"They're well aware of what's happening in the real world and they realize it's not their fault," he said.

Murray said Generation Xers should not expect to easily find job security.

"Always have that toothbrush packed and ready to go," he said.

Trees said the uncertain economy may cause young people to fear entering the work force, but it does not force them to accept stereotypes.

Although some graduates will share the negative qualities as the characters portrayed in the novel Generation X, he said they are not representative of today's youth.

"Rather than making a true attempt to know the young adults in our generation, this is an easy term to slap on us," he said.

Murray said many graduates unable to find jobs in their career fields accept low-paying work and Trees said he would be unhappy in such a 'McJob.'

"Rather than going home where I know I'll be miserable in a job in my hometown, I want to stay in college in order to remain around my peers," he said.

After he receives his bachelor's in advanced technical studies, he plans to return to college, earn a bachelor's of fine arts and then apply to graduate school.

Trees said he has no intention of entering the real world, but instead wants to become a professor.

"I want to stay in touch with the younger generation," he said. "I don't want there to be a separation between generations like there is now."

Karen Benz, a placement counselor for the College of Business, said she often sees students enter the work force and accept jobs they dislike because they need to repay college loans.

"They take the first job that comes along, and three to six months down the road they are unhappy," Benz said.

As long as the job is relevant to the career graduates would like to pursue, it can help them become more focused and encourage them to become more careful when choosing their next job.

Some students have accepted that they may not make a lot of money and have decided to help others instead, she said.

Nelli Collins, a senior in child and family services from Chicago, said although she has been nagged at gunpoint in Chicago, she wants to help children living in dangerous conditions.

"I know about the neighborhood," she said. "I know it's dangerous, but I have to do something. Somebody has to care. Nobody else will."

The jobs Collins has applied for do not pay well, and although she could teach older children by attending school a year longer, she wants to work with pre-school-aged children.

"They think of us as babysitters and don't want to pay us, and we basically have the same degree," she said.
Resume link to scheduling job interviews

**Resume Do's & Don'ts**

**DO**
- Choose a job that you love
- Spend time listing ALL your good qualities. This is where you get credit where credit's due.
- Include a job objective, clearly and concisely and focus your resume on your future objective to show the employer "where I am going" not "where I have been" or "where I am now."
- Include experience/skills directly related to job objective
- Start each sentence with an action word
- List all related experience, paid or unpaid, including experience from school activities and committees such as organizing fundraising events, sorority/fraternity treasurer or social committee, etc.
- Research the position and company before the interview
- Keep your resume down to one or two pages
- Follow-up the interview with a personalized thank you letter

**DON'T**
- Leave out the job objective
- Include material or history not related to the job objective
- Use long, repetitive explanations
- Include personal history
- Presume that the "personnel screeners" understand skills included in job titles - tailor your job description
- Take for granted skills that you perform well as a matter of course
- Replace a job description with a job title - it's not self-explanatory. A manager in one company may not do the same activities as a manager in another company.
- Forget to include your GPA under education, if it's a 3.5 or higher
- List references from whom you have not received permission or a positive response
- Send a "form" thank you letter, personalize each one.

**DON'T BE AFRAID TO SHOW OFF YOUR SKILLS!**

SOURCE: The College Student Resume Guide

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**Categories, simplicity, help build employer identification of skills**

By Paul Eisenberg
Special Assignment Reporter

If a picture is worth a thousand words, then a resume may be worth a million.

SHC placement counselors say a good resume can make the difference between getting a job and being employed. SHC placement counselor Pam Good said the purpose of a resume is "to convince an employer to schedule an interview. Prospectives can present themselves better at an interview than they can on just a resume."

"There are very few absolutes in resume writing, but I would suggest putting your information in several categories," she said.

Good's suggested categories include personal identification, college education, employment, employment, activities, volunteer work, awards and skills.

She said there is no specific order that the categories should appear in, but the information applicable to the job should appear closer to the top.

"The identification information, name address and phone number, should appear at the top," she said, "and after that most of the information should appear in order of importance."

She said most resumes are only one page, white or cream colored, and good quality paper should be used. She also recommended that resumes be printed out on a laser printer and should be written with a very readable font.

Good said that information about activities and awards is important because employers prefer to hire well-rounded people.

"Things of that nature can indicate skills like teamwork and stress management," she said.

She said only college education is important on a resume. She said not to list specific classes, unless they are not normally in a particular program.

"If a person majored in history, but also took 15 hours of management, then just say on the resume that you just took 15 hours of management classes," she said. "Do not list the specific classes."

She said concise phrases are better than complete sentences, and the phrase should start with an action verb or a "skill word."

"Start the phrases with words like 'supervised' or 'worked,'" she said.

Most importantly, the resume must look attractive on paper, she said.

"The first look usually lasts 30 seconds, so it is important that the resume looks attractive and is easily read," she said.

She said attention-getting plays, such as odd-shaped paper or weird fonts, should be avoided because the only attention these resumes will receive is negative.

Janice McConnaughy, human resources manager for tesa tape, in Carbondale, said the first thing she looks for in a resume is spelling mistakes.

"Eight out of 10 resumes we look at here have spelling mistakes," she said. "That makes a bad first impression."

She said it is important to organize the resume so the person who is reviewing it has a clear understanding of the prospective employee's career objectives.

"Be specific," she said. "We seldom have an opening for someone who is not focused on what they want to do."

Photos and information about religious affiliation should not be included according to McConnaughy, because if an applicant who does not get the job, they can sue the company for the basis of sex or race.

"We are told to return any photos," she said. "She said to always include a cover letter which says why the prospective employee would like the job, and never lie or exaggerate.

If an employer gets any indication that there is a lie or dishonesty on the resume you will not get hired," she said.

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Five-year plan common for starting freshmen

Students push back graduation dates

By Diane Dove
Special Assignments Reporter

Karen L. Aschenbrenner, a senior in psychology, not able to complete studies in four years, will join the number of students who take as long as five or six years to graduate.

Of SIUC graduates that entered the University as freshmen in 1987, 53.8 percent took five or more years to earn a bachelor’s degree, according to the 1993-1994 SIUC Fact Book.

Diane K. Edgerton, advisement clerk in the College of Engineering, said flunking classes, running out of money for tuition, and needing to spend time with families are among many reasons why students take five or more years to graduate.

Aschenbrenner, who plans to graduate in May 1995, said she has varying reasons for delaying graduation.

As a transfer student from Illinois Central College in East Peoria, Aschenbrenner said 10 credit hours from that school did not transfer to SIUC slowing down her graduation process.

Aschenbrenner also said some courses were unavailable when she wanted to take them and classes that must be taken in sequence only offered in the fall or spring semester were a problem for her.

As a resident assistant, Aschenbrenner had to sign a contract agreeing to stay at the University for another year, she said.

Despite the delays, Aschenbrenner said she is not upset about having to stay in school longer.

“It doesn’t bother me because in a way, it’s my choice,” she said.

James Evans, associate dean of the college, said the five-year plan is especially common among engineering majors.

He believes this phenomenon to be true because the college requires 133 to 135 credit hours to graduate.

Evers said an engineering student wanting to graduate in four years would have to take 16 to 17 credit hours per semester.

Most engineering students who take more than four years to graduate do so because they work part-time or choose to take a lighter load, Evans said.

Edgerton agreed.

“As long as (students) do so because they work part-time or choose to take a lighter load, I think it’s okay,” she said.

Evers said a co-op program, where students alternate between a semester of courses and a semester of engineering-related work, also leads to delayed graduation.

Evers said the co-op program, which currently has 50 students, grows larger every year.

Jean McPherson, chief academic advisor in the College of Science, said the difficulty of the course work in science forces many science majors to take a lighter course load and delay graduation.

McPherson said science majors often agree it is better to take a lighter course load and graduate in five years because of concern about their grad.

“It’s usually not a surprise to the students to find out that they have to stay for five years,” she said.

McPherson said many times changing majors also forces students to spend another year in school.

Doug Bentringer, a senior in advanced technical studies, said he changed his major from construction technology two years ago and knew switching would mean spending another year in school.

“It’s just part of my education — what I need to get a job,” he said.

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Graduate school chosen by few seeking specialization

By Marc Chase
Special Assignment Reporter

Students may have to stay in school for a longer time period than most say goodbye to the already-stressed job market, but graduate students who attend SIUC's graduate program say their choice may help their careers in the long run.

Bill Hall, graduate student in Community Development, said many students who only receive bachelor's degrees will probably find it difficult to find a job in the current market.

"Those who graduate with a four-year degree may find that there are few jobs available," Hall said. "Often an advanced degree (from graduate school) will help a student land a more immediate and competitive position.

The Community Development graduate program recently was eliminated by the SIU Board of Trustees based on a recommendation from the Illinois Board of Higher Education that the program did not meet standards of efficient operation.

Hall said despite the program's elimination, the proof of the program's strength can be found by the quality of the alumni it produced.

SIUC law professor, Wrenna Whifield, earned her master's degree in Community Development from SIUC. She is currently awaiting an appointment of federal justice for the Southern Illinois circuit.

President Bill Clinton and the Community Development graduate program taught her how to organize community functions. After graduating from the program in 1972, she

Advanced degrees give job seekers competitive edge

"I am a graduate student because I enjoy my field, and continued study in it makes me happy," Peerbhais said.

If students are only interested in money and a better job — or in knowledge — then graduate school is definitely the wrong decision.

Dara Lawyer, graduate student in Community Development, said graduate school is a way women and minorities can achieve higher positions in the job market.

She said glass ceilings, limits on how high an employee can be promoted based on gender and race, can be shattered if women and minorities take the time to earn a graduate degree.

"As a woman, I think there are many challenges in receiving competitive positions in the job market," Lawyer said.

"With a graduate degree, I will be favored for a position over a male who just has a bachelor's degree."

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Educational loans bring long-term benefits, obligations

Katherine T. Bulea
Special Assignment Reporter

Paying for a college education often times requires student loans, but many students find that borrowing money haunts a person's life long after college.

Rick Stedel, Director of Financial Aid, stated that many students need to understand how serious getting into debt is.

"I'm very concerned about the number of students that come through the financial aid office with serious credit problems. Some have declared bankruptcy and some have poor credit ratings. I think students have to realize that getting into debt is a very serious thing and that they have to bear the consequence of bad decisions that they might make," Stedel said.

Sallie Mae, the nation's largest holder and servicer of student loans, warns students that the money that is loaned is due six months after graduation.

"Many students don't think about repaying their loans during school, but it's important to remember that the money you borrow comes due shortly after graduation," Allure Smythe, academic services representative at Sallie Mae, said.

"Try to put some money aside each month to cover year payments."

As the end of senior year approaches, students will interview with the financial aid adviser of their school. Students will be informed of their repayment responsibilities and the options available to them.

Before the repayment begins, a lender will also provide the student with a disclosure statement, which gives all the information outlining the amount owed each month and the total principal and interest payment over the term of the student's loan.

Dan Mann, Associate Director of Financial Aid, stresses that students should keep in contact with their lender. Forgetting to keep in contact with the lender assures that if there is a problem paying back the loan, the student will be able to work it out with their lender. Mann said.

"Some options that can forestall payment of a loan include deferment and forbearance.

A deferment allows the student to postpone the repayment of some of the loan if they meet certain conditions.

In order to qualify for a deferment, a graduating senior must either go back to school, become unemployed, or experiencing economic hardship.

Forbearance is a temporary postponement or reduction of the payment of the loan principal. The person is still responsible for paying the interest.

Forbearance is only offered on a case-by-case basis. The person must work with the lender to request forbearance.

Not paying back a loan can mean a student may find themselves in a default status.

This means that the person will have a negative credit rating which can damage their ability to get another loan or even a mortgage.

Before taking out a loan, students should consider alternatives such as grants, scholarships, or employment.

If a student has depleted all possible sources of financial aid and still needs to take out a loan, there are certain ways to manage money.

Students should begin by planning a budget and determining their monthly obligations.

Information on monthly salaries can be found in the book Occupational Outlook Handbook.

Another set of factors to consider is that students will be required to not only pay back their loans after college but also pay for things such as rent, utilities, clothes, basic costs of living, and transportation costs.

If a loan is not necessary to complete a college education, then a student should consider it.

A U.S. Census Bureau survey showed that college graduates earn nearly twice what high school graduates do.

Students may have to stay in school for a longer time period than most say goodbye to the already-stressed job market, but graduate students who attend SIUC's graduate program say their choice may help their careers in the long run.

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A U.S. Census Bureau survey showed that college graduates earn nearly twice what high school graduates do.
Students gain experience, contacts through internships

By Doug Danse
General Assignment Reporter

Mike Weber wanting to be a step ahead decided to apply for an internship, even though he was one of about 70 students applying for one spot. Now he will intern for one of the largest companies in his field.

Weber, a junior majoring in general agriculture and mechanism from Greenville, earned an internship with American Cyanamid for this summer in research and development working with an acre of soybeans and corn.

He said being an intern is good experience because it provides a background into career fields and the experience looks good on a resume.

"The company will be an intern in one of the largest in the field, so this gives me a chance to learn about my field from one of their course work and apply what they saw on the job. Internships are supposed to supplement school work, so if a student plans to sit on it is better to do this while still in school."

"Research of the field and the type of work they want to do are important factors to consider when looking for an internship," Miller said. "Don't accept an internship as a clerk unless you plan on being one."

Miller said in addition to researching the company's intern program on their own, a person can seek help from their department or University Career Services and their resource library to help in their search.

"The only drawback to internships is that they are not paid, but now most of them are becoming paid," Miller said.

Others ideas to help landing a job are good work ethics, participation in organization, and contact with professors and administrators, Miller said.

Peace Corps, traveling provides graduates alternatives

Viewing foreign countries, aiding other communities gives choice to workforce

By Jamie Madigan
Special Assignment Reporter

When final exams are over and graduation approaches, many students dread the idea of going straight from school into the job market, and choose instead to leave Carbondale and see the world.

Louis Renner, graduate student in education, decided to join the Peace Corps after graduation to help people in other countries.

"After I got my bachelor's, I worked for four years in Swaziland (in Africa)," he said. "I was a technical teacher — I taught woodworking, metalworking and technical drawing."

After serving in the program, Renner came to SIUC to earn a degree in workforce education and development. He is currently the coordinator of the Peace Corps at SIUC and said nationally the program sends 6,000 people to 90 countries worldwide for two years of work.

"The Peace Corps offers qualified Americans a chance to live and work in another country," he said. "It is a professional position — each job has different requirements. We can never find enough people in agriculture, health and education and the skilled trades — like masonry or carpentry."

"As well as providing an alternative to the usual job after graduation, the program provides valuable experience," he said. "The jobs provide recent graduates with an opportunity to grow and gain some experience," he said. "It gives them opportunities to assume more responsibility — it's a character builder and a confidence builder."

Another option chosen by some students is to travel after they graduate, before settling into a job.

Thomas Saville, coordinator of SIUC's study abroad program, said although it is difficult to tell how many SIUC students travel after graduation, he sees students in his office every day.

"The jobs provide recent graduates with an opportunity to grow and gain some experience," —Louis Renner

Saville said some students in the study abroad program, which allows many students to spend a semester studying in another country, are close to graduating and take a semester to study in another country because they feel it may be their last chance to travel.

"Some students study abroad when they know they have not met all of their graduation requirements," he said. "That's not the typical student, but we do get quite a few."

Saville said taking time to travel may look good to employers.

"We get leaders (of companies) who tell us 'We must have people who know about the world,'" he said. "It helps, especially if it is the travel experience. They are more aware of different cultures and can deal with different requirements, 'Thats not the normal job.'"

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Senior stress common

By Aleksandra Macy
Special Assignment Reporter

Graduation, job hunts, interviews and paying back student loans are some reasons why graduating seniors are stressed, but an SIUC health official says stress is normal for students leaving school.

Dr. Jean Cunningham, assistant director of SIUC Counseling Center, said students usually panic before graduation because they may not have a job or are put off by lack of one.

"When students go from one role to another, they should realize it's natural to feel stress," Cunningham said.

She said students should use campus resources such as the University Career Services to make a smoother transition from student to non-student.

Annette Vaillancourt, assistant coordinator of the stress management programs at the Wellness Center, said stress on graduating seniors may hinder performance in interviews or job searches.

"Students should examine the significance of the transition," Vaillancourt said.

When people perceive an event such as graduation as positive, stress levels will be normal, but when an event is perceived negatively, people will feel more stress, she said.

Vaillancourt said students should take care of their bodies by eating nutritiously, breathing deeply, exercising regularly and getting enough sleep, so they can effectively manage stress.

"Students should also realize their connections with other people and have fun by scheduling time off for relaxation and breaks."

Julie Walther, a senior in jewelry and metals from Bay Village, Ohio, said she is feeling stress and pressure because as an art major she cannot go out and find a job. She must move on to herself.

"I'd like to be able to start producing and showing her work to potential buyers in Chicago, but worries about how to get paid," she said.

She said she will live with her parents in Ohio for a while to make money before moving to Chicago.

"I'd love to go work in Chicago, but I need to find a job so I have money for rent and living expenses," she said.

Vaillancourt said relaxation techniques which take 20 minutes or less to do include counting down; back away from 20 while concentrating, imagining and relaxing in one method and imagining beautiful scenes in the mind of a hectic routine is another.

Relaxing the muscles in the back of the neck and shoulders by letting the chin fall to the chest, and also thinking about relaxing each of the muscle groups in the body will help with relaxation, Vaillancourt said.

Vaillancourt said people can blame stress and depression on the weather, but if symptoms continue in spring months it may indicate a problem and possibly be indicative of someone contemplating suicide.

Dr. James Scales, director of University Career Services, said programs offered through the service are being phased out now because of final, but students without job leads still can get help.

Other programs are phased out in the spring because most companies have already done their hiring for the year, he said.

He said it usually takes nine months to land a job, which coincides with the amount of time students will be at SIUC.

Scales said students who do not take advantage of the services may have a hard time finding a job.

"The game is played much the same as in sports — you have to be marked," he said.

Scales said<span class="redacted"> of those graduating seniors who used the service in 1993, 35 percent got jobs in their major, 30 percent got jobs outside their major and 35 percent went on to graduate or professional school.

"Students who don't take advantage of the service will probably not walk across the graduation stage with no job line in," he said.

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