The Daily Egyptian, March 10, 2010

Daily Egyptian Staff

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Antarctic ice shelves retreating

SANDY BAUERS
The Philadelphia Inquirer

The U.S. Geological Survey recently reported that ice shelves are retreating in the southern portion of the Antarctic Peninsula, and the researchers said it is due to climate change. They said it could result in glacier retreat and sea-level rise.

The agency says the research is the first to document that every ice front in the southern part of the Antarctic Peninsula has been retreating overall from 1947 to 2009, with the most dramatic changes occurring since 1996.

"This research is part of a larger ongoing USGS project that is for the first time studying the entire Antarctic coastline in detail, and this is important because the Antarctic ice sheet contains 91 percent of Earth's glacier ice," USGS scientist Jane Ferrigno said in a press release. "The loss of ice shelves is evidence of the effects of global warming. We need to be alert and continually understand and observe how our climate system is changing."

January was 4th warmest on record

PAT BRENNAN
The Orange County Register

The nation's climate monitoring agency says January's global land and sea-surface temperatures combined were the fourth warmest on record for that month — much of it the result of the Pacific ocean-warming phenomenon known as El Niño.

"It's due to some combination of long-term warming, the El Niño phenomenon and other factors," said Deke Arndt, climate-monitoring branch chief at the National Climatic Data Center in Asheville, N.C.

And Januarys have been getting warmer, too, he said.

"We're working on 30-plus consecutive Januarys that it's been warmer than the 20th century average," Arndt said. This January "fits right in that pattern," he said.

"It's the second January that was cooler than the 20th century average was in the mid-70s," he said. Combined land and sea surface temperature was 54.68 degrees in January, 0.38 degrees above the 20th century average.

Global land surface alone was 38.49 degrees, 1.49 degrees above the 20th century average. Global land surface alone was 38.49 degrees, 1.49 degrees above the 20th century average.

Global land surface alone was 38.49 degrees, 1.49 degrees above the 20th century average.
CANCUN

- At the sprawling, palm-trimmed packed Oasis "Hotel", a popular spot with spring breakers, dolls from the U.S. Midwest and Canada looking to chill the chill from a usually brutal winter dotted the beach when some took photos with monkeys while others danced to music pumped out from gigantic speakers.

Emma Duran, a 20-year-old science major at Queens University in Kingston, Canada, decided to come to Cancun after comparing it to here and finding a better deal. Duran said she paid $1,040 for a seven-day, all-inclusive trip.

"I was expecting a good party but it went above and beyond," said Duran while sunbathing with two other friends on the beach of the Oasis Hotel. "There is always a party on the beach and you can party all day and party all night!"

Tourism officials say they expect about 25,000 spring breakers to descend this season on Cancun's newly rebuilt beaches and turquoise blue ocean, compared to the 20,000 spring breakers who visited last year. That's in addition to tourists of all ages who visit throughout the year.

That message is clear every chance they get. Tourism officials are putting a strong PR effort to host it this spring party there this year. The city is hoping to draw between 7,000 to 10,000 spring breakers despite the recent spike in drug killings and gun battles, one of which took place near an historic tourist hotel last year.

Contact beamed students headed for Mexico of a surge in drug-related violence south of the border prompting some to cancel already paid for spring break trips.

Mexican government officials have gone on the offensive and made clear every chance they get that the violence is concentrated in a handful of states, most along the Mexico-U.S. border, like Durango and Chihuahua, and in the Pacific coast state of Michoacan - all far from the country's popular beach resorts.

That message appears to be working: Travel industry's senior editor Genevieve Shaw Brown said bookings on Travelocity.com for spring travel to Mexico have shot up 25 percent compared to last year. Cancun is No. 5 on Travelocity's top 10 spring break bookings.

"The world has since learned that spring break is treatable if detected in time, vaccines are available, and death rates have dropped in Mexico and elsewhere.

Mexico has had a tougher time fighting off its bad image from drug violence, which has left more than 15,000 people dead since President Felipe Calderon declared his war on cartels in 2006. Now Mexico's secret service is back, forcing Mexico to lower its prices.

"Now Mexico is reaping the benefits of cheap travel costs thanks to a number of spring breakers who are looking for deals," Shaw Brown said. "It's been communicated very well that Mexico is an outstanding value."

The Weather Channel: 5 day weather forecast for Carbondale, Il.

About Us:
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The Daily Egyptian, the student-run newspaper of Southern Illinois University Carbondale, is committed to being a trusted source of news, information, commentary and entertainment to students, faculty, staff and the Carbondale community, while relating to their lives.

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A whitetail deer stands in a field west of Carbondale. According to the Smithsonian Institute Web site, deer feed in the late afternoon and early morning.

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Skiers howling for Wolf Creek

R. Scott Rappold McClatchy Tribune

Wolf Creek Ski Area

Colin Pillsbury, a frequent skier at Wolf Creek, enjoys the fresh powder and sunny conditions on the ski slopes.

"It's been a great season so far," said Pillsbury, "with excellent powder and great weather." He also praised the views from the top of the mountain. "You can see for miles on a clear day," he said.

The ski area has been busy throughout the season, with visitors coming from all over to enjoy the slopes. "We've had a great turnout this year," said Pillsbury. "People are really enjoying themselves out here."
The Best Rentals in Town
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One Bedroom

- 607 1/2 N. Allyn
- 504 S. Ash 4
- 507S Ash 2,3,5,8,10,12,14,15
- 509 S. Ash 2,4,6,8,13
- 507 W. Baird
- 504 S. Beveridge
- 608 1/2 W. Cherry
- 404 W. Cherry Court
- 405 W. Cherry Court
- 407 W. Cherry Court
- 410 W. Cherry Court
- 403 W. Elm 2-4
- 718 S. Forest 3
- 605 W. Freeman 3
- 507 S. Hays 2
- 509 1/2 S. Hays
- 208 W. Hospital #1
- 703 S. Illinois 202,203
- 612 S. Logan
- 400 W. Oak 3
- 410 W. Oak 1-5
- 202 N. Poplar 1
- 304 S. Springfield 1,2,4
- 414 W. Sycamore E
- 404 1/2 S. University
- 406 S. University 1,2,4
- 606 1/2 S. University
- 334 W. Walnut 1,2
- 703 W. Walnut 1,2
- 400 S. Washington A,B

Two Bedroom

- 503 S. Allyn
- 609 S. Allyn
- 616 N. Allyn
- 408 S. Ash
- 504 S. Ash 1-2
- 508 S. A1
- 514 S. A1-6
- 502 S. Beveridge 2
- 507 S. Beveridge 5
- 509 S. Beveridge 2,4
- 512 S. Beveridge 1,3,5,7
- 512 S. Beveridge 2,3,5
- 514 S. Beveridge 1,3,7
- 515 S. Beveridge 1,4

Three Bedroom

- 503 S. Allyn
- 609 S. Allyn
- 609 N. Allyn
- 609 N. Allyn
- 508 W. Cherry
- 306 W. Cherry
- 405 W. Cherry Court
- 405 W. Cherry Court
- 407 W. Cherry Court
- 409 W. Cherry Court
- 410 W. Cherry Court
- 201 W. College 3
- 309 W. College 2-4
- 400 W. College 2-5
- 401 W. College 2-7
- 407 W. College 1,3,4
- 409 W. College 1,3,5
- 501 W. College 1,3,5,6
- 503 W. College 1,6
- 507 W. College 3-6
- 509 W. College 1,2,4,5
- 710 W. College 1,6
- 113 S. Forest
- 115 S. Forest
- 120 S. Forest
- 706 S. Forest
- 500 W. Freeman 2,3,5,6
- 520 S. Graham
- 507 S. Hays 2
- 402 E. Hester 2,3
- 408 E. Hester 1,3,5,7
- 208 W. Hospital 1
- 703 S. Illinois 202,203
- 401 S. James
- 705 N. James
- 815 N. James
- 612 S. Logan
- 207 S. Maple
- 405 E. Sycamore 1-3
- 407 E. Sycamore
- 411 E. Mill
- 400 W. Oak 1
- 402 W. Oak E & W
- 501 W. Oak
- 507 W. Oak
- 505 N. Oakland
- 511 N. Oakland
- 202 N. Poplar #1
- 507 S. Poplar 1,3,5,6
- 391 N. Springfield 1,2,4
- 1110 W. Sycamore
- 909 S. Sycamore
- 404 S. University N
- 404 1/2 S. University
- 504 W. Walnut
- 820 W. Walnut #2
- 1004 W. Walkup
- 400 S. Washington A,B
- 600 S. Washington 1,4,6,8
- 404 W. Willow
- 406 W. Willow
- 804 W. Willow
- 503 N. Allyn
- 607 N. Allyn
- 609 N. Allyn
- 508 W. Cherry
- 306 W. Cherry
- 405 W. Cherry Court
- 405 W. Cherry Court
- 407 W. Cherry Court
- 409 W. Cherry Court
- 410 W. Cherry Court
- 201 W. College 3
- 309 W. College 2-4
- 400 W. College 2-5

Four Bedroom

- 509 S. Beveridge 1,2,4
- 513 S. Beveridge 2,4,5
- 515 S. Beveridge 1-4
- 510 N. Carico
- 604 N. Carico
- 205 W. Cherry
- 209 W. Cherry
- 309 W. Cherry
- 409 W. Cherry
- 501 W. Cherry
- 405 W. Cherry Court
- 407 W. Cherry Court
- 409 W. Cherry Court
- 410 W. Cherry Court
- 201 W. College 3
- 309 W. College 2-4
- 400 W. College 2-5

Five Bedroom

- 506 S. Beveridge
- 209 W. Cherry
- 300 W. Cherry
- 405 W. Cherry
- 300 E. College
- 312 W. College 3
- 805 W. College
- 807 W. College
- 409 W. College
- 305 E. Crestview
- 104 S. Forest
- 511 S. Forest
- 603 S. Forest
- 500 S. Hays
- 505 S. Hays
- 208 W. Hospital 2
- 506 S. Poplar 3-7
- 519 S. Rawlings 1,6
- 404 W. Walnut
- 820 W. Walnut
- 6299 Murphyboro Rd.

Six Bedroom

- 500 E. College
- 312 W. College 1
- 501 S. University
- 606 S. University

Seven Bedroom

- 501 S. University
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Living with Alzheimer's disease

TIM MADIGAN

CLoSITY Tribune

ANSWERS TO YOUR ALZHEIMERS QUESTIONS

Dr. Janice Knobl has cared for residents at the James L. West Alzheimer Center since it opened 16 years ago in Fort Worth, Texas. Knobl, a geriatrician, is also a prominent researcher in the field of Alzheimer’s and dementia. Here she discuses hardchase, its treatment and prevention.

Q: Are we close to a cure for Alzheimer’s?

A: We are not as optimistic about a cure. I view this disease as the same complexity level as diabetes. We do not have a cure for diabetes, but we have great approaches; prevention, treatment and management. If we can do what we’ve done with diabetes, that could be awesome. It would have a major impact.

Q: How much do we know about the causes of Alzheimer’s?

A: We don’t know the cause, but we know a lot more than we did. Proteins called plaques are like gum interfering with the way cells talk to each other. Also, another kind of protein (tangles) actually gets in the nucleus and causes cell death. The brain actually degenerates and shrinks.

Q: Is there a huge amount of research at many different levels? One is looking at those plaques and tangles and trying to understand how they’re made. Can we stop them from being produced or can we eliminate them once they are produced? Another area we look at is what’s called neurochemicals. It’s how the brain talks to each other. Research is being done, trying to alter the amounts of those chemicals in the brain to help people function better. But those drugs do not alter the course of the disease.

Q: Can anything be done to reduce the odds of developing Alzheimer’s?

A: People need to be physically active because the brain is studied to the rest of the body. Walking is great. Diet is really important. If you have high blood pressure, you need to get that treated because high blood pressure is not good for the brain. Smoking is another one. Drinking in moderation. Those practical things.

If people are under undue amounts of stress and suffer from depression, it’s got to get treated. People with fair-life development have a higher risk of developing dementia. We don’t understand the connection, but it’s very clear there. The other thing is just keeping your brain active. There are all kinds of games now. Nintendo has come out with them, and Dr. Gary Small at UCLA has his own kind of brain game. Something simple to do to not drive home the same way every day. Change it up, because you get into a set mode. You get home and you don’t even remember how.

Unfortunately, the activity we’re talking about is still no (guarantee of) prevention. Look at Ronald Reagan, with all the things he was doing as president. But to me, it’s something you have control over. Forty to 50 percent of what’s going to happen to you as you age is based on genetics. We can’t change that at the moment. But the other 50 to 60 percent is in your control. That’s a huge chunk. That makes me optimistic.

RESOURCES FOR FAMILIES AFFECTED BY ALZHEIMER’S

At the James L. West Alzheimer Center, a private, nonprofit facility in Fort Worth, Texas, a residential room can cost up to $250 a day, or more than $70,000 a year. The West center does not accept government assistance like Medicaid. But options are available for families without those financial resources, says Theresa Hocker, executive director of the North Central Texas chapter of the Alzheimer’s Association. The key is to research them before a medical crisis happens.

"It’s just awful when people have to decide very, very quickly where their loved one goes," Hocker says. "It’s just such an important decision."

For families, she says, it’s crucial to understand the difference between Medicare and Medicaid. Medicare, a federal program, pays some medical bills for senior citizens, but not for long-term care. Medicaid, which is administered by the state, does fund long-term care, but families must qualify for it.

Long-term care insurance also is something families should investigate, Hocker said.

"We’ve had personal stories of evaluating your finances, knowing whether you have a nest egg to fall back on or you don’t," she says.
Wednesday-Friday, March 10-12, 2010

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Daily Egyptian
Profile: President Barack Obama

SAN JOSE MERCURY NEWS

McClatchy Tribune

EARLY LIFE
Biracial background. Barack Obama was born on August 4, 1961, in Honolulu, Hawaii. At age 6, his father, Barack Obama Sr., was a student from Kenya who headed goats as a child. His mother, Ann Dunham, was an American student at the University of Hawaii and the daughter of a furniture salesman. She married Obama Sr. unaware that he was already married, and shortly after was pregnant when they had two children. Two years later, Obama Sr. accepted a scholarship at Harvard University and moved to Boston, leaving his family behind.

To Indonesia: Dunham married an Indonesian student named Lolo Soetoro, and in 1967, when Barack was 6, the family moved to Jakarta. Barack (known as "Barry" or "Bar"") attended Indonesian schools for four years. He was 9 when his half-sister, Maya Soetoro, was born. Barack and his mother returned to Honolulu, Hawaii, in 1972. In 1972 she left her husband and moved back to Hawaii with Maya. When Barack was in the fifth grade, his father came to visit his mother briefly — their first meeting since he was a toddler.

To LA: In 1979 and 1980, he attended Occidental College in Los Angeles. There he befriended black students — who were few and far between everywhere he had lived — but he had difficulty seeing himself as one of them. After two years, he transferred to Columbia University in New York, where he studied classics for three years and immersed himself in his studies. In 1982, he was informed in a call from Africa that his father had been killed in a car accident.

EARLY CAREER
Community organizer: Obama graduated in 1983 with a B.S. in political science, and in 1985 he moved to Chicago and worked as a community organizer with poor residents of the city's South Side. During this economic upturn and the mid-1980s, he joined the Chicago United Church of Christ. In 1985, he traveled to Kenya to meet his grandmother, half-siblings and other relatives.

Chicago: Obama attended Harvard Law School in 1987. He worked as an intern at Chicago law firm Sidley & Austin, where he met and began dating Michelle Robinson, a Harvard Law grad and first-year associate. In 1990, Obama was elected president of the Harvard Law Review, the first black man to hold the prestigious post. In 1991, he graduated magna cum laude and returned to Chicago. He married Michelle in 1992 and went to work for Chicago law firm, while also lecturing on constitutional law at the University of Chicago Law School and directing a voter outreach program.

On politics: In 1996, Obama ran for and won an Illinois state Senate seat representing Chicago's South Side neighborhood of Hyde Park. During his eight years in the state Senate, he would introduce more than 20 successful pieces of legislation.

ONE SMALL FAILURE: ONE BIG SUCCESS
Field House House. In 2003, in the biggest miscalculation of his career, he ran for a U.S. House seat held by four-term incumbent Bobby Rush, a charismatic former Blacks Panthers. Rush defeated him by a 2-1 vote in the Democratic primary.

Race for Senate: In 2003, with one term incumbent senator retiring, Obama entered the race for the U.S. Senate. He easily won the Democratic primary against a millionaire businessman whose ex-wife accused him of domestic abuse, and his Republican rival dropped out of the race in June 2004 after his ex-wife said he took her sex toys. To oppose Obama, the GOP drafted Alan Keyes, a conservative radio talk host defeated from Maryland.

U.S. President Barack Obama delivers remarks on health care reform at the LBJ Presidential Library in Austin, Texas, March 3, 2009. (AP Photo/Kevin Wolf)

OLIVER DOUILLER / MCCLATCHY TRIBUNE

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U.S. President Barack Obama delivers remarks on health care reform at the LBJ Presidential Library in Austin, Texas, March 3, 2009. (AP Photo/Kevin Wolf)

OLIVER DOUILLER / MCCLATCHY TRIBUNE

Wednesday-Friday, March 10-12, 2010:

NATIONAL EDITION: toned actually...
**Crossword**

Friday's answers

- Across
  1. Crisscross dozer
  7. Down with slick
  14. Adams at curtain
  16. Ered
  17. HoH Earl Lemonade
  18. Dazzle and such
  19. Internal Human Services Scary!
  21. Stalest relativists
  22. State contemporary
  23. Star of 1833 Battle site
  26. Cocktail nudes
  27. Take what
  29. 1710s CIA director, briefly
  33. Tulip: fag.
  37. Laguna, say
  38. Others
  39. Laughing regular
  40. A few napkins
  41. French pronoun

- Down
  1. Employees
  3. Pits since 1929
  4. I's in Baguio
  5. Spank
  6. Lion crest of 1191:
  10. Shah and others
  11. Rasta
  12. Company that dev
  13. V. Indian Road Test Pattern
  14. Crosser
  15. Dairy container
  16. Merchandise of dealer
  17. Rock and roll head
  18. Harrow window
  19. Hot dog play
  21. Fishe collection
  22. Many prospects

**Horoscopes**

*By Lasla Senluk*

**Virgo** (August 23 - September 22) - Remain calm, and let your feet do the talking. Money can make a lot of changes in your life, but it's not the answer to all your problems. Be cautious when it comes to new opportunities. Love: Your romantic partners may not be as available as you would like.

**Libra** (September 23 - October 22) - You should be in no hurry to make decisions. Trust your instincts more. Relationships: Your partner may be feeling a bit distant, but don't let that affect your connection. Money: You may receive a unexpected gift or inheritance.

**Scorpio** (October 23 - November 21) - Be careful with your spending. You may be tempted to overspend on something that you don't really need. Relationships: You may find yourself drawn to someone who is different from you.

**Sagittarius** (November 22 - December 21) - You may need to take some time for yourself. Focus on your personal growth and self-improvement. Relationships: Try to keep your partner involved in your life.

**Capricorn** (December 22 - January 19) - Your career will be in a good place this month. You may receive a promotion or a new opportunity. Money: Be cautious with investments. Relationships: Your partner may be feeling distant, but don't let that affect your connection.

**Aquarius** (January 20 - February 18) - You may find yourself drawn to someone who is different from you. Focus on your personal growth and self-improvement. Relationships: Try to keep your partner involved in your life.

**Pisces** (February 19 - March 20) - Your creativity may be on the rise. You may find yourself feeling more inspired than usual. Money: Be cautious with investments. Relationships: Your partner may be feeling distant, but don't let that affect your connection.
After drunken driver paralyzed her, ex-triathlete Jill Mason puts experience into book

SAN MCMANIS McClatchy-Tribune

SACRAMENTO, Calif. — She had been an English major in college, and naturally she wanted someday to write a book.

One problem, though.

"Truly, in her mid-20s, Mason felt she hadn't done enough living to tackle a memoir or even fiction. Not that she didn't have a full life. She was a triathlete, had run marathons, worked in marketing for a Silicon Valley firm and had found love with a high-tech engineer and fellow triathlete, Alan Liu.

Life was going swimmingly, to say nothing of the running and cycling.

A training ride along a highway on Easter morning 2004 changed all that. Liu and Mason were hit by a drunken driver whose blood alcohol level measured more than four times the legal limit. Liu was killed, Mason survived — barely. Her spinal cord was severed, permanently paralyzing her. Injury to her brain limited her cognitive ability, and emotional ordeal, rendered a curse that was only life. As a result of her head injury, she has no memory of the crash — or of her relationship with Liu in the early months of her recovery, her parents had to keep reminding her of her boyfriend who had been killed.

"If it was hard for me to have to continuously reinvent his loss," writes Mason, who has recovered memory of Liu but not of the crash. "She doesn't express her emotional struggles. Though positive by nature, Mason admits getting depressed sometimes. "It's like I'm very deep in a well and cannot escape," she writes. "Often, when I'm in this sort of funk, I curse Harvey," is 75-year-old Santa Rosa lawyer Harvey Hensford, the man sentenced to nearly nine years in state prison for vehicular manslaughter, driving under the influence and inflicting great bodily injury.

Mason doesn't speak of Harvey often ("He's not worth my time"), she said, did, however, write him a letter — never sent — venting her anger. She does not expect him to read her book.

The important thing, Mason says, is to make the book available to help others.

"This is not the life I'd chosen," she says. "But it's my life now, I try to just think of the next goal and move toward that. And right now I'm thinking, 'OK, what's next?'"
Back in the game

Overshadowed by teammate
Jimmie Johnson, Jeff Gordon's
dominant performance
at Las Vegas
on Sunday shows
the No. 24 team
is a force to be reckoned with

JIM UTTER
McClatchy Tribune

It's clear Jimmie Johnson is a serious threat to win a fifth straight Sprint Cup Series championship this season.

Also clear — but perhaps not as apparent — is the identity of Johnson's biggest obstacles to another title: Johnson's Hendrick Motorsports teammate Jeff Gordon.

Lost in the aftermath of consecutive wins at California and Las Vegas is Gordon's resurgence. Although he lost Sunday's race at Las Vegas because of a pit penalty, Gordon still enjoyed one of his most dominant performances in years. He led 219 of 267 laps (82 percent).

"Man, I did all I could and I had nothing for a kid," Johnson said of his effort to risk Gordon down Sunday. "I think it really showed the strength of the Hendrick cars when Jeff and I checked out from everyone."

"To find a race Gordon dominated like he did Sunday, you have to go back to the 2001 season, when Gordon won the most recent of his four Cup titles. His 252 of 300 laps (84 percent) at New Hampshire, a race rescheduled as the season finale because of the Sept. 11 terrorist attacks. Gordon has won plenty of races since then, but none in which he led the first 219 laps like he did Sunday."

"You know, it doesn't matter to me what I do once it's out there, whether it's our own teammate or whether it's a competitor, you want to go out there and compete against the best and you want to beat the best," Gordon said.

"And I feel like we had our best days with our No. 24 team over the years, we were going up against Mark Martin when we were a Roush, Dale Earnhardt Sr. when he was at Childress, Dale Jarrett at Yates."

"So while it's coming in-house, it's still another competitor. And it drives us. It inspires us. It motivates us."

In the reason you saw us perform and dominate the way we did Sunday is because of those guys pushing us."

After four seasons of watching Johnson — who Gordon helped bring to the Hendrick fold — match his championship total, perhaps the race to a fifth has provided extra incentive. There is little solace in losses, but even Gordon saw the silver lining in Sunday's effort.

"I'm disappointed, but at the same time, we haven't dominated like this in a very, very long time," Gordon said. "At the same time, I'm really excited about this race team."

"I've been saying it all winter long. Even the first two races, I've been trying to say it. If you don't have the results, then it doesn't matter."

"We showed what we're capable of. It gives us a lot of momentum to go to Atlanta."