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CAMPUS

Southern at 150 falls short of future

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CAMPUS

Students above the influence receive incentives

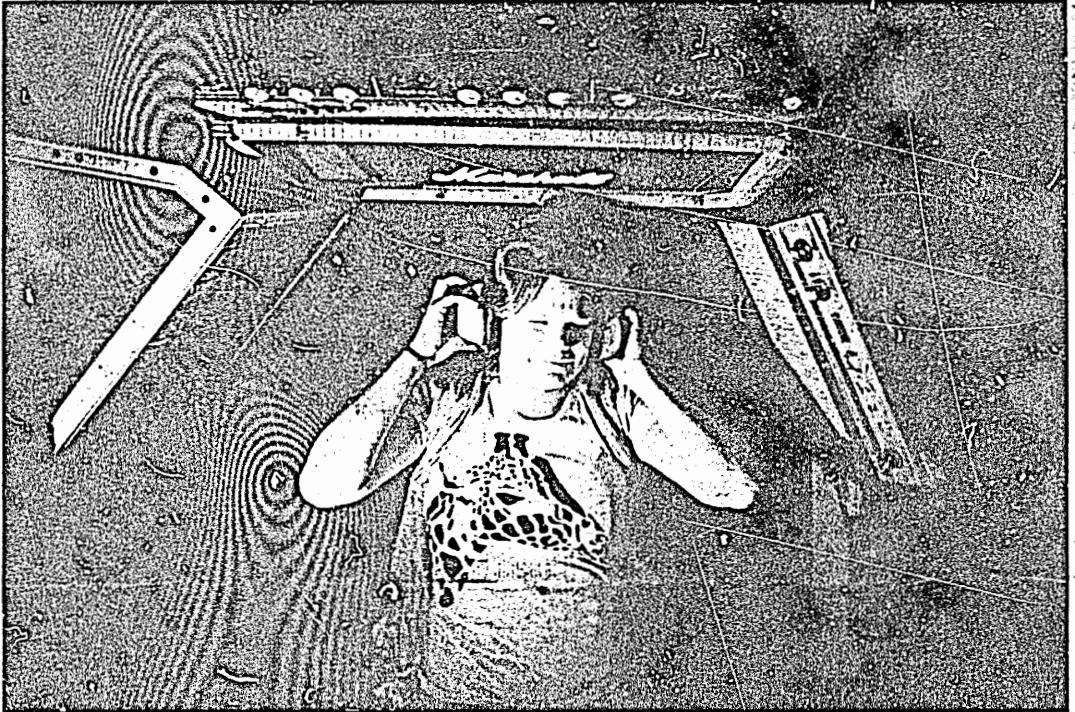
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CAMPUS

Rec Center runs with green equipment

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Todd Herreman, senior lecturer for radio and television, said it is important to conserve hearing. "We have seen a scary trend in the last decade pointing towards listening to audio for long periods of time," he said. "It really is a health issue."

PAT SUTPHIN  
DAILY EGYPTIAN

## Hearing loss rises in volume

SARAH SCHNEIDER  
Daily Egyptian

Benj Kanters says wearing earplugs to save hearing is like wearing a helmet on a motorcycle to save a life.

"Some people don't like to wear a helmet because they like the feel of the air when they ride," said Kanters, an associate professor of audio arts and acoustics at Columbia College. "OK, fine, kill yourself in an accident, or you can decide to wear a helmet and deprive yourself of that little bit of excitement, but know you will

survive an accident. You make a decision."

Kanters said Wednesday at a workshop in the Communications Building that there is an increase in hearing loss in teens through young adults, with no clear evidence or indication of where it came from. He said hearing loss comes from both volume and duration of a person's surroundings.

"People want to listen to their iPods or MP3 players at all times at all costs and are not aware of the damage they are doing to their hearing," Kanters said.

He said a detrimental to the

listener's hearing comes from turning up to the volume to cut out the noise around them. The second factor in hearing loss is the duration the listener spends with the device on, Kanters said.

"If the volume is only moderately loud, but you listen to it eight hours a day, it can cause damage," he said. "You can sustain loud for a short period of time and you can suffer loss from not so loud but for a long period of time."

Todd Herreman, senior lecturer of radio and television at SIUC, said there is a trend in hearing

loss for people growing up in a generation of technology.

"We are starting to get data that is showing that because of longer periods of exposure and higher listening levels, noise-induced hearing loss is becoming common," he said.

Jodi Robertson, administrative nurse at the Student Health Center, said being exposed to loud and constant noise is an issue of which students are not aware.

"Utilizing earplugs when they need to and keeping their music at a reasonable volume is something that is a problem," she said.

**P** people want to listen to their iPods or MP3 players at all times at all costs and are not aware of the damage they are doing to their hearing.

— Benj Kanters  
associate professor of audio arts and acoustics at Columbia College

Robertson said gradual hearing loss could be prevented through using earplugs in everyday situations.

Please see HEARING | 6

## King, queen candidates view title differently

LAUREN LEONE  
Daily Egyptian

In the midst of alumni reunions and tailgate parties during Homecoming week, candidates have campaigned for homecoming king and queen for different reasons.

Guillermo Flores, a senior from Villa Park studying speech communications, said he decided to run for homecoming king because he wants to show his parents, who never experienced college, what it's

like to be part of the tradition.

"My parents didn't get to experience anything I'm experiencing now," he said. "I want to show them what it's really like. (I wanted to show them) that I can get all I want out of college."

Flores said he sees the difference between when he was elected as homecoming king at his high school and his experience campaigning for the same title at a university and doesn't care if his name is announced at Saturday's

football game.

"It's just about celebrating homecoming at the new stadium," he said. "I understand me winning homecoming king is not going to end world hunger."

Don Castle, assistant director for the Student Center, said any student, junior or above, can apply for candidacy but only five men and five women are selected for homecoming court. He said 12 students applied for candidacy this year.

Castle said applicants are asked

to write essays to explain why he or she should be king or queen which are given to an interview committee consisting of students and faculty.

The chosen candidates began their campaigns Sept. 27, less than two weeks before election results are tallied, he said.

Krystin McDermott, a senior from Beach Park studying speech communications, said she has heavily campaigned for two weeks.

"I think I chalked every side

walk ... on the entire university," she said.

During her campaign, McDermott said she wrote on Twitter to CIL-FM to give her a shout out on the radio.

She said she never ran for homecoming queen in high school and became involved in more organizations when she came to SIUC.

Please see HOMECOMING | 6

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The DAILY EGYPTIAN, the student-run newspaper of Southern Illinois University Carbondale, is committed to being a trusted source of news, information, commentary and public discourse, while helping readers understand the issues affecting their lives.

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- Lecture by Professor Pranab Bardhan from University of California - Berkeley entitled: "Awakening Giants, Feet of Clay: Assessing the Economic Rise of China and India"  
- Sponsored by the Department of Economics and the College of Liberal Arts
- Advanced Grant Development and Administration**  
- 6 p.m. to 9 p.m. Monday and Tuesday, Lawson Hall, Room 231  
- This workshop provides students with information on developing grants  
- If you have any questions please call the SIUC Division of Continuing Education at 536-7751 or fax 453-5680.
- Dr. Andrew Youpa Presentation**  
- 6 p.m. to 7 p.m. Oct. 12 in the Saline Room at the Student Center  
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# Students highlight oral health in October

REBECCA DULL  
Daily Egyptian

Carolyn Harmon, of Herrin, never received a cancer screening at a dentist until she went to the dental hygiene clinic at SIU.

Harmon has been a patient in the dental hygiene clinic for about a year and said the clinic is great for the students to get hands-on experience and for members of the community, like herself, who can't afford to go to the dentist.

October is national dental hygiene month and Jill Murphy, a senior from Bonne Terre, Mo., studying dental hygiene, said she wants to encourage people to take pride in their oral hygiene and let them know they can get their teeth cleaned on campus for an affordable price.

"The students are very thorough. Your mouth is getting looked at carefully and not just quickly. Their work is always looked over by an instructor," Harmon said.

Courtney Nunnery, a senior from Bartlett studying dental hygiene, said the same bacteria found in heart disease is also found in the mouth, which is why going to a dentist is important.

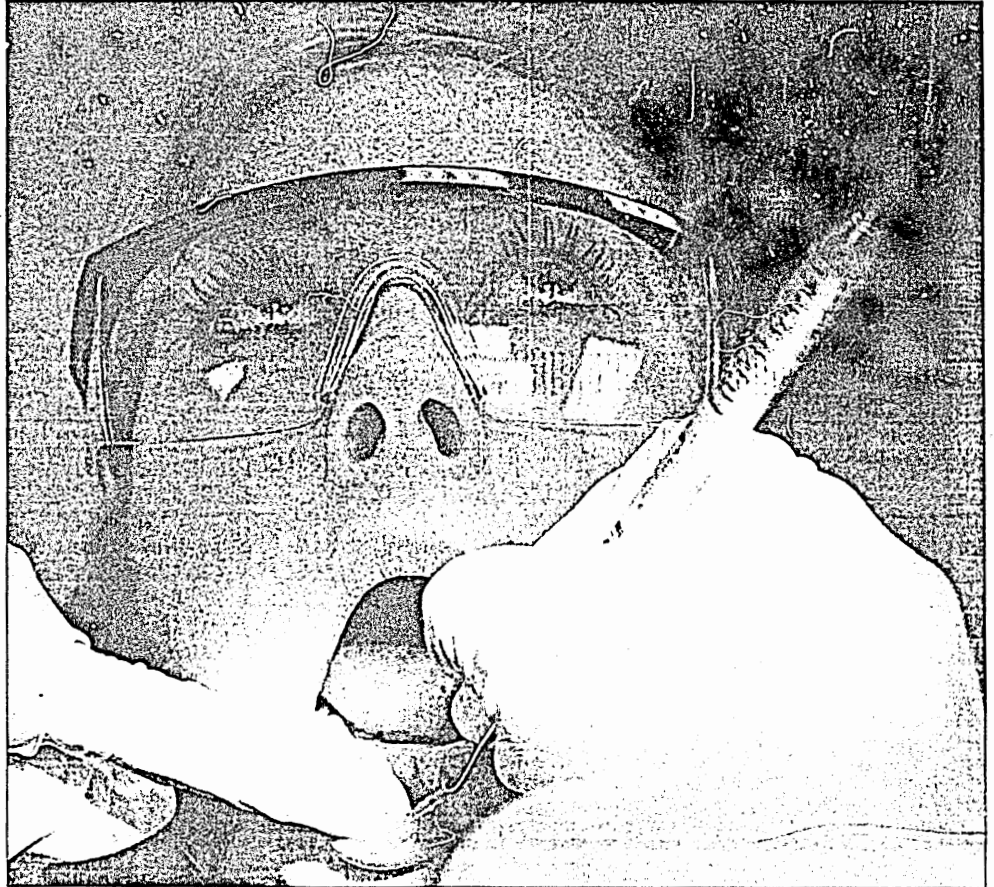
"Your oral health is connected to your overall health," Nunnery said.

Regina Pfister, assistant professor and adviser in the dental hygiene program, said the seniors are doing a poster presentation for Division of Continuing Education at the Student Center from 7:30 a.m. to 2:30 p.m. Friday, which will focus on how overall health and oral health are related. The posters will be judged on effectiveness and creativity, and the winner will be sent to a national convention for the American Dental Hygienist Association.

"We swallow from our mouth and breathe from our mouth, so of course it affects the rest of our body," Pfister said.

Murphy said the clinic, which can be found in the College of Applied Sciences and Arts Building, offers preventative care such as cleaning and screening to an average of 125 people each week, most of which are families.

"We have people driving from two or three hours away to come here and they see us on a regular basis because it is a reduced fee," Murphy said.



ISAACSMITH | DAILY EGYPTIAN

Jill Murphy, a senior from Bonne Terre, Mo., studying dental hygiene and president of the Student American Dental Hygienist's Association, performs a routine cleaning Wednesday on Brittany Lunt, a senior from Rushville studying dental hygiene, in the Applied Science and Arts Building. With October being National

Murphy said the clinic stresses prevention and getting regular cleanings because costs increase as problems get worse. She said if patients need restorative care they are referred to the emergency dental office or to other dentists in the southern Illinois area.

Murphy said SIU is the only school

in Illinois to offer a bachelor's degree in dental hygiene, which certifies graduates to teach at a community college level.

Emily Fessler, a senior from Sterling studying dental hygiene, said in November the clinic collects toys for Operation Christmas Child and organizes food drives throughout the year.

Dental Hygiene Month, the dental hygiene program hopes to help spread awareness about general oral health. Murphy said in rural areas access to dental care is not always available, but she has hope the new federal healthcare package will benefit such areas. "There's already help out there," she said. "But in my opinion, it will help."

She said students also travel to local schools to educate children about the importance of good oral hygiene and the first Friday in February they do free cleanings for children.

"It's called Give Kids a Smile Day, and we usually see about 200 kids that day," Fessler said.

For more information or to schedule an appointment contact the Dental Hygiene Clinic at 453-8826 or visit [www.siu.edu/DH/home.htm](http://www.siu.edu/DH/home.htm).

Rebecca Dull can be reached at [rdull@dailyegyptian.com](mailto:rdull@dailyegyptian.com) or 536-3311 ext. 273.

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# Revisions required for 150 initiative

RYAN VOYLES  
Daily Egyptian

Chancellor Rita Cheng says the blueprint for where the university needs to be on its 150th anniversary must be overhauled.

Cheng said Wednesday her office is in the process of making changes to the Southern at 150 initiative, which established guidelines to help make SIUC one of the top 75 universities in the nation by 2019, the 150th anniversary of the university's establishment.

"Although the target for one of the top 75 research programs in the nation was there, there really wasn't any realistic sense of how we would get there," she said.

Southern at 150 was initiated in 2001 by former Chancellor Walter Wendler, and was unveiled in 2003. Wendler said at the time it would be "a living blueprint for our future."

But a report by the Higher Learning Commission said the blueprint would have to undergo serious revisions.

The commission is an independent corporation which reviews universities in 19 states, from West Virginia to North Dakota, and gives them an "accreditation," which Cheng said is a sign a university is fulfilling its promise to academics and research.

More than 1,200 universities have been accredited, according to the commission's website.

In its accreditation report in June, the commission said although the goals set by Southern at 150 are admirable, the initiative sets unrealistic goals and has no answer on how to achieve them.

"Southern at 150 has reached a point where its vision, priorities and goals must be re-evaluated to ensure that the university not only maintains unambiguous alignment with its mission, but also establishes realistic and attainable goals consistent with changed times," the report stated.

Though the commission accredited SIUC for the next 10 years, its report stated changes would need to be made and presented to the commission during its next visit to campus in 2013.

The 2013 visit is to make sure the university is actually implementing the changes recommended by the commission, Cheng said.

The main problem with the 150 proposal is that it needs to be adjusted to the current situation at the university, including loss of state funding and declining enrollment, said James Allen, director of Assessment and Program Review.

"Look at all of the changes that we have been making in the enrollment management department, and that is

barely even mentioned in the Southern at 150," he said. "We have to face that we have 10 to 15 percent fewer students, less money from the state and yet around the same amount of faculty as we did when this initiative started. We have to decide what we're going to do."

Cheng said Southern at 150's goal of getting SIUC among the top 75 research programs in the nation also did not take into consideration the changes in spending from other universities in the nation who are in better financial situations.

"It's not that we're not doing a good job; it's that the target may be an inappropriate measure of our success," she said.

Cheng said she noticed the flaws in Southern at 150 after she had adjusted to the campus in the spring. She said she has had discussions with the Board of Trustees about possible changes to the initiative even before she received the commission's report.

"The bottom line is we need to be more specific here, and decide what we are going to be even beyond 2019," Cheng said. "We need a plan, not just a vision for the future."

The chancellor's office is preparing a new initiative, Southern at 150 and Beyond: A Strategic Realignment, which Cheng said would have a more active approach to making changes on campus and achieving the university's goals.

There are three different phases to the new initiative, according to a draft of the plans provided to the DAILY EGYPTIAN. The first step calls for a review of the goals set by Southern at 150, and measures SIUC and other universities' progress toward these goals. The second step would recommend new or modified goals, while the third step would state the goals and strategies that could be used to achieve them.

Allen said though the flaws in the 150 program, it still remained important to revise it, rather than remove it.

"That document is essential to the well-being of this university," he said. "It has guided us through enormous difficulties."

Cheng said although the changes do not have to be presented for three years, it is important for the university to start preparing and implementing the changes now.

"As far as setting up broad parameters of who we are as a university, we will be working on that now, in 2011 and in 2012," she said. "That way, we will have it done by the time they come back."

Ryan Voyles can be reached at [rvoyles@dailyegyptian.com](mailto:rvoyles@dailyegyptian.com) or 536-3311 ext. 254.

## SOUTHERN AT 150 AND BEYOND A STRATEGIC REALIGNMENT

PHASE 1	PHASE 2	PHASE 3
<b>Review</b> <ul style="list-style-type: none"> <li>Review S-150 Goals</li> <li>Measure SU Progress</li> <li>Progress of Peers</li> </ul>	<b>Critical Examination</b> <ul style="list-style-type: none"> <li>Examine major underpinning of S-150 (values, goals, peers, etc.)</li> <li>Recommend new or modified goals and metrics</li> </ul>	<b>Review</b> <ul style="list-style-type: none"> <li>Develop clear, concise statements of vision, goals, strategies and assessment metrics</li> <li>Internal review and feedback process</li> <li>Celebration of Excellence</li> </ul>

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# Voices

Thursday, October 7, 2010 • 5

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GUEST COLUMN

## Fight sexual assault with little steps or 1,800 miles

**Tara Kulash**  
sophomore studying journalism

I couldn't just forgive and forget when Josh Phillips said one in four women is sexually assaulted in her life.

Phillips spoke Saturday at the SIU Fall Leadership Conference about his 1,800-mile walk to fight sexual violence. During the lecture, Phillips told the audience members to imagine four important women in their lives. He said one of those four women would be sexually assaulted at some point in her life.

I felt a sting in my eyes and spent the rest of the session trying to hold back tears. One of the women I imagined actually has been a victim of sexual violence. The issue hit home with me and became more real than ever. I get angry and was overwhelmed by helplessness.

Phillips fights that helplessness. He joined the Sexual Aggression Peer Advocates at Central Michigan University in 2003 and, in 2008 with two other advocates, created the group East Coast Walkers. They walked 1,800 miles from Miami to Boston, with nothing in their backpacks but survival essentials and one extra set of clothes to raise awareness about sexual aggression and listen to survivor's stories.

I've always tried to live by the forgive and forget motto, but Phillips' lecture made me want to strike full vengeance. If it upset me this much, I could only imagine my friend's pain and isolation. And if sexual assaults happen to one in four women, they have happened or will happen to more women I know.

I don't want to believe it. I want to

believe that sexual violence is a story, not a real experience. I hate that so many of the women I'm close to might become victims.

We shouldn't have to deal with this and then go on with our daily lives like nothing happened, but it seems like that's what it's coming to. Women are often expected to just accept sexual assault and harassment without complaint. Can you blame assaulted, harassed women for not wanting to talk? Not only is it embarrassing, but our culture also tends to suggest that we bring it upon ourselves. Men, and even women, accuse victims of being whores and tease, of having it coming for the way they dress or behave. I didn't realize women aren't allowed to take pride in their curves. Next time I go out, I'll be sure to wear a pair of

sweatpants and a sign that says, "Please, do not rape me."

Apparently, it's not fair of us to go out and look sexy. The men at the bars, whose instinct to mate with as many of the females as possible, will say, "Her pretty?" and pounce. And it's entirely our fault. Men have needs, and we must meet them. Otherwise, we're stuck with the reputation of a tease or a bitch. I don't know about you, but I think we're getting the short end of the stick.

This is the 21st century. Women have come a long way and become just as successful as men. Why are there still people who find it OK to exploit us?

I think they're threatened. For years, men were considered smarter, faster and stronger than women. We've proved ourselves, but some men are still in denial. It's a constant

power struggle with them, and they think establishing dominance will help to boost their egos. Well, I'm sorry, but raping a woman won't change the status or size of your manhood.

I am in no way trying to lash the male population as a whole. There are plenty of sweet, genuine guys out there like Josh Phillips, who believe in women's rights, too. In fact, I'm glad there are men out there speaking for us.

Phillips' advice to us was to become an advocate in the fight against sexual violence in small ways. What a degrading song comes on the radio, change it. When a friend makes a sexist joke, tell him or her you don't appreciate it. Chances are, the rest of the group will agree. Together with Phillips we can fight the war on sexual violence, one step at a time.

Column Continuation

## Supreme Court's conservative majority is making its mark

**Erwin Chemerinsky**  
McClatchy Tribune

As the Supreme Court begins its new term, its sixth with John G. Roberts Jr. as chief justice, the reality is that this is the most conservative court since the mid-1930s.

Since Richard Nixon ran for president in 1968, conservatives have sought to change constitutional law, and they have succeeded in virtually every area.

During the first years of the Roberts court, it has consistently ruled in favor of corporate power, such as in holding that corporations have the First Amendment right to spend unlimited amounts in independent political campaigns. For the first time in American history the high court has struck down laws regulating firearms as violations of the Second Amendment and held that the Constitution protects a right of individuals to possess guns. It has dramatically cut back on the rights of criminal defendants, especially as

to the exclusion of evidence gained through illegal searches and seizures under the Fourth Amendment and the protections of the Fifth Amendment's privilege against self-incrimination. It has greatly limited the ability of the government to formulate remedies for the segregation of public schools. It has significantly expanded the power of the government to regulate abortions.

As always, the composition of the court is a product of historical accident and presidential elections. From 1968 to 2009, there were only two Democratic appointees to the Supreme Court, Ruth Bader Ginsburg and Stephen G. Breyer, in part because former President Jimmy Carter was one of the few presidents who did not get to fill a vacancy. Republican Presidents Richard Nixon, Gerald Ford, Ronald Reagan and both George Bushes had a total of 12 vacancies to fill, and their picks included four staunch conservatives who are now on the court: Roberts, Antonin Scalia, Clarence Thomas and Samuel A. Alito Jr.

On the issues that today define the ideological continuum, these four justices are as conservative as any in American history. Their views are best understood far more by reading the 2008 Republican Party platform than by studying the views of the Constitution's framers.

If the court is split five to four, as it often is in the most high-profile and important cases, these four justices can usually count on being joined by Justice Anthony M. Kennedy. Last term, for example, there were 12 cases in which Roberts, Scalia, Thomas and Alito were on one side, with Stevens, Ginsburg, Breyer and Sonia Sotomayor on the other. Kennedy sided with the conservatives in nine of these cases and with the liberals in only three. Similarly, the year before, 16 decisions were split five to four along ideological lines, and Kennedy sided with the conservatives in 11 and with the liberals in five. During the five years of the Roberts court, Kennedy has been with the conservatives more

than twice as often as with the liberals in ideologically split 5-4 decisions.

It is easy to lose sight of how successful conservatives have been in changing constitutional law. Each individual decision only gradually changes the law. Conservatives have not prevailed in every decision of the Roberts court. In some areas, the conservative agenda hasn't succeeded — It has not overruled *Roe vs. Wade* or declared all affirmative action to be unconstitutional. But it is wrong to generalize from these areas and miss the overall conservative impact on constitutional law.

There is no reason to think this term will be any different as the court considers major issues concerning the separation of church and state, the ability of states to regulate immigration and the rights of criminal defendants. And in the following term or two, the court will be asked to consider major issues such as the constitutionality of the federal healthcare bill, the ban on marriage equality for homosexuals, and Arizona's

law requiring state and local police to enforce federal immigration laws. The healthcare litigation, which is now pending in federal district courts, will provide the best sense of whether this court will return us to the 1930s, when five conservative justices struck down federal laws adopted with the New Deal.

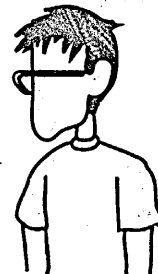
The court's conservative majority could last another decade no matter who wins the White House in the next presidential elections. Absent unforeseen circumstances, Roberts, Alito, Thomas, Scalia and Kennedy will likely be on the court beyond when President Barack Obama leaves office, even if he is a two-term president.

It is a court for conservatives to rejoice over and liberals to bemoan. And it is likely to stay that way for years to come.

*Erwin Chemerinsky is dean of the UC Irvine School of Law and the author of the book "The Conservative Assault on the Constitution."*

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Submissions

Letters and guest columns must be submitted with author's contact information, preferably via e-mail. Phone numbers are required to verify authorship, but will not be published. Letters are limited to 300 words and columns to 500 words. Students must include year and major. Faculty must include rank and department. Others include hometown. Submissions should be sent to [voices@dailyegyptian.com](mailto:voices@dailyegyptian.com).

Notice

The DAILY EGYPTIAN is a "designated public forum." Student editors have the authority to make all content decisions without censorship or advance approval. We reserve the right to not publish any letter or guest column.

HEARING

CONTINUED FROM 1

Kanter said wearing earplugs is the key to save hearing. He said though earplugs muffle noise, people need to become accustomed to wearing them.

Kanter said he thinks the roaring crowd at sporting events effects noise-induced hearing loss.

"I read a statistic that Stanley Cup games have been measured out to only 15 minutes of safe exposure time; 15 minutes at a hockey game, I don't think so. So what do you do? You put in earplugs," he said.

Kanter said hearing loss could be prevented when the individual is willing to admit that something is too loud.

"Our sense of noise level and loudness is something none of us have developed," he said.

Another way hearing loss can be prevented is by doubling the distance between yourself and a sound source, Kanter said. He said it will decrease the intensity by one half.

Herreman said given this information, he hopes students will al-

ter their behavior for their health.

"What we want to stress with this is not only being aware of how your hearing works, but how to conserve it," he said.

Robertson said the Health Center provides students tests for students who think they have hearing problems.

Kanters said he thinks noise measurement and volume will soon

be a prevalent issue in society.

"We wear sunglasses for our eyes, but we don't do anything to protect our ears," he said. "If it is too loud, you have to put some earplugs in and get away to protect your ears," he said.

Sarah Schneider can be reached at [sschneider@dailyegyptian.com](mailto:sschneider@dailyegyptian.com) or 536-3311 ext. 259.

HOMEcoming

CONTINUED FROM 1

McDermott is the vice president of the sorority Sigma Kappa and has also served two years as a senator and one year as chief of staff for Undergraduate Student Government, she said.

"It's a good way to show people by working hard. It pays off," she said.

McDermott said she hopes voters look at the candidates' campus involvement rather than it becoming a popularity contest. She said although she would love to win, being on homecoming court is an honor in itself.

Ryan Lichtenstein, a senior from Carol Stream studying radio-television, said he decided to run for homecoming king to

mock the process he considers a popularity contest.

"I think it's kind of silly," he said. "It makes sense in high school because you have the popular and unpopular kids, but in college, I almost feel like we're all equal."

He said he believes he has campaigned differently than what students are used to, and wrote his cell phone number when "chalking" campus, inviting people to hang out.

"No one's called me and I'm pretty bummed about that," he said.

Lichtenstein said he attended an event Monday in the Student Center wearing a raccoon hat and smoking a cigar, telling people it was his typical Monday attire.

"I'm not in a sorority so I don't

have a bunch of cute girls who can hand things out," he said. "But I did get a lot of people laughing, and a lot of strange looks."

Flores said he hasn't been too stressed while campaigning with the help of friends and support from his fraternity, Phi Kappa Tau.

"People are changing their Facebook statuses and telling people to vote for me and helping me chalk the campus," he said.

Lichtenstein said although becoming homecoming king isn't something he would put on his résumé, he said he does not mind the attention.

"It's a popularity contest, but damn it, I'd like to win," he said.

Lauren Leone can be reached at [lleone@dailyegyptian.com](mailto:lleone@dailyegyptian.com) or 536-3311 ext. 255.



STEVE BERGCZYNSKI | DAILY EGYPTIAN

Ryan Lichtenstein, a senior from Carol Stream studying radio-television, attempts to win students' votes for homecoming king Wednesday outside Morris Library. "Running seemed like a fun thing to do, a good excuse to make funny things and post them up all over campus," Lichtenstein said.

# DD Dawg program awareness dries up

LEAH STOVER  
Daily Egyptian

Free soft drinks, cover and free food are the incentives for giving up alcohol for a night and being a designated driver.

DD Dawg, a program from Saluki Project Ignition, allows students interested in receiving a designated driver to receive free non-alcoholic drinks, and in some cases, free entrance to bars and free appetizers in Jackson County. Project Ignition is a Registered Student Organization that aims to improve road safety.

DD Dawg started in 2008, with the support of 22 businesses, said Michelle McLernon, coordinator for outreach programs at the Wellness Center. She said 48 businesses now

support the program.

But Jesse Sinadinovs, a junior from Mokena studying radio-television and president of Saluki Project Ignition, said getting the word out to students about the program has been difficult.

"It's hard to advertise and really get the word out right now because we haven't had many people join it," Sinadinovs said.

Sinadinovs said he became president of the program in 2009, and has spent a hefty amount of time advertising the program on campus. He said he and McLernon have passed out pamphlets around campus advertising the program, and have had a sign-up sheet where students can put their name down and receive a DD Dawg card, he said. Sinadinovs said advertising giveaways have included

key chains and coozies.

Instead of setting up a direct transportation service like in the past, Sinadinovs said the benefits of free beverages and appetizers are used to encourage students to remain sober.

Saluki Project Ignition received a \$3,000 grant Friday from State Farm's Safe Neighbors Program.

Pete Oglesby, a State Farm representative, presented the award during a ceremony in the Wellness Center. The money is used specifically for Project Ignition, but will also help DD Dawg fund the marketing and advertising aspects, Oglesby said.

McLernon said more than 500 people have signed up for DD Dawg, but it's difficult to track how often it is used.

"Originally we had 22 businesses on

board, and we were all very excited," he said. "Now the wineries are on board and almost every establishment in Jackson County that has a liquor license."

Matt Longueville, part-owner of Tres Hombres, said the program is a good way for students to enjoy the Carbondale nightlife without drinking.

Tres Hombres advertises the program throughout the bar and restaurant areas, both in the main entryway and behind the bar, but the DD Dawg cards are used sparingly, Longueville said.

Dave Brown, a manager at Quattros, said the program isn't used as often as he would like.

"I would like to see it used more on Wednesdays when we have our beer and pizza special, but it rarely is," he said.

McLernon said the program would have a table at the homecoming tailgate Saturday, and she said she is looking into creating a social networking website in the future.

"Students hear about it and they get excited, especially if they don't already drink it gives them a reason to go out with their friends and enjoy that social scene," McLernon said.

Longueville said he hopes the program takes off in the future.

"This is a way that students can go out, and in my case, go see a good band for free and help out their friends by being their designated driver," he said.

Leah Stover can be reached at [lstover@dailyegyptian.com](mailto:lstover@dailyegyptian.com) or 536-3311 ext. 255.

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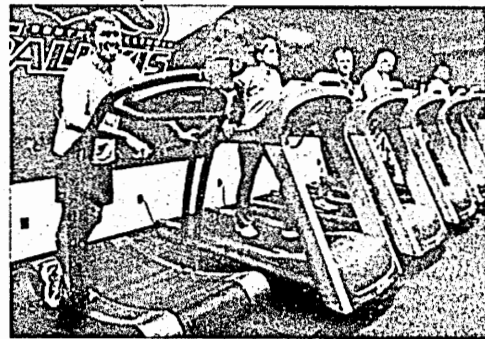
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EDYTA BŁASZCZYKA | DAILY EGYPTIAN

Josh Rives, a freshman from Carlinville studying elementary education, finishes running on the new Eco-Mill treadmill Tuesday at the Recreation Center. The manually powered treadmill was brought into the center at the beginning of the school year and is one way the university is going green. "I can do 20 minutes on a regular treadmill, but after five minutes on this I felt like I was about to die," Rives said.

## Recreation Center takes steps toward an eco-friendly facility

SARAH SCHNEIDER  
Daily Egyptian

Being cautious of what resources she has and what resources she won't have in the future is an important responsibility for Beth Marcocot.

Marcocot, a graduate student in therapeutic recreation from Greenville and committee member for the Recreation Center's "Green Team," said looking for long-term sustainability while being cautious of spending and resources is the committee's goal for the 30-year-old building.

One of the committee's recommendations to the facility was for eco-friendly fitness equipment, she said.

"When you are looking to update old equipment that you need to change out, looking for (something) efficient, user-friendly and green is something we are always looking towards," Marcocot said. "This was an opportunity for us to be conscious about our power consumption and work to provide more equipment in the facility that is self-generated."

At the beginning of the semester, the Recreation Center purchased two user generated treadmills that use no electricity called "Eco-Mills," said Lynn Thompson-Cundiff, assistant director of fitness. She said fitness equipment is just one area the center is trying to make changes in.

"We have made great strides in changing out everything from light bulbs, to computer usage (such as) turning off the monitors; just every little thing makes a difference somewhere," Cundiff said.

Come Prozesky, associate director of facilities for recreational sports and services, said a sustainability committee of students for the Recreation Center tries to educate staff and make recommendations of ways to save energy and what to look for when purchasing equipment.

Marcocot said the sustainability committee tries to look at the small aspects of going green, such as purchasing hands-free Hydration Stations.

Three new drinking fountains, installed in August, have a filling station for water bottles and a counter that shows how many plastic bottles the user saved by using a reusable bottle.

Prozesky said in the first month of use the fountains have saved more than 3,000 plastic water bottles. He said the push for using reusable bottles would involve students bringing in a certain amount of plastic bottles, and the students would receive a reusable one with the promise they will use it at the center.

The committee is trying to contact the Illinois Environmental Protection Agency to co-sponsor the initiative to get students to use reusable bottles, Prozesky said.

He said scheduling both lights and the air handlers at the facility are two other ways the center is trying to save resources.

The air handlers, units used to condition and circulate air in the center, are responsible for 80 percent of the energy used in the building, so a scheduling system was put in place to turn them on and off, he said.

Prozesky said the center tries to keep the lights off whenever areas are not being used, especially in the morning, and it makes a substantial difference.

The center received a \$40,000 grant in December that may help the center save as much as \$25,000 a year, he said.


He said the grant helped the lights in the two gymnasiums to be replaced, and they can now be turned on and off to save electricity.

"For me and my department, it is very important to be conscious of the fact that we can always save energy in our facility," Prozesky said. "Resources are going to run out sometime and we have to be responsible now for the future. We can't bury our heads in the sand and not do anything about it right now."

Sarah Schneider can be reached at [sschneider@dailyegyptian.com](mailto:sschneider@dailyegyptian.com) or 536-3311 ext. 259.


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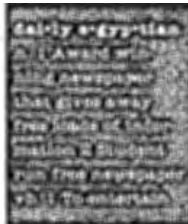
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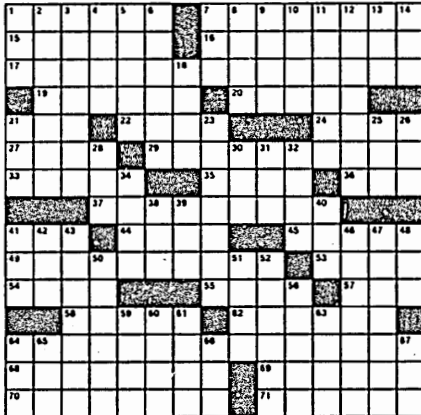
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  - Own up to
  - Pierre's peeper
  - Easton theater genre
  - 'Utility company network
  - Fig leaf's outer edges?
  - iPod model
  - Surprise at the door
  - '1990s-2000s kids' show starring a pooch named for its color
  - Rowlands of "Gloria"
  - Gets free, as a smoke
  - Flub
  - Highest power?
  - One in a cast
  - Conceive
  - Where this grid's starred answers ends have particular relevance
  - Woo, in a way
  - Tied
  - Snuck up on, perhaps
  - Ritual repasts



By Donna S. Levin

- Unit quantified in a subscript
- Secondary
- Having lovely panoramas
- 'This tape will self-destruct in five seconds' fictional spy org.
- Modernists
- Gloat
- Johnson of "Laugh-In"
- 'Frankly, ...'
- Poker face's lack
- VCR's "Go back"
- Abby's twin
- Bell-shaped lily
- Oklahoma city
- Lovely-dovey
- British mil. honor
- Resilient wood
- Nurse
- Data for a neurologist, briefly
- Broadcast
- Hair holder
- Loads
- WWII female
- It usually shows more detail: Abbr.
- Follow closely

### Wednesday's Puzzle Solved

S	T	E	P	E	L	M	S	K	A	R	M	A
D	I	A	L	M	O	E	T	A	V	I	A	N
A	L	V	A	M	B	N	A	T	I	M	O	N
K	E	E	N	E	Y	E	D	B	I	R		
E	N	L	S	S	O	I	B	A	T			
C	J	S	C	O				O	H	A	A	U
O	L	D	L	U	N	A	R	L	A	N	D	E
N	A	T	R	N	Y	E		O	D	O	R	
T	W	O	U	N	D	E	R	P	A	R	H	U
H	E	C	T	O	R			U	B	O	A	T
E	D	Y		T	A	C		A	S	I	S	
H	I	G	H	E	S	T		S	C	O	U	T
M	E	D	I	C	A	P	S	E		A	L	B
A	D	O	R	E	R	E	A	R		R	E	E
T	U	N	E	D		M	E	D	E		S	O

- Wane
- Swine
- Indonesian island
- Compound used as a lab solvent
- Two, for one
- 'Never mind'
- Artist known for spatial impossibilities
- Part of QE2: Abbr.
- Walks like a crab
- Irk
- Big top, for one
- Official gem of South Australia
- Brusque
- Mimickod
- CIA predecessor
- Safety device
- The London Zoo has one
- Ms. evaluators

## Horoscopes

By Nancy Black and Stephanie Clement

**Today's birthday** — Financial matters improve as you identify what you truly need, aside from what you merely desire. Work progresses well as you see possibilities in everything around you. Your optimism increases as you imagine new plans and execute them intelligently.

**Aries (March 21-April 19)** — Today is a 5 — Align minds and hearts to work closely with a partner. Take advantage of a shared dream. Money causes problems if you go in separate directions.

**Taurus (April 20-May 20)** — Today is a 5 — Anxiety increases if you focus too closely on what others are doing. Instead, try working with one partner for maximum productivity.

**Gemini (May 21-June 21)** — Today is a 5 — Your attention divides between household matters and a lucky travel opportunity. You can only take one person with you, unless you pay personally.

**Leo (July 23-Aug. 22)** — Today is a 5 — You get important news from an unusual source. This person rarely sticks to the facts, so take what they say with a grain of salt. Sit for the gold.

**Virgo (Aug. 23-Sept. 22)** — Today is a 7 — A close associate surprises you with ideas you never expected to hear from that direction. Take time to consider. What seems unworkable only needs a tweak.

**Libra (Sept. 23-Oct. 22)** — Today is a 6 — There seems to be an increase in the internal chatter volume, like an oncoming train. Count to ten, then decide whether to board. You could just play the radio.

**Scorpio (Oct. 23-Nov. 21)** — Today is a 5 — Your best ideas will emerge from the consideration of a recent dream or quiet contemplation. Share your visions with a favorite person and take notes.

**Sagittarius (Nov. 22-Dec. 21)** — Today is a 6 — Get together with one other person in secret to develop your plan. Make a group announcement to share your views only after both of you agree.

**Capricorn (Dec. 22-Jan. 19)** — Today is a 5 — Careen efforts move in your direction now. Wait until tomorrow to begin your next push. Group members come on board by then.

**Aquarius (Jan. 20-Feb. 18)** — Today is a 5 — Even though others seem tense or worried, you can relax. Share your cheerfulness and optimism. It's contagious, and they really need it now.

**Pisces (Feb. 19-March, 20)** — Today is a 6 — You get a bright idea that upsets the plans of others. At first, they fuss. But soon they relax into a new perspective. Aren't you lucky?

## JUMBLE

Unscramble these four Jumbles, one letter to each square, to form four ordinary words.

**DUMON**

○ ○ ○ ○ ○

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**KECHO**

○ ○ ○ ○ ○

**WADROC**

○ ○ ○ ○ ○

**TOLBET**

○ ○ ○ ○ ○

Ans: " ○ ○ ○ ○ ○ "

## THAT SCRAMBLED WORD GAME

by Mike Argilron and Jeff Knurck



WHAT THE MASON FACED WHEN HE WAS LET GO.

Now arrange the circled letters to form the surprise answer, as suggested by the above cartoon.

○ ○ ○ ○ ○

(Answers tomorrow)  
Wednesday's Jumbles: **GUILE PRINT BRONCO PAUNCH**  
Answers: Why the coach played the rookie receiver? — HE "CAUGHT" ON

The Duplex

# SUDOKU

THE SAMURAI OF PUZZLES By The Mepham Group

Level: **1 2 3 4**

Complete the grid so each row, column and 3-by-3 box (in bold borders) contains every digit 1 to 9. For strategies on how to solve Sudoku, visit [www.sudoku.org.uk](http://www.sudoku.org.uk)

			8					7
	2		6		4			9
9			7					4
		4	3		2	8		
				5				
		2	8		6	1		
7					5			2
	3		4		7		8	
4				6				

### WEDNESDAY'S ANSWERS

5	7	4	8	1	3	6	2	9
3	1	9	5	2	6	4	7	8
6	2	8	9	4	7	5	3	1
9	3	6	2	7	5	8	1	4
1	5	7	4	9	8	3	6	2
8	4	2	6	3	1	9	5	7
4	9	1	3	5	2	7	8	6
7	8	3	1	8	9	2	4	5
2	6	5	7	8	4	1	9	3

# D.E. Daily Bark

Wide receiver Randy Moss returned to his former team, the Minnesota Vikings, who are quarterbacked by future hall-of-famer Brett Favre. Are the Vikings an instant contender for the NFC championship with the addition of Moss or will it be a battle of egos between the two?

Moss and Favre will be one of, if not, the most lethal quarterback-receiver combination in the NFL. Both are future hall-of-famers and having them on the same team greatly increases the Vikings' chances of not just getting to the Super Bowl, but winning it as well.



**BRANDON COLEMAN**  
bcolemangedailyegyptian.com

It doesn't matter. Brett Favre could have Christ himself, as a wide receiver and he'd still throw a season-shattering interception at some point.



**NICK JOHNSON**  
njohnsondailyegyptian.com

Wow, Coleman. Vikings win the Super Bowl? No way. Just because they have a good receiver doesn't mean defenses will not guard him. Adrian Peterson will hold on to the ball or Brett Favre will drink from a fountain of youth. Minnesota will be done playing football after Week 17 of the regular season.



**BRANDON LACHANCE**  
blachancedailyegyptian.com

## from the Pound

### Today's question:

What's your prediction for the Southern Illinois vs. Northern Iowa game Saturday? Who will win and why?

Please submit all responses with your full first and last name to [njohnsondailyegyptian.com](mailto:njohnsondailyegyptian.com). The best three answers will be published in Friday's edition, along with another question to answer.

### STAFF COLUMN

# Finally, baseball games that matter



The MLB playoffs have begun and there are now baseball games with significant meaning. While waiting out a relatively insignificant 162-game regular season from April to October each year, I have the same thought: When will the playoffs get here?

But there's some excitement surrounding the MLB. If only a Chicago team had made the postseason.

Well, neither the Sox or the Cubs were good enough to advance, but some great matchups began Tuesday.

The National League matchup of the Cincinnati Reds and the Philadelphia Phillies is my favorite series of the playoffs because the Reds have put together the best batting lineup in the league, while the Phillies have a dominant pitching staff with the Roys: Halladay and Oswalt. Halladay is the first 20-game winner in Philadelphia since 1982. In the first game of the series, Halladay became the second pitcher in post season history to throw a no hitter.

If the Reds can win this series, my vote for MVP goes to Joey Votto. He has 37 home runs and 113 runs batted in. Both teams are tough, but the Phillies have playoff experience in

their favor. Although Halladay blew the Reds away in game one, the Phillies will lose to the Red in the five-game series 3-2.

The Texas Rangers vs. Tampa Bay Rays series pits phenomenal Rangers pitcher Cliff Lee against the great batting lineup of the Rays. If the Rangers swing the bat as well as they did the last few weeks of the regular season, then there will be Evan Longoria defensive highlights, since he is one of the best defending infielders in the league. The Rays have the better team. They'll win the series, losing only the game Lee pitches.

The New York Yankees-Minnesota

Twins series is the one I couldn't care less about. Derek Jeter and Alex Rodriguez get enough media attention and the team in general doesn't need another banner. I'll never want a team in the American League Central Division to do well except the White Sox, so the Twins should miss their plane. The Yankees will win by forfeit. It's a win, but at least they'll be out of playing shape and not ready for the Rays.

The last playoff series is pretty much as useless as the regular season. The Braves have fallen apart after their great start and the San Francisco Giants only made it because the San Diego Padres collapsed. It doesn't

matter which team wins this series. Neither of them can beat the Reds or Phillies.

The MLB postseason is usually enjoyable, but this year it has to pick up the pace from the boring regular season. With that said, the best World Series matchup would be the Reds and the Rays. It would be a battle of two teams that came from the bottom of their divisions to rule the MLB.

Votto for president if the Reds win the championship for the first time since 1990.

Brandon LaChance can be reached at [blachancedailyegyptian.com](mailto:blachancedailyegyptian.com) or 536-3311 ext. 282.

# Minnesota gets Moss from New England in trade

**JON KRAWCZYNSKI**  
The Associated Press

MINNEAPOLIS — When Randy Moss first came to Minnesota 12 years ago, he electrified a stagnant franchise and immediately turned the

Vikings into Super Bowl contenders. Now the Vikings need him to do it again.

The New England Patriots traded the seven-time Pro Bowl receiver on Wednesday, giving Moss the exit he expected all along and sending him

back to the place where he became a superstar.

"He is a tremendous competitor and was an integral member of the Vikings organization," Vikings coach Brad Childress said in a statement. "Once again, ownership

was completely supportive of our efforts to add a valuable football player to our team. I know the entire organization is thrilled to welcome him back to the Twin Cities."

ESPN and Foxsports.com reported the Patriots will receive a

third-round draft pick.

The Vikings play at the New York Jets on Monday night, and they are only three and a half weeks away from an Oct. 31 game in Foxborough, Mass., against the Patriots.

### FRESHMEN

CONTINUED FROM 12

The women's golf team has two freshmen who share the same last name: twins Cassie and Ashleigh Rushing. Although they're new to SIU, they're not new to the area because they live with their parents in Marion and commute to school, Cassie Rushing said. The sisters said the family support is extremely important while taking tough classes and practicing from 2:30 p.m. to 7 p.m. every day.

Jake Lucheon, a freshman swimmer from Knoxville, Tenn., said he has to do more homework than he is used to, and between swimming and school, he doesn't have much free time. The swim team swims for an hour every morning and has a two hour practice later in

**66** We know we have to work for something now instead of being given the positions.

— Emily Less  
freshman right side volleyball hitter

the day, he said.

The two main lessons the upperclassmen tell Lucheon are to not cheat on workouts and to be on time for every meet; so far, he is doing both and getting his homework done, he said.

Freshman student-athletes have the Trout Wittmann Center to go to for study time and to finish other homework. Ashleigh Rushing said she and other freshman are required to go to the center six hours a week from Monday to Friday. The center gives her the opportunity to read, do homework and meet other

student-athletes, she said.

"I have to be there. I might as well do something, so I get my homework done," Ashleigh Rushing said.

Whitehead's teammate Emily Less said it's weird to have to look up at the top of the ranks again, but it makes her, Whitehead and fellow freshman outside hitter Ely Braaten work harder to earn starting positions on the volleyball team.

"We know we have to work for something now instead of being given the positions," Less said.

The three volleyball freshmen

are typical gym rats; they come to practice early and leave late, Less said.

Besides working on their game in practice, the freshmen use other methods of progression such as talking to more experienced teammates, Whitehead said. The older Salukis tell the new players what they should work on and give them court tips such as where they should be in certain game scenarios, she said.

"They teach us how to compete at this level," Whitehead said. "We each have a senior at our position who helps us by telling us their experiences"

Braaten said seniors Jennifer Berwanger, Jasmine Conner, Alicia Johnson and Sydney Clark are role models because of their help on and off the volleyball court.

Redshirt freshman cross country

runner Lucas Cherry said the older runners set an example in their own lives for him and tell him to stay focused on what will benefit him in the future. In 2009, the Saluki cross country team's grade point average was one of the top 10 best in the nation out of all cross country teams, he said.

Cherry has a 4.0 GPA, runs on the cross country team, works part-time, volunteers for his church and does extra activities with the Reality Youth Ministries. He said he gives all the credit to the planner he keeps.

"One thing I've learned is time management, and getting used to a busy schedule," Cherry said.

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BANTER

## Does Moss trade make Vikings a Super Bowl favorite?

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STAFF COLUMN

## MLB post season picks

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### DAWG POUND

# Potential RSO status for Dawg Pound raises questions, concerns

BRANDON COLEMAN  
Daily Egyptian

The Dawg Pound can become more recognizable in the community and get back the 1,600 members it had in 2007, when the Salukis reached the NCAA Sweet 16, if it were a Registered Student Organization, says former Dawg Pound President Kaitlin Fisher.

"There is almost zero doubt in our minds that if we could have become a RSO, the Dawg Pound would have seen an enormous growth," Fisher said.

Senior Jay Glogowsky, founding president of the Dawg Pound, and Assistant Athletic Director in Marketing Mark Gazdik planned to make the Dawg Pound a RSO but the application was pulled in 2007, Gazdik said. Gazdik said he was not satisfied with the group's structure at the time.

Since 2007, no student board director has returned to finish the application, Student Development Administrator Ellen Auld said.

Current Dawg Pound President Kayla Rang, a senior in biological science, said the Dawg Pound is not structured to the point where it would be possible to become a RSO, but it could be in years to come, she said.

Along with filling out an application to become a RSO, the Dawg Pound needs a constitution, a statement of the group's purpose, a petition signed by at least 10 members and a full-time staff or faculty member as an adviser, Auld said.

Gazdik said the Dawg Pound needs



A Saluki fan watches from the stands surrounded by University of Illinois fans during a 35-3 loss Sept. 11 at the Memorial Stadium in Champaign. Some people say there are benefits to the Dawg Pound becoming an RSO, but others say the group needs more structure before it can make the leap.

EDYTA BŁASZCZYK  
DAILY EGYPTIAN

time to develop before it can mimic University of Illinois Champaign-Urbana's Orange Crush cheering section, he said.

Marcus Abston, a graduate student in zoology and president of the Native American Student Organization, said he doesn't want the Dawg Pound to become an RSO because it would take up too much of the student government's money.

Abston said he appreciates Dawg

Pound members' enthusiasm and admires how they are the x-factor in games, but sees the group as a social club rather than a RSO.

"You also have to question how many are in the Dawg Pound just to see the sports games versus those that want to help the community," Abston said.

Undergraduate Student Government President Marcus King said no smaller groups would be affected by

the Dawg Pound becoming an RSO because the student government allocates money for organizations to sponsor events only. The event has to be open to all students or USG cannot fund it, he said.

Fisher said she does not hold a grudge against Gazdik or the athletics department, but strongly believes the Dawg Pound would have more members and be more profitable to athletics if it were an RSO.

Gazdik said for the Dawg Pound to transition to an RSO it needs to be more than a force at games — it needs to do community functions such as running canned food drives, volunteering in soup kitchens and donating time at the Boys and Girls Club of Carbondale.

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### ATHLETIC DEPARTMENT

# High school stars start over as college freshmen



GENNA ORD | DAILY EGYPTIAN

Cassie Rushing works on homework Wednesday alongside her twin, Ashleigh, in the Troutt Wittmann Center. The Rushings are freshmen from Marlon, and both play for the Saluki golf team. Like other student-athletes, they are required to study at the center a set number of hours each week.

BRANDON LACHANCE  
Daily Egyptian

Freshman student-athletes not only have to adapt to harder classes and life without Mom and Dad, they also have to fight for a lineup spot in a sport in which they were top athletes in high school.

Sixty-two true freshmen athletes are participating in the six in-season male and female sports. While some freshmen said they view the transition as working up from the bottom, others said it's a time to relax and enjoy the sport without pressure.

Freshman volleyball player Jessica Whitehead said the transition from high school to college volleyball is like starting all over.

"In high school, we were freshmen, then worked our way up the ranks as

**66** In high school, we were freshmen, then worked our way up the ranks as we hit senior year. Now we're back in the same situation.

— Jessica Whitehead  
freshman volleyball player

we hit senior year. Now we're back in the same situation," she said.

Korey Love, a freshman on the women's tennis team from Port Orange, Fla., said she enjoys being a college freshman because she can take full advantage of every opportunity the college experience brings. Love was the No. 1 tennis player at her high school and the No. 13 player in Florida in her re-recruiting class.

"It definitely feels good to not be No. 1 on the team anymore because the pressure isn't there and you're

coming in your first year," Love said. "I don't want to say it's easier, but it's more fun."

The tennis environment is more serious in college because athletes are usually on scholarships, but it's also more fun because of the competition level, Love said. Each year will be a slow progression to the top in order to learn every aspect of tennis, she said.