5-8-2014

The Daily Egyptian, May 08, 2014

Daily Egyptian Staff

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Trustees agree to table media fee

KARSTEN BURGSTÄHLER
Daily Egyptian

After postponing fee discussions one month and giving new university president Randy Dunn a few days to study the proposals, fee proposals are expected to go before the board as scheduled Thursday morning with one exception.

The Finance Committee is expected to table the student media fee, a new $9 per student fee meant to supplement the Daily Egyptian. All other fees will move forward for discussion, as suggested during Wednesday’s executive session in Edwardsville.

Dunn said he didn’t see any fatal problems with proposed SUIC fees but thought trustees might want to address three fees in particular: the student media fee, at $9 a semester; the student insurance fee, at an increase of $32 a semester; and the mass transit fee, at an increase of $2.50 a semester. Dunn said he tried to look at fees that weren’t passed by both the Undergraduate Student Government and the Graduate Professional Student Council, as well as fees not directly tied to a debt stream.

While Dunn said he would go as far as to recommend all the fees as they have been vetted, he understood trustees might have questions about specific items.

In regards to the student media fee, which was created to support the efforts of the Daily Egyptian, Dunn said he would ask anyone requesting a fee to prove they have tried other ways to fix their problems first, but felt it was ultimately the board’s decision as he has not been involved in the fee development. He said he talked to Chancellor Rita Cheng about the fee.

“I don’t want to put words in (Cheng’s) mouth, but I think that he’s very brave to do something like this, and there have been efforts that have been made to do some of that belt tightening, if you will, to the point that he was obviously supporter of sending up the $9 fee.”

Dunn said he had been involved in the fee development, he might have asked more questions about alternative methods of income, but did note the paper provided the board with information about the fee.

“The student media fee, they’ve given me some information,” he said. “That may pass suit under the rule for you all.”

Other trustees asked if the paper had considered going online or weekly. Dunn said he knew there was discussion about moving some staff salaries from the Daily Egyptian’s ad revenue to the School of Journalism. Trustee Don Lowery recommended the school play a bigger role in funding the paper.

Walking for awareness

LUKE NOZICKA
Daily Egyptian

Step by step, one young man is traveling coast to coast to raise awareness of mental illness and suicide. Ian Cummins, 23, of Pittsburgh, has been on the road since March 1 traveling from Virginia Beach, Va., to San Francisco. He said he plans to finish in mid-September.

Cummins said the journey is not just to raise awareness, but also to honor his brother Ryan Cummins, who was 20 and committed suicide in November. Ryan was a sophomore studying engineering at the University of Pittsburgh, diagnosed with bipolar disorder and depression.

“If you would’ve saved Ryan, you would’ve never guessed he was struggling with suicidal thoughts,” he said. “He was struggling uncontrollably. At one point he was just, you know, ‘I can’t focus. I can’t even see into the future and see anything good.’”

Cummins said he has helped raise almost $10,000 for the National Alliance of Mental Illness of Southwestern Pennsylvania. To make the walk, Cummins put off receiving his bachelor's degree in nursing and resigned from Mercy Hospital in Pittsburgh.

He pushes along 80 pounds of gear, consisting of a tent, sleeping bag, hiking boots, rain gear, food, a camera, enough clothes for three days and many socks, which he changes almost every 10 miles. His gear has a solar charger in front to charge his electronics.

“It holds a charge for so long,” he said. “It’ll charge even when the sun isn’t out like as long as there’s UV light in the air.”

He had to take a two week break because of an infected blister on his left foot while in Winchester, Ky.

“I had to be put on IV and antibiotics,” he said. “I was hospitalized for a couple days but when it healed up I was back on my way.”

To prepare for the trip, Ian said he frequently ran at the local gym.

“Unless you walk 20 miles a day on average, there’s no way to really prepare walking 20 miles a day on average for six months,” he said. “Everyday is conditioning.”

Cummins has slept outside only once in two months. He said some trustees have given him places to stay.

“I think that he’s very brave to do it,” he said. “It’s a wonderful tribute to his brother.”

While traffic has been a danger and rain a struggle, his largest challenge was day one and saying goodbye to his family, he said.

“Having to stand at the coast and turn my back on my family, that was hard,” he said. “After losing Ryan, [my parents’] only other child after me, seeing me go was hard.”

Cummins said he has met many people while on the road, like a 65-year-old woman who lost her daughter to suicide and walked with him for 10 miles in Henderson, Ky.

“I’ve been pretty inspired by this trip,” he said. “There have been so many wonderful people and so many incredible things that you just come across on your daily travel. So when I get to the Pacific, maybe I’ll be inspired enough to walk back, who knows? But I’m taking a plane [back to Pittsburgh] as of now.”

Summer enrollment a priority

BRITTANY PETTIFORD
Daily Egyptian

Now that finals week is almost over, summer brings an opportunity for some students to continue with their studies.

In recent years, the university has found fewer students are taking summer classes. There was a nine percent decrease in enrollment during the 2012 summer semester. Chancellor Rita Cheng and Provost John Nicklow were forced to take action.

“Last year, we had 2,675 students that were enrolled in summer by June 25th,” Cheng said. “This year, as of now, we have 2,216 students enrolled in the summer with 865 students left for enrollment.”

According to Cheng, there was an increase of 130 students who enrolled from last week.

Nine of SIU’s faculty, administrative professional staff and administrators joined together to create the summer enrollment task force. Together they discussed the possible factors of the university’s decrease in summer enrollment.

The task force evaluated the university’s previous model for summer school, making suggestions on changes that could be made and the factors contributing to the decline in student enrollment.

During the meeting, student enrollment task force's report stated the university was also unable to control a smaller amount in Federal Pell Grants. There was also a decrease in student loan availability and competition from community colleges within the area.

More issues included fewer courses being offered, student-employment, availability of the summer school schedule, unpopular classes being offered and ineffective communication from the university to the student body, according to the report.

“Advertisement for summer classes are now posted on the student’s portal,” Cheng said. “We’ve posted ads not only in the Daily Egyptian, but other newspapers around the area. We’ve also sent out postcards throughout the community and hosted events promoting summer enrollment.”

In its report, the summer enrollment task force said the summer program needed to make changes to identify the courses needed by students. Also, the program should involve advisors and offer courses that do not compete with other community colleges.
Non-traditional students prove strength

SARAH NIEBRUGGE
Daily Egyptian

Diana Balan’s alarm goes off at 7:15 a.m. She takes her son Jacob to the school bus within 30 minutes before heading to class.

Balan, a senior from Chicago studying communication disorders and sciences, leaves the university by 5 p.m. and rushes home to meet her son at the bus by 5:20.

But her day is not over as she begins cooking dinner, cleaning, doing her homework — as well as helping Jacob with his — bathing Jacob and putting him to bed before finally falling asleep at midnight.

She goes through this routine daily as a full-time student.

Balan is a non-traditional student who is making a strong impact on her and her son's lives when she graduates with a bachelor's degree this spring.

With an eight-year-old son and a ten-year break from school to be in the workforce, Balan said transitioning back to being a full-time student was a huge adjustment.

Balan attended Northeastern Illinois University right out of high school for one year before she decided to take a break from being a full-time student and concentrate on her son and to earn money to care for him, she said.

She said she originally wanted to stay in Chicago because she worried about financial issues. By living at home, she would not have to pay such a high price.

“If I always had the ambition to return back to school,” she said. “I always had the ambition to relocate and strive for the better, but I just didn’t know how to at the time.”

She said she was concerned about having a home for her son and providing for the two of them. While paying off bills, she was not sure how to make it happen with school.

Balan became a part-time student at Truman College in Chicago in 2009. It was close to her home and after three years she earned her associate degree.

In 2012, Balan decided to attend a university to receive a bachelor's degree in her field and applied to five different colleges.

She said she chose SIU because it offered a lot of assistance with housing for families transitioning into the university.

“The breaking point, honestly, was that support that I needed, and I needed to know that when I moved here someone was going to acknowledge that I’m a new student and I need resources,” Balan said. “The number one person who has supported me, and she didn’t probably even know how much she did, was Deborah Barnett.”

Barnett, coordinator of the non-traditional student services, helped Balan by emailing back and forth and helping her smoothly transition to the university, Balan said.

Barnett said non-traditional students are defined by many characteristics other than age. They can be parents, married, working full time and being student part time, or basically anything outside of a traditional student, she said.

“It’s a very diverse population, lots of characteristics even in the research that’s available, people describe it in multiple ways but these characteristics here (on the website) are traditionally what we use,” she said.

Barnett said many of the students come to the university because they are local and transfer from community colleges or for the services they provide.

For the rest of this story, please visit www.dailyegyptian.com
Zola Road leads to Walker’s Bluff

JAKE SAUNDERS
Daily Egyptian

The steady sounds of acoustic guitar shuffle in. Voices then meet the melody in a dual-part harmony. Fresh off the release of its latest album, “The Way You Burn Me,” new local band Zola Road is on its way to a follow-up while meeting the demands for performances in the surrounding area.

Zola Road keeps things intimate, never shying away from the acoustic center it has established, which showcases its vocal talent.

The Harrisburg-based band is led by Megan Wren, a junior studying radiologic sciences and Brian Smith, who frequently takes leads at SIU.

When did you form Zola Road?

Megan: I think it was the end of 2012 in December, and we got together until recently for the music. We've known each other for five or six years.

Brian: We started writing songs and learning songs. We had played a Christmas party for somebody, we really liked the sound so we decided to make it a performance. We played at Walker's Bluff, it's got an awesome setting, it's just real chill atmosphere.

How does the songwriting process go?

Brian: I generally write the lyrics and harmonies and stuff. I'll pitch them to Megan and we'll work out arrangement and harmonies and stuff like that. We collaborate and it's a good time.

Megan: We tend to write the lyrics and we'll get together with the guitar and I'll put in my little quirky inputs and stuff on how we should make the words hit the music. So he'll run some words across me and I'll be like 'yeah, it's fine' and then with the guitar, we'll form our songs.

What are your feelings on playing at Walker’s Bluff this weekend?

Brian: It's one of the best places we play. The crowds are always fun. The atmosphere is great. That venue is just amazing. It's always at the top of our list of places that we would like to play.

Megan: We absolutely love playing at Walker’s Bluff, it’s got an awesome setting, it’s just real chill and people just sit there and listen to you and it’s really peaceful. We’ve been playing there for a while now and we really enjoy it.

Jake Saunders can be reached by email at jsaunders@dailyegyptian.com, on Twitter @saundersj or 536-3311.

Megan: We're an acoustic duo, so it's just the two of us singing and I play acoustic guitar. We kind of move toward pop or folk. We write original songs, so we do play a certain amount of originals and cover songs to fill time slots, however needed. We've got maybe 20 or so original songs. Our originals are kind of on the country side, but we do covers and cover some top-40 stuff. We've got maybe 20 or so original songs. Our originals are kind of on the country side, but we do covers and cover some top-40 stuff.

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Time is money. We have all heard this expression on multiple occasions, and for many of the student workers here on campus, we are about to fully grasp its meaning. Three hours a week is what the new 20-hour limit placed on student workers will cost me. This amount seems negligible; however, I was curious as to exactly how much money this amount of time lost each week would cost me. The answer surprised me.

I will lose a minimum of $1,038 each year. This amount does not include the hours lost over breaks, which often exceeded the new 20-hour limit. This is a substantial amount of money. It is also worth considering that I fall into the lower one-third of students who will be affected by this cut in working hours. Imagine for a moment someone told you they will be losing 9.5 hours each week (the old hourly limit on students was 29.5 hours per week) beginning next semester. This would amount to a minimum loss of $3,135 each year.

The question many of my fellow students are asking is how will they make up the difference? Like myself, many of the student workers on campus are paying their own way through their undergraduate education. The scholarships or grants we receive are often times not enough to cover the cost of education, so student employment is our best option to fund our education. Others rely on their student work earnings to cover their housing costs. Where will they get this much-needed money from? Many are going to be forced to seek off-campus employment. Off-campus employers are less inclined to be flexible with the hours of their employees. This could greatly inhibit participation in many of the activities on campus that many of us enjoy. This may also cause increased stress as they will be less likely to allow students time off during busy times of the semester.

The most shocking aspect of the change for me was simply its timing. I personally was informed of this new policy change with less than one week’s notice. Student workers who take summer courses still have many expenses. How shocking would you find it if you were notified during finals week, an extremely stressful time for all college students, that your weekly pay was going to be cut by as much as 32 percent and you have less than one week to address this?

Many of the people I work with and around are upset by this, and I believe they have every right to be. As in any time of distress, especially those that involve the loss of money, people are searching for a scapegoat. Many are speculating as to the underlying cause of this cut. Perhaps the administration hopes that this change in student employment protocol will result in more studying and less working for student employees. I do not, however, think our administrators are the ones to blame for this loss in time. As in any time of distress, especially those that involve the loss of money, people are searching for a scapegoat. Many are speculating as to the underlying cause of this cut. Perhaps the administration hopes that this change in student employment protocol will result in more studying and less working for student employees.

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CODY WARD
Junior physiology student

Money troubles fall on students
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Letters and guest columns must be submitted with author’s contact information, preferably via email. Phone numbers are required to verify authorship, but will not be published. Letters are limited to 400 words and columns to 500 words. Students must include year and major. Faculty must include rank and department. Others include hometown. Submissions should be sent to opinion@dailyegyptian.com.

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Thursday, May 8, 2014
Thursday 08

Pinch Penny Pub
Ladies Nite $1 Nite

Tres Hombres
Soul Census @ 10 p.m.

Hangar 9
Logan Maze w/ The Shawnee Hills Band @ 9 p.m. $5

The Grotto Lounge
Live Jazz with Coulter Goot and Wall @ 7 p.m.

Rustle Hill
Cigars & Guitars Under the Stars! 6 - 9 p.m.

Friday 09

Pinch Penny Pub
Mike & Joe

Tres Hombres
Trascendental Cowboys (Patio)/Soul Glo @ 5 p.m. and 10 p.m.

Hangar 9
Aaron Kamm and the One Drops @ 9 p.m. $7/$5 w/ student ID

Rustle Hill Winery
Swamp Tigers @ 6 - 9 p.m.

Von Jakob Vineyard
Mr. Swamp Fox/King Jabs @ 2 - 5 p.m./6 - 9 p.m.

Blue Sky Winery
Reds, Whites & Blues Festival @ 10 a.m. - 8 p.m.

Alto Vineyards
The Giving Tree Band w/ Acoustic Anonymous @ 9 p.m.
$7/$5 w/ student ID

Sunday 11

Pinch Penny Pub
Sunday Funday

The Grotto Lounge
Home-Style Comfort Food

Rustle Hill Winery
Tim Whiteford/The Venturi’s @ 1 - 4 p.m./5 - 8 p.m.

Blue Sky Winery
Todd Parson @ 2 - 5 p.m.

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Calendar Events
May 08 - 11

Vonn Jakob Winery
Dave Caputo Duo @ 2:30 - 5:30 p.m.
Mother’s Day Brunch @ 10 a.m. - 1 p.m.

Starview Winery
Eli Tellor @ 2 - 6 p.m.

Monday 12

Hangar 9
Comedy and Open Mic Night @ 9 p.m.

Student Center
Monday Night Bowling League @ 6:30 - 9 p.m.

Student Center Craft Shop
Stained Glass Stepping Stone Workshop @ 1:30 - 4 p.m.

Wednesday 14

The Grotto Lounge
Prime Rib Night

Rustle Hill Winery
Beer Lover’s Wednesday @ 6 - 8 p.m.

Student Center
Bowling & Billiards Food Night @ 5 - 8 p.m.

Student Center Craft Shop
Stained Glass Stepping Stone Workshop @ 1:30 - 4 p.m.

Student Center
Bowling & Billiards Food Night @ 5 - 8 p.m.

Student Center
Bowling & Billiards Food Night @ 5 - 8 p.m.

Student Center
Bowling & Billiards Dollar Night @ 7 - 11 p.m.

Tuesday 13

Pinch Penny Pub
1/2 Price Day

Tres Hombres
Open Jazz Jam with the SIU Jazz Combo

Hangar 9
Karaoke Dollar Night

Call to set up an appointment today!
Saluki softball has not won a Missouri Valley Conference Tournament since 1991, but that could change this weekend. SIU (28-23, 15-11) will open the 2014 MVC tournament Thursday. With three straight wins it can clinch a berth in the NCAA regionals.

Coach Kerri Blaylock said in this year's tournament, any team could be crowned champion on Saturday. "Honestly, I think you could throw eight of us in a hat and throw it out there. I really believe any of the eight of us can win it, because we've all beaten each other" Blaylock said. "To me there's not a clear favorite."

The Salukis are seeded third in this season's tournament, and earned themselves a bye in the first round of games. This means SIU will face the winner of Drake University (19-32, 11-14) or Loyola University (22-30, 11-15) in their matchup at 6:35 p.m. Thursday.

The Salukis swept both Drake and Loyola earlier this season. If the Salukis face Loyola in the quarterfinal matchup, they may have to deal with Ramblers' talented left handed pitcher, Brittany Gardner. Gardner leads the conference in strikeouts with 159, and her 2.84 ERA is good for third in the conference. Blaylock said she is confident her team can get hits on Gardner. "I think she's a good pitcher," Blaylock said. "Coach [Jen] Sewell always gets our kids ready offensively and does a really, really good job giving them a game plan to attack."

Gardner held the Salukis to just three hits in their matchup against Loyola on April 18, but the next day SIU managed to get nine hits off of her in a 6-2 win. Senior pitcher and first baseman Taylor Oshburn said the Salukis are capable of defeating either team. "I would like to face Drake again," she said. "I think we can beat either team though, I don't think it really matters."

Regardless of who the Salukis play in the first round, Blaylock said junior Katie Bertelsen would start in the circle in the quarterfinals. If the Salukis can get past Drake or Loyola, Illinois State University (25-27, 17-8) awaits them in the semi-finals tomorrow. The Redbirds will play in the comfort of their own stadium as hosts of the MVC tournament. Illinois State also handed the Salukis their two worst losses of the year on April 5 when the Redbirds beat the Dawgs 20-2 in game one and 11-0 in the second game of a double-header.

If SIU makes it all the way to the final on Saturday, they may have to face regular-season conference champion Wichita State University (34-20). The Shockers boast a 21-6 record in conference this season. However, two of those losses came at the hands of the Salukis on April 26. SIU has arguably been one of the hottest teams in the conference as of late. Since April 1, the Dawgs have gone 13-8 in their run up to the MVC tournament. A large part of that success has been thanks in part to the two Salukis' starting pitchers, Oshburn and Bertelsen.

Oshburn's 2.27 ERA is the best in the conference, and Bertelsen sits in the top 10 of all MVC pitching categories. The biggest difference the Salukis will have to deal with this weekend is knowing every game could be the last of the season, since the MVC tournament is a "win or go home" tournament.

Senior second baseman Jayna Spivey said her team has to start strong because of the playoff style of the tournament. "We just have to come out ready to go," she said. "We can't let three or four innings go by before we really get into the game. I thinks that's one of the biggest things is just coming out ready to go, and being aggressive from the first pitch on."

This will be the final opportunity the Saluki seniors have to win the conference tournament; Spivey said she doesn't feel the pressure. "I think if we go out and play like we're capable of then we'll come home with what we want," Spivey said. "That's what I'm keeping my focus on."

Oshburn said she has a good feeling about her team's chances this weekend. "I think all of us know that we could do something special," Oshburn said. "I just have this weird gut feeling that we're going to win it all."

Tony McDaniel can be reached at tmcdaniel@dailyEgyptian.com, @tonymcdanielDE or at 536-3311 ext. 282.
**Crossword**

**THE Daily Commuter Puzzle** by Jacqueline E. Mathews

**ACROSS**
1. Created
5. Become frayed
10. Congressional runner
14. Ones again
15. Gladden
16. Hardly __;
17. Lounging about
23. Large stringed instrument
25. __ up; arrange
28. Smiles
29. Not excessive
32. (Don’t __ on me or), words on an old flag
34. Location of the auditory canal
36. Gray wolf
37. Outer garment
38. Bundle of hay
39. Building wing
40. Daytime serials
41. Of the nose
42. Sailor
44. June
45. Car floor pad
46. Alaska’s Barath
47. Go bad
50. Actor Rein
51. Direct, and other
52. Flame holder
53. Not up yet
58. Top spades
59. Metameric
60. __, in wearing
61. Innocent
62. Casper, for one
63. Hoppin and Turner

**DOWN**
1. Housekeeper
2. Actor Griffith
3. Very tasty
4. Ram’s mate
5. Remember
6. Car rental company
7. Lawland
8. And so forth: abbr.
9. Ring of flowers
10. Hallucinogenic drug made from a cactus
11. Ardor
12. Trait transmitter
13. Thus
14. Liberal
15. Pleased
16. France’s dollar
17. In a __; quickly
18. Capable
19. Put in the refrigerator
20. Bodies of water
21. Not excessive
22. Dinner course
23. Other __
24. Besides
26. Depend
27. Outer garment
28. Island east of Java
29. 40 T-shirt size
30. 50 Casual
31. 41 Actress Carter
32. 43 Surrounded by
33. 44 Grocery store
34. 46 Treaties
35. 47 Strikebreaker
36. 48 __ oneself;
37. 49 Small bills
38. 50 Performance
39. 51 Gloves
40. 52 No longer
41. 53 Chances
42. 55 __, yow
43. 58 Mr. Hearst’s monogram

**Wednesday’s Puzzle Solved**

**SUDOKU**

**Castle Perilous Games and Books**

297 West Main Street, Carbondale IL 62901
Ph: 1-800-257-2160

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**SOLUTION TO WEDNESDAY’S PUZZLE**

By David L. Hoyt and Jeff Knurek

Phone: 618-529-5597
www.sudoku.org.uk.

9. For strategies on how to contain every digit, 1 to 9.

**Complete the grid so each row, column and 3-by-3 box (in bold borders) contain every digit, 1 to 9.**

For strategies on how to contain every digit, 1 to 9.

**For strategies on how to contain every digit, 1 to 9.**

**Level:**

**Today’s Answers:**

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**Wednesday’s Answers:**

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**JUMBLE**

By David L. Hoyt and Jeff Knurek

http://www.jumble.com

**That Scrambled Word Game**

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**THAT SCRAMBLED WORD GAME**

by David L. Hoyt and Jeff Knurek

Phone: 618-529-5597

**Answers tomorrow**

**Edited by Jacqueline E. Mathews**

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**Pick up the Daily Egyptian each day to test your crossword skills**

Aries — Today is a 7 — There’s plenty of work, with creative projects. Start by learning the rules. Check your schedules and the map. Watch out for the unexpected, and navigate misunderstandings gracefully.

Taurus — Today is a 5 — Romance is a growing possibility. Notice hidden beauty. Your loved ones encourage you to take on a new creative challenge. Wait until tomorrow.

Gemini — Today is a 7 — There are good days for making changes at home, and household decisions. Clean up a mess. Make a discovery at home, and household decisions.

Cancer — Today is a 9 — Push yourself forward. Your load gets lighter soon, but for now keep plugging on. Don’t speculate of spurge. Your ability to concentrate will be enhanced marvellously.

Leo — Today is a 7 — Enthusiasm wins over facts. Don’t touch your secret funds. A new assignment brings in more revenue. Enjoy the applause. Temporary confusion could fog the path ahead.

Virgo — Today is an 8 — Your focus narrows to personal issues. Your confidence and energy surges, but don’t chase nebulous dreams. Go for solid, practical results. A job gets more difficult than anticipated.

Libra — Today is a 7 — Your curiosity enhances your attractiveness. Be respectful around elders and authority figures. Work interferes with travel, so revise the itinerary. Expect more scrutiny.

Scorpio — Today is a 7 — Play with your friends. Meditate a little longer. Your ability to concentrate gets more difficult than anticipated. Meditate a little longer.

Sagittarius — Today is an 8 — Your curiosity is enhanced by your attractiveness. Be respectful around elders and authority figures. Work interferes with travel, so revise the itinerary. Expect more scrutiny.

Capricorn — Today is a 7 — Invest in tangibles, not fiction. You don’t have money to waste. Venture farther. Plan a vacation or adventure. Study, research, and plot your path. Imagine the fun you’ll have.

Aquarius — Today is an 8 — A lack of funds could wreck your plans; soro into financial planning. Count your wins and losses. Send in invoices, and make collection calls. Issue a call to action.


Answer:

**MARRY ITCHY STUDIO SOCKET**

When adding up how much rope he’d need for the climb, he would do this — SUM IT

**Answer:**

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**Jumbles:**

**Answer:**

**Jumbles:**

**Answer:**

**You’re going away for the weekend.**

**Sudoku of the Day**

**Sudoku**

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Concussions are not something to play with

TYLER DAVIS
Daily Egyptian

When spring practices ended, some players rested their bodies, others prepared for the long season ahead, but one player was told to relieve the stress on his brain.

Junior wide receiver Israel Lamprakes said he was told to reduce brain activity after he suffered a concussion during practice in March. He was in a "stiff block" drill, where receivers attempt to block a defensive back coming full speed.

Lamprakes said there were two times he felt concussion-like symptoms, igniting the first time.

"We hit helmet-to-helmet (on a Monday practice) and I was kind of out of it after the hit, but I didn’t think too much of it," Lamprakes said. "The following practice, it happened again."

Same exact drill, same helmet-to-helmet contact, and this time I lost memory. I was in a haze throughout the whole practice. I lost memory of all that; watching film, I didn’t remember doing any of the stuff I was watching.

Lamprakes, now symptom free, credited the athletic trainers for being strict with him about not allowing him to return to play until he recovered. However, the attempt to play through a concussion is a popular practice among football players.

Historically, concussions were not viewed as a reason to leave a game. In 2005, the NFL claimed players who had suffered one were not likely to suffer another if they continued to play; the opposite is now known to be true.

"The medical community has been recognizing it," said Lamprakes, now symptom free.

"It’s very concerning," he said. "Playing the game I love is very risky. You could really lose your life in a sense. You could lose who you are as a person."

Stories published by PBS’s "Frontline" have exposed the public to mental problems that plague retired athletes such as former NFL linebacker Junior Seau. Seau became ornery and aggressive problems that plague retired athletes such as former NFL linebacker Junior Seau. Seau became ornery and aggressive shortly before he committed suicide in May 2012. Signs of CTE were found in the 43 year old’s brain.

Jon Humphrey, the head physician for SIU athletics, said while the resolutions of the stories surprised the public, the medical community knew about the dangers of concussions.

"In 2004, there were protocols for return to play from concussions and it’s improved since then," he said. "The medical community has been recognizing it."

Humphrey said the methods SIU uses for concussions are consistent with NCAA and medical suggestions.

"Brian Schneider, a graduate assistant athletic trainer, said concussions are diagnosed using the Standardized Assessment Concussion test and the Balance Error Scoring System. In the beginning of the season, players perform both tests to get an idea of their 'baseline' or scores when they are 100 percent healthy."

"The SAC has a cognitive assessment portion," Schneider said. "We ask the athlete, 'what month is it?' If they get it right, give them a point; the date, give them a point; and so on."

"The BESS focuses on balance and proprioception. It’s not only memory that gets affected, it’s also balance too," he said. "At some point you have to live your life, but these were a few that were like, ‘oh it’s just a concussion.’ That was just a select few, but I definitely think there’s some guys that would try to play with a concussion."

Schneider had a message for those players.

"At some point you have to live your life," he said. "You look at these interviews with professional football players that are suffering from mood swings and depression and some commit suicide, nobody wants to deal with that. You have to take care of yourself."

Lamprakes and Agnew said they take concussions seriously, but some teammates do not want to part ways with the "tough guy" mantra some football players maintain.

"Going out for a concussion in football is so frowned upon," he said. "Most teammates were understanding, but there were a few that were like, ‘oh it’s just a concussion.’ That was just a select few, but I definitely think there’s some guys that would try to play with a concussion."

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Ryle Davis can be reached at tdavis@dailyegyptian.com, t@TDavis,DE or at tdavis5311 ext 269.

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The true underdog story fell short

Surprisingly, the sports desk took early leads in both games. In the first game, the three of us knocked out Rigby and Lee to leave only White on the athlete’s side. However, she quickly pegged Davis and caught a ball thrown by me to bring Rigby back in to take down McDaniel and take game one. In game two, it was two to two for the most part before the sports desk made its move. White threw a ball that deflected straight into the air. McDaniel was out and yelled at me to catch the ball that was flying at me. I dropped the ball I had and caught the projectile to give us a three to one advantage against Rigby. Davis caught the last ball to send the series to sudden death.

In sudden death, one player from each team is chosen and does not get much room to move. They each get one throw and catches do not count. The athletes selected Rigby and I was selected to represent my team. This was the closest I was to winning a matchup in the series. In the end of “Dodgeball,” Vince Vaughn’s character, Peter La Fleur, is forced to play sudden death against Ben Stiller’s character, White Goodman. La Fleur decides to blindfold himself before the match.

Despite losing 12 competitions, González’s video featuring Rigby won third place for the Illinois Student Best of Multimedia Competition. It’s been a fun experience, and has received more compliments than any of my work. My friend’s uncle showed it to his coworkers, and they watched the video weekly. I learned how to use some of the equipment and basic editing processes, but my number one learning experience was that I will never be a Division I athlete. Student athletes have earned more respect from me. The series has captured how much they have trained their whole lives. Student athletes are theoretically married to their sport, so when you add on the homework, the exams and the social life every college student wants, it becomes much more impressive they complete it all.

Aaron Graff can be contacted at Agra@dailyegyptian.com, @Aarongraff_DE or at 536-3311 ext. 269.