

Southern Illinois University Carbondale

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Cheng: Instability hurts campus

BRANDON COLEMAN
Daily Egyptian

Administrators who leave their positions unexpectedly tarnish the work of others who try to make the university a place students want to be, Michael Smith said.

"We all want to get our jobs done, and if there's constant turnover among top administrators, it makes it somewhat difficult," said Smith, president of the Non-Tenure Track Faculty Association. "They have to learn the system, you have to understand their perspective, and that takes a while to happen."

Former Provost Gary Minish, who was named to the No. 2 campus position Nov. 18 after a months-long search, became the fourth of seven provosts since 1996 to either resign or be replaced within two years of hire when he resigned suddenly Jan. 19. He submitted his resignation via e-mail after holding the position for 10 days.

In his resignation e-mail to Chancellor Rita Cheng, Minish cited concerns about where the university is heading.

SIUC has also had six of seven chancellors resign or be replaced within two years of their hire since 1996, Cheng said.

Cheng said the high turnover rate of SIUC's higher administrative positions during the last 12 years has given the university a negative reputation.

"In some ways, our turnover has called attention to challenges and not accomplishments of the institution," Cheng said.

A feeling of instability from the university's top leadership positions trickles down to faculty and students, said Colby Chapman, a graduate student from Chicago studying workforce education and development. She said instability in the administration makes the university look like it can't maintain itself.

The university's reputation is a deciding factor in students' decision to attend SIUC, but how much of an influence it has is yet to be determined, Smith said.

Cheng said chancellors nationwide have been serving longer terms because there is better cohesion among faculty with steady leadership.

"Every time there is a change in the institution, it takes a while to get the institution back on track," Cheng said.

Students learn by example, said Christopher Chapman, a sophomore from Chicago studying management. He said if the administration isn't setting a good example for students by staying in their offices to initiate agendas and create cohesion among staff and faculty, student retention rates drop.

Please see INSTABILITY | 3



GENHIA ORB | DAILY EGYPTIAN

The stress levels of college freshmen are climbing, according to a study conducted over 25 years by the Higher Education Research Institute. Factors affecting students' emotional health include the ongoing recession, being away from home, academic pressures and new responsibilities such as bills, said Barb Elam, stress management coordinator for the Wellness Center.

National freshman stress levels at record-high

JULIE SWENSON
Daily Egyptian

A national survey from the Higher Education Research Institute shows that college freshmen are reporting record levels of stress and a decrease in emotional health.

The survey, "The American Freshman: National Norms Fall 2010," was conducted over 25 years and had more than 200,000 full-time student participants at four-year colleges. Researchers asked students to rank their emotional well-being in percentiles and found that over the years, students reported being less emotionally healthy.

Financial issues, the pressures of school and the uncertainty of the job market all contributed to

"They find that stress is the No. 1 health problem — across the whole country and here at SIUC — that interferes with academics. We're very concerned about that."

— Barb Elam, stress management coordinator for the Wellness Center

students' stress.

Barb Elam, stress management coordinator for the Wellness Center, said she isn't surprised by the notion of freshmen being more stressed now than in the past. Other surveys such as one from the National College Health Association confirm HERT's results, she said.

"They find that stress is the No. 1 health problem — across the whole

country and here at SIUC — that interferes with academics," Elam said. "We're very concerned about that."

Women's outlook on their own emotional health was less positive than those of men, the study said, and that difference is becoming more pronounced. Thirty-nine percent of women said they felt frequently overwhelmed compared to 18 percent of men.

Traditional sources of stress include loneliness, being away from home, relationship problems, getting adjusted to college and making friends, while more recent stressors are the lack of financial and emotional support from family and financial uncertainty related to the recession.

She said stress affects a student's grades but can also hinder his or her motivation to go to class or finish a paper, ability to concentrate in class and ultimately, the ability to learn. Being stressed and unhappy for too long can lead to panic attacks, prolonged anxiety and depression, Elam said.

Please see STRESS | 2

International students increase in enrollment slump

SARAH SCHNEIDER
Daily Egyptian

Carla Coppi said she credits the partnerships SIUC has around the world to the increase in international student enrollment.

"We have linkage agreements and establishments of recruitment centers in China, Taiwan, India, Malaysia and Iraq," said Coppi, associate director of international students and scholars. "They

are recruiting students from the nearby areas there and sending them here."

SIUC spokesman Rod Sievers said international student enrollment for both undergraduate and graduate students increased 9.5 percent from spring 2010 to spring 2011, bringing the total to 1,199 students.

According to the 10-day enrollment numbers released Tuesday, total enrollment decreased by 370 students from

spring 2010 to spring 2011. Sievers said the international student population continuously increases because of active recruitment overseas.

Coppi said the university has a high retention rate of international students because of not only the education provided at SIUC, but also because of international students' passion to learn.

"It is so important for them and their families to be here, and they do everything possible

to be here," she said. "The drive and the urge to study abroad is very strong, and the homesickness is normally only temporary and they overcome it."

The SIUC Office of International Students and Scholars tries to provide a home-away-from-home type of atmosphere for international students, Coppi said.

Please see ENROLLMENT | 3

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STRESS

CONTINUED FROM 1

Sherrie Phipps, a freshman from Bolingbrook studying journalism, said being a freshman is stressful because of learning how to manage her money wisely, getting classwork done and deciding when to hang out with friends versus staying in to study. She said that while her five classes aren't difficult, she still needs to maintain her GPA.

One thing that helped Phipps was the presence of her high school classmates who also attend SIUC, she said. Phipps said she talks to her mother, her grandmother and her friends if she feels stressed because they give her advice.

She said she isn't surprised that the study pinpointed the lower emotional health of women.

"Women worry about things more," Phipps said. "If things aren't going our way particularly, I guess we tend to worry."

There are many healthy ways to deal with stress, Elam said.

"It's useful to have at least one

copying mechanism, or, better, have several," she said. "A great thing to do is exercise, but there might be days where it's too cold or you don't have time, so it's good to have another option."

Elam said she recommends exercising, listening to music, talking with close friends or your family, meditating, getting involved with Registered Student Organizations on campus, planning ahead, and avoiding procrastination in terms of schoolwork and chores. Even taking two minutes every day to slow down and breathe deeply can make a student feel much better physically and mentally, she said.

Elam said drinking to reduce stress is a common but shortsighted practice. Because alcohol is a depressant, students feel calm, but the body makes up for slowed reactions by producing more adrenaline the next day, which can make students feel more tense, she said.

Brittany Greathouse, a freshman from Bolingbrook studying accounting and international business, said she takes 18 credit hours of classes,

has a student job in the College of Business Adv. ext. Office and is involved in eight RSOs on top of being a student blogger for SIUC. She said she also pays her own tuition by getting multiple scholarships.

Greathouse said she doesn't get stressed as much because she manages her time by mapping out in advance how long her appointments, homework and activities will take. She also factors in free time to procrastinate or use Facebook, she said.

If she does get stressed out, Greathouse said she works out her frustration on a punching bag in the Recreation Center's boxing room, runs laps, plays basketball or writes her feelings in her journal.

"I can write out all my emotions, and your journal doesn't talk back, so there's no way you can get aggravated by it," she said. "To me, it's like, OK, you put it somewhere, so now you're done. You can deal with it."

Julie Swenson can be reached at jswenson@dailyygyptian.com or 536-3311 ext. 254.

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Mission Statement

The DAILY EGYPTIAN, the student-run newspaper of Southern Illinois University Carbondale, is committed to being a trusted source of news, information, commentary and public discourse, while helping readers understand the issues affecting their lives.

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Liquor Advisory Board to contact bar about arrests

KAYLA KEARNS
Daily Egyptian

The Carbondale Liquor Advisory Board plans to contact the owners and general manager of Pinch Penny Pub and Liquor to discuss the high amount of underage drinking incidents the establishments have had, board chair Mark Robinson said at Thursday's meeting.

A Police Department report showed Pinch Penny Pub had the

highest number of bar arrests for the 2009-2010 year at 119, followed by Callahan's and Cali's at 71 and Six Bar and Billiards at 47.

"It looks like Pinch is on its way to another world record here," Robinson said.

Year-to-date, 84 arrests have been made at Pinch Penny Pub for the 2010-2011 year, according to the police report. Of the arrests, 74 were issued for underage consumption. After reading the report, Robinson

suggested the board send a letter to the pub requesting them to come in and discuss the numbers.

Police Chief Jody O'Guinn said he could not attribute the spike in numbers directly to the change in management. He said he did not see the number difference as a surprise.

"Based on the fact that they have a higher volume and we do more checks there, they will have higher numbers," O'Guinn said.

Dave Loftus, USG representative for the Liquor Advisory Board, said the increased number of police checks is due to the number of events that happen in the area, such as concerts and Polar Bear.

"We're seeing a lot of these checks for general safety concerns," Loftus said. "Anytime there's a large crowd, there will be checks to make sure everyone's having a good time."

Carbondale Fire Chief John Michael said the fire department

performed 12 spot checks at Pinch Penny Pub, Cali's, Copper Dragon and Six Bar and Billiards, and two at Pinch Penny Liquor.

Michael said these checks can be multiple stops in one night. He also attributed them to the high amount of traffic the bars receive.

The board also recommended the Carbondale Downtown Art and Wine Fair be approved for two class F-1 liquor licenses by the Liquor Control Commission.

INSTABILITY

CONTINUED FROM 1

"They need to find somebody who is ... passionate (and) going to follow through and be able to survive the ups and downs of being a provost," Chapman said.

He said he knew there had been two provosts since he came to SIUC, but he was unaware of the number of chancellors and provosts to have taken office at the university only to step down later.

SIU President Glenn Poshard said he is confident in Cheng's ability to maintain order at SIUC, but retention

and recruitment depends on everyone at the university.

"Everybody has to pull together to solve this problem of freshman retention, recruitment and enrollment that's been going on for 20 years now," Poshard said. "It didn't just happen the last few years."

He said enrollment figures for SIUC were at their peak in 1992 and 1993, when there were more than 25,000 students. Poshard said he believes the chancellor's policies, such as the move to a university college model, will make a big difference in increasing recruitment, enrollment and retention.

Cheng began implementing the university college model in December with the restructuring of student affairs. Cheng said the restructuring was an effort to put supplemental instruction, Living Learning Communities, tutoring and mentoring programs and the Saluki First Year coursework in the same group so the departments could work together as a team.

The university needs to improve communication with prospective and current students to highlight SIUC's achievements, Smith said.

Colby Chapman said Cheng could make more students aware of her intentions if she had open door hours

where they could approach her and if she had more town hall-style meetings with the student body.

Cheng said she continually tries to be inclusive while spreading the word about her plans for the university's direction. The Dean's Council Executive Committee, Faculty Senate, chancellor's executive staff and the Graduate Student Association top the list of organizations she has met and talked to this week, she said.

"I've got over a hundred meetings that I've had to date," Cheng said.

She said her committee's tasks include building graduate programs, improving undergraduate recruitment

and retention and finding funding for research projects in the humanities and social sciences.

The strategic planning process launched in fall 2010, headed by Thomas Britton, associate professor in the law school, and Margaret Stocklund, professor of psychology, will study undergraduate success and retention, Cheng said. The planning process will contain more than 100 participants who actively engage students, she said.

Brandon Coleman can be reached at bcoleman@dailyegyptian.com or 536-3311 ext. 259.

ENROLLMENT

CONTINUED FROM 1

Elaine Conrad, community programs coordinator of international students and scholars, said she thinks international students come to SIUC and stay because they have a very strong

support network from the international student office, the professors on campus and people in the community.

Conrad said international students need just as much emotional backing as students who move away from home because their friends and families are not as easily available.

Programs like support groups, host families and English-improving social gatherings all provide the students with much-needed assistance, Conrad said. She said the International Friends Club provides a loan closet where students can borrow things they need when they first arrive on campus.

"When they are arriving, they aren't arriving like American students with cars, she said. "They are coming with suitcases."

Coppi said international students come to Carbondale because they feel welcomed by the residents and students, and they are here for more than a visit.

"Carbondale is a very open and welcoming community, or else we wouldn't have had 15,000 international students in over 50 years," she said.

Sarah Schneider can be reached at schneider@dailyegyptian.com or 536-3311 ext. 255.

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Kids question candidates



PAT SUTPHIN | DAILY EGYPTIAN

Mayoral candidate Joel Fritzer, right, talks with two girls Thursday during the Carbondale Mayoral Candidate Forum at the Boys and Girls Club. The Boys and Girls Club, as well as the Rotary Club of Carbondale, sponsored the forum. "I was trying to come up with a way for the kids to be civically engaged," said Tina Carpenter, Program Director of the Boys and Girls Club.

statements from all five mayoral candidates, followed by questions and answers, a rebuttal from each candidate, a lightning round of questions and closing statements. "It's good experience for (the children) to interact with what's going on in the city," said Jennifer Russo, whose daughter Carmen is featured at the bottom left of the picture. Fifteen children participated in the event, with tasks ranging

from assigning name tags to moderating and timing the questions and answers. "I think it's great (to have the children involved) because obviously whoever is the next mayor is going to set the tone for the future for the next four years, if not longer, and I believe the youth need to be involved," Fritzer said. See DailyEgyptian.com for video of events.

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Voices

Friday, February 4, 2011 • 5

www.dailyegyptian.com

GUEST COLUMN

Stress management imporant for success

BARBARA ELAM
SIUC Wellness Center

Institutions. "Kristen," a junior in sciences, says she worries about finances since her parents don't help her with extra money, and she can't find a job here, resulting in feelings of panic, anxiety and tension. "Mait," a freshman, worries about being alone since he and his partner have broken up, and he doesn't know many people yet. He says he can't sleep well. "Amber," a graduate student, doesn't know how she will get all her coursework done while teaching this semester. She reports overeating when stressed. "Jason," a senior in psychology, worries about finding employment after graduation and is drinking more during the week as well as weekends. All of them say they just want to be happier.

Often, students don't recognize their strengths and positive qualities but focus only on thier problem areas.

Worried about money, grades, family, relationships, health or your future? It is normal to think about things we want to resolve, but worry is an ongoing, negative loop of thoughts that can get stuck in your head like an endless song. It is a type of thinking focused on fears.

Many students are able to hide their worry from others, appearing carefree, but they are actually miserable inside. Stress is the top health problem college students report negatively interfering with academic progress (NCHA, 2009). First-year college students report record-high levels of stress, according to an annual survey of first-year students at four-year

colleges. Each of them already has the personal ingredients to be successful, simply being in college demonstrates persistence, industriousness and an ability to learn. Often, students don't recognize their strengths and positive qualities but focus only on their problem areas. Researchers say that by focusing on your positive aspects you can improve feelings of anxiety and depression. Many students don't fully accept their own kindness, fairness, curiosity, open-mindedness, honesty and enthusiasm. Certainly, college students possess bravery and courage to go through each day

while trying to deal with emotional uncertainties. These are all positive qualities to remind yourself of when getting caught up in worry. Some of us have been taught that acknowledging strengths is a type of bragging or being self-centered. In fact, it's possible to know your strengths and still be modest or humble.

Experts recommend writing down three things daily that you are grateful for, or appreciative of, when you are stressed out or worried. By changing your mind's focus to what is right, instead of always on what is wrong, people reduce negative feelings. Learning

relaxation skills, such as deep breathing or mindfulness, is useful for both mind and body. You can download a relaxation podcast under Stress Management Resources on the Wellness Center website. Just talking to a trusted friend or exercising can relieve worry.

It is still important to make plans to reach your financial, academic, relationship and future goals, but that can be done in a rational way without feeling bad. Changing mental habits from worry to happiness is possible, and can contribute to academic and life success.

Elam coordinates Stress Management Services at the Wellness Center.

LETTER TO THE EDITOR

Homosexuality not as harmful as portrayed

Dear Editor,
The Jan. 27 article covering the public forum on civil unions provided arguments against civil unions from the director of Family-Pac Federal, Paul Caprio, and David Smith, the executive director of the Illinois Family Institute. There are two issues these men brought up that I would like to address.

The first is in regard to children. Caprio said "the primary purpose of marriage is the protection of

As a heterosexual, I try not to take for granted the rights I have been given.

children." When I applied for my marriage license, no one asked me or my husband if we had children, wanted children or even if we were physically capable of having children. It is assumed the reason for marriage is to start a family, but the fact is children are not a requirement of marriage.

Caprio also said "a stable child needs both a mother and a father." Yet, the American Academy of Pediatrics released a study in 2002 determining that children of same-sex parents fare just as well as children of opposite-sex parents, and in 2010 the AAP released a subsequent study determining children of lesbian

parents to be better adjusted than children of opposite-sex couples.

Smith said "the law (would) have a negative impact on freedom of religion and freedom of conscience." I was also in attendance during the public forum and Bernard Cherkasov, of Equality Illinois, specifically told those in attendance the organization's website would provide a list of churches willing to perform civil unions. If a church does not agree with

homosexuality then it does not have to perform the ceremony. Where, then, is the negative impact on freedom of religion?

As a heterosexual, I try not to take for granted the rights I have been given. I watch people I care about struggle for equality in what is supposed to be a country founded on freedom.

Sarah Miller
senior from Herrin studying social work

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- 404 W. Cherry Court
- 405 W. Cherry Court
- 406 W. Cherry Court
- 407 W. Cherry Court
- 408 W. Cherry Court
- 409 W. Cherry Court
- 410 W. Cherry Court
- 201 W. College 3
- 310 E. College 1*
- 403 W. Elm 1-2, & 4
- 718 S. Forest 1-3
- 605 W. Freeman 3
- 507 S. Hays 2
- 509 1/2 S. Hays
- 703 S. Illinois 1
- 101,102,201,202,203
- 612 S. Logan
- 507 1/2 W. Main A & B
- 400 W. Oak 3
- 410 W. Oak 1-5
- 202 N. Poplar 2
- 507 S. Poplar 2
- 301 N. Springer 4
- 414 W. Sycamore E,W
- 404 1/2 S. University
- 406 S. University 1-4
- 606 1/2 S. University
- 334 W. Walnut 2
- 703 W. Walnut 2
- 400 S. Washington A, & B

- 604 N. Carico
- 720 N. Carico
- 908 N. Carico
- 911 N. Carico
- 205 W. Cherry
- 306 W. Cherry
- 311 W. Cherry 2
- 614 W. Cherry
- 404 W. Cherry Court
- 405 W. Cherry Court
- 406 W. Cherry Court
- 407 W. Cherry Court
- 408 W. Cherry Court
- 409 W. Cherry Court
- 410 W. Cherry Court
- 406 W. Chestnut
- 408 W. Chestnut
- 310 E. College 2-4*
- 1201 W. College
- 201 W. College 3
- 309 W. College 1-5*
- 310 W. College 1-2, & 4
- 400 W. College 1-5
- 401 W. College 1-7*
- 407 W. College 1-4*
- 409 W. College 1-3, & 5
- 501 W. College 1-2, 4-6
- 503 W. College 1-6
- 507 W. College 1-6
- 509 W. College 1-6
- 710 W. College 1-6*
- 303 W. Elm
- 115 S. Forest
- 120 S. Forest
- 303 S. Forest
- 716 S. Forest
- 718 S. Forest 3
- 500 W. Freeman 1, 3-4, & 6
- 605 W. Freeman 2
- 520 S. Graham
- 507 S. Hays 2
- 514 S. Hays
- 402 E. Hester 1-3*
- 408 E. Hester 1-7
- 703 W. High E
- 703 S. Illinois 202, 203
- 401 S. James
- 705 N. James
- 815 N. James
- 611 W. Kenicott
- 515 S. Logan
- 612 S. Logan
- 507 1/2 W. Main B
- 207 S. Maple
- 908 W. McDaniel
- 300 W. Mill 1-4
- 400 W. Oak 1
- 400 W. Oak 3
- 501 W. Oak
- 507 W. Oak
- 505 N. Oakland
- 511 N. Oakland
- 514 N. Oakland
- 602 N. Oakland
- 613 W. Owens
- 1305 E. Park Lane
- 202 N. Poplar #1

- 507 S. Poplar 3-8*
- 301 N. Springer 4
- 1619 W. Sycamore
- 1710 W. Sycamore
- 919 W. Sycamore
- 404 S. University N & S
- 404 1/2 S. university
- 408 S. University
- 1130 W. Walkup
- 402 1/2 W. Walnut
- 504 W. Walnut
- 820 W. Walnut #2
- 1004 W. Walkup
- 400 S. Washington A,B
- 600 S. Washington 1-9
- 404 W. Willow
- 406 W. Willow
- 804 W. Willow

Three Bedroom

- 503 N. Allyn
- 607 N. Allyn
- 609 N. Allyn
- 408 S. Ash
- 410 S. Ash
- 504 S. Ash 2,3
- 506 S. Ash
- 514 S. Ash 1, 3, 5-6*
- 409 S. Beveridge
- 503 S. Beveridge
- 506 S. Beveridge
- 507 S. Beveridge 1-5*
- 509 S. Beveridge 1-5
- 513 S. Beveridge 1-5
- 515 S. Beveridge 1-5
- 508 N. Carico
- 510 N. Carico
- 604 N. Carico
- 205 W. Cherry
- 209 W. Cherry
- 309 W. Cherry
- 311 W. Cherry 1
- 405 W. Cherry
- 407 W. Cherry
- 501 W. Cherry
- 503 W. Cherry
- 606 W. Cherry
- 612 W. Cherry
- 614 W. Cherry
- 405 W. Cherry Court
- 406 W. Cherry Court
- 407 W. Cherry Court
- 408 W. Cherry Court
- 409 W. Cherry Court
- 406 W. Chestnut
- 408 W. Chestnut
- 1201 W. College
- 300 E. College*
- 303 W. College
- 309 W. College 1-5*
- 312 W. College 3
- 400 W. College 1-5
- 401 W. College 1-4*
- 407 W. College 1-4*
- 409 W. College 1-3,5
- 501 W. College 1-2

- 503 W. College 1-3
- 507 W. College 1-3
- 509 W. College 1-3
- 710 W. College 1-3*
- 807 W. College
- 809 W. College
- 810 W. College
- 301 E. Crestview
- 104 S. Forest
- 115 S. Forest
- 120 S. Forest
- 303 S. Forest
- 603 S. Forest
- 716 S. Forest
- 607 W. Freeman
- 500 S. Hays
- 503 S. Hays
- 507 S. Hays 1
- 509 S. Hays
- 511 S. Hays
- 514 S. Hays
- 212 W. Hospital
- 401 S. James
- 815 N. James
- 611 W. Kenicott
- 515 S. Logan
- 610 S. Logan
- 614 S. Logan
- 407 W. Monroe 1&2*
- 417 W. Monroe
- 400 W. Oak 1,2
- 408 W. Oak
- 501 W. Oak
- 505 N. Oakland
- 511 N. Oakland
- 514 N. Oakland
- 602 N. Oakland
- 617 W. Owens
- 1305 E. Park
- 202 N. Poplar 1
- 506 S. Poplar 1-7*
- 509 S. Rawlings 2-6
- 519 S. Rawlings 2-6*
- 1619 W. Sycamore
- 1710 W. Sycamore
- 408 S. University
- 1130 W. Walkup
- 402 W. Walnut
- 404 W. Walnut
- 504 W. Walnut
- 820 W. Walnut 1,2
- 168 Watertower Drive

Two Bedroom

- 503 N. Allyn
- 609 N. Allyn
- 616 N. Allyn
- 616 1/2 N. Allyn
- 408 S. Ash
- 504 S. Ash 1-3*
- 508 S. Ash 1,4
- 514 S. Ash 1-3, 5-6
- 502 S. Beveridge 2
- 507 S. Beveridge 1-5*
- 599 S. Beveridge 1-5
- 512 S. Beveridge 1-7*
- 513 S. Beveridge 1-5
- 514 S. Beveridge 1-6
- 515 S. Beveridge 1-5
- 508 N. Carico
- 510 N. Carico
- 602 N. Carico

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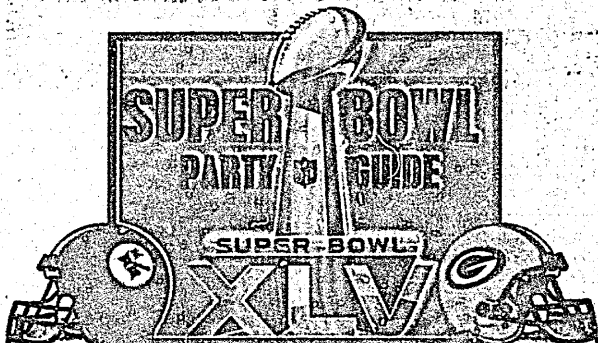
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WHAT TO EAT



Meat and Sausage Dip
 1 lb. hot sausage, 2 lb. Velveeta
 (4-10 oz. can diced Rotel Tomatoes)
 Brown sausage and drain. Cut Velveeta into cubes and place in crock-pot with Rotel and browned sausage. Heat in crock-pot until Velveeta is melted.

Empanadas/Jello Pie
 3rd and 4th crock-pot
 3 packages of chocolate Jello
 tub of party whip

Make Jello according to instructions. Mix with tub of cool whip. Fill the graham cracker crust and top with a layer of additional cool whip/Reddies or vanilla ice cream.

WHO WILL WIN

- Glenn Poshard- Packers 23, Steelers 14
SIU President
- Rita Cheng- Packers 24, Steelers 17
Chancellor
- Chris Lowery- Steelers 28, Packers 14
Men's Basketball Coach
- Mike Reiz- Packers 28, Steelers 24
Saluki Sports Broadcaster
- Rick Johnson- Packers 20, Steelers 17
Daily Egyptian Editor-in-Chief
- Jacob Mayer- Packers 27, Steelers 21
Daily Egyptian Sports/Managing Editor
- Winston Mezzo- Steelers 24, Packers 3
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APARTMENTS
(include water & trash)

1 BEDROOM 804 N. Bridge St. Duplex #1, #2 806 1/2 N. Bridge St. Duplex #3, #4, #5 805 W. Main St. #1, #6	1 BEDROOM 905 W. Sycamore #1, #2 423 W. Monroe #1 (W/D on site)	1 BEDROOM <small>handicap</small> 805 W. Main #1 - #5 423 W. Monroe #2-#6 (W/D on site)	2 BEDROOM 905 W. Sycamore #3, #4 210 S. Springfield #3
--	--	--	---

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LUXURY EFFICIENCIES 408 S. Popular #1 - #8 Near Campus (W/D on site)

HOUSES all with W/D & FREE Mow

2 BEDROOM 804 N. Bridge St. 100 S. Dixon* 309 S. Oakland 311 S. Oakland 317 S. Oakland 401 S. Oakland* (w/ garage) 806 W. Schwartz	2 BEDROOM 905 W. Sycamore* 909 W. Sycamore* 2 or 3 BEDROOM 911 W. Sycamore* 309*, 402*, 402*, 403*, 404*, 405*, 407* & 409* S. James 100 S. Dixon* (w/ deck & garage)	3 BEDROOM <small>handicap</small> 803 W. Schwartz 210 S. Cherry* 607 W. Cherry* 315 S. Oakland* 503 N. Oakland* 109 S. Dixon* 310 S. Forest* 401 S. Forest <small>handicap</small> * 422 W. Sycamore* 424 W. Sycamore* 513 N. Dixie	4 BEDROOM 410 S. Forest <small>handicap</small> * 308 S. James* 906 W. Cherry <small>Urban or garage</small> * 910 W. Hill <small>2 beds</small> * 403 S. Oakland <small>2 beds</small> * 1701 W. Sycamore* 421 W. Monroe <small>handicap, 2 bedrooms</small> * 505 S. Forest <small>handicap, 2 beds of deck</small>
--	---	---	--

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Crossword

THE Daily Commuter Puzzle by Jacqueline E. Mathews

- ACROSS**
- Husband & _____
 - Beneath
 - Facts & figures
 - Abbr. following many poems
 - Innocent; unworlly
 - Frosts, as a cake
 - Mix
 - Wild
 - Metal fastener on a jacket
 - North Star
 - Royal crowns
 - Receive
 - Place of pilgrimage
 - Rubber glove material
 - Unhappy
 - Conceals
 - Excessively dry
 - _____ Diego, CA
 - Upper house of Congress
 - Flower garden
 - Map books
 - Final bill
 - Vigor
 - Republican Party, for short
 - Likelihood
 - High-powered surgical beam
 - Chop down
 - Check recipient
 - Singing voice
 - Major conflict
 - Dreamlike
 - Give to another to be sold
 - Leg joint
 - Boise's state
 - Little grimace
 - Concept
 - Sane; clearheaded
 - Pointed hole-making tools
 - Dimwit
 - Glasses, familiarly
 - Siestas

1	2	3	4	5	6	7	8	9	10	11	12	13
14				15					16			
17				18					19			
20				21					22			
23	24			25					26			
27	28			29					30			
31				32					33			
34				35					36			
37				38					39			
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43				44					45			
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55				56					57			
58				59					60			
61				62					63			
64				65					66			
67				68					69			

- Vanished _____ thin air
- Fencing sword
- Furious
- Not qualified
- Scottish denials
- Hitchcock or Scorsese; abbr.
- Sidestepped
- Artifact
- Scorn
- Pimples
- Angels or Reds
- Deadly snakes
- Film critic Reed
- Cramps
- Supervisor
- Can wrapper
- Amphitheater
- Wave movements
- "My Gal _____"
- Papa
- Piano piece
- Perceive; feel
- Pigpen
- Aug.'s follower
- See eye to eye
- Plant seeds
- Withdraw, as in battle
- Flower
- Bank heist
- Skillet
- Tacks
- Forest
- Slide on ice while in a car
- Take apart
- Film holder
- Fashionable
- "The Hawkeye State"
- Swallow hard
- Loch _____ monster
- Highest spade

Thursday's Puzzle Solved

VEER	ARISE	ACID										
IDLE	LONER	TODD										
LIED	LACERATION											
ETC	CODA	FELLS										
THAWS	KIND											
SPRINGS	ASORDID											
OLIVE	CANOE	MAT										
LACE	BATIK	SPRY										
ETA	TENET	SHEEP										
ELDEST	WEIRDO											
OPT	MEANS											
ALGAE	CURL	OWE										
BARBER	POLE	INON										
EVIL	OATEN	CARD										
SANE	WREST	ELKS										

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Horoscopes

By Nancy Black and Stephanie Clement

Today's Birthday — Your optimism is on the rise during this year. Be patient, as good things are coming your way. Later in the year, your career will take off, providing you with pleasant surprises, as long as you apply yourself and don't take things for granted.

Aries (March 21-April 19) — Today is a 9 — You feel extremely creative today. Everything seems to be coming together. Naturally generous, you can walk in the shoes of others. Invent solutions.

Taurus (April 20-May 20) — Today is an 8 — It's easy for you to see things through other people's eyes today. You make new friends easily. Be conservatively ambitious, and chase a dream.

Gemini (May 21-June 21) — Today is an 8 — Be open to changes in your career. If you're unhappy with your government, consider a job in public office. Question authority.

Cancer (June 22-July 22) — Today is a 6 — Start planning for a long trip today. It may not even require getting up from the sofa. Your imagination can take you farther than any airplane. Sketch a map.

Leo (July 23-Aug. 22) — Today is an 8 — Beauty shows up today in the most unexpected places. Sudden changes of emotion abound. When this happens, express your feelings creatively, or listen fully.

Virgo (Aug. 23-Sept. 22) — Today is a 7 — Write that letter or email that you've been avoiding. Your wild imagination today actually helps you out, and this helps others. Complete something.

Libra (Sept. 23-Oct. 22) — Today is a 7 — After the play reveals hidden emotions, it's time to get to work. Make sure you get plenty of rest and healthy food. Then use that passion to score.

Scorpio (Oct. 23-Nov. 21) — Today is a 6 — Despite distractions, take separate single moments in which you just notice hidden beauty. Immerse yourself in childish laughter. Be open to love.

Sagittarius (Nov. 22-Dec. 21) — Today is a 6 — It's a good day to redecorate your home, your room or your desk. Don't be afraid to get rid of things that you no longer need. Think thrift store.

Capricorn (Dec. 22-Jan. 19) — Today is a 7 — Have you been wanting to write a novel, script, poem or song? Today's the day. Apply creativity to paper, recording or digital format. It's just flows.

Aquarius (Jan. 20-Feb. 18) — Today is an 8 — Lucky in love and in games, you find yourself at a time of high creativity, optimism and new ideas. Reexamine old habits and invent new ones.

Pisces (Feb. 19-March 20) — Today is a 7 — You're entering a three-week, socially active phase. Share recent insights with others. Your hard work pays off. You've won admiration and respect.

JUMBLE

Unscramble these four Jumbles, one letter to each square, to form four ordinary words.

HASUQ

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RUILD

CRAHNB

UNDOAR

Ans: " _____ " ON THE _____

THAT SCRAMBLED WORD GAME

by Mike Argirion and Jeff Knurck

Now arrange the circled letters to form the surprise answer, as suggested by the above cartoon.

THURSDAY'S ANSWERS

Jumbles: SMOKY DERBY FAULTY BYGONE
Answer: Occasionally a family does this to make ends meet — ENDS MEAT

SUDOKU

THE SAMURAI OF PUZZLES By The Mephams Group

Level: **1 2 3 4**

Complete the grid so each row, column and 3-by-3 box (in bold borders) contains every digit 1 to 9. For strategies on how to solve Sudoku, visit www.sudoku.org.uk

7	8							4
	6							
2	5		4		8			7
			1	5				
1	3				2			4
					9	2		
9	7	8	2		4			5
							1	
	4							8 9

THURSDAY'S ANSWERS

1	2	7	4	5	8	3	9	6
5	6	4	3	2	9	7	1	8
8	3	9	6	7	1	2	4	5
2	7	5	1	8	4	6	3	9
4	9	3	2	6	7	8	5	1
6	1	8	9	3	5	4	2	7
7	8	1	5	4	2	9	6	3
3	5	2	7	9	6	1	8	4
9	4	6	8	1	3	5	7	2

WOMEN'S BASKETBALL

Blue Jays prove too tough for Salukis

66 *I wish we would have had a little bit more energy tonight. The kids seemed a little tired and sluggish.*

— Missy Tiber coach

AUSTIN FLYNN
Daily Egyptian

Coach Missy Tiber said the SIU women's basketball team has a habit of losing its composure late in games and that point held true in the Salukis' second half against Creighton Thursday in a 62-43 loss.

With the Salukis (2-19, 0-10 Missouri Valley Conference) down 30-21 coming out of halftime, SIU turned the ball over three times, resulting in six quick points for the Blue Jays (14-7, 8-2 MVC).

SIU not only had turnover issues, but the team also came to the game with a lack of energy, Tiber said.

"I wish we would have had a little bit more energy tonight," she said. "The kids seemed a little tired and sluggish."

Creighton went on a 10-2 run in the beginning of the second half and led the Salukis 40-23 with 17 minutes to play. The Salukis had trouble keeping up with the Blue Jays' offense in the second half, similar to the game Saturday against Indiana State, which the Salukis lost 48-42.

Katrina Swingler managed to stay out of foul trouble early with only one in the first half but picked up an additional three fouls early in the second half, which kept her on the bench for much of the rest of the game.

Teri Oliver led the team with 18



JESS VERMEULEN | DAILY EGYPTIAN

Senior forward Nneka Nwani attempts a shot Wednesday against freshman forward CICI Shannon during practice at the SIU Arena. The Salukis lost 62-43 to the Creighton Blue Jays Thursday at Creighton, putting them at 2-19 overall and 0-10 in the Missouri Valley Conference for the season.

points on the night but was upset with the way the team competed in the second half, she said.

"Starting the second half we came out so slow and they went on a 9-0 run," Oliver said.

Swingler ended the night with a double-double with 10 points, 10 rebounds and had the team-high of three steals.

Swingler said the team needed to put in a full 40 minutes of good play to compete against the Blue Jays, but she didn't believe the team fulfilled those

aspirations Thursday because it didn't work hard enough.

"We need to work harder, (not) get down after turnovers and just stick together," Swingler said.

The Blue Jays jumped on the Salukis early with three 3-point shots and led 9-2 three minutes into the game.

Freshman point guard Brooke LeMar faced a non-stop barrage of Blue Jay defenders throughout the game. She gave up six of the team's 16 turnovers in the first half and

committed three fouls.

The 16 turnovers were more than the number of turnovers the Salukis had for the entire game against Indiana State.

"Turnovers were pretty much our downfall," LeMar said.

The biggest setback for LeMar in the first half was her lack of assists, and she didn't have any going into the second half.

The team did find some life in the final 45 seconds of the first half when it grabbed a few steals and narrowed

the deficit from 15 points down to nine to go into the half 30-21.

That would be the most momentum the Salukis would see in the game, as the team would go on to give up 32 more points to the Blue Jays in the second half.

The Salukis will return to the court at 5 p.m. Friday to face Drake in Des Moines, Iowa.


Austin Flynn can be reached at aflynn@dailyegyptian.com or 536-3311 ext. 282.

D.E.


Daily Bark

Steelers vs. Packers in the big game in Big D. Who ya got?

I'm going to have to go with the Steelers. Those boys have held that trophy high more times than any other team out there.




TREY BRAUNACKER
tbraunacker@dailyegyptian.com



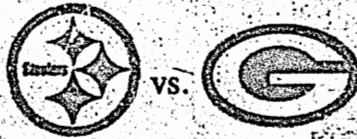
JUSTIN KABRES
jkabbes@dailyegyptian.com

The great Lombardi in the sky has come to get his trophy back! The Pack win 24-14.

I hate to say it, but I think I'm going to have to go with the Packers. I think they have gained enough momentum by beating the Bears to win the Super Bowl.



AUSTIN FLYNN
aflynn@dailyegyptian.com



TENNIS

Men, women move on to Morehead

TREY BRAUNECKER
Daily Egyptian

Both the men's and women's tennis teams will face Morehead State for the first and only time of the season Saturday and both said they're ready to compete to the best of their ability.

Men's team coach Dann Nelson said although SIU has beaten Morehead before, his team has been practicing hard, and he hopes to see more talent from his players after having a few matches under their belt.

"We played last weekend at the Missouri Valley Individual Championships and we were looking pretty good. Still, this will be our first dual match, so anything can happen," Nelson said.

Even with the men's team having some impressive singles matches this early in the season, sophomore Orihan Spahic said the focus for Saturday's meet is on the doubles matches.

"Hopefully we can come together better. Our singles are good, but our doubles aren't even close to being good," Spahic said.

Senior Falk DeBeenhouwer said the team has practiced hard and thinks it has a good chance of winning the meet.

"Morehead is good, but we always have to try to win. We have to give them respect, but I think



Sophomore tennis player Melania Delsart practices Thursday at Sports Blast in Carbondale for Saturday's match against Morehead State. The team hopes to rebound from its 6-0 opening loss Jan. 28 against Louisville.

PAT SUTPHIN
DAILY EGYPTIAN

we can win if we try our hardest," DeBeenhouwer said.

After a loss to Louisville, women's team coach Andrea Nothwehr said her team has been improving in singles and doubles matches and hopes the team will be successful at the meet.

"I think we'll do well, and we have a

good chance of coming home with the win," Nothwehr said.

Sophomore Jennifer Dien said she would like to improve her mobility on the court.

"I think I would like to (have) a shorter backswing and move my feet a little more," Dien said.

Nothwehr said her players need to improve their style of play for the meet at Morehead.

"We're going to be working the majority of this week on timing and shortening our backswing. I think that's the biggest thing," Nothwehr said.

Both the men's and women's tennis team will be playing against Morehead State, with the men's meet starting at 9 a.m. Saturday in Morehead, Ky.

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MEN'S BASKETBALL

Salukis play last-place Braves after blowout

JUSTIN KABBEES
Daily Egyptian

The SIU men's basketball team will face the last-place Bradley Braves Saturday at the SIU Arena after it lost by more than 20 points Wednesday to Drake, the eighth-place team in the conference.

The Salukis (10-13, 4-8 Missouri Valley Conference) have lost six of their last seven games.

Bradley (7-16, 1-11 MVC), which earned its first conference win Tuesday, managed to top Creighton 69-61 at home. Before the win against Creighton, the Braves were on an 11-game losing streak but still carry a nine-game losing streak on the road. Bradley's last win before Wednesday was Dec. 22 at home against Detroit.

Bradley comes into the game only shooting 41 percent from the field and on average scores five points fewer per game than their opponents. The team's leading scorer, senior guard Andrew Warren, averages more than 19 points per game.

"He's a true scorer," Bradley coach Jim Les said in a weekly

6 You have to give blood, sweat and tears and be committed to each other and there has to be a trust factor.

— Chris Lowery
men's basketball coach

teleconference. "Defenses are being designed to stop him, yet he is still able to be productive for us."

Twenty of Warren's 23 points against Creighton came in the second half, and SIU coach Chris Lowery said the Salukis have struggled in the second half this season. In the past three games, the Salukis' opponents outscored them by a combined 52 points in the second half.

Saturday will mark the 90th meeting between the schools. SIU has won seven of the last 10 games against Bradley, and Lowery is 5-1 against them at the SIU Arena. SIU won 72-64 when the teams last met Jan. 4. Senior forward Carlton Fay scored a career-high 19 points and the Salukis held Warren, who shot 3-for-14, to only 12 points.

In the Salukis' game against Drake the Bulldogs made 16 3-pointers

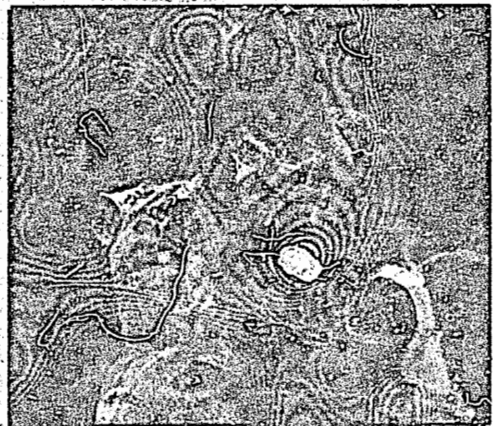
Lowery said the game was the worst defensive effort he's ever been associated with.

The coaches are trying to instill a sense of urgency in the team, Lowery said.

"There are guys in our locker room that know they didn't give their best effort," Lowery said. "That is how you want your locker room to be. Hopefully, now they will understand that just playing basketball is not good enough. You have to give blood, sweat and tears and be committed to each other and there has to be a trust factor."

Drake coach Mark Phelps said his team did make the effort he wanted and the shooters excelled and played off their teammates' performances. It was the fifth straight Saluki loss to the Bulldogs.

The Salukis have tried 10 different



JESS VERMEULEN | DAILY EGYPTIAN

Freshman guard Diamond Taylor takes a shot during the first half of the Salukis' 65-44 loss Wednesday against Drake at the SIU Arena. The Salukis will compete against Bradley at 2:25 p.m. Saturday at home.

starting lineups this season, and Fay is the only player who has started every game.

SIU will tip-off against the Braves at 2:05 p.m. Saturday at the SIU Arena.