A Carbondale Community High School graduate, Bradshaw works at SIU as an office manager. She has been a member of both the Chamber of Commerce and Carbondale Main Street and is chair of the human relations commission. She also serves as chair of the newly formed Northwest Carbondale Neighborhood Association. Bradshaw ran in the last City Council election and said she chose to run again because Carbondale citizens often approach her with ideas for the city all the time. As a council member, she would want to push for a hotel in the downtown area.

Fronabarger was appointed by the council as a member two years ago to fill Mayor Joel Fritzler’s vacant seat. He has served four years on the city planning commission, volunteered at the Carbondale Park District and has helped with plans for the new outdoor aquatic center for the past eight years. He has worked at SIU for 21 years with transfer students. He said he believes his two years of experience on the City Council gives him an advantage over other candidates because he knows what to expect from the position. As a councilman he helped with the city manager selection process, which he said was a rewarding and educational experience. He said his top priority if re-elected would be to focus on economic development.

Harvey has worked at SIU for more than 30 years as an accountant. At the university, she has served on several search committees, including searches for a chancellor and president. She is chair of the planning commission, which she has been a part of for 10 years. Harvey is also president of the civil service council at SIU and treasurer for the Women’s Center Board of Directors. Her main goal as councilwoman would be to balance the city budget, which she said she has experience with as an SIU accountant. Her second goal is to provide quality and affordable housing for both students and families.

An SIU law student, Henrich has lived in Carbondale for nine years. He is vice chair of the human relations commission and has served in the National Guard since 2002. Henrich said he believes he has the time to dedicate to a council position that other candidates might not have. He is most worried that the council doesn’t listen to its citizens enough, and he wants to be responsive to their concerns. Henrich said he wants to make improvements to the downtown area as well as stick closely to the comprehensive plan, which is a plan for the city’s future put together by citizens, organizations, businesses and a consultant and was made official by a council vote in 2010.

Along with being the minister at Greater Gilbeite Temple Church, Holsey works for Carbondale’s housing rehab program. He said his main concern is that the City Council is not people-oriented enough. He believes council members should put more effort into their positions and play an active role in the community. Originally from Cleveland, Ohio, Holsey said he has politician friends in Cleveland who could give him objective advice on Carbondale issues. He said he thinks he is a qualified candidate because he has common sense and is a people person.

Kang has lived in Carbondale 24 years and runs an insurance agency. He has served on the planning commission for more than 10 years and served as Carbondale Park District commissioner for two terms. If elected, he wants to focus on business revitalization and help increase SIU’s enrollment. While the city has promised to donate $20 million over 20 years to the university, Kang wants to give a larger portion of that amount to SIU sooner for scholarship purposes. He also wants to invest in more parks, litter cleanup and energy-efficient city buildings.

Ritzel was born and raised in Carbondale and now is now pursuing a master’s degree in public administration at SIU. He ran for mayor in the last election and is part equity owner of a renewable energy company. Ritzel said he believes he is the candidate that must focused on following the comprehensive plan. He wants to focus on entrepreneurship and local businesses to boost the economy as he has started three record labels and trained musicians in starting their own businesses. Ritzel said he finds it unbelievable that there has never been an SIU student on council, and he thinks it’s important that the students receive representation.

Tisdale is a law student at SIU and is president of the Graduate Professional Student Council. He also serves on the human relations commission. He said he decided to run for council after researching for his GPSC presidency and realized how much the city and university rely on each other. Tisdale said he wants to work on downtown development and making Carbondale a safer place for students and residents. He said in order to make improvements, he wants to continue to review and use the city’s comprehensive plan.

Candidates William Graham and Karim Abdullah had no contact information available. Luke Adams Jr. was called multiple times but did not return any messages.
Rush-hour traffic was jammed at the intersection of Illinois Avenue and Main Street when six handicapped students tried to gain support for a hunger strike protesting President Nixon’s veto of the Rehabilitation Act. Traffic was stopped for more than 10 minutes before police removed the protestors.

About Us

The Daily Egyptian is published by the students of Southern Illinois University Carbondale 50 weeks per year, with an average daily circulation of 15,000. Fall and spring semester editions run Monday through Thursday. Summer editions run Tuesday through Thursday. All intersession editions will run on Wednesdays. Free copies are distributed in the Carbondale and Carterville communities. The Daily Egyptian online publication can be found at www.dailyegyptian.com.

Mission Statement

The Daily Egyptian, the student-run newspaper of Southern Illinois University Carbondale, is committed to being a trusted source of news, information, commentary and public discourse, while helping readers understand the issues affecting their lives.

Copyright Information

© 2013 Daily Egyptian. All rights reserved. All content is property of the Daily Egyptian and may not be reproduced or transmitted without consent. The Daily Egyptian is a member of the Illinois College Press Association, Associated Collegiate Press and College Media Advisers Inc. and the College Business and Advertising Managers Inc.

Publishing Information

The Daily Egyptian is published by the students of Southern Illinois University Carbondale and functions as a laboratory for the department of journalism in exchange for the room and utilities in the Communications Building. The Daily Egyptian is a non-profit organization that survives solely off of its advertising revenue. The Daily Egyptian receives no student fees or university funding. Offices are in the Communications Building, Room 1259, at Southern Illinois University Carbondale, Carbondale, Ill., 62901. Bill Freivogel, fiscal officer.
Trustees Hamilton, Wiley protest chairman vote

KARSTEN BURGSTAHLER
The Weekender

Although the SIU Board of Trustees had to postpone its meeting for lack of quorum, another show still went on.

“Voices — Musical Selections by Students and Faculty from the SIUC School of Music” was scheduled for a performance during the board’s Academic Aairs committee meeting. Although the meeting was postponed, students and staﬀ performed their pieces as some crowd members remained in their seats and others began to ﬂee through the doors. The performance stood in contrast to the board’s brief but tense meeting.

The full board convened at 9:00 a.m. to vote on a new chairman, but ﬁve trustees quickly became three after David Hamilton and Marquita Wiley walked out following a 3-2 vote against postponing the election. Hamilton became the only SIU-Edwardsville board representative after Gov. Pat Quinn did not renew three SIUE trustee’s terms.

Hamilton said he supported electing a temporary chairman so the meeting could proceed, but he was against a permanent chair election without proper SIUE representation. Hamilton and Wiley voted to postpone while Roger Herrin, Donna Mantering and Don Lowery voted to proceed.

“I cannot justify electing a chairman when I am the only representative from one of our major campuses,” he said. “What the governor has done is take away our representation, and such a major vote can’t be held without my campus being fully represented.”

However, Lowery said the election is not something to worry about.

“Muds to do has been made about the election of the chairman,” he said. “I’d just like to note that a chairman is just one vote on this board. (A chairman) doesn’t have any inherent powers greater than any other member.”

Lowery said the election would proceed the same way whether or not Quinn had appointed three new trustees to the positions formerly held by SIUE trustees John Simmons, Ed Hightower and Mark Hinrichs.

“If the governor would (nominate and conﬁrm) three new members tomorrow, they wouldn’t know any more about the operation of the board than the ﬁve of us know now,” he said.

“The selection of trustees is an issue between the legislature and the governor, and everybody at this table oughta butt out of it.”

However, Wiley said she agreed with Hamilton and seconded his original motion.

“I think very strongly that it is absolutely (necessary) that we have a full compliment of the board at the time that we elect a chairman,” she said.

Robert’s Rules of Order, which are guidelines the trustees follow to hold meetings, would allow a Chair Pro Tempore to be elected so the board could continue meeting, she said. However, Lowery said he has seen the board ignore guidelines when it is more convenient for the its proceedings, so it does not necessarily need to follow Robert’s Rules, only board policy.

“You have to have the election,” he said.

“This is the regular meeting. It’s the ﬁrst order of business. It has to be taken care of.”

Hamilton announced his departure immediately after the vote.

“I had to do what I had to do to ensure that Edwardsville had equal representation,” he said. Hamilton said part of the issue falls back on the Quinn’s late February appointments. If the senate had approved nominees, he said, it could have led to new trustees voting on university issues several days after selection.

“Don’t appoint people two days before a meeting,” he said. “Give them time, governor, you know how meetings operate. You’ve been in a board meeting before, I would imagine, maybe not by the way you’re acting. But governor, appoint people a month ahead of time so that they have time to know the issues. Stop playing politics with our university, and that goes for both campuses. The governor, I feel, is holding us hostage for political gain.”

Karsten Burgstahler can be reached at kburgstahler@dailyEgyptian.com or 536-3311 ext. 255.
The city’s budget is almost set for the next fiscal year. The City Council discussed Carbondale’s next fiscal year budget and approved the new Liberty Village nursing home’s site plan during its Tuesday meeting. Members were not alone in their concerns about some of the proposed budget’s areas, as citizens voiced some changes as well. The council also said the budget plan is available for public inspection at city hall.

The city expects to receive $46 million in revenue with more than $50 million budgeted expenses such as $9,087,917 for the police department and $2,832,849 for the public works department.

Councilman Don Monty said he thought the inclusion of a proposed plan to repaint bike lanes, increase the number of them and have more bike-friendly signs to encourage biking should be considered. Council member Jane Adams said she agreed and thought bikers should be supported more and be able to safely ride in the streets, especially since she had an incident where she was almost hit by a biker on the sidewalk.

The council also discussed the neighborhood assistance teams’ future, which people have proposed to eliminate from the budget because of the lack of action they see from them.

Sandy Litecky, a Carbondale resident and member of the neighborhood assistance teams, said the teams are still working and held a meeting last year, which included police staff and Chris Wallace, development services director of Carbondale.

Monty said he thinks the teams should stay on the budget, but they need to be used. Monty said the teams’ intent is to have senior staff meet with neighborhoods, hear their concerns and enact them.

“The nature of the response was, ‘Well we should just take it out of the budget,’ and frankly my response is keep it in the budget and do it,” he said.

Monty also said he was concerned the city’s proposed electronic parking meter would be an inconvenience, especially in large parking lots. Mayor Joel Fritzler said he has not been fully satisfied with his electronic meter experiences and proposed the city take meters from less-used parking areas and place them in more populated ones.

Councilman Chris Wissmann said he was worried about the city’s next energy audit because this year’s was presented poorly. An energy audit is an inspection which surveys and analyzes a city’s energy flow and conservation.

“What a piece of crap,” he said. “It was written at maybe a second-grade level. It was just embarrassing for us. I can’t believe we paid for it.” Wissmann said while he will not be in office for the next audit, he thinks the council should hire someone credible and not deal with another sub-par report.

The council also discussed the ways to make the city more business-friendly. Adams proposed the city find ways to speed up either businesses’ permit process or responding to their request. She said the city’s police calls are tracked on how long it takes for them to be answered, so a similar system should be implemented to quicken business assistance.

The council also discussed and approved the site plan for the new Liberty Village nursing home addition. The construction is the result of a proposed plan to use land that was reserved for an unbuilt assisted living building.

For The rest of the story visit www.dailyegyptian.com
One of the university’s most famous professors will be in the spotlight as a Registered Student Organization prepares the first-ever festival in his honor. The Fuller Future Festival is scheduled to run Thursday through Saturday and will feature guest speakers, presentations and interdisciplinary workshops for those interested in Richard Buckminster Fuller’s life and teachings.

Fuller, a prolific designer, speaker and futurist, became famous for his work on various eco-friendly inventions such as the Dymaxion car, a fuel-efficient car developed in the 1930s, and the geodesic dome, a lightweight and durable structure meant for cost efficient housing. One example of Fuller’s work, the Fuller dome, can be seen north of campus on South Forest Avenue.

Fuller also was known for his peaceful worldview, promoting the ideas of co-humanity and resource conservation as the next means to ultimately stabilize human society.

Brent Ritzel, Buckminster Fuller Future RSO president and a graduate student in the Public Administration Program, advanced energy and fields management, said the festival’s main focus is to promote the peaceful ideals Fuller practiced in his life.

“We want to make a dialogue on how to conserve natural resources,” he said. “As a kid, Bucky loved to be a part of the betterment of humanity as a whole. He was about working with the world around us and striving for a peaceful planet, as well as understanding Fuller’s teachings and its connection to the betterment of humanity as a whole.”

Donoghue said the festival will feature events ranging from guest speakers such as Steve Brant, who has been involved in international housing development work with non-profit organizations, and author Steven Sieden, who will have a presentation of Fuller’s teachings and its connection to the Bodhisattva and the Buddhist religion. During his last fifteen years of life, Fuller dedicated his time to traveling the world and sharing his humanitarian beliefs and views on how to conserve natural resources.

“I think meeting all these kinds of interesting people, especially seeing an array of people influenced by Bucky, is really what has kept me involved in this for so long,” she said. “Some are artists, some are doctors, there is such a wide spectrum of people who do all of this great work, and he is a big influence on what they do.”

Steve Gariepy, a graduate student in outdoor education from Branton, said he quickly joined the Fuller RSO once he heard about it.

“I think that Bucky is something Carbondale can really be proud of, because at one point he was probably one of the biggest men in the world and I wanted to be involved with an organization that would focus on a great man like Bucky,” Gariepy said.

Ritzel said Fuller was one of the few people in the last century who has publicly produced a dialogue on the nature of reality, such as how architectural designs come together and the practicality of working with a project, not against it.

“Fuller was creating a four dimensional structure when most of us build on a three dimensional scale,” he said. “His structures almost had sympathy with nature, he worked with physics and I think that is why you still see a lot of his geodesic domes still standing today.”

Gariepy said Fuller’s message ultimately was about working with the world around us and striving for a peaceful planet, as well as the betterment of humanity as a whole.

“Some of us think that Bucky’s ideas are crazy, specifically the idea of being able to imagine and visualize a better way of living, but promoting Bucky and helping to keep those dreams alive are important,” Gariepy said.

Trey Braunecker can be reached at obwewriter@dailyegyptian.com or 536-3311 ext. 259.
Undergraduate Student Government considers constitutional amendments

JESSICA WETTIG MILES
The Weekender

The University’s Undergraduate Student Government will soon decide on several constitutional amendments.

Internal Affairs committee chair Dominique Woodhouse announced her committee is expanding Judicial Branch duties in the Constitution. USG also furthered an amendment that would change the group’s finance committee and approved three RSOs.

Woodhouse said the option to appeal accusations is one RSOs did not have before. “If (RSOs) violate rules, just like any other appeals process, they can take it to the judiciary branch,” she said. “The sanction (will either be) passed if it’s going to be put upon them, or it can be taken off.”

Woodhouse said this is the only recent major change to the constitution’s judicial branch. This change was voted on in other previous meetings and is still progressing.

Beyond judicial matters, senators continued to review a document that would transition the Finance Committee into a department of treasury. The Finance Committee declared an upcoming election several weeks ago for finance chairs. Senators Kenny Newsome and Adrian Miller were candidates for the position, but Newsome has since left and Miller was temporarily chair. Senator Oliver Keys acted as both Executive Affairs Committee chair and finance chair Tuesday night, and Miller said there will not be an official finance chair until next semester.

Miller proposed a 19-page document to the senate several weeks ago that would begin the finance commission transition, but senator Cameron Shulak presented a two-page amendment to the constitution based on the document. Shulak said the amendment is much shorter than the original document because most of it had nothing to do with the amendment. Much of Miller’s document concerns guidelines, such as funding organization and members’ full-time student requirements, and the amendment will simply put the treasury in place, Miller said.

“Where it gets complicated is the guidelines,” Miller said. “This is the simple stuff.”

Miller previously proposed forming a committee to make decisions regarding the final documents that would establish the treasury. Keys nominated senator Christopher Wheeler, who had openly expressed his concerns about the document to the committee. She also nominated Shulak, and Miller nominated senator Brandon Wilingham.

These three candidates were approved unanimously, and Miller announced the committee will meet Sunday to discuss further treasury decisions.

USG also approved three new RSOs during Tuesday’s meeting.

The SIU Medieval Combat Club is centered around a sport that involves medieval-designed weaponry. These padded weapons are used for combat and martial arts, according to an RSO presentation.

Youth in Care on Campus is an organization designed to help students who were raised in foster care to transition into the college setting, according to information presented by the RSO. This is designed to support both current and former students formerly in foster care.

Natural Girl is an organization devoted to women who are dedicated to keeping their natural hair. These members will not use any chemicals at all in their hair, according to a presentation from the RSO.

Jessica Wettig Miles can be reached at jwettig@dailyEgyptian.com or 536-3311 ext. 259.
GPSC members elected new officers during their meeting Tuesday.

GPSC re-elected Blaine Tisdale as president through a secret ballot, while councilman Matt Ryg was voted to replace Peter Lucas as Vice President for Administrative Affairs and councilman John Stewart was voted to replace Brooke Talley, Vice President for Graduate Affairs. In other agenda items, Lucas also announced GPSC’s end of the year budget is in line with last year’s.

Tisdale said he is honored to serve another term as president. “This has been a very rewarding experience, and I have learned a lot,” Tisdale said. “I plan to put those hard earned lessons to work in the coming year as president.”

Beyond decisions for GPSC’s future, Peter Lucas said the council’s present financial status is similar to its status toward the 2011-2012 school year’s end.

Lucas said at the meeting that GPSC has given out 109 individual travel support awards, which help students attend conferences and other events, totaling $14,440.98. The council has a total travel support budget of $30,000, he said.

“I was curious about those numbers, so I did some research,” Lucas said. “Last year we had 213 people for the amount of $27,000. The majority came in the spring, so it looks like we still have quite a bit of funding to give out.”

GPSC has funded 25 events this year totaling $27,274.16, Lucas said. The council’s event funding budget is $35,000, and last year the council spent $38,239.19 funding events. “We are right on track with last year,” Lucas said.

Lucas said GPSC has also given out 60 research awards. Students from every college on campus received awards, he said.

Elizabeth Zinchuk can be reached at ezinchuk@dailyegyptian.com or 536-3311 ext.268.
Virtual every City Council candidate agrees on one thing: Carbondale needs some sprucing up.

From improving rental housing to reviving the Strip, nine of the 12 candidates running for three of the six council seats in Tuesday's election shared their ideas on issues facing the city. The three who gain the most votes will serve a four-year term and can run for re-election as many times as they choose. They will face issues that include housing standards, crime prevention, property zoning, business revitalization and more.

In the 2010 election, there were 2,878 voters registered out of a population of 25,902. While there has never been an SIU student on the council, three are running for a seat. City Manager Kevin Baity said it's important for Salukis to pay attention to their council's decisions because they affect students in many ways. Mayor Joel Fritzler said SIU students often don't vote in council elections because they plan to be in Carbondale only for school. He said student involvement is still encouraged, though, and students hold seats on the liquor advisory board, human relations commission and sustainability commission.

Baity said the City Council votes on sales tax rates, parking permit fees, regulations for rental housing inspections, water and sewer rates, issuance of liquor licenses and more.

"As a student, there may only be a few items that the council makes decisions on that do not affect them," he said.

### Housing

"There are some properties I wouldn't tie my dog in," candidate Navreet Kang said.

He said many neglected properties are being rented to students, and landlords need to be held accountable for that. Other council candidates agreed housing is an issue and mentioned a possible solution would be to hold landlords to the city codes.

Candidate Brent Ritzel said fines should be heavier for not meeting city regulations.

"It's about creating penalties that are painful enough so that instead of continuing to abuse the rest of us, they pay out of their pocketbook," he said.

Candidate Carolin Harvey said she doesn't think there are enough housing inspectors, so she would like to research the idea of adding more. She said while she is concerned about quality housing for students, she also wants to ensure affordable housing for families.

### Economy

"I came back here four years ago after being gone for 23 years," Ritzel said. "It was like, 'What happened here?' It really was like a nuclear bomb went off."

He said Carbondale's economy and nightlife have taken a turn for the worse, and he wants to remedy them by encouraging entrepreneurship.

Candidate and current council member Lee Fromanburger said his top priority is to create a better economy. He said he wants to look into offering more manufacturing jobs and bringing more businesses into the area.

"We have to have the funds to do the projects we want to do," he said. "We have to be able to pump more money and have it recycled through our community, bring more revenues, more jobs, so people can afford to shop in our stores and eat in our restaurants."

Candidate Tony Holsey said he agrees the city needs to be more productive with job opportunities and a lively downtown.

"We've kind of lost our identity a bit," he said.

Bradshaw said she would like to see a downtown transportation hub near the train station that would include a hotel, bus stop and car rental agency.

### Safety

Holsey said while he believes Carbondale is relatively safe, there is a high burglary rate "that needs very much to be addressed."

He said a lot of the problem stems from turnover in neighborhoods so neighbors don't know each other well enough to look out for others' homes.

Harvey said she agrees that citizens could help each other out, and she has seen neighborhood watch policies implemented in places such as the Arbor District.

"I should know who my neighbors are, and we should kind of watch out for each other," she said.

Hennrich, as well as a few other candidates, mentioned it would be smart to increase police patrol on foot and bikes as well as add more lighting in certain areas. However, Fromanburger said he thinks Carbondale is safer than many areas because it has two police forces, one for the city and one for the university. He agreed he would like to see more police on bikes and foot, though.

Candidate Pepper Holder said he would also like to see more cops on foot because it makes them easier to approach. He said police give off the perception that they're only trying to look for crime when they are in cars.

### SIU Enrollment

Candidate Blaine Tisdale thinks it is important for a student to be on the council so students' concerns can be represented.

"Making sure there's a student that's connected to the university and has their fingers on the pulse and ear to the ground, that knows what's going on and gets the climate of the campus, that has been another concern," he said.

Kang said the issue is that not enough Carbondale high school students are being recruited by SIU. He said he wants to invest more of the city's budget into scholarships for quality students.

Candidate Jerrold Hennrich said he believes downtown should become more of an entertainment hub for students, while Ritzel said he wants to create more job and internship opportunities for students.

Candidate Jessica Bradshaw said she wants more livable-wage jobs for residents.

"We need to support people so once they graduate, they want to stay here," she said.

While there has never been an SIU student on the council, three are running for a seat. City Manager Kevin Baity said it's important for Salukis to pay attention to their council's decisions because they affect students in many ways. Mayor Joel Fritzler said SIU students often don't vote in council elections because they plan to be in Carbondale only for school. He said student involvement is still encouraged, though, and students hold seats on the liquor advisory board, human relations commission and sustainability commission.

Baity said the City Council votes on sales tax rates, parking permit fees, regulations for rental housing inspections, water and sewer rates, issuance of liquor licenses and more.

"As a student, there may only be a few items that the council makes decisions on that do not affect them," he said.
Other Helgisson spent Easter Sunday doing what he said he does almost every Sunday — fighting and teaching.

He strapped on his leather medieval combat gear — braces, helmet and self-made chest armor — grabbed his large shield and sword made of Styrofoam and played Dagorhir.

After he was properly dressed, he showed newcomer Ester Shea the basics of combat.

Shea, a John A. Logan College student studying sign language interpretation, said she got interested in the society because she has friends who participate in the activity at Evergreen Park.

Throughout the afternoon, Helgisson taught Shea the correct posture to engage in one-on-one sword combat and how to properly deflect attacks with a sword.

Dagorhir is a game played by two teams, which take opposite sides of a field and engage in combat until all of one team’s members are “dead.”
Karsten Burgstahler
The Weekender

At the end of May, network executives will stand in front of advertisers and confess their sins. They’ll let everyone know which television concepts tanked and which ones worked. Advertisers will get first looks at pilots networks are considering, and deals will be made to give shows new life. It’s called Upfronts, and for ABC, NBC, CBS and Fox, presentations could either be pep rallies or funerals.

But before networks and cable reach Upfronts, successful shows already have been renewed and dying shows have been axed. Here’s a look at what shows will survive, which shows will be saying farewell and which channels have the most to celebrate.

ABC has had a few victories this year, but none of them have been monumental. Hey, what can you expect from a network that at any given point has some version of “The Bachelor” or “Dancing with the Stars”? Although, I can’t blame ’em — those shows get consistent ratings.

“Once Upon a Time” is a good performer, both versions of “The Big Bang Theory” have driven ratings, and although “American Idol” simply isn’t delivering. However, ratings are sold enough for Fox to keep it around.

Fox will most likely return, “The Mindy Project” has been a hit, so I’d say that’s another guarantee. Ratings juggernaut “Once Upon a Time” has been quite a success and was renewed for a second season; Fox follows the cable format of shorter non-stop seasons with “The Following,” and I think the method is paying off dividends.

“The Voice” is a success, but Fox yearns for the days when “American Idol” was first in fall ratings. Advertisers will get first looks at pilots networks have already been renewed.

“Revolution,” which follows “The Voice” on Mondays, has been a successful high-concept drama, something networks have struggled with ever since “Lost” left the airwaves. But that’s where NBC’s streak stops. Without “The Voice,” ratings are flat.

“A Day to Remember,” which follows “The Voice,” is a success, but Fox yearns for the days when “American Idol” was first in fall ratings. Advertisers will get first looks at pilots networks have already been renewed.

“American Idol,” Fox’s trusted rock, hasn’t fared so well against “The Voice.” Audiences want new twists on the singing competition format, and “American Idol” simply isn’t delivering. However, ratings are sold enough for Fox to keep it around.

You also own a lot to Seth MacFarlane. “Family Guy” and “American Dad” have both been renewed, and while “The Cleveland Show” has yet to receive a callback, I don’t think Fox will dump it. I could be wrong.

Like ABC, Fox is mediocre. “The Following” has been quite a success and was renewed for a second season; Fox follows the cable format of shorter non-stop seasons with “The Following,” and I think the method is paying off dividends.

“The Voice,” Fox’s most popular series, has been quite a success and was renewed for a second season; Fox follows the cable format of shorter non-stop seasons with “The Following,” and I think the method is paying off dividends.

“Revolution,” which follows “The Voice” on Mondays, has been a successful high-concept drama, something networks have struggled with ever since “Lost” left the airwaves. But that’s where NBC’s streak stops. Without “The Voice,” ratings are flat.

Networks look at shows to keep, axed shows new life. It’s called Upfronts, and for ABC, NBC, CBS and Fox, presentations could either be pep rallies or funerals.

But before networks and cable reach Upfronts, successful shows already have been renewed and dying shows have been axed. Here’s a look at what shows will survive, which shows will be saying farewell and which channels have the most to celebrate.

“Once Upon a Time” is a good performer, both versions of “The Big Bang Theory” have been quite successful, along with “Scandal” and (usually) “Revenge.”

CBS has a few victories this year, but none of them have been monumental. Hey, what can you expect from a network that at any given point has some version of “The Bachelor” or “Dancing with the Stars”? Although, I can’t blame ’em — those shows get consistent ratings.

“Once Upon a Time” has been a hit, so I’d say that’s another guarantee. On the other hand, “Two and a Half Men” will most likely return, “The Mindy Project” has been a decent performer, is taking a victory lap and will end May 16. “Go On” and “The New Normal” suffered after losing “The Voice,” but they haven’t fallen off the radar yet. “Deception” has been forgettable, and NBC became the butt of everyone’s joke when they premiered “Do No Harm,” a Dr. Jekyll and Mr. Hyde-like series the channel has already tried and canceled before with Christian Slater’s “My Own Worst Enemy.”

“Hann” lasted two episodes. Shows such as “Parks and Recreation” and “Law and Order: SVU” will most likely return, but NBC’s upfront presentation to garner a chilly reception from advertisers. © 2013 The Weekender
KATHY WITT  McClatchy-Tribune

Among the 260 exhibitors and 450 brands at the 2013 Travel Goods Show held in March in Las Vegas were dozens and dozens of travel goods devoted to keeping you connected to your electronics that keep you connected to the world.

“Today’s society, is more reliant upon technology than ever before — and travel goods manufacturers have taken notice,” said Michele Martini-Prentges, president of the Travel Goods Association and editor-in-chief of the industry publication, “Travel Goods Showcase” magazine. “Across the board, designers have married our nonstop need for connectivity with travel must-haves. Cushioned, water-resistant pockets for tablets, smartphones and laptops are prevalent in the newest backpacks, totes and soft- and hard-side luggage.”

Sleek and strong, ECBC’s Hercules Laptop Backpack ($139.99) has a high-density protective foam compartment that fits most 17-inch laptops — and it’s one you can leave your laptop tucked into when going through security checks. That’s ECBC’s TSA-compliant FastPan system; just unzip the back panel of the backpack, lay it flat and run it through the scanner. And because we’re a multiskating, multi-gadget carrying society, this backpack also has a padded iPad/tablet pocket and a fleece-lined pocket for an MP3 player.

A workhorse and proud of it, the backpack is crafted from an extremely durable material given a water-repellent coating and sports a quick-access front zipper pocket for airline tickets and passport, stuffed mesh pockets to store cables, assorted pockets for personal and work items and a dedicated “hide-away” zipper pocket for water bottles.

L.C. Industries’ Urban Gear is all making life easier and more organized for the active adventurer. Its Canvas Series backpack ($59.99) is compact, comfortable and equipped with a roomy and thickly padded 15-inch laptop compartment for tablet or computer.

This bag is sturdily constructed in 100 percent cotton canvas with water-resistant coating and accented with peach-colored lining and stitching. Plenty of pockets inside and out, including an interior mesh pocket in the lid of the main compartment, can hold all the gear you’ll need to have hands-free on a long flight and still stow easily beneath the seat.

Backpack ($139.99) has a high-density protective foam compartment that fits most 17-inch laptops — and it’s one you can leave your laptop tucked into when going through security checks. That’s ECBC’s TSA-compliant FastPan system; just unzip the back panel of the backpack, lay it flat and run it through the scanner. And because we’re a multiskating, multi-gadget carrying society, this backpack also has a padded iPad/tablet pocket and a fleece-lined pocket for an MP3 player.

A workhorse and proud of it, the backpack is crafted from an extremely durable material given a water-repellent coating and sports a quick-access front zipper pocket for airline tickets and passport, stuffed mesh pockets to store cables, assorted pockets for personal and work items and a dedicated “hide-away” zipper pocket for water bottles.

L.C. Industries’ Urban Gear is all making life easier and more organized for the active adventurer. Its Canvas Series backpack ($59.99) is compact, comfortable and equipped with a roomy and thickly padded 15-inch laptop compartment for tablet or computer.

This bag is sturdily constructed in 100 percent cotton canvas with water-resistant coating and accented with peach-colored lining and stitching. Plenty of pockets inside and out, including an interior mesh pocket in the lid of the main compartment, can hold all the gear you’ll need to have hands-free on a long flight and still stow easily beneath the seat.

ECBC’s Xenon 2 ($169.99) features its Perfect Fit adjustable laptop system, which provides a custom fit for variously sized laptops. The Xenon 2 PFT Laptop Backpack ($69.99), made to hold 15- to 15-inch laptops, has CoolLow padding on the back for comfort and heat regulation, a tablet pocket and two secure, zippered quick-stash pockets. The bag is finished with sporty black-ticked hardware. The Tectonic PFT ($89.99) fits 13- to 17-inch laptops and offers lots of pockets for organization and recreation, including one on the front of the bag with an iPad/tablet pocket and an oversized pocket for over-the-ear headphones, sunglasses and other accessories. This is a bag that can live up to the busiest travel itineraries. Both backpacks have front-pocket organization and a SmartStrap that slides over the handle of an upright suitcase.

Stay connected with new travel goods

Recipes and Design by Sabrina Imundo
The Weekender

Ham Apple Turnovers

Ingredients
4 pre-made apple turnovers
2 packages of Buddig ham or similar deli ham
1/4 tsp ground cinnamon
2 packages of Buddig ham or similar deli ham
4 pre-made apple turnovers

Preheat oven to 400 degrees. Coat cookie pan with shortening; set aside.

Using a knife, slice open the apple turnovers length wise and scoop out the filling mix among the turnovers.

Evenly distribute ham among the apple turnovers; fold ham slices in half and place on baking sheet and bake for 15 minutes.

The red bell peppers in my dad’s potato side dish will add complementary color to your plate.

Stay connected with new travel goods

Recipes and Design by Sabrina Imundo
The Weekender

Ham Apple Turnovers

Ingredients
4 pre-made apple turnovers
2 packages of Buddig ham or similar deli ham
1/4 tsp ground cinnamon
2 packages of Buddig ham or similar deli ham
4 pre-made apple turnovers

Preheat oven to 400 degrees. Coat cookie pan with shortening; set aside.

Using a knife, slice open the apple turnovers length wise and scoop out the filling mix among the turnovers.

Evenly distribute ham among the apple turnovers; fold ham slices in half and place on baking sheet and bake for 15 minutes.

The red bell peppers in my dad’s potato side dish will add complementary color to your plate.

Stay connected with new travel goods

Recipes and Design by Sabrina Imundo
The Weekender

Ham Apple Turnovers

Ingredients
4 pre-made apple turnovers
2 packages of Buddig ham or similar deli ham
1/4 tsp ground cinnamon
2 packages of Buddig ham or similar deli ham
4 pre-made apple turnovers

Preheat oven to 400 degrees. Coat cookie pan with shortening; set aside.

Using a knife, slice open the apple turnovers length wise and scoop out the filling mix among the turnovers.

Evenly distribute ham among the apple turnovers; fold ham slices in half and place on baking sheet and bake for 15 minutes.

The red bell peppers in my dad’s potato side dish will add complementary color to your plate.
Tonight:

Music
- Tres Hombres • Of Moose and Friends (Americana)
- Hella Health Care • Kevin Lucas (art rock)
- Altgeld Hall Room 110 • Outside the Box Music Festival presents Southern Illinois Improvisation Unit featuring William O. Smith (new and experimental music)
- Hangar 9 • Morning Teleportation / Schools / Wei Zhongle
- Newell House Grotto Lounge • Coulter, Goot, and Wall (jazz)
- Key West Bar and Grill • Memory Lane (karaoke and DJ)

Other
- Faner Hall / Museum Auditorium • Visiting Artist Lecture Series presents George Szekely (art education lecture) @ 7 p.m.
- S.I. Bowl • Carterville: cosmic bowling / karaoke
- Castle Perilous • strategic gaming
- Student Center Auditorium • Christopher McQuarrie’s Jack Reacher (film screening) @ 7 p.m.
- Blue Martin • Carbon6 Productions Fuller Future Festival presents Transpoetic Playground’s Poetry Inspired by Buckminster Fuller @ 8 p.m.

Friday:

Music
- Hangar 9 • Swamp Tigers (rockabilly) / PK’s • Barnacle Billy and the Zebra M (original rock)
- Pinch Penny Pub Beer Garden / Copper Company • Mike and Joe (modern rock)
- Altgeld Hall Room 110 • Outside the Box Music Festival presents Jeffrey Gavett (composer)
- Key West Bar and Grill • Memory Lane
- Oak Grove Nursing Home • Kevin Luczkovich presents Laurie McClain (singer / songwriter)
- Old Baptist Foundation Recital Hall • Festival presents Altgeld Chamber Players, Gavett, and Tipei (new and experimental)
- Tres Hombres • Carbondale: DJ Nasty

Other
- Morris Library Auditorium • Carbon6 Productions Fuller Future Festival w/ D.W. Jacobs / L. Stu Donoghue / Sustain Your Dreme: Greatest Hits (panel discussion) / Steve Brant @
- Communications Building Christian M: New Plays Festival presents Jaclyn Munt: How She Wears Her Pants Too High (staged reading)
**Saturday:**

**Music**

Key West Bar and Grill • Memory Lane (karaoke and DJ)

Kite Hill Vineyards and Bed and Breakfast • Larry Dillard (blues)

Fat Patties’ Red Corner • Carbon60 Productions Fuller Future Festival and Carbondale Comedians presents Carbon Soup Number Three A

Tres Hornbrea • Soul Glo / Miss Tess and the Talkbacks (swing)

Pinch Penny Pub Beer Garden / Copper Dragon Brewing Company • Carbondale: Hairbangers’ Ball (hair-metal tribute)

Newell House Grotto Lounge • Casey James (blues)

Longbranch Coffeehouse • salsa night

Hangar 9 • Nonstop Reggae

Farmers’ Market • After Barbed Wire (bluegrass)

PK’s • Züü / Thorlock / Dong Shrapnel (metal showcase)

Blue Sky Vineyard and Winery • Makanda: Carlos Alberto (flamenco)

Walker’s Bluff • Carterville: Chris Stone (acoustic rock) / Bourbon

**Other**

Gaia House Interfaith Center Labyrinth Peace Garden • Carbon60 Productions Fuller Future Festival presents No More Secondhand Lifestyle (workshop) @ 10 a.m.

Castle Perilous • strategic gaming

Student Center Kasakia and Missouri Rooms • Carbon60 Productions Fuller Future Festival presents Steve Lansford’s Thoughtland (multimedia presentation) @ 11 a.m.

Charlotte West Stadium / Barrett Rochman Field • SIU Campus: SIU Salukis vs. Wichita State (NCAA women’s softball double-header) @ 12 p.m.

Campus Lake Boat Dock • Carbon60 Productions Fuller Future Festival and Land for Learning Institute present Steve Gariepy and Curt Carter’s Patterns of Universe (workshop) @ 11 a.m.
When I adopted a second adult cat a few months ago, I knew I was at risk for having one cat or the other — or both — avoiding the litter box. And indeed, it wasn’t long before I found that one of the cats was skipping the box. While I was able to fix the problem quickly through trial and error, for a couple of weeks I knew I was in good company.

That’s because failure to use a litter box is the top behavioral complaint of cat lovers, sending countless cats to shelters every year. But there’s not a medical condition driving the behavior — that means a trip to your veterinarian for a complete workup. Urinary tract infections and diseases such as diabetes make consistent litter box use impossible for even the most well-intentioned cat. You cannot hope to get your cat to use the box again until any health issues have been resolved.

If your feline checks out fine, you need to start working to make sure that everything about the box is to your cat’s liking. The second rule of solving a litter box problem: If the cat isn’t using the box, no one will be happy. Here’s what to look for:

— Cleanliness. Cats are fastidious animals, and if the litter box is dirty, they look elsewhere for a place to go. Clean the box frequently — twice a day is ideal — and make sure it’s completely scrubbed clean and aired out weekly. Having an additional litter box may also help. In my case, the problem was a matter of two cats who didn’t want to share (and really, who can blame them?). I followed the rule of thumb: One box per cat, plus one more. I’d always intended to ramp up to three boxes at the time I introduced the second cat, and if I had, I probably would never have had any issues.

— Box type and filler. Many choices people make to suit their own tastes conflict with the cat’s sense of what’s acceptable. As a covered box may seem more pleasing to you, but your cat may think it’s pretty rank inside, or scary. Likewise, scented litters may make you think the box smells fine, but your cat may disagree — not only is the box stinky, he reasons, but it also has this extra “clean” odor he can’t abide. Start with the basics: a very large box with unscented clumping-style litter. You don’t have to buy an “official” litter box, by the way, large, shallow storage containers and sweater boxes (lids off, of course) make great litter boxes.

— Location. Your cat’s box should be away from his food and water, in a place he can get to easily and feel safe. Consider a location from a cat’s point of view: Choose a quiet spot where he can see what’s coming at him. A cat doesn’t want any surprises while he’s in the box. With multiple cats, try to spread out the boxes so no cat feels his territory is overrun by the other.

Make the area where your cat has had mistakes less attractive by cleaning it thoroughly with a pet-odor neutralizer (available from pet-supply retailers.) Discourage reuse by covering the area with foil, plastic sheeting or plastic carpet runners with the points up.

If you just can’t seem to get the problem resolved, ask your veterinarian for a referral to a veterinary behaviorist. These veterinarians are skilled in behavioral problem-solving and are able to prescribe medications that may make the difference during the remaining period.
CHARLESTON, W.Va. — The sport of tearing into backwoods trails in trucks and all-terrain vehicles, known among enthusiasts as “muddin,” is a part of life for many amateur daredevils who love to get dirty in rural West Virginia, just as it was for “BUCKWILD” cast member Shain Gandee.

He was a fitting pastime for the 21-year-old, one of the stars on a show that warned viewers not to mimic the “wild and crazy behavior” they witnessed — swearing, fighting, four-wheeling, even swimming in the bed of a dump truck-turned-swimming-pool.

He and two others were found dead inside an SUV on Monday about a mile from Gandee’s Sissonville home. The Kanawha County Sheriff’s Department said Tuesday that autopsies confirmed they died of accidental carbon monoxide poisoning. The vehicle was stuck so deep in a mud pit that its tail pipe was submerged; it is possible the gas flooded the cabin because of the clogged exhaust.

In one episode, he describes four-wheeling as a stress-reliever: “This is my medication right here,” he said before getting stuck in a mud pit and blowing up his engine. And there was no place he enjoyed being more than behind the wheel in the woods, Gandee’s cousin Ashley Gandee Lewis said.

Just two days before he died, Gandee had gone mudding with people he met Saturday at the grand opening of her general store in Proctorville, Ohio. “He said, ‘Let’s go!’ And they went,” Lewis said. “Mudding’s just taking your vehicle and finding the biggest mud holes you can get, and seeing how fast you can get through them. You can fish it tail sideways or get stuck.”

“It’s just about having a good time. It’s just about making memories,” she said.

Authorities said Gandee, his 48-year-old uncle, David Gandee, and 27-year-old Donald Robert Myers were last seen around 3 a.m. Sunday at a bar and they told people they were going driving off-road. The SUV was found by one of Shain Gandee’s friends next to a trail used by four-wheel drive vehicles, about 15 miles outside of Charleston.

The network has not said whether it was filming Gandee at the bar Sunday morning or after he left. A four-wheeling charity event was being planned, with donations going to Gandee’s family for funeral costs.

Jim Humphrey, a Morgantown Power Sports sales manager, said mudding is just a part of the Mountain State’s history. People who live near lakes and oceans buy speedboats and personal watercraft. People who live near mountains and mud buy four-wheelers, he said.

“There are a lot of places where people can go and have fun,” said Humphrey, whose dealership sells 40 to 50 all-terrain vehicles a month at an average price of about $6,500.

West Virginia has an abundance of designated riding trails, including the 600-mile Hatfield-McCoy Trails network, which lets tourists and local alike traverse seven West Virginia counties. Local officials say riders have come from as far as Alaska and Canada.
The game consists of safe full-contact combat and live-action role-playing experiences, or larping, with other devoted fighters.

Helgisson, vice president of the Medieval Combat Society of Southern Illinois, said Dagorhir is a lifestyle for him, and he doesn’t plan to give it up any time soon. He said his primary focus is to expand the group by teaching new people the game’s basics.

The Carbondale group is also part of a nationwide group called Blood Horde. Recruiting new group members and giving advice to Evergreen Park fighters is his passion, he said.

“I’m going to keep fighting until I’m unable to fight, and I’m going to be involved in this until I die,” he said.

Living the Dagorhir lifestyle often means learning combat, Helgisson said, and he learned much of his technique from watching swordfighting movies such as “300,” “Troy” and “Gladiator.” He said he practices what he sees and eventually combines some of the movies’ fighting techniques to make his own style.

Helgisson said while he has experience playing other larping games such as Dungeons and Dragons, Dagorhir is unique because players create and compete as their own character. He said it beats just rolling an attack dice.

Another part of the society’s medieval combat experience is learning how to make gear and weapons from scratch. Helgisson said part of his job is to advise others how to make it — or to tell them where to buy it.

Shea said she hasn’t made her own gear yet, but she is interested in learning how. Instead, she practices with the group’s leftover weapons.

Bill McNelly, resident leader of the area’s Blood Horde group, said the more people who play Dagorhir in the future, the more fun it will be for all of them. Like Helgisson, McNelly said he also has a passion for medieval fighting, and he has been fighting for about a decade.

He said he chose Helgisson as one of his Blood Horde commanders because of his experience.

“This is my life pretty much,” he said.

Anthony Pickens can be reached at apickens@dailyEgyptian.com or 536-3311 ext. 257.
Smith’s methods prove technique, hard work breeds champions

TERRANCE PEACOCK
The Weekender

For years, the track and field world has questioned coach John Smith’s recruiting techniques and how he trains and strengthens his athletes.

But with more than 50 conference champions, more than 30 All-Americans and five NCAA champions in his nine-year stint with the Salukis, there is one thing nobody can question: He knows how to produce phenomenal throwers.

Smith, the Saluki track and field throws coach, has trained All-Americans, NCAA champions, U.S. champions and even Olympians. However, he said he prides himself most in his contributions to SIU.

“I enjoy being a giant killer,” Smith said. “Here at SIU, I’m able to give kids scholarship money (who I can gamble on).”

Smith said his recruiting philosophy is simple:

“I look at their background,” he said. “I think about what he can do to make his athletes better every day.”

Smith’s resume speaks for itself, and senior thrower Kim Fortney said Smith is unlike any coach she has ever seen because of his love for the sport.

“He has had all these great people come through his program, and it’s evident,” Fortney said. “You see it on the walls, you see how many All-Americans he’s had, and it’s obvious how great he has made this program.”

“For Fortney she said the program’s success is enough motivation to strive to be the best thrower she can be.

“I think when you come to the program and you see the success in the past and how many names are on the wall, it’s like internal motivation,” she said. “You are here because of one reason, you were meant to be here, and you need to throw far.”

Gwen Berry, an SIU graduate and now post-collegiate thrower, said Smith is unlike any coach she has ever seen because of his love for the sport.

“Other coaches have their job-related life, and then they can go home and it’s separate,” she said. “Coach Smith would go home and probably write up workouts for us or watch videos and think about what he can do to make his athletes better every day.”

Smith coached throwers at Ohio State before he came to SIU. He produced 20 Big Ten titles, 19 All-Americans and 2 NCAA champions in his five-year career with the Buckeyes. He has more than doubled those marks with what people might consider lesser talent during his Saluki career.

“Guys that come from families who were working-class heroes, girls that come from the country that learn to work from a young age, those make the best throwers.”

Smith coached throwers at Ohio State before he came to SIU. He produced 20 Big Ten titles, 19 All-Americans and 2 NCAA champions in his five-year career with the Buckeyes. He has more than doubled those marks with what people might consider lesser talent during his Saluki career.

However, Smith said the school doesn’t matter; the athletes do.

“The ball doesn’t know what’s on your chest,” Smith said. “It’s it’s Ohio State, or SIU, or anywhere else, it doesn’t matter. All it knows is what you do to the ball, and that all comes down to training.”

No matter what school he coaches, Smith’s training technique is unlike any other. The technique calls for the team to lift hard one day a week and recover as opposed to other teams’ tendencies to lift three to four times a week.

“The time the team loses lifting, they gain throwing,” Smith said.

He eventually got the hang of coaching and, before long, began coaching four-time Olympian and SIU track and field head coach Connie Price-Smith, one of the most celebrated women’s track and field athletes in SIU history.

“I did a lot in my career, and he was a very important role in that,” Price-Smith said. “He’s the one who got me started, and he’s the one who saw me through my 16 years of competing. Without his knowledge, I probably wouldn’t have accomplished as much as I did.”

Smith’s résumé speaks for itself, and senior thrower Kim Fortney said that was all she needed to visit SIU and eventually sign up for the team.

“I came down for an unofficial visit, and he said he has had all these great people come through his program, and it’s evident,” Fortney said. “You see it on the walls, you see how many All-Americans he’s had, and it’s obvious how great he has made this program.”

“For Fortney she said the program’s success is enough motivation to strive to be the best thrower she can be.

“I think when you come to the program and you see the success in the past and how many names are on the wall, it’s like internal motivation,” she said. “You are here because of one reason, you were meant to be here, and you need to throw far.”

Gwen Berry, an SIU graduate and now post-collegiate thrower, said Smith is unlike any coach she has ever seen because of his love for the sport.

“Other coaches have their job-related life, and then they can go home and it’s separate,” she said. “Coach Smith would go home and probably write up workouts for us or watch videos and think about what he can do to make his athletes better every day.”

“Guys that come from families who were working-class heroes, girls that come from the country that learn to work from a young age, those make the best throwers.”

Smith coached throwers at Ohio State before he came to SIU. He produced 20 Big Ten titles, 19 All-Americans and 2 NCAA champions in his five-year career with the Buckeyes. He has more than doubled those marks with what people might consider lesser talent during his Saluki career.

However, Smith said the school doesn’t matter; the athletes do.

“The ball doesn’t know what’s on your chest,” Smith said. “It’s it’s Ohio State, or SIU, or anywhere else, it doesn’t matter. All it knows is what you do to the ball, and that all comes down to training.”

No matter what school he coaches, Smith’s training technique is unlike any other. The technique calls for the team to lift hard one day a week and recover as opposed to other teams’ tendencies to lift three to four times a week.

“The time the team loses lifting, they gain throwing,” Smith said.

He eventually got the hang of coaching and, before long, began coaching four-time Olympian and SIU track and field head coach Connie Price-Smith, one of the most celebrated women’s track and field athletes in SIU history.

“I did a lot in my career, and he was a very important role in that,” Price-Smith said. “He’s the one who got me started, and he’s the one who saw me through my 16 years of competing. Without his knowledge, I probably wouldn’t have accomplished as much as I did.”

Smith’s résumé speaks for itself, and senior thrower Kim Fortney said that was all she needed to visit SIU and eventually sign up for the team.

“I came down for an unofficial visit, and he said he has had all these great people come through his program, and it’s evident,” Fortney said. “You see it on the walls, you see how many All-Americans he’s had, and it’s obvious how great he has made this program.”

“For Fortney she said the program’s success is enough motivation to strive to be the best thrower she can be.

“I think when you come to the program and you see the success in the past and how many names are on the wall, it’s like internal motivation,” she said. “You are here because of one reason, you were meant to be here, and you need to throw far.”

Gwen Berry, an SIU graduate and now post-collegiate thrower, said Smith is unlike any coach she has ever seen because of his love for the sport.

“Other coaches have their job-related life, and then they can go home and it’s separate,” she said. “Coach Smith would go home and probably write up workouts for us or watch videos and think about what he can do to make his athletes better every day.”
After a disappointing stint from their previous head coaching hire, the university's chancellor and athletics director introduced Cindy Stein as its new women's basketball head coach. Stein will take over for ex-interim coach Adrianne Harlow, who grabbed the reigns after previous head coach Missy Tiber resigned in January. Harlow and Tiber combined for a 20-100 (9-63 Missouri Valley Conference) record over the last four years.

Chancellor Rita Cheng said she is excited about Stein's potential.

"I'm a huge supporter of women's athletics in general, and particularly women's basketball," she said. "We have high expectations for this program, and we definitely want to improve attendance (and) improve the excitement around women's basketball. I think you will find that we've got a coach that can help turn the program around and help fill the seats and help with enthusiasm." Stein has a deep background with Illinois basketball. She was a college player for the University of Illinois from 1981-83 and Illinois Central College from 1979-81.

The Peoria native comes to SIU with experience turning basketball programs into winners. Stein made an immediate impact in her former head coach position for the Illinois Central College Cougars. In her only season with the Cougars, she turned a previously 16-16 team into a 32-4 team that placed third at the NCJAA Division II national tournament. Like this year's Saluki roster, her ICC Cougar roster featured a young team with no grade level older than a sophomore.

"The Salukis have no player higher than a junior. Coach Stein said the Saluki team has been through a lot, but she likes what she sees.

"The rumor in the league is that they have talent," she said, "And that's exciting to me. We plan on helping to develop that talent in practice."

Her longest stint as head coach came during her 1998-2010 stretch with the Mizzou Tigers. In her 12 years with the team, Stein led the team to three NCAA appearances, one Sweet 16 run and had five players selected in the WNBA draft.

Stein said her plan for success starts by developing players as individuals and then as ballplayers. Learning to communicate with new people helps with team chemistry, she said, but their play on the court comes in practice.

"Success isn't built on laughter," she said, "It's built on hard work and sometimes tears. You've got to work at a certain pitch to get your kids to understand what it takes in pressure situations to be successful. We will try to create that in practice."
SALES CLERK, PT: must be 21 yrs old. apply in person, SI Liquid Mart, 113 N. 12th St., Mifflin. Please no calls.

SWIM COACH: Local summer swim team looking for a team coach. Please send your qualifications to kemigert@hersheys.com.

HOSTESS/PHONE PERSON, PT, apply in person, some lunch hours needed. Quatro’s Pizza, 218 W. Freeman.

PLAY SPORTS! HAVE FUN! SAVE MONEY! Maine Camp needs full time coaching counselors to teach all land & water sports. Great Summer! Call 888-844-8060, apply dcmc0060@dc.

PIZZA COOK. Are you an experienced pizza maker used to a high activity environment? Part Time, some lunch hours needed. Apply at Quatro’s Pizza, 218 W. Freeman.

BUFFALO WILD WINGS: now hiring cooks with opening availability and servers for day shift, apply in person, Mon.-Fri.

Mobile Homes 1 & 2 BDRM HOMES, $246-350/mo. no pets. 610-924-3035, www.comptonrentals.com


NEWLY REMODELED, 2 bdrm, w/ter, laundry, 2 bth, all elec. inst, starting at $300/mo. Call 548-4713 or visit www.granitevillage.com

AFFORDABLE HOUSING starting at $300/mo. and up, pets ok, 529-4444, CHCistrorentals.com

MODERN, 1200 SQ FT 2 bdrm, 2 bath, with 2 car attached garage efficient, (816)524-3050, www.comptonrentals.com

MAKE SURE you have mobile homes, $350-$565/mo., no dogs, call Tracey 694-4601.

Help Wanted

LOOKING FOR FT front desk, 2 hours. 7:00am-3:00pm, 3:00pm-11:00pm, $9.80/total. Days and weekends, weekends 6:30-9:30am, weekends 6:30-10:30am. Must apply in person at Best Western Sunuki Inn, 901 S. East Churn Rd.

BARTENDERS, WILL TRAIN, 20-30 yrs, female preferable, tips or salary, evenings, night shift, weekends, apply at Christie’s, Hurley’s Whiskey Cocktails 682-8942 or 682-9203.

PART TIME STUDENT afternoons. Handymen, strong back, top wages. Call 694-4377.

PAID SUMMER MARKETING internship. Work on PLAN-IT Childcare Daily Care Planner. Call Charles, 502-207-5200 or X301 or apply online, studentmarketing@plan-it.org

BARTENDING, UP TO $100/DAY, no exp necessary. Training avail, 900-865-4050, ext 102.

HARVESTERS CAFE: Hiring part time server, must be available 10am - 3pm, 2 times a week. Exp. preferred, no student. 851 S Illinois Ave.

SALESMAN/WOMAN, experience in the building materials business. Call Van Aken, 749-4835.

NICE 3 BDRM, GRANITE countertops, storage, available as early as Aug 1st. Call Van Aken 749-4835.

NICE 3 BDRM, GRANITE countertops, storage, available as early as Aug 1st, Call Van Aken 749-4835.

2, 3 & 5 bdrm homes, c/o, some have w/d or hookup, avail Aug, pets ok, 394-7111 or 559-1520.

NICE 4 BDRM HOUSE, indoor/ outdoor. All elec, w/d, must sift through等内容。
Aries — Today is an 8 — Your teams really deliver now. Committees and group projects are especially effective today and tomorrow, so schedule meetings. Clear up a misunderstanding.

Taurus — Today is a 9 — Assume more responsibility. Learn what’s missing, as you enter a service phase. Get into action, and advance your career. There may be a test. Relax afterwards with your crew.

Gemini — Today is an 8 — Watch the big picture. You’re entering an intense two-day expansion phase. Rebellions could flare. You’d rather play than work. Keep steady momentum, even as you have fun.

Cancer — Today is a 9 — Handle financial matters, and set long-term goals. Count wins and losses, and store provisions; you’re worth more than you thought. Imaginative strategy wins. Invest in the highest quality.

Leo — Today is a 9 — Your thoughts turn to others. Strengthen a partnership or two. Let someone else drive or direct the show. Focus on peacemaking. This can be remarkably romantic.

Virgo — Today is a 9 — Handle work issues today and tomorrow, and dig into a big job. Changes to navigate include a power shift. The details are important, so get involved. Extra hustle means extra cash.

Libra — Today is an 8 — Do what you can to help the others stay relaxed and calm. Celebrate with a home-cooked meal and lots of couch time. Your loved ones encourage you to take on a new challenge.

Scorpio — Today is an 8 — Enforce household rules, as you focus on home and family. Domestic crafts are extra satisfying and produce tangible results. Bring your work home and energize the base.

Sagittarius — Today is a 9 — You’ll learn quickly, so pay attention. You’re sharp as a tack. Study and practice, and a solution to an old problem will become obvious. Educate yourself about money.

Capricorn — Today is a 9 — This phase is good for making money, which boosts morale. Start computing expenses and get practical with a financial plan. Don’t let it slip through your fingers. Direct your investments.

Aquarius — Today is a 9 — Okay, now you can blast forward. Assert your wishes. You’re getting stronger and more impatient, as you enter a confident phase. You’re eager to go, and ready for your close-up. Smile.

Pisces — Today is an 8 — Traveling isn’t as easy now. Don’t worry ineffectively (complain only to someone who can do something about it). Clean up old messes. Let ideas gestate, strictly in confidence.

Horoscopes

Aries Today is an 8 Your teams really deliver now. Committees and group projects are especially effective today and tomorrow, so schedule meetings. Clear up a misunderstanding.

Taurus Today is a 9 Assume more responsibility. Learn what’s missing, as you enter a service phase. Get into action, and advance your career. There may be a test. Relax afterwards with your crew.

Gemini Today is an 8 Watch the big picture. You’re entering an intense two-day expansion phase. Rebellions could flare. You’d rather play than work. Keep steady momentum, even as you have fun.

Cancer Today is a 9 Handle financial matters, and set long-term goals. Count wins and losses, and store provisions; you’re worth more than you thought. Imaginative strategy wins. Invest in the highest quality.

Leo Today is a 9 Your thoughts turn to others. Strengthen a partnership or two. Let someone else drive or direct the show. Focus on peacemaking. This can be remarkably romantic.

Virgo Today is a 9 Handle work issues today and tomorrow, and dig into a big job. Changes to navigate include a power shift. The details are important, so get involved. Extra hustle means extra cash.

Libra Today is an 8 Do what you can to help the others stay relaxed and calm. Celebrate with a home-cooked meal and lots of couch time. Your loved ones encourage you to take on a new challenge.

Scorpio Today is an 8 Enforce household rules, as you focus on home and family. Domestic crafts are extra satisfying and produce tangible results. Bring your work home and energize the base.

Sagittarius Today is a 9 You’ll learn quickly, so pay attention. You’re sharp as a tack. Study and practice, and a solution to an old problem will become obvious. Educate yourself about money.

Capricorn Today is a 9 This phase is good for making money, which boosts morale. Start computing expenses and get practical with a financial plan. Don’t let it slip through your fingers. Direct your investments.

Aquarius Today is a 9 Okay, now you can blast forward. Assert your wishes. You’re getting stronger and more impatient, as you enter a confident phase. You’re eager to go, and ready for your close-up. Smile.

Pisces Today is an 8 Traveling isn’t as easy now. Don’t worry ineffectively (complain only to someone who can do something about it). Clean up old messes. Let ideas gestate, strictly in confidence.
Complete the grid so that every row, column and 3x3 box contains every digit from 1 to 9 inclusively.

Answers Will Be Given On Page 18

**DIFFICULTY RATING:** ★★★★☆

**SUDOKU**

Jumble Unscramble these four jumbles, one letter to each square, to form four ordinary words.

**MIXED UP BY:**

**Answers:**

**ON THE STUDY BREAK**

If Interested - please contact

**KAYLYN BERGBOWER**

(618) 534-3311 ext 233

kbergbower@dailyequinox.com

**towersquaremarket.com**

Town Square Market
NOW SERVING HOT ORGANIC SOUP

MIXED UP BY:

**AWFUL KNELT CRANKY AGENDA**

**THAT SCRAMBLED WORD GAME**

Find us on Facebook http://www.facebook.com/jumble

© 2013 Tribune Media Services, Inc.

All Rights Reserved.

04/09/13

**Wednesday’s Puzzle Solved**

<table>
<thead>
<tr>
<th>9</th>
<th>6</th>
<th>7</th>
<th>3</th>
</tr>
</thead>
<tbody>
<tr>
<td>7</td>
<td>1</td>
<td>2</td>
<td>9</td>
</tr>
<tr>
<td>5</td>
<td>8</td>
<td>6</td>
<td>1</td>
</tr>
<tr>
<td>9</td>
<td>4</td>
<td>9</td>
<td>1</td>
</tr>
<tr>
<td>5</td>
<td>8</td>
<td>2</td>
<td>7</td>
</tr>
</tbody>
</table>

Complete the grid so each row, column and 3-by-3 box (in bold borders) contain every digit, 1 to 9. For strategies on how to solve Sudoku, visit www.sudoku.org.uk.
ACROSS
1 PC screens largely replaced by LCDs 11 Alphonse
2 Los Angeles Times Daily Crossword Puzzle 14 Ghostly glow
3 Edited by Rich Norris and Joyce Lewis 15 "Nothin' doin!"
4 FOR RELEASE MARCH 26, 2013 16 "Dallas" matriarch
5 Los Angeles Times Daily Crossword Puzzle 17 Sleight-of-hand scam
6 Edited by Rich Norris and Joyce Lewis 18 "Dallas" matriarch
7 Los Angeles Times Daily Crossword Puzzle 19 Cold temperatures
8 Edited by Rich Norris and Joyce Lewis 20 Fountain of Rome
9 Los Angeles Times Daily Crossword Puzzle 21 Levies on smokes and booze
10 Edited by Rich Norris and Joyce Lewis 22 Fountain of Rome
11 Los Angeles Times Daily Crossword Puzzle 23 Prefix with present
12 Edited by Rich Norris and Joyce Lewis 24 Convent resident
13 Los Angeles Times Daily Crossword Puzzle 25 "On second thought, that's not true"
Saluki throws coach John Smith said he describes senior thrower J.C. Lambert in two words: old school.

“He could have been on my team,” he said. “There are only three or four athletes out here that could have thrown with us in the 1980s, and he is one of those guys.”

Lambert has accomplished several feats this year. Most recently, he was nominated March 27 as Missouri Valley Conference Athlete of the Week after his 67.09-meter toss broke a university and conference hammer throw record during the Vanderbilt Black and Gold meet in Nashville, Tenn.

Smith said Lambert has surpassed the team’s expectations for him this year.

“For what has happened to him the past couple years, for him to come out and throw 220 this quickly, he is ahead of where we thought he was,” he said. “He is setting personal records every week at least four or five times a week with different weighted balls.”

Unlike last year, Lambert is going into the season at full health and is confident he can stay healthy.

“I have been sick the past couple years and I discovered it was Rocky Mountain (spotted) fever so, I got that taken care of and I am good now,” he said. “So far I have been healthy and my energy has been good and I have really been able to train hard with the hammer since February.”

Lambert said a hammer-throw win at nationals tops his agenda this season after last year’s second-place finish.

Right now I’m third in the nation, but if I had a big throw it would be around the first,” he said. “I’m pretty confident once we get to the end of the season that I’ll be in top shape and be able to contend for a national championship.”

Lambert has seen ample success in his SIU career after he has qualified for nationals five times in both the indoor and outdoor championships. He has earned National Collegiate Athletic Association All-American and All-MVC honors in 2012, 2011 and 2009. He placed second during last year’s outdoor nationals as he fell short 2.5 inches in the finals.

For teammate sophomore thrower Kyle Walker, Lambert is just as much a coach as he is a teammate.

“J.C. coaches all of us a little bit. He focuses more on the specifics of what we need to work on,” Walker said. “The more he sees success and the more he feels everything, the more he is able to translate that into helping us as his teammates.”

Coach Smith said team success is apparent considering its competitiveness this year.

“When you have a group of athletes, people rise up and get better just because of practice everyday,” he said. “They see what the other person is doing in practice and it forms a natural competition all the time, which carries over into the meets.”

Lambert said the throws team is always testing one another on a daily basis.

“The people on the team do our best to push each other into competition,” he said. “We have two guys who are about the same in the hammer throw and other guys that are good as well and everybody pushes each other.”

Coach Smith said he has never seen a hammer thrower quite like Lambert.

“He is going to end up the best hammer thrower I have ever had,” he said. “He’s dad brought him up tough, and that’s what it takes to be good in the sport.”

Lambert looks to continue his undefeated campaign when he competes Saturday at the Joey Haines Invitational in Cape Girardeau, MO.