Southern Illinois University Carbondale

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Weeken Cer April 4-7, 2013 Volume 98 Issue 120 City Council contenders

TARA KULASH
The Weekender

FULL STORY ON PAGE 8



JESSICA BRADSHAW

A Carbondale Community High School graduate, Bradshaw works at SIU as an office manager. She has been a member of both the Chamber of Commerce and Carbondale Main Street and is chair of the human relations commission. She also serves as chair of the newly formed Northwest Carbondale Neighborhood Association. Bradshaw ran in the last City Council election and said she chose to run again because Carbondale citizens often approach her with ideas for the city all the time. As a council member, she would want to push for a hotel in the downtown area.



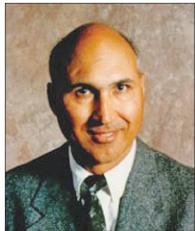
TONY HOLSEY

Along with being the minister at Greater Gillespie Temple Church, Holsey works for Carbondale's housing rehab program. He said his main concern is that the City Council is not people-oriented enough. He believes council members should put more effort into their positions and play an active role in the community. Originally from Cleveland, Ohio, Holsey said he has politician friends in Cleveland who could give him objective advice on Carbondale issues. He said he thinks he is a qualified candidate because he has common sense and is a people person.



LEE FRONABARGER

Fronabarger was appointed by the council as a member two years ago to fill Mayor Joel Fritzler's vacant seat. He has served four years on the city planning commission, volunteered at the Carbondale Park District and has helped with plans for the new outdoor aquatic center for the past eight years. He has worked at SIU for 21 years with transfer students. He said he believes his two years of experience on the City Council gives him an advantage over other candidates because he knows what to expect from the position. As a councilman he helped with the city manager selection process, which he said was a rewarding and educational experience. He said his top priority if re-elected would be to focus on economic development.



NAVREET KANG

Kang has lived in Carbondale 24 years and runs an insurance agency. He has served on the planning commission for more than 10 years and served as Carbondale Park District commissioner for two terms. If elected, he wants to focus on business revitalization and help increase SIU's enrollment. While the city has promised to donate \$20 million over 20 years to the university, Kang wants to give a larger portion of that amount to SIU sooner for scholarship purposes. He also wants to invest in more parks, litter cleanup and energy-efficient city buildings.



CAROLIN HARVEY

Harvey has worked at SIU for more than 30 years as an accountant. At the university, she has served on several search committees, including searches for a chancellor and president. She is chair of the planning commission, which she has been a part of for 10 years. Harvey is also president of the civil service council at SIU and treasurer for the Women's Center Board of Directors. Her main goal as councilwoman would be to balance the city budget, which she said she has experience with as an SIU accountant. Her second goal is to provide quality and affordable housing for both students and families.



BRENT RITZEL

Ritzel was born and raised in Carbondale and now is now pursuing a master's degree in public administration at SIU. He ran for mayor in the last election and is part equity owner of a renewable energy company. Ritzel said he believes he is the candidate that most focused on following the comprehensive plan. He wants to focus on entrepreneurship and local businesses to boost the economy as he has started three record labels and trained musicians in starting their own businesses. Ritzel said he finds it unbelievable that there has never been an SIU student on council, and he thinks it's important that the students receive representation.



JARROLD HENNRICH

An SIU law student, Hennrich has lived in Carbondale for nine years. He is vice chair of the human relations commission and has served in the National Guard since 2002. Hennrich said he believes he has the time to dedicate to a council position that other candidates might not have. He is most worried that the council doesn't listen to its citizens enough, and he wants to be responsive to their concerns. Hennrich said he wants to make improvements to the downtown area as well as stick closely to the comprehensive plan, which is a plan for the city's future put together by citizens, organizations, businesses and a consultant and was made official by a council vote in 2010.



BLAINE TISDALE

president of the Graduate Professional Student Council. He also serves on the human relations commission. He said he decided to run for council after researching for his GPSC presidency and realized how much the city and university rely on each other. Tisdale said he wants to work on downtown development and making Carbondale a safer place for students and residents. He said in order to make improvements, he wants to continue to review and use the city's comprehensive plan.

Tisdale is a law student at SIU and is

Not pictured | Pepper Holder: Hoping to be a voice of diversity, Holder said he wants to give Carbondale a better future for his grandchildren. He has traveled the U.S. and said he believes it makes him qualified because he knows of policies that have worked in other places that may be of use to Carbondale. Holder said he would like to give citizens more of a voice by either allowing them to approach the human relations commission with complaints or hold special City Council meetings just for the purpose of citizens' comments. He said he would also like to beautify Carbondale and bring back the town's music festival scene.



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PAM SMITH | DAILY EGYPTIAN

Rush-hour traffic was jammed at the intersection of Illinois Avenue and Main Street when six handicapped students tried to gain support for a hunger strike protesting President Nixon's veto of the Rehabilitation Act. Traffic was stopped for more than 10 minutes before police removed the protestors.

About Us

The Daily Egyptian is published by the students of Southern Illinois University Carbondale 50 weeks per year, with an average daily circulation of 15,000. Fall and spring semester editions run Monday through Thursday. Summer editions run Tuesday through Thursday. All intersession editions will run on Wednesdays. Free copies are distributed in the Carbondale and Carterville communities. The Daily Egyptian online publication can be found at www.dailyegyptian.com.

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The Daily Egyptian, the student-run newspaper of Southern Illinois University Carbondale, is committed to being a trusted source of news; information, commentary and public discourse, while helping readers understand the issues affecting their lives.

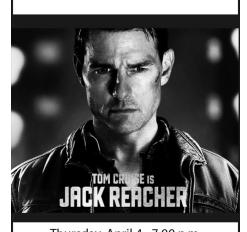
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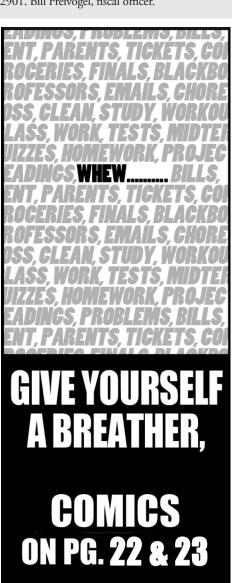


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> Southern Illinois University CARBONDALE



April **4 - 7**, 2013 weekender **3**

Trustees Hamilton, Wiley protest chairman vote

KARSTEN BURGSTAHLER

The Weekender

Although the SIU Board of Trustees had to postponed its meeting for lack of quorum, another show still went on.

"Voices — Musical Selections by Students and Faculty from the SIUC School of Music" was scheduled for a performance during the board's Academic Affairs committee meeting. Although the meeting was postponed, students and staff performed their pieces as some crowd members remained in their seats and others began to file through the doors. The performance stood in contrast to the board's brief but tense meeting.

The full board convened at 9:00 a.m. to vote on a new chairman, but five trustees quickly became three after David Hamilton and Marquita Wiley walked out following a 3-2 vote against postponing the election. Hamilton became the only SIU-Edwardsville board representative after Gov. Pat Quinn did not renew three SIUE trustee's terms.

Hamilton said he supported electing a temporary chairman so the meeting could

proceed, but he was against a permanent chair election without proper SIUE representation. Hamilton and Wiley voted to postpone while Roger Herrin, Donna Mannering and Don Lowery voted to proceed.

"I cannot justify electing a chairman when I am the only representative from one of our major campuses," he said. "What the governor has done is take away our representation, and such a major vote can't be held without my campus being fully represented."

However, Lowery said the election is not something to worry about.

"Much to do has been made about the election of the chairman," he said. "I'd just like to note that a chairman is just one vote on this board. (A chairman) doesn't have any inherent powers greater than any other member."

Lowery said the election would proceed the same way whether or not Quinn had appointed three new trustees to the positions formerly held by SIUE trustees John Simmons, Ed Hightower and Mark Hinrichs.

"If the governor would (nominate and confirm) three new members tomorrow, they wouldn't know any more about the operation of the board than the five of us know now," he said.

He said the board must do what is right for the university and put drama aside.

"It's time to move on and do the university's work, and do the job and quit this nonsense that's going on," Lowery said. "The selection of trustees is an issue between the legislature and the governor, and everybody at this table oughta butt out of it."

However, Wiley said she agreed with Hamilton and seconded his original motion.

"I think very strongly that it is absolutely (necessary) that we have a full compliment of the board at the time that we elect a chairman," she said.

Robert's Rules of Order, which are guidelines the trustees follow to hold meetings, would allow a Chair Pro Tempore to be elected so the board could continue meeting, she said. However, Lowery said he has seen the board ignore guidelines when it is more convenient for the its proceedings, so it does not necessarily need to follow Robert's Rules, only board policy.

"You have to have the election," he said.

"This is the regular meeting. It's the first order of business. It has to be taken care of."

Hamilton announced his departure immediately after the vote.

"I had to do what I had to do to ensure that Edwardsville had equal representation," he said.

He said part of the issue falls back on the Quinn's late February appointments. If the senate had approved nominees, he said, it could have led to new trustees voting on university issues several days after selection.

"Don't appoint people two days before a meeting," he said. "Give them time, governor, you know how meetings operate. You've been in a board meeting before, I would imagine, maybe not by the way you're acting. But governor, appoint people a month ahead of time so that they have time to know the issues. Stop playing politics with our university, and that goes for both campuses. The governor, I feel, is holding us hostage for political gain."

Karsten Burgstahler can be reachedt at kburgstahler@dailyegyptian.com or 536-3311 ext. 255.









City deliberates 2014 budget

MATT DARAY

The Weekender

The city's budget is almost set for the next fiscal year.

The City Council discussed Carbondale's next fiscal year budget and approved the new Liberty Village nursing home's site plan during its Tuesday meeting. Members were not alone in their concerns about some of the proposed budget's areas, as citizens voiced some changes as well. The council also said the budget plan is available for public inspection at city hall.

The city expects to receive \$46 million in revenue with more than \$50 million budgeted expenses such as \$9,087,917 for the police department and \$2,832,849 for the public works department.

Councilman Don Monty said he thought the inclusion of a proposed plan to repaint bike lanes, increase the number of them and have more bike-friendly signs to encourage biking should be considered. Council member Jane Adams said she agreed and thought bikers should be supported more and be able to be safely ride in the streets, especially since she had an incident where she was almost hit by a biker on the sidewalk

The council also discussed the neighborhood assistance teams' future, which people have proposed to eliminate from the budget because of the lack of action they see from them.

Sandy Litecky, a Carbondale resident and member of the neighborhood assistance teams, said the teams are still working and held a meeting last year, which included police staff and Chris Wallace, development services director of Carbondale.

Monty said he thinks the teams should stay on the budget, but they need to be used. Monty said the teams' intent is to have senior staff meet with neighborhoods, hear their concerns and enact them.

"The nature of the response was, 'Well we should just take it out of the budget,' and frankly my response is keep it in the budget and do it," he said.

Monty also said he was concerned the city's proposed electronic parking meter would be an inconvenience, especially in large parking lots. Mayor Joel Fritzler said he has not been fully satisfied with his electronic meter experiences and proposed the city take meters from less-used parking areas and place them in more populated ones.

Councilman Chris Wissmann said he was worried about the city's next energy audit because this year's was presented poorly. An energy audit is an inspection which surveys and analyzes a city's energy flow and conservation.

"What a piece of crap," he said. "It was written at maybe a second-grade level. It was just embarrassing for us. I can't believe we paid for it."

Wissmann said while he will not be in office for the next audit, he thinks the council should hire someone credible and not deal with another sub-par report.

The council also discussed the ways to make the city more business-friendly.

Adams proposed the city find ways to speed up either businesses' permit process or responding to their request. She said the city's police calls are tracked on how long it takes for them to be answered, so a similar system should be implemented to quicken business assistance.

The council also discussed and approved the site plan for the new Liberty Village nursing home addition. The construction is the result of a proposed plan to use land that was reserved for an unbuilt assisted living building.

For The rest of the story visit www.dailyegyptian.com



Festival to commemorate Fuller's design, humanitarian contributions

TREY BRAUNECKER

The Weekender

One of the university's most famous professors will be in the spotlight as a Registered Student Organization prepares the first-ever festival in his honor.

The Fuller Future Festival is scheduled to run Thursday through Saturday and will feature guest speakers, presentations and interdisciplinary workshops for those interested in Richard Buckminster Fuller's life and teachings.

Fuller, a prolific designer, speaker and futurist, became famous for his works on various eco-friendly inventions such as the Dymaxion car, a fuel-efficient car developed in the 1930s, and the geodesic dome, a lightweight and durable structure meant for cost efficient housing. One example of Fuller's work, the Fuller dome, can be seen north of campus on South Forest Avenue.

Fuller also was known for his peaceful worldview, promoting the ideas of co-humanity and resource conservation as the next means to ultimately stabilize human society.

Brent Ritzel, Buckminster Fuller Future RSO president and a graduate student in the Public Administration Program, advanced energy and fields management, said the festival's main focus is to promote the peaceful ideals Fuller practiced in his life.

"The festival is meant to help promote interdisciplinary studies," he said, "Fuller was what people call a generalist, he focused on humanity, not just one specific study, and I think a lot of people are losing that ability

think that Bucky is something Carbondale can really be proud of, because at one point he was probably one of the biggest men in the world and I wanted to be involved with an organization that would focus on a great man like Bucky

— Steve Gariepy Graduate student from Branton

to apply their talents to society, and that is what this festival is trying to get across."

Janet Donoghue, Fuller Future Festival RSO co-director and a Speech and Communications department alumnus, said she hopes the festival will help students understand the rich history Fuller left behind.

"What we want to do is have this become a center for Bucky's studies; to really get his ideas out there and inspire other people to use and forward his research," Donoghue said.

Donoghue said the festival will feature events ranging from guest speakers such as Steve Brant, who has been involved in international housing development work with non-profit organizations, and author Steven Sieden, who will have a presentation of Fuller's teachings and its connection to Bodhisattva and the Buddhist religion. During his last fifteen years of life, Fuller dedicated his time to traveling the world and sharing his humanitarian beliefs and views on how to conserve natural resources.

"I think meeting all these kinds of interesting people, especially seeing an array of people influenced by Bucky, is really what has kept me involved in this for so long," she said. "Some are artists, some are doctors, there is such a wide spectrum of people who do all of this great work, and he is a big influence on what they do."

Steve Gariepy, a graduate student in outdoor education from Branton, said he quickly joined the Fuller RSO once he heard about it.

"I think that Bucky is something Carbondale can really be proud of, because at one point he was probably one of the biggest men in the world and I wanted to be involved with an organization that would focus on a great man like Bucky," Gariepy said.

Gariepy said he, along with his mentor Curt Carter, will hold workshops on the campus lake that lets attendees have handson experience with canoes.

"As a kid, Bucky loved to be a part of nature," he said. "He lived on an island in New York, and I feel the experience of being on the water and being under the stars are important to a lot of Bucky's philosophy."

Donoghue said the festival is not all about educational events. One events she looks forward to is the parade that will go through campus 4:30 p.m. Saturday. Fuller's humanitarian views looked to

unify all cultures for the betterment of society. Donoghue said she hopes through the parade, as well as a presentation that includes an African grey parrot that can speak more than 100 words, people will experience the culture of the festival.

"I want people to look at Bucky's work and be inspired by the great things he did here," Donoghue said, "I hope everyone who comes to the festival learns something new, but even if they do not, I hope they walk away with a new perspective."

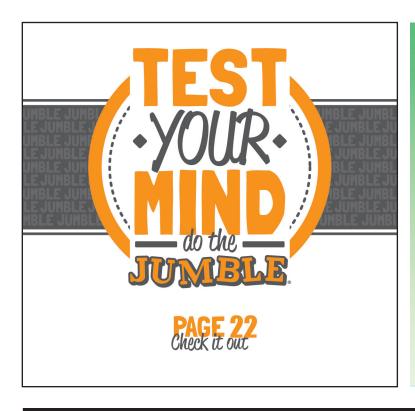
Ritzel said Fuller was one of the few people in the last century who has publicly produced a dialogue on the nature of reality, such as how architectural designs come together and the practicality of working with a project, not against it.

"Fuller was creating a four dimensional structure when most of us build on a three dimensional scale," he said. "His structures almost had sympathy with nature, he worked with physics and I think that is why you still see a lot of his geodesic domes still standing today."

Gariepy said Fuller's message ultimately was about working with the world around us and striving for a peaceful planet, as well as the betterment of humanity as a whole.

"Some of us think that Bucky's ideas are crazy, specifically the idea of being able to imagine and visualize a better way of living, but promoting Bucky and helping to keep those dreams alive are important," Gariepy said.

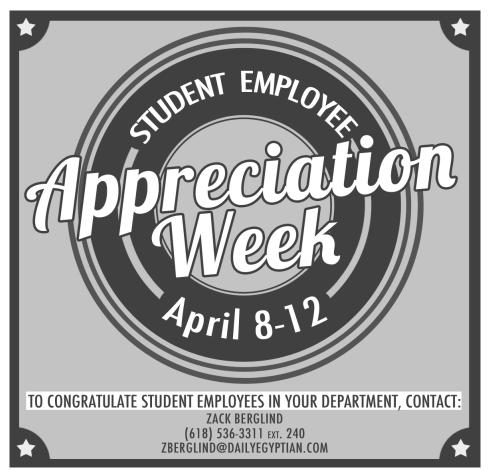
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Undergraduate Student Government considers constitutional amendments

JESSICA WETTIG MILES

The Weekender

The University's Undergraduate Student Government will soon decide on several constitutional amendments.

Internal Affairs committee chair Dominique Woodhouse announced her committee is expanding Judicial Branch duties in the Constitution. The addition will allow Registered Student Organizations the right to appeal situations such as guideline violation. USG also furthered an amendment that would change the group's finance committee and approved three RSOs.

Woodhouse said the option to appeal accusations is one RSOs did not have before.

"If (RSOs) violate rules, just like any other appeals process, they can take it to the judiciary branch," she said. "The sanction (will either be) passed if it's going to be put upon them, or it can be taken off."

Woodhouse said this is the only recent major change to the constitution's judicial branch. This change was voted on in other previous meetings and is still progressing.

Beyond judicial matters, senators continued to review a document that would transition the Finance Committee into a department of treasury. The Finance Committee declared an upcoming election several weeks ago for finance chairs. Senators Kenny Newsome and Adrian Miller were candidates for the position, but Newsome has since left and Miller was temporarily chair. Senator Oliver Keys acted as both Executive Affairs Committee chair and finance chair Tuesday night, and Miller said there will not be an official finance chair until next semester.

Miller proposed a 19-page document to the senate several weeks ago that would begin the finance commission transition, but senator Cameron Shulak presented a two-page amendment to the constitution based on the document.

Shulak said the amendment is much shorter than the original document because most of it had nothing to do with the amendment. Much of Miller's document concerns guidelines, such as funding organization and members' full-time student requirements, and the amendment will simply put the treasury in place, Miller said.

"Where it gets complicated is the guidelines," Miller said, "This is the simple stuff."

Miller previously proposed forming a committee to make decisions regarding the final documents that would establish the treasury. Keys nominated senator Christopher Wheetley, who had openly expressed his concerns about the document to the committee. She also nominated Shulak, and Miller nominated senator Brandon Willingham.

These three candidates were approved unanimously, and Miller announced the committee will meet Sunday to discuss further treasury decisions.

USG also approved three new RSOs during Tuesday's meeting.

The SIU Medieval Combat Club is centered around a sport that involves medieval-designed weaponry. These padded weapons are used for combat and martial arts, according to an RSO presentation.

Youth in Care on Campus is an organization designed to help students who were raised in foster care to transition into the college setting, according to information presented by the RSO. This is designed to support both current and former students formerly in foster care.

Natural Girl is an organization devoted to women who are dedicated to keeping their natural hair. These members will not use any chemicals at all in their hair, according to a presentation from the RSO.

Jessica Wettig Miles can be reached at jwettig@dailyegyptian.com or 536-3311 ext. 259.

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GPSC decides fate for upcoming year

ELIZABETH ZINCHUK

The Weekender

Graduate Professional Student Council members elected new officers during their meeting Tuesday.

GPSC re-elected Blaine Tisdale as president through a secret ballot, while councilman Matt Ryg was voted to replace Peter Lucas as Vice President for Administrative Affairs and councilman John Stewart was voted to replace Brooke Talley, Vice President for Graduate Affairs. In other agenda items, Lucas also announced GPSC's end of the year budget is in line with last years'.

Tisdale said he is honored to serve another term as president.

"This has been a very rewarding experience, and I have learned a lot," Tisdale said. "I plan to put those hard earned lessons to work in the coming year as president."

Tisdale said he hoped to increase graduate student representation and better advertise GPSC's ability to fund registered student organizations during his first semester. The council has made strides toward those goals, he said.

Beyond decisions for GPSC's future, Peter Lucas said the council's present financial status is similar to its status toward the 2011-2012 school year's end.

Lucas said at the meeting that GPSC has given out 109 individual travel support awards, which help students attend conferences and other events, totaling \$14,440.98. The council has a total travel support budget of \$30,000, he said.

"I was curious about those numbers, so I did some research," Lucas said. "Last year we had 213 people for the amount of \$27,000. The majority came in the spring, so it looks like we still have quite a bit of funding to give out."

GPSC has funded 25 events this year totaling \$27,274.16, Lucas said. The council's event funding budget is \$35,000, and last year the council spent \$38,239.19 funding events.

"We are right on track with last year," Lucas

Lucas said GPSC has also given out 60 research awards. Students from every college on campus received awards, he said.

Elizabeth Zinchuk can be reached at ezinchuk@dailyegyptian.com or 536-3311 ext.268.

was curious about those numbers, so I did some research. Last year we had 213 people for the amount of \$27,000. The majority came in the spring, so it looks like we still have quite a bit of funding to give out.

— Peter Lucas former Vice President for Administrative Affairs

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Candidates target housing, business

Virtually every City Council candidate agrees on one thing: Carbondale needs some sprucing up.

From improving rental housing to reviving the Strip, nine of the 12 candidates running for three of the six council seats in Tuesday's election shared their ideas on issues facing the council. The three who gain the most votes will serve a four-year term and can run for re-election as many times as they choose. They will face issues that include housing standards, crime prevention, property zoning, business revitalization and more.

In the 2010 election, there were 2,878 voters registered out of a population of 25,902.

While there has never been an SIU student on the council, three are running for a seat. City Manager Kevin Baity said it's important for Salukis to pay attention to their council's decisions because they affect students in many ways. Mayor Joel Fritzler said SIU students often don't vote in council elections because they plan to be in Carbondale only for school. He said student involvement is still encouraged, though, and students hold seats on the liquor advisory board, human relations commission and sustainability commission.

Baity said the City Council votes on sales tax rates, parking permit fees, regulations for rental housing inspections, water and sewer rates, issuance of liquor licenses and more.

"As a student, there may only be a few items that the council makes decisions on that do not affect them," he said.



Housing

"There are some properties I wouldn't tie my dog in," council candidate Navreet Kang said.

He said many neglected properties are being rented to students, and landlords need to be held accountable for that.

Other council candidates agreed housing is an issue and mentioned a possible solution would be to hold landlords to the city codes.

Candidate Brent Ritzel said fines should be heavier for not meeting city regulations.

"It's about creating penalties that are painful enough so that instead of continuing to abuse the rest of us, they pay out of their pocketbook," he said.

Candidate Carolin Harvey said she doesn't think there are enough housing inspectors, so she would like to research the idea of adding more. She said while she is concerned about quality housing for students, she also wants to ensure affordable housing for families.



Economy

"I came back here four years ago after being gone for 23 years," Ritzel said. "It was like, 'What happened here?' It really was like a nuclear bomb went off."

He said Carbondale's economy and nightlife have taken a turn for the worse, and he wants to remedy them by encouraging entrepreneurship.

Candidate and current council member Lee Fronabarger said his top priority is to create a better economy. He said he wants to look into offering more manufacturing jobs and bringing more businesses into the area.

"We have to have the funds to do the projects we want to do," he said. "We have to be able to pump more money and have it recycled through our community, bring more revenues, more jobs, so people can afford to shop in our stores and eat in our restaurants."

Candidate Tony Holsey said he agrees the city needs to be more productive with job opportunities and a lively downtown.

"We've kind of lost our identity a bit," he said.

Bradshaw said she would like to see a downtown transportation hub near the train station that would include a hotel, bus stop and car rental agency.

SIU Enrollment

Candidate Blaine Tisdale thinks it is important for a student to be on the council so students' concerns can be represented.

"Making sure there's a student that's connected to the university and has their fingers on the pulse and ear to the ground, that knows what's going on and gets the climate of the campus, that has been another concern," he said.

Kang said the issue is that not enough Carbondale high school students are being recruited by SIU. He said he wants to invest more of the city's budget into scholarships for quality students.

Candidate Jerrold Hennrich said he believes downtown should become more of an entertainment hub for students, while Ritzel said he wants to create more job and internship opportunities for students.

Candidate Jessica Bradshaw said she wants more livable-wage jobs for residents.

"We need to support people so once they graduate, they want to stay here," she said.

Safety

Holsey said while he believes Carbondale is relatively safe, there is a high burglary rate "that needs very much to be addressed."

He said a lot of the problem stems from turnover in neighborhoods so neighbors don't know each other well enough to look out for others' homes.

Harvey said she agrees that citizens could help each other out, and she has seen neighborhood watch policies implemented in places such as the Arbor District.

"I should know who my neighbors are, and we should kind of watch out for each other," she said.

Hennrich, as well as a few other candidates, mentioned it would be smart to increase police patrol on foot and bikes as well as add more lighting in certain areas. However, Fronabarger said he thinks Carbondale is safer than many areas because it has two police forces, one for the city and one for the university. He agreed he would like to see more police on bikes and foot, though.

Candidate Pepper Holder said he would also like to see more cops on foot because it makes them easier to approach. He said police give off the perception that they're only trying to look for crime when they are in cars.



DUISE April 4-7, 2013

Members of the Medieval Combat Society of Southern Illinois fight during a live-action role-playing battle Sunday at Evergreen Park. They are playing a game called Dagorhir, in which two sides armed with various protection and weapons battle until everyone is "dead."

Medieval sighter passes on his swordsmanship



othar Helgisson spent Easter Sunday doing what he said he does almost every Sunday — fighting and teaching.

LYNNETTE OOSTMEYER | THE WEEKENDER

He strapped on his leather medieval combat gear — braces, helmet and self-made chest armor — grabbed his large shield and sword made of Styrofoam and played Dagorhir.

After he was properly dressed, he showed newcomer Ester Shea the basics of combat.

Shea, a John A. Logan College student studying sign language interpretation, said she got interested in the society because she has friends who participate in the activity at Evergreen Park.

Throughout the afternoon, Helgisson taught Shea the correct posture to engage in one-on-one sword combat and how to properly deflect attacks with a sword.

Dagorhir is a game played by two teams, which take opposite sides of a field and engage in combat until all of one team's members are "dead."

MEDIEVAL | 16

Bored? Color me. Share me.



@DAILYEGYPTIANPHOTO



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Networks look at shows to keep, ax

KARSTEN BURGSTAHLER

The Weekender

At the end of May, network executives will stand in front of advertisers and confess their sins. They'll let everyone know which television concepts tanked and which ones worked. Advertisers will get first looks at pilots networks are considering, and deals will be made to give

shows new life. It's called Upfronts, and for ABC, NBC, CBS and Fox, presentations could either be pep rallies or funerals.

But before networks and cable reach Upfronts, successful shows already have been renewed and dying shows have been axed.

Here's a look at what shows will survive, which shows will be saying farewell and which channels have the most to celebrate.



ABC has had a few victories this year, but none of them have been monumental. Hey, what can you expect from a network that at any given point

has some version of "The Bachelor" or "Dancing with the Stars?" Although, I can't blame 'em — those shows get consistent ratings.

"Once Upon a Time" has been huge for ABC, and even though it hasn't been renewed for another season, chances look pretty good. ABC's other juggernaut "Modern Family" is virtually guaranteed another round as well. "Scandal" has been a hit, so I'd say that's another guarantee. Standing on shakier ground: "Revenge,"

which has had decent ratings but suffered when it moved to Sunday night as ABC attempted to fill the void "Desperate Housewives," left behind; "Body of Proof," which hasn't been axed yet but doesn't have a great prognosis; and "Last Man Standing," which has been a decent performer on Fridays.

The channel has struggled with drama this year. "Last Resort" only lasted half a season and "666 Park Avenue" the same. "Zero Hour" was only around for two episodes. Yikes.

ABC will probably stick with its female-centric dramas, such as "Nashville" and "Castle," which have both been solid performers, along with "Scandal" and (usually) "Revenge."

CBS

On the other hand, CBS will parade around like the king of the

world. "Elementary" has been renewed, and CBS doesn't have to rely on new pilots to find the next great show.

Ratings juggernaut "The Big Bang Theory" has been renewed, and "How I Met Your Mother" will return for a final round. "Two and a Half Men" stars are re-negotiating their contracts, but CBS would be nuts to drop them. "Two Broke Girls" and "Mike and Molly" will keep the

Monday lineup solid.

Dramas have faired quite well. "Hawaii Five-0" is a good performer, both versions of "NCIS" have done well, so well in fact that "NCIS: Los Angeles" will have a spin-off this fall. "Person of Interest" has driven ratings, and although "Criminal Minds" has not been renewed yet expect it to. "The Good Wife" has been renewed.

Hit reality shows "Survivor" and "The Amazing Race" have been renewed for new cycles.

"CSI" has survived but "CSI: NY" will most likely bite the bullet come Upfronts.



NBC had a pep rally in December when they came in first in fall ratings. "The Voice" has been a huge hit for them, so much so that the

channel runs it twice a year and uses it to launch other shows. "Revolution," which follows "The Voice" on Mondays, has been a successful high-concept drama, something networks have struggled with ever since "Lost" left the airwaves.

But that's where NBC's streak stops. Without "The Voice," ratings are flat. "The Office," once a consistent performer, is taking a victory lap

and will end May 16. "Go On" and "The New Normal" suffered after losing "The Voice," but they haven't fallen off the radar yet. "Deception" has been forgettable, and NBC became the butt of everyone's joke when they premiered "Do No Harm," a Dr. Jekyll and Mr. Hyde-like series the channel has already tried and canceled before with Christian Slater's "My Own Worst Enemy." "Harm" lasted two episodes.

Shows such as "Parks and Recreation" and "Law and Order: SVU" will most likely return, but NBC's upfront presentation to garner a chilly reception from advertisers.

FOX

"American Idol," Fox's trusted rock, hasn't fared so well against

"The Voice." Audiences want new twists on the singing competition format, and "American Idol" simply isn't delivering. However, ratings are solid enough for Fox to keep it around.

Fox also owes a lot to Seth MacFarlane. "Family Guy" and "American Dad" have both been renewed, and while "The Cleveland Show" has yet to receive a callback, I don't think Fox will dump it. I could be wrong.

Like ABC, Fox drama is mediocre. "The Following" has been quite a success and was

renewed for a second season; Fox follows the cable format of shorter non-stop seasons with "The Following," and I think the method is paying off dividends.

"Fringe" ended this year, and "Touch" probably won't get a renewal. We won't even talk about "The Mob Doctor." Yes, "Bones" is a success, but Fox yearns for the days when "24' and "House" sustained ratings. Fox just hasn't struck gold yet.

Fox comedy has fared better. "Glee" is expected to return for another season; "Raising Hope," "New Girl" and "The Mindy Project" have already been renewed.

Best of the Rest:

Ratings are a lot stronger on cable. In fact, "The Walking Dead" attracted more than 13 million viewers Sunday for its season finale. "Game of Thrones" is huge, and "Homeland" has become a success for Showtime.

Although "Dexter" is expected to come to an end this summer, channel execs feel confident enough to use "Dexter" to launch

new drama "Ray Donovan."

AMC is probably the biggest victor. Besides "Walking Dead," "Mad Men" is a hit and returns Sunday. "The Killing" returns this June as well. But AMC has a crisis ahead of it; "Breaking Bad" ends this summer. How AMC deals with a flagship show's departure remains to be seen, but I'm confident execs have something up their sleeves.

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We Know SIU



April **4 - 7**, 2013 weeken<mark>de</mark>r **11**

Stay connected with new travel goods

KATHY WITT McClatchy-Tribune

Among the 260 exhibitors and 450 brands at the 2013 Travel Goods Show held in March in Las Vegas were dozens and dozens of travel goods devoted to keeping you connected to your electronics that keep you connected to the world.

"Today's society, is more reliant upon technology than ever before — and travel goods manufacturers have taken notice," said Michele Marini Pittenger, president of the Travel Goods Association and editor-in-chief of the industry publication, "Travel Goods Showcase" magazine. "Across the board, designers have married our nonstop need for connectivity with travel must-haves. Cushioned, water-resistant pockets for tablets, smartphones and

laptops are prevalent in the newest backpacks, totes and soft- and hard-side luggage."

Sleek and strong, ECBC's Hercules Laptop Backpack (\$139.99) has a high-density protective foam compartment that fits most 17-inch laptops—and it's one you can leave your laptop tucked into when going through security checks. That's ECBC's TSA-compliant FastPass system; just unzip the back panel of the backpack, lay it flat and run it through the scanner. And because we're a multitasking, multi-gadget carrying society, this backpack also has a padded iPad/tablet pocket and a fleece-lined pocket for an MP3 player.

A workhorse and proud of it, the backpack is crafted from an extremely durable material given a water-repellant coating and sports a quick-access front zipper pocket for airline tickets and passport,

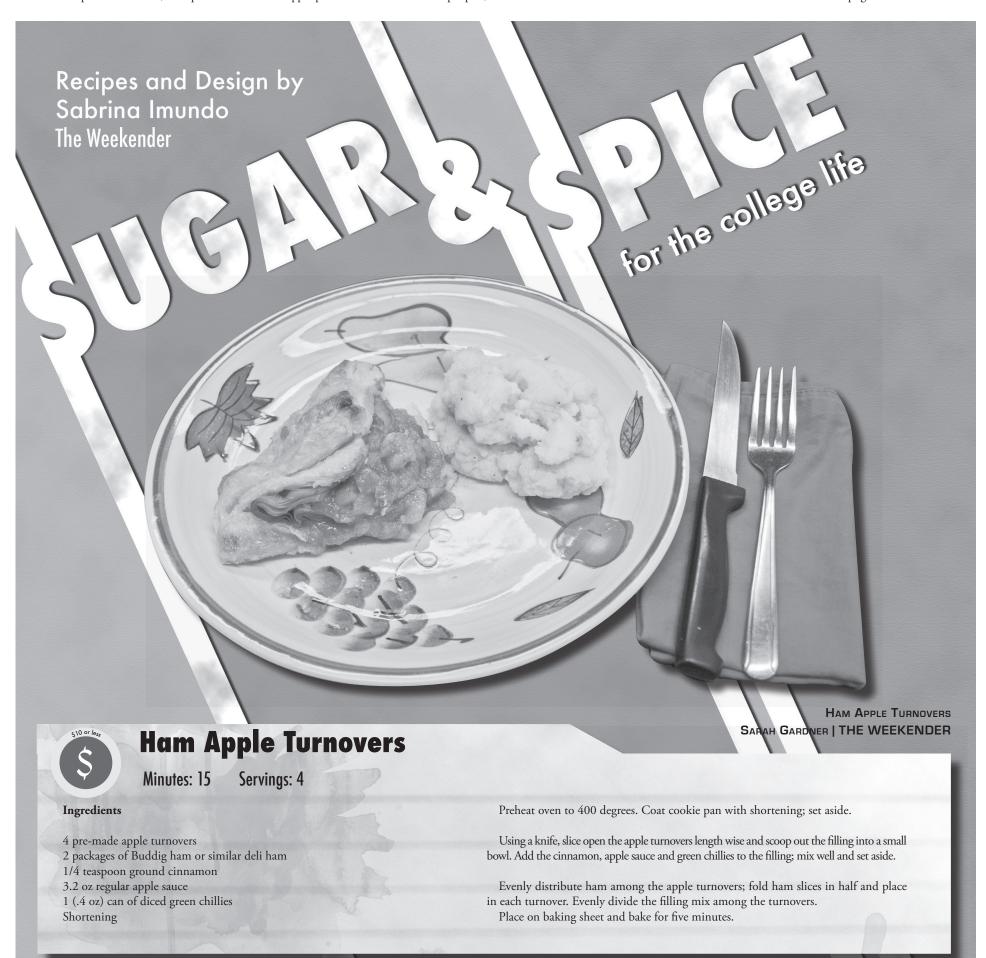
zippered mesh pockets to store cables, assorted pockets for personal and work items and dual "hideaway" zippered pockets for water bottles.

L.C. Industries' Urban Gear is all making life easier and more organized for the active adventurer. Its Canvas Series backpack (\$59.99) is compact, comfortable and equipped with a roomy and thickly padded 15-inch laptop compartment for tablet or computer.

This bag is sturdily constructed in 100 percent cotton canvas with water-resistant coating and accented with peach-colored lining and stitching. Plenty of pockets inside and out, including an interior mesh pocket in the lid of the main compartment, can hold all the gear you'll need to have handy on a long flight and still stow easily beneath the seat.

Samsonite has two backpack collections featuring its Perfect Fit adjustable laptop system, which provides a custom fit for variously sized laptops. The Xenon 2 PFT Laptop Backpack (\$69.99), made to hold 13- to 15-inch laptops, has CoolFlow padding on the back for comfort and heat regulation, a tablet pocket and two secure, zipped quick-stash pockets. The bag is finished with sporty black nickel hardware.

The Tectonic PFT (\$89.99) fits 13- to 17-inch laptops and offers lots of pockets for organization and recreation, including one on the front of the bag with an iPad/tablet pocket and an oversized pocket for over-the-ear headphones, sunglasses and other accessories. This is a bag that can live up to the busiest travel itineraries. Both backpacks have front-pocket organization and a SmartStrap that slides over the handle of an upright suitcase.



Meal Idea

The red bell peppers in my dad's potato side dish will add complementary color to your plate. This dish can be made in the oven or on the grill but will take up to an hour in the oven or 45 minutes on the grill. Instructions will follow the oven version; grill variation follows. You will need: four medium sized potatoes, washed, one yellow onion, one red bell pepper, salt to taste, pepper to taste, oregano to taste, and olive oil or butter. (Use butter if you plan on grilling.) Preheat oven to 350°. Lightly cover the bottom of a two-quart oven safe baking dish with olive oil or butter. Set

aside. Peel and slice potatoes into bite-sized pieces. Slice onion and the red bell pepper into bite-sized pieces. Mix ingredients in the prepared baking dish and add salt, pepper and oregano to taste. Cover dish with lid or foil, and bake for 45-60 minutes. When prepairing this dish for the grill, place all ingredients on a large piece of foil that can be wrapped closed. Use four tablespoons of butter, not olive oil for this method. You will add the butter last, putting it on top of the other ingredients before wrapping. Cook package over direct heat for 30-45 minutes.











Tonight:

Music

Tres Hombres • Ol' Moose and Friends (Americana)

Helia Health Care • Kevin Lucas (art rock)

Altgeld Hall Room 110 • Outside the Box Music Festival presents Southern Illinois Improvisation Unit featuring William O. Smith (new and experimental music)

Hangar 9 • Morning Teleportation / Schools / Wei Zhongle

Newell House Grotto Lounge • Coulter, Goot, and Wall (jazz)

Key West Bar and Grill • Memory Lane (karaoke and DJ)

Other

Faner Hall / Museum Auditorium • Visiting Artist Lecture Series presents George Szekely (art education lecture) @7 p.m.

S.I. Bowl • Carterville: cosmic bowling / karaoke

Castle Perilous • strategic gaming

Student Center Auditorium • Christopher McQuarrie's Jack Reacher (film screening) @ 7 p.m.

Blue Martin • Carbon60 Productions Fuller Future Festival presents Transpoetic Playground's Poetry Inspired by Buckminster Fuller @ 8 p.m.



Friday:

Music

Hangar 9 • Swamp Tigers (rockabilly)

PK's • Barnacle Billy and the Zebra Mu original rock)

Pinch Penny Pub Beer Garden / Coppe Company • Mike and Joe (modern rock

Altgeld Hall Room 110 • Outside the E presents presents Jeffrey Gavett (com

Key West Bar and Grill • Memory Lan

Oak Grove Nursing Home • Kevin Luc

Church of the Good Shepherd • Cousing presents Laurie McClain (singer / song

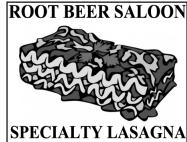
Old Baptist Foundation Recital Hall • C Festival presents Altgeld Chamber Pla Mandat, Gavett, and Tipei (new and ex

Tres Hombres • Carbondale: DJ Nasty

Other

Morris Library Auditorium • Carbon60 Future Festival w/ D.W. Jacobs / L. Ste Donoghue / Sustain Your Dome: Gree city (panel discussion) / Steve Brant @

Communications Building Christian M New Plays Festival presents Jaclyn Mu Wears Her Pants Too High (staged re



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April **4 - 7**, 2013



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position workshop) e (karaoke and DJ)

as (art rock)

n Andy's Coffeehouse writer)

Outside the Box Music yers' Music of Stemper,

(perimental music)

Nate

Productions Fuller ven Sieden / lanet n Walls and Neuroplasti-

oe Theater • Big Muddy ensterman's Girl Who ading) @7:30 p.m.

Saturday:

Music

Key West Bar and Grill • Memory Lane (karaoke and DJ)

Kite Hill Vineyards and Bed and Breakfast • Larry Dillard (blues)

Fat Patties' Red Corner • Carbon60 Productions Fuller Future Festival and Carbondale Comedians presents Carbon Soup Number Three A

Tres Hombres • Soul Glo / Miss Tess and the Talkbacks (swing)

Pinch Penny Pub Beer Garden / Copper Dragon Brewing Company • Carbondale: Hairbangers' Ball (hair-metal tribute)

Newell House Grotto Lounge • Casey James (blues)

Farmers' Market • After Barbed Wire (bluegrass)

Longbranch Coffeehouse • salsa night

Hangar 9 • Nonstop Reggae

PK's • Züül / Thorlock / Dong Shrapnel (metal showcase)

Blue Sky Vineyard and Winery • Makanda: Carlos Alberto (flamenco)

Walker's Bluff • Carterville: Chris Slone (acoustic rock) / Bourbon

Other

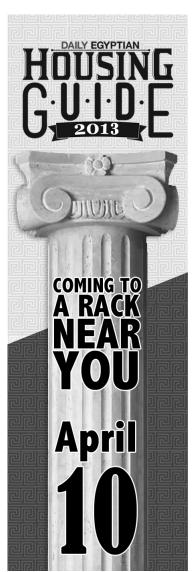
Gaia House Interfaith Center Labyrinth Peace Garden • Carbon60 **Productions Fuller Future Festival presents No More Secondhand** Lifestyle (workshop) @ 10 a.m.

Castle Perilous • strategic gaming

Student Center Kaskaskia and Missouri Rooms • Carbon60 Productions Fuller Future Festival presents Steve Lansford's Thoughtland (multimedia presentation) @ II a.m.

Charlotte West Stadium / Barrett Rochman Field • SIU Campus: SIU Salukis vs. Wichita State (NCAA women's softball doubleheader) @ 12 p.m.

Campus Lake Boat Dock • Carbon60 Productions Fuller Future Festival and Land for Learning Institute present Steve Gariepy and Curt Carter's Patterns of Universe (workshop) @ I I a.m.















Illness, changes can trigger litter box issues

GINA SPADAFORI | UNIV ERSAL UCLICK

When I adopted a second adult cat a few months ago, I knew I was at risk for having one cat or the other — or both — avoiding the litter box. And indeed, it wasn't long before I found that one of the cats was skipping the box.

While I was able to fix the problem quickly through trial and error, for a couple of weeks I knew I was in good company.

That's because failure to use a litter box is the top behavior complaint of cat lovers, sending countless cats to shelters every year. But that doesn't have to be the sad outcome, if you're willing to work on the problem.

The first step in getting a cat to use the box is to make sure there's not a medical condition driving the behavior — that means a trip to your veterinarian for a complete workup. Urinary tract infections and diseases such as diabetes make consistent litter box use impossible for even the most wellintentioned cat. You cannot hope to get your cat to use the box again until any health issues have been resolved.

If your feline checks out fine, you need to start working to make sure that everything about the box is to your cat's liking. The second rule of solving a litter box problem: If the cat isn't happy, no one will be happy. Here's what to look for.

· Cleanliness. Cats are fastidious animals, and if the litter box is dirty, they look elsewhere for a place to go. Clean the box frequently — twice a day is ideal — and make sure it's completely scrubbed clean and aired out weekly. Having an additional litter box may also help. In my case, the problem was a matter of two cats who didn't want to share (and really, who can blame them?). I followed the rule of thumb: One box per cat, plus one more. I'd always intended to ramp up to three boxes at the time I introduced the second cat, and if I had, I probably would never have had any issues.

- Box type and filler. Many choices people make to suit their own tastes conflict with the cat's sense of what's agreeable. A covered box may seem more pleasing to you, but your cat may think it's pretty rank inside, or scary. Likewise, scented litters may make you think the box smells fine, but your cat may disagree -- not only is the box dirty, he reasons, but it also has this extra "clean" odor he can't abide. Start with the basics: a very large box with unscented clumping-style litter. You don't have to buy an "official" litter box, by the way; large, shallow storage containers and sweater boxes (lids off, of course) make great litter boxes.

- Location. Your cat's box should be away from his food and water, in a place he can get to easily and feel safe. Consider a location from a cat's point of view: Choose a quiet spot where he can see what's coming at him. A cat doesn't want any surprises while he's in the box. With multiple cats, try to spread out the boxes so no cat feels his territory is overrun by

Make the area where your cat has had mistakes less attractive by cleaning it thoroughly with a pet-odor neutralizer (available from pet-supply retailers.) Discourage reuse by covering the area with foil, plastic sheeting or plastic carpet runners with the points up.

If you just can't seem to get the problem resolved, ask your veterinarian for a referral to a veterinary behaviorist. These veterinarians are skilled in behavioral problem-solving and are able to prescribe medications that may make the difference during the retraining period.



PROVIDED PHOTO

Cats' refusal to use their litter boxes has prompted owners to photograph their pets with signs announcing their latest misbehavior, a phenomenon known as "pet-shaming."

Q&A: Tennis ball risks can be minimized

tennis balls. Yes, dogs love them, but they're not meant for dogs. I don't think they're safe, and I won't let my dogs have them. Can you spread the word? — via Facebook

A: A world without tennis balls? Perish the thought! It's a good possibility that more tennis balls are used to exercise dogs than to play tennis. While most dogs "make do" with used balls that have lost their ideal tennis court bounce, other pets enjoy any number of tennis balls made especially for dogs, including balls of different sizes and colors, and even some with flavorings (mint seems to be a favorite with people, if not with dogs).

But yes, tennis balls do present a hazard that requires they be used only in supervised conditions. The problem is that dogs have strong jaws capable of compressing a tennis ball. If that compressed ball pops open in the back of the throat, it can cut off a dog's air supply. Over the years, I've gotten letters from countless readers who've lost dogs this way.

You don't have to throw away all your tennis balls, but you do need to use them in a way that reduces the risk of choking. Tennis balls should

Q: I wish you would warn people about always be put away after a game of fetch, and no dog should ever be allowed to use them as

> In supervised play, insist that dogs fetch, return and immediately release the ball — no games of keep-away while the dog works the ball in its mouth. And keep only one ball in play at a time to minimize the risk of having your dog pick up more than one and getting the first ball lodged in the back in the throat.

> Keep the game of fetch fast and lively to keep the focus on the chase and the next throw. A product I couldn't live without (with my weak throwing arm and strong retrievers) is the ChuckIt!, a tool that flings the ball much farther than most of us can throw. (Added bonus: The ChuckIt! also keeps dog slobber off your hands!)

> Nothing in life is without risk, sadly, but there's no need to deny your dogs the joy and needed exercise that a tennis ball can provide. Just be sure to follow a few simple guidelines to keep playing safely. — Gina Spadafori

> > Do you have a pet question? Send it to petconnection@gmail.com or visit Facebook.com/DrMartyBecker.

Pet Connection is produced by a team of pet care experts headed by "Good Morning America" and "The Dr. Oz Show" veterinarian Dr. Marty Becker and award-winning journalist Gina Spadafori. The two are affiliated with Vetstreet.com and also the authors of many best-selling pet care books. Dr. Becker can also be found at Facebook.com/ DrMartyBecker or on Twitter at DrMartyBecker.

— The idea that a dog's saliva has healing powers has been around at least since the ancient Greeks and Romans, whose physicians believed it to be an antidote for poisoning. Later, St. Roch was often pictured with a dog licking a sore, reflecting the belief that the patron saint of plague victims knew something about a cure and that his dog's saliva made him healthy. Modern medicine, no surprise, doesn't look kindly on such theories. Soap and water, a dab of topical antiseptic and a Band-Aid are much better treatments for any cut. Because no matter what you've heard, a dog's mouth really isn't cleaner than a human's.

— When it comes to stretching before any activity, no personal trainer or coach will ever be as committed to the idea as the average cat. When a cat wakes up, it carefully stretches every muscle to make sure its strong, supple body is ready for action. Typically, the stretching routine starts with a good arching of the back and a very, very big yawn. Next is a full-body stretch, right down to the tip of the tail.

— The Great Dane is the No. 1 breed at risk for a sudden and potentially deadly health problem commonly called "bloat" (known to veterinarians as gastric dilatation-volvulus, or GDV), according to a Purdue University study. Other large, deep-chested dogs are also at higher risk, although any breed or mix can bloat. When a dog bloats, his stomach expands and eventually twists, requiring surgical intervention. Male dogs are also twice as likely to bloat, and most dogs who bloat are between 7 and 12 years of age. When combined with other complications of bloat, it is a leading cause of death in dogs, second only to cancer. Knowing the signs of bloat — frequent, unsuccessful attempts to vomit, general discomfort, anxiety and restlessness, "hunched up" appearance, enlarged, tight abdomen — combined with early veterinary surgical intervention, is often a dog's only shot at surviving.

— Dr. Marty Becker and Gina Spadafori

April 4 - 7, 2013 weekender 15

'Mudding' was 'BUCKWILD' reality star's medication

JOHN RABY

The Associated Press

CHARLESTON, W.Va. — The sport of tearing into backwoods trails in trucks and allterrain vehicles, known among enthusiasts as "muddin," is a part of life for many amateur daredevils who love to get dirty in rural West Virginia, just as it was for "BUCKWILD" cast member Shain Gandee.

It was a fitting pastime for the 21-year-old, one of the stars on a show that warned viewers not to mimic the "wild and crazy behavior" they witnessed — swearing, fighting, fourwheeling, even swimming in the bed of a dump truck-turned-swimming-pool.

He and two others were found dead inside an SUV on Monday about a mile from

Gandee's Sissonville home. The Kanawha County Sheriff's Department said Tuesday that autopsies confirmed they died of accidental carbon monoxide poisoning. The vehicle was stuck so deep in a mud pit that its tail pipe was submerged; it is possible the gas flooded the cabin because of the clogged exhaust.

In one episode, he describes four-wheeling as a stress-reliever: "This is my medication right here," he said before getting stuck in a mud pit and blowing up his engine. And there was no place he enjoyed being more than behind the wheel in the woods, Gandee's cousin Ashley Gandee Lewis said.

Just two days before he died, Gandee had gone mudding with people he met Saturday at the grand opening of her general store in Proctorville, Ohio.

"He said, 'Let's go!' And they went," Lewis said. "Mudding's just taking your vehicle and finding the biggest mud holes you can get, and seeing how fast you can get through them. You can fish tail it sideways or get stuck."

"It's just about having a good time. It's just about making memories," she said.

Authorities said Gandee, his 48-year-old uncle, David Gandee, and 27-year-old Donald Robert Myers were last seen around 3 a.m. Sunday at a bar and they told people they were going driving off-road. The SUV was found by one of Shain Gandee's friends next to a trail used by four-wheel drive vehicles, about 15 miles outside of Charleston.

The network has not said whether it was filming Gandee at the bar Sunday morning or after he left.

A four-wheeling charity event was being

planned, with donations going to Gandee's family for funeral costs.

Jim Humphrey, a Morgantown Power Sports salesman, said mudding is just a part of the Mountain State's history. People who live near lakes and oceans buy speedboats and personal watercraft. People who live near mountains and mud buy four-wheelers, he said.

"People around here just like to get muddy and have fun," said Humphrey, whose dealership sells 40 to 50 all-terrain vehicles a month at an average price of about \$6,500.

West Virginia has an abundance of designated riding trails, including the 600mile Hatfield-McCoy Trails network, which lets tourists and local alike traverse seven West Virginia counties. Local officials say riders have come from as far as Alaska and Canada.



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LYNNETTE OOSTMEYER | THE WEEKENDER

Ester Shea, left, practices sword fighting with James Whittington Sunday at Evergreen Park. Shea is a new member to the group and has only been practicing for two days. Experienced group members often take new members aside to teach them combat basics and give the new member leftover gear to learn with.

MEDIEVAL

CONTINUED FROM 9

The game consists of safe full-contact combat and live-action role-playing experiences, or larping, with other devoted fighters.

Helgisson, vice president of the Medieval Combat Society of Southern Illinois, said Dagorhir is a lifestyle for him, and he doesn't plan to give it up any time soon. He said his primary focus is to expand the group by teaching new people the game's basics.

The Carbondale group is also part of a nationwide group called Blood Horde. Recruiting new group members and giving advice to Evergreen Park fighters is his passion is his passion, he said.

"I'm going to keep fighting until I'm unable to fight, and I'm going to be involved in this until I die," he said.

Living the Dagorhir lifestyle often means learning combat, Helgisson said, and he learned much of his technique from watching swordfighting movies such as "300," "Troy" and "Gladiator." He said he practices what he sees and eventually combines some of the movies' fighting techniques to make his own style.

Helgisson said while he has experience

playing other larping games such as Dungeons and Dragons, Dagorhir is unique because players create and compete as their own character. He said it beats just rolling an attack dice.

Another part of the society's medieval combat experience is learning how to make gear and weapons from scratch. Helgisson said part of his job is to advise others how to make it — or to tell them where to buy it.

Shea said she hasn't made her own gear yet, but she is interested in learning how. Instead, she practices with the group's leftover weapons.

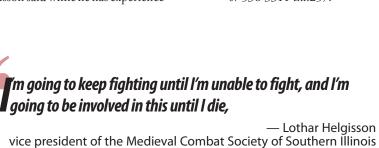
Bill McNelly, resident leader of the area's Blood Horde group, said the more people who play Dagorhir in the future, the more fun it will be for all of them.

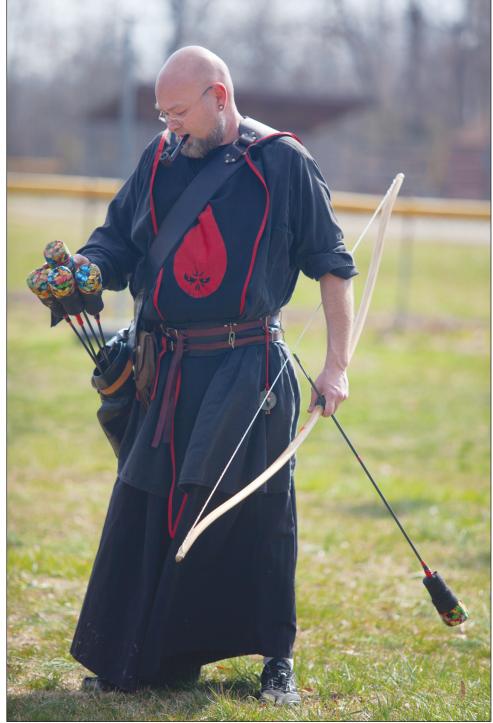
Like Helgisson, McNelly said he also has a passion for medieval fighting, and he has been fighting for about a decade.

He said he chose Helgisson as one of his Blood Horde commanders because of his experience.

"This is my life pretty much," he said.

Anthony Pickens can be reached at apickens@dailyegyptian.com or 536-3311 ext.257.





LYNNETTE OOSTMEYER | THE WEEKENDER

Bill McNelly looks over his archery gear to prepare for the next medieval battle Sunday at Evergreen Park. McNelly is part of the Dagorhir group Blood Horde, which has members nationwide.

The strength of coaching



Top Row: J.C. Lambert, Jeneva McCall Bottom Row: Kim Fortney, John Smith, Gwen Berry

JON-ERIK BRADFORD, CHRIS ZOELLER | THE WEEKENDER

Smith's methods prove technique, hard work breeds champions

TERRANCE PEACOCK **JACK ROBINSON** The Weekender

For years, the track and field world has questioned coach John Smith's recruiting techniques and how he trains and strengthens his

But with more than 50 conference champions, more than 30 All-Americans and five NCAA champions in his nine-year stint with the Salukis, there is one thing nobody can question: He knows how to produce phenomenal throwers.

Smith, the Saluki track and field throws coach, has trained All-Americans, NCAA champions, U.S. champions and even Olympians. However, he said he prides himself most in his contributions

"I enjoy being a giant killer," Smith said. "Here at SIU, I'm able to give kids scholarship money (who) I can gamble on."

Smith said his recruiting philosophy is simple. "I look at their background," he said. "The requirements of throwing far hasn't changed for 150 years. What has changed is the work ethic of the athletes."

Smith specializes in recruiting athletes who were raised by working-class families. He said he believes athletes raised on hard work carry that attitude through their athletic career.

"When I look at athletes I say to myself, 'Is this person tough enough to do the work?" he said. "Guys that come from fathers who were workingclass heroes, girls that come from the country that learn to work from a young age, those make the

Smith coached throwers at Ohio State before he came to SIU. He produced 20 Big Ten titles, 19 All-Americans and 2 NCAA champions in his five-year career with the Buckeyes. He has more than doubled those marks with what people might consider lesser talent during his Saluki

However, Smith said the school doesn't matter;

"The ball doesn't know what's on your chest," Smith said. "If it's Ohio State, or SIU, or anywhere else, it doesn't know. All it knows is what you do to the ball, and that all comes down to training."

No matter what school he coaches, Smith's training technique is unlike any other. The technique calls for the team to lift hard one day a week and recover as opposed to other teams' tendencies to lift three to four times a week.

The time the team loses lifting, they gain throwing, Smith said.

"The maximum recovery allows them to throw harder," he said. "We throw more in a week than what other universities do in a month."

Senior thrower J.C. Lambert said other universities think Smith is overworking his athletes, but that is far from the truth.

"They don't like that we are stronger and throw heavier implements," he said. "They think that messes up technique, and it doesn't. It's plain and simple. People will ask what we throw, and they won't believe us because they can't believe we throw as much as we do."

Smith has trained athletes for more than 30 years, but he began his coaching career as a Saluki track and field teammember in the early '80s. He said the track and field team was limited to a head coach and one graduate assistant because of massive budget cuts.

He said he was the team's best thrower at the time, so he was designated to be coach. He taught his teammates on trial and error, he said, and he suffered his share of mistakes early in his coaching

"I look back on what I did back then and I'm like, 'Oh my god. I was so stupid,'" he said.

He eventually got the hang of coaching and, before long, began coaching four-time Olympian and SIU track and field head coach Connie Price-Smith, one of the most celebrated women's track and field athletes in SIU history.

"I did a lot in my career, and he was a very important role in that," Price-Smith said. "He's the one who got me started, and he's the one who saw me through my 16 years of competing. Without his knowledge, I probably wouldn't have accomplished as much as I did."

Smith's résumé speaks for itself, and senior thrower Kim Fortney said that was all she needed to visit SIU and eventually sign up for the team.

"I came down for an unofficial visit, and he said

he has had all these great people come through his program, and it's evident," Fortney said. "You see it on the walls, you see how many All-Americans he's had, and it's obvious how great he has made this program."

For Fortney she said the program's success is enough motivation to strive to be the best thrower she can be.

"I think when you come to the program and you see the success in the past and how many names are on the wall, it's like internal motivation," she said. "You are here because of one reason, you were meant to be here, and you need to throw far."

Gwen Berry, an SIU graduate and now post-collegiate thrower, said Smith is unlike any coach she has ever seen because of his love for the

"Other coaches have their job-related life, and then they can go home and it's separate," she said. "Coach Smith would go home and probably write up workouts for us or watch videos and think about what he can do to make his athletes better every day."

> Terrance Peacock can be reached at tpeacock@dailyegyptian.com or 536-3311 ext. 269.

Jack Robinson can be reached at jrobinson@dailyegyptian.com or 536-3311 ext. 282.



Advanced Crossword





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Women's Basketball

Dawgs welcome a winner in Stein

MATT FERGUSON

The Weekender

After a disappointing stint from their previous head coaching hire, the university's chancellor and athletics director introduced Cindy Stein as its new women's basketball head coach.

Stein will take over for ex-interim coach Adrianne Harlow, who grabbed the reigns after previous head coach Missy Tiber resigned in January. Harlow and Tiber combined for a 20-100 (9-63 Missouri Valley Conference) record over the last four years.

Chancellor Rita Cheng said she is excited about Stein's potential.

"I'm a huge supporter of women's athletics in general, and particularly women's basketball," she said. "We have high expectations for this program, and we definitely want to improve attendance (and) improve the excitement around women's basketball. I think you will find that we've got a coach that can help turn the program around and help fill the seats and help with enthusiasm."

Stein has a deep background with Illinois basketball. She was a college player for the University of Illinois from 1981-83 and Illinois Central College from 1979-81.

The Peoria native comes to SIU with experience turning basketball programs into winners. Stein made an immediate impact in her former head coach position for the Illinois Central College Cougars. In her only season with the Cougars, she turned a previously 16-16 team into a 32-4 team that placed third at the NCJAA Division II national tournament. Like this year's Saluki roster, her ICC Cougar roster featured a young team with no grade level older than a sophomore.

The Salukis have no player higher than a junior. Coach Stein said the Saluki team has been through a lot, but she likes what she sees.

"The rumor in the league is that they have talent," she said, "That's exciting to me. We plan on helping to develop that talent by putting them in pressure situations in practices which make the game situations look easy."

Her longest stint as head coach came during her 1998-2010 stretch with the Mizzou Tigers. In her 12 years with the team, Stein led the team to three NCAA appearances, one Sweet 16 run and had five players selected in the WNBA draft.

Stein said her plan for success starts by developing players as individuals and then as ballplayers. Learning to communicate with new people helps with team chemistry, she said, but their play on the court comes in practice.

"Success isn't built on laughter," she said, "It's built on hard work and sometimes tears. You've got to work at a certain pitch to get your kids to understand what it takes in pressure situations to be successful. We will try to create that in practice."

Her time at Mizzou is also where she met Athletic Director Mario Moccia. He was Mizzou's senior associate athletic director during the time. Despite their previous experience, Moccia said Stein was the final selection of an extensive search.

"We had over 110 applicants for the position and we looked at over 700 bios of coaches at all levels and we came up with four outstanding finalists," Moccia said. "When we reviewed the finalists and the qualities we believe were the ingredients to our future's success, we think we found the right person in coach Cindy Stein."

She will begin her new campaign as head coach in early November, later this year.

Daily Egyptian

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2, 3, 4 & 5 bdrm homes, c/a, some have w/d or hookup, avail Aug, pets ok, 684-2711 or 559-1522.

NICE 4 BDRM HOUSE, hrdwd/ flrs, d/w, a/c, w/d, nice craftsmanship, Call Van Awken, 549-4935.

Near Campus 2, 3, & 4 Bdrm Mow, take-home lists in yard box at 408 S. Poplar. Also 7-10 Minutes from SIU-C, SPACIOUS 2 & 3 Bdrm Houses, W/D, Most C/A, 1 3/4 Baths, Carport, Patio or Huge Deck, Free Mow. NO PETS. Call 684-4145.

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MODERN, 1200 SQ FT 2 bdrm, 2 bath, w/d, d/w, a/c, energy efficient, (618)924-0535

www.comptonrentals.com

MALIBU VILLAGE, 2 bdrm mobile homes, \$350-\$500/mo, no dogs, call Tracey 529-4301.

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LOOKING FOR F/T front desk, 2 shifts: 7:00am-3:00pm, 3:00pm-11:00pm. B'fast attendant, weekdays 6:30am-9:00am, weekends 6:30-10:00am. Must apply in person at Best Western Saluki Inn. 801 N Giant City Rd.

BARTENDERS, WILL TRAIN, 21-30, female pref., fun, energetic personality. Great Tips & Salary. Johnston City only 20 min from C'dale, Hurley's/Willy Coyotes 618-982-9402 or 618-922-0600

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BARTENDING, UP TO \$300/DAY, no exp. necessary, training avail, 800-965-6520, ext 102.

HARBAUGH'S CAFE HIRING part time server. Must be available 10am - 3pm, 2 times a week. Exp pref. no slackers! 901 S Illinois Ave



SALES CLERK, PT. must be 21vrs old, apply in person, SI Liquor Mart, 113 N. 12th St., M'boro. Please no

SWIM COACH: Local summer swim team looking for a swim coach. Resume/questions to herrintigersharks@yahoo.com.

HOSTESS/PHONE PERSON, PT. apply in person, some lunch hours needed. Quatro's Pizza, 218 W Freeman

PLAY SPORTS! HAVE FUN! SAVE MONEY! Maine Camp needs funloving counselors to teach all land, adventure, & water sports. Great Summer! Call 888-844-8080, apply: campcedar.com.

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-Must be able to work 8:30am -12:30pm on Tuesday & Thursday --Applications available at the D.E ront desk in the Comm. Bldg. Rm 1259, Monday - Friday, 9:00am -3:00pm. You can also email classified@dailyegyptian.com to equest one.

-Must be enrolled in at least 6 credit hours for Spring 2013 & Summer 2013

-Submitting a resume is encour-

Services Offered

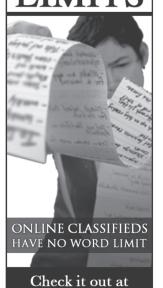
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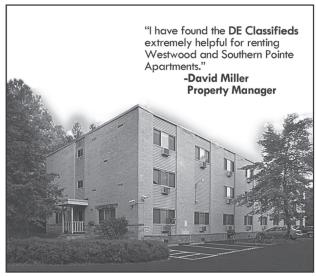
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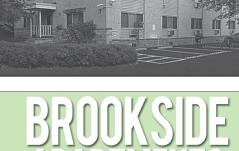
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TOP CARBONDALE LOCATIONS

City Inspected and Approved. Lists of address in front yard of 408 S. Poplar, Carbondale. Reasonable Rents.

Apartments

1 BEDROOM

1 BEDROOM (w/ Office) 805 W. Main St.

806 N. Bridge St. (Duplex) #1, #2 806 1/2 N. Bridge St. (Triplex) #3, #4, #5 805 W. Main St. #1, #6 905 W. Sycamore #2 423 W. Monroe #1 (W/D on Site) 210 S. Springer #1, #2

(W/D on Site)

#2. #3. #4. #5 423 W. Monroe #2 5 & #6 (W/D on Site)

2 BEDROOM

905 W. Sycamore #3,4

210 S. Springer #3

2 BEDROOM 3 BEDROOM

Houses ALL with W/D & FREE MOW

804 N Bridge St. 8041/2 N. Bridge St.

502 N. Davis* 317 S. Oakland 1307 Old W. Main (plus den)

909A W. Sycamore (with office, behind 911 W. Sycamore)

803 W. Schwartz (2 bath, w/ huge deck)* 607 W. Cherry* 315 S. Oakland' 503 N. Oakland*

109 S. Dixon* 310 S. Forest* (mulit zoned) 401 S. Forest (2 bath w/ deck)*

424 W. Sycamore* 513 N. Davis

2 or 3 BEDROOM

(w/deck & garage)*

400*,402*,403*, 404*,407* & 409* S. James

100 S. Dixon

LUXURY EFFICIENCIES

408 W. Poplar #1-5 #7 #8 Near Campus (W/D on Site)

CARBONDALE AREA - NO ZONING -(7-10 MINUTES FROM SIUC)

1 Bedroom Apts. under \$300/mo. • 2 Bedroom Apts. under \$400/mo. 2 Bedroom Houses (W/D, carports & patios) • 3 Bedroom House (W/D, most with C/A, 1 plus baths, huge decks, & carports)

TOP MURPHYSBORO LOCATION

56 Crescent Dr. - Luxurious 3 Bedroom House (W/D, C/A, 11/2 baths, garage & patio)

NO PETS

684-4145

4 BEDROOM 410 S. Forest (11/2 bath, double carport)*

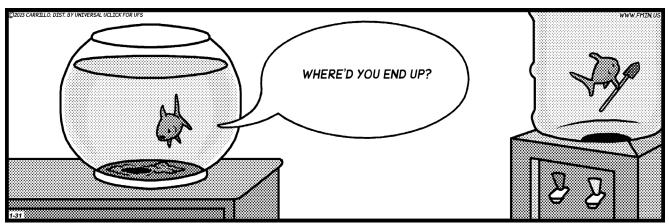
906 W. Cherry (2 bath w/ garage) 910 W. Mill (2 bath, multi zoned)* 403 S. Oakland (2 bath)* 1701 W. Sycamore* 421 W. Monroe (multi-zoned, 21/2 baths)* 505 W. Forest

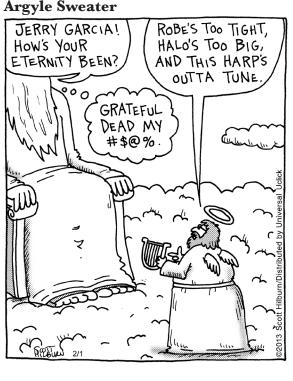
(multi-zoned, 2 baths w/ deck)* 804 W. Schwartz (multi-zoned, 11/2 bath w/ huge deck)*

* Central Air



F Minus







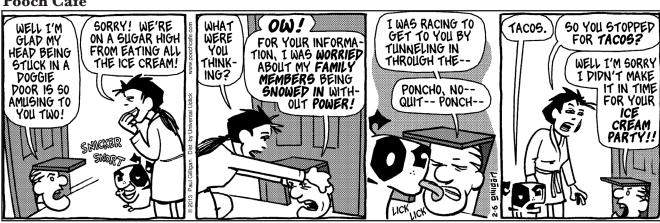




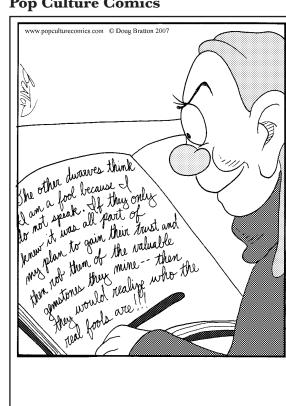
Flying Mccoys



Pooch Cafe



Pop Culture Comics



Blundergrads











Taurus — **Today is a 9** — Assume more responsibility. Learn what's missing, as you enter a service phase. Get into action, and advance your career. There may be a test. Relax afterwards with your crew.

Gemini — Today is an 8 — Watch the big picture. You're entering an intense two-day expansion phase. Rebellions could flare. You'd rather play than work. Keep steady momentum, even as you have fun.

Cancer — **Today is a 9** — Handle financial matters, and set long-term goals. Count wins and losses, and store provisions; you're worth more than you thought. Imaginative strategy wins. Invest in the highest quality.

By Phil Flickinger (www.blundergrads.com)

Leo — Today is a 9 — Your thoughts turn to others. Strengthen a partnership or two. Let someone else drive or direct the show. Focus on peacemaking. This can be remarkably romantic.

Virgo — Today is a 9 — Handle work issues today and tomorrow, and dig into a big job. Changes to navigate include a power shift. The details are important, so get involved. Extra hustle means extra cash.

Libra — Today is an 8 — Do what you can to help the others stay relaxed and calm. Celebrate with a home-cooked meal and lots of couch time. Your loved ones encourage you to take on a new challenge.

Scorpio — Today is an 8 — Enforce household rules, as you focus on home and family. Domestic crafts are extra satisfying and produce tangible results. Bring your work home and energize the base.

Sagittarius — **Today is a 9** — You'll learn quickly, so pay attention. You're sharp as a tack. Study and practice, and a solution to an old problem will become obvious. Educate yourself about money.

Capricorn — **Today is a 9** — This phase is good for making money, which boosts morale. Start computing expenses and get practical with a financial plan. Don't let it slip through your fingers. Direct your investments.

Aquarius — Today is a 9 -Okay, now you can blast forward. Assert your wishes. You're getting stronger and more impatient, as you enter a confident phase. You're eager to go, and ready for your close-up. Smile.

Pisces — Today is an 8 -Traveling isn't as easy now. Don't worry ineffectively (complain only to someone who can do something about it). Clean up old messes. Let ideas gel, strictly in confidence.



WE DELIVER

OPEN 10AM-6PM

SANDWICHES 618-529-4300

ACROSS

- 1 Derby or pillbox
- 4 Yellow shade 9 Dating couple gossiped about
- 13 Geisha sashes
- 15 Want badly
- 16 French mother 17 Computer
- geek, for short 18 Garment for an
- ancient Roman
- 19 Bucket 20 Run off quickly
- 22 Curved bands of sparks 23 "I __ Lucy'
- 24 Physician, for
- short 26 Develop
- 29 Vagabonds
- 34 Embankment _ Rushmore
- 36 Bit of butter
- 37 Elderly 38 Leaving
- 39 Paper towel
- brand 40 Street paver's substance
- 41 Sound of a
- firehouse bell 42 More pleasant
- 43 Penetrating 45 "Well, now, that beat all!"
- 46 School building 47 Nuisance
- 48 Controlled
- substance 51 Remorse
- 56 Crew members
- 57 Climb __ and crafts 58
- 60 Thus
- 61 Boo-boo
- 62 Make fun of
- 63 "As __ on TV"; words in an ad
- 64 Air _ channels for
- ventilation 65 Fraternity letter

DOWN

- Beame
- 1 Feverish 2 Lincoln and

by Jacqueline E. Matthews

1	2	3			4	5	6	7	8		9	10	11	12
13			14		15						16			
17					18						19			Г
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43			44						45					
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48	49	50			51	52	53					54	55	
56					57						58			59
60					61						62			T
63					64							65		T
Created by Jacqueline E. Mathews												04/	04/1	

3 Lyme disease transmitter

- 4 Series of eight piano keys 5 Vulgar
- Wicked
- 8 Flowing back
- 9 Collision; force 10 Drop of sorrow
- Idle 12 Tillis and Tormé
- 14 Removed
- 21 Plunged in headfirst
- poet
- 27 Meat shunner
- 29
- 30 Ladder step
- 31 Heroic tales

- over; deliver
- 11 Monty Python's
- peanut casings
- 25 Frequently, to a
- 26 Gladden
- 28 Obvious
- __ without; forgoing
- 32 Glossy black
- bird 33 Begin

Wednesday's Puzzle Solved

R	0	Α	R		F	R	Α	Μ	Е		В	┙	Α	В
Ε	D	D	Υ		R	Ш	┙	Α	Υ		R	Е	Ν	Е
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Α	Κ	_	Ζ		В	┙	0	O	S		В	┙	0	W
В	Е	Ζ		С	R	Ε	Е	Κ		М	0	U	S	Ε
	S	Е	Α	R	Е	О			С	Α	┙	М	Е	D
			F	Α	Т			Τ	U	Τ	Т	_		
Α	G	Α	-	Ζ			R	_	D	ш		Ν	U	Ν
F	0	R	G	Е	Т	Т	_	Z	G		Р	Α	Р	Α
Α	R	С	Н		Н	Е	D	G	Ε		Α	Т	0	Р
R	Е	S	Т		Е	Α	S	Е	L		D	Е	Ν	S

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- 35 Painful cry
- 38 Viewed briefly
- 44 Goads
- 39 Asian nation
- 41 Weep
- 42 Schnoz
- 45 Dissuades;
- 48 Fawn bearers 49 Seldom seen

04/04/13

- 50 Encourage 52 Beige shade
- 53 Drug agent
- 54 Cut short
- 55 Engrave
- 59 Glide like Jeantalks out of 47 Aviator Claude Killy

611 S. Illinois Ave.Carbo NIVERSAL

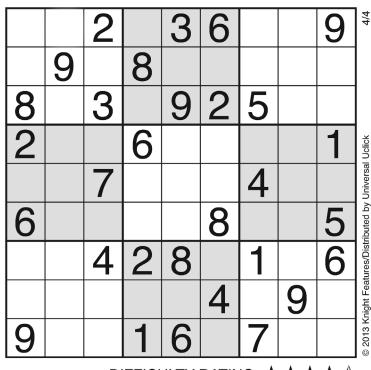
Hand Made Burgers

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Complete the grid so that every row, column and 3x3 box contains every digit from 1 to 9 inclusively.



DIFFICULTY RATING: $\star \star \star \star \star \Leftrightarrow$

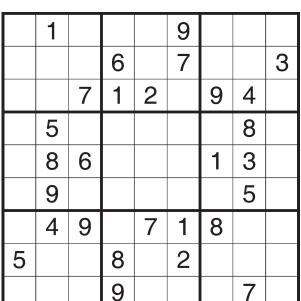
Answers Will Be Given On Page 18

Unscramble these four Jumbles, one letter to each square, to form four ordinary words.

M I X E D U P

Town Square MONDAY • WEDNESDAY • FRIDAY Market HOT ORGANIC SOUP!





Castle Perilous **Games and Books**

207 West Main Str

Level: 1 2 3 4

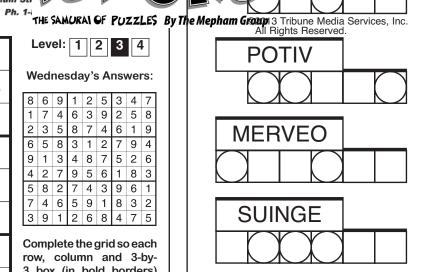
Wednesday's Answers:

8 6 9 1 2 5 3 4 7 7 4 6 3 9 2 5 8 3 5 8 7 4 6 1 9 6 5 8 3 1 2 7 9 4 9 1 3 4 8 7 5 2 6 4 2 7 9 5 6 1 8 3 5 8 2 7 4 3 9 6 1

7 4 6 5 9 1 8 3 2

3 9 1 2 6 8 4 7 5

Complete the grid so each row, column and 3-by-3 box (in bold borders) contain every digit, 1 to 9. For strategies on how to solve Sudoku, visit www.sudoku.org.uk.





Now arrange the circled letters to form the surprise answer, as suggested by the above cartoon.

Answer:

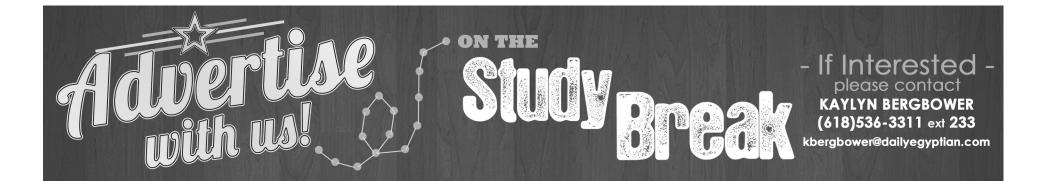
Answers:

Wednesday's

AWFUL

KNELT CRANKY AGENDA After fleeing into the laundromat, the suspect

had no chance of a - CLEAN GETAWAY





2/17 **Faster Than a Roller Coaster**

1	2	3	4	5		6	7	8	9		10	11	12	13
14						15					16			
17						18					19			
20	T				21		22			23		24		
			25			26		27			28			
29	30	31					32		33					
34					35			36		37		38	39	40
41					42				43			44		
45			46	47		48					49			
			50		51		52			53				
54	55	56				57		58						
59				60			61		62			63	64	65
66			67		68			69		70				
71					72					73				
74					75					76				Г

- Chicago "Hard ___ to Break"
 Japanese metal band that will
- audibly exhale?

- audibly exhale?

 10 Von Bondies "__ of Communication"

 14 Jim Croce "__ Name"

 15 U2 "One __ Hill"

 16 "__ Have to Do is Dream"

 17 Bryan of Roxy Music

 18 Drowning Pool song we feel sorry for?

 19 "By the Time I Get to Phoenix"

 Campbell
- 20 Worthy principles Christian rockers
- have
 22 Queasy feeling Pink got on debut album?
- 24 Kind of man John Lennon was,

- 24 kind of man John Lennon was, besides being a "Walrus" 25 Kiss "Into the ___" 27 Open G and standard 29 "Don't Worry, Be Happy" Bobby 33 Robert Plant "Now and ___"
- Jimmy Kimmel/jazz bassman Jimmy Robert John Godfrey band, with "The" Korn "___ Up Inside" Michael Schenker post-Scorpions band
- 41 Michael Schenker post-Scorpions b 42 Eagle-Eye's sister 44 Makoma "___Moto" 45 Buddy Holly "Yes I love you, ___S 48 "For My Broken Heart" McEntire 49 Poison frontman Michaels
- 50 Olu Dara's rapper son 52 Chicago "Baby, What a Big 54 The Lonely Island "Jack___' 58 Iconic Fender model (Abbr.) Olu Dara's rapper son Chicago "Baby, What a Big The Lonely Island "Jack
- 59 "Spill the Wine" band60 The Box Tops "___ Rainbow"62 "___ Floss for the Globe" Urban
- Dance Squad
 "Night of the Stormrider"
- Said at end of POD show, perhaps "Skyfall" singer Gabriele Kerner's stage name

- 72 Alice Cooper "For Veronica's ___"
 73 The Academy Is... '07 album
 74 "White Ladder" David
 75 Inquisitive 2010 Ringo Starr album?
 76 "The ___ the Innocence"
- DOWN
- Pop punkers American ___ Jerry Lee Lewis "Middle __
- 4 Simple Minds song about saying they get around?

- Roger of Queen
 "Interstate Love Song" band, briefly
 Goo Goo Dolls smash
 " on bong a gare"
- 8 "___ on, bang a gong"9 Afghan Whigs song to greet a family
- Argnan winigs song to greet a member?
 Simple Plan "Jet ___"
 Woody of Gov't Mule/Allmans Pink Floyd's "Corporal"

- Gipsy ____ 38-Down song listened to in an
- ambulance?
- Jimmy Barnes & Dallas Crane "Sit
- On My ___"
 Widespread Panic song about a
- _ Million"
- place to eat? Aaliyah "One _ Stones "Start
- Tim Buckley song about a place for
- "Rainbow Connection" amphibian
 Hatesphere "To the ___"
 "The 'Chirping' Crickets" was Buddy
 Holly's this
 "Midwinter Graces" Amos
 '80s band Naked ____

- Don't want to miss one, in tribute band
 2003 Sarah Brightman album
 "Appetite for Destruction" band (Abbr.)

- 46 Appetition Destruction Baria (A
 47 Used by wardrobe, perhaps
 49 Producer O'Brien
 51 Buddy Holly "It's ___"
 53 Autograph "Sign In __"
 54 "Big Bad Voodoo Daddy" genre
 55 Amps '95 album
 56 Big venue

- Arrips 50 december 20 december

- 63 James Gang "___ My Garden"
 64 Middle voice
 65 '70s teen idol Garrett
 67 "It was a beautiful ___" U2
- 67 "It was a beautiful ___" U269 Peter Gabriel "The Family and the

Check Your Answers On Page18

Edited by Rich Norris and Joyce Lewis

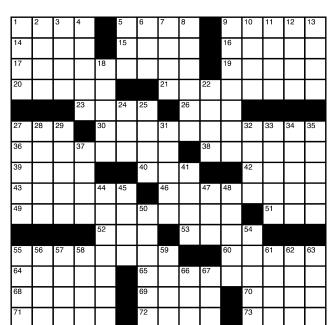
ACROSS

- 1 PC screens largely replaced
- 5 Exchange
- goodbyes 9 Breed, as salmon
- 14 Ghostly glow 15 "Nothin' doin'!" 16 "Dallas" matriarch
- 17 Sleight-of-hand scam
- 19 Cold temperatures
- 20 Fountain of Rome
- 21 Levies on smokes and
- booze 23 Prefix with
- present 26 Playfully shy
- 27 Houston of Texas 30 Agenda item 36 World's largest
- rainforest 38 Pearl Jam singer
- Eddie 39 Early whirlybird,
- for short
- 40 Winding curve 42 Body wash brand 43 Dressy ties
- 46 Mariachi's
- headwear 49 Filmed like most of today's films
- 51 Hyphenated ID 52 Fair-hiring abbr.
- 53 Wax-wrapped cheese
- 55 Alphabet soup, so to speak 60 Have an inkling
- 64 Abrasive mineral 65 Fight fiercely to
- the end 68 Barely burn
- 69 Continental cash 70 Armory supply, and a hint to the starts of 17-, 30-, 49- and 65-
- 71 Left one's seat 72 Slight impression 73 Author Uris

Across

DOWN 1 Plaster bandage

- 2 Essen's region 3 "Magic
- House": kiddie lit



By Gail Grabowski and Bruce Venzke

barrage 5 Curly-tailed Think You Got It! pooch 6 "So that's what that means!" **Check Your** 7 Caribbean liquors 8 It might be broken at a party **Answers** 9 Prepare some letterpress

printing 10 Appeal On Page 11 Author Haley 12 Bistro beverage 13 Stack's role in

Untouchables" 18 "How low can you go?" competition

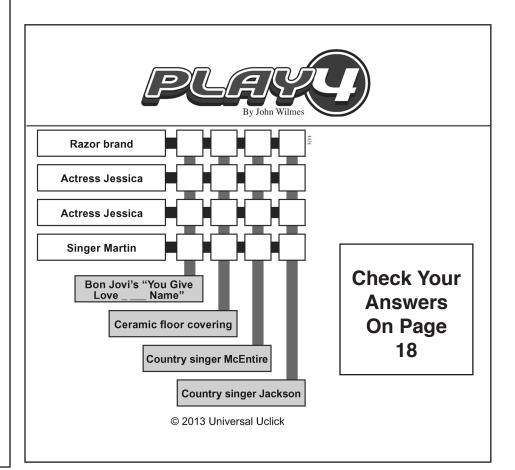
"The

4 Battleship

- 22 Grounding rule, perhaps 24 Convent resident 25 "On second
- thought, that's not true" 27 Long stories
- 28 Pennsylvania Mennonites
- 29 Call before "Polo!" 31 Dogie catcher
- 32 Reminder to take out the trash? 33 Fritters away time
- 34 Gets within a stone's throw of 35 Check for size 37 Type of baggy
- '40s suit 41 One and only 44 Colored, hippie-
- style 45 Snooty sort
- 47 '60s chic
- 48 "The Godfather" hoodlum Luca 50 Discontinued
- 54 Lead or zinc

18

- 55 Military chow hall 56 "You're looking at the one and only"
- 57 Strange: Pref. 58 Therefore 59 Scrapbook
- adhesive
- 61 Alaskan seaport 62 Osaka wrestler 63 Henry VI's school
- 66 Spigoted server 67 Came down with





Lambert on a throwing roll

JACK ROBINSON

The Weekender

Saluki throws coach John Smith said he describes senior thrower J.C. Lambert in two words: old school.

"He could have been on my team," he said.
"There are only three or four athletes out here that could have thrown with us in the 1980s, and he is one of those guys."

Lambert has accomplished several feats this year. Most recently, he was nominated March 27 as Missouri Valley Conference Athlete of the Week after his 67.09-meter toss broke a university and conference hammer throw record during the Vanderbilt Black and Gold meet in Nashville, Tenn.

Lambert said his training has been intense, and strength plays a big factor to how well he throws in meets.

"I've been doing good weight lifting, getting stronger and maintaining that throughout the season," he said. "I have been throwing as far as I can through practice. I've been working on different techniques and speed with heavier implements."

Smith said Lambert has surpassed the team's expectations for him this year.

"For what has happened to him the past couple of years, for him to come out and throw 220 this quickly, he is ahead of where we thought he was," he said. "He is setting personal records every week at least four or five times a week with different weighted balls."

Unlike last year, Lambert is going into the season at full health and is confident he can stay healthy.

"I have been sick the past couple years and I discovered it was Rocky Mountain (spotted) fever so, I got that taken care of and I am good now," he said. "So far I have been healthy and my energy has been good and I have really been able to train hard with the hammer since February."

Lambert said a hammer-throw win at nationals tops his agenda this season after last year's second-place finish.

"Right now I'm third in the nation, but if I had a big throw it would be around the first," he said. "I'm pretty confident once we get to the end of the season that I'll be in top shape and be able to contend for a national championship."

Lambert has seen ample success in his SIU career after he has qualified for nationals five times in both the indoor and outdoor championships. He has earned National Collegiate Athletic Association All-American and All-MVC honors in 2012, 2011 and 2009. He placed second during last year's outdoor nationals as he fell short 2.5 inches in the finals.

For teammate sophomore thrower Kyle Walker, Lambert is just as much a coach as he is a teammate.

"J.C. coaches all of us a little bit. He focuses more on the specifics of what we need to work on," Walker said. "The more he sees success and the more he feels everything, the more he is able to translate that into helping us as his teammates."

Smith said team success is apparent considering its competitiveness this year.

"When you have a group of athletes, people rise up and get better just because of practice everyday," he said. "They see what the other person is doing in practice and it forms a natural competition all the time, which carries over into the meets."

Lambert said the throws team is always testing one another on a daily basis.

"The people on the team do our best to push each other into competition," he said "We have two guys who are about the same in the hammer throw and other guys that are good as well and everybody pushes each other."

Coach Smith said he has never seen a hammer thrower quite like Lambert.

"He is going to end up the best hammer thrower I have ever had," he said. "His dad brought him up tough, and that's what it takes to be good in the sport."

Lambert looks to continue his undefeated campaign when he competes Saturday at the Joey Haines Invitational in Cape Giradrdeau, MO.



JON-ERIK BRADFORD | THE WEEKENDER

Senior thrower J.C. Lambert warms up before the hammer throw event at the Bill Cornell Spring Classic on Saturday at the recently dedicated Connie Smith-Price Throwing Areas. Lambert won the event with a throw of 65.91m, which was 12-feet further than the closest competitor. Last week, Lambert broke the Missouri Valley Conference record in the hammer throw with a 67.09m throw at the Vanderbilt Black and Gold meet.