Southern Illinois University Carbondale

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Daily Egyptian Staff

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Wednesday, March 3, 2010

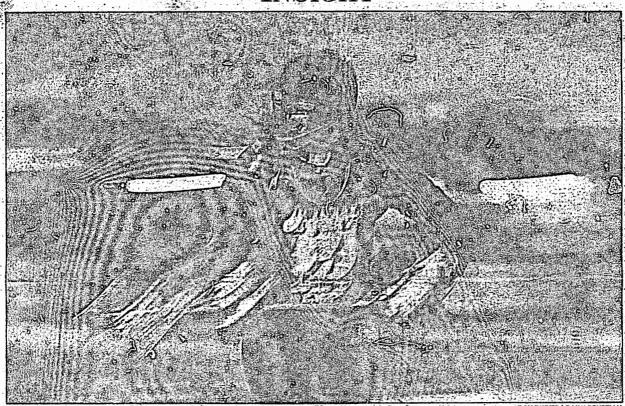
Club of the week: Bhakti Yoga

Final two schools unite with SIU on borrowing bill

MidAmerican, budget proposals passed at speedy Council meeting

Volume 95, Issue 111, 16 pages

-InSight-



Sophomore midfielder and attacker (Tim Lavin tracks down a pass Thursday in eventually prosper, but with \$105 in the bank, the team is struggling to reach its full preparation for the upcoming lacrosse season. The SIU lacrosse team hopes to

potential. SEE VOICES on page 4 for this week's photo column.

Noodles, cheeseburgers could cost more in the end

As students cut corners, experts warn of health problems cating so poorly.

TRAVIS BEAN Daily Egyptian

By noon Monday, the Student Center was flooded with students waiting in line to order food from McDonald's, Chic-fil-A and Blimple.

After finishing a meal from Mc-Donald's, Brittanie Graham, a senior from Mount Vernon studying music, said she eats there because it is fast and chear.

"It's not healthy at all," Graham said. "I want stuff to eat, but I don't. want to be sucking down thousands of calories every day from McDonald's."

- Graham shares the opinion of many college students across the country - she said eating healthier costs more

With March being National Nutrition Month, now might be just the time to reflect, said Pam . Umlauf-Brown, an outreach nurse soft drink packs in 889 calories. www.atetha Studente Healthe Assessment a cre And cone rdoubles cheeseburger

t's not healthy at all. I want stuff to eat, but I don't want If to be sucking down thousands of calories every day from McDonald's.

— Brittanie Graham senior from Mt. Vernon

In Carbondale, a single cup of Ramen noodles, which could serve as one meal, can be purchased for 28 cents at Wal-Mart. At Little Caesars, a pizza and a 32-ounce drink cost \$5. Many fast food restaurants, including McDonald's, feature value menus that provide quick meals for a few dollars.

That cup of Ramen noodles serves as 33 percent of one's daily sodium intake.

Two slices of cheese pizza from Little Caesars and a 32-ounce Pepsi from McDonald's accounts for 54 percent of the recommended daily value of saturated fat.

Graham said she believes many college students resort to buying unhealthy food because they are busy and have little time to prepare meals on their own.

Over a four-year college career, Jeannine Hutchcraft said these eating habits could have detrimental effects to one's health. Hutchcraft, a clinical nutrition coordinator at Herrin Hospital. said one could experience excessive weight gain, become diabetic and face high blood pressure from

People in general, especially students, need to be not thinking about what they're in the mood to eat," Hutchcraft said. "They need to think about what they need to eat to stay healthy."

One student is attempting to help students do just that. Arthur King, a sophomore attending Gainesville State College in Georgia, has started his own show on YouTube called "Cookin' For College." On the show King said he tries to show college students that cooking can be easy, inexpensive and healthy.

"My chicken wings, I bake them." King said. "When you bake stuff, it's better than frying it. It's little things like that students can do.".

But for one busy college student, a bag of noodles is all it takes.

Heather Mormino, a senior from Benton studying English, said she puts Ramen noodles on her shopping list for every grocery trip.

Every time I go to Wal-Mart, I sget a couple of rackages, depending .. Please see COOKING | 11 | Deport | 12 | Deport

Center offers: Healthy eating and weight-loss classes The Saluki Select program, using paw prints to mark healthy dining choices ·For more information:

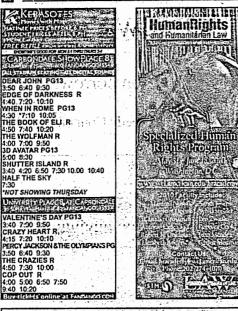
618-536-4441

What the Wellness

how much I have at the apartment,"

Mormino said. culprit for bad eating habits, Hutch-

To cope with busy schedules, Hutchcraft suggests students pack their own lunches. She also said using slow cookers saves time, as students can start cooking food in the morning and it is ready when they get home.



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CHICAGO - The Cook County Board has approved a plan to hire more than 600 new guards for the Cook County Jail.

Under the plan approved Tuesday, the new guards would be hired

by early next year.

Department released & scathing Cook County Sheriff Tom Dart says report on conditions at the Cook the 60-page plan is being submitted County Jail. County of cials say its to the Justice Department in hopes part of an overall plan to end fedthal it will be filed as an agreement eral court supervision of the Jail in In federal court.

Two women sharing reward in 1993 restaurant massacre

PALATINE, III. - A member of the Palatine City Council says. the former girlfriend of one of the two convicted Brown's Chicken and Pasta killers has received half of the nearly \$100,000 reward money collected since the 1993

Palatine Councilman Jack Wag-

ner said Tuesday that Anne English. who finally stepped forward with her secret, leading to Juan Luna's and James Degorski's arrest in 2002, received her share of the money last week

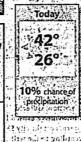
English is sharing the reward with her friend, Melissa Oberle, who reportedly coaxed English into contacting authorities and who made the initial phone call to police.

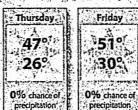
Wagner started the fund after the seven victims were discovered in the Palatine restaurant in January 1993.

Luna was convicted in 2007, and a jury found Degorski guilty of the mass murder in October.

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About Us

The DAILY EGYPTIAN is published by the students of Southern Illinois University Carbondale 50 weeks per year, with an burgage daily circulation of 20,000. Fall and spring semester editions run Monday through Friday. Summer editions run Tuesday through Thursday. All intersession editions will run on Wednesdays. Spring break and Thanksgiving editions are distributed on Mondays of the pertaining weeks. Free copies are distributed in the Carbondale, Murphysboro and Carterville communities. The DAILY EGYPTIAN online publication can be found at www.dailyegy; tian.com.

Mission Statement

The DAILY EGYPTIAN, the student-run newspaper of Southern Illinois University Carbondale, is committed to being a trusted source of news, information, commentary and public discourse, while helping readers understand the Issues affecting their lives.

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Upcoming Calendar Events

"Chiaroscuro: the landscape of Italy"

March 1 to April 30 at Rustle Hill Winery, 10 a.m. to 9 p.m. Friday. through Saturday, 11 a.m. to 6 p.m. Sunday through Thursday

- Opening exhibit noon to 3 p.m. March 20
- · Photography exhibit by Chrystal Lea Nause
- Admission is free

InterVarsity Christian Fellowship

- 7 p.m. Thursday at Life Science III
- "Nah, I'm Good" speaker Lucas Pulley
- · Come join us for worship and a discussion about conquering selfrightousness. Everyone welcome!

ShelterBox fund raiser for Haiti

cxt. 241

· Social/Desert hour 6:30 p.m., ShelterBox Presentation 7:30 p.m. Thursday, March 11

· Carterville Community Center, 120 Greenbriar Road, 1.1 miles north of John A. Logan College Sponsored by Carterville Rotary Club

Um'kil per medium ptzzal and 2 per large ptzza)

he power is all getting dumped into a giant bucket. I'm just taking a different bucket and pouring it into that bucket that has your name on it ... Ameren will still be responsible to get it to you.

> - Michael Ellis MidAmerican spokesman

NICK JOHNSON Daily Egyptian

The City Council voted unanimously Tuesday to begin power supply talks with MidAmerican Energy Company and to adjust to the fiscal year 2010 budget to include storm repair costs.

The city plans to use MidAmerican Energy as a "broker" to get the best possible rate on generated power, City Manager Allen Gill said at the meeting.

MidAmerican can access several sources of power, Gill said.

AmerenClPS, the city's current power supplier, will still be responsible for distribution of the power, he said.

If it were to enter into an agreement with MidAmerican now, the city could save up to 18 percent on its energy supply bill, Gill said. But distribution and ruetering costs will still be with Ameren and likely to go up, he said.

MidAmerican supplies power to 80 percent of Iowa and a portion of northern Illinois, as well as to closer municipalities such as Mt. Vernon, MidAmerican

spokesman Michael Ellis said at the meeting.

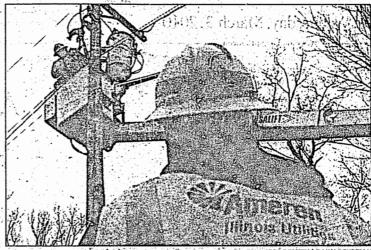
"The power is all getting dumped into a giant bucket." Ellis said to the council. I'm just taking a different bucket and pouring it into that bucket that has your name on it ... Ameren will still be responsible to get it to you."

The Illinois Commerce Commission will decide in May whether to grant Ameren a rate increase of \$226 million statewide. The company will also be adjusting power costs by the hour on major facilities such as Carbondale's southeast water treatment plant, the biggest power consumer in the city, Gill said Monday.

Ellis said MidAmerican would help the city offset some of the costs of the Ameren rate increase, should the ICC approve it.

While individual consumers are still stuck with AmerenCIPS as their power supply company, deregulation of the state's power industry has given the city authority as a large consumer to shop around for power, Gill

The city approved a contract



ISAAC SMITH | DAILY EGYPTIAN

Derek Pfeaster, left, and Eurt Guetersich, a line crev foreman for AmerenCIPS, right, place animal guards on the power lines Monday on Monroe Street. The City Council voted Tuesday to begin power supply

talks with MidAmerican Energy Company in order to save on generated power. AmerenCIPS, the city's current power provider, will still be responsible for

with MidAmerican Energy about three years ago, but market and rate conditions weren't as favorable as they are now, Gill said.

Repairs for damage caused by the May 8 storm cost the city \$3.2 million, according to the written proposal for the budget adjustment by the city's finance department. Insurance and money from federal agencies should reimburse the city for all but \$243,605

of the costs. Carbondale will pay the rest out of its "undesignated fund balances and unreserved retained earnings," the proposal stated.

The city is still hoping for reimbursement through funding from the Federal Emergency. Management Agency and the Federal Highway Administration, Gill

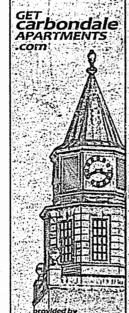
In other business, former Car-

bondale Police Sgt. Gerald Edwards, who retired Feb. 12, was commended for his 25 years of service to the city at the meeting.

Edwards joined the department in 1984 as a patrolman and was promoted to sergeant on Sept. 11, 1998.

Nick Johnson can be reached at njohnson@lailyegyptiws.com or 536-3311 ext. 263.

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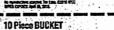
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ship or advance approval. We reserve the right to not publish any letter or guest column.

The SIU lacrosse team huddles before it breaks out of its Saturday practice.

-InSight-A case for lacrosse

he coach asked me in an e-mail how serious I take the dub and I said, If SIU lacrosse could bleed, it would bleed my blood."

> **Damon Permut** former acting SIU lacrosse coach

Daily Egyptian

Matching uniforms. Regulation goals. Financial support from the university. These are just a few of the things that are lacking in the SIU lacrosse program.

Passion, drive and ambition; are

The SIU lacrosse team holds a mere \$105 in its budget. When comparrd with the massive budget of a counterpart such as the University of Michigan - which is more than \$500,000 — it pales in comparison. .

Within the next two seasons the team would like to leave its current club division, the Great Lakes Lacrosse League, and join a more competitive league: the Menes Collegiate Lacrosse

Every player has his own look, and for the most part are still using their old high school equipment, said Brian McPhie, current SIU lacrosse coach.

"Our play looks good out there and you feel better when you've put in tons of hard work and you get to put on a nice jersey to wear and get to look good in," he said.

The jerseys that are on order for the team are practice jerseys that will be reserved for game use; it was the cheapest route for the program to

"We're also trying to get \$25 to order regulation goals for our first home game on March 27, McPhle said. The world of (SIU) Club Lacrosse is out-of-pocket expenses."

The team practices with one goal because the second goal is covered in rust, falling into such disrepair that it is no longer usable.

The one goal that is used is nonregulated and has a tendency of falling down.

An immense love and passion for lacrosse is apparent in sophomore midfielder, team captain, club president and former acting SIU lacrosse coach Damon Permut.

'The coach asked me in an e-mail how serious I take the club and I said, 'If SIU lacrosse could bleed, it would bleed my blood, Permut said.

Using his leadership position with the club, Permut pushes for increased fundraising among the clubs members as well as nurtures the skills of a core group of about eight new recruits that just began playing lacrosse this

"When I got to Southern Illinois University (last year), the program wasn't in the best condition; the leadership of the team wasn't there," Permut said. "I just couldn't go a year of school without lacrosse. It wouldn't - it wouldn't feel like feel the same



SIU lacrosse coach Brian McPhle talks with his team Saturday at the end of practice.

Editorial Policy

Editorial Policy
Our Word is the consensus of the Dally Editorial Board on local, national and global Issues affecting the Southern Illinois University community. Viewpoints expressed in columns and letters to the editor do not necessarily reflect those of the DAILY EGYPTIAN.

Wednesday, March 3, 2010 • 5

Jennifer Buicher, Voices Editor -

- Lindsey Smith, Managing Editor

www.dailyegyptian.com

LETTER TO THE EDITOR

A majority should govern tional amendments.

Dear Editor:

I am writing in response to Greg Nofsinger's letter published Morday.

I support majority rule for lesislation and the end of the filibuster. I do not believe that majority rule in the Senate would constitute a "tyranny of the majority."

The U.S. Constitution requires supermajorities in only four instances: to convict in an impeachment trial, to ratify a treaty, to expel a member of Congress and to propose constitu-

The Senate itself only requires a simple majority to pass legislation. At issue is the filibuster, a procedural rule that requires a 60-vote supermajority to bring bills to a vote. The filibuster is not enshrined in the Constitution - it is only a procedural rule. The House of Representatives allows the majority to bring legislation to a vote and, like the Senate, a majority is enough to pass a bill.

In most states, Senators and Rep resentatives aren't even required to achieve a majority to be elected; they simply need more votes than any other candidate. If we can elect Senators and Representatives with less than a majority, surely a majority should be enough for legislation.

It is also worth remembering that health reform has passed both houses of Congress - with a three-fifths supermajority in the Senate. A package of fixes to reconcile the two bills is the only portion of health reform that might be passed with a simple majority vote.

In a democracy, it is import tant that elections be meaningful.

In 2008, Americans elected Barack Obama to the presidency and delivered Democrats large majorities in both houses of Congress. Now the Democratic agenda should become law under rules that allow a majority to govern. If the public sours on Democratic policies, it can elect Republican majorities to Congress and they can repeal health reform - also with a majority vote.

I do support the filibuster for judicial nominees, however, because they receive lifetime appointments to very powerful positions. This may seem hypocritical, but it isn't. Legislation passed by majority rule can also be repealed by majority rule. Aside from impeachment, which urnally requires criminal activity, there is no provision for recalling a judge. Since judicial confirmation is different than legislation, it should require a different - and higher - standard.

Aside from votes to confirm fudicial nominees, the majority should rule:

> Adam Loos Junior studying political science

EDITORIAL CARTOON



THEIR WORD

Autism fearfuls, ignore Lancet: Get the vaccines

In 1998, the British medical journal The Larcet published an article claiming that there may be a link between the MMR vaccine - measles, mumps and rubella - and the development of autism in children.

The story got plenty of press, touched off a raging debate about the safety of vaccines, and scared many parents away from inoculating their kids.

There was just one problem. Researchers hadn't actually proved a link between the vaccine and autism. They were pushing a theory, one that lead researcher Andrew Wakefield was paid nearly half a million pounds to pursue. He was paid by lawyers who were trying to prove the MMR vaccine caused autism.

Earlier this month, Lancet editors issued a startling statement: "We fully setract this paper from the published record." It was a humbling admission. It came too late.

The article, combined with many anecdotal cases, scared people. No one can help but be rattled

by the accounts of vibrant, lively toddlers who, within days or weeks of receiving a vaccine, retreated from human contact and showed other signs of autism. Many parents decided that the dangers of vaccines far outweighed the risks. And that created some significant health risks. Measles was once prevalent, and killed one out of every 500 children who got it.

Measles was virtually eradicated in the developed world, thanks to vaccines, but it has been making an alarming comeback. In 1998, there were just 56 confirmed cases of measles in England and Wales. In 2008, there were 1,348 cases there and two children died.

MMR immunization rates in Britain dropped from 92 percent shortly before The Lancet article was published to 79 percent in 2003. In some parts of London, the rate fell to 50 percent.

That poses a danger to the unvaccinated kids and even to some kids who got the vaccine. Vaccines

In Illinois, 98 percent of schoolchildren were immunized in 2008-09, according to the State Board of Education. But immunization rates were below 90 percent in three public school districts and 28 private schools.

don't activate immunity in every patient who receives them. As long as 95 percent of kids in a group are vaccinated, the others are protected by a "herd immunity." The virus, for lack of enough hosts, won't survive long enough to be transmitted.

In Illinois, 98 percent of schoolchildren were immunized in 2008-09, according to the State Board of Education. But immunization rates were below 90 percent in three public school districts and 28 private schools. "If you've got clusters, it just takes one person getting (a disease like measles)," Dr. James Singleton, an immunization expert from the U.S. Centers for Disease Control and Prevention, told us. "If there's a group of exempted kids that are going to school and aren't. immunized and exposed to that,

you'll get these localized outbreaks."

.When parents avoid immunizing their children, there is a greater risk of losing that herd immunity.

A dozen epidemiological studies have not found a link between the MMR vaccine and autism. But the fear of a link remains. And some parents complain that kids receive too many vaccines. In 1960, young children were routinely vaccinated against five diseases: diphtheria, pertussis, tetanus, polio and smallpox. The CDC now recommends vaccination by age two against 13 diseases.

The vaccines, though, have become safer. They require far fewer antigens - the molecules of bacteria or virus used to cause a reaction from the immune system. One example: the pertussis vaccine once

used 3,000 antigens. Now it uses five. That decreases the likelihood and severity of side effects.

Some parents report seeing the onset of autism soon after their child received some standard vaccines. But that doesn't mean vaccines cause autism. It is often diagnosed around the age of two, which is when kids are scheduled for some mutine vaccinations.

It's understandable that some parents have focused on vaccines as the cause of their child's autism. It is a mysterious disorder. Scientists don't know what causes it. But if more parents refuse to vaccinate their kids, it is more likely that some nearly forgotten diseases will eniov a renaissance.

As for the scientific commually, we hope even more effort is poured into discovering the cause and treatments for all of the autism spectrum disorders.

This editorial appeared in the Chicago Tribune Monday

Club of the week: Bhakti Yoga

Meditation brings part of Indian culture

DEREK ROBBINS Daily Egyptian

The Bhakts Yoga Club wants to show students that yoga can be more than just exercise.

Bhakti Yoga is a Registered Studeni Organization formed in the fall of 2009 that aims to help students learn about yoga as well as discover truths, Club president Tarani Kanth Kamma said. The club was started as a way to bring a part of India's culture to the United States, he said.

Club faculty adviser Ruplal Choudhary said the club's main goal is for each member to find their inner selves. He said one's living body is not one's actual self and the club practices yoga in order to discover their spiritual selves.

When we attach to that kind of physical identity, we suffer, Choudhary said. "So Bhakti Yoga brings you away from that consciousness. It brings you to that spiritual consciousness. It makes you aware of your other self."

Despite it being a spiritual experience, Choudhary said the club welcomes all religions.

The goal of our club is about self discovery," Choudhary said. You can be any religion to do that. Muslim, Hindu, it doesn't matter.

The club meets every Saturday at Choudhary's apartment. Meetings start off with meditation and lead into spiritual chanting as well as readings from Vedic scripture a collection of ancient Indian material and spiritual knowledge.

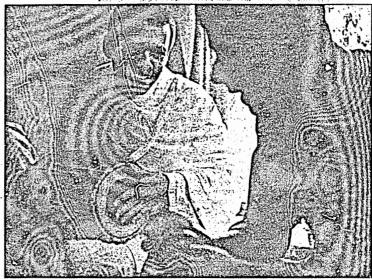
The first objective of the club is to teach some basic knowledge about Vedic scriptures. Choudhary said every member of the club starts at the same basic level of understanding.

Choudhary said meditation for first timers in the club usually lasts about 15 minutes while those who are practiced in Bhakti Yoga can go for several hours.

The chanting is a way of connecting to the "super spirit," Choudhary said. The super spirit is what one thinks of as the creator of the world, he said.

Kanth Kamma, a graduate student in manufacturing systems, said yoga is more than stretching and exercises. It has a lot to do with discovering the self.

When most Americans think of doing yoga, they think of doing only the stretching," Kanth Kamma said. "Yoga is the exercise of not only the body, but also the



Ruplal Choudhary, an assistant professor in plant, soil and agricultural systems, smiles at praise to Krishna, a Hindu god. Choudhary is the Harish Sekar, a graduate student in electrical faculty adviser for the Bhakti Yoga RSO.

mind. We want to help communiaway from that and relax." cate that."

Post-doctoral student Dinesh Singh said he joined the club in search of relief.

"Most of the time there are several problems we face," Singh said. I joined this club as a way to get -

The club will hold a seminar lead by Rompada Swaini, a leader in Bhakti Yoga practices, at 11 a.m. Friday in the Missouri Room in the Student Center. Choudhary said he would encourage any interested students to attend this rare

engineering from India, as they chant songs of

For more information about the Bhakti Yoga Club, e-mail Kanth Kamma at tkamma@siu.edu.

Derek Robbins can be reached at drobbins@dailyegyptian.com or 536-3311 ext. 273.

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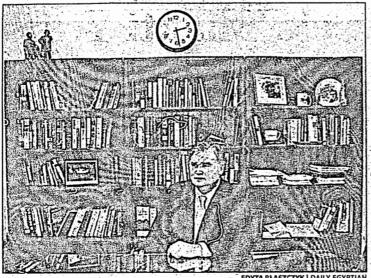




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Director of the Paul Simon Public Policy Institute David Yepsen sits for a portrait Tuesday in his office. Yepsen will go to Africa as a member of the U.S. State Department's Distinguished Speakers Program in May.

Good Luck Salukisl Trom Cran, allocations of differences 721 North Second St. 314-231-9970

SIUC journalist to bring experience, Twitter to Africa

DEON PRICE Daily Egyptian

The SIUC School of Journalism will send a professor halfway across the globe to help bridge the gap between African and American journalism.

Professor David Yepsen will go to the African cities of Kampala, Uganda, and Lusalea, Zambia, as a member of the U.S. State Department's Distinguished Speakers Program to help journalists develop their coverage of, presidential news and emerging media technologies such as Facebook and Twitter.

Finding the balance between the limitations and dangers of covering politics in Africa and informing the public as much as possible will be crucial, Yepsen said.

The opportunity is a delicate situation because African journalists are not able to be as liberal with their coverage as American journalists, he said

"It is important that in doing this that we don't get preachy," Yepsen

Yepsen, also director of the Paul Simon Public Policy Institute, gained national recognition for coverage of nine presidential campaigns in his career and said he would use that knowledge and experience to help Yepsen selected to share election tips, new media practices

inspire fresh political reporting in Uganda and Zambia.

With elections coming up, both countries will face challenges to the freedom of press, said Bill Recktenwald, senior lecturer in the School of Journalism and a participant in the program.

Reckterwald traveled to Sri Lanka and the Islamic Republic of Muldive as a distinguished speaker and has been to Kampala, Uganda, as a Fulbright Senior Specialist to the state department.

"It is a real honor that the U.S. State Department has asked David Yepsen to take part in this speaking program," Recidenwald said in an email. "He is a terrific speaker and has covered many national elections."

Yepsen said it is important to keep the journalism ties between the two countries friendly.

"Everything is about relationships," Yepsen said. "I hope to open both our worlds to one another."

The trip will be more than just a teaching opportunity. Yepsen said.

He said he would learn from his students there and bring it back to It is important that in doing this that we don't get preadly.

David Yepsen
 Director of the Paul Simon
 Public Policy Institute

America to teach his classes.

Director of the SIUC School of Journalism William Freivogel said SIUC has had teachers participating in this program for the past five or six years. He also has made trips to the country.

"African journalists want to speak freely in their news just as Americans do," Freivogel said.

He said at least five SIUC professors have stayed in touch with some of their African students and con-

Yepsen will leave May 7 and return sometime near the end of the month.

Dean Price can be reached at dprice@dailyegyptian.com or 536-3311 ext. 259.



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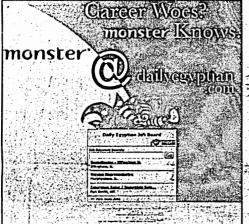
Good luck, Salukis!



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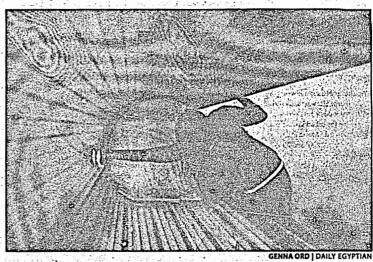
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BEDS IN BUSINESS FOR BREAK



Shalla Speckman, a senior from Champaign studying finance, wipes down a bed Tuesday at Solartan on Grand Avenue in Carbondale. With spring break less than a week away, Speckman said the tanning salon is in one of its busiest times of the year. Michaela Mohr, a freshman from

Nashville studying engineering and radiology and another employee of Solartan, said the weeks prior to spring break bring almost as many men in for tanning as women. "Most people tan because they don't want to burn when they go places like Panama for break." Mohr said.

Obama cites GOP ideas as he preps health care plan

CHARLES BABINGTON
The Associated Press

WASHINGTON - President Barack Obama embraced a handful of Republican health care ideas Tuesday to lure votes of Democrats wary of a more partisan approach as he prepared to spell out his final package for a sharply divided House and Senate, where its fate is

In a bit of political sleight of hand. Obama said he might include four GOP-sponsored ideas in his plan, even though virtually no one in Congress or the White House thinks it will procure a single Republican vote.

The move is aimed instead at wavering Democrats, especially in the House. Some of them might find it easier to vote for the health care package if they can tell constituents it had bipartisan elements that Republicans should have supported. Yet there is no guarantee that Democratic leaders will incorporate Obama's suggestions in revised legislation.

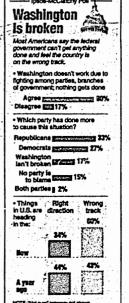
Senate Republican leader Mitch McConnell warned that Democrats will enact their health care plan at

make it an issue in every congressional race this fall.

In remarks at the White House n Wednesday, the president will describe the final elements of his proposal and then ask Congress to enact it, sides said. Obama was expected to reiterate why changing the system is so important and again explain what his plans would mean to families and businesses. The aides also expected Obama to talk about the Republican Ideas he wants woven into the Democrats'

He is expected to leave no doubt that, barring an unexpected change in Republican tactics, he wants Congress to pass the legislation using budget reconciliation rules, which prohibit Senate filibusters. Obama is unlikely to use those exact words, as Democratic leaders are emphasizing they want to pass a bill with simple majority votes in the House and Senate.

"He'll urge Congress to move wiftly toward votes on this legislation," said a White House official who described Obama's remarks on condition of anonymity to avoid upstaging the president.



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Sometimes a band-aid is not enough.

Final two state schools join SIU in borrowing

JEFF ENGELHARDT Daily Egyptian

The game of follow the leader continued in SIU's bid for borrowing authority from the state Tuesday.

University of Illinois and Northeastern Illinois University have been added to Senate Bill 642, making every public state university digible for borrow ing authority. SIU was the sole beneficiary of the bill when it was drafted in December.

While the hill added two more universities, it also subtracted a Medicaid proposal.

SIU President Glenn Poshard said the bill is much stronger with the addition of every public state university to the legislation.

"When we started this in early December we. were the only one on it, but others started to come around and we're really glad they did," Poshard said. Legislators have had about three mornths to look at \$250 million from the federal government for state

this and I think they realize now it's a good bill and

Mark Wikodoon, vice president for finance and administration at Northeastern Illinois University, said it sets a bad precedent for universities to borrow for operating expenses, but the safety net the bill provides is necessary.

While Northeastern Illinois is trying to avoid using the authority, the payroll in the summer months will provide a challenge for the university, .Wilcodoon said.

If we're all going down this route, it makes sense for everyone to be on board and show a sign of solidurity. Wilcockson said. But we hope we never have to use this and that it never pops up again after

"A Medicaid provision was coupled with the bill Feb. 17 that would allow Gov. Quinn to borrow health care expenses.

SIU spokesman Dave Gross said he believed the bill was decoupled so the Medicaid bill could pass on a party line vote instead of a three-fifths majority.

SIU spokesman Dave Gross said the bill would be presented on the Senate floor today. University administrators are aiming to have the bill fully passed by the end of Murch, Gross said.

Poshard said he does not expect to have to use the borrowing authority this fiscal year as long as expected state payments are received. The university could receive \$15.9 million in federal stimulus money in the coming weeks, Poshard said.

U.S. Sen, Dick Durbin indicated the money has

reached the state level. Poshard said, making it likely the university will receive the money in time to cover the remaining \$12 million for March payroll.

With potential cuts of \$100 million in higher education next fiscal year. Poshard said the borrowing authority is a necessary option to have

I said it was our goal to get through the fiscal year without making cuts or having furlough days, but we never said that's not a possibility for FY11. Poshard said. "This is a necessary option to make sure we can make it through the summer months If we need it."

The bill, if passed, would expire Aug. 31. The university would only be able to borrow 75 percent of anticipated state payments and must repay the loan in 12 months.

Gross said the initial deadline for repaying the loch was 18 months, but the higher education committee changed it to 12 months and added the final two universities before passing it Theaday.

> Jeff Engelhardt can be reached at jengelhandt@dailyegyptian.com or 536-3311 ext. 254

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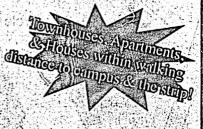
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> Arthur King sophomore at Galnsvi State College in Georgia

If you don't have a lot of time, you can't take a recipe from a gourmet chef, Hutchcraft said. You need to use simple recipes."

King said he presents a wide array of simple recipes, from chicken finers and sweet potato fries to tertyaki shrimp and rice.

Between studying for tests and working. King said he understands that students are very busy and have little time for cooking meals. However, he said that if students give cooking a try, they would find it is easier and more enjoyable than they thought.

"Don't be afraid of the kitchen," King said. "Cooking is fun, easy and cheap. It's a lot cheaper than eating out all the time."

Travis Bean can be reached at tbcan@dailyegyptian.com or 536-3311 ext. 274.



Phil Orman, right, a senior from Mattoon studying mechanical engineering, and Dustin Kurtz, a senior from Paxton studying mechanical engineering, leave Little Caesars with five \$5.99 pizzas

and an armful of two-liter sodas Tuesday. Little Caesars is one of many establishments that provides college students with fast, lowcost food.

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nest center, Mar Lobo 6740, Southern Binds University Carbon-dals, 374 East Grand Avenue, Car-bondale, IL, 52001, 618-536-4411, Fax: 518-453-4518, Please Submit Applications by March 12, 2010, Application review will begin March 15, 2010 & con-tinue until positions are filled. SIUC is an affirmative action/squa opportunity employer that strives to enhance its ability to develop a di-verse faculty & staff & to increase its potential to serve a diverse student population. All applications are we

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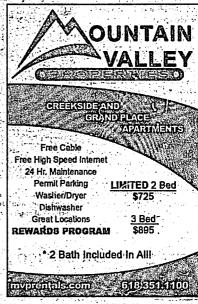
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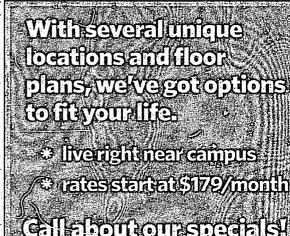
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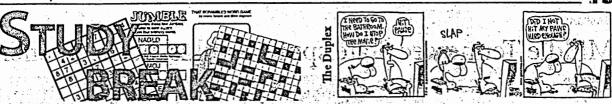
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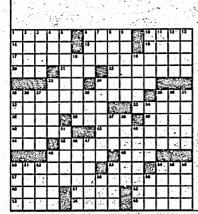
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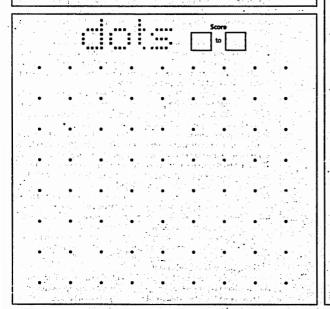
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Horoscopes By Nancy Black and Stephanie Gements

Today's birthday — Your willingness to Iston to others develops in two was this year Your partners) have penty to so about repondally and work four internal source speciate. And satisfy your associates demands.

Aries (March 21-April 19) — Today is a 7 — Consider apartness demands early in the day. This frees up time to work on independent projects that today our invegnation Exchange loss in a groupseling.

Taurus (April 20 May 20) — Today is a 7 — Poday all group members come together to docust the nationale for a project An older person presents includable logic

Gernini (May 21-June 21) — Today is a 6 — Logic is your strongest tool today. Associates have majorathe blass that take work in an independent direction. Your job is to bring explained on the carth. Canoor (June 22)

Cancer (June 22-July 22) — Today is a 5 — White spending time away from frome with associates you refocus thirding on a household project. Perhaps you run across some unique from accussories.

Leo(July 23-Aug. 22)—Today is a 7—Apartner or a y cote offers dever insight into a problem that has resisted solution. This transforms a great difficulty into a happy conclusion.

Virgo (Aug. 23-Sept. 22) — Today is 8: 7 — Aust about everyone test you how much they appreciate your efforts now These compliments spur your efforts from These compliments spur your efforts.

Libra (Sept. 23-Oct. 22) — Today han 8 — Your general health benefits from deather interaction with your favorite person. This could involve recessional sports or anistic pursuits.

Scorpio (Oct. 23-Nos. 21) — Today is an 8 — Your magnition has worked overtime providing you with the concepts you need to create a practical logical scheme incorporate a healing element Addigood medicine.

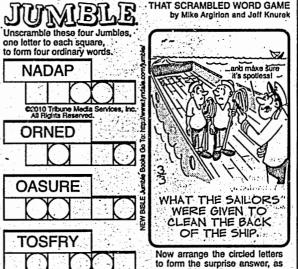
Sagittarius (Nov. 22-Dec. 21) — Today is a 7 — Don't allow others to distriks your creative ideas Restate your position if necessary. Make sure everyone gets your point.

Capricom (Dec. 22-lan. 19) — Today is a 6 — Look suggests that you bend under pressure. The best way to accomplish that is to demonstrate genrosty (except on key points).

Acusarus (Jun. 20 Feb. 18) — Today is an 8 — Take time today for rest and healing foul to be been pushing hard enough, and now carriesty leases to say than accomplish maybe).

Pisces (Feb. 19-March 20) — Today is a 7 — The focus shifts to other people. You need ther resources. Find creative ways to show why they want to help you it's a win-win.

suggested by the above cartoon.



(Answers tomorrow) Jumbles: PROXY GRIPE TYRANT MOHAIR Jumbles: PROXT GRIFE
Answer: Attiough the conceiled salesman never traveled, he was always on — AN EGO TRIP

Middle Tennessee State spoils Salukis' home opener

RAY MCGILLIS Daily Egyptian

Sophomore first basemen Chris Serritella tied it up with a solo home run in the first, but that would be the closest the Southern's baseball team would get in its home-opening 17-4 loss to Middle Tennessee State Tuesday at Abe Martin Field.

Down by, six and the game still within reach, Middle Tennessee State junior left fielder Will Skinner threw a wet owel on the Salukis' aspirations for a comeback with a grand slam in the sixth inning.

The Blue Raiders (5-1) pushed runs across the plate in every inning but the third, and junior second basemen Justin Miller tied a school record with three of the team's four home runs on the day.

Thus far, the Saluki pitching staff has allowed 78 runs through six games and has an overall earned run average of 10.87.

Head coach Dan Callahan said he can only hope the team's pitching struggles are in relation to the relative immaturity of the season.

"Some of the guys who haven't pitched well are our better pitchers," Callahan said. "One of (Ryan Bradley's) biggest attributes is his

ability to pound the strike zone. ething he didn't do today. ... I think a sign of things to come was when he walked two guys in the first inning."

Bradley, a senior left-hander from Mattoon, made the start for the Salukis (2-4) Tuesday and gave up five earned runs on seven hits and three walks in 3.2 innings.

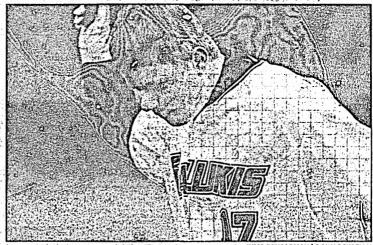
After being credited with the loss, Bradley (0-1) said the pitching staff was aware of its sub-par play, but it's not anything to get hung up on just yet.

Right now it's obviously our weakest link, but as the season goes along, we'll get stronger," Bradley said. "We're not panicking, but we know we need to get better and work a little harder on executing our pitches."

'In five of its six games played, the Saluki pitching staff has allowed its opponents to post double-digit marks in the run column.

Middle Tennessee State tallied 20 hits, and only allowed six off Sa-

The first pitcher to go beyond five innings for the Blue Raiders this season was right-handed freshman Hunter Adkins. In his first collegiate appearance, Adkins allowed



Junior infielder Blake Pinnon, throws his helmet Tuesday after grounding out during the Salukis' 17-4 loss against Middle Tennessee State.

one earned run, three hits and struck out four through six innings.

Serritella said Adkins pitched a ood game against the Salukis, but Southern's own pitching and hitting needs to stay consistent if the team wants to successful this season.

"(Adkins) had a good day; it was one of those days where our bats just weren't there," Serritella said. "We just need to put this game behind us, come out with a new game face and come out swinging tomorrow.

The teams will wrap up the two-

game series at 2 p.m. today under partly cloudy skies and temperatures in the high 30s to low 40s,

Ray McGillis can be reached at rmcgillis@dailyegyptian.com or 536-3311 ext. 269.

Men's Basketball

Freeman and Teague receive conference honors



Duo named to MVC All-Newcomer and All-Freshman teams

STILET. SMITH Daily Egyptian

Tony Freeman and Gene Teague took different routes to become members of the SIU men's basketball team, but both received regular season accolades Tuesday.

Freeman was named a member of the Missouri Valley Conference All-Newcomer team, while Teague was recognized as a member of the MVC All-Freshman team.

Head coach Chris Lowery said both student-athletes deserve the accolades they received.

"(Freeman) came in here as a scorer and was able to defend the best guys," Lowery said. "We knew (Teague) would be one of the better freshmen in the league, and he might even of been Freshman of the Year if he had got going earlier."

Freeman, who transferred to Southern from the University of Iowa, was the second-leading scorer on the team this season, averaging 12.1 points per game to go along with a 42.3 3-point field goal percentage.

Teague, who originally committed to South Florida out of high school but was not academically eligible, went to prep school in New Jersey for a year before he came to

In the team's final 15 games of the season, Teague averaged 9.7 points and 6.7 rebounds per contest.

· Freeman said he is not concerned

with individual accolades, but is focused on playing Drake Thursday in the MVC Tournament.

We're obviously ninth in the icague, so no accolades, especially individual, mean anything, Freeman said. "I just want to win a few games in the MVC Tournament."

Freeman said he wants to play with a sense of urgency as his college basketball career comes to a close.

Teague said he was happy with the season he had, and it was a big learning experience for him.

"It was definitely an experience, definitely," Teague said. "I think this has been a very interesting year for

Both Freeman and Teague will be playing in their firs MVC Tournament at 6:05 p.m. Thursday against

The Salukis have had two close encounters with Drake already this season. They dropped a 70-65 decision to the Bulldogs Jan. 9 at the SIU Arena, then lost 79-72 Feb. 16 at Drake.

Lowery said the team would have to learn to win close games In order to be successful in the MVC Tournament.

"That's the No. 1 thing," Lowery said. "In the past, we've found a way to win, and now we're finding ways

> Stile T. Smith can be reached at ssmith@dailyegyptian.com or 536-3311 ext. 256.

Gene Teague, a freshman center from Brooklyn N.Y., finishes a post play during practice Tuesday at Davies Gym Teague was named to the Missouri Valley Conference All-Freshman team while senior guard **Tony Freeman** was recognized as a member of the MVC All

12" Mlx'N Match

Campus Special

Saluki Insider

The Artona Diamondbacks are planning to extend right fill Do you think this young right fielder is worth that kind of cash?



STILE T. SMITH

The D-backs were smart to lock up Upton for the next six years. The kid is just years old, so the next six years are going to be some of the most productive of career. Aftona just ensured that those six productive years will be in a D-back form, so leades to them.

That is a tough call. Last year he was a staple for the D-backs, having a 300 batting average as well as raking in 86 RBs. However, he is still pretty young to be throwing that kind of money at him. Even though he is a great player, I would not have nashed to lock into such a serious contract with him.





RAY MCGILLIS

Upton has three years of big-league experience behind him and his num-bers have been increasing every year. He has only been placed on the dis-abled last rules in his career, but that injury bug loves feath meat. That said, it's not a matter of if Upton can produce, but whether or not he can stay healthy.

RAYZOR CONTINUED FROM 16

The American team and fans ought to be satisfied with snapping a 50-year losing streak to our neighbors to the north and make it as far as the former did, but then again, the latter is rarely content with second

Heading into the Games, nobody in their right mind imagined the United States would even be in a position to medal. The most optimistic prediction I was aware of foresaw the Americans finishing fifth.

While all generalizations are always false - pun Intended - Amerbe ungrateful.

It may not be gold, but silver is by no means indicative of failure.

Sunday's game will go down as one of the best to ever be played in the sport's history, and all who watched it will be proud to tell their children's children about how amazing the American team turned out to be.

Both Canada and America had more professional players than any other country in the tournament, with 23 each, and the gold-medal matchup carried as much emotional significance as it did historical.

The United States set a Winter Olympics' record with 37 overall medals and Canada captured its 14th gold of the Games, also a record.

It was clearly evident, however, that both teams could care less about any medal other than the gold that was at stake.

Even I questioned the legitimacy of the United States' pool-play vicicans, in general, are in no position to tory over the Canadians, but the performance put on by the Americans Sunday just reminded me that the United States was just as deserving of the gold as Canada - based on performance, not outcome.

Before the Games, a Google search of Ryan Miller might have

came back extremely broad. Albeit generic, Miller is now a household name because he stepped up on the biggest hockey stage this country has seen in 30 years.

NBC reported Sunday's game was the most watched hockey game in the United States since 1980's Miracle

Americans love a fresh bandwagon to jump on and, in this case, it might involve an entire sport.

Hockey's popularity in the States has shown a bit of a resurgence in the past couple years, but these Winter Olympics just might prove to be the spark that ignites its renaissance south of the Canadian border, 🐔 🕽

Let me be clear - Obama im-pression intended - the curling sheet might be the only ice Canada will be dominating in years to come.

Ray McGillis can be reached at rmcgillis@dailyegyptian.com or 536-3311 ext. 269.

TRANSFER CONTINUED FROM 16

Gonzalez said she had a relationship with Blaylock before she transferred to SIU, because Blaylock had recruited her out of high school.

Weissinger said she didn't even

consider any other schools after she

"I knew they had a strong program, and Kerri always held her teams to very high standards," Weissinger said.

Gonzalez and Weissinger will have the opportunity to play in front

of the SIU faithful for the first time at noon Saturday when the team hosts Western Illinois in the Coach B Classic at Charlotte West Stadium

Stile T. Smith can be reached at ssmith@dailyegyptian.com or 536-3311 ext. 256.

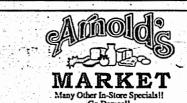


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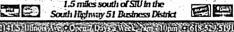
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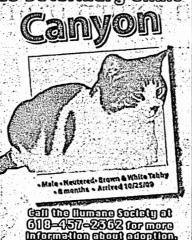
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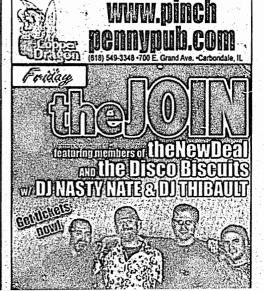
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Sports

16 · Wednesday, March 3, 2010

www.dailyegyptian.com

Consider Vancouver a warning shot, Canada

The United States Olympic hockey team had an opportunity to etch

its name into the archives of sports immorality and almost achieved the

perceived impossible

But as the saying goes, almost only counts in horseshoes and liand grenades. That's unfortunate for the Americans because neither were allowed in Sunday's overtime loss to Canada.

Whether they were fans before Van-

couver or not, it's safe to say Americans have come down with a case of hockey fever. Unfortunately, the only cure hangs around the Canadians neck.

Please see RAYZOR | 15

SOFTBALL

Corner transfers meet in the middle

Gonzalez and Weissinger make marks on the diamond STILET. SMITH Daily Egyptian

Just one year ago, Corinna Gonzalez and Natalee Weissinger were playing college softball more than 1,500 miles away from each other.

But this season, Gonzalez, a transfer junior first baseman from the University of Arizona, and Weissinger, a transfer junior third baseman from the University of Tennessee, find themselves playing together at SIU.

Head coach Kerri Blaylock sald Weissinger should get the majority of the playing time at third base, while Gonzalez should split time with sophomore-Alkica Junker at first base as the season progresses.

"(Playing time) will go as the season goes. That's to be determined. They're definitely receiving playing time right now," Blaylock said. "And then you evaluate practice, you evaluate games, you evaluate everything."

With Arizona last season, Gonzalez played nine games, started none and hit .250 with two hits and three runs.

Gonzalez has already outdone those numbers this season. In seven starts with the Salukis, she has hit .286 with a .474 on-base percentage and driven in three runs.

Gonzalez, who Blaylock said is the first left-handed first baseman for the team since 1991, said she de-



ISAAC SMITH | DAILY EGYPTIA

Junior first baseman Corinna Gonzalez and junior third baseman Natalee Weisslinger pose for a portrait Tuesday at Charlotte West Stadium. Gonzalez, a transfer (rom the University of Arizona,

cided to transfer to SIU because she wanted to see the field more.

"The team has been really warm and accepting," Gonzalez said, "I'm" a long ways away from home, but they always make sure I feel like I'm at home."

Weissinger, meanwhile, played in 31 games for Tennessee last

serson and started one game. She hit .095 and scored six runs on the

Weissinger has also gotten off to a better start with SIU. In 14 games, she hit .273 with one home run and six RBIs. Weissinger made her mark with

Weissinger made her mark with SIU in the team's 1-0 win against and Weissinger, a transfer from the University of Tennessee, will see the majority of the playing time at their respective positions this season.

Auburn Saturday. Her home run in the sixth inning turned out to be the difference in the game.

"It felt really good considering I struck out the two times before," Weissinger said. "So I guess I redeemed myself, but it felt really good."

Gonzalez said she had consid-

ered Colorado State, Texas A&M, UCLA and a few other schools before she decided to come to SIU.

"I like the program and where it's at," Gonzalez said. "I can contribute more to a program like SIU."

Please see TRANSFER | 15:

Men's Tennis

Senior triumphs in return from wrist injury

RYAN SIMONIN Daily Egyptian

His pain was visible from the sidelines when he winced after he served; it was evident he was not 100 percent.

SIU senior tennis player Anton Leonenko, who has been sidelined since September with wrist tendonitis, has slowly been adjusting to playing sgain.

Leonenko said X-rays were taken of his wrist and no structural damage was found. He said he has not been 100 percent since his return to the court and parts of his game still need some work.

"Mostly it's my serve," Leonenko said. "My serve is only about cores50 sto 60 percent there, esqu'lve Leonenko: Still not at 100 percent

been making up for it in other areas of my play."

Although the team was dealt a heartbreaking 4-3 loss Sunday against Northern Illinois University, Leonenko put together a strong performance and won his first singles match of the seasonagainst Greg Czajkowski 6-0, 6-2.

"I played really well and I was just trying not to think about the pain," Leonenko said. "It was a quick match and I wasn't out there very long, which was good because the longer the match, the tougher it is."

Men's tennis head coach Dann Nelson said he hopes to move Locce

onenko up in the lineup since his No. 6 singles-match win against NIL

Despite his injury, Leonenko said he doesn't want to miss out on his senior year and said he wanted to contribute to the team.

"It is my senior year and my team needs me," Leonenko said. "It has been frustrating sitting on the sidelines cheering on my teammates while not being able to help them."

Nelson said Leonenko is an inspiration to the rest of the team.

"It is a hig mental boost to the team when he is playing, and when the stakes-are high he w

comes out and brings his best,"

Freshman teammate Brandon Florez sald Leonenko has made a big impact on the team since his return to the lineup.

"Seeing a guy like him come back from that is very inspiring to the team and having him back playing again only makes the team better," Florez said. "We have had some tough matches where we have been stuck on a hump as of late and I think he is the guy that can get us over that hump."

Florez said Leonenko has been more vocal since his return and has helped to further unify the

Senior teammate Lucas Waked

responded well to Leonenko's re-

"The younger players see how calm and relaxed he is when he plays and that is something that they can learn from him," Waked said.

Nelson said Leonenko adds more depth to the lineup but says his return to play has been a slow process.

"At least for now we are not trying to overdo it," Nelson said. "We are being pretty ginger with him in practice — trying to get him as ready as we can for his matches."

Ryan Simonin can be reached at rsimonin@daily=zyptian.com or

rsimonin@daily=zyptian.com or