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Lunch Time



ALICE HAGLUND - DAILY EGYPTIAN

Children in the Migrant Head Start program from Su Casa in Cobden carry a box of sandwiches through the Student Center during a field trip Wednesday. Headstart is a government program that gives low cost or free day care for individuals with children that are not old enough to go to school.

BOT to approve undergraduate assistantships today

Samantha Edmondson
Daily Egyptian

graduate students.

The Board of Trustees will vote to approve undergraduate assistantships at SIUC today at its meeting at the SIUC School of Medicine in Springfield.

If approved, the merit-based assistantships will be awarded to students this fall with an average wage of \$10 per hour.

Chancellor Walter Wendler told the media Tuesday at SIU's monthly administrative conference that he anticipates about 100 assistantships for undergraduates this school year, and next year he hopes that number will double.

He said the criteria for the undergraduate assistantships are currently in the process of development, and it is a combination of academic prowess and performance in the program to date for under-

"It will be both a work opportunity and a scholarship opportunity in the sense it will recognize students who have accomplished themselves through performance in their undergraduate majors," Wendler said.

Wendler said the funding for the undergraduate assistantships comes from the recently approved tuition increase that will generate \$8.5 million for University expenditures.

SIUC President James Walker said the undergraduate assistantships are currently slated for the Carbondale campus, but depending on availability, he hopes the Edwardsville campus can produce such opportunities in the future.

John S. Haller, representative for the Board of Trustees Academic Matters committee, said at Tuesday's

See BOT, page 6

City Council approves hearings for zoning changes on Cherry Street

Cherry Street split goes to planning commission

Phil Beckman
Daily Egyptian

Residents of West Cherry Street won the first skirmish in their effort to limit the number of SIUC students living in their neighborhood when the Carbondale City Council voted Tuesday to authorize public hearings to consider zoning changes.

Zoning on West Cherry Street is split down the middle of the street, with the north side zoned for family residences and the south side zoned to allow rooming houses, primarily occupied by students.

Residents living on the north

side of the street are concerned about parking problems and the overall aesthetic look of the neighborhood — the result of large numbers of people living together and landlords allowing property to become unsightly.

The members of the West Central Neighborhood Association requested changes that would limit the number of unrelated individuals living in one house in order to prevent large numbers of students from living in the neighborhood.

The council approved 3-2 the recommendations for hearings, with Councilmen Brad Cole and Michael Neill opposing the efforts of some property owners to rezone property that is not theirs.

"If we do this," Cole said, "there will be nothing to stop you from seeking to rezone my property or for

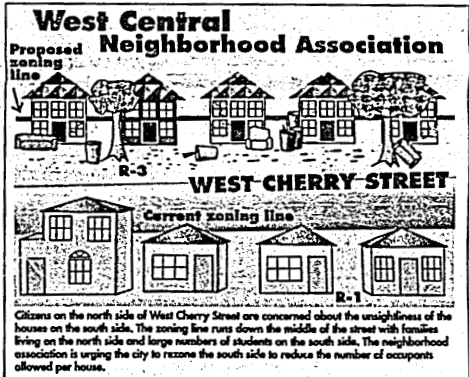
me to seek to rezone yours."

But Councilwoman Corene McDaniel said she did not vote to change the ordinance, but rather to have public hearings that will allow citizens to speak their minds.

"This is a great opportunity for the community to come together," McDaniel said.

The association is seeking the change to reduce the large number of students living in rooming houses across the street from family residences.

Charles Fanning, a resident of West Cherry Street since 1997 and professor of English and history at SIUC, said the zoning change would preserve the integrity of the neighborhood. He said he was disappointed with the votes of Cole and Neill against the recommendations.



"[I was] unhappy that two of the five voting didn't even want to discuss the issue," Fanning said. "I understood their answer, but it didn't make much logical sense."

Neill said this is the first time he

can recall that someone tried to rezone someone else's property. He said if the owners of the rooming houses came and wanted to rezone

See ZONING, page 6

Survey Says: SIUC resembles 'Animal House'

Animal House

High School guidance counselors answered the question: "If the 1978 movie 'Animal House' were remade today, on which campus would it be filmed?" Here are the top ten.

1. California State University
2. San Jose State University
3. University of Florida
4. Southwest Texas State University
5. University of Texas @ Austin
6. Southern Illinois University @ Carbondale
7. Florida State University
8. West Virginia University
9. Ohio University
10. University of Miami



LILLIAN TYCHALENI - DAILY EGYPTIAN

Arin Thompson
Daily Egyptian

It used to be that the only thing tying SIUC to that riotous film "Animal House" was a navy blue sweatshirt with "COLLEGE" written on the front, but SIUC ties to the movie grew deeper recently.

SIUC came in sixth place as one of the top party schools resembling the movie "Animal House" in the United States, according to a survey done by Kaplan Publishing.

When John Belushi walked into Gusto's Graphics, 124 S. Illinois Ave., in 1972, he had something in mind. In 1978, when the movie "National Lampoon's Animal House" debuted in theaters, his "COLLEGE" sweatshirt was possibly the coolest thing since sliced bread, and it now hangs on walls in dorm rooms across the nation.

"I asked him about three times," said Van Anderson, who printed the original and now owns Gusto's. "I said, 'are you sure you don't want 'SIU' or 'Saluki's?'" He said, "No, no, no, just COLLEGE."

And it was done. Belushi was adamant that it would be written in fuzzy iron-on white letters on a navy blue sweatshirt.

"I thought it was funny," Anderson said.

Anderson was going to SIU and majoring in education and recreation while working at the T-shirt shop as a college job. He now sells the famous shirts online.

"It's great for conversation," Anderson said. "It breaks the ice."

Belushi walked into the store when it was behind PK's in an alley. There was no air conditioning, but there was a T-shirt press. Anderson says there are all sorts of different rumors going around

as to whether Belushi went to school here. Either way, he said he was a nice guy.

"I had a beer or two with him at Booby's," Anderson said.

In light of all this "Animal House" propaganda, it may not help that SIU has a close tie with the film, as John Belushi's "COLLEGE" shirt made waves in partying as the '70s grew up and got wasted.

Chancellor Walter Wendler doesn't think it's an accurate perception.

"I don't sense that to be the case," Wendler said. "It's a school of hard-working students."

Some students have a slightly different take on the issue.

"I always heard about the Halloween riots," said Anna Vani, an elementary education major from Farmington, Mo.

See ANIMAL, page 6

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NATIONAL NEWS

FBI investigates possible scam to obtain visas

WASHINGTON — Authorities questioned a former U.S. Embassy employee about an alleged bribery scheme that may have allowed 71 Middle Easterners into the country illegally, including two believed to have lived with Sept. 11 hijackers, a U.S. official said.

Federal investigators have rounded up 31 people suspected of entering the country with visas illegally obtained at the U.S. Embassy in Doha, Qatar, the official said Tuesday night, speaking only on condition of anonymity.

The alleged bribery scheme included payoffs of more than \$13,000, the official said.

In related developments, The Washington Post reported in Wednesday editions that 131 Pakistani detainees were secretly deported on a chartered jet from a Louisiana airport on June 26.

The detainees had been held for months after Sept. 11 at Immigration and Naturalization Service facilities around the country. None was charged with a terrorism-related crime. A majority of them, a Pakistani official said, had been arrested under a Justice Department program to locate and apprehend immigrants who have ignored previous deportation orders and who came under scrutiny after Sept. 11.

The Justice Department chartered the jet as a security precaution after Pakistani officials urged the speedy deportation of detainees.

Mayor: charge, fire police officer who beat teenager

INGLEWOOD, Calif. — A police officer who was videotaped as he slammed a handcuffed teenager onto a car and punched him should be fired and charged with assault, the mayor said Tuesday.

"I will not under any circumstances tolerate the type of conduct I observed in the videotape," Mayor Roosevelt Dorn said at a news conference. Outside, dozens of protesters shouted, "No justice, no peace."

Dorn called for the investigation to finish within 10 days. He said he reached his conclusions after viewing the bystander's videotape, which has been shown repeatedly on national television.

"Based on the investigation he should be fired, no question about it, that's my opinion," the mayor said. The tape shows Inglewood Officer Jeremy Morse smashing Donovan Jackson, 16, into a car, then striking him in the face during an arrest at a gas station Saturday. Two other officers appear to intervene, with at least one trying to pull away the first officer's arm.

The mayor said the officer's actions were criminal and that he should be charged with assault and violating the teenager's civil rights.

"I'm sure if I looked there are other crimes," Dorn said. The Inglewood Police Department, the Los Angeles County Sheriff's Department, the district attorney's office and the FBI are conducting investigations.

INTERNATIONAL NEWS

Nigeria calls for AU to use teeth

DURBAN, South Africa — The newly created African Union has to be a strong, responsible organization willing to tackle the continent's thorny problems, Nigeria's president said Wednesday.

"The priority is clear. We have to take peace and security very very seriously," Olusegun Obasanjo said on the final day of a summit launching the new union.

The union was started with high hopes Tuesday with a massive party in a stadium in the coastal city of Durban. It replaced the 39-year-old Organization for African Unity, which was criticized for doing nothing to prevent African despots from plundering their countries and oppressing their people.

The African Union, which promises to focus on spurring democracy and investment on the continent, will not be so lax, said Obasanjo, whose nation is Africa's most populous. The reformed Peace and Security Council, expected to have the power to send troops to countries in turmoil, will force nations to give up some of their sovereignty, he said.

"We have to put our foot down," he said. "If at this stage of the African Union we don't do things on principle, we are going to fail before we start."

Critics have also expressed concern that Libya's Muammar Qadhafi would be given a role in the union's economic plan, the New Partnership for Africa's Development.

Deadly storms whip Asia

HONG KONG — Three tropical storms continue to wreak havoc across Asia, forcing mass evacuations in Japan and creating fears of flash flooding in Taiwan and Guam.

The most deadly of the systems is tropical storm Chataan, received its typhoon status, which left dozens of people dead after landslides in Micronesia last week.

Though Chataan has weakened, it is still packing maximum sustained winds of 75 knot, gusting to 90 knots, a Joint Typhoon Warning Center bulletin said at 0300 GMT Wednesday.

As a typhoon, Chataan hit Japan's southern shores early Wednesday and dumped heavy rains across the country, disrupting transportation nationwide but otherwise generally causing minimal damage.

The central Japanese city of Ogaki was hard hit, with more than 15,000 people forced to evacuate their homes after a river burst its banks.

The Associated Press news agency reported that two workmen were swept away by the rising waters and are listed as missing.

Though weakening and downgraded from typhoon status, Chataan was expected to reach Tokyo by early Thursday, bringing with it torrential rain and the potential to cause major disruptions.

Pearl murder trial nearing verdict

HYDERABAD, Pakistan — The trial in Pakistan of four men accused of kidnapping and killing American journalist Daniel Pearl concluded Wednesday as the judge retired to consider his ruling.

Although it is not clear when the judge will issue a ruling, there are indications he could deliver his verdict Monday.

Four Islamic radicals have been on trial since April 22, accused of Pearl's murder earlier this year.

Defense attorney Rai Bashir said the evidence against his clients, British-born Ahmed Omar Saeed Sheikh and three co-defendants, is weak.

He told reporters after his closing arguments that there is "a lot of doubt in the evidence, and the benefit should go to the defendants."

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TODAY'S CALENDAR

No events submitted today

POLICE REPORTS

UNIVERSITY

• On Tuesday, a theft from a motor vehicle parked in Lot 54 was reported. A wallet and a watch were taken from the vehicle. Police have no suspects.

CORRECTIONS

• In Friday's story "A church renests its American spirit," Tommy Baine's name was misspelled. The Daily Egyptian regrets the error.

Individuals who spot an error should contact the Daily Egyptian at 536-3311 ext. 253.

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Carter's legacy unlocks doors to her past

Former professor's death leaves memorable sparkle on University

Samantha Edmondson
Daily Egyptian

Each room in the brick house at 2114 Patridge Lane in Carbondale has meant something different to the friends, family and students of Rose Mary Carter, assistant professor for Workforce, Education and Development.

Friends remember sitting on her living room couch planning their next trip to St. Louis.

"She didn't have any children of her own, but she had thousands of them."

Corene McDaniel
alderwoman, Carbondale

Family recall the many books of childhood experiences and favorite fiction stories that filled her family room.

Students remember sitting around the kitchen or coffee table where they finished their dissertations and worked on their theses with their mentor.

But all of them only knew a certain part of her house that reflected a special sparkle in Carter's personality. When Carter died of complications from dia-

betes on May 21 at 59, the different people who attended her funeral saw a glimpse into her life realized the magnitude and legacy Carter through each other and the room she represented to them.

The Family Room

Perseverance was a common theme for 4-year-old Rose Mary Carter. Born without vision in her left eye, the child began first grade at the age of 4 while helping her mother and father on their farm near Lucerne, Mo.

Carter was second in a line of seven children whose ages spanned 21 years from the youngest to the oldest child. All the children worked hard alongside their mother and father on the country farm.

Lewis Carter remembers walking to the small country school about three-quarters of a mile away from the family farm with his older sister. He remembered her love for education at an early age.

"She excelled and was pretty intelligent," Lewis said. "She really enjoyed school, was involved in 4H club and always loved to read."

The youngest son, Jerry, was



DAILY EGYPTIAN FILE PHOTO

Rose Mary Carter (left) spent more than 30 years teaching and mentoring students at SIU. She died May 21 at age 59.

only 5 years old when his older sister went away to college. But he remembered how holidays and family gatherings growing up reunited everyone and the memories of their childhood.

"The house was always full of food and energy," he said.

Jerry said after leaving to pursue a bachelor degree in vocational home economics at Northeast Missouri State University at Kirksville, Mo., she tried to come home when she could.

But Carter moved onward and upward, receiving her degree in 1963, a masters degree in home economic education at University of Missouri-Columbia in 1967 and her doctorate degree in vocational education at Purdue University in 1970.

Along with achieving her educational goals, Carter began to express her knowledge to others

teaching at Missouri public schools and instructing at Purdue University. She then became an assistant professor at SIUC in 1970 and started to teach Southern Illinois students the same hard working disciplines she learned at home in Missouri.

But Jerry said Carter did not forget her roots. After her death, he came across a writing tablet among his sister's many books. Written inside were several memories of her childhood in Missouri.

The Kitchen

Carbondale alderwoman Corene McDaniel never saw the family room in her friend's home. She never realized it at the time, but she only was invited into the living room or kitchen.

After Carter's death, McDaniel remembered talking with her friend's brother who had men-

tioned an item in Carter's family room. McDaniel looked at him dumbfounded that the room existed in her home, which she has been in numerous times within the last ten years.

"The family room had her music, books, part of her life I had known existed," McDaniel said. "Even her house was a world that was not shared."

McDaniel met Carter when the professor came into her beauty salon for a pedicure. She thought she would never see her again, but Carter kept coming back and a strong friendship grew.

She soon found out Carter's love for nature, food and travel. Her customers at the beauty salon noticed the friendship blossom and affect their lives as well.

"She would say, 'Corene, we are going to the theater in St. Louis, so cancel your appointments,'" McDaniel said. "My customers knew either someone was really sick or Dr. Carter had something up her sleeve."

Carter did more for her friend McDaniel than just take her on spontaneous trips; she helped found the African-American museum, successfully pushed a grant for Carbondale's African-American youth and sat with the former Carbondale NAACP president to write her campaign in 1999's blizzard conditions.

McDaniel's daughter, Zenetta, knew a different side of Carter, one that numerous SIUC students

See CARTER, page 6

Madigan gives Southern Illinois speeches

Leland Lyerla
Daily Egyptian

State Sen. Lisa Madigan (D-Chicago) attended a reception held by the Illinois Education Association Wednesday afternoon at the Dunn-Richmond Economic Development Center. Madigan stopped in Carbondale to deliver the concluding remarks to educators attending the three day "Teaching in a Post-Sept. 11 World" seminar at the Student Center.

Madigan addressed concerns about security in the public education sector.

"There is an increased need to make sure students feel safe," she said. "Initially post-Columbine, but now after Sept. 11."

Former U.S. Sen. Paul Simon accompanied Madigan to the

reception and introduced her to the assembled guests. He praised her enthusiasm and determination, citing her teaching experience in Chicago and her volunteer teaching work with the Zulu tribe in South Africa as an example of her diverse experience.

"She is someone who is motivated to do the right thing," Simon said.

She is currently campaigning as the Democratic candidate for Illinois Attorney General. Madigan thanked the teachers and IEA members for their support during the contentious primary election and asked them to continue through the general election in November.

Her stop in Carbondale comes near the end of a weeklong sweep through central and Southern Illinois. Madigan said support for

her candidacy during the Democratic primary was strong in the Southern part of the state, and she wants to keep the momentum going into November.

Madigan highlighted the correlation between the Attorney General's office and school attendance.

"We must keep kids engaged in education so they don't become part of our criminal justice system," she said.

She stopped in Marion Wednesday to present a plan to strengthen efforts curbing the manufacture and distribution of methamphetamine in Illinois.

Her plan involves increased anti-drug education and public awareness of the drug's dangerous byproducts created by labs. Madigan said the cleaning up and disposal of these sites costs thou-

sands of dollars to Illinois taxpayers.

Madigan closed her comments by appealing for voter response and stressed the reality of a Democratic sweep of the November election. If her campaign effort results in victory, Madigan will become the first female attorney general in Illinois' history.

She mentioned how the scandals of the current administration brought Democrats "out of the woods."

"Where before we would find 15 or 20 in an area, now there are 150 or more," she said, adding she had met Republicans who are leaning toward changing their votes on the upcoming ballot due to the state party's troubles.

Leland Lyerla can be reached at editor@siue.edu



WILLIAM A. RICE - DAILY EGYPTIAN

Democratic candidate for Attorney General Lisa Madigan discusses her campaign Wednesday evening. Madigan hopes to keep the momentum of Southern Illinois voters she had in the primary elections when the polls open in November.

U.S. Supreme Court rekindles heat over school vouchers

Major changes may be coming soon for both private and public education

Georgiana Coffman
Daily Egyptian

For years, the government at local, state and federal levels has been searching for ways to improve the education systems of America.

Community organizations, parent groups and even school boards across the country have come together in hope to brainstorm ideas for the betterment of public scholastic institutions.

However, when the idea of school vouchers is discussed, the unity in educational advancement dissimulates leaving the country divided.

Just two weeks ago, the Supreme Court ruled 5-4 in favor of a program that offers low-income, inner-city families tuition aid for private school-

ing. The original case was brought about in 1995 in Cleveland, Ohio, when the state-implemented voucher program was challenged by taxpayers and several organizations, including the teachers union and Americans United for Separation of Church and State.

The recent ruling, which is only effective in Ohio as of now, has caused the debate over vouchers to grow from a small fire into a flaming hot topic. Locally, as well as nationally, those against the ruling argue that vouchers are constitutionally suspect; those in favor argue that vouchers are the first step in closing the education gap.

"I think this decision is probably one of the best rulings in years," said Marjorie Howard, mother of two fourth-graders. "I don't understand why anyone would be opposed to giving children a chance at a better education."

Howard's children attend Lewis Elementary, a local public school in Carbondale. According to Howard, the educational programs of the local public schools are providing quality

education, but in the event of being given a choice, she would consider sending her children to a private institution.

Some parents of children who attend public schools are not in favor of the court's decision. Dennis Murphy, a 38-year-old father of three elementary school-aged children, said, "If the tax-payers' money is what is paying for those vouchers, those children might as well go to public schools."

The debate is even more heated at the national level. The Anti-Defamation League released a statement the day after the decision stating that school vouchers are unconstitutional, and that "channeling public money to these institutions flies in the face of the constitutional mandate of separation of the church and state." The ADL also pointed out that if this decision goes nationwide, more than 80 percent of vouchers will be used in schools whose central mission is religious training.

Other national organizations, such as the National Education

Association, are also opposed to the decision. Bob Case, NEA President, was appalled that the Supreme Court ruled against vouchers in a former hearing but in favor of the Ohio case.

"No child in America should have to go to a school where the roof leaks or there aren't enough textbooks to go around," Chase said. "But silver-bullet schemes, like vouchers are not the answer."

The argument of the NEA is that vouchers will force taxpayers to support two entire education systems — public and private — and those schools in desperate need of taxpayer support will receive even less funding.

Local school officials of both public and private institutions are in favor of vouchers, but they do foresee problems if they are allowed in the Illinois education system. Brian Brown, assistant director of Brehm Preparatory Private School, said vouchers would eventually bring more families to seek private education, but not receive it.

"I suspect the vouchers will not provide enough money to cover the entire cost of private institutions,"

Brown said. "This may just be providing false hopes."

Carbondale Elementary School Systems Superintendent Elizabeth Lewin said vouchers should not cause any changes within the Carbondale public school systems.

"Vouchers will not impact the public school systems that are doing their jobs," Lewin said. "Public schools may now be seen as equal to what was once seen as a superior education system, but we do not operate under the same rules. You cannot compare apples and oranges."

The differences of opinion have opened other avenues of discussion as well. A presidential commission recommended the addition of vouchers for special education for mentally challenged and physically disabled students. Congress is presently in the process of rewriting existing laws concerning educational vouchers nationwide.

Reporter Georgiana Coffman can be reached at geoffman@dailyegyptian.com.

Carbondale politics impresses scholars

Fulbright Scholars learn about local government system

Jane Huh
Daily Egyptian

Sixteen foreign Fulbright Scholars kept state Rep. Mike Bost, R-Murphysboro, busy fielding a vast range of questions about America's political system and the role of local government.

One of the features of American government and politics that fascinated the scholars at SIUC was the function of Carbondale's local politics.

Bost opened up with a brief history of how he entered into politics after working for a trucking company and why he identifies with the Republican political party.

"Here I am representing a district that has the second largest university in the state of Illinois. I joke that I have a degree in a school of hard knocks, but I'm still the people's choice to represent them, and that's just it," Bost said.

Throughout the six-week program that ends Aug. 3, the scholars will have visited Washington, D.C., Washington University in St. Louis, the University of Chicago and Springfield, among other places. The

group attended Tuesday's City Council meeting at the Carbondale Civic Center.

"It's a good opportunity to know how the system works here practically. We met with the city manager and mayor and learned new things," said Shabbir Ahmad Khan, an assistant professor of political science at the University of Punjab in Lahore, Pakistan. "What was striking to me was the local governance. I think Americans transformed the system and the level of participation is much higher here."

Khan said the relative sovereignty of American local governments and their powers compared to those of Pakistan was something new to him.

Ayyar Theyar Thankodi, who teaches American government at Annamalai University [one of the largest universities in India] in Tanjilund, India, agreed with Khan's assessment.

"In India, there are two million local government units, but they all have limited functions," he said.

Thankodi observed some major differences during the program, especially in how political finances affect the outcome of an election.

"Here, if you spend more money, you'll more likely to win the race. If money is allowed to play a big role, then the real political system collapses. There's no meaning of having

democracy," Thankodi said. "Of course, money does play a role in our political system, but money alone doesn't determine the winner."

Instead of money, the larger factor that goes into a political race is the particular candidate's caste system, Thankodi said.

Khan and Thankodi, who have never been to the United States before this program, plan to bring their scholarly experiences back to the students in their home country.

Khan said he was impressed with the teaching style of the lecturers and the efficient use of multimedia tools to communicate.

"No doubt, America is an economic and technological giant," he said.

Thankodi wants to emphasize the importance of political openness and integrity of leaders and will submit columns of his observations and opinions of the American political system to the Dinamani, a respected newspaper in India. Thankodi writes 10 to 15 columns for the newspaper during the year.

"The goal is to have them go home and teach their courses with more experience than when they got here," said John Foster, SIUC professor of political science and program organizer.

Yana Georgieva, a 29-year-old graduate student from Sofia, Bulgaria, is more than ready to share her obser-



LISA SONNENSCHNEIN - DAILY EGYPTIAN

State Rep. Mike Bost answers questions from 16 foreign scholars visiting SIUC to participate in the Fulbright American Studies Institute. The six week program's goal is to educate the scholars on principles of American government.

ations on American politics with her Democratic Party contacts for their national elections next year. She said watching the politicians hobnobbing with the people amazed her.

She said Bulgaria, formerly a communist country, began establishing democracy in 1989 but still needs political improvement.

"The big lesson for me was that it's not enough to have democratic institutions — you have to feel democracy," she said.

Outside of the itinerary, Georgieva was amused with the Americans' consumption of diet food products, but

she understands that it may be tied in with the culture.

"The fat-free foods, they taste strange," she said.

Georgieva said American students should take advantage of the educational resources because opportunities are rare for other students around the world.

"You have to be happy for everything that you have, the equipment, the library, facilities," she said. "You have to use them and appreciate it."

Reporter Jane Huh can be reached at jhuh@dailyegyptian.com

SIUC alumnus celebrates 25 years of success on the stage

Lena Morsch
Daily Egyptian

Two teen-age boys were looking for something to do during summer break 25 years ago.

With inspiration from a mentor and their love for theater, they established "The Pyramid Players." They never imagined that the group would generate extraordinary success and would still be going strong after a quarter of a century.

Alan Kimball, co-founder of the Pyramid Players, recalls the summer of 1977. He said he had just completed his

first year at SIUC and was hoping to perform over the summer. His friend, Brian Summers, felt the same enthusiasm. They approached their junior high performance teacher, Jim Owen, who produced shows in their hometown of Benton.

"We told him we were ready to do a show, and he said he was taking the summer off. We were disappointed, and then he told us we should put on our own show," Kimball said.

Armed with an idea, the two young men began to produce their first show, "Godspell," which was staged in the commons area of Benton Consolidated

High School. Brian Summers said he remembers the efforts to raise funds for the cost of the show.

"We had bake sales and car washes. Alan even took money out of his savings account," Summers said.

After raising \$3,000, Summers said the Pyramid Players recruited about 10 friends to complete the cast of the show.

The following summer, the two teenagers found themselves wanting to produce another show.

"We thought we could get real jobs or do this. All I wanted was to be an actor," Kimball said.

They obtained use of an old theater and staged C.S. Lewis' "Narnia."

"We started to see a big interest generate after the second show," Kimball said.

The group moved to Rend Lake for the third season, and it has been home ever since. It was during an audition in 1981 at the theater that Kimball met his future wife, Pam.

SIUC alumna Tracey Brouillette Webb is now director of theater at Rend Lake College. She has participated in several productions with The Pyramid Players. She said Kimball has an intense love for what he does.

"He has been the powerhouse behind Pyramid Players, the glue that has held them together all these years. He is brilliant in every aspect from directing to technical. He creates props out of the oddest things," Webb said.

Kimball graduated from SIUC with a bachelor's in oral interpretation and a master's in performance studies. He went on to teach drama at Du Quoin High School and currently teaches at Southeastern Illinois College in Harrisburg. It was through the years that he discovered he loved directing more than being on stage.

"What I found is that I enjoyed the luxury of performing for everyone. When you are directing you get to walk through the play. You become all of the characters and watch the actors discover how it works," Kimball said.

The choice to direct and teach has made an enormous impact on the lives of Kimball's students, said Joel Graves, a senior in music performance from Harrisburg. Graves is a former student of Kimball's at Southeastern.

"Alan is a special teacher. He cares about each and every student. He makes it easy for you to be on stage. He believed in me and helped me to be

uninhibited as an actor," Graves said.

Many of Kimball's students have appeared in his productions. The effort has also become a family affair throughout the years. The Pyramid Players are currently staging "The Wizard of Oz," which opens this weekend. Kimball's and Summers' wives are co-directing. Kimball's two young sons are in the production and plan on pursuing acting.

Kimball and Summers said they hope to see Pyramid Players celebrate another 25 years. Kimball has several ideas for future productions.

"I would love to do "Sweeney Todd." SIUC did a production a few

years ago, and it was awesome. Of course, it's wishful thinking that I would be able to do "Miss Saigon" and "Beauty and The Beast," Kimball said.

Kimball said it is a great accomplishment for everyone that has been involved throughout the years. The first production with a cast of 10 has now grown to a cast and crew of 200 people for "The Wizard Of Oz."

"I enjoy watching everyone reap the benefits of their hard work. It's a wonderful blessing to be able to do what we love to do," Kimball said.

Reporter Lena Morsch can be reached at lmorsch@dailyegyptian.com



DEREK ANDERSON - DAILY EGYPTIAN

Along with the help of his teen-age friend Brian Summers, Benton native Alan Kimball established the Pyramid Players' acting company during the summer of 1977. The two had just completed their first year at SIUC when the idea came to Kimball. "We thought we could get real jobs or do this," Kimball said. "All I wanted was to be an actor."

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COLUMNIST



SIU Issues

BY MORTEZA DANESHDOOST
Faculty Association President

Too much fat on top

EDITOR'S NOTE: This is the third in a series of columns titled SIU Issues that will appear throughout the summer. The DAILY EGYPTIAN has invited campus and civic leaders to share their vision for SIUC.

In a recent e-mail message from Chancellor Wendler to faculty and staff, he says, "Faculty members are the heart of the University. They are the center of all that we are."

Looking at the SIUC financial data and my own recent physical examination, I was struck by the similarities between how our bodies and our University work. A healthy body needs to have healthy organ systems without the strain of excess fat. A healthy university requires all units to work properly and to be properly proportioned so that no unit is carrying excess weight. If you put on too much fat in one area, other parts, say, your heart, will suffer the consequences.

This is what has happened at SIUC: Based on Fact Online in SIUC's Intra-Active web page, there has been a 12 percent decline in enrollment between 1992 and 2001. During the same period, the number of tenure and tenure-track faculty has been reduced by more than 12 percent, while the number in higher administration has increased by almost 10 percent. In other words, too much fat has accumulated in one area of the University while other parts are being starved.

However, the administration claims that there is no food available to have a healthy body because of the state budget situation. So let us take a closer look at the state budget crisis and how it actually affects SIUC as a whole. Based on the numbers provided by the administration, SIUC will start the 2003 fiscal year with almost the same budget (state appropriations and predicted income fund) as the 2002 fiscal year adjusted budget (reflecting the general revenue rescission and the income fund shortfall). In other words, we have the same amount of calories available for our body this year as we had last year.

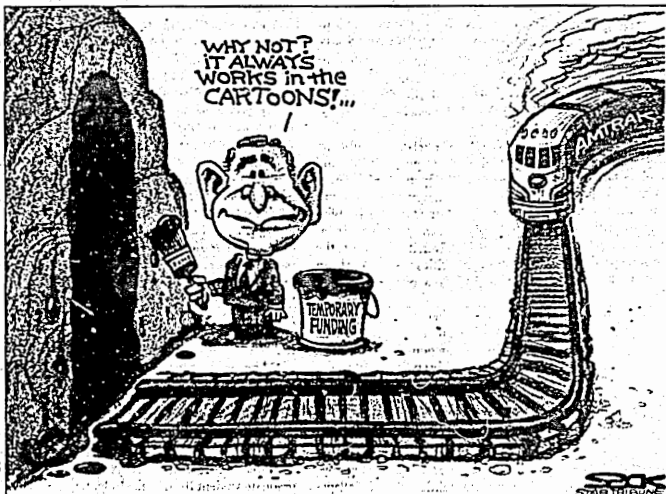
In fact, before the governor used his line item veto to cut another \$5 million from SIUC, the state appropriations and predicted income fund for fiscal year 2003 total \$242,455,300 (which is \$4,946,300 more than the adjusted fiscal 2002 amount of \$237,509,000). This indicates that the fiscal situation at SIUC is nowhere near as bad as the SIUC administrators want us to believe. In medical terms, this means we don't have to starve.

Therefore, it does not make sense to continue to create, redefine or fill highly paid administrative positions (put more fat where it is not needed) while planning to lay off SIUC employees and to reduce faculty by leaving vacated positions unfilled (weaken the body), as President James Walker and Chancellor Wendler have indicated in their recent remarks. This only devalues the worth of the education for which students will be charged 18 percent more.

The academic units have already suffered enough from the recession and income fund shortfalls in the previous years (we are down to skin and bone). There doesn't seem to be any justification for further reducing their budgets and continuing to weaken the academic mission of our University. The administration needs to get its spending priorities straight. Illinois Board of Higher Education normative studies show that we spend more on administration and less on academic units than similar institutions in Illinois.

The budget for academic units (departments and colleges) at SIUC for fiscal year 2001 have been almost \$7.5 million less than what it should have been based on IBHE's Credit Hour Normative Cost Studies while the units beyond colleges (not including the Operations and Maintenance) have been enjoying an extra budget of \$8.3 million. It doesn't take a board-certified cardiologist to tell you that too much fat clogging your arteries will lead to a stroke or a heart attack.

Finally, a few words about the contract negotiations. The bargaining sessions have not produced any tentative agreement on any issues of interest to both parties. In addition, no specific proposals regarding the salary or benefits for the current fiscal year and beyond have been presented by either side. We were, and still are, hopeful that an agreement could be reached before the beginning of the fall semester. This could provide the stability that is necessary to help all parties (students, faculty, staff and administration) to plan their next academic year.



OUR WORD

Argersinger, lose with grace and dignity

The community was shocked when the Board of Trustees fired Jo Ann Argersinger in 1999, only 11 months after she began her job as chancellor.

Her abrupt termination tore the University, leaving Argersinger supporters clinging to one side, Board supporters on other and hardly anyone standing in the middle.

Argersinger sued, alleging wrongful termination by the Board and discrimination by SIU administrators. The court drove a stake through Argersinger's case Tuesday, dismissing it because she lacked sufficient evidence.

The 40 pages of factual information delivered by the judge proves beyond doubt that the Board did have the right to fire Argersinger.

She had a tendency to be headstrong, and the court cited several examples in which she made comments to campus groups and the media before discussing them privately with then President Ted Sanders. These actions only served to divide the community.

The Board, while rightfully vindicated, should have done a better job of making a clean break from Argersinger.

In the Jackson County lawsuit, the Board admitted to violating the Open Meetings Act by not providing sufficient notice before the meeting where her termination was discussed.

Also, the judge said in her ruling that the University did violate Argersinger's due process when it terminated her without providing her with six months notice. Argersinger, however, wasn't suing for breach of contract.

Besides, she did sign a contract

saying she would serve at the pleasure of the Board. Most of us serve at the pleasure of a boss, whether it is the manager of a restaurant or the CEO of a corporation, and when the boss isn't happy, you aren't given six months notice. In fact, you're considered lucky to get six minutes.

The court also ruled that Argersinger did not have enough evidence in her claim that she was sexually discriminated against by University officials. She specifically named John Jackson, who temporarily filled the chancellor's position upon her firing and lowered her salary when she left the chancellor's position and joined the History Department.

"Clearly, I didn't enjoy being sued in the process of what I regarded to be just doing my job," Jackson said two days after the ruling.

Nobody fielded the criticism from Argersinger's termination more than Jackson, and he was just doing his job. While Sanders soon resigned, Jackson was left with the bitter aftertaste of leading a University that was torn by the board's actions.

Plain and simple, Jackson got a raw deal. After three decades of commitment to SIUC, he inherited a position stained with controversy and contention.

If you judge a good leader on popularity, Jackson was lacking. But he is very much the one who held things together as stones were hurled from every direction, something we say is more the mark of a good leader.

In another time and another situation, we believe Jackson would have been one of SIUC's finest administrators. And yet, in his most defining moment as chancellor, he resigned his

post at the request of much of the University community.

Jackson and the rest of us have been through enough. It's time to put this 38-month legal battle in the past.

Dr. Argersinger, if you truly care about what is best for this University, you will choose not to appeal this case. It would take a far braver feat for you to swallow your pride and serve as a professor where you can do the most good than to fight a battle you will never win.

Time and again, students have said that you are an excellent history professor, some saying, in fact, that you were their most profound and inspiring teacher in their University career. We hope you choose to stay here.

But please, don't drag us again through all the pain and raw emotion this case has caused.

Yes, there will always be those who believe you were the martyr fighting against a glorified version of the good-ole-boys club, just as there will also be those that shutter at the mention of your name. Through your strong will, whether right or wrong, that is the legacy you have chosen for your short reign in the University's most important leadership position.

Now, it seems that you have been given a choice, and how you handle it will define not who you are as a leader, but as a person — one who loses with grace and dignity or one who selfishly pushes the University back into shark-infested politics.

To the rest of the University community, it may be a long time before we can forget this whole ugly mess, but if we truly are committed to moving forward, it's time we learn to forgive.

READER COMMENTARY

LETTERS AND COLUMNS must be typewritten, double-spaced and submitted with author's phone ID. All letters are limited to 350 words and guest columns to 500 words. Any topics are accepted. AD are subject to editing.

Phone number needed (not for publication) to verify authorship. STUDENTS must include year and major. FACULTY must include rank and department. NON-ACADEMIC STAFF include position and department. OTHERS include author's hometown.



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THE DAILY EGYPTIAN welcomes all content suggestions.

Letters and columns do not necessarily reflect the views of the DAILY EGYPTIAN.

ZONING

CONTINUED FROM PAGE 1

someone else's property. He said if the owners of the rooming houses came and wanted to rezone the residential area north of West Cherry Street, he would oppose that as well.

While he appreciates the concern about their neighborhood, Neill said he would not support a zoning change unless the property owners themselves came forward to request one.

Councilwoman Maggie Flanagan said what was important to her was that a whole neighborhood has gotten together, not just one or two people.

Mayor Neil Dillard said he supported the recommendation to have public hearings so that the proponents and the opponents can be heard and get their opinions into the public realm. He said he did not know what the commission's final recommendations would be or how

they would vote. "We'll wait and see how this all plays out," Dillard said.

The north side of West Cherry Street is currently zoned as an R-1-5 low-density residential district. This allows a family and no more than one unrelated person or no more than two unrelated persons to reside in a house.

The south side of the street is zoned as R-3 high-density residential district, which allows rooms in houses to be rented out as apartments or for houses to be rented to multiple unrelated people.

In 1974, when the current zoning ordinance was implemented, properties within R-1-5 districts that were already operating as rooming houses were allowed to continue under a grandfather clause.

The requested change would rezone the south side of the street as R-1-5 and would phase out the rooming houses in R-1 districts throughout the city over a period of

years. The hearings will also address changing the residential parking lot standards. The current ordinance requires the parking space for four or fewer vehicles to be a hard surface only if it is in the front yard. The association is requesting this be expanded to include side-yard and backyard parking spaces.

Director of Development Service Department Tom Redmond said that the next stage is to research the issue. The commission will research the issue, including looking to see how other towns have dealt with similar issues, if similar proposals have come before the council in the past and how many properties would be affected by the proposed changes.

Redmond said they would probably not be ready for hearings until late September or early October.

Reporter Phil Beckman can be reached at pbeckman@dailyegyptian.com

ANIMAL

CONTINUED FROM PAGE 1

"I'll say I come here and everybody's like, 'Oh, that's a party school.'"

Just because there is a certain stigma attached to the SIUC name doesn't mean it's a bad school, according to students.

"After I got here, I think it's probably just like any other school," Vani said.

Christine Sturgeon, a freshman in creative writing from Chicago, said that her mom feels SIUC is toxic for her, but she says it's a

good school. "I find that the majority of people get their shit done," Sturgeon said. "I reward myself on the weekends by getting drunk."

Nick Voss, a senior in zoology, actually heard some good things about SIUC before he came here.

"I heard that it was a beautiful campus," Voss said. "But if you didn't concentrate on your school work, you'd be taken away by the party scene."

Voss thinks the party image may have something to do with the Strip being the most developed part of Carbondale.

"It's definitely not what it used

to be," said student Kristina Britton, a junior in art from Athens.

Now lacking the late-night "take the Strip" ritual and the Halloween riots, SIUC's image has undergone some minor detox.

"We need to do our homework and put out the right story as to what this University is about," Wendler said. "They're certainly not following me around, because I don't go to any places where there are parties."

Reporter Aivn Thompson can be reached at athompson@dailyegyptian.com

Online resumes often ease job search

Sarah Mitchell
The Lantern (Ohio State U.)

COLUMBUS, Ohio (U-WIRE) - Posting an online resume may be the best way to find a job.

Most people get jobs through networking and personal contacts, said Pamela Park-Curry, director of undergraduate career services and recruiting operations at the Fisher College of Business. However, many large companies require job seekers to apply online instead of mailing a resume and cover letter, she said.

"The application process becomes easier for both employers and potential employees when companies do not have to file resumes in a filing cabinet," Park-Curry said.

One advantage for companies posting online resumes is that the information gets entered directly into a database. Through this database, employers can search for keywords to match up with words on applicants' resumes, she said.

Park-Curry also said students should learn about, and do research on, specific words that employers search for when looking for someone to match a job opening. Objectives are an important part of resumes and should include words such as "internship" so that companies who are looking for interns can easily find a job seeker's information.

"Students should include good, rich keywords on their resumes," she said.

Cover letters are not necessary if

contacting someone by e-mail because the e-mail itself is the cover letter. However, e-mails should look professional with correct punctuation and grammar, Park-Curry said.

Job seekers should not be passive when looking for a job, she said. It is easy to look for jobs online, but people should use all available resources, including attending jobs fairs and following up with phone calls.

"Companies will have different ways to hire for different positions," Park-Curry said.

Companies may not simply accept applications online in the future, but they might also provide assistance to job seekers. Job seekers could get a chance to see if they would be a good fit with the company.

CARTER

CONTINUED FROM PAGE 3

became familiar with — a determined teacher and second mother.

The Living Room

McDaniel often recalled her friend calling their household at 7 o'clock in the morning to wake up her daughter when she was working toward her masters degree at SIUC.

Carter called to remind Zenetta of their appointment to meet at her home or at Denny's to work on her thesis.

"When she would call, her feet hit the floor," McDaniel said. "She was absolutely motivating, inspiring. She didn't have any children of her own, but she had thousands of them."

Suzanne Chisum, a 1986 SIUC alumna, recalled similar calls and appointments that helped her get her bachelor's and doctorate degree.

"She would meet with kids at 6 a.m. or midnight to proofread or get their thesis or dissertation," Chisum said. "She especially showed an interest in students with disabilities."

Former Workforce Education and Development Chair John Washburn remembered how Carter taught international students, SIUC students and showed special interest in teaching at an off-campus military program every weekend.

Now a professor in the same department, Washburn specifically recalled the way she taught her students that kept their attention focused and creative in the classroom.

"She asked her students a great deal of questions and helped them to learn by having them formulating a response on their own," Washburn said. "You get an opportunity to meet people in your life that make an impact on you,

and she made an impact on me."

Despite corrective surgeries, Carter's struggle with diabetes started to wear down her body. But Chisum said she did not let others recognize her disabilities, and she wanted them to treat her as anyone else.

Involved in numerous community, University and personal activities and organizations, Carter showed all who knew her what she could accomplish, regardless of her disability.

And the students remembered her for her creative style of teaching and mentoring. Chisum recalled one class in which Carter brought in a box filled with different items — among them was a water globe.

Carter retrieved the object, shook it and watched as the sparkly flecks shined in the liquid. Chisum said the speckles reflected the glittery personality a teacher must have.

"She would often pull things out of this box and relate them to lectures," Chisum said. "She really was an advocate for her students."

When Carter's friends, family and students gathered at the funeral in Lucerne, Mo., each brought a fleck from Carter's life.

The story could entail a time when she accepted a thesis in the back of the student's car or a piece of poetry retrieved discussing a good or bad moment in her friend's life. But the funeral unlocked all the doors of Carter's legacy and touched each person who entered them.

"She only let us come in so far, but each one of us allowed her to come in a different way," McDaniel said. "After we left the service, we knew the complete Dr. Carter."

Reporter Samantha Edmondson can be reached at sedmondson@dailyegyptian.com

Bot

CONTINUED FROM PAGE 1

briefing that the University will also be offering five new certificates and one doctorate certificate.

Haller said SIU will see one new graduate-level certificate in anatomy and undergraduate-level certificates in therapy counseling, museum studies, communication for business management and teaching English as a second language. The doctorate-level certificate will be in pharmacy.

"The certificate programs are particularly significant, because they represent a new trend in higher education," Haller said. "And you will see now and in the future more certificates being approved than see new degrees approved."

Haller also said there will be two doctorate program eliminations in

geology and geography. He said the two degrees will be replaced by one doctorate degree, titled environmental resources, under a policy that was approved in the year 2000.

"This is simply recycling back to eliminate these programs as part of the tradeoff," he said.

Other items slated for approval are the operating and capital RAMP guidelines for fiscal year 2004, a construction project of Student Health Programs Facility, an elevator-renovation project in Schneider Hall and a window screen replacement in Neely Hall.

Reporter Samantha Edmondson can be reached at sedmondson@dailyegyptian.com

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Consumers urged to take long, careful look at 'organic' beauty

Allison Kaplan
Knight Ridder Newspapers

MINNEAPOLIS — Watching his son Corey endure a bone-marrow transplant, Gene Martignetti desperately wanted to make a difference. He turned to what he knows best: shampoo.

Martignetti had spent more than 30 years representing Graham Webb and other hair-care lines in Minnesota, so when his 15-year old son was diagnosed with leukemia, Martignetti began reading about the chemicals we slather on our skin and hair — chemicals like sodium laureth sulfate, a cleanser found in many soaps and shampoos that for some say is potentially carcinogenic.

He set out to create a line of nearly chemical-free hair and body products. Now, 19-year-old Corey is cancer free, and Martignetti has just launched a new Minneapolis-based beauty company called Simply Organic.

Olive leaf extract, said to possess anti-bacterial qualities, is the signature ingredient in Simply Organic's collection of beauty products that are sold at salons, starting at \$20.95 each.

Simply Organic enters the growing organic beauty-care market at a pivotal time. Sales of natural and organic cosmetics totaled \$190 million in 2000, a 36 percent increase over the prior year, according to Health magazine. A magazine poll also found that 83 percent of women would rather use all-natural products and are willing to pay the higher price, yet half don't have a clue what natural

or organic means. The reality is that natural doesn't mean much of anything. There are no standards. The same has been true for organic. But that will change this fall with a new federal law to regulate organic labeling.

The new law was designed for organic foods, and it's still unclear how cosmetics will be affected. But industry watchdog Urvasi Rangan believes that as of October, companies like Simply Organic will not be able to label the entire product as organic without certification.

Martignetti isn't worried. The food-based ingredients in his shampoos and rinses were grown on farms that do not use toxic pesticides or fertilizers. "All of my ingredients are certified organic," he says.

The real question for consumers is: Does it really matter?

"You need to be cautious what you put on your skin," says Dominique Conseil, president of Aveda Corp., a pioneer in the organic beauty industry. "Let's face it, your skin is not a barrier. These sneaky substances can get through the skin and get access to the bloodstream."

But others, in the skin care field say organic companies take chemicals out of context to make them look worse than they are and that the small quantities used won't cause harm.

"If they put in so many chemicals that your eyes puff up, that doesn't make much sense," says Rangan, a chemist and director of Consumers Union's Eco-labels.org, a Web site that explains and often debunks labeling terms such as "unscented"

or "hypoallergenic." "But are there things in cosmetics that won't cause a reaction but could be a contaminant? Maybe. There aren't enough checkpoints along the way."

In the absence of regulation, Aveda goes by the U.S. Department of Agriculture's organic food standards. "When we claim organic, it's more than 95 percent organic," Conseil says.

Be wary of products that claim too much.

"If you're buying organic because you think it's going to be more sensitive to your skin, don't be fooled," Rangan says. "It may just mean that one ingredient is organic. It could have alcohol in it, which is also irritating. I think a consumer needs to do some investigating. You can't rely on pretty packaging."

Like food products, ingredients in cosmetics must be listed in order of quantity. For example, if a soap is said to be made of shea butter, and shea butter is the last item listed on the label, you know that product is not very natural, Rangan says.

A growing number of concerned companies are specifying the organic ingredients in their products, rather than simply claiming, "organic." Ginger Mills, the newest bath and body collection from Minneapolis-based The Thymes Ltd., touts organic ginger and red clover.

"We're careful with the word natural," said Christina Kippels, marketing director for The Thymes. "It's hard enough for the consumer. We want to help them make the best purchase decision."

Penn. requires meningitis shot

James M. O'Neill
Knight Ridder Newspapers

PHILADELPHIA — College students living in Pennsylvania dorm rooms must be vaccinated against meningitis this fall or sign a waiver indicating they have read about the vaccine's availability and declined immunization.

The new law, signed by Gov. Schweiker last week, mirrors similar rules already in place in New Jersey and other states.

State Sen. Don White, R-Indiana, introduced the bill after several meningitis cases cropped up among college students last year, including one that caused the death of La Salle University freshman Kerri Besette.

In addition, the Centers for Disease Control and Prevention in Atlanta has advocated that college freshmen receive the vaccine.

Many universities, including Temple, the University of Pennsylvania and Lehigh, already alert incoming freshmen about meningitis and the vaccine's availability. Many colleges also make the vaccine available to students on request. The price ranges from \$65 to about \$85, and its effectiveness lasts up to five years.

Meningitis is an infection of the fluid of a person's spinal cord and the fluid that surrounds the brain.

Unlike viral meningitis, which is common and requires no treatment, bacterial meningitis must be treated quickly with antibiotics. It affects up to 5,000 young people in the United States each year.

The germs are spread by secretions from the throat and respiratory tract through close contact, such as coughing or kissing. The disease is less contagious than colds or the flu and is not spread by casual

contact. Symptoms mimic those of the flu and can include high fever, headache, stiffness, confusion, nausea, vomiting and exhaustion.

At the colleges, voluntary notification has shown results. Dr. Evelyn Wiener, Penn's director of student health services, said that 45 percent of freshmen entering in the fall of 2000 were vaccinated and that the number increased to 60 percent last fall.

For several years, Temple has hired a private vendor, VaccersHealth, to arrange vaccination programs on campus.

The vaccine is only partially successful, however, since it combats only some of the bacteria strains responsible for meningitis. Besette, of Rhode Island, had received a vaccine three years before she contracted her fatal case of meningitis.

In anticipation of the new law, Penn sent out information in the spring to all incoming freshmen, alerting them to the university's new policy — a requirement that all students living in the dorms be vaccinated.

Students who decline to be vaccinated can do so only on medical or religious grounds.

Penn's requirement is more stringent than the state law. Under the law, if students decline to be vaccinated, they must sign a waiver indicating they have read information from their colleges about the disease and the vaccine. Their reasons for declining are not limited to religious or medical grounds.

The law does not differentiate between undergraduate and graduate students. But a CDC study last year found the potentially fatal bacterial form of meningitis is most prevalent among first-year college students living in dorms.

www.DailyEgyptian.com

536-3311

Classifieds

advert@siu.edu

CLASSIFIED DISPLAY ADVERTISING

Open Rate:
Minimum Ad Size:
Space Reservation:
Deadline Requirements:

\$11.00 per column inch per day
1 column inch
7 p.m., 2 days prior to publication
All 1 column classified display ads are required to have a 2 column border.
Other borders are acceptable on large column width.

CLASSIFIED LINE

Based on consecutive running dates:

1 day: \$1.30 per line/per day
3 days: \$1.10 per line/per day
10 days: \$0.90 per line/per day
20 days: \$0.75 per line/per day
1, 5, 10, 20 & Legal Rate: \$1.70 per line/per day

Minimum Ad Size:
3 lines
25 characters per line
Copy Deadline:
11:30 a.m.
1 day prior to publication

Office Hours:
Mon-Fri 8:00 am - 4:30 pm

FOR SALE

Auto

\$500 POLICE IMPOUNDS!
Cars & trucks from \$500! For listings call 1-800-319-3323 ext 4642.

1984 OLDSMOBILE DELTA '88, new engine, new good, \$1000 obo, call 549-5342.

1990 DODGE DYNASTY, 4 dr, excellent condition, \$1900 obo, call 457-7145.

1991 CHRYSLER LEBARON, 2dr, convertible, cd, good cond., a/c, \$1850 obo, must see, 549-0630.

94 TOYOTA COROLLA, 4 dr, 5 spd, new tires, exc cond, 115, \$3750, 203-6444.

AUTOBESTBUY.NET, not only means getting the best deal but also buying worldwide, 684-8881.

BUY, SELL, AND trade, AAA Auto Sales, 605 N Illinois Ave, 457-7631.

Parts & Service

STEVE THE CAR DOCTOR Mobile Mechanic, he makes house calls, 457-7984 or mobile 525-8393.

Motorcycles

1982 YAMAHA MAXIM 550, low miles and free matching helmet, \$850 obo, call 549-6033.

Mobile Homes

14 X 70, 2 bdrm, a/c, new water heater, \$2,500, 924-2167.

14X70 WITH TIPOUT & deck, country setting, \$350/mo, in Carbondale call 529-1052.

Electronics

CLASSIFIEDS ONLINE!
You can place your classified ad online at <http://classifieds.siu.edu>

FAX IT!
Fax us your Classified Ad 24 hours a day!

Include the following information:
*Full name and address
*Dates to publish
*Classification wanted
*Weekday (8-4:30) phone number

FAX ADS are subject to normal deadlines. The Daily Egyptian reserves the right to edit, properly classify or decline any ad.

618-453-3248

DAILY EGYPTIAN

FOR RENT

Rooms

BEAUTIFUL ROOMS, with kitchen, quiet, clean, hardwoods, in historic district, call 529-5881.

PARK PLACE EAST, res hall, int'l, grad, upper class student, quiet, unit incl, clean rooms, furn, \$210 & up, call 549-2831, not a party place.

SALUKI HALL, CLEAN rooms, unit incl, \$200/mo, located from SIU, 8am lease, open 1:30-5:30, call 529-3813 or 529-3833.

Roommates

2 TO SHARE nice, house & yard, 509 N Oakland, 1 mi N of campus, furn, w/d, ref & opp 914-423-5009.

Grad Student seeking male or female roommate to split the \$650/mo, seeking non-smoker/healthy habits, call or iv mess at 530-758-2571 or oeshel@ga.net.

ROOMMATE WANTED For brand new house on M3 St, all amenities including w/d, please call 549-7292 or 534-7292.

Sublease

1 BDRM, 1 block from SIU, Poplar and M3, newly remodeled, a/c, avail August 1st, call 549-0798.

Sublessee needed to live with 2 roommates, Aug to May, \$215/mo, w/d incl, 773-646-4527.

Apartments

1 & 2 bdrm, a/c, good location, ideal for grads or fam, iv, no pets, year lease, deposit, 529-2533.

1 & 2 bdrm, a/c, quiet, avail now and May, www.burkproperties.com, call 549-0081, also avail Aug.

1987 FLEETWOOD MOBILE Home 14' X 70' 2 bdrm, 3 bath, w/d, stove, w/d hookup, c/a, electric furnace, and fireplace, 1 yr old heater, Must be moved! Asking \$10,000, Call Michael Cavanessa at 618-833-6572.

COUNTRY SETTING, 3 bdrm, 1 bath, 10X20, deck overlooking pond, \$12,500 obo, 687-2759.

MOBILE HOME, C'DALE ex for student going to SIU, \$6,500 618-853-2679.

Appliances

WASHER/DRYER, 2000-2001, \$100-135, 18,000-195, 24,000-245, 90 day warranty, 529-5290.

HAIR CONDITIONERS!!
Small-\$60, Medium-\$130, Lg-\$195 warranty, Able Appliance, 457-7767.

Refrigerator like new \$175, stove \$100, Washer/Dryer \$250, window a/c \$75, freezer \$95, 457-8372.

Musical

Use 3 rental equipment sale in progress.
Wireless mics, JBL speakers, OSC Power Amps
Call 457-5641
www.soundcoramusic.com

Pets & Supplies

PIT BULL PUPPIES \$200, parents on premises for viewing, shots incl, avail 7/2, 549-9399, ask for Derrick.

For All Your Housing Needs

Freshmen and Sophs
Upperclassmen
Grad Students
Couples
21 and Over

CarbondaleHousing.com
On the Internet

2 Bdrm units from \$260/mo

R Property
851 East Grand Ave.
Carbondale, IL 62901
618-529-3214

Home of the Happy Tenants

WEDGEWOOD HILLS, 3 bdrm home, furn, no pets, close to campus, avail Aug, 549-5598.

Mobile Homes

MUST SEE 12 bdrm trailer
\$195/mo & up till bus avail.
Hurry, few avail, 549-3850.

1 & 2 BDRM MOBILE HOMES, close to campus, \$225-\$400/mo, water & trash included, no pets, call 549-4471.

12 X 60, 1 bdrm, newly remodeled, w/d, lg dock, quiet park, \$375/mo, no pets, avail Aug, 549-4471.

2 & 3 bdrms, nicely decorated & furnished, w/d, 3 locations, \$350-\$540/mo, avail now or Aug, no pets, 457-3321.

2 BDRM HOMES, water, sewer, trash pick-up and lawn care, laundry on premises, Gillson MHP, 616 E Park, 457-8405, Roseanne MHP, 2301 S Illinois Ave, 549-4713.

2 BDRM MOBILE homes, nice park, near site, \$225-\$260, for Aug, lawn & trash incl, 549-8000.

2 BDRM, UNFURN trailer, \$285/mo pets ok, no a/c, 457-5631.

AVAIL AUGUST, NEWER 2 BDRM, 2 bath, central air, w/d hookups, country setting, please call 684-2365 or 457-4405.

CARBONDALE, 2 BDRM, located in quiet park, \$150-\$475/mo, call 529-2432 or 684-2663.

CDALE, \$250/MO, EXC NEWLY REMODELED, VERY CLEAN 1 bdrm duplex, between Logan/SIU, gas, water, trash, lawn care incl, no pets, 529-3674 or 534-4795, rontapartmentsincarbonadale.com

CDALE, 1 BDRM, \$235/mo, 2 bdrm \$250-\$400/mo, water, gas, lawn & trash incl, avail now, 800-293-4407.

CDALE, 2 BDRM, a/c & trash, pets ok, 1st. last & deposit, \$250/mo, call 833-6593 after 6pm.

EXTRA NICE, 14 x 70, 3 bdrm near campus, perfect for 2 adults with room for computers, furn, c/a, no pets, 549-0491 or 457-0609.

FROST MOBILE HOMES, 2 bdrms, \$250/mo, \$300/mo, SIU bus route, very clean, 457-8924.

LARGE 2 BDRM, 1 1/2 bath, super insulation package, furn, c/a, no pets 549-0491 or 457-0609.

LOOK NO FURTHER! Bel-Aire Mobile Home Park, new 1, 2, 3 bdrm units, w/ summer & fall avail, quiet, clean, friendly environment, C-dale, 2 bks from campus, no pets, 529-1422.

LOOKING FOR AFFORDABLE HOUSING?

Check out our mobile homes! Close to campus, newly remodeled. Big shaded lots, clean & efficient. Small pets allowed 905 & 1000 E Park Schilling Property Management 549-0695

MOBILE HOME, 2 ml east of CDale, 2 bdrm, very clean, water, trash, lawn care included, c/a, NO PETS, 549-3043.

MOBILE HOMES For one on Pleasant Hill Rd, wooded area, furnished, avail now or Aug, \$210-\$350/mo, no pets, 457-3321.

SPACIOUS 1 BDRM, furn, small park near campus, no pets, call 549-0491 or 457-0609.

VISIT THE DAWG HOUSE THE DAILY EGYPTIAN'S ONLINE HOUSING GUIDE AT <http://www.dailyegyptian.com/dawg-house.html>

WE ARE LOW COST HOUSING, don't miss out, 2 bed, \$225-\$450/mo, pet ok, 529-4444.

WEDGEWOOD HILLS 2 & 3 bdrm, furn, shod, avail now and for August, no pets, 1-4 weekdays, 549-5598.

Mobile Home Lots

PARADISE ACRES, lots available, \$75 a month with 1 yr lease, call for details, 985-2787.

Help Wanted

\$1500 Weekly Potential mailing our circulars. Free information. Call 203-683-0202.

APT COMPLEX NEEDS reliable person for office, cleaning & light yard work, 11-4 pm, M-F & 10-2 Sat, must have drivers license, transportation, and be able to work, now until 8-1-02, 529-2535.

Avon Reps, NO Quotas, NO Door-to-Door, Free Shipping! Only \$10 to Stand 1-800-898-2866.

BARTENDERS, FEMALE, PT, WILL TRAIN, exc pay, Johnson City, 20 minutes from CDale, need bounce, call 982-9402.

Bartending \$250 a day potential, training provided, 1-800-293-3983 ext 513.

DISABLED PERSON, CDALe, needs persons for personal care assistance work in home, daytime, evening & midnight shifts open, call 351-0652.

GRILL COOK, EXPERIENCED only if dishwasher, apply in person, Tony's Restaurant, Mt. Airy.

MANAGEMENT FACULTY, Department of Management, Southern Illinois University Carbondale invites applications and nominations for Full and Part-Time Lecturer positions in MIS beginning August 16, 2002. Qualifications - earned doctorate with a concentration/major in MIS preferred, or ABD with a concentration/major in MIS, or Master's Degree with industry experience in MIS. Salary depends upon qualifications and teaching load. Possible teaching areas include Microsoft Office, database concepts, systems analysis and design, web applications and development, and networking/telecommunications concepts. Application deadline: July 26, 2002 or until filled. Direct a letter of application specifying whether a full or part-time position is sought, view that includes both educational achievements and work experience, and names of three references to Dr. Charles Lhacy, Department of Management, Southern Illinois University, Carbondale, IL 62901-4627. Phone: (618) 453-3307; Fax (618) 453-7835; E-mail: clhacy@cba.siu.edu. SIUC is AA/EOE.

PRESCHOOL TEACHER, MUST have 2 yrs of college w/ 8 sem hrs of early childhood, apply in person at Puka Preschool, 618 S Illinois Ave, lower level of the Wesley Foundation, please bring transcripts & 3 letters of ref.

RECREATION COORDINATOR Carbondale Park District Full time position responsible for planning, coordinating, promoting, and leading a variety of community recreation programs. BS in Recreation or human service related field required. Program development and some supervisory experience preferred. Salary range \$25,000 to \$27,000 plus full benefit package. Send letter of application and resume postmarked no later than July 17 to: Catherine Peck, District Attn: Rec. Supt., PO Box 1328, Carbondale, IL 62903-1328 EOE.

SALES WEBSITE ADVERTISING, 618-529-1216, Flash website designer pt, 618-529-1216, driver, male, pref. Frd and Sat 618-529-1218, handyman pt 618-529-1216.

SMOKERS WANTED SMOKELESS EARN \$500 PER MONTH Participating in quit smoking research. Women & Men, 18-50 years old, who qualify and complete the study, students and non-students welcome. Qualifications determined by screening process. 453-3361.

STAFF POSITION, EVENINGS, nights & weekends, 20-24hrs, Good Samaritan House, 457-5794.

Business Opportunities LEADERS WANTED!!! network looking for highly motivated and ambitious people. experiment with cutting edge technology, call (618) 985-4612.

Services Offered GENERAL HANDY MAN, various home repairs, moderate plumbing & electrical, roofs, hauling, painting & tree trimm g, call 549-2090.

LAWN MOWER, WEED trimmer & chain saw repair, 4251 Boskydell Rd, 549-0066.

STEVE THE CAR DOCTOR Mobile Mechanic. He makes house calls, 457-7984 or mobile 525-8393.

Free Pets FREE KITTENS, 2 males, 2 females, 529-5891.

KITTENS OR PUPPIES TO GIVE away 2 lines for 3 days FREE in the Daily Egyptian Classifieds!

Found

FOUND ADS 3 lines 3 days FREE! 536-3311

Web Sites READ THE DAILY EGYPTIAN ONLINE <http://www.dailyegyptian.com>


HELP WANTED
Circulation Driver
• Night Shift
• Must be enrolled at SIUC for at least 6 credit hours
• Good driving record a must
• If you are enrolled in 8 am or 9 am classes you need not apply

Printer's Assistant
• Must be enrolled at SIUC for at least 6 credit hours
• Must be enrolled for summer and fall semesters 2002
• Previous press experience helpful including that on small sheeted form presses.
• Strong mechanical aptitude a plus.

Complete a DE employment application available at the DE customer service desk in room 1259, Comm. Bldg. For more info call Jerry at 536-3311, ext. 225

Daily Egyptian Smile Ads

536-3311



536-3311

...make someone smile

Smile Ads DAILY EGYPTIAN 536-3311

2002 CLASSIFIED ADVERTISING POLICY

Please Be Sure To Check Your Classified Advertisement For Errors On The First Day Of Publication

The Daily Egyptian cannot be responsible for more than ONE day's incorrect insertion (no exceptions). Advertisers are responsible for checking their ads for errors on the FIRST day they appear. Errors not the fault of the advertiser which lessen the value of the advertisement will be adjusted.

Classified advertising running with the Daily Egyptian will not be automatically renewed. A callback will be given on the day of expiration. If customer is not at the phone number listed on their account it is the responsibility of the customer to contact the Daily Egyptian for ad renewal.

All classified advertising must be processed before 2 p.m. to appear in the next day's publication. Anything processed after 2 p.m. will go in the following day's publication.

Classified advertising must be paid in advance except for those accounts with established credit. A service charge of \$25.00 will be added to the advertiser's account for every check returned to the Daily Egyptian unpaid by the advertiser's bank. Early cancellations of classified advertising will be charged a \$2.50 service fee. Any refund under \$2.50 will be forfeited due to the cost of processing.

All advertising submitted to the Daily Egyptian is subject to approval and may be revised, rejected, or cancelled at any time.

The Daily Egyptian assumes no liability if for any reason it becomes necessary to omit any advertisement.

A sample of all mail-order items must be submitted and approved prior to deadline for publication.

No ads will be mis-classified.

Place your ad by phone at 618-536-3311 Monday-Friday 8 a.m. to 4:30 p.m. or visit our office in the Communications Building, room 1259.

Advertising-only Fax # 618-453-3248

HOME RENTALS AVAILABLE FALL 2002

www.carbondalere rentals.com

THREE BEDROOMS
410 S. ASH #1
504 S. ASH #2
502 S. BEVERIDGE #2
506 S. BEVERIDGE
405 W. CHERRY COURT
406 W. CHERRY COURT
407 W. CHERRY COURT
408 W. CHERRY COURT
308 W. COLLEGE
113 S. FOREST
511 S. JAMES
401 S. HAYES
614 S. LOGAN
411 E. MILL
400 W. OAK #2
408 W. OAK
501 W. OAK
602 N. OAKLAND
404 W. WALNUT
504 W. WALNUT
600 S. WASHINGTON

ONE BEDROOM
504 S. ASH #5
504 S. BEVERIDGE
718 S. FOREST #3
703 S. ILLINOIS #101
703 S. ILLINOIS #102
612 1/2 S. LOGAN
507 W. MAIN #2
202 N. POPLAR #2
110 W. WALNUT #3
705 W. WALNUT # E

TWO BEDROOMS
504 S. ASH #2
514 S. ASH #2
502 S. BEVERIDGE #2
306 W. CHERRY
311 W. CHERRY #2
406 W. CHERRY COURT
407 W. CHERRY COURT
408 W. CHERRY COURT
410 W. COLLEGE #1
501 W. COLLEGE #2
501 W. COLLEGE #6
113 S. FOREST
718 S. FOREST #3
703 S. ILLINOIS #202
703 S. ILLINOIS #203
908 W. MCDANIEL
411 E. MILL
501 W. OAK
503 S. UNIVERSITY #2
334 W. WALNUT #3

FOUR BEDROOMS
506 S. BEVERIDGE
506 S. BEVERIDGE
113 S. FOREST
614 S. LOGAN
404 W. WALNUT
600 S. WASHINGTON

FIVE BEDROOMS
600 S. WASHINGTON

SIX BEDROOMS
401 W. COLLEGE

SEVEN BEDROOMS
401 W. COLLEGE

NICE STUDIOS
509 S. ASH
• lofted beds
• desk
• air conditioning
• laundry facilities
• appliances
• private bathrooms
17 Units Left!

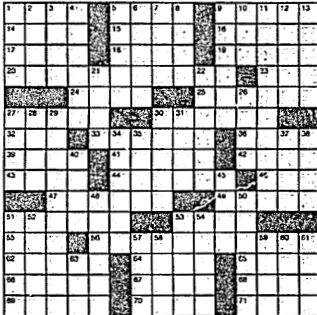
3 BEDROOM LUXURY "BLUES" TOWNHOMES
• 514 S. Ash '6
• 507 S. Beveridge '1, '2
• 509 S. Beveridge '5
• 513 S. Beveridge '1, '3
• 309 W. College '1, '2, '3, '4
• 400 W. College '3
• 503 W. College '3

See our Show Apartment!
409 W. College #5
Viewing Hours:
M-F 3-6:30pm
Sat. 12-2pm

529-1082 • 206 W. COLLEGE SUITE 11 • 529-1082

Crossword

- ACROSS
 1 Flery gem
 5 Oseve with care
 9 Gaze feacely
 14 Speck
 15 Trak shape
 16 One from Big D
 17 Tiny amount
 18 Lugge or Baskin
 19 Not illuminated
 20 Storm crash
 23 U-turn from WNW
 24 Pinball error
 25 Debra of "Terms of Endearment"
 27 Salinity circles
 30 Evaluator
 32 Actor Wallach
 33 More incative
 36 Take an IOU
 39 Scott Jopin works
 41 Group of trees
 42 Sneezing
 43 Workplace watchdog org.
 46 Living touch
 48 Mige or Mineo
 47 Servitude
 49 Model of perfection
 51 Lug laboriously
 53 Word with star or ranger
 55 Dove sound
 56 Tweed pattern
 62 Entertain
 64 Metal containers
 65 Secondhand
 66 Vow twice
 67 Type of foil
 68 Small valley
 69 Make off with
 70 Transmitted
 71 Soft drink

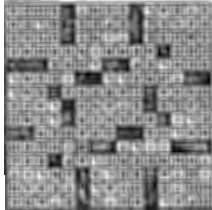


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07/11/02

- DOWN
 1 Leave out
 2 Friend of Tiger and Eyore
 3 Aleanr island
 4 Cruise shelter
 5 International prize
 6 In the open
 7 Baby powder
 8 Israeli carrier
 9 Harebrained
 10 Decade count
 11 Certain lubricant
 12 Poker action
 13 Come in!
 21 Floppy
 22 Prizzy
 26 Jodie Foster film
 27 Sub sandwich
 28 Woe is mel
 29 Navigation beacon
 30 Knot on a tree
 31 Clair or Coty
 34 Way out
 35 & others
 37 March Madness org.
 38 Farmer's locale
 40 Humonist Mort
 45 Be a stool
 48 Make shoe repairs
 50 Corrects

Solutions



- program errors
 51 Wound marks
 52 Celestial transient
 53 Flax thread
 54 Beginning
 57 AAA se/lections
 58 Ready for picking
 59 European capital
 60 Require
 61 Writer O'Brien
 63 Ross or Bering, e.g.

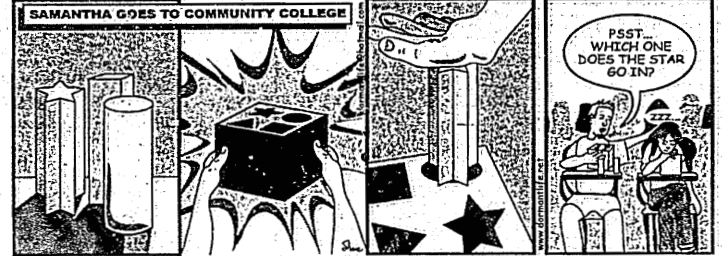
SHOOT ME NOW

BY JAMES KERR



Dormant Life

by Shane Pangburn



No Apparent Reason


by Brian Eliot Holloway



Bonzo Goes to College

by Seth Dewhirst




Annual Sidewalk Sale

 Friday July 12 10-5 pm
 Saturday July 13 10-4 pm
 25%-70% off selected items
 Westowne Centre • Next to Murdale Shopping Center
 Carbondale • 549-1031

THURSDAY, JULY 11

RIMP'S and NUTS NIGHTS
 with 17th Floor
COSTUME CONTEST!
 only at **\$100**

CASH PRIZES!!!

 Budweiser Bottles

DAILY EGYPTIAN

2 Ways to Always have Money
 LOOK for the Daily Egyptian "Pulse" every Friday this summer to find out what's happening in the area's entertainment scene!
 #1 is an easy way thousands of people earn extra money... \$90 cash in the first 4 donations for new donors. Earn up to \$150/mo donating plasma regularly.
DCI Biologicals of Carbondale
 301 W. Main St. 529-3241

STUDENT BODY

JULY 11, 2002

SOUTHERN ILLINOIS UNIVERSITY

PAGE 11

Between maintaining a full course load, part-time jobs, relationships and social lives, college students are left feeling...

Stressed out

STORY BY MAUREEN JOHNSON



ALEX HAGLUND - DAILY EGYPTIAN PHOTO ILLUSTRATION

College life can be stressful, and with classes, friends and activities taking up time, sometimes students feel overwhelmed. Ways to help avoid stress include budgeting time and taking time out for relaxation.

Exams and research papers may be a fact of life for SIU students, but they can also be a source of stress.

For Rupa Chandrashekar, a doctoral student in rehabilitation from Carbondale, stress results when she puts pressure on herself to write a quality dissertation for her degree.

"To me, it's when I've got a lot of things going on, and it's hard for me to manage when I'm going to do them," Chandrashekar said. "That stress builds up because it's not getting done."

In his offices, located on 139 Pineshore Dr. in Carbondale, Dave Elam, a licensed clinical professional counselor, frequently sees people who have trouble managing stress. He described stress as anything causing a challenge to a person's emotional and physical well-being.

However, Elam said stress may occur from both positive and negative events.

"Christmas or getting married are things you look forward to and are exciting, but they can be stressful as well," Elam said.

He said college students also commonly experience stress due to academic pressures. However, some students also experience stress due to relationship issues.

Lisa Scarber, a sophomore in psychology from Marselles, said she experiences stress in her relationships rather than from papers or tests.

"I worry about other people's problems more

than my own," Scarber said. "People might tell me about their problems, and then they expect me to fix it for them."

Other issues that may be considered stressful to college students are financial pressures, illness and problems that may be occurring with their families at home.

Elam said minority students may experience stress in addition to the pressures of college life.

"Anytime you're in a minority group, that can just in itself be stressful," Elam said. "Whether you're black or an international student or gay or anything outside the majority, that can be emotionally or sometimes functionally stressful."

Chandrashekar is of Asian descent, and she was born with a disability that requires the use of a wheelchair. However, she said she does not feel more stress than students of Caucasian ethnicity or those without a disability.

"I hang out a lot with people who are of the same race as I am, Asian-American, but I also have a lot of non-Asian-American friends," Chandrashekar said. "And SIU is so accessible to people with disabilities, and the general population of SIU comes across those people so frequently, I think people with disabilities integrate quite well here."

Chandrashekar also said people with disabilities need to realize their disabilities are only part of who they are, and any discrimination they experience is due to attitudinal barriers that exist in society.

Elam said it is important for people to manage their stress effectively, because it has a significant impact on many different dimensions of people's health.

"Often, the first place people will notice it or recognize it is in a physical sense," Elam said. "If you've got headaches or stomachaches, or you're not sleeping well, those are the first things that get your attention."

Physical consequences are not the only result of a failure to manage stress effectively.

"Mentally, people may not be able to think clearly or study as well," Elam said. "When you get into an exam situation, you feel like you blank out. Your mind just doesn't serve you well. Even socially, if you're under a lot of stress, you might start to get crabby or short-tempered with your friends or partners. In every dimension, it can have its impact."

Elam said the spiritual aspect of stress is harder to identify, but regardless of a person's beliefs or practices, it is important not to neglect them.

"Usually what I recommend is that people look to their spiritual selves, whatever that is for a person, as a grounding or a way to strengthen your base or foundation to help with stress," Elam said. "If prayer is helpful, try to pray, and don't let that fall out of your life. If going to church or reading your Bible, whatever your practice is, or your beliefs are, don't forget to use that or keep that active in your life."

In addition to neglecting things that may be helpful to people, college students may practice negative behaviors for dealing with their stress. According to Elam, they may practice "self-medication" as a means of escaping their stress.

"Drinking would certainly be at the top of the list as a way to escape the stress or the pressure," Elam said. "Use of a substance would be another one."

One of the ways Chandrashekar manages stress is to spend time with family or friends and watch movies or surf the Internet.

"Sometimes when I'm sitting at home thinking of all the stress I have, that builds up more stress for me," Chandrashekar said. "It gets my mind off of things and reduces stress."

However, Elam said that activities such as watching television are not harmful in moderation, but when done in excess, they may only be an escape or avoidance of stress.

Scarber manages stress using time management strategies. She said she begins a task when it is assigned in order to complete it in a timely manner. She also exercises, listens to music or watches a movie.

Like Scarber, Chandrashekar also manages stress by budgeting her time. But she said students need to take a break from their schedules on occasion.

"Some people are into their work all day, but that would just cause more stress I would think," Chandrashekar said. "You need an outlet to do something else."

According to Elam, there are many healthy strategies a student can use to manage stress.

"I recommend exercise for stress, anxiety and depression as a way to correct the imbalance that occurs as a result of stress," Elam said, "and the research shows that it's a very useful strategy for clearing your thinking as a way to get your body back into physical health or to help you emotionally help you balance out. Some kind of regular cardiovascular exercise would be ideal."

Elam also recommends learning a relaxation technique with a tape, a guided exercise, or spending five or 10 minutes just sitting quietly observing one's own breath.

Elam also recommends students pay attention to their nutrition, stretching exercises, good communication skills with the people around them and expressing themselves honestly and with respect. He also recommended people replace their negative internal self-talk with positive statements.

"Practice a variety of these strategies on a regular basis instead of doing all kinds of unhealthy behaviors and then expecting to go to the gym once, breathe deep once, and then everything's going to be fine," Elam said. "At that point, it's too little too late."

Reporter Maureen Johnson can be reached at mjohnson@dailyegyptian.com

STRESS Management

Unhealthy stress management

using alcohol or drugs to try to alleviate the situation
withdrawing and keeping feelings aside
denying problems
blaming others for troubles

Healthy stress management

facing facts and taking a hard look at reality
exploring the situation with everyone in your family
learning to express fears and worries honestly
remembering that self blame or blaming others get nowhere
learning to relax
knowing that it is okay to accept help and ask for it if needed

Based on information provided by Ronald Pitzer, of the University of Minnesota

ROBIN JONES - DAILY EGYPTIAN

SIU track and field coach heads to Jamaica to lead Team USA

Connie Price-Smith off to IAAF World Junior World Championships

Kristina Dailing
Daily Egyptian

SIU women's track and field head coach Connie Price-Smith cannot hide her excitement about the next two weeks.

Price-Smith left Wednesday to help coach Team U.S.A. at the IAAF World Junior Track and Field Championships in Jamaica and the Bahamas, which take place July 10-21.

"This is an experience she considers a rare opportunity.

"It's an honor to be selected," Price-Smith said.

"There are a lot of people out here that want to be selected for this team. I am really excited about going and being a part of it."

SIU Athletic Director Paul Kowalczyk is also excited that she was chosen for such an honor and knows she will positively represent SIU.

"I can't think of anyone more deserving than Connie," Kowalczyk said. "She is an outstanding individual and a world class performer. She has done an absolutely outstanding job taking over as the head track coach."

Price-Smith, along with four other coaches, was selected by the Men's and Women's Track and Field Committees to coach the talented group of athletes that make up the U.S. team.

The coaches will spend two weeks with the athletes, preparing them for two days of competition.

Price-Smith is excited about being able to participate as a coach and hopes that she, as well as the other coaches, can help the U.S.

athletes succeed in the competition.

"I think that I can help them just to keep calm and to keep focused," Price-Smith said. "Once you get over there, nothing goes as planned."

She also hopes she can use her experience as a U.S. Champion and four-time Olympic champion to help the athletes succeed with the tough competition as well as have fun with the experience.

"I'm hoping for the athletes that they go and have a great time," Price-Smith said. "Especially for the juniors, that's what it is about. It's a learning experience so that you can carry on and continue on."

Price-Smith wants to help the U.S. athletes succeed, but she knows her job is not to change the athletes because many of the ones who participate in the competition have personal coaches and trainers who have worked with the athlete for years.

"You just want to work with what they're doing and try to help them the best you can," Price-Smith said, "and prepare them to go through the different situations in a international competition."

She also hopes that she will gain knowledge so she will be invited back to the coaching team for future competitions.

"I hope to gain experience to know what to do and how the teams run so I can hopefully do it again," Price-Smith said.

The U.S. coaching team consists of Price-Smith, Olympic bronze medal decathlete Chris Huffins, 1992 Olympian Bryan Bluteich, Penn State assistant Bill Whitaker and Purdue assistant Monica Gary.

The coaching staff is chosen at the Track and Field national convention each year.

"Usually you're nominated by another colleague who thinks you have experience to go and do the job," Price-Smith said.

After people are nominated,



Connie Price-Smith, pictured in her home in January, left Wednesday for Jamaica to take one of five coaching positions for the United States Track and Field Team, which will compete at the IAAF World Junior Track and Field Championships taking place July 10-21. "I think I can help them just to keep calm and to keep focused," Price-Smith said. "Once you get over there, nothing goes as planned."

there is a joint vote from both the Men's and Women's Track and Field Committee to decide who gets to coach the team.

Other coaches and student-athletes also get to help decide the coaching staff.

"It is very prestigious, so that alone will put you at a different level than most of the coaches that are in the profession," Kowalczyk said.

The athletes and coaches at this year's championship will spend the

first week in Nassau, Bahamas, where one of the competitions will take place.

The next week will be spent in Jamaica, where the other days of competition will be held.

"It is a special opportunity, and I know she will make the most of it," Kowalczyk said.

Reporter Kristina Dailing can be reached at kdailing@dailyegyptian.com

Recycling benefits Salukis

Jack Piatt
Daily Egyptian

Recycling benefits not only the environment, but also SIU with a grant that leaves the Athletic Department with 200,000 reasons to smile.

SIU qualified for a state grant that will help defray the cost of installing new AstroTurf at McAndrew Stadium and free up money for other athletic projects throughout campus.

The new AstroPlay turf costs \$600,000 to install, but SIU opted to use recycled turf materials that cut \$200,000 off the original price.

The material rests between the concrete and the surface of the turf and is made from recycled rubber tires. The state awards grants to schools that use recycled materials, and SIU was fortunate to receive the grant in such a tight budget year.

"We are very happy to receive this grant from the state," said SIU Athletic Director Paul Kowalczyk. "We are also happy to contribute to environmental causes."

The Illinois Department of Commerce and Community Affairs is the state office that issues the grant. It was a six-month process to get the grant application approved.

Southwest Recreation, a firm located in Texas, took on the project of installing the new turf. The new style of turf absorbs large amounts of water and is softer than traditional AstroTurf.

"The new turf minimizes injuries and is better on your knees," said SIU running back Muhammad Abduqadri.

Kowalczyk said the Athletic Department are pleased with the quality of the new playing surface.

The money saved from the grant will possibly be used to help fund the construction of the new softball stadium.

The SIU football program has much to look forward to this season, with new lights for night games and new locker room facilities, and the team looks to be developing into a first-class program.

"The new turf is going to look good under the new lights," Kowalczyk said.

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Former Saluki star joins Indiana Pacers in Orlando

Performance in summer leagues may lead to NBA contract

Jack Piatt
Daily Egyptian

Former Saluki basketball star Rolan Roberts is currently in Orlando playing summer league basketball for the Indiana Pacers.

Roberts was in Carbondale when he received the call from his agent a few weeks ago informing him that the Pacers had selected him to play on their summer league team.

He then headed to Sacramento to meet with his personal trainer for two weeks to prepare for the summer league. After the two-week workout, he traveled to Indianapolis to meet with the Pacers and practice for three days.

The team headed to Orlando Monday to begin summer league play.

Roberts has played in two games so far this week. The first game was against the Orlando Magic on Tuesday, and the second was against the Miami Heat on Wednesday.

Luke Recker, the former University of Iowa star, and William Avery, a former first-round draft pick from Duke, were a couple of the opponents Roberts faced in his game against the Heat. Roberts played 31 minutes, scoring nine points, grabbing six rebounds and

blocking one shot. In the first game, Roberts played 22 minutes, grabbing three boards.

The Pacers' summer league team has three games left before they return home to Indianapolis.

"After this league, I might play in another summer league," Roberts said. "I just have to wait and find out where I will go next."

Roberts was the Missouri Valley Conference's defensive player of the year last season as well as the newcomer of the year.

He came to Carbondale after playing his first three seasons at Virginia Tech.

He wasn't selected in the recent NBA draft, but according to Roberts, he didn't think getting drafted would

have been his best option. He said his best chance to play in the NBA is to come in as a free agent and shop for teams that need his particular skills.

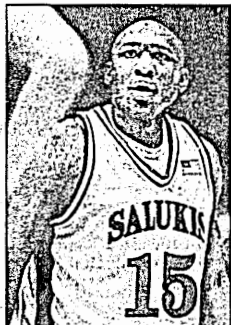
"Free agency will give Roberts more options," said SIU basketball head coach Bruce Weber last month.

Prior to the draft, Roberts worked out for the Atlanta Hawks and Indiana Pacers. Other teams have also shown interest in Roberts.

SIU incoming freshman guard Tony Young feels confident about the former Saluki star's chances.

"Roberts has the potential to play in the NBA," Young said prior to the draft.

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Roberts