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January 2002

Daily Egyptian 2002

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1-16-2002

## The Daily Egyptian, January 16, 2002

Daily Egyptian Staff

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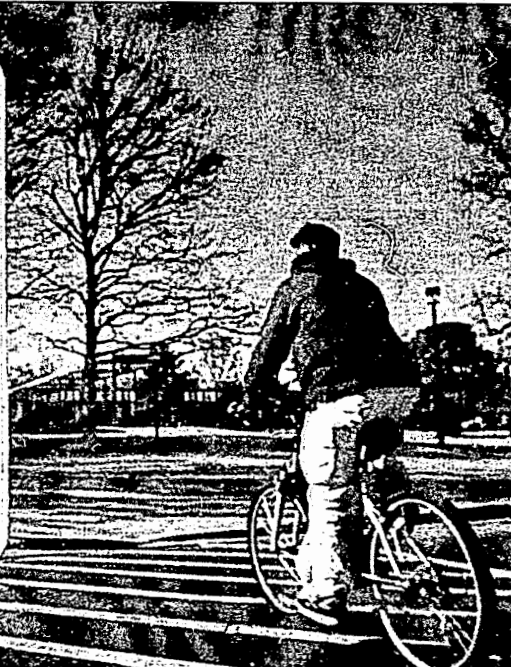
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“I usually just stand there and hope the building will come to me, or I wait until I can sneak across with someone else. I am afraid to cross the street.”

Lori Thornton  
victim of a crosswalk collision



DEREK ANDERSON - DAILY EGYPTIAN

To enhance campus safety, lower speed limits and new pedestrian crosswalk signs have been placed across campus. The new speed limit has been lowered to 20 mph.

## Speed limit falls 5 mph after accidents

Chancellor reminds cyclists to be courteous of drivers

William Alonso  
Daily Egyptian

The mad dash for parking spaces and the rat race of students blazing from class to class just became a tad slower.

In response to a series of University traffic accidents last semester, SIUC Chancellor Walter Wendler lowered the speed limit on campus from 25 to 20 mph, which took effect Monday. Accompanying the lower speed limit are new pedestrian signs that have been

added to all University crosswalks, with additional signs instructing cyclists to walk bikes.

The changes are part of Wendler's four-phase plan to increase campus safety for pedestrians. The safety plan came about after the death of SIUC student Anne Coleman on Sept. 21. Coleman was killed after being struck by a car while riding her bike through a crosswalk. In October, Lori Thornton was struck by a car and seriously injured as she walked through a crosswalk. The following month, an unidentified male student was injured after being struck by a car while riding his bike through a crosswalk near the Engineering Building.

Wendler said it is too early to gauge how

adequately the reduction will improve safety.

“We haven't had another accident, thank goodness, since the speed limits have been reduced. It would be foolish of me to suggest that is only because the speed limits have been lowered,” Wendler said. “The long-term impact of the lowered speed limit, hopefully, will be a heightened sense of awareness on the part of drivers, pedestrians and bicyclists.”

Thornton, a junior in cinema and photography from Lockport, received a broken collar bone, a fractured skull and a blood clot after her crosswalk collision. She said she is making progress in her recovery but is still hampered

See SPEED LIMIT, page 9

## Teen murdered for throwing out suspect, cop says

Michael Brenner  
Daily Egyptian

A Murphysboro man accused of killing a teen last month allegedly did so because he did not want to leave the victim's residence, a police officer testified.

Robert Jackson, 22, faces first-degree murder charges from a Dec. 26 shooting in which 17-year-old Kameron Allison was killed and Ricardo Woods, 20, was injured in their Carbondale home.

Carbondale Police officer Mark Goddard testified that Woods was the only person to witness the crime and that he told police Jackson had been drinking when he was asked to leave 606 W. Owens St. Jackson did so only later to return with a revolver.

With Allison sitting on the couch, Jackson allegedly shot the teen “point blank” in the head and shot Woods in the leg, Woods told police. Jackson then allegedly turned back to shoot Allison again, but was tackled by the wounded youth.

Judge David Watt found probable cause to bind Jackson for trial and set a pre-trial hearing for April 4.

Woods told police he had been sitting alone at home on the morning of Dec. 26 when Allison and their friend, Keenan Far, showed up with Jackson. After Far left, Allison and Woods asked Jackson to leave. He would not, and allegedly produced what Woods described as an “old west revolver.”

Murphysboro police arrested Jackson later that morning after stopping him in a brown Honda Acura that fit the profile of the vehicle witnesses described to police. He also fit Woods' description of the shooter, and according to Goddard, Murphysboro police found red stains on Jackson's clothing.

“He had a large red stain on his shoes,” Goddard said. “And a stain on his sweat pants that appeared to be blood.”

Goddard also testified that both Woods and Far positively identified Jackson in a picture line-up.

“Jackson maintained his innocence at Tuesday's hearing. He mouthed ‘I love you’ to his mother but otherwise said nothing.”

No weapon was found on or near Jackson at the time of arrest, and Jackson, who lives in Murphysboro, told police he has never even been to Carbondale.



Jackson

Reporter Michael Brenner can be reached at mbrenner@dailyegyptian.com

## Ryan packs bags for Cuba to lend aid, boost state economy

Gus Bode

Alexa Aguilar  
Daily Egyptian



Gus says: Castro-Finally someone George can beat in a popularity contest.

In late January, Gov. George Ryan will make his second trip to Cuba, this time with five pharmaceutical companies in tow.

Ryan is returning to the communist island with hopes of supplying medicines in the aftermath of Hurricane Michelle while establishing business ties that may help Illinois' ailing economy, according to Ryan's associate press secretary Karen Fincutter.

“This could be another opportunity to establish an additional market for Illinois companies,” Fincutter said. Fincutter defended the governor's trip in the midst of a budget crisis by citing that the pharmaceutical compa-

nies — Ferris Manufacturing in Burr Ridge, Medline in Mundelein, DMS Pharmaceutical in Park Ridge, JDR International in Chicago and 21st Healthcare in Woodbridge — are paying their own way and the governor is taking only a handful of staff.

If that's the case, this trip is in direct contrast to Ryan's last expedition to the country. In October 1999, Ryan led a delegation of about 40 people that took more than \$1 million worth of donated food, medicine, school and hospital supplies to Cuba.

The 1999 trip set the stage for a sales contract allowing Decatur-based Archer Daniels Midland to send eight shipments of grain to Cuba.

Fincutter said that no business sales between Cubans and the drug compa-

nies would take place on this trip. The U.S. government restricts American travel to Cuba, so Ryan and his party will go under a humanitarian license from the New York-based organization Americans for Humanitarian Trade with Cuba.

It is illegal for a party to close a sale in Cuba while visiting under a humanitarian license.

Lisa Weinmann, executive director of AHTC, said if the pharmaceutical companies wish to conduct a business sale, they must return home and obtain a license from the Department of Treasury and Commerce. This bureaucratic process usually deters businesses from trying, she said.

Weinmann said that “scores” of politicians and high-level policy mak-

ers use the humanitarian license to go to Cuba, but Ryan is the first governor to have such an open stance.

Sen. Paul Simon, director of the Public Policy Institute, made a groundbreaking trip to Cuba in February 2001 with a delegation of SIUC and Illinois officials. He said he applauds Gov. Ryan's return.

“In response to the grumbling about the cost involved with taking a trip in the midst of a budget crisis, Simon dismissed the cost as “minuscula.”

“There is no question that there are trade advantages and opportunities,” Simon said.

But most important, Simon said, were the humanitarian benefits of a

See CUBA page 9

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The DEADLINE to apply for a Student Medical Benefit Extended Care Fee refund is Friday, January 25, 2002. To apply for a refund, a student must present his/her insurance policy booklet or the schedule of benefits along with the insurance wallet I.D. card to Student Health Programs, Student Medical Benefit (Insurance) office, Kesnar Hall, Room 118. All students, including those who have applied for a Cancellation Waiver and whose fees are not yet paid, must apply for the refund before the deadline. Students 17 and under need a parent's signature.

**SIU**  
SOUTHERN ILLINOIS UNIVERSITY  
Carbondale  
Student Health Programs

Download refund form at:  
<http://www.siu.edu/~shp/DLForms.html>

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### U.S. citizen shot dead in West Bank

The body of a Jewish settler with U.S. citizenship has been found in Beit Sahur, near the West Bank town of Bethlehem, Palestinian and Israeli security officials said. Avi Boaz, 72, a resident of the Maale Adumim settlement near Jerusalem who possessed dual Israeli-U.S. citizenship, was found with a bullet wound to the head. His U.S. passport was found inside his bullet-ridden car, an Israeli police spokesman said today. Boaz "was probably killed by Palestinians in the Bethlehem area, which he had driven into," the spokesman said. A government spokesman said Palestinian navy police turned a blind eye while Boaz was being abducted. The body was transferred to the Palestinian hospital of Beit Jala before being handed over to the Israeli authorities. The man's vehicle was taken to the Israeli-Palestinian liaison office in the area, the police official said. The death brings the toll of more than 15 months of




Israeli-Palestinian violence to 1,135 people, including 873 Palestinians and 240 Israelis.


### 84-year-old busted for book robbery

LOS ANGELES - While dozens of murders go unsolved in Los Angeles County, law enforcement officials have been targeting a master criminal - 84-year-old library thief Ernest Aloise Heyneman. Officials found more than 3,100 library items at Heyneman's home last month, prosecutors said. He allegedly swiped \$25,600 worth of books and tapes from Ventura County libraries. Investigators said Heyneman would legitimately borrow books and tapes from libraries and remove security strips. He would return the items and steal them when they were back on shelves. Heyneman was found to appear in court Jan. 22.

*from Worldnews.com*



Partly Cloudy  
high of 47  
low of 31



Partly Cloudy  
high of 43  
low of 23



Partly Cloudy  
high of 40  
low of 24

International Briefs - International Briefs - International Briefs - International Briefs - International Briefs  
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### U.S. seeks new targets

WASHINGTON - U.S. forces are seeking new targets after bombing 50 caves and leveling 60 buildings in eastern Afghanistan. U.S. planes have struck the former al-Qaeda site at Zawar Kili nearly every day since Jan. 9. Many civilians have fled the area, but a local security official said some al-Qaeda members are still there. Pentagon spokesman Rear Admiral John Stufflebeem said the repeated bombing runs flattened every building and sealed most of the cave entrances in the area. U.S. ground troops scouring the area around Zawar found heavy weapons and ammunition in a network of bunkers, caves and buildings much larger than had been apparent from aerial reconnaissance. U.S. forces searched the caves to glean any intelligence information, then directed air strikes against specific targets so the caves or buildings couldn't be used again, the admiral said. Precision-guided munitions from B-52 and B-1 bombers and F-18 strike jets from aircraft carriers were



used, Admiral Stufflebeem said. He said the area was a significant center of al-Qaeda activity.

### Afghan government searches for funds

KABUL, Afghanistan - Afghanistan's 3-week-old interim administration could fail if foreign donors do not come up with \$100 million within days to help it pay its civil servants and police, a U.N. spokesman said yesterday. The new administration, which has won pledges of support from major countries around the world, found when it took office in December that the defeated Taliban rulers had emptied the central bank and government ministry coffers. It has no money to pay its 210,000 civil servants and 25,000 police. U.N. and foreign diplomats worry that public support for the government could fade if it cannot come up with cash for wages. Donor countries also had been slow in paying into a U.S.-sponsored "start-up fund" for the Kabul government.

*from Worldnews.com*

## Police Blotter

- UNIVERSITY**
- A scanner and DVD player were stolen between 3 p.m. Dec. 14 and 4 p.m. Sunday at Mae Smith Hall. The estimated loss is \$214 and police have no suspects in the theft.
  - A 26-year-old female reported her \$1,449 student loan check stolen and cashed. The theft occurred between 11 a.m. Jan. 9 and 3 p.m. Monday. Police have no suspects in the incident.
  - Pierre Andre Seawood, 22, was arrested at 3:13 a.m. Tuesday and charged with failure to appear for warrant on a charge of retail theft. He was unable to post the required bond and was taken to the Jackson County

## Calendar

**TODAY**

**Free Bike Maintenance Clinic**  
7 p.m. - Adventure Resource Center  
at the Recreation Center  
For more information, call 453-1285.

Only public events affiliated with SIU are printed in the Daily Egyptian Calendar. The editors reserve the right not to print any submitted item. RSO and departmental events will be printed in the Daily Egyptian Online Calendar at [www.dailyegyptian.com](http://www.dailyegyptian.com).

Calendar item deadline is two publication days before the event. The item must include time, date, place, admission and sponsor of the event and the name and phone of the person submitting the item.

Items should be delivered to Communications Building, Room 1247, or faxed to 453-8244. No calendar information will be taken over the phone.

## Corrections

Readers who spot an error in a news article should contact the Daily Egyptian Accuracy Desk at 536-3311, ext. 252.

The DAILY EGYPTIAN, the student-run newspaper of SIUC, is committed to being a trusted source of news, information, commentary and public discourse, while helping readers understand the issues affecting their lives.



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**Editor-in-Chief:** BRETT NAUMAN  
**Ad Manager:** AMY KRAS  
**Classified Ad Manager:** JILLIAN MAY  
**Business:** RANDY WHITCOMB  
**Ad Production:** RANISE RUGGERI

**Faculty Managing Editor:** LANCE SPREER  
**Display Ad Director:** SHERIE KILLION  
**Micro Computer Specialist:** KELLY THOMAS  
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“I believe that if you want to make a difference in people's lives, there is no better position than the chief law enforcement official.”

State Sen. Lisa Madigan



LISA SONNERSCHEIN/DAILY EGYPTIAN

Democratic candidate for attorney general Lisa Madigan (right) chats with Suzanne Schmitz (far left) and former senator Paul Simon's daughter Sheila Simon, just before speaking to SIU students, faculty and local residents at the Lesar Law Building Tuesday. Madigan is a state senator from Chicago.

## State Sen. visits SIU Law School

Molly Parker  
Daily Egyptian

The daughters of two legendary Illinois Democrats had a reunion Tuesday at the SIU Law School when Lisa Madigan stopped to speak to several high school and law students about her run for attorney general.

State Sen. Madigan, D-Chicago, the daughter of House Speaker Mike Madigan, was at the Law School talking with students and community members when Sheila Simon walked through the door and greeted her with a hug.

Lisa Madigan worked for Sheila's father, former presidential candidate and U.S. Sen. Paul Simon, on Capitol Hill when she was in college.

In fact, it was Jeanne Simon, Paul Simon's late wife, who was a big influence on Madigan's decision to step into state politics and make a name of her own.

"Jeanne Simon, what an unbelievable role model she was," Madigan said. "As much as Paul

Simon is great, so was she. She was just so dynamic."

Madigan has served in the Illinois Senate since 1998. Before running for state office, she worked as an attorney for the law firm of Sachnoff & Weaver, Ltd. and as a teacher and assistant dean for Continuing Education at Wilbur Wright College.

Madigan said she enjoys politics because of the opportunity it presents to affect public policy and people's lives, and this has a lot to do with why she wants to run for attorney general.

"I believe that if you want to make a difference in people's lives, there is no better position than the chief law enforcement official," she said to a crowd of about 25 standing in front of her podium.

The petite brunette does not like the restriction of standing behind the podium, instead preferring to pace the stage with animation and energy.

Madigan pointed to her record in the Senate to demonstrate her toughness on criminal activity in the state.

During her first year in the Senate, she helped

get a bill passed to confiscate cars with secret compartments where guns or drugs could be stored. Madigan said this was quite a challenge given that she was a young Democrat in a Republican-controlled Senate.

"So I was laughing with the Republican in the room," she said, "about how difficult it is to pass bills as a Democrat in the Senate — especially with a name like Madigan."

Madigan also unveiled her labor plan, which among other things, is meant to protect workers in the state from unfair wage cuts, dangerous working conditions, discrimination and other unfair labor practices.

Madigan will face John Schmidt, a Chicago lawyer and former Justice Department official, in the March primary. On the Republican ticket, DuPage County State's Attorney Joseph Birkett is running for the position.

Reporter Molly Parker can be reached at mparker@dailyegyptian.com

## Court decision holds the fate of city's money

Brad Brondsema  
Daily Egyptian

City officials are waiting for a court decision that will release \$277,000 of the city's money that is being held because of census numbers officials believe are wrong.

According to the 1990 census, Carbondale had 5,117 people living in group quarters, dormitories and fraternity or sorority houses. However, in 2000, the census showed that no one was living in group quarters for the same census tract.

Under state law, the city of Carbondale gets paid monthly by the state based on census figures. If the city continues to get paid based on the 2000 census, it faces losing nearly a million dollars a year.

City officials were successful in circuit court this past summer when they filed action to get back the money they believed was theirs. The state appealed the circuit court's decision, and now the case is before the appellate court.

If the ruling stands, Carbondale will not lose out on tax money.

City Attorney Paige Reed said that in a five-month period, from July to November, Carbondale lost \$277,479.54 due to the inaccuracies.

"What we are seeking is for the appellate court to affirm the circuit court's ruling to enter an injunction against the state, and its use of the new 2000 census numbers," Reed said.

Currently, the money sits in an escrow account. An escrow account is an account in which money or property is kept in the custody of a third party until an agreement can be reached.

Dick Adorgon, from the Illinois Department of Transportation, said that after the circuit court ruling, the Department of Transportation has put nearly \$90,000 in the escrow account from July to December.

He added that the state had no choice but to put the money in the account until a final agreement could be reached.

The state based its appeal on the grounds it could not set up an escrow account because all tax money had to be disbursed.

The three-judge panel is expected to rule on the census case sometime in the next two to six months.

Reporter Brad Brondsema can be reached at bbrondsema@dailyegyptian.com

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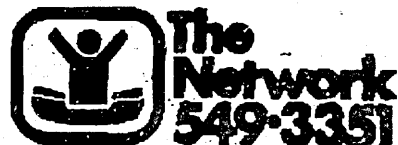
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# Walker, Wendler named in lawsuit



Joseph D. Johnson  
Daily Egyptian

SIU President James E. Walker and Chancellor Walter Wendler were named in a Nov. 2001 lawsuit that aims to restrain Illinois university administrators from meeting behind closed doors.

The suit, filed in Cook County Circuit Court by University Professionals of Illinois (UPI) Local 4100, the Illinois Federation of Teachers and the AFL-CIO, seeks to open to the public the closed door meetings of the Council of Presidents. The council meets the day before the Illinois Board of

Higher Education (IBHE) to talk about public higher education and how state money is to be used for it.

But according to President Walker, the lawsuit is blowing a casual meeting of colleagues out of proportion. He described the meetings as "collegial," where administrators bounce ideas off of each other.

Walker said there was a loose agenda to the meetings, but said no policies are made and no resolutions are passed. He used the example of asking fellow administrators how to resolve the problem of dormitory sprinklers as the typical conversation that occurs during the sessions.

UPI President Mitch Vogel

believes the meetings may have more substance than that. Vogel has charged that the administrators are using taxpayers' money to discuss important higher education matters and that the public has a right to know what they are talking about.

The suit is asking the presidents and chancellors of Illinois state universities to publish their agendas in advance of their council meetings and to open the meetings to the public.

Illinois' Open Meetings Acts states that "public bodies exist to aid in the conduct of the people's business and that the people have the right to be informed as to the con-

duct of their business." The suit states that this act covers the Council of Presidents, and therefore must be opened to the public.

In addition to SIU, the following state universities' administrations were named as defendants in the suit: University of Illinois (Urbana), University of Illinois (Springfield), SIU (Edwardsville), Illinois State, Eastern Illinois, Western Illinois, Chicago State University, Northeastern Illinois and Governors' State University.



Wendler

Reporter Joseph D. Johnson can be reached at [jjohnson@dailyegyptian.com](mailto:jjohnson@dailyegyptian.com)

## SIUC goes beyond call of duty for work study

Program exceeds requirements for using federal money

Mark Lambird  
Daily Egyptian

In a report released by the Washington Monthly this month, more than half the nation's top universities were below the national average for the amount of work-study used for community service.

The magazine reported Lehigh University, the Massachusetts Institute of Technology and the University of Notre Dame were all below the required 5 percent minimum for the 1999-2000 academic year.

The federal work-study program provides part-time employment to help students who qualify for financial aid. The federal government provides 75 percent of the money that is paid for the students; the remaining 25 percent is provided by the college.

Every year the U.S. Department of Education doles out more than \$1 billion for work-study programs across the nation.

For the 2000-2001 academic year, colleges were required to make 7 percent of their work-study funds go to community service. Previously the requirement had been 5 percent.

The federal government said that community service jobs that could be counted for the program are those that improve the community or quality of life or solves problems in the community.

Along with the percentage requirement, at least one student must be involved with the America Reads program. This program sends students into

community schools to read and tutor students.

SIUC nearly doubled the current requirement for 2000-2001 with 13 percent of work-study funds being used to benefit the community. The funds that were used totaled more than \$317,319 and included 362 students.

Dan Mann, director of the Financial Aid Office, said SIUC ranks high in the state in the amount of work-study funds that are spent on community endeavors.

"The interesting thing about [the University] is that all the jobs we have are on campus," Mann said.

Mann said 114 jobs qualify as community service jobs, including Disability Support Services, Public Television Broadcasting, the Daily Egyptian and the Student Recreation Center.

Mann said this year there was an increase of 1.5 percent in the total funds allotted to community service. He said this could be attributed to a change in some rules dealing with support services for students with disabilities. He said rules were changed this year so more students could be hired for that particular program.

Jeffrey R. Andrade, adviser to the deputy secretary of education, told The Chronicle of Higher Education there was no specific penalty in place when an institution fails to meet requirements.

Andrade said students play a large role in deciding where they work, and it is sometimes out of a university's control to place them.

"This is ultimately a student choice issue, and service advocates have really missed the boat in that regard," Andrade said.

Reporter Mark Lambird can be reached at [mlambird@dailyegyptian.com](mailto:mlambird@dailyegyptian.com)



RONDA YEAGER - DAILY EGYPTIAN

Isaac Raabe, a junior in cinema photography from Peoria, throws a Frisbee, trying to place it in the goal during a game of Frisbee-golf outside the Student Recreation Center on late Tuesday afternoon. A new Frisbee-golf course was recently constructed by Campus Lake.

## Book sales boost competition between bookstores

Local bookstores help to lessen student concerns

Samantha Edmondson  
Daily Egyptian

Expensive. Hassle. Hectic.

Each semester, students dread buying their textbooks because they believe they get an unfair deal. Some students see the bookstore as making profits off already expensively priced books.

"We have to buy books, so they are taking advantage of it," said Nick Grant, a sophomore in zoology.

However, bookstore managers assure students they do not pick the books that are on their shelves — the professors do.

"We don't decide what is going to be used

next semester," said Chris Croson, manager of University Bookstore. "Professors can pick a new book every semester or use the same book for three or four semesters."

Frequently, students' concerns mask how a bookstore operates and what it has to offer to its customers.

All the bookstores begin pricing their books the same way. Used books are usually marked 25 percent less than new books, according to Croson. Next, the bookstores adjust their prices accordingly by rounding them to nearest quarter or dime.

"There is not a whole lot of variance between the bookstores," Croson said. "It's more who has the most used books."

Used book supply is a major key for both selling and buying back books from students. Randy Johnson, manager of 710 Book Store, said students are always better off getting used books since they are cheaper than new books and are bought back for the same price.

Furthermore, Johnson said used books sold back from the students actually save the bookstore and students money in the entire process.

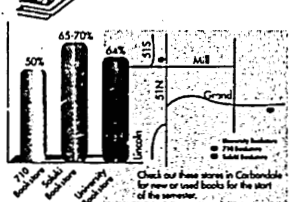
"If they are using that book here on this campus, then we are much better off getting that book from [students]," Johnson said. "If not, we then have to try to find the book somewhere else and pay to get it here."

Students are also concerned with the small amount received in selling back books to stores, despite some 50 percent buyback guarantees.

Michelle Barham, a sophomore in information system technology, said she has a brand new \$90 math book that sits on her shelf because the bookstore could not buy back it back.

Cal Wolff, manager of Saluki Bookstore, said the bookstore does not partake in 50 percent buyback guarantees. However, he allots the proper buyback price for each book up to 50 percent. He said the competition has to be

### USED BOOKSALES in Carbondale



careful which ones they put 50 percent guaranteed back on because if it is a book that is not going to be used, then they are stuck with it.

Croson said the biggest impact for book

# COBA ponders expansion to Asia, should know by summer

Taiwan, Singapore, Hong Kong eyed for business training

Ben Botkin  
Daily Egyptian

The island of Taiwan could become the next training ground for SIUC business students.

The University offers an executive master's degree program in business and administration to working professionals in Hong Kong and Singapore. The program might also become available in Taiwan, according to Richard Rivers, associate dean of the College of Business and Administration.

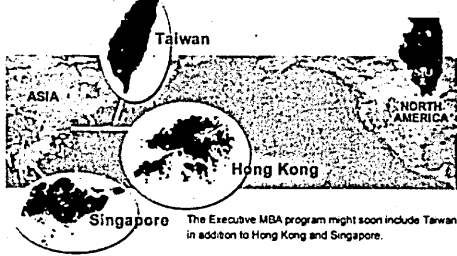
Rivers said he would probably know by June whether or not the program will add Taiwan to the list of locations. If a Taiwan location is used, COBA will use fewer professors in Hong Kong, Rivers said.

The executive M.B.A. program offers overseas students the chance to earn a master's degree through intense periods of classroom time conducted during weekends. Individual courses take six or seven weeks to complete, and students complete the program in 15 months, usually while continuing to work full-time jobs.

"When I talk to students, the best analogy I get is that it's like taking a drink from a fire hose," Rivers said.

Competition for entry into the program is intense, and in addition to having a bachelor's degree, applicants are also required to have at least five years of professional business experience. The

## COBA sends professors to Asia



The Executive MBA program might soon include Taiwan in addition to Hong Kong and Singapore.

program has been offered in Hong Kong since 1994 and expanded to include Singapore in 1998.

Singapore and Hong Kong are key centers for international business, a factor that brings diversity to the program's students. The program has drawn students from countries such as Australia, Germany, the Philippines and Israel.

Such diversity makes teaching the courses an interesting experience, said Arlyn Melcher, a professor for management courses.

"A good number have held jobs in different parts of the world," Melcher said. "The students are very sophisticated in terms of world views."

And rather than taking several courses at a time, options are restricted for students in the program. Classes are offered in a consecutive order, and each class takes six to seven weeks to complete.

Teaching the classes to working professionals in weekend sessions has the advantage of attracting dedicated students, Melcher said.

"The students have to work hard because during the week they work too," he said.

SIUC business professors typically spend 10 to 14 days abroad, but that is "far and away not the only commitment," Rivers said. Professors also stay in touch with students via e-mail in the weeks before and after the courses.

And traveling to teach business students in an international setting has its benefits, according to Melcher.

"If I have the time, I visit places I haven't been to," Melcher said. "It's given me the opportunity to visit places in Asia."

Reporter Ben Botkin can be reached at [bbotkin@dailyegyptian.com](mailto:bbotkin@dailyegyptian.com)

## NEWS BRIEFS

### JACKSON COUNTY

#### Police offer heads-up on telemarketing scam

A telemarketing group claiming to represent sheriffs, Illinois police officers and the Illinois Sheriffs' Association is using the names "I.C.O.P.S.," "Illinois Police and Sheriffs Association," "Illinois Council of Police & Sheriffs" and "Police & Sheriffs Association of Illinois" to fraudulently obtain money from citizens.

Jackson County Sheriff William J. Kilquist advises that this group is not affiliated with any sheriffs in Illinois or the Illinois Sheriffs' Association, and the Association never solicits by telephone.

The Jackson County Sheriff's Office suggests a few tips for dealing with the telemarketers: never give out credit card numbers or checking information over the phone unless you know the organization is reputable, insist on getting written information about the organization before donating, do not agree to send cash by mail, resist high-pressure tactics and commitments to cash or check and, if necessary, hang up.

Report telemarketing fraud to the National Consumer League at 1-800-243-0607. Any telemarketer claiming to represent the Illinois Sheriffs' Association can be reported to the local sheriff or the Association at (217) 496-2371.

### ON CAMPUS

#### Dance classes to be offered

Anyone interested in taking dance classes that include smooth, Latin and swing dances may register for Ballroom Dancing classes.

Beginning and Intermediate Ballroom Dancing I is in session from Jan. 30 to March 6, and Beginning and Intermediate Ballroom Dancing II is from March 26 to April 30. Lessons will be located on the 2nd floor of Davies Gymnasium. The fee is \$30 per participant for a six-week course.

For additional information or to register, contact the SIUC Division of Continuing Education at 536-7751, or visit the website at [www.dce.siu.edu](http://www.dce.siu.edu).

#### SCUBA classes available

Students longing for underwater exploration may sign up for one of two Open Water SCUBA Classes at the Student Recreation Center Information Desk starting Jan. 25.

Students need only take one session at a cost of \$275 to receive their SCUBA certification card upon satisfactory completion of the class; \$50 is due at registration.

The class meets from 6 to 9 p.m. on Mondays and Thursdays. The first session lasts from Jan. 24 to Feb. 25; the second session lasts from March 21 to April 25.

The course consists of 10 evening sessions of alternating classroom work and in-water SCUBA equipment work.

For more information, call Joe Madel at 687-3903.

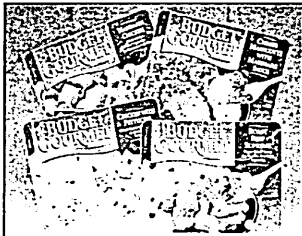
### CORRECTION

In Tuesday's article "Proposal may require DNA from all felons," Joe Birkett unveiled a proposal calling for DNA collection for convicted felons.

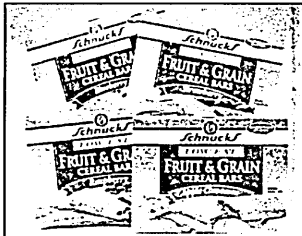
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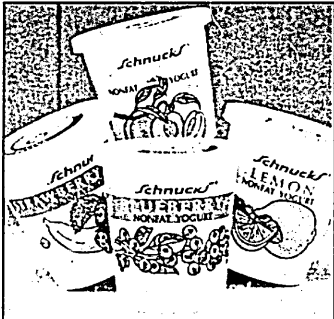
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WESTERN UNION TRANSFER



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### OUR WORD

## SIUC's budget crunching should not take too big of a bite out of students' needs

SIUC has a tough budget dilemma on its hands. Due to a \$500 million shortfall in the Illinois state budget this year, the University will have to cut \$5 million from its own budget. Cutbacks are expected to occur in departments across campus. A few that were spelled out by Chancellor Walter Wendler may come from eliminating some summer classes and reducing the number of student workers in the vice chancellor for Administration Office.

As another money saver, Wendler threw out the possibility of not immediately filling the positions of retiring faculty. Summer classes necessary for students to graduate will not be eliminated, Wendler said. The University will have to cut from somewhere and everyone on campus will have to suffer a little. However, any cuts directly affecting students should be well thought out in advance.

The University may save money from cutting back on summer classes, but what about the money lost from summer tuition? The University already experienced a 954-student drop in enrollment last fall, which reportedly accounted for \$1.5 million in lost revenue. Summer classes with frequently low enrollment are another matter. Eliminating those makes sense.

We just don't want to see SIUC turned into a ghost town during summers because students can't take classes. With that said, it is understandable that SIUC has to make up for the lost funds. No one has all the answers. We're in this predicament due in part to circumstances out of our control.

The University has its own budget priorities to worry about, let alone having to deal with the ramifications from a shaky state budget. Policy makers are quick to point to the "sputtering" economy and the Sept. 11

terrorist attacks, which momentarily stifled consumer spending, as reasons for the shortfall.

The economy has slowed since early 2001, and Sept. 11 certainly had a negative impact, but this is not the first time the state's budget has come up shorter than expected. Too many officials think they can blame all our economic woes on Sept. 11, when in fact the shortfall may derive more from bloated revenue projections by officials.

All this adds to the significance of the University's Capital Campaign highlighted by President James Walker last fall. Our efforts to raise money for University initiatives will spare us from having to tighten the school's pocketbook when the folks in Springfield can't come through.

As we traverse through this murky economic tide, let's proceed wisely.

It is understandable that SIUC has to make up for the lost funds. No one has all the answers.



### THEIR WORD

## A measure of our online curiosity

Claudia Smith Brinson  
csmbrinson@thestate.com  
Knight Ridder Newspapers

Google, my favorite search engine, calls it the "Zeitgeist," a German word for the spirit of an age, the trend of thought in a particular time.

The Zeitgeist is Google's weekly, monthly - and with 2001, its annual - review of what we obsessively investigate. All day, every day, a count is taken as we read news, celebrities, toys, sports, movies, music. Thus is the measure of our curiosity assessed.

With more than 150 million queries a day, and extensive logs on those queries, Google should have a sense, as it claims, of "the collective focus of the online mind."

In 2001, our just-departed year, our online minds ranged from our ancestors to celebrities, from patriotism to ancient prophets. And always, it seems, back to babes.

The Google search engine offers a blank page, and a blank slot in which to type, with no prompts, topics such as your horoscope. "You enter what you're thinking. It comes basically from the person's head to the fingertips to Google," explains Barry Schnitt, a spokesman for Google.

So Google suspects it's counting exactly what we're thinking.

In January 2001, our fingertips were most often typing "Chinese New Year." In April, what we found most irresistible was looking up our grandparents and great-grandparents. That's because the American Family Immigration History Center went online ([www.illinoislandrecords.org](http://www.illinoislandrecords.org)).

In June, we wondered about Timothy McVeigh, convicted of the Oklahoma City bombing and put to death by lethal injection. For his final statement, he read William Ernest Henley's "Invictus." We looked up the poem.

You might remember this poem because, like me, you might have memorized it as an adolescent - as justification for defiance of parental edicts. It begins, "Out of the night that covers me, Black as the Pit from pole to pole, and ends, 'I am the master of my fate, I am the captain of my soul.'"

In July, we were interested in Chandra Levy, the Washington intern who disappeared in April, then became a cause celebre when linked with U.S. Rep. Gary Condit.

In August, we ruthlessly moved on to Aaliyah, a 22-year-old singer who died with eight others in a Bahama plane crash.

In September, for Americans, the world stopped. When we could take a shuddering breath, we wanted to see the World Trade Center, before and after. We wanted to know what happened, who died, who survived.

And we wanted an American flag to pledge allegiance to, to admire, to fly. So that's what we typed in: World Trade Center and American flag.

CNN was the place people went online to find out what was going on, and at a furious rate: more than 6,000 queries a minute on Google. After CNN, our second-most-frequent destination was the World Trade Center, then the BBC, then the Pentagon, then msnbc.

Next, with a certain logic, we moved on to the end of the world and Nostradamus. A prophet whose fame likely exceeds his skill, he had the honor of not only being the focus of our fears and curiosity, but also the most misspelled query for the month.

When the "war on terrorism" began, our obsessions shifted to terms of war daisy cutter, a bomb we've used; bunker buster, a laser-guided bomb used against caves and those in them; and AC-130, a gunship.

But, by the time winter approached, we had moved onto other online concerns, such as mourning Beate George Harrison, comparing the Xbox to the PlayStation 2, comparing "Harry Potter" to "Lord of the Rings."

Are we curious or shallow? Or both? It could be that online queries reflect only transitory concerns. Or this really could be the zeitgeist of America: celebrities and entertainment, interspersed with intense but transitory concerns about Earth-rattling crises.

It's possible that the deep and lasting don't show up on computers. For that, perhaps, we'd have to enter bedrooms and kitchens, classrooms, libraries, therapists' offices or, at least, Gallup polls.

If you care to ponder this in depth, survey the Top 10 and Top 20 lists provided at [www.google.com/press/zeitgeist.html](http://www.google.com/press/zeitgeist.html).

Just keep this in mind: We might have been curious about anthrax and Osama bin Laden, but we didn't stop looking at Jennifer Lopez.

While Nostradamus and bin Laden are the men on our minds, Britney Spears and Pamela Anderson are the women. So I'm uncomfortable with how we might define the American zeitgeist, according to Google. Here goes, anyway, taking Numero Uno from numerous lists: Britney Spears, Nostradamus, Harry Potter, The Beatles, Counterstrike, Anna Kournikova, Windows XP.

I've always thought curiosity was a mark of intelligence. To keep learning, keep asking "Why?"

Online, evidently, what we ask is "What?" and "Who?" And the answer for 2001, the "spirit of the age," well, that seems to boil down to a buxom blonde chatting about "Loft Story" on her Nokia phone, while ordering Windows XP from amazon.com.

This is it, the land that we love, and this is what we think about - online.

Claudia Smith Brinson is a columnist for The State in Columbia, S.C. Her views do not necessarily reflect those of the DAILY EGYPTIAN.

### WORDS OVERHEARD

"Lack of money is no obstacle. Lack of an idea is an obstacle."

Ken Hakuta

COLUMNISTS

# What's in a name?

Ladies and gentleman, Tommy Curry has not left the building. In a futile attempt to abandon the only life he knows, he returns amidst the hate of strangers. He returns to the comfort of their presence in order to fuel their anger and alienate their sympathies for humanity in blind fits of ignorance. Now that we have become acquainted for the third semester in a row, what else can I say to shock you? What else can ignite such rage and spite, causing letters to pour in wrecks at a time about my mere opinion? I don't know.

I am not a journalist and sensationalism never really appealed to me, but there is my one "unchanging theme," my Jezebel that calls to me, in my lonely nights, her voice asking me to unveil the loci of power and racist domination. She speaks of my name. The name "Tommy Curry" that has become synonymous with ideas of black nationalism, separatism and some would say unapologetic racism and hate. But let's ask ourselves something, shall we? What is it about this "race problem" I speak of what matters so much that the social structures and identities of hundreds of students and citizens are fundamentally bothered?

He returns to the comfort of their presence in order to fuel their anger

Who am I that makes you uncomfortable with yourself? I am not uncomfortable with you. In the last two years, I have seen the Daily Egyptian transformed into a means of political and ideological resistance. I have seen students advocate platforms of political interest, some in support of the racist status quo and some against it. I have seen a Southern Illinois community express fear at the thought of an African daring to identify himself as different.

An African who says that the ideas and behaviors of a group of people who support the normative racist practices of



My Nommo

BY TOMMY CURRY  
kyta\_swan@hotmail.com

and Joseph Johnson both display critical points about issues affecting people in this country, but with fewer accusations and indictments of their character. Why? What is about my opinion that bothers so many? We live in a racist society, and I want to know why it is that the individuals who directly contribute to the perpetuation of this problem seem to shun the accusation.

Professors, administrators, students, women and patriotic Americans all feel some marginal quality towards Africans. What can Africans do about this? We don't want our dirty laundry aired in the DAILY EGYPTIAN, but we also don't make the political decisions necessary to defend any identity we may have about ourselves or our people. Yet, we are polemical towards anything that represents white nationalism.

We know most Europeans do not get it. Maybe they're racist, so what? The structures of America and their prior causation support this racist ideology. Maybe our resistance should be more than the embodiment of a name and its mis-constructed ideas. African people represent change, not the name which only seeks to inform and contribute to what we already know. More has to happen for change to occur. Let's not live in the thrill of revolution without revolutionary ideas.

*My Nommo appears on Wednesday. Tommy is a senior in philosophy and political science. His views do not necessarily reflect those of the DAILY EGYPTIAN.*

# Back to school blues

Over Christmas break, I moved back in with my parents. It amazes me how simple my life has become since then. I don't have to ration toothpaste anymore. My days of smuggling the family's toilet paper and light bulbs back to my poverty-stricken apartment are over. It's so exciting to walk into a kitchen where ketchup packets don't have to be zaved, and the spices aren't kept in the salt shaker.

I think the coolest part of living with my parents is the eerie mystical force existing between those walls. I think my family has house elves, like in Harry Potter. I'd forgotten about my bedroom having an enchanted floor. Seriously. Simply scatter dirty clothes all over the carpet, throw some wet towels on top, and leave. Hours later, I come home to find neatly pressed garments hanging in my closet and a clean floor. It's better than a hotel. The only way I can explain it is magic, and this wonderment is second only to my amazing, self-making bed.

Somehow, though, its powers only exist at my parent's house. I think my apartment must have contained kryptonite, because my bed was unable to perform its magical duties when I moved away.

I was working three jobs and still living off Ramen noodles. My professors felt sorry for me.

My professors felt sorry for me. Some of them actually brought me groceries. Now I have to actually be a responsible student, and I'm not sure I'm up to the challenge. Monday night I sat at home, gazing at the pile of first-day



Not Just Another Priddy Face

BY GRACE PRIDDY  
vulcanlogic81@hotmail.com

maybe I don't hate Dawo Matthews quite as much as I always tried to. There was no time for rest or relaxation. I, like many other foolish students, have spent the last three weeks working my butt off trying to pay back debts from Christmas presents I bought in an attempt to fool people into thinking I was not as pathetic and poor as they might have thought. When really, what kind of effort is that? I should have let them keep thinking that, and maybe I'd have some textbook money right about now. Instead, I'm going to have to show up for class with the presents I received in exchange. While the rest of the class is turning in their books to page 50, I'll have to be content sitting in the back row of the lecture hall making breakfast in a toaster that burns Hello Kitty's face on every piece of toast.

So maybe I'm not that far from where I was after all. I don't foresee having book money any time soon, so perhaps I don't have to be a totally together girl just yet. I can stay in my comfort zone of poverty and sub-standard student performance and live out the rest of my days here at SIU siphoning gas to get to Carbondale and bumming lunch off the guys at Aton Comics. But what can I say? It's a Dawg's life.

*Not Just Another Priddy Face appears on Wednesday. Grace is a senior in architectural studies. Her views do not necessarily reflect those of the DAILY EGYPTIAN.*

LETTERS

## Racial profiling exists in our community

DEAR EDITOR:

On November 30, 2001, the Daily Egyptian concluded a week-long focus on diversity. One feature, titled "In Our Minds or In Uniform: Racial Profiling," tended to downplay the issues of racial profiling and police misconduct. Although no police officer in this community has been tried and convicted of racial profiling or race-based misconduct, this fact alone does not mean that no problem exists. Rather, as shown by the recommendations of the City of Carbondale and the Southern Illinois University Task Force on Race and Community Relations, our community suffers from poor race relations and a lack of tolerance for diversity.

The task force was created last May following an off-campus incident involving African-American students and the Carbondale Police Department. Racial tensions escalated after SIUC student Patrick Gant was arrested at a black house party and scores of other African-American students attending the party were placed. In response, many minority students protested and complained they had been harassed continually by the police. Indeed, the Carbondale Branch of the National Association for the Advancement of Colored People believed that police interaction with local African-American citizens and students was so eroded that it called for a Department of Justice investigation. Accordingly, the local NAACP branch made its office available for citizens and students to file complaints supporting an investigation by the Justice Department and asked that such information be sent to its address at P.O. Box 3303, Carbondale, IL 62902.

The notion that our police officers have no racial problems may give comfort to some, but does not serve race relations in our community. The reality in this community is that we do have problems with race and we need to work together towards long-term solutions.

Ed Dorsey  
Carbondale

## Prayer doesn't reflect diverse culture

DEAR EDITOR:

I attended the Fall 2001 graduation ceremony as a member of the audience expecting to hear words of inspiration or encouragement. Instead I was both shocked and offended to hear a prayer read by our Undergraduate Student Government President, Michael Perry. About a week later, I read in the Decatur Herald & Review that it was our Chancellor's decision to have a prayer at graduation. Why? SIUC is a public school. When I was choosing higher education, one of the criteria I used to make my decision was whether a school was parochial or public. I attended parochial school through the eighth grade and wanted no part of parochial schooling in college.

Also, why is it that SIUC needs to reflect the many cultures of the region? Why does it not reflect the many cultures of the students attending SIUC? However, if SIUC truly wants to be a reflection of the culture of the region, it first must stop relying on stereotypes of this region and instead accurately represent the diverse culture of Southern Illinois.

Stephanie Medley  
senior, sociology

## Thousands for administration in feeble budget

DEAR EDITOR:

On the front page of yesterday's Daily Egyptian are two antithetical stories. On the one hand is the report of budget cuts that will reduce classes and student programs at the University. On the other is the news that the University is spending hundreds of thousands of dollars to hire a consulting firm to search for "other subaltern administrators. Is this paradox lost on SIUC's current administrators? Or is their motto "thousands for administration, not one penny for education?"

Warren L. Meinhardt  
retired associate professor of Spanish

READER COMMENTARY

• LETTERS AND COLUMNS must be typewritten, double-spaced and submitted with author's photo ID. All letters are limited to 300 words and guest columns to 500 words. Only topics are accepted. All are subject to editing.

• We reserve the right to not publish any letter or column.

• LETTERS taken by e-mail (editor@siu.edu) and fax (453-8244).

• Phone number needed (not for publication) to verify authorship. STUDENTS must include year and major. FACULTY must include rank and department. NON-ACADEMIC STAFF include position and department. OTHERS include author's hometown.

• Bring letters and guest columns to the DAILY EGYPTIAN newsroom, Communications Building Room 1247.

• The DAILY EGYPTIAN welcomes all content suggestions.

• Letters and columns do not necessarily reflect the views of the DAILY EGYPTIAN.





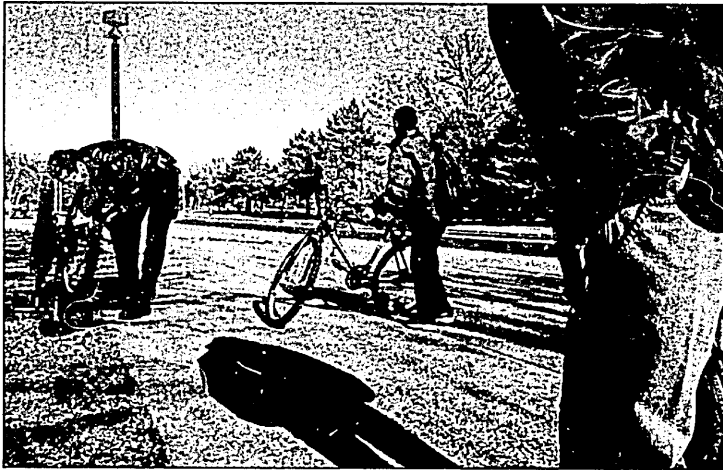
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DEREK ANDERSON - DAILY EGYPTIAN

After riding through a crosswalk near the MCMA building Tuesday afternoon, James Saldana (far right) waits for SIUC Police officer Dave Jennings to finish checking the serial number on his bike. Saldana was cited for failure to walk his bike through the crosswalk.

**SPEED LIMIT**

CONTINUED FROM PAGE 1

"I am in physical therapy now. My left collar bone is still broken, and I have problems with my left knee — it goes out on me when I walk," Thornton said. "My skull is still healing, so I have headaches and sleep a lot."

Thornton said she doesn't believe lowering the speed limit will deter drivers from speeding, but she has seen more cars stopping for pedestrians. She said her accident has made her wary when stepping

through crosswalks.

"I usually just stand there and hope the building will come to me, or I wait until I can sneak across with someone else," Thornton said. "I am afraid to cross the street."

The University Parking Division ordered a total of 350 signs advising students of the new changes at a cost of \$7,000.

The signs advise students of the new speed limit and to walk bikes through crosswalks. Other signs will soon be posted near bike racks across campus reminding bicyclists of the crosswalk rule. Students are encouraged to

become aware of the new changes. Wendler said drivers, pedestrians and bicyclists should make it a point to exercise more caution. He said he is aware of the potential danger crosswalks present.

"[Bicyclists] come up on the crosswalks pretty fast, and a driver is left by surprise with a bicycle in front of them. It has happened to me before," Wendler said. "I would encourage people just to be very careful."

Reporter William Alonso can be reached at [walonso@dailyegyptian.com](mailto:walonso@dailyegyptian.com)

**CUBA**

CONTINUED FROM PAGE 1

trip that might mean more medicines for the Cuban people.

Simon remembered a professor he met at the University of Havana who had cancer. The drugs the professor needed were manufactured in the United States, but he was forced to pay one-third more to buy the medicine in England.

The U.S. government's trade embargo against Cuba was imposed in 1960, after Fidel Castro seized power. Simon called this long-standing policy "strictly a political response to a handful of people in

Miami, older Cuban-Americans who think somehow we are going to topple Castro."

Raul Ayalla, a graduate of SIUC and a Cuban-American, gets furious when U.S. officials establish relations with a dictator he puts in the same classification as Osama bin Laden and Saddam Hussein.

"[Cuban-Americans] see him as a negative person," Ayalla said. "He should still be accountable for his terrorist acts against the Cuban people who were fighting for democracy."

"We are legitimizing his actions when we do these kinds of trips."

But Ryan remains adamant that

both the Cuban people and Illinoisans will benefit from a closer relationship.

"When I led our first humanitarian mission to Cuba I hoped that one day we would help improve the conditions of life for Cubans, and at the same time benefit the people of Illinois," Ryan said in a statement. "On this trip, the people of Illinois will once again reach out to our neighbors in Cuba and build stronger, long-lasting bridges of goodwill and understanding."

Reporter Alexa Aguilar can be reached at [aaquilar@dailyegyptian.com](mailto:aaquilar@dailyegyptian.com)

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**CALL FOR NOMINATIONS**

Established in 1979, the Lindell W. Sturgis Memorial Public Service Award is presented by the SIU Board of Trustees to an SIUC employee to recognize public service efforts—contributions to the community, area, state or nation—based upon activities unrelated to his/her job responsibilities.

Deadline for nominations: February 28, 2002

Please direct nominations to:

Dorothy L. McCombs, Committee Chair  
Constituent Relations and Special Events, Mail Code 6525  
1004 S. Elizabeth

For more information, please call 453-3305.

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Monday through Friday

To Register:  
Contact the Division of Continuing Education at  
618-536-7751 or www.dce.siu.edu

Cost: \$50

Cost: \$50

# Reviewer loves Apple's new iMac

Craig Crossman  
Knight Ridder/Tribune

Apple's new flat screen iMac follows in the company's tradition of creating beautiful works of art that do wonders with a spreadsheet. I predicted its unveiling at this week's Macworld in San Francisco, but I didn't foresee how appealing this iMac would be until I saw it. But no ESP is needed to know that this iMac's simple yet elegant design will appeal to anyone looking for an all in one computer that can get the job done.

All that looking great begins with what you see on the iMac's flat 15-inch color LCD screen that can be raised, lowered and rotated around the base with a mere touch thanks to the precisely balanced arm that holds it in place and is anchored at the top center of the dome. After tilting the screen to your ideal viewing angle, the mechanical arm preserves the screen's position even while raising

and lowering the screen. This ability makes the screen feel as if it is floating on air.

The screen displays millions of colors at a 1024 by 768 resolution. The rest of the computer is housed in a compact 10.6-inch dome base. All the necessary connections are conveniently located at the lower back of the base and include two Firewire, three USB, Ethernet, headphone, speaker, modem and VGA video ports. Even the power supply is in the base so there's no bulky transformer at the end of the power cord.

Three models will be initially available starting with the top of the line version that includes an 800 Mhz G4 processor, 256 MB of memory, 60 GB hard drive and Apple's SuperDrive that reads and writes CD and DVD formats. This model also comes with Apple's external speakers that compliment the built-in speaker.

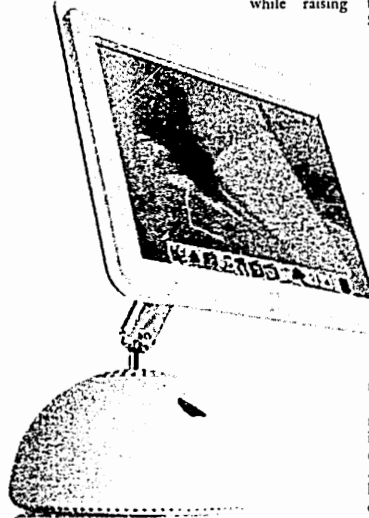
Apple also announced that all Macintosh computers shipping from now on will come with OS 10.1 installed as the default operating system. Announced prices for the new iMacs are \$1,299, \$1,499 and \$1,799.

Apple's other newly announced item is iPhoto. This software application lets you organize and manage your "digital shoe box" of photographic images you've taken with a digital camera, scanned or downloaded. iPhoto lets you crop, scale, rotate images and place them into an online photo album hosted by Apple's servers so that anyone online with access may view your images. You can also send images to Kodak to be printed out on sizes starting from 4 x 6, to a 20 x 30 inch glossy poster size for \$19.99. The photos are delivered right to your door.

One of the nicer iPhoto features is being able to scale thumbnail images on the fly so you can more easily locate pictures. You can organize them into related groups, export them into QuickTime movies and create slide shows.

A brand new feature is the ability to print a real hard-covered book that contains your images and text. A book printing starts at \$29.99 depending on the number of pages in the book. And possibly the best feature of all is that Apple lets you download the iPhoto application for free on their web site.

www.apple.com



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APPLICATIONS FOR UNDERGRADUATE AND LAW STUDENTS ARE AVAILABLE AT YOUR ADVISEMENT CENTER OR AT ADMISSIONS AND RECORDS, WOODY A 103. APPLICATIONS MUST BE COMPLETED AND RETURNED TO ADMISSIONS AND RECORDS, WOODY A 103.

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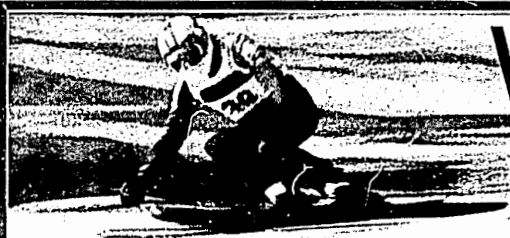
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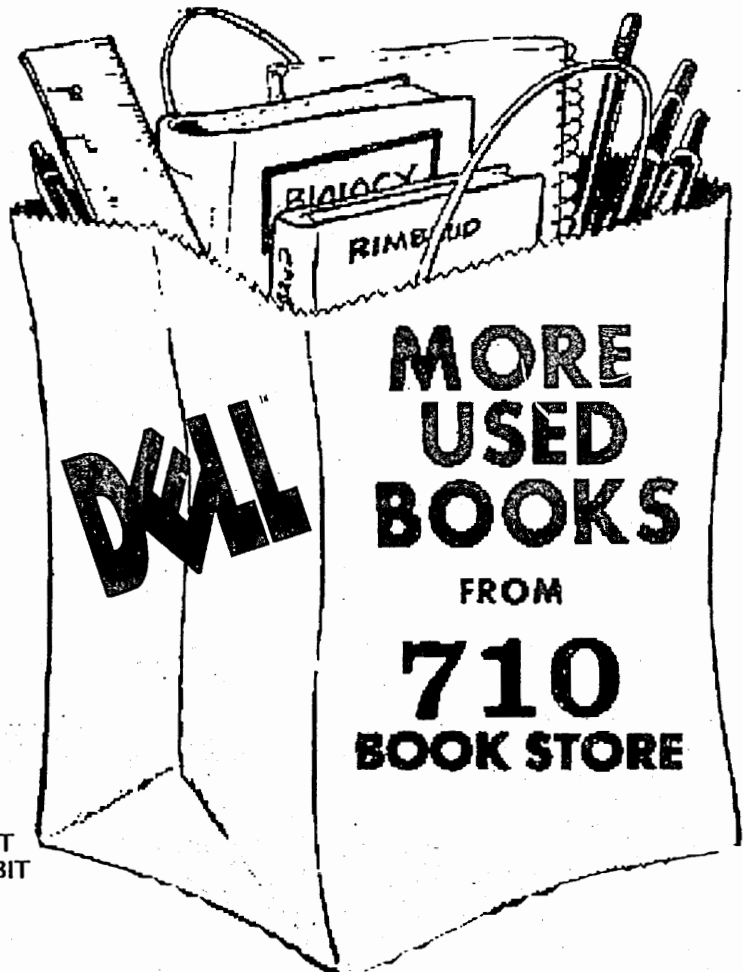


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## Top Ten Destinations To Let Loose This Spring Break

Lindy Brown  
Daily Egyptian

It is probably the most anticipated event in a college student's school year. It is the week that students everywhere drop their books, pick up their swimming suits, and head to the best warm-weather location that their college budget will allow. It is... SPRING BREAK.

Spring Break is not simply a week off of school anymore. Students spend months researching, planning, and saving for this weeklong getaway to their chosen party-central. And these are the top ten places they flock to:

### Top Ten Hottest Spring Break Destinations

**#10 Key West, Florida**  
Its biggest draw is the fact that it is a party town, but it also happens to be quite expensive.

**#9 Rosarito Beach, Baja California, Mexico**  
A little town with a wide range of hotel accommodations, it is cheap, and of course the drinking age (18) is a plus for many college students.

**#8 Mazatlan, Mexico**  
A bit more upscale but still very inexpensive. There are great package deals for students, and again: the drinking age is 18.

**#7 Bahamas (Nassau and Paradise Island)**  
Beautiful, laid back, and a drinking age of 18. But it is expensive.

**#6 Daytona, Florida**  
Mile of incredibly wide beaches, but it is not as big for spring break as it used to be.

**#5 Lake, Havasu, Arizona**  
A Colorado River community with wall to wall watercraft and houseboats.

**#4 Jamaica (Negril)**  
Anything goes here. There is non-stop partying, nude beaches, and varied hotel possibilities.

**#3 South Padre Island, Texas**  
Miles and miles of clean beach consistently warm weather, and it's not too expensive.

**#2 Cancun, Mexico**  
Ideally set for spring break with loose drinking laws and tons of nightclubs.

**#1 Panama City, Florida**  
This is definitely a spring break hotspot.  
Beautiful beaches and a community accustomed to the rowdy spring break crowds. Most of the southeast U.S. seems to flock to Panama City through the months of March to June.

Top Ten determined by: The Travel Channel



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90 HONDA CIVIC, hatchback, 136,xxx mi, a/c, od, manual, good cond, \$2,000, 203-5284.

90 HONDA CRX, 116,xxx mi, \$2,000, manual, aluminum wheels, runs good, \$29-4690.

96 CHRYSLER SEBRING LXI coupe, 77,xxx mi, V6, auto, silver, sunroof, od, \$7,900 obo, 559-5905.

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3 BDRM APT, \$265/mo + 1/3 util, for soiling sem, Meadow Ridge, call 351-9838 ask for Todd.

3 BDRM HOUSE avail Dec 22, family room, 1.5 bath, a/c, very close to SIU, \$750/mo, last mo rent incl, 457-6052.

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SUBLEASER NEEDED SPRING & summer, single apt, 106 1/2 S Forest, 4 bks from campus, private setting, off street parking, \$350/mo, call 618-203-2307.

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2 & 3 BDRM APT, 5 BLOCKS from campus, no pets, call 457-5923.

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2 BDRM, WINDOW air, quiet area, 1 mile N, west of town, c/a, incl water & trash, avail now, call 549-0081.

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MBORO 1 BDRM apt, water & trash incl, \$200/mo, Tri-County Realty, 618-426-3982.

MBORO, 1 AND 2 BDRM, lg and clean, \$250-350/mo, trash and water, call 618-687-1774.

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NICE 2 BDRM, lease NOV to 7-02, no pets, a/c, w/d hook up, great location, deposit, \$29-2535.

SPACIOUS STUDIO, FULLY FURN APARTS near campus, a/c, cable ready, laundry facilities, free parking, water & trash removed, SIU bus stop, manager on premises, phone, 549-6990.

Tired of the parking hassle? Want to class 1-2 BDRM APTS, new construction, next to Communications building, w/d, d/w, microwave, many extras, avail now, 457-5700.

TOP DALE LOCATION, bargain 2 bdrm apt, no pets, call 684-4145 or 684-8862.

TWO 1 BDRM apts & 1 efficiency 1 lum at \$300/mo, o/vr 1 bdrm for \$250/mo, efficiency for \$200, each unit pays 1/3 util, 901 N Oakland, avail immed, 351-5757 after 5pm.

VARIOUS HOUSES AND apartments, roommate situations needed, Bonnie Ovum Property Management, 818 E Main, 529-2054.

**The Dawg House**  
The Daily Egyptian's online housing guide at <http://www.dailyegyptian.com/dawg-house.html>

WEDGEWOOD HILLS, NEW 2 bdrm, appl, \$600/mo, w/d, 3 bdrm lum, \$650/mo, 1/2 pets, 549-5598.

**Townhouses**

ALPHAS BUILDING AGAIN, 2 bdrm, both bdrm suites have whirlpool tub, private fenced patio, w/d, garden window, breakfast bar, cats considered, \$780, dw, avail May/Aug, 457-8194 or 529-2013 Chris B.

ALPHA'S DECIJAN SUBLEASES, 2 bdrm townhome, Unity Point School District \$580 & \$780, 1 bdrm flat at \$450. All places have full w/d and d/w, breakfast bar, spacious rooms, lots of closet space, cats considered, 457-8194, 529-2013, Chris B.

LARGE LUXURY 2 BDRM TOWNHOUSES, new construction, w/d, d/w, a/c, swimming, fishing, Giant City Rd., many extras, 549-8000.

**Duplexes**

1 & 2 BDRMS, clean, close to SIU, deposit, ref, \$275 per mo, 687-2475, lv mess.

2 BDRM, GREAT LOCATION, UNFURN, pets ok, Cambria area, \$375/mo, w/\$300 deposit, call 457-5631.

2 BDRM, NEW floor, carpet & paint, w/d, patio, w/d, no pets, Giant City School District, \$500/mo, 351-7063.

COUNTRY, NICE 2 bdrm, small pets ok, \$450/mo, ref. required, avail Jan, Nancy, 529-1696.

NEAR CRAB ORCHARD lake, 1 bdrm w/corport and storage area, no pets, \$275/mo, 549-7400.

NEAR CRAB ORCHARD lake, nice 2 bdrm & storage room, \$300/mo, no pets, lease req, 549-7400.

NEW CONSTRUCTION, 1 BDRM luxury, on Lake Front; d/w, fireplace, garage, many extras, 457-5700.

WEST OF C'DALE, on Glenn Rd, 2 bdrm, o/a, no pets, \$375/mo plus dep, 987-2150.

**Houses**

NOW RENTING FOR SUMMER & FALL 2002, 1, 2, 3, 4, 5, & 6 bdrms call 549-4808 (9am-5pm) no pets.

.....1 HOUSE LEFT ON CONTRACT FOR DEED..... 549-3850

.....2 BDRM IN THE BOONIES..... MURRY, FEW AVAILABLE..... 549-3850

2 BDRM HOME, newly remodeled, beautiful country setting, swimming pool privileges, near Golf Course, \$550/mo, no pets, ref required, 529-4808.

2 BDRM, window a/c, w/d hook up, quiet area, 1 mile north of town, available now, call 549-0081.

3 BDRM AVAIL, now, close to campus, 1st, last, dep + ref, \$475/mo, 687-2475 or 687-2520, lv mess.

3 BDRM BRICK, avail n/c, Towne Central, 2 bks to campus, parking area, 1st, last, deposit, ref, \$600/mo, 6 mo lease, call Bryant Rentals, 457-5664.

3 BDRM HOUSE, Pump House Road, Mboro, yard mowing, water, trash, frig, stove, \$600, 684-8255.

3 BDRM, CIA, w/d, nice & quiet area, carpet, 1 ml west of town, avail now, call 549-0081.

C'DALE COUNTRY, 3 bdrm, 2 bath, w/d, a/c, gas/heat, beautiful view, huge carport, porch/block, hunting & fishing on farm, call 684-3413.

COUNTRY SETTING, 2 bdrm, carpet, gas, appl, pets ok, \$340/mo, call after 5 pm, 684-5244.

MBOOR WOODED 3 bdrm & 2 bdrm avail, w/d hook up, pet ok, garage w/d, \$475/mo & \$350/mo, call 687-2787.

NEAR CAMPUS, 401 S OAKLAND, 2 bdrm luxury house, w/d, a/c, w/d, no pets, call 684-4145 or 684-8862.

NEAR UNIVERSITY MALL, family of individual, nice w/d, good neighbors, avail 12/22, \$1925/mo, 896-2283.

NEW CONSTRUCTION AND newly remodeled houses on Mill St, central a/c, w/d, w/d, plenty of parking, please call Clyde Swanson, 549-7292 or 534-7292.

NICE 2 OR 3 bdrm, Southwest area, o/a, w/d, carpet, no pets, 529-3581.

NICE COUNTRY & 2 BDRM for 5 students, 6 bdrm, 2 bath, living room, lg family room, 6a, w/d, stove, frig, freezer, deck, patio, Cedar Creek Rd, 529-4459.

PERFECT HOUSE FOR FRATERNITY OR SORORITY. CLOSE TO SIU, WILL BUILD OR REMODEL TO SUIT, CALL CLYDE SWANSON, 549-7292.

ROOMMATE WANTED FOR HOUSE Mill St, 549-7292.

**Mobile Homes**

.....MUST SEE 1 2 bdrm trailer..... \$195/mo & up!!! bus avail..... Hurry, low avail, 549-3850

1 & 2 BDRM MOBILE HOMES, close to campus, \$225-\$400/mo, water & trash included, no pets, call 549-4471.

2 BDRM HOMES, water, sewer, trash pick-up and lawn care, laundromat on premises, Glison MHP, 616 E Park, 457-6465, Roranne MHP, 2301 S Illinois Ave, 549-4713.

2 BDRM, 12x16 wooden deck, shady country location, \$300/mo incl sewer, water & trash, call 867-2346.

2 BDRM, UNFURNISHED trailer, pets ok, trash incl, \$200/mo, references are required, call 457-5631.

2 MILES EAST OF C'Dale, 2 bdrm, water, trash, & lawn care incl, cable frnt, very clean & quiet, NO PETS, taking applications, call 549-3043.

30 X 60, 3 bdrm, o/a, w/d, 2 bath, quiet, private lot, decks, no pets, avail now, \$500/mo, call 549-5991.

CARDONDALE, 2 BDRM, located in quiet area, \$150-\$475/mo, call 529-2432 or 684-2663.

C'DALE, 1 BDRM, \$235/mo, 2 bdrm \$259-\$400/mo, water, gas, lawn & trash incl, no pets, 800-293-4407.

C'DALE, 1 BDRM, close to campus, clean, a/c, gas heat, cable, 529-1422.

C'DALE, 2 BDRM front and rear, close to campus, c/aan, o/a, gas, heat, w/d, cable, no pets, 529-1422.

FROST MOBILE HOMES, 2 bdrms, \$250, \$300, SIU bus route, very clean, 457-8924.

M'PHYSBORO 1 BDRM mobile home, very nice, ideal for 1 person, private lot, no pets, lease req, call 684-5649.

NEWER 2 BDRM, 2 bath, central air, w/d hook up, country setting, please call 684-2365.

NICE 1 & 2 BDRM on SIU bus route, maintenance on site, \$180-\$275, avail now & Jan, call 549-6000.

..... VISIT THE DAWG HOUSE THE DAILY EGYPTIAN'S ONLINE HOUSING GUIDE AT <http://www.dailyegyptian.com/dawg-house.html>

WEDGEWOOD HILLS, 2 & 3 bdrm, lum, no pets, \$360-\$480/mo, 549-5696.

**Help Wanted**

\$250 A DAY potential bartending, training provided, 1-800-293-3985 ext 515.

COUPLE, W/CATS & dog & no children, large house, yard care possible, need housekeeper, 16-40 hrs/wk, flexible scheduling, exp pref, send resume and pay expectations to: PO Box 25/4, C'Dale 62902.

DELI CLERK/STOCK, NOW taking applications for immediate opening at Arnold's Markets, must be avail during holidays & breaks, 11 ml south on hwy 51, no phone calls.

FAMILY MAID NEEDED for 3-5 days a week, 9am-4pm, references needed, 457-0620.

FOCUS GROUP MEMBERS Needed! \$20 cash for 90 Minuta Session Notworthy Communication will conduct community related focus groups on Wednesday, January 23 and Thursday, January 24, 2002 at the Carbondale Civic Center. Groups needed include 1) Head of families 2) SIU Alumni 3) Senior Citizens 4) Ethnic minorities 5) New residents, call 549-0845.

FULL-TIME SALARIED POSITION, Supervise crew, sell jobs, design & consult customers, provide landscape duties. Experience running a landscape crew. Good communication skills. Degree preferred. Good Benefits. 618-997-6897. Send resumes to Changing Seasons, 3915 Ernestine Dr., Marion IL, 62959

HORIZON CAMPS Are you a dynamic, energetic, compassionate, motivated individual looking for the EXPERIENCE OF A LIFETIME? If so, then Horizon Camps is the place for you. Horizon Camps is made up of five OUTSTANDING CO-ED summer camps, seeking AMAZING staff to work with INCREDIBLE kids ranging in age from 7 to 15. Located in NY, PA, ME, and WV, positions are available in the areas of group leading, athletics, theatre-arts, water sports, outdoor education, and so much more. For more information and to complete an application please contact us: [www.horizoncamps.com](http://www.horizoncamps.com) 1-800-544-5448

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PHYSICALLY FIT PERSON, to meet/clean appliances, PT between 1-6 pm, Able Appliance, 457-7757.

SMOKERS EARN QUICK SPRING BREAK CASH EARN \$200-\$300 Participating in smoking research. Women & Men smokers, 18-50 years old, who qualify and complete the study, are needed to participate in smoking research. Qualifications determined by screening process.

STAFF POSITION, EVENINGS, weekends, 20+ hrs, Good Samaritan, 457-5794.

SUMMER CAMP AQUATIC Director, YMCA Camp MacLean in Burlington, WI has an opening for a summer camp Aquatic Director. Must have lifeguard & WSI certification. Must have experience in supervising. Residential position. June 6-Aug 25th, 2002. Salary: \$300/week + room & board. To apply, contact Jeff Tremmel at 262-763-7742.

SUMMER CAMP COUNSELORS, co-ed YMCA summer camp 1.5 hrs north of Chicago is hiring college students to work with youth in beautiful camp setting, laundry, room, board provided. June 10-Aug 17, great chance to gain experience working with kids, YMCA camp MacLean, Burlington, WI, 262-763-7742, [www.campmadean.com](http://www.campmadean.com).

Services Offered

LOSE WEIGHT FAST Herbalife Independent Distributor, 100% natural. Doctor recommended. [www.ohanahealthinfo](http://www.ohanahealthinfo)

STEVE THE CAR DOCTOR Mobile Mechanic. He makes house calls, 457-7984 or mobile 525-8393.

Free Pets

KITTENS OR PUPPIES to give away? 3 lines for 3 days FREE in the Daily Egyptian Classifieds!

Found

FOUND ADS 3 lines, 3 days FREE! 536-3311

Announcements

FRATERNITIES, SORORITIES CLUBS & STUDENT GROUPS Earn \$1,000-\$2,000 this semester with the easy CampusFundraiser.com three hour fundraising event. Does not involve credit card applications. Fundraising dates are filling quickly, so call today! Contact Campusfundraiser.com at (888) 923-3228, or visit [www.campusfundraiser.com](http://www.campusfundraiser.com)

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[www.dailyegyptian.com](http://www.dailyegyptian.com)

**Help Wanted!**

**Spring 2002 Daily Egyptian Job Listings**

The Daily Egyptian is accepting applications for the spring 2002 semester. All applicants must be in good academic standing and must be enrolled for at least 6 credit hours.

**Web Designer**

We're not exactly sure what you'll be doing outside of creating great web page. But if you are a Photoshop expert and have some HTML experience, you'll really love working on a big web site. Nothing looks better on a resume than DE experience! Stop by and fill out an application and include any URL showing your experience. No phone calls please.

**Classified Office Assistant**

- Requirements:**
- Must have at least 6 credit hours.
  - Must be registered for Spring semester 2002.
- Skills:**
- Telemarketing
  - Customer Service
  - Computer software
  - Cash Register

**Circulation Drivers**

- Night Shift
- Good driving record a must
- If you are enrolled in 8am or 9am classes you need not apply

**To Apply**

Complete a DE employment application available at the DE customer service desk in room 1259, Communications Bldg.

**2002 CLASSIFIED ADVERTISING POLICY**

Please Be Sure To Check Your Classified Advertisement For Errors On The First Day Of Publication

The Daily Egyptian cannot be responsible for more than one day's incorrect insertion. Advertisers are responsible for checking their ads for errors on the first day they appear. Errors not the fault of the advertiser which lessen the value of the advertisement will be adjusted.

All classified advertising must be processed before 2 pm to appear in the next day's publication. Anything processed after 2 pm will go in the following day's publication.

Classified advertising must be paid in advance except for those accounts with established credit. A service charge of \$25.00 will be added to the advertiser's account for every check returned to the Daily Egyptian unpaid by the advertiser's bank. Early cancellations of classified advertisement will be charged a \$2.50 service fee. Any refund under \$2.50 will be forfeited due to the cost of processing.

All advertising submitted to the Daily Egyptian is subject to approval and may be revised, rejected, or cancelled at any time.

The Daily Egyptian assumes no liability if for any reason it becomes necessary to omit any advertisement.

A sample of all mail-order items must be submitted and approved prior to deadline for publication.

No ads will be mis-classified.

Place your ad by phone at 618-536-3311 Monday-Friday 8 a.m. to 4:30 p.m. or visit our office in the Communications Building, room 1259.

Advertising-only Fax # 618-453-3248

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BY JAMES KERR

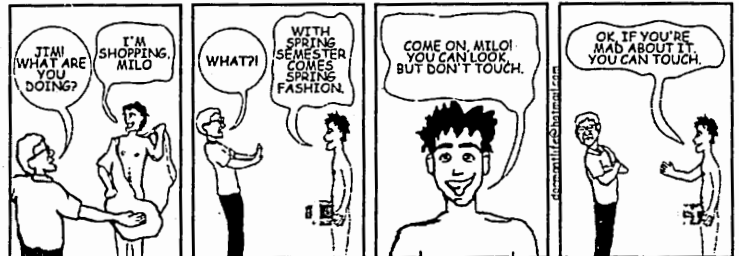


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www.shootmenow.com

Dormant Life

by Shane Pangburn



THE GONGFARMER

BY RANDY REGIER



Let's Save Decatur by Seth Dewhurst

Daily Horoscopes

By Linda C. Black

Today's Birthday (Jan. 16) - You're a do-it-yourself person. That's why you'll be most successful in a tailor-made study program designed by you. How can you teach yourself what you don't know? Buy books, ask experts, surf the Web. It'll work, and this is the perfect year for it.

To get the advantage, check the day's rating: 10 is the easiest day, 0 the most challenging.

Aries (March 21-April 19) - Today is a 7 - Take extra time to mull things over before making any changes. Work your plan out thoroughly in your head before you put it into motion. You might decide to wait, and that might be wise.

Taurus (April 20-May 20) - Today is a 7 - Would you like to take on more responsibility? You might get the chance sooner than you thought. Be nice to a person you previously found intimidating. This act of courage could be the final test.

Gemini (May 21-June 21) - Today is a 7 - Cool it just a little. You may have to explain how you've been spending your time. If this is company time we're talking about, "making new friends" is not a good answer. Try "networking with influential contacts who can help us expand our business."

Cancer (June 22-July 22) - Today is a 7 - As you continue to ponder the situation, strange things start to happen. Some of your annoying problems seem to solve themselves. There are other forces at work, so just wait. Keep things on course and stay alert. There'll be a break in the fog soon.

Leo (July 23-Aug. 23) - Today is a 6 - You're right in the middle of the project and new expenses are coming. Consult with somebody who's been there before. If it's your money being spent, make sure your opinion is taken into consideration and that you understand the reason as well as the cost.

Virgo (Aug. 23-Sept. 23) - Today is a 7 - Did you recently have to do all the work on something? Was it unfair? Maybe you brought it on yourself. If you thought you were the only one who could do the job, reconsider. Train somebody to help.

Libra (Sept. 23-Oct. 23) - Today is a 7 - Whoops! Looks like reality is about to intrude. A job you've postponed is a "most due." You'd rather play, but you'd better take care of it before you're in trouble.

Scorpio (Oct. 23-Nov. 21) - Today is a 7 - The most frustrating part is almost over. You'll have more time for fun and games soon. Keep plugging away at the technical chores as carefully as you can.

Sagittarius (Nov. 22-Dec. 21) - Today is a 7 - Is there something you've heard about that you'd like to try? Looks like your chance is coming. Take your time and follow the instructions. Even then, things won't go exactly as expected. If you get flustered, by looking at the project from a different perspective.

Capricorn (Dec. 22-Jan. 19) - Today is a 7 - You're doing well now, but will this trend continue? How can you ensure that it does? By staying on top of the situation, that's how. Invest in your own education.

Aquarius (Jan. 20-Feb. 18) - Today is a 7 - Some might say you live in a fantasy world, and sometimes you do. But, now is a good time to get practical. You may love the work, but make sure you also get paid.

Pisces (Feb. 19-March 20) - Today is an 8 - Starting to feel better? You should be! You've had a tough battle for the last couple of days. You've had to overpower your own resistance. Congratulate yourself on what you've accomplished.



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or come by  
Life Sciences  
Room 317 or 3

**JUMBLE** THAT SCRAMBLED WORD GAME  
by Heret Arnold and Mike Argleton

Unscramble these four Jumbles, one letter to each square, to form four ordinary words.

AXMMI  
NECH  
RILIXE  
ACCUST

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His spooky books are always best sellers.

HIS STORIES TURNED HIM INTO THIS.

Now arrange the circled letters to form the surprise answer, as suggested by the above cartoon.

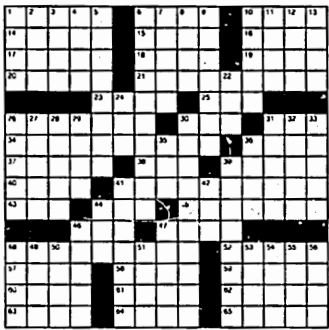
Print answer here: A " " (Answers tomorrow)

Yesterday's Jumble: TOPAZ DUSKY VASSAL DOUBLE  
Answer: What she served the obnoxious diner - A "TOSSEED" SALAD.

JUMBLE CLASSIC SERIES NO. 27 - To order, send your name, address and \$2.95 and make check payable to Tribune Media Services, P.O. Box 4200, Chicago, IL 60640-4200.

### Crossword

- ACROSS**  
 1 Battlefield doc  
 6 Forgo eating  
 10 Jewels  
 14 Legal defense  
 15 Concerning  
 16 Flaming Gorge stalo  
 17 Brand  
 18 Subway station  
 19 Bluffin' or yellowfin  
 20 Spanish beat  
 21 Galivanting  
 22 Composition for three  
 25 Ululate  
 26 Took a liking to  
 30 Wages  
 31 Letterman's network  
 34 Related to the environment  
 36 Runny French cheese  
 37 Respond to  
 38 'Town' drama, "Town"  
 39 Fad  
 40 Low card  
 41 Cross-examined  
 42 Downcast  
 43 Clear tables  
 45 Beginnings  
 46 Conclacress  
 47 "...and the King"  
 48 Principal dancer  
 52 Supplest  
 57 Locality  
 58 Math course  
 59 Avoid  
 60 Thailand, once  
 61 Simplicity  
 62 Solitary one  
 63 Skaler Lipinski  
 64 Links pegs  
 65 Left Bank river
- DOWN**  
 1 Atlas pages  
 2 Jazzy Fitzgerald  
 3 Push-button  
 4 Irenunne  
 5 Heron relative  
 6 Tackit  
 7 Exacting  
 7 Housen pro  
 8 Greek portico  
 9 Contemporary  
 10 Persevering  
 11 Pin box  
 12 Singer Aimee  
 13 Linen cut  
 22 Bo nosy  
 24 Sid  
 26 Noteworthy acts  
 27 Capital of Ghana  
 28 Well-known  
 29 Sate  
 30 Rectories  
 31 Wading bird  
 32 "Carmen" composer  
 33 Ranked players in tournaments  
 35 Pool stick  
 36 Partnership abbr.  
 39 Strongholds  
 41 Foursome  
 42 Wine cask  
 43 Quilters' gathering  
 46 Andes animal  
 47 Licorice flavoring  
 48 Hemp fiber  
 49 Piece of Puccini  
 50 Shakespearean king  
 51 "Dies..."  
 53 Shaving-cream additive  
 54 Pueblo people  
 55 Steinbeck's "East of..."  
 56 Withered



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### Solutions

ACROSS	1	ENTRANCE	6	FORGONE	10	JEWELS	14	LEGAL	15	CONCERNING	16	FLAMING	17	BRAND	18	SUBWAY	19	BLUFFIN'	20	SPANISH	21	GALIVANTING	22	COMPOSITION	25	ULULATE	26	TOOK	30	WAGES	31	LETTERMAN	34	RELATED	36	RUNNY	37	RESPOND	38	TOWN	39	FAD	40	LOW	41	CROSS	42	DOWNCAST	43	CLEAR	45	BEGINNINGS	46	CONCLACRESS	47	...AND	48	PRINCIPAL	52	SUPPLEST	57	LOCALITY	58	MATH	59	AVOID	60	THAILAND	61	SIMPLICITY	62	SOLITARY	63	SKALER	64	LINKS	65	LEFT																																		
DOWN	1	ATLAS	2	JAZZY	3	PUSH	4	IRENUNNE	5	HERON	6	TACKIT	7	EXACTING	8	ENTRANCE	9	CONTEMPORARY	10	PERSEVERING	11	PIN	12	SINGER	13	LINEN	14	LEGAL	15	CONCERNING	16	FLAMING	17	BRAND	18	SUBWAY	19	BLUFFIN'	20	SPANISH	21	GALIVANTING	22	COMPOSITION	23	COMPOSITION	24	SID	25	ULULATE	26	TOOK	27	CAPITAL	28	WELL	29	SATE	30	WAGES	31	LETTERMAN	32	CARMEN	33	RANKED	34	RELATED	35	POOL	36	PARTNERSHIP	37	RESPOND	38	TOWN	39	FAD	40	LOW	41	CROSS	42	DOWNCAST	43	CLEAR	44	CONCERNING	45	BEGINNINGS	46	CONCLACRESS	47	...AND	48	PRINCIPAL	49	PIECE	50	SHAKESPEAREAN	51	"DIES..."	52	SUPPLEST	53	SHAVING	54	PUEBLO	55	STEINBECK'S	56	WITHERED

### No Apparent Reason

by Brian Eliot Holloway

**MR. CONTROL 3050**

New features include:  
 \*Power access to every single appliance in your home and even some in your neighbor's house!  
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 \*Alter your mood with the push of a button!  
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Remove and this means you can actually use it!  
 (It is 6 feet 3 inches tall!)

### Girls and Sports

by Justin Borus and Andrew Feinstein

HELLO MY DEAR FRIEND BRADLEY. I'VE GOT THE PARTY OF THE YEAR FOR US TONIGHT...

...IT'S TEN DOLLARS "ALL YOU CAN DRINK." THERE'LL BE TONS OF GIRLS...

...AND THEY'RE PLAYING '80s MUSIC ALL NIGHT. SO ARE YOU IN?

YOU HAD ME AT HELLO

### Doonesbury

by Garry Trudeau

"DEAR DON AND MIKE: HOW COME YOU DON'T TRASH BUSH AS MUCH AS YOU USED TO? ARE YOU AFRAID YOU'LL BE CALLED UNPatriotic?" ALICE P. DALLAS

US? AFRAID? CHECK OUT AN CONTRAIRE. THIS POST-9/11 ALICE - HERE - NO HASB - CHARGING AS EVER!

THIS THURSDAY, TICKET DEALERS AND AIRLINES WILL FLY OUT OF ROUND REAGAN AIRPORT!

WOULD HE PRINT THAT IF HE WERE YELLER?

NO KLAUS! THIS IS GUTSY STUFF!

### Mixed Media

by Jack Ohman

..IS THAT YOU TONY? -YOU LOOK ANFUL..

THE PROBLEM WITH FACE RECOGNITION SOFTWARE...

### Helen, Sweetheart of the Internet

by Peter Zale

YOU COMPUTERIZED MY ENTIRE COBODY?

IT WAS DUMB?

NO! YOU DON'T GET IT, TOUCH THE DOOR.

HELLO, I'VE BEEN ENTERED BY YOUR FRIENDS 257 TIMES.

NONE BY MEN.

I NEEDED TO KNOW THAT!

WELL, YOU KNOW YOU HAVEN'T BEEN ROBBED!

### Jeff MacNelly's Shoe

by Chris Cassatt and Gary Brookins

..IS THAT YOU TONY? -YOU LOOK ANFUL..

THE PROBLEM WITH FACE RECOGNITION SOFTWARE...

## League Bowlers

**WANTED**

Faculty/Staff Leagues Begin Monday January 14 6:30 pm

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# Illinois State University gears up for conference game

Illinois State U. men strive for consistency, road win tonight

By Chris Jamroz  
The Daily Vidette (Illinois St. U.)

**(U-WIRE) NORMAL** — The Illinois State men's basketball team heads back out on the road tonight for a 7:05 p.m. Missouri Valley Conference matchup against Creighton.

The Redbirds (6-10, 2-3 MVC) fell to the Bluejays 76-62 in Redbird Arena Jan. 2.

"We turned the ball over during that game at crucial times," ISU head coach Tom Richardson, said. "With Creighton the key thing is to handle their press the first ten minutes of the game and slow the game up a little bit and hopefully have a chance at the end."

The Redbirds and Bluejays (9-5, 4-1) first meeting was a close-knit contest for the first 20 minutes, with 14 lead changes. But, a .620 field goal percentage in the game by Creighton and key late minute spurts by Creighton's top player, Kyle Korver (16.0 ppg), proved to be too much for ISU.

A key statistic for Creighton in the previous win was the 19 points that the Bluejays scored off lay-ups or shots close to the bas-

ket. "In that game [the Jan. 2 contest] we gave up 19 lay-ups and they shot a terrific field percentage, with a lot of those [shots] in transition, so that's something we've really got to sure-up," Richardson said. "We really can't give them easy looks. They're too talented."

A key for the Redbirds in their second meeting with the Bluejays will be to cut down on those easy scores, which is where junior center Andy Strandmark comes in.

Over the last two games Strandmark has provided Richardson with strong interior defense and some flashes of low post scoring. A front court lineup of Strandmark and Baboucar "Boo" Bojang gives ISU a combination of bulk and speed, which would be ideal according to Richardson.

"That's a lineup I'd like to have out there more," Richardson said. "It [the lineup of Strandmark and Bojang] really helps us defensively because of Andy's body and I think it frees up Boo to guard a less physical, smaller guy. Andy's as big as anybody in the league so he can take the big guy out there."

"It gives us a better rebounding lineup and it gives a 1-2 punch down low."

Another factor Richardson has been stressing to his players is the need for more consistent play both physically and mentally.

"We just need consistency from the guys," Richardson said. "Home, away we need con-

sistency, not letting one bad play lead to another bad play or one bad play lead to letting up on defense because you missed a shot."

"They really don't have to do anything there not capable of just to play to their potential. Then I think our team will be a lot better."

Although Richardson has stressed those needs for improvements there have been aspects of his team's play in which he has seen strides being made in the right direction.

"The best thing we've done over the last couple of games is to take care of the ball and rebound," Richardson said. "I've been pleased, especially the last two games, with our rebounding. We've had double digit rebounding advantages the last two games."

With this trip the Redbirds will be looking to get their first road win since defeating UC-Irvine in the second game of the season at the University Hoops Classic in Pittsburgh.

According to Strandmark, the veterans on the team are use to this trip and he said he believes it won't be a factor on the Redbirds play.

"For a majority of us, we've been at Creighton, it'll be our third time there," Strandmark said. "So I don't think that will be a factor."

Currently the Redbirds are 5-2 in Redbird Arena and 1-8 away from the nest.

## Books

CONTINUED FROM PAGE 4

buyback is the professor's decision about the book.

"If the same book was used every single semester, we would pay back half on every book we sold," Croson said.

Professors have a deadline, usually three to four months in advance, to tell the stores their choices for the next semester. Croson said if the professors wait until the first part of January to make their decision, then it is too late to price the book properly for buyback.

Amidst the economic boundaries which produce the bookstore's pricing and buying limits, the stores try to help students get the most for their money.

During buyback, Saluki Bookstore offered students 10 percent off on their new book purchases for the following semester with every \$100 dollars sold back to their store.

710 Book Store offers computer assistance to students with the same people who work with similar computer systems on campus.

This semester, University Bookstore is passing out game cards with every purchase, in which students can check on a website if they won prizes including a ski trip package.

Johnson said students need to take a personal responsibility for the whole process. He said the average student puts a lot of thought into buying a pair of jeans. Yet, he said they look at buying a textbook as a necessary evil.

"The earlier students buy their books, the better," Johnson said. "Take advantage of the things that are out there."

Reporter Samantha Edmondson  
can be reached at  
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GEOG 103-3	World Geography	POLS 444-3	Policy Analysis <sup>2, 10</sup>
GEOG 303-3	Earth's Biophysics, Env.	<b>Russian</b>	
HIST 110-3	Twentieth Cent. Amer.	RUSS 480-4	Russ. Realism (in English) <sup>10</sup>
HIST 202-3	America's Religious Diversity <sup>3</sup>	<b>Spanish</b>	
MUS 103-3	Music Understanding	SPAN 140A-4	Elementary Spanish <sup>9</sup>
PHIL 102-3	Intro. to Philosophy	SPAN 140B-4	Elementary Spanish <sup>9</sup>
PHIL 104-3	Ethics	<b>Women's Studies</b>	
PHIL 105-3	Elementary Logic	WMST 492-3	Women in Religion
PHSL 201-3	Human Physiology	<b>ON-LINE SEMESTER-BASED COURSES:</b>	
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SOC 108-3	Intro. to Sociology	HED 489-3	Introduction to Vital Statistics
WMST 201-3	Multicultural, Perspective Women <sup>3</sup>	IMS 366-3	Application of Tech. Writing <sup>8</sup>
<b>Administration of Justice</b>		IST 370-3	Introduction to Oracle <sup>8</sup>
AJ 290-3	Intro. to Criminal Behavior	IST 414-3	Trends and Issues
AJ 310-3	Intro. to Criminal Law	IST 415-3	Cases in Information Systems <sup>4</sup>
AJ 350-3	Intro. to Private Security	JRNL 301-3	Principles of Advertising (497-3 for Undergrad)
<b>Art</b>		MCMA 501-3	Intellectual Property
AD 237-3	M'an. in the Vis. Arts <sup>1, 11</sup>	MCMA 503-3	The Technology of Mass Communication
AD 347-3	Survey- 20th Cent. Art <sup>11</sup>	MCMA 506-3	(497-3 for Undergrad) Law & Policy Mass Comm.
<b>Biology</b>		MCMA 534-3	Qual. Research Methods in Mass Comm.
BIO 315-2	History of Biology <sup>3</sup>	PHIL 102-3	Introduction to Philosophy
<b>Finance</b>		POLS 213-3	State and Local Government
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FIN 320-3	Real Estate <sup>4</sup>	REHB 512-3	Legal & Ethical Issues Beh. Anal.
FIN 322-3	Real Est. Appr. <sup>4</sup>	REHB 551-4	Rehab Counseling
FIN 350-3	Small Bus. Finance <sup>4</sup>	REHB 575-4	Case Management in Rehab
<b>General Agriculture</b>		REHB 593-3	Research in Rehab
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GNAG 318-3	Intro. to Computers in Ag. <sup>3</sup>	RT 571-3	Telecommunications Policy <sup>4</sup>
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GEOG 330-4	Weather	WED 502-3	Multimedia Delivery of WED by Distance Learning <sup>8</sup>
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MGMT 341-3	Organizational Behavior <sup>4</sup>		
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MKTG 304-3	Marketing Management <sup>4, 5, 6, 7</sup>		
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MKTG 329-3	Marketing Channels <sup>4, 5, 7</sup>		
MKTG 350-3	Small Bus. Mktg. <sup>3, 4</sup>		
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## BROOKS

CONTINUED FROM PAGE 24

"I was pretty upset at first, but I looked at in the long run, and it really helped," Brooks said.

After a stellar senior season at Jennings High School in St. Louis, where he averaged 25.0 points and 6.2 rebounds per game, it was hard for Brooks to sit on the sidelines.

SIU head coach Bruce Weber said the decision to sit Brooks was due to the fact he didn't always play at a high intensity level. Weber said by the end of the year, he could've contributed to the Salukis, but earlier he just wasn't ready.

"He's very cool and composed, and nothing seems to rattle him," Weber said. "But at the same time, when you play a team that the intensity level's up, now you've got to pick up your level of intensity, and he had to kind of get used to that."

Although he was denied the opportunity to show his stuff right away, when Brooks looks back on the year off, he feels it gave him an advantage over the

other players.

"It helped me physically to develop my body. It just helped my confidence and my game," Brooks said. "When I came back, I just felt like I had an edge. I'm more professional since I've already been to practice. I just felt I knew a lot more than most guys coming in."

One of the most noticeable changes in Brooks' game since he arrived in Carbondale is his transformation from more of an offensive-minded player to one of the more complete players on the Salukis' roster.

Brooks credits SIU's coaches with helping him realize you have to play solid defense to be successful at this level and points to the long hours and endless defensive drills for his improvement.

"Everybody out here can score points, but you've got to defend," Brooks said. "In high school I really didn't have to defend much because there weren't many good players, but at this level everybody can score, so you got to get down and you gotta play hard defense."

Brooks' teammates feel red-shirting not only helped Brooks

"You want to be out there playing, and you get mad when you're just sitting there..."

Kent Williams  
Junior, SIU basketball

develop his body and his game, but also gave him an inner fire to show the skills he had to put on the back shelf the previous year.

"For him to sit out a year, you get determined," Williams said. "You want to be out there playing, and you get mad when you're just sitting there, so it kind of sparked him and got him going now and eager to just go out there and show something."

No matter how much he shows, you'll be hard-pressed to hear the laid-back Brooks boast about it.

"I don't talk a lot on the court to the opposing team," Brooks said. "I just play and let my game speak."

Reporter Jens Deju can  
be reached at  
jdeju@dailyegyptian.com



Although Brooks redshirted last year, this season he is averaging more than 10 points and four rebounds per game. A St. Louis native, Brooks has also risen to take the position as the Salukis' "sixth man".  
DEREK ANDERSON  
DAILY EGYPTIAN

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**SPORTS BRIEFS**

**Lineups for upcoming Alumni Game announced**

SIU men's basketball coach Bruce Weber has announced the lineups for the Alumni Game that will take place at 5 p.m. Saturday at the SIU Arena.

The game will feature 18 former players from as far back as 1968, and they, with 20 additional former Saluki players, will meet fans and sign autographs during halftime of the Indiana State game later that evening.

Those alumni who will participate in the game include: Nathaniel Bufford (1984-85), David Busch (1986-90), Josh Cross (1997-01), Robert Eldridge (1968-72), James Jackson (1995-99), Dan Kieszkowski (1975-79), Adam Knewston (1993-94), Brian Laur (1994-96), David Montfort (1973-74), Tim Pace (1992-94), Tim Ricci (1973-75), Jay Schafer (1986-90), Abel Schrader (1997-01), Ian Stewart (1991-95), Chris Thunell (1997-00), Aminu Timberlake (1993-96), Dan Weiss (1982-86) and Matt Wynn (1987-92). Doors at the Arena will open at 4:30 p.m.

**Athletic Department advises students to steer clear of lines**

Nobody likes lines, and the SIU Athletic Department is advising students to take the necessary steps to avoid them.

Due to the large crowds that have been attending Saluki men's basketball games this winter, there have been problems with long lines building up to buy tickets and enter the SIU Arena on gamedays.

Julie Beck, who handles ticket matters for the Athletic Department, strongly urges students to come to the ticket office in Lingle Hall during business hours prior to gamenights to avoid unnecessary congestion.

Beck said people arriving just a few minutes before tip-off needing to purchase tickets is causing many fans to miss the start of games. Fans can begin entering the Arena an hour before gametime.

"With as many people as we're accommodating, we just want to make it as comfortable as we can for our customers," Beck said.

With students back on campus and expected to show up to games in large numbers, the problem could worsen unless they start securing their tickets earlier. Students who bring valid ID's can nab free student tickets between the hours of 8 a.m. and 4:30 p.m. Monday through Fridays. Tickets are also available on gamedays beginning at noon for the remaining Saturday night games.

The next Saluki home game is Saturday at 7:05 p.m., when SIU welcomes Indiana State.



**Men's Basketball**  
 Wed., Jan. 16 at Bradley (Peoria) (WBU-TV) 7:05 p.m.  
 Sat., Jan. 19 vs. Indiana State (Carbondale) 7:05 p.m.

**Women's Basketball**  
 Thurs., Jan. 17 vs. Indiana State (Carbondale) 7:05 p.m.  
 Sat., Jan. 19 vs. Illinois State (Carbondale) 8:05 p.m.

**Swimming & Diving**  
 Sat., Jan. 19 at Western Kentucky (Bowling Green, Ky.) 1 p.m.

RANDY WILLIAMS' DAILY EGYPTIAN

**BRADLEY**

CONTINUED FROM PAGE 24

and you're at a hotel and everything's controlled. It's going to be tough up there at Bradley."

Freshman wing Stetson Hairston thinks the Salukis can eventually pull away from the MVC pack, provided their defense and intensity does not waver. The Salukis are currently in a three-way tie for first in the Valley, and will probably need to overcome their in-state nemesis tonight to remain perched atop the standings.

"We need our road wins, and this is a big game for us," Hairston said. "If we keep playing hard and playing defense like we did against Northern Iowa, everything will work out."

Reporter Jay Schwab can be reached at [jschwab@dailyegyptian.com](mailto:jschwab@dailyegyptian.com)

**SALUKI BASKETBALL**  
**BASKETBALL PREVIEW**  
 Southern Illinois University (14-3, 4-11 MVC) vs. Bradley University (5-9, 2-3)  
**Salukis** vs. **Braves**  
 Tonight, 7:05 p.m. at the SIU Arena, Peoria. TV: WSIU Channel 8. Radio: Hoop 151 FM.  
**The Word on the Salukis:**  
 The Salukis will try to re-establish themselves away from home after dropping their last road game to Wichita State. In its last outing, SIU thumped Northern Iowa 83-58 Saturday at the Arena. Freshman Darnell Brooks played the best game of his Saluki career against the Panthers, pouring in 19 points. SIU is still looking for better bench production from Brad Knorr and Tyrese Eubank.  
**The Word on the Braves:**  
 Bradley is young, has trouble scoring and is maddeningly inconsistent. On the plus side, the Braves are athletic and, as usual, a formidable defensive squad. Sophomore Philip Gilbert is BU's top scorer, while freshman point player Danny Granger has had an impressive debut season. Maurice Robinson and James Gilchrist are complete complements for Gilbert in the backcourt.  
**Bottom Line:**  
 SIU has already been burned once by an upstart young team, but this should be the year for the Salukis to break through at Center.

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# INSIDE THE DAWG HOUSE

JANUARY 16, 2002

SOUTHERN ILLINOIS UNIVERSITY

PAGE 23

*"Let's face it, a wife can sometimes be a deterrent to a good golf game"*

## Love & Sports

*When athletics collide with personal lives, it makes sports figures realize there's more to life than just wins and losses*

STORY BY TODD MERCHANT

ILLUSTRATION BY RANDY WILLIAMS

The sports world was rocked earlier this month by the announcement that Michael Jordan's wife had filed papers to begin divorce proceedings with the basketball superstar.

Although it has become commonplace in recent years for athletes' family problems to become public, this recent announcement seemed to strike a nerve in the media as well as the sports community.

The personal problems of such a high-profile celebrity has prompted some to evaluate the relationship between sports and the personal lives of its stars, and the pressure each puts on the other.

Perhaps the most obvious strain athletics can put on a relationship is the amount of travel involved. Players and coaches are constantly traveling back and forth across the continent while their loved ones are often forced to stay at home, tending to family business and raising children.

Jordan, who recently came out retirement for the second time in his career, plays home games in Washington, D.C., and rarely saw his wife and children, who reside in Chicago.

Jordan, who had been married to wife Juanita for 12 years, is not the only sports star who has to walk a fine line between sports and relationships.

Tiger Woods, the most popular golfer in the world, has had his share of personal problems, and much of them have invoked the commentary of his father, Earl. Earl Woods, who has a history of speaking his mind, made several remarks in June 2001 after Tiger broke up with his girlfriend of two years.

Earl Woods said that he did not want his son to marry before the age of 30 because he believed a wife would interfere with his son accomplishing his major goals in golf.

"Let's face it, a wife can sometimes be a deterrent to a good game of golf," Woods said in an interview with Golf Today last June. "The level he's at, the finite little problems like that would destroy him."

The struggle between love and sports stretches far beyond the professional ranks of athletics, down to the college and prep levels. Several coaches and athletes at SIU have a first-hand understanding of the fragile balance between athletics and personal lives.

SIU football head coach Jerry Kill said coaching is a tough profession for a family, especially a young one. He said there is a great strain and struggle early in a marriage and it takes a few years to get used to it.

"It's not so much the job as it is the time and commitment that goes into it," Kill said. "Sometimes you're like a doctor — you're always on call."

Kill, who has been married to his wife Rebecca for 15 years, said it took her some time to adjust to the lifestyle.

"It takes a real special wife to be a coach's wife," Kill said, "and my wife is a real special lady."

SIU men's basketball head coach Bruce Weber said he's lucky because he found just that kind of lady and married her a little more than 20 years ago.

Weber said there are two sides to being in a coach's family — the wife and kids have to understand the job and have patience, but the coach also has to be willing to give them his free time, when he has it.

"I think the most difficult part is you get so involved in the coaching part of it, and if you allow it, it overwhelms you," Weber said. "You have to have the discipline to go home and block it out and give your wife and kids quality time."

Weber also said that having a family can have its advantages as far as coaching. He said that when he spends time with his family, it helps put everything into perspective.

"I think the nice thing about your family is that it gives you a freshness away from the job," Weber said.

Weber's wife, Megan, said she doesn't think that she'll ever get used to being away from her husband so much, but she has come to appreciate it to a certain degree.

"You realize how much you love someone when you're apart," Megan said.

Megan did, however, reiterate her husband's sentiments on the importance of leaving the job at the office.

"Bruce is a man who doesn't bring the losses home," Megan said. "If he did, I wouldn't be here."

For the vast majority of the student-athletes at SIU, sticking with a boyfriend and girlfriend for an extended amount of time can be a difficult task. There are, however, a few athletes on campus who have found true love and are married.

Corne Prozesky is one of SIU's top male swimmers — he has been named to the MVC All-Conference team all three seasons he's been in Carbondale — and has been married to his wife Lourenke for the past three years.

Prozesky and Lourenke were married in their native South Africa, but in

order for Corne to raise his swimming skills to the next level, the couple had to relocate to the United States.

"It was hard. We miss our family," Prozesky said, "but she understands that it's my life's dream to be the best that I can be."

Lourenke is an attorney in Carbondale, which means that she is unable to spend a lot of time with her husband. She said her only free time is on the weekends, and Corne is often busy swimming.

The couple is forced to wait until the offseason before they spend much quality time together, which certainly adds an obstacle to the relationship.

"It's not like it's a strain," Lourenke said, "it's more like a loneliness."

Being away from loved ones seems to be the biggest problem facing athletes regarding relationships, and it is not necessarily the distance, but the fact that homebound spouses feel abandoned.

In a six-page petition issued by her lawyer, Juanita Jordan said irreconcilable differences had caused "the irretrievable

breakdown" of her marriage to the basketball superstar and future attempts at reconciliation "would be impractical and not in the best interests of the family."

Following the announcement, Jordan did not wish to discuss the divorce proceedings too in-depth publicly, but he did give a positive outlook on his future.

"When you have personal issues, sometimes work is a great avenue to deal with it and move on," Jordan said. "Things will work out in the long run."

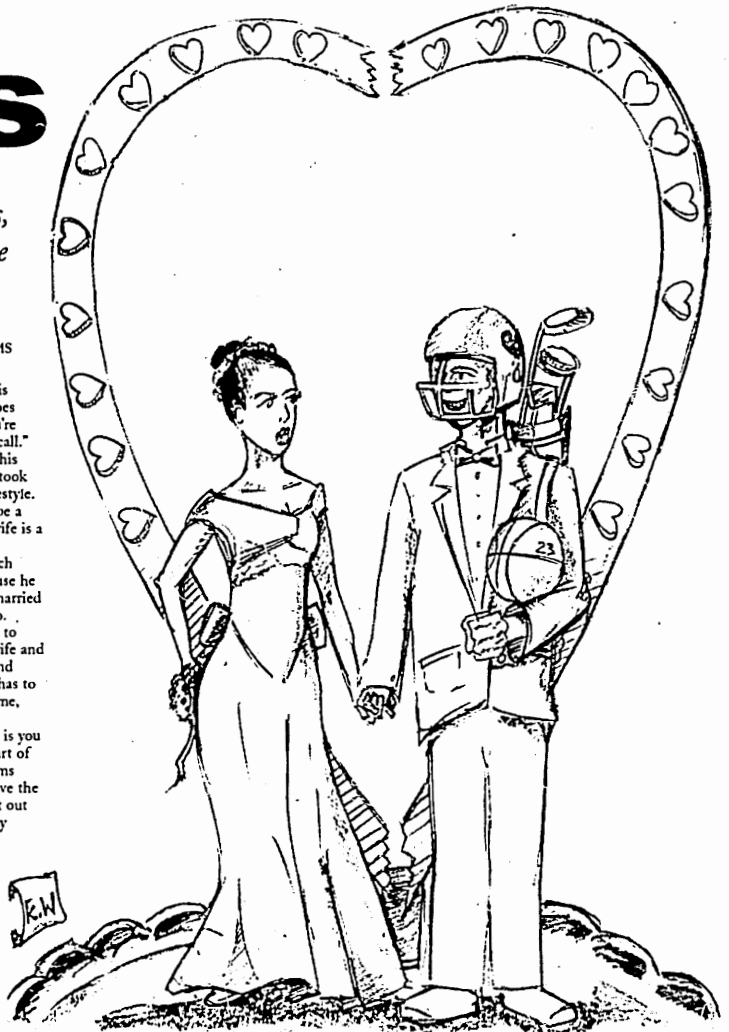
Whether it be one of the greatest basketball players of all time or a relatively obscure college football coach, it is certain that those involved in athletics will have to deal with the tug-of-war between sports and happy personal lives.

If nothing else, the strain is a reminder to people like Kill that there are more challenging aspects to life than sports.

"One of the hardest jobs in the world is being married," he said.

Reporter Todd Merchant can be reached at [tmerchant@dailyegyptian.com](mailto:tmerchant@dailyegyptian.com)

Earl Woods  
father, Tiger Woods



## Dawgs ready to pounce Braves

Weber wants team sick before, not after game

Jay Schwab  
Daily Egyptian

Bradley's Carver Arena has been one of those old haunts for Bruce Weber filled with frustration.

The fourth-year Saluki head coach has never beaten the Braves on their home court, stomach-aching some heartburn-inducing moments along the way. Seeing his Salukis squander a 17-point second half lead and fall to BU last season added an exclamation point to SIU's Peoria problems.

This year, though, the Salukis enter tonight's contest (7:05 p.m., WSIU-TV) a substantial favorite. And Weber is hoping that his team's sour feelings toward Bradley will be supplemented by leftover angst generated in last week's conformance at Wichita State.

"Hopefully they still have that sick feeling in their stomach after Wichita," Weber said. "Even though you had a pretty convincing victory here Saturday with a great crowd, it hasn't been that long ago that we lost and we constantly remind them."

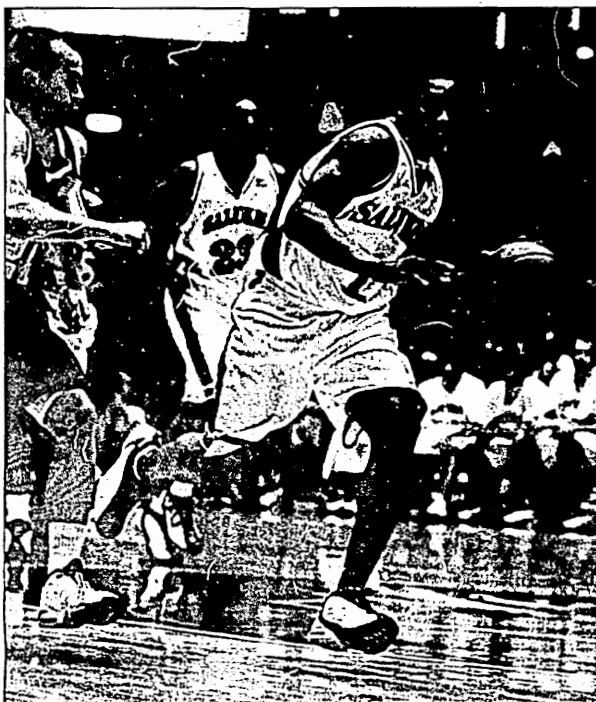
SIU (14-3, 4-1 Missouri Valley) rebounded from the Wichita loss by drubbing Northern Iowa on Saturday, but now the Salukis have to head back on the road. By no means are the Salukis the only team to flounder at Carver Arena, where the Braves habitually excel in front of large and hostile crowds.

But even a monstrous home court advantage hasn't been enough to salvage a struggling Bradley team this year. The Braves (5-9, 2-3 MVC) feature an exceedingly young lineup, and have already fallen at home three times.

Although Bradley is young, head coach Jim Molinari has some talent and athleticism at his disposal. Sophomore guard Phillip Gilbert (14.6 ppg) and freshman forward Danny Granger (9.4 ppg, 6.7 rpg) are among the MVC's best underclassmen.

"The last time we played against a young group with a lot of freshmen guys, they kicked our butt at Wichita," SIU center Rolan Roberts said. "We just have to play smart and play together. If I don't get in foul trouble and Jermaine (Dearman) doesn't get in foul trouble, we should be fine."

As you'd expect from a young team, BU has been quite inconsistent so far. That was illustrated during the Braves' last road trip, where they



DEREK ANDERSON/DAILY EGYPTIAN

Saluki guard Darren Brooks leads a break-away against Northern Iowa during Saturday's game at the SIUC Arena. Brooks finished the game by scoring a career-high 19 points and was five of six from the three-point range.

started by stunning Southwest Missouri State before falling to woeful Evansville in their next game.

Not knowing what kind of performance to expect out of Bradley adds to tonight's suspense. "They've got young guys who are athletic, who can get to the boards, get tip-ins, and they're quicker to the ball," Weber said. "But we have to stay out of foul trouble, play with aggressiveness and guard like we did [against Northern Iowa] the other night."

The Salukis possess a decided advantage over Bradley in the paint, where Roberts and

Jermaine Dearman should be able to exploit a green Braves frontline. Roberts is hopeful that the Salukis will be tough on the road the rest of the way, a factor likely to determine SIU's chances of winning the conference.

Three of SIU's next four games are away from Carbondale, where the Salukis are undefeated this season.

"You get in such a routine at home," Roberts said. "You get used to preparing yourself mentally for the game, and then you go on the road

See BRADLEY, page 22

Freshman guard packs punch off Saluki bench

Jens Deju  
Daily Egyptian

Last summer, SIU freshman guard and St. Louis native Darren Brooks honed his skills by going toe-to-toe with some of the best players his hometown has to offer.

"I played with Larry Hughes, Darius Miles, Maurice Baker, Cris Carrawell, Jahidi White, a lot of great players from St. Louis, and it just helped my confidence," Brooks said. "I did well against them, and I know if I can do well against them, I can do well against anybody."

Now a key cog off the Salukis' bench, Brooks has repeatedly shown he can do well against anybody. He has averaged 10.5 points and 4.3 rebounds per game as well as providing SIU with an invaluable spark as the team's sixth man after redshirting his first year with the team.

One of the biggest sparks came in the Salukis' 83-58 win over Northern Iowa Saturday, when Brooks scored a career-high 19 points and went 5-of-6 from beyond the three-point arc. He also was able to demonstrate his ball-handling prowess, highlighted by an ankle-breaking move on UNI's Robbie Sieverling to slash to the basket.

While some players as talented as Brooks might become frustrated with coming off the bench, Brooks has embraced the role of sixth man. Senior point guard Marcus Belcher and junior Kent Williams make for a tough backcourt to crack, so for now, Brooks is playing a supporting role.

"I take a lot of pride in it," Brooks said. "When I come in, I got to provide some kind of energy."

Brooks' teammates realize how much he has meant to the team's 14-3 record and are happy to have him aboard.

"He quietly gets 10 points every game," Williams said. "Sometimes you don't even notice it, but he's one of those players that does a lot for us that some people may not know or recognize. He gets a lot of rebounds, he gets a lot of steals, he deflects the ball with his long arms. He just comes in and does his job."

Brooks found out before the Salukis' first exhibition game last season that the coaches had decided to redshirt him.

See BROOKS, page 21

## It doesn't get much uglier

There's really no secret in guessing what to expect from a Bradley basketball team.

They win ugly. They lose even uglier.

They make the game sloppy on one end of the court with their physical defense. And their offense, well, it's just sloppy in itself.

There's nothing pretty about Bradley basketball. Even BU head coach Jim Molinari's ties are hideous.

This year is no exception. Their performance Sunday in a loss at Evansville was downright disturbing to watch. The Braves' bulimic offense had amassed a grand total of 20 points five minutes into the second half against a subpar Evansville defense. Twenty points. Five minutes into the second half. They shot 5-for-25 in the first half. I've seen grade school games with more offense.

Molinari has stuck with his coaching philosophy of in-your-face, man-to-man halfcourt defense, which has always been pretty nasty to opposing ballclubs.

The trouble this season, though, is that the production on the other end of the court has never got rolling, at least never consistently. The Braves are shooting just 38 percent from the field and 30 percent from beyond the arc. Both rank dead last in the league.

The Braves' woes can be attributed to a number of things. For starters — a lack of size, discipline and leadership. Of the three upperclassmen on the team, only forward Reggie Hall averages more than 10 minutes per contest.

What Bradley does boast, however, is its G-Men in the backcourt — sophomore guards James Gillingham and Phillip Gilbert. The tandem is responsible for 46 percent



Corey Cusack

ccusack@dailyegyptian.com

of the Braves offense through the first five Valley contests.

Gilbert, an East St. Louis product who is finally enjoying the spotlight after being overshadowed by NBA star and former teammate Darius Miles as a prep, is one of the most explosive young weapons in the league. Gillingham has a nice shot and is a solid scorer but is not quite the slasher as his backcourt partner.

Gilbert (14.6 ppg) can score in a hurry, as he proved in the final minute of the Evansville game, con-

necting on three shots from downtown — two in a span of 11 seconds — to bring the Braves within striking distance.

That is what's dangerous about this Bradley team. After their miserable start on Sunday, the Braves rallied back behind Gilbert and scored 35 points in the final 15 minutes of the game. It was too little too late, but it shows what can happen when Gilbert and Co. heat up.

In tonight's contest, an interesting matchup to watch for pits freshman Saluki guard Stetson Hairston, a rising young defensive whiz in the league, opposite of Gilbert.

Gilbert and Hairston aren't strangers. Hairston played high school ball just a few miles down the road from Gilbert at Belleville East High School. The two also teamed up on an AAU squad a few summers ago in St. Louis.

Hairston praised the evolution of

Gilbert's game since then.

"He worked hard to get where he's at," Hairston said. "He's always been a good player, he could always shoot the ball. He added more to his game over the last year or so, he can go to the rack, he's got good body control and he can score points."

While there is a lot more riding on this game than some old-school bragging rights, Hairston acknowledged looking forward to butting heads with Gilbert again.

"I respect his game and I respect him, so when I see him we'll just leave it out there on the court. It's been a few years since I've played against him. To get to play him is just like old times. It'll be fun."

And if Hairston and the rest of the Salukis do their part, it'll be one of those uglier games for the Braves.

Corey Cusack can be reached at ccusack@dailyegyptian.com

# Intramural Sports

## Fun for EVERYONE!!

Competing, exercising, and socializing are just some of the benefits from participating in Intramural Sports. Maybe you are looking to play a sport that wasn't offered in high school? All year long Intramural Sports will keep your competitive drive in high gear with its wide variety of sports and leagues.

Do you think that you aren't athletic enough or don't know how to play a certain sport?



Well, no more excuses! Three levels of play including novice, intermediate, and advanced ensure everyone can participate and have fun. Both individual and team sports are offered with men's, women's, and co-rec leagues in most sports.

Basketball, volleyball, wallyball, softball, and flag football are some of the traditional team sports you can play. Individual and dual events include table tennis, racquetball, and wrestling. Want to get away from the traditional? Sign up for innertube water polo or team handball. Whatever your sport interest, you can be sure that we have an outlet for you! To sign up, go to the SRC Information Desk or check out our website at [www.siu.edu/~oirs](http://www.siu.edu/~oirs) to see our sports calendar with a complete list of registration dates and instructions.

### NEED A JOB?

More than just a fun time, Intramural officials will learn valuable leadership and decision making skills. This student worker position will give you an opportunity to meet people, learn more about sports, practice self-discipline, and earn money. For more information call 453-1273 or stop by the OIRS Administrative Offices on the upper level of the Student Recreation Center.



Cut this section out and post it on your refrigerator for easy reference!

Instructional Programs Registration Form			
Name (first)	(last)	(M#)	
Home Address			
City State Zip		Campus Dept. Mail Code	
E-Mail		SS#	
Phone Nos. (Home)		(Work)	
<input type="checkbox"/> Student SRC Member Emeritus		<input type="checkbox"/> University Affil. Community	
Program Title	Section	Price	
		\$	
		Total \$	
Check One	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Card #			Exp. Date
<p>Registration begins on January 7, 2002 at the SRC Information Desk and ends two working days before the program begins. After this date, registration will be accepted but must include a \$2 late fee. For programs held at the SRC a \$2 deposit (which will be refunded on the day of use only) is required per class to participate if you are not a current student or SRC member.</p> <p><b>Class Cancellation and Refund Policy:</b> To withdraw or receive a refund, a Notice of Withdrawal must be received by our office prior to the second class meeting. No refunds will be given after this time unless there is a bona fide medical emergency. All refunds, except for program cancellations, will be assessed a 25% cancellation fee. Requests may be made by phone (453-1263) or in person at the Student Recreation Center Information Desk. To withdraw or receive a refund, a Notice of Withdrawal must be received by our office prior to the second class meeting. No refunds will be given after this time unless there is a bona fide medical emergency. All refunds, except for program cancellations, will be assessed a 25% cancellation fee. Requests may be made by phone (453-1263) or in person at the Student Recreation Center Information Desk.</p>			
Signature	Date		
Enclose check or money order payable to: SIUC	Use this form to register for programs on pages 2, 4, & 11		
Do not send cash.			
Mail to: Kathy Guilfoyle SIUC Student Recreation Center Mail Code 6717 Carbondale, IL 62901-6717	<b>OFFICE USE ONLY</b> Registration Completed by: _____ Date: _____ Payment Type: _____ Date: _____		

### INTRAMURAL SPORTS SPRING 2002 SCHEDULE

Team Sports	Rosters Available	Captains' Meeting
Basketball	1/14-1/22	1/22
Wallyball	1/14-1/28	1/28
Innertube Water Polo	1/24-2/04	2/04
Indoor Soccer	2/04-2/18	2/18
4 on 4 Flag Football	2/11-2/25	2/25
Soccer	2/25-3/18	3/18
Softball	2/25-3/18	3/18
Wiffleball	2/25-3/18	3/18
4 Person Volleyball	3/04-3/25	3/25
Team Handball	3/04-3/25	3/25

Team & Individual Event	Registration	Captains' Meeting
3 Sport Challenge	3/26-4/8	4/8

Individual/Dual Events	Registration	Schedules Posted
Table Tennis Singles	2/04-2/12	2/14
Racquetball Singles Tourney	2/25-3/19	3/21

Special Events*	Registration	Tentative Dates
Wrestling Meet	3/04-3/26	3/27 and 3/28
Grad/Fac/Staff Golf Outing	3/26-4/25	5/03

\* One or two day event

Listed dates & times are tentative.

Call 453-1273 for current information.

Spring 2002

# Campus Recreation

Your complete guide of information  
for the



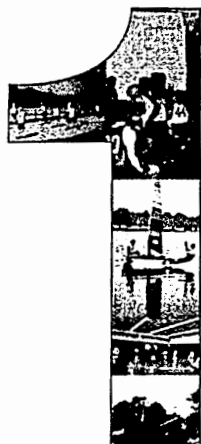
Office of Intramural-Recreational Sports  
Student Recreation Center

(618) 536-5531  
www.siu.edu/~oirs

The

# Rec Center

# #



## Important Phone #'s

General Info.	536-5531
Adventure Resource Center	453-1285
Aquatics	453-1376
Base Camp	453-1287
Campus Lake	453-2076
Disabled Student Recreation	453-1265
Group Fitness	453-1275
Instructional Programs	453-1263
International Student Recreation	453-1267
Intramural Sports	453-1273
Racquetball/Squash/Tennis Reservations	453-3020
Sport Clubs	453-1376
Sports Medicine	453-1292
Youth Programs	453-1267

# in



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# T'ai Chi



## T'AI CHI SYSTEM PROGRAMS

Instructed by:  
Master Han - Chao Hwang

### T'ai Chi Relaxation #311205 A Moving Meditation

(for beginning and continuing students)

- \* General Chinese exercise; reduces stress
- \* Safe, natural & proven (2000+ years old)
- \* Reduces weight & promotes wellness
- \* Increases flexibility, strength, balance & endurance

- \* Retards aging & increases longevity
  - \* Excellent cross-training benefits for athletes
  - \* Improves mind-body coordination
  - \* Lowers high blood pressure and promotes cardiovascular fitness
  - \* Suitable for all ages!
- Section A: January 29 - March 5  
Tuesdays, 5:00 - 6:00 pm
- Section B: January 31 - March 7  
Thursdays, 5:00 - 6:00 pm
- Section C: March 26 - April 30  
Tuesdays, 5:00 - 6:00 pm
- Section D: March 28 - May 2  
Thursdays, 4:00 - 5:00 pm

Location: SRC Dance Studio  
Min.: 10 Max.: 30  
Note: Master Han teaches relaxation from the text "The Complete Book of T'ai Chi" by Stewart McFarlane (in this book the 105 postures of Yang form of T'ai Chi have been modified into a simplified form of 37 postures. Chen Man Ching created this simplified form).



### T'AI CHI SELF-DEFENSE #311207

(for beginning and continuing students)

- \* Learn how to defeat your assailant without ever touching them!
- \* Safe & no risk of injury
- \* Suitable for all ages (especially appropriate for women)
- \* Taught in a nonviolent manner

Section A: January 31 - March 7  
Thursdays, 4:00 - 5:00 pm

Section B: March 28 - May 2  
Thursdays, 5:00 - 6:00 pm

Location: SRC Dance Studio  
Min.: 10 Max.: 30

### T'AI CHI SWORD #311208

- \* Learn this Chinese art of fencing
- \* Many mental & physical benefits
- \* Increases mind-body coordination
- \* Both fun and productive!

Section A: January 29 - March 5  
(for beginning students)  
Tuesdays, 4:00 - 5:00 pm

Section B: January 29 - March 5  
(for continuing students)  
Tuesdays, 6:00 - 7:00 pm

Section C: March 26 - April 30  
(for continuing students)  
Tuesdays, 6:00 - 7:00 pm

Location: SRC Dance Studio  
Min.: 6 Max.: TBA

### CHI POWER #311201

(for beginning and continuing students)

Focus is on particular parts of the body as requested.

- \* Uses "postnatal Chi" to ignite "innate Chi" to flow (Chi = Bio-energy)
- \* Promotes relaxation & beneficial abdominal breathing techniques
- \* Increases natural healing process; good for health & mental awareness!

Section A: January 31 - March 7  
Thursdays, 6:00 - 7:00 pm

Section B: March 26 - April 30  
Tuesdays, 4:00 - 5:00 pm

Location: SRC Dance Studio  
Min.: 10 Max.: 30

### CHINESE FOOT MASSAGE #311202

- \* Find & treat ailments by massaging the corresponding reflex-zones in the feet
- \* Increases the body's natural healing powers
- \* Speeds nutrients to affected areas
- \* Techniques will serve you throughout your lifetime

Time: January 31 - February 14  
Thursdays, 7:00 - 8:30 pm

Location: SRC Alumni Conference Room  
Min.: 10 Max.: 20

## Kung Fu

The White Tiger Kung-Fu system is a rare style of Kung-Fu not only in America but in China as well. It is a "complete" Kung-Fu system, in that it not only has the fighting and weapons forms, but also has the "soft" forms or Qi Gong exercises used in healing and maintaining good health by regulating the Qi (Chi) flow, along with herbal medicine and acupuncture.

White Tiger Kung-Fu's simple and direct "fighting tools" are several hundred years old yet practical for modern self defense purposes. Weapons training is available to students after mastering "bare hand" techniques. All parts of the body are utilized as self defense tools. As in most southern styles of Kung-Fu, kicks are usually kept low for practical usage, thus the style is naturally suited for most any student since acrobatics are not necessary.

An ancient form of martial arts that incorporates an effective self-defense regimen with an element of artistic expression. Kung-Fu is an excellent coordination builder that truly focuses on self discipline, self-respect, and respect of others. Though competitive opportunities are available, Kung-Fu focuses more on individual development. Both beginners and advanced students are welcome. If a student is physically limited in any way, the instructor will do his

best to accommodate them by modifying techniques. Traditionally, there is no color belt system, but Mr. Davis has developed a color belt system for his own students to accommodate the American mindset in regards to Martial Arts.



### Adult Program

This program is for both Beginning and Continuing students

Section A: 311352A  
January 28 - March 6  
Mondays & Wednesdays,  
7:30 - 8:45 pm

Section B: 311352B  
March 25 - May 1  
Mondays & Wednesdays,  
7:30 - 8:45 pm

Location: SRC Aerobics Room  
Min.: 13 Max.: 30  
Price: One Section: S/M/E=\$30  
U/C=\$47\*  
Both Sections: S/M/E=\$54  
U/C=\$86\*  
When you purchase both sections, you get a 10% discount.

Prices:	S/M/E	U/C
T'ai Chi Relaxation	\$22	\$39*
Chi Power	\$22	\$39*
T'ai Chi Self-Defense	\$22	\$39*
Register for any two of the above classes and receive a 10% discount. (May be 2 sessions of the same class or a combination.)		
Discounted Prices (-10%):	\$40	\$70
T'ai Chi Sword	\$31	\$48*
Chinese Foot Massage	\$21	\$25*

S/M/E = Student/SRC Member/Emeritus  
U/C = University Affiliated/Community  
\*Includes entry into the Student Recreation Center

For more information call  
Instructional Programs at 453-1263.



# Get Outdoors!

## Outdoor Adventure Programs

### Caving Trip

Trip Date: Saturday, January 26  
Mandatory Pre-Trip Meeting:  
Wednesday, January 23, 7:00 pm in  
the ARC  
RecTrac #: 341202  
Experience a series of caves and pas-  
sages you can walk and crawl  
through. Adventurous cavers will be  
able to explore tight spots, and learn  
about caving safety. Helmets and  
cave lights will be provided.  
S/M/E: \$23 U: \$29



### Eagle Watching & Canoeing at Horseshoe Lake

Trip Date: Saturday, February 9  
Mandatory Pre-Trip Meeting:  
Wednesday, February 6, 7:00 pm in  
the ARC  
RecTrac #: 341051-A  
Spend the day paddling on  
Horseshoe Lake in search of the  
majestic Bald Eagle. Many of these  
magnificent birds of prey make  
southern Illinois their nest; g home  
in the winter months. You will get a  
chance to catch them in their natural  
environment and do some winter  
canoeing amidst Cypress and Tupelo  
trees. A rare opportunity indeed!  
Don't forget your binoculars. Price  
includes equipment, transportation,  
and trip leaders.  
S/M/E: \$29 U: \$32

### Climbing Trip to St. Louis

Trip Date: Saturday, February 23  
Mandatory Pre-Trip Meeting:  
Wednesday, February 20, 7:00 pm in  
the ARC  
RecTrac #: 341255  
Want to climb during the winter?  
Travel with us to St. Louis to climb  
at one of the best climbing gyms in  
the country. Climbing indoors offers  
the opportunity to improve techni-  
ques or to learn the basics. Climb-  
ers of all skill levels are invited.  
S/M/E: \$30 U: \$35

### SPRING BREAK TRIP

Spring Break Backpacking in the  
Great Smoky Mountains National  
Park  
Trip Date: Saturday, March 9 -  
Sunday, March 17  
Mandatory Pre-Trip Meeting:  
Wednesday, February 20 and  
Wednesday, March 6,  
7:00 pm in the ARC  
RecTrac #: 341010  
We will be backpacking for 7 days in

the mystical Smoky Mountains. The  
terrain will be rugged so the mileage  
will be moderate, 6-7 miles a day.  
The pace will allow plenty of time to  
take in the inspiring beauty of the  
"Smokies". We will get to travel  
through some of the legendary  
Appalachian Trails and possibly do  
some hiking near Cade's Cove. The  
Smokies are rich with wildlife. We  
may catch glimpses of bear, newly  
reintroduced red wolves, and the  
European boar. Price includes  
equipment, transportation, and trip  
leaders.  
S/M/E: \$120 U: \$140

### Cache River Kayak Trip

Trip Date: Saturday, March 30  
Mandatory Pre-Trip Meeting:  
Wednesday, March 27, 7:00 pm in  
the ARC  
RecTrac #: 341353  
This is always a favorite and for a  
good reason. This time we're going  
to give it a little twist by using  
kayaks! But don't worry, there's no  
white water and the kayaks are  
extremely easy to use. The Cache  
River Natural Area is one of the  
northernmost, southern style swamps  
in the country.  
S/M/E: \$29 U: \$32



### Rock Climbing 101/ Outdoor Climbing Trip

Class Dates:  
Wednesday, April 3, 6:00 - 8:00 pm  
Wednesday, April 10, 6:00 - 8:00 pm  
Wednesday, April 17, 6:00 - 8:00 pm  
Trip Date: Saturday, April 27  
RecTrac #: 341250  
Learn the basics of rock climbing  
and rappelling. The "class" will be  
held three nights at the SRC  
Climbing Wall and one day outside  
on real rock. You will learn about  
rope handling, knot tying, equipment  
care and use, belaying, and basic  
climbing technique. Most important-  
ly, you will learn how to climb safe-  
ly and have fun at a local climbing  
area or gym wall. No prior experi-  
ence is necessary. All equipment is  
provided.  
S/M/E: \$23 U: \$29

### Backpacking Shawnee

Trip Date: Saturday, April 6 -  
Sunday, April 7  
Mandatory Pre-Trip Meeting:  
Wednesday, April 3, 7:00 pm in the

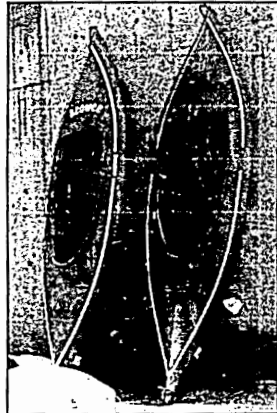
### ARC

RecTrac #: 341006  
Enjoy a weekend in the heart of the  
Shawnee. Put on your backpack and  
venture into the scenic woods.  
Witness the spring time rebirth of  
nature. The area offers activities  
such as bird-watching and mushroom  
hunting. We will explore on and off  
trail practicing minimal impact  
wilderness travel.  
S/M/E: \$27 U: \$33



### Rock Climbing/Backpacking at Ferne Clyffe

Trip Date: Saturday, April 20 -  
Sunday, April 21  
Mandatory Pre-Trip Meeting:  
Wednesday, April 17, 7:00 pm in the  
ARC  
RecTrac #: 341260  
Enjoy the weekend climbing at one  
of the premier areas in southern  
Illinois and neighboring states. It's  
hard to believe that climbing this  
good is located right here in Illinois.  
We will be doing routes of moderate  
difficulty, so anyone is invited. Price  
includes equipment, transportation,  
and trip leaders.  
S/M/E: \$22 U: \$28



Trips requiring travel are  
not open to members of the  
community.

For more information, call  
Outdoor Adventure Programs  
at 453-1285.

## Free Clinics

### Bike Maintenance Clinic

Wednesday, January 16, 7:00 pm  
Location: SRC Adventure Resource  
Ctr.  
Learn basic bike repairs and mainte-  
nance from the local pros. Don't  
miss this chance to get your bike in  
perfect condition. Be sure to bring  
your bike.

### Map and Compass Clinic

Wednesday, February 13, 7:00 pm  
Location: SRC Adventure Resource  
Ctr.  
Discover how map and compass  
skills can help you find your way off  
the trail and into the back country.  
Maps and compasses will be provid-  
ed or feel free to bring your own.

### Rock Climbing Clinic

Wednesday, March 20, 7:00 pm  
Location: SRC Adventure Resource  
Ctr.  
This clinic will introduce you to the  
basics of rock climbing. Instruction  
will include an introduction on the  
sport of climbing, voice commands,  
climbing techniques, and an open  
practice session on the SRC Indoor  
Climbing Wall. Beginners are wel-  
come!

### Outdoor Gear Clinic

Wednesday, April 10, 7:00 pm  
Location: SRC Adventure Resource  
Ctr.  
This clinic will offer anyone with  
questions about outdoor gear an  
opportunity to ask and learn.  
Demonstrations will be presented and  
various types of gear will be dis-  
played.

### Kayaking Clinic

Wednesday, April 24, 7:00 pm  
Location: SRC Pool (West End)  
Learn how to handle a kayak! This  
clinic will give you the chance to  
paddle a kayak in a controlled envi-  
ronment without  
buying all of the equipment. SIUC  
Kayak Club members will be on  
hand for one-on-one kayak roll  
instruction. All equipment  
will be provided. Participants will  
practice critical skills, including the  
Eskimo Roll, in the SRC Pool. Bring  
a swimsuit.

### Backpacking Clinic

Wednesday, May 1, 7:00 pm  
Location: SRC Adventure Resource  
Ctr.  
Plan a backpacking trip and learn  
about equipment, selecting a destina-  
tion or route, meal planning, and  
minimum environmental impact  
camping skills.

S/M/E=Student/SRC  
Member/Emeritus  
U=University Affiliated

# Health, Fitness, Yoga

## Exercise for the Body, Mind, & Spirit

### Hatha Yoga

**Instructor:** Susan Fehrenbacher  
Explore the ways that Yoga can improve your physical health by facilitating the integration of your body, mind, and spirit.

#### Beginner (Level 1) #311314

An introduction to the various yoga postures and breathing practices. The focus is concentrated in alignment, coordination of breath and learning how far to go in the stretch and how long to safely hold it without injuring your body.  
**Section A:** January 28 - March 4 Mondays, 6:45 - 8:15 pm  
**Section B:** January 31 - March 7 Thursdays, 5:15 - 6:45 pm  
**Section C:** March 28 - May 2 Thursdays, 5:15 - 6:45 pm  
**Location:** SRC Room 158  
**Min:** 12 **Max:** 20

#### Beginner (Level 2) #311314

A class designed to use the increased awareness you have gained through Level 1 practice. You will attune to your internal sensations and you'll begin to hold

the postures longer. You'll discover new movement, more strength, and a greater range of motion.  
**Section D:** March 25 - April 29 Mondays, 6:45 - 8:15 pm  
**Location:** SRC Room 158  
**Min:** 12 **Max:** 20

**Prices for Levels 1 or 2:**  
S/M/E = \$31 U/C = \$48\*  
**Purchase two sections and receive a 10% discount.**  
Both: S/M/E=\$56 U/C=\$89\*

#### Continuing Students (Level 3) #311313

A class for continuing Hatha Yoga students. The focus is on building stamina, strength, and flexibility as more advanced postures are introduced.  
**Section A:** January 28 - April 29 (except March 11) Mondays, 5:15 - 6:30 pm  
**Prices:** S/M/E = \$60 U/C = \$77\*  
**Location:** SRC Room 158  
**Min:** 12 **Max:** 20  
**NOTE:** Yoga can improve your physical health by facilitating the integration of your body, mind and spirit.

### Pilates

Pilates, pronounced pil-AH-tees, is a method of exercise designed to both physically and mentally condition students by using set patterns of movement in limited repetitions. Unlike workouts that stress exercising to exhaustion, Pilates focuses on executing movements with good technique to retrain the mind and muscles. Its ruling principles are concentration, control, precision, and breath.

#### Beginner Classes: #311260

**Section A:** January 31 - March 7  
**Section B:** March 28 - May 2  
**Both sections:** Thursdays 7:30 - 8:15 pm  
**Location:** Dance Studio  
**1 section:** S/M=\$32 U/C=\$49\*  
**Purchase any two sections, receive a 10% discount.**  
Both: S/M=\$58 U/C=\$89  
**Min:** 8 **Max:** 20  
**Instructor:** Barbara Tyler

#### Continuing: #311255

This is a continuing Pilates class for those who have completed a Beginner Pilates Class. It is also open to those who regularly exercise or those who have permission from the instructor.  
**Section A:** January 31 - March 7  
**Section B:** March 28 - May 2

**For more information**  
call Instructional Programs at 453-1263.



#### Body Spirit: #311113

Experience the true joy of free movement as you dance to your heart's content. Tune in to your body's own rhythms and ways of moving for a cardiovascular workout and a true mind-body-spirit connection. No dance experience necessary.  
**Time:** Tuesday, February 26 7:00 - 8:30 pm  
**Location:** Room 158  
**Prices:** S/M = \$7 U/C = \$12\*  
**Min:** 8 **Max:** 20  
**Instructor:** Mati Vargas

**NOTE:** Please come with an empty stomach and wear comfortable, loose clothing to all yoga programs.

#### Cultivating Mindful Awareness #311331

Meditation is the practice and process of paying attention and focusing your awareness. This class will explore some basic skills that will start you on your path to mindful awareness. As your commitment to meditation deepens, you will experience the benefits of regular meditation practice, such as reduced tension, anxiety and stress, increased understanding and self awareness.  
**When:** March 26 - April 9 Tuesdays, 7:00 - 8:30 pm  
**Location:** SRC Conference Room  
**Price:** S/M/E = \$14 U/C = \$18\*  
**Min:** 8 **Max:** 20  
**Instructor:** Mati Vargas

#### Active Adults (ACTAD)

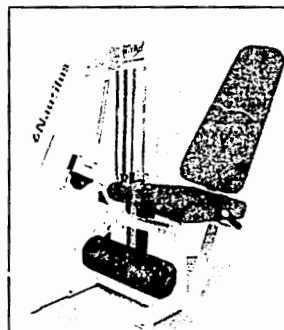
Active Adults is a workout designed for participants age 55 and over. This class is perfect for men and women who want to increase flexibility, improve muscle tone, and increase cardiovascular endurance. Enjoy the company of fellow 'active adults' while gaining an increased level of fitness.  
**When:** January 14 - May 10 (except Jan. 21 & March 11 -15) MWF, 8:45 - 9:45 am  
**Location:** SRC Aerobics Room  
**Prices:** \$35\* for 18 classes or 4 months from date of purchase, which ever comes first.  
**Note:** If you're not a member of the Student Recreation Center, you will be issued an entry pass at the time of registration. If parking in the lot, you will be issued a sticker at the time of registration.  
**Min:** 20 **Max:** 30  
**Instructor:** Lynne Cundiff

S/M/E=Student/SRC Member/Emeritus  
U/C=University Affiliated/Community

## Group Strength Training Nautilus Equipment

#### Introduction to Nautilus Machines (#311261)

A general orientation for those who want to learn the correct and proper techniques (seat adjustments, body position, use and setup of machines and a review of the muscle group applications) for using the weight training machines in the SRC Fitness Forum.  
**Section A:** January 29 & 31 (for students and members only) Tuesday and Thursday, 6:30 - 7:30 am  
**Instructor:** Doug Salmot.  
**Section B:** January 29 & 31 Tuesday and Thursday, 6:00 - 7:00 pm  
**Instructor:** Wendi Conwell  
**Location:** SRC Fitness Forum  
**Price:** S/M/E=\$17 U/C=\$21\*  
**Min:** 4 **Max:** 6



**Small Group Strength Training**  
Learn to set realistic goals! A variety of training techniques and programs will be presented for you to choose the one that best fits your needs. (Includes a general orientation about the use of Nautilus equipment)

**For Active Adults (Age 55+): (#311258)**  
February 5 - February 21  
Tuesdays and Thursdays,  
12:30 - 1:30 pm  
**Instructor:** Wendi Conwell

**For students and SRC members only: (#311257)**  
**Section A:** February 5 - 21  
Tuesdays and Thursdays,  
6:30 - 7:30 am  
**Instructor:** Doug Salmon

**For women only: (#311257)**  
**Section B:** Feb. 19 - March 7  
Tuesdays and Thursdays,  
6:00 - 7:00 pm  
**Instructor:** Doug Salmon  
**Location:** SRC Fitness Forum  
**Price:** S/M/E=\$36 U/C=\$53\*  
**Min:** 4 **Max:** 6

# Massage

## Why Hire A Massage Therapist?

**W**e've all thought it, heard it or said it before. "I need a massage." Massage Therapy provides relief to people from all walks of life. The weekend athlete, the home gardener, the over stressed executive, secretaries, college students, laborers, virtually anyone can feel a need for massage therapy sooner or later. A massage therapist's trained and caring touch can have profound effects on your physical, mental, and emotional health.

### BENEFITS TO THE QUALITY OF LIFE:

Massage...

- \* Instantly stimulates the "Relaxation Response" by promoting deeper, easier breathing.
- \* Reduces head, neck and shoulder tension caused by poor posture, injury, and mind/body stress.
- \* Relieves eye fatigue from long periods of reading by improving circulation & releasing tension around the eyes.
- \* Helps manage stress of note-taking and keyboard typing by rejuvenating tired hands and wrists.
- \* Helps to relax nervous "fight-or-flight" energy which accumulates in the belly region.
- \* Can boost overall "study stamina" by making it more comfortable to focus on academic activity
- \* Enhances sports performance by promoting increased circulation, flexibility, and reduction of delayed-onset muscle soreness after activity.
- \* May reduce test anxiety.
- \* Stimulates the brain's production of beta endorphins, which are natural painkillers.

### On Site Educational and Stress Management Workshops

Our therapists will visit your office or dorm to help you learn basic massage and stress management techniques to use on oneself or a partner. For a list of topics and prices, please call 453-1263.



### MASSAGE THERAPY SERVICES:

**Seated "Chair" Massage**  
Offered at the SRC Sports Medicine Office as an excellent opportunity to relieve tension in neck, back, and shoulder muscles. Clients remain fully clothed and no oils are used.

**Chair Massage Prices:**  
15 minutes: S/M/E=\$14 U=\$18\*  
30 minutes: S/M/E=\$24 U=\$28\*

### Table Massage

These massages are done on a specially-designed table in the SRC Sports Medicine Office. A variety of massage techniques will be used. Generally 1-3 areas of the body can be treated in a 30-minute session. A 60-minute session is appropriate for either a full-body massage or therapy geared toward a client's problem areas.

Techniques Used:

- Swedish Massage
- Neuromuscular Therapy
- Myofascial Release
- Shiatsu & Acupressure
- Sports Massage • Reflexology

### Table Massage Prices:

For treatment of 1-3 areas of the body:  
30 minutes: S/M/E=\$26 U=\$30\*  
Package of 3: S/M/E-\$70 U=&81  
Full Body Massage:  
60 minutes: S/M/E=\$43 U=\$50\*  
Package of 3: S/M/E=\$116 U=\$135\*  
90 minutes: S/M/E=\$63 U=\$70\*  
Package of 3: S/M/E=\$170 U=\$189\*

### Campus Workplace Seated "Chair" Massage:

Increases productivity and morale; makes work literally less of a "pain in the neck" - makes everyone feel so good!  
Offered at campus workplaces using a special, portable massage chair. Massage therapy in the workplace provides an opportunity to soothe away the effects of work-related stress. Time may be shared. A great gift idea!  
30 Minutes: \$45  
45 Minutes: \$60  
60 Minutes: \$75

**THE IDEAL GIFT:**  
Gift Certificates make it easy and affordable. Certificates are available in any dollar amount. They are perfect gifts for:

- Valentine's Day
  - Birthdays
  - Graduations
  - Employee Appreciation
- Note: The price of the massage you choose as a gift is determined by your status, not the status of the recipient.

\*The price of the massage includes entry fee to the SRC

For more information about Massage, call 453-1263.

S/M/E=Student/  
SRC Member/Emeritus

U/C=University Affiliated/  
Community

**CERTIFIED STAFF:**  
Bill Connell, LMT, MA  
Sheryl Hinchcliff, LMT

All of our therapists are licensed by the city of Carbondale and are members of the American Massage Therapy Association.

**Appointments for Massages**  
SRC Sports Medicine Office:  
453-1292

**Campus Workplace Seated Chair Massage:** 453-1263

**Gift Certificates:** 453-1263

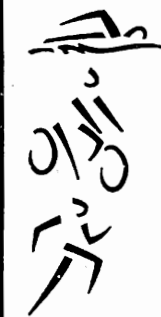
**On Site Educational and Stress Management Workshops:**  
453-1263

**Listing of Massage Techniques:**  
453-1263

**Therapist Information:**  
453-1263

## Doc Spackman Triathlon

doc spackman  
Memorial Triathlon



19th Annual

Saturday, April 27, 2002

between 6:30 and 7:30 a.m. on race day at Lake-on-the-Campus Beach.

**Register For 1 of 4 Waves:**  
**Elite Wave:** Top 5 winners from 2001, or predicted time under 40 minutes, or males under age 30.  
**Competitor Wave:** All individual participants who do not want to be in or who do not qualify for the Elite Wave.

**Team Wave:** Teams consist of 3 individuals. Each team member is responsible for one leg of the race.  
**Collegiate Wave:** Participants in this wave MUST be a Collegiate Triathlon Association Member. Contact Patrick Wocek, e-mail, Patrick@collegiate triathlon.org, regarding membership.

### General Information:

Swim aids will not be permitted, wet suits suggested but not necessary. Water temperature is usually between 55-65 degrees. Bike helmets are strongly recommended. All participants must provide their own equipment and are responsible for their equipment at all times. Please use caution in high risk areas including but not limited to the open water swim and the bike ride on the road with car traffic. Participant's are responsible for their own safety at all times.

For more information about the Doc Spackman Triathlon, call 453-1267.

**Training Times:**  
Stop by the Student Recreation Center on February 5 or April 3 from 7 - 8:00 p.m. in the Alumni Lounge for some pointers on how to train for and win a triathlon!

Meet at the Lake-on-the-Campus Boat Dock and test the waters Tuesday, April 23, 4 - 5 p.m.

### The Race:

The triathlon will run in the following sequence on or near the Lake-on-the-Campus:  
• 385 yd. swim  
• 5 mile bike  
• 2 mile run  
Race begins at 8:00 a.m., Saturday, April 27, 2002. Sign in

# Youth Programs

**Y**outh Swim runs for two 5-week sessions at the beginning and midpoint of the semester. Class sizes are kept small to ensure low student-to-teacher ratios. We offer three class times: 9 am - 9:45 am (A), 10 am - 10:45 am (B), 11am - 11:45 am (C). Each time is open to all levels. Ages listed are a recommendation only. Children should be in levels according to ability not age. Registration is at the Student Recreation Center Information Center. **LATE REGISTRATIONS ARE NOT ACCEPTED FOR ANY REASON.**



## Youth Aikido (#321109)

**Ages:** 7 - 15  
**When:** January 29 - May 2 (Except March 12 & 14)  
**Time:** Tuesdays & Thursdays, 4:30 - 6:00 pm  
**Where:** Participants will meet in the SRC Alumni Lounge. The instructor will escort the class to the Martial Arts Room.  
**Description:** Aikido is a martial art whereby the student develops a strong body and a mind that is calm and free of contentiousness. It is a physical process with a spiritual result. The actual practice of Aikido, correctly done, is strenuous but not violent, demanding but

## Swim Lesson Levels

**Infant-Parent (ages 6-36 mos.):** An introduction for infant and toddler age swimmers in the water. (#331001/332001)  
**Toddler (ages 3-5 yrs.):** This is an acclimation class for children with no swimming skills. It will help them become comfortable in the water and with teacher instruction without the aid of the parent. (#331002/332002)  
**Skills 1 (4-6 yrs.):** Helps students become comfortable in and safely enjoy the water. (#331003/332003)  
**Skills 2 (5-8 yrs.):** Aids children to achieve success with fundamental water skills. (#331004/332004)  
**Skills 3 (6-9 yrs.):** Builds on Skills 2 abilities by providing guidance and practice. (#331005/332005)  
**Skills 4 (6-10 yrs.):** Intermediate

Strokes develops confidence in the strokes learned previously and improves aquatic skills. (#331006/332006)  
**Skills 5 (7-12 yrs.):** Advanced Strokes coordinates and refines key strokes. (#331007/332007)  
**Skills 6 (8-18 yrs.):** Advanced skills polishes strokes focusing on ease, efficiency, power, and fluidity over greater distances. (#331008/332008)  
**Session 1: Registration:** January 7 - 25  
**Program Dates:** Saturdays, January 26 - February 23  
**Session 2: Registration:** February 25 - March 27  
**Program Dates:** Saturdays, March 23 - April 27 (Except March 31)  
**Location:** Pulliam Pool  
**Price:** S/M=\$30 U/C=\$35  
**Registration:** SRC Information Center

**Family Swim Time (#333250)**  
**Dates:** January 22 - April 16 (except March 12)  
**Day and Time:** Tuesdays, 7:30 - 8:30 pm  
**Location:** Pulliam Pool  
This open-swim time for children and their families is the perfect opportunity to practice swimming skills and simply enjoy warm water in a safe environment. No instruction is offered but life-guards are provided.  
**Price:** \$20 per family for 6 session pass or \$35 per family for 12 session pass  
**Registration:** SRC Information Center  
**Minimum Enrollment:** 4 families  
  
S/M=Student/SRC Member  
U/C=University Affiliated/Community

not rough. The goal is smooth completion of action with no sense of conflict between partners.  
**Price:** S/M=\$70 U/C=\$80

## Fencing I (#321114A)

**Ages:** 8 - 12  
**When:** January 27 - March 3  
**Time:** Sundays, 4:00 - 5:00 pm  
**Where:** Participants will meet in the SRC Alumni Lounge. The instructor will escort participants to the activity area.  
**Description:** This program will introduce classic foil fencing that will develop hand-eye coordination, reflexes, poise, and self-confidence. Foil fencing is an excit-

ing sport with a focus on strategy, athletics, friends and fun.  
**Price:** S/M=\$28 U/C=\$38

## Fencing II (#321114B)

**Ages:** 8 - 14  
**When:** March 24 - May 5 (except March 31)  
**Time:** Sundays, 4:00 - 5:00 pm  
**Where:** Participants will meet in the SRC Alumni Lounge. The instructor will escort participant to the activity area.  
**Description:** Previous fencing experience needed. New skill will build on previously learned classic foil fencing techniques. Enjoy this exciting sport and work on reflexes, coordination, and con-

dence.  
**Price:** S/M=\$28 U/C=\$38

## Parents' Night In (#323301)

**Ages:** 3 - 12  
**When:** January 30 - April 26 (Except March 8, 13, 15 & 29)  
**Time:** Wednesdays & Fridays, 6:00 - 8:00 pm  
**Where:** Sign-in children at Room 158 each Wednesday and Friday evening.  
**Description:** We will provide well supervised, age-appropriate activities for your children while you workout, swim, or study at the Recreation Center.  
**Price:** S/M=FREE!FREE!FREE!



## Youth Pee Wee Tennis (#321156)

**Ages:** 4 - 6  
**When:** March 23 - May 4 (Except March 30)  
**Time:** Saturdays, 11:00 am - Noon  
**Where:** Participants will meet at the Law School Tennis Courts.  
**Description:** This is a program designed specifically for young children to learn the basics of tennis and to prepare them for the

next level. Join us for some action on the courts!  
**Price:** S/M=\$31 U/C=\$41

## Youth Tennis (#321154)

**Ages:** 7 - 15  
**When:** March 23 - May 4 (Except March 30)  
**Time:** Saturdays, Noon - 1:30 pm  
**Where:** Participants will meet at the Law School Tennis Courts.  
**Description:** Join us for some action on the courts. Learn skills such as serves, forehands, backhands, and volleys for competition or just for fun. Children will be grouped according to skill level.  
**Price:** S/M=\$38 U/C=\$48

## Youth Basketball (#321107)

**Ages:** 7 - 11  
**When:** January 27 - March 3  
**Time:** Sundays, 1:00 - 2:15 pm

**Where:** Participants will meet in the SRC Alumni Lounge. The instructor will escort participants to the activity area.

**Description:** Basic skills such as free-throw shooting, three pointers, dribbling, ball handling, and passing are covered.  
**Price:** S/M=\$30 U/C=\$40

## Youth Climbing Wall (#321105)

**Ages:** 7 - 11  
**When:** March 24 - May 5 (Except March 31)  
**Times:** Sundays, 1:00 - 2:15 pm  
**Where:** Participants will meet in the SRC Alumni Lounge. The instructor will escort participants to the activity area.  
**Description:** Tackle the Recreation Center's 28 foot climbing wall and climbing roof! Participants will learn a variety of

skills such as knot tying, bouldering, belaying, and rappelling.  
**Price:** S/M=\$33 U/C=\$43

## Youth Tee-Ball (#321153)

**Ages:** 4 - 6  
**When:** March 24 - May 5 (Except March 31)  
**Times:** Sundays, 1:00 - 2:00 pm  
**Where:** Participants will meet in the SRC Alumni Lounge. The instructor will escort participants to the activity area.  
**Description:** This program is designed to teach the fundamentals of Tee-ball and is an introduction to baseball. Ball gloves, bats, and helmets will be provided.

\*The 20% MULTIPLE PROGRAM discount applies to each second child or program of equal or lesser value.

# Youth Programs

## Youth Dance Programs

### Pre-Ballet (#323106/A)

Ages: 4 - 6  
When: January 26 - May 4  
(Except March 9, 16 & 30)  
Time: Saturdays, 3:15 - 4 pm  
Where: Meet in the SRC Alumni Lounge. The instructor will escort participants to the Dance Studio.  
Description: This technique class, which includes barre, center, allegro, and more, will present the fundamentals of classical ballet emphasizing the joy of dance.  
Price: S/M=\$43 U/C=\$53  
NOTE: Parents may sit-in for the first 5-minutes only during the 1st session of Pre-Ballet.

### Ballet 1 (#323106/C)

Ages: 5 - 9  
When: January 26 - May 4  
(Except March 9, 16 & 30)  
Time: Saturdays, 10:00-11:00 am  
Where: Meet in the SRC Alumni Lounge. The instructor will escort participants to the Dance Studio.  
Description: Previous ballet or dance experience is not necessary for participation. Young dancers will learn ballet routines, which include barre exercises, center work, corner work, stage details and French terminology.  
Price: S/M=\$46 U/C=\$56



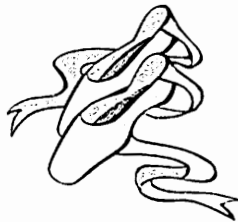
### Ballet II (#323106/J)

Ages: 7 & Above  
When: January 26 - May 4  
(Except March 9, 16 & 30)  
Time: Saturdays, 11:00 am - Noon  
Where: Meet in the SRC Alumni Lounge. The instructor will escort participants to the Dance Studio.  
Description: This technique class, which includes barre, center, allegro, and more, will present the

fundamentals of classical ballet emphasizing the joy of dance.  
Price: S/M=\$46 U/C=\$56

### Ballet III (#323106/E)

Ages: 9 & Above  
When: January 26 - May 4  
(Except March 9, 16 & 30)  
Time: Saturdays, Noon - 1:00 pm  
Where: Meet in the SRC Alumni Lounge. The instructor will escort participants to the Dance Studio.  
Description: Participants will further their development of ballet technique. Vocabulary will be expanded as it relates to center floor allegro and pirouettes.  
Previous dance experience recommended.  
Price: S/M=\$46 U/C=\$56



### Teen Ballet I/II (#321306/F)

Ages: 13 - 19  
When: January 27 - May 5  
(Except March 10, 17 & 31)  
Time: Sundays, 2:15 - 3:30 pm  
Where: Meet in the SRC Alumni Lounge. The instructor will escort participants to the Dance Studio.  
Description: This beginning/lower intermediate class will begin with classical barre exercises and progress to center floor work including basic combinations and jumps. Stretches to improve flexibility will also be included.  
Price: S/M=\$48 U/C=\$58

### Ballet II/III - Pointe 1 (#323106/I)

Ages: 9 & Above  
When: January 27 - May 5  
(Except March 10, 17, & 31)  
Time: Sundays, 3:30 - 5:30 pm  
Where: Meet in the SRC Alumni Lounge. The instructor will escort participants to the Dance Studio.  
Description: An intermediate-level classical ballet class followed by Pointe technique. (This class adjusted to level of student.)  
Price: S/M=\$51 U/C=\$61

### Southern Illinois Ballet Company Class (323106/D)

Ages: 12 and above  
When: January 25 - May 3  
(Except March 8, 15 & 29)  
Time: Fridays, 3:45 - 5:45 pm  
Where: Meet in the SRC Alumni Lounge. The instructor will escort participants to the Dance Studio.  
Description: This advanced level class will include variations.  
Price: S/M=\$68 U/C=\$78

### Jazz/Modern (#323106/H)

Ages: 6 - 10  
When: January 26 - May 4  
(Except March 9, 16 & 30)  
Time: Saturdays, 2:00 - 3:00 pm  
Where: Meet in the SRC Alumni Lounge. The instructor will escort participants to the Dance Studio.  
Description: Jazz and will be introduced in this class and will develop students' rhythm, coordination, gracefulness, and flexibility while having fun.  
Price: S/M=\$51 U/C=\$61

### Pointe I/II (#323106/G)

Ages: 10 - 18 or permission from instructor  
When: January 26 - May 4  
(Except March 9, 16 & 30)  
Time: Saturdays, 1:00 - 2:00 pm  
Where: Meet in the SRC Alumni Lounge. The instructor will escort participants to the Dance Studio.  
Description: The study of Pointe is a very special area of ballet technique. Developing strength and easy execution with exact articulation will be the goal of this class.  
Price: S/M=\$43 U/C=\$53

### Beginning Tumbling and Rhythmic Gymnastics (#321113)

Ages: 4 - 10  
When: March 24 - May 5  
(Except March 31)  
Time: Sundays, 1:00 - 2:15 pm  
Where: Meet in the SRC Alumni Lounge. The instructor will escort participants to the Dance Studio.  
Description: This brand new program will introduce elementary tumbling and sports acrobatic tricks accompanied by music. This class will improve agility and balance and introduce rhythmic gymnastics with hoops and balls.  
Price: S/M=\$35 U/C=\$45

NOTE: All dance classes are open to both boys and girls. Students taking intermediate classes are encouraged to register for more than one class.

NOTE: There will be an Annual Spring Recital held during the month of May where all students can show off their talent!!



\*The 20% MULTIPLE PROGRAM discount applies to each second child or program of equal or lesser value. Youth Swim Lessons are also available for this discount.

S/M =  
Student/SRC Member  
U/C =  
University Affiliated/  
Community

All program dates and times are subject to change.

For information  
on Youth  
Programs,  
call 453-1267.

Registration will begin January 7th.

[www.siu.edu/~oirs](http://www.siu.edu/~oirs)

( 18) 536-5531



## International Student Recreation

**S**outhern Illinois University Carbondale boasts an international student enrollment of over 1,500! Our large and culturally diverse population is a tremendous asset to the University, making it a wonderful place to live and study. The OIRS International Student Recreation programs are provided FREE to all International Students at SIUC. Our purpose is to help make the college transition easier, provide fun, recreational activities, and opportunities to meet new friends.

In April 2002 the International Olympic Track and Field Meet is a great finale to a year full of events. Sponsored by both the International Student Council and International Student Recreation, this track meet promises fun for teams and spectators!

International Student Recreation is here to make your SIUC experience the greatest that it can be. A great time to interact

with other cultures, the OIRS invites EVERYONE to take part in these programs. For more information on International Student Recreation, call Kathy Hollister at 435-1267 or check out our website at [www.siu.edu/~oirs](http://www.siu.edu/~oirs).

### Special Events & Sporting Activities

International Night at the Rec:  
Fridays, 6 - 10 pm

March 22, 2002: Volleyball

April 12, 2002: Badminton

Doubles

April, To Be Announced: International Olympic Track & Field Meet.



# Boxing



**T**his program will emphasize using the "boxer's workout" to get in the best shape of your life. The benefits will be an increased sense of confidence and over-all fitness, while teaching you some form of self defense. Boxing is a great cardiovascular workout and the exercises and drills (jumping rope, bag work and road work) are very good conditioning. Participants will learn the basics of boxing: stances, punches, defenses, and strategies. The program will focus on training for the first month or two, then as you become more familiar and comfortable with the skills of boxing those who are interested will be eased into controlled sparring sessions. Sparring is where two individuals simulate an actual boxing match. Headgear and mouthpieces will be used and the intent is to practice what you have learned in an actual boxing situation. Sparring will occur when

individuals have proven that they have gained the skills and mentality it takes to practice boxing with a partner. First timers will be sparring with the coach. There will be some equipment provided but it is recommended that you get your own hand wraps and bag gloves. This is a program full of excitement and energy. You will also have the opportunity to attend several actual matches.

### Section: 311501 A

January 28 - March 6  
Mondays & Wednesdays,  
6 - 8 pm

### Section: 311501 B

March 25 - May 1  
Mondays & Wednesdays,  
6 - 8 pm

Location: SRC Martial Arts  
Room

Min.: 10 Max.: 30

Price: One Section:

S/M/E= \$73 U/C= \$90\*

Both Sections:

S/M/E= \$131 U/C= \$162\*

# Disabled Student Recreation

**T**he Disabled Student Recreation (DSR) program sponsors recreational activities with modifications and adaptations to meet the needs of students with hearing, vision, or mobility disabilities.

## Instructional Programs

### Individual Fitness

Jan. 23 - May 3

This partner-assistance program will focus on cardiovascular improvement, strength and endurance, and physical conditioning. Call 453-1265 to sign-up for a workout partner. Note: Program orientation meeting Tuesday, January 22, 7pm, SRC Alumni Lounge.

### Adaptive Horseback Riding\*

March TBA

Mondays 7 - 9 pm

Boskydell Riding Stables

Come horse around with DSR in an indoor riding hall. Get professional instruction on riding techniques. Assistants and transportation available. Call 453-1265 for more information

\* Fee Required



### Bowling & Billiards

January 24 - May 6

Thursdays, 6:00 - 8:00 pm

Student Center Bowling Alley

Whether a beginner or already familiar with the sport, you'll have a great time bowling with us or come play pool! Adapted equipment, instruction, and league format provided.



### Swimming

January 25 - May 3

Fridays, 3:00 - 5:00 pm

Pulliam Pool

Specially-designed exercises and equipment are provided to assist individuals in strengthening muscles and cardiovascular workouts. Staff available for assistance in pool and locker room. Flotation devices provided.

### D.A.W.G.

#### (Discover Adventure Wilderness Group)

DAWG is a group of adventure-some spirits who wish to enhance the quality of life for people with and without disabilities through implementation of vocational opportunities, therapeutic recreation interventions, and adventure-based programs. Check us out for activities.



### Dig It !!!!

Join us in one of our newest ventures - cultivating gardens! This program is designed for anyone with any level of ability, from the beginner to the experienced gardener. The how-to's, appropriate and adaptive tools, and an accessible location are available for participants who wish to enhance their creativity by getting in touch with the natural world.

We'll design a garden bed, take a trip to a gardening center, purchase plants, and plant them. Beyond periodic maintenance, all we need to do is watch our garden grow!

Can you Dig It?



Call 453-1265 for  
more information.

# Aquatics

## Private Swim Lessons

Days and Times: Scheduled on an individual basis, lessons can be tailored to fit any swimming level. There is a 1:1 or 1:2 instructor-to-student ratio. Sessions are 30-minutes in length.

Student/SRC Members/Emeritus  
Per session (#334203) \$15  
5 session pass (#334204) \$60  
University Affiliated/Community\*  
Per session (#334203) \$17  
5 session pass (#334204) \$75  
Registration: Information Center



## Adult Group Swim Lessons (#333201) 8 Lessons

Session A:  
Mondays and Wednesdays  
January 28 - February 20  
Times: 6:00 pm - 7:00 pm  
Session B:  
Tuesdays and Thursdays  
Dates: April 2 - 25  
Times: 6:00 pm - 7:00 pm  
This program provides adults with beginner-level swim instruction. Classes are offered on an instructor-to-student ratio of 1:7. The sessions focus on fundamental skills designed to increase comfort and confidence in the water.  
Price: S / M = \$25  
U / C\* = \$30  
Registration: Information Center  
Minimum Enrollment: 4

## Swim For Fitness (#331202)

Time: Mondays and Wednesdays,  
6:00 pm - 7:00 pm  
Session A:  
January 28 - February 27  
Session B:  
March 18 - April 17  
Location: Student Recreation Center Pool  
This class will teach the fundamentals of swimming for fitness. These skills will help you to enjoy the water, to be safe, and to discover a new exercise environment. You will learn fitness fundamentals and healthy life-style alternatives. This class will be formatted similarly to competitive swim team practice sessions for adults.

Price: S / M U / C\*  
Session A or B \$25 \$30  
Both Sessions \$40 \$50  
Registration:  
SRC Information Center  
Minimum Enrollment: 4

S / M = Student/SRC Member  
U / C = University Affiliated/Community

\*=University Affiliated & Community Fees include entry into the Student Recreation Center.

For more information on Aquatics Programs, call 453-1376.

## Lifeguard Training

Lifeguard Training (#331151)  
Lifeguard Training uses American Red Cross course curriculum in basic lifeguarding skills. Topics to be covered include care for injuries, illness, and medical emergencies. Skills of water rescue will also be taught emphasizing pool lifeguarding only. Lifeguard training classes are conducted by American Red Cross Lifeguard Instructors. Course completion does not guarantee employment.  
Course Prerequisites:  
\*15 years of age  
\*500-yard swim including 100 yards of each: freestyle, breaststroke and sidestroke  
\*Tread water for 2 minutes using legs only

\*Retrieve 10-pound brick from 7-foot depth  
Times: 6:00 pm - 9:00 pm  
Dates: Tuesdays and Thursdays  
Section A: January 22 - March 7  
Section B: March 19 - May 2  
Location: Student Recreation Center Pool  
Price: \$15 payable to SIUC at registration  
\$37 payable to American Red Cross the first night of class.  
\$25 payable to the instructor the first day of class. Price includes instruction, texts, and certification processing.  
Registration: SRC Information Center  
Minimum Enrollment: 6

## SCUBA

### SCUBA Diving Class (#331101)

Session A: Jan. 24 - Feb. 25  
Session B: March 21 - April 25  
Days: Mondays & Thursdays,  
Times: 6:00 pm - 9:00 pm  
Location: Student Recreation Center Pool.  
This course consists of 10 evening sessions of alternating classroom work and in-water

SCUBA equipment work. Students will achieve four open-water dives and will be issued a certification card upon satisfactory completion of the class.  
Price: \$275 (\$50 made payable to SIUC at registration, \$225 payable to the instructor the first night of class.)  
Registration: SRC Information Center  
Minimum Enrollment: 4



For more information call the Aquatics Dept. at 453-1376.



## Who Should Take a CPR Class?



Teachers, parents, babysitters, ...basically everyone.

All CPR and First Aid classes offered through the Office of Intramural-Recreational Sports are taught by American Red Cross Certified Instructors. The classes are offered in conjunction with the Little Egypt Chapter of the American Red Cross. The fees for each class are split into three payments: Registration fees, Instruction fees, and Red Cross fees. Registration fees are paid at the Information Center on the upper level of the Student Recreation Center. Certification cards will be mailed to participants who have successfully completed the certification process.

### Adult CPR (# 333051)

Session A: Wednesday, Feb. 27  
Session B: Monday, March 8  
Session C: Wednesday, April 24

(You only need to attend one of the above sessions.)  
Time: 6 - 10 pm  
Location: Student Recreation Ctr.  
Skills taught include rescue breathing, care for choking victims, and adult CPR. Price includes text, instruction, and certification processing.  
Price: \$10 payable to SIUC at registration, \$18 payable to American Red Cross at the beginning of class, \$5 payable to the instructor the first day of class.  
Minimum Enrollment: 4

### Infant-child CPR (# 332056)

Wednesday, March 6  
6 - 10 pm  
Student Recreation Ctr.  
Skills taught include rescue breathing, care for choking victims, and infant and child CPR. Price includes text, instruction, and certification processing.

Price: \$10 payable to SIUC at registration, \$18 payable to American Red Cross at the beginning of class, \$5 payable to the instructor the first day of class.  
Minimum Enrollment: 4

### CPR For The Professional Rescuer (# 331051)

Session A: February 5 & 7  
Thursdays, 6 - 10pm  
Session B: Saturday, April 13  
Noon - 8 pm  
Location: Student Recreation Ctr. (You only need to attend one of the above sessions.)  
This class teaches participants the skills for adult, child, and infant CPR, CPR with two rescuers, care for choking victims, and rescue breathing. Price includes text, instruction, and certification processing.  
Price: \$10 payable to SIUC at registration, \$17 payable to

American Red Cross at the beginning of class, \$10 payable to the instructor the first day of class.  
Minimum Enrollment: 5

### Community First Aid & Safety (# 331052)

Sunday, April 28  
Noon - 8 pm  
Student Recreation Ctr.  
This class teaches participants the skills for adult, child & infant CPR, care for choking victims, rescue breathing, and First Aid techniques. Price includes text, instruction, and certification processing.  
Price: \$10 payable to SIUC at registration, \$18 payable to American Red Cross at the beginning of class, \$10 payable to the instructor the first day of class.  
Minimum Enrollment: 5

# Fitness

**WEIGHT TRAINING**

Do you want to increase your metabolism and lean muscle mass? Do you want to lose fat? This class is for you. Weight training will teach safe and proper techniques to sculpt and define the upper and lower body. Weights and resistance bands are used and can be checked out from the Equipment Desk. Cardiovascular aerobic conditioning not included.

**WATER WORKOUT**

This water fitness class is guaranteed to leave you refreshed! This class is great for those participants with bad knees and backs. Non-swimmers are welcome since participants' heads never go under water. If you're looking for a great way to cross-train, try the resistance of water!



**STRETCH AWAY THE BLUES**

The perfect answer to a hectic day, this stretch class combines very basic yet functional athletic stretches with a meditative feel. Blues music will set the tone for this incredible class.

**CARDIO BASICS**

Good, old-fashioned Cardio!! Burn calories, have fun, get ready for summer!

**ENERGY MIX**

A variable workout combining hi/lo step, strength and sports conditioning workouts or Latin variations designed to keep you motivated and active. Variety is the spice of life!

**SWEET-N-LO**

Experience the benefits of cardio fitness while learning the fundamentals of hi/lo and step exercise. This traditional class offers you a place to learn aerobics with others who are at the same level as you.



**CARDIO KICKBOX**

This class uses techniques from kickboxing and boxing in an aerobic format to increase muscle definition and improve fitness. It is a fun way to get in shape and improve your confidence.



**DOUBLE STEP**

Add a little spice to your step workout. Try the power of two. You too can do the two.

**VARIETY PACK**

A 60-minute class designed to introduce various types of cardio fitness into your workout!

**HIP-HOP**

An awesome dance session combining the latest moves with the hottest new music.



**STEP-N-JAB**

If you love a high intensity & challenging workout, you will want to come to this 1-hour interval class. You have the opportunity to do step and box aerobics all in an hour packed cardio jam session! The first half hour will be step and the second half-hour will be box aerobic combos and interval drills. Come check it out!!



**POWER YOGA**

This is Yoga you can do. In Power Yoga, learn the basic poses and effective breathing at your level in a friendly group setting that is individually geared. Discover new energy, balance, sustainability and high level wellness for your journey through life.

**BOX AEROBICS**

This aerobic exercise is an interval training program incorporating the sport-specific techniques used in boxing and martial arts to provide a high level of conditioning for

both the aerobic and anaerobic systems of the body. Various equipment will be used such as jump ropes, cones, and tubes.

**CARDIO PARTY**

High Intensity Training System: This hi/lo workout takes traditional cardio to the next level in fitness. An extended Cardio section combined with interval training, abdominal floor work, and a relaxing stretch make this a challenging workout.

**CYCLE-FIT**

This group spinning class will challenge you at any level. The energy of a group, combined with great music, will keep you going strong. Class size will be limited to 15 participants per class. Registration for cycles must be made through the Equipment Desk at 453-3020 up to 24 hours in advance of the class in which you would participate.



## SPRING 2002 FITNESS SCHEDULE

Times	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
7:00 am-7:45 am		Cycle-Fit (RC8)(B/I/A)		Cycle-Fit (RC8)(B/I/A)			
11:30 am-12:30 pm						Variety Pack (AR)(I/A)	
12:15 pm-1:15 pm	Energy Mix (AR)(B/I)		Energy Mix (AR)(B/I)		Energy Mix (AR)(B/I)		
2:00 pm-3:00 pm							Power Yoga (AR)(B/I/A)
5:00 pm-6:00 pm	Water Workout (NA)(B/I/A)	Cardio Basics (AA)(B/I)	Water Workout (NA)(B/I/A)	Cardio Basics (AA)(B/I)	Water Workout (NA)(B/I/A) Cardio Kickbox (AA)		
5:15 pm-6:00 pm	Cycle-Fit (RC8)(B/I/A)		Cycle-Fit (RC8)(B/I/A)		Cycle-Fit (RC8)(B/I/A)		
5:15 pm-6:15 pm	Cardio Party (AA)(I/A)		Cardio Party (AA)(I/A)				
5:30 pm-6:30 pm		Sweet-N-Lo (AR)(B/I)		Sweet-N-Lo (AR)(B/I)			
6:15 pm-7:15 pm		Box Aerobics (AA)(I/A)		Box Aerobics (AA)(I/A)			
6:30 pm-7:00 pm		Stretch Away the Blues (AR)		Stretch Away the Blues (AR)			
6:30 pm-7:30 pm	Weight Training (AR)(B/I/A) Double Step (AR)		Weight Training (AR)(B/I/A) Step "n" Jab (AA)		Weight Training (AR)(B/I/A)		
7:00 pm-8:00 pm		Hip Hop (AR)(B/I/A)		Hip Hop (AR)(B/I/A)			

**B = Beginner**  
**I = Intermediate**  
**A = Advanced**

**AA = Activity Area**  
**AR = Aerobics Room**  
**RC8 = Racquetball Court 8**  
**NA = SRC Natatorium**

**Spring Aerobics begins January 22 and ends May 3**

# Dance



## Middle Eastern Dance (#311108)

Time: January 29 - April 9  
(Except March 12)  
Tuesdays, 5 pm - 6:30 pm  
Location: SRC Room 158  
(Assembly Room East)  
Prices: S/M/E = \$26 U/C = \$43\*  
If you are looking to add a new dimension to your life, learn the basics of belly dancing. It is a great way to reduce stress, increase flexibility/coordination, and center yourself on a personal level. Exercise, relax, and have fun at the same time. No previous dance experience necessary.  
Min.: 11 Max.: 25  
Instructor: Tedi Thomas

## Swing Dance (#311109)

Section A: Swing Dance 1  
(East Coast Swing)  
Time: January 31 - February 21  
Thursdays, 8 pm - 9:30 pm  
You've seen it and liked it and wished you could do it, too. Now you can. If you want to learn how to do this exciting and fun dance with all the spins and turns, this is your chance. Sign up today.  
Section B: Swing Dance 2  
(East Coast Swing)  
Time: March 28 - April 18  
Thursdays, 8 pm - 9:30 pm  
Location: SRC Aerobics Room  
1 section: S/M/E=\$23 U/C=\$40\*  
Purchase both sections, receive a 10% discount.  
Both sections: S/M/E = \$41  
U/C = \$72\*  
NOTE: Partners are recommended  
Min.: 8 Max.: 20  
Instructor: Arecrat King

## Cha Cha (#311110)

Time: January 30 - February 20  
Wednesdays, 8 - 9:30 pm  
Location: SRC Dance Room  
Prices: S/M/E = \$23 U/C = \$40\*  
Spice up your life with Latin moves! This Cuban dance is easy to learn and lots of fun.  
NOTE: Partners are required.  
Min.: 8 Max.: 20  
Instructor: Arecrat King

## Modern Dance (#311107)

Section A: January 30 - March 6  
Section B: March 27 - May 1  
Time: Wednesdays, 7 pm - 8 pm  
Location: SRC Dance Studio  
Prices: 1 Section: S/M/E = \$23  
U/C = \$40\*  
Purchase both sections, receive a 10% discount.  
Both Sections: S/M/E = \$41  
U/C = \$72\*  
This class combines basic ballet techniques and creative movement into a unique form of dance and expression. The class will provide stretching to relieve tension and stress and help you work up a sweat. Most of all, it's a fun way to exercise!  
NOTE: For both beginning students and those familiar with modern dance.  
Min.: 8 Max.: 20  
Instructor: Barbara Niechciol



## Salsa & Merengue (#311114)

Section A: Jan. 29 - Feb. 19  
Time: Tuesdays, 7 pm - 8:30 pm  
Section B: March 26 - April 16  
Time: Tuesdays, 7 pm - 8:30 pm  
Location: SRC Dance Studio  
Prices: S/M/E = \$23 U/C = \$40\*  
Feel the heat of Latin music. You will learn the basic techniques of Salsa and Merengue. This class is designed for beginners wishing to learn the basic steps for these exciting dances, as well as people who want to improve their techniques.  
NOTE: Partners are not required.  
Min.: 8 Max.: 20  
Instructor: Georgette Eden



## Ballet (#311101)

Section A: January 28 - March 4  
Section B: March 25 - April 29  
Time: Mondays, 7 - 8 pm  
Location: SRC Dance Studio  
Prices: 1 Section: S/M/E = \$23  
U/C = \$40\*  
Purchase both sections, receive a 10% discount.  
Both Sections: S/M/E = \$41  
U/C = \$72\*  
Dance is the most enjoyable way to develop flexibility, strength, balance, and grace. Learn the fundamentals of ballet which help to develop self-confidence, posture, and body-awareness while serving as a foundation to all other forms of dance.  
NOTE: For both beginning students and those familiar with ballet.  
Min.: 8 Max.: 20  
Instructor: Barbara Niechciol

## Tango (#311103)

Time: March 28 - April 18  
Tuesdays, 6 pm - 7:30 pm  
Location: SRC Dance Studio  
Prices: S/M/E = \$23 U/C = \$40\*  
Tango. It takes two to bring a partner to practice, not required. Beginning tango will teach you leading, following, and enough moves to feel comfortable on the dance floor.  
NOTE: Partners are recommended.  
Min.: 8 Max.: 20  
Instructor: Arecrat King

\* Price includes entrance fee into the Student Recreation Center

For more information call  
Instructional Programs at  
453-1263.

## Capoeira

Pronounced ka-poh-ér-a. Capoeira is best described as the "Art of Survival" which integrates the elements of martial arts, dance, music, acrobatics and ritual into a dynamic, athletic form. Gathered in the roda (circle), players clap and sing in response to the calls of the leading master or instructor, and the strum and drone of the lead instrument, the berimbau. Its rhythm sets the pace of the game being played by the two capoeiristas in the center of the roda. The players, energized by the call and response of the singers and percussion instruments around them, respond in physical conversation of wit and agility, spontaneously flipping through the air or gracefully fluid low to the ground. The beauty of their movements does not come from aggressive rivalry, but instead from a colorful balance of give and take, strong and light, and positive/negative.



BA in Dance ('85), has taught Capoeira and Dance in faculty appointments at colleges and universities in Iowa, Michigan and California.

Section: 311354A  
January 30 - March 6  
Wednesdays, 4:30pm - 6:30pm  
Section: 311354B  
March 27 - May 1  
Wednesdays, 4:30pm - 6:30pm  
Location: Student Recreation Center Aerobics Room  
Min: 10 Max: 30

Prices:  
One Section:  
S/M/E=\$32 U/C=\$49\*

Save 10% when you purchase both sections.

Both Sections:  
S/M/E=\$58 U/C=\$88\*

Professor Zmolek, an interdisciplinary artist with an MFA in Dance ('96), an MA in Interdisciplinary Arts ('90) and a

**FREE!** **Capoeira Sampler** **FREE!**

**Wednesday, January 23**

**4:30 - 6:30 pm**

**Student Recreation Center**

**Dance Studio** **FREE!**

S/M/E = Student/SRC Member/Emeritus  
U/C = University Affiliated/Community