A recent state grant could call for celebration among Carbondale bicyclists and walkers.

Governor Pat Quinn said in the release. "This major investment in community transportation projects throughout Illinois will help improve the quality of life for everyone," Quinn said in the release. "These projects will create hundreds of jobs while preserving our heritage, beautifying communities and creating new transportation options across our state for pedestrians, bicyclists, and others."

The ITEP program is designed to promote and develop alternative transportation options, including bike and pedestrian travel along with streetscape beautification and historic community preservation, according to the organization's website. The federal funds are awarded competitively, and any local or state government with taxing authority is eligible to apply. Local matching funds are required, and work must begin on the projects within three years. Penalties can be assessed for late projects, Ervin said. She said the state has set a sunset clause, which requires grant recipients to begin a project within a set time period. If construction does not within the allowed time, the money is subject to federal recission. "The intent of the sunset clause is to keep projects moving forward and utilize the federal enhancement funds for projects that will be constructed in a timely manner," Ervin said.

While the grant funds have already been appropriated, some students felt the money could be used elsewhere.

Kylie Corry, a senior from Dundas studying biological science, said some areas of town and campus like Thompson Woods could have used the funding, especially since she uses her bike to navigate campus. "It gets pretty rough going through Thompson Woods," she said. "The sidewalks are all cracked, and there's holes. It's hard not only to avoid the pedestrians, but to avoid the cracks and such." Corry said she usually uses the sidewalks to ride her bike because most people are unsure how to drive a vehicle with bikers on the roads, and she mostly feels safer driving a vehicle with bikers on the roads. The project from Mill Street to Main Street will be a welcome addition, she said.

"I know right now, in central town, they have bike paths coming into campus and that's taken care of, but the east side of town I don't know of any bike paths," she said.

Colin Ratermann, a senior from Breese studying speech pathology, said he has not found issues with sidewalk conditions, but he thinks there are spaces such as the west side of town that could use work.

"From walking to my apartment to Thompson Woods, it looks pretty nice," he said. "I think there are other portions of the city that could use it."
The Weather Channel® 5-day weather forecast for Carbondale, Ill.

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- **Sunday**: 54°/45°

The Weather Channel® 5-day weather forecast for Carbondale, Ill.

**About Us**

The **Daily Egyptian** is published by the students of Southern Illinois University Carbondale 50 weeks per year, with an average daily circulation of 15,000. Fall and spring semester editions run Monday through Thursday. Summer editions run Tuesday through Thursday. All internation editions will run on Wednesdays. Free copies are distributed in the Carbondale and Carterville communities. The **Daily Egyptian** online publication can be found at www.dailyegyptian.com.

**Mission Statement**

The **Daily Egyptian**, the student-run newspaper of Southern Illinois University Carbondale, is committed to bring a trusted source of news, information, commentary and public discourse, while helping readers understand the issues affecting their lives.

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**Correction**

In Monday's edition of the Daily Egyptian, the story “Spring enrollment: how the university stacks up,” should have said the university saw an 83 percent retention rate from last semester, according to a Saluki Times statement, which reflects a 17 percent enrollment decline. The Daily Egyptian regrets the error.

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OPINION

Helicopter parents need some grounding

ANNE MICHAUD

Remember the expert advice that parental involvement is the key to kids’ school success? Apparently, involvement can go too far. A new survey of 128 guidance counselors, school psychologists and teachers asserts that many parents are overly engaged in their kids’ schooling and generally their lives, and it’s hurting the children’s maturity and courage.

Many parents today are guilty of “overparenting,” according to the study out of the Queensland (Australia) University of Technology, which was highlighted in The Atlantic magazine.

It’s not a big study, but it raises intriguing questions about how “excessive” parenting affects children.

The authors, who are psychology and education experts, find that “an extreme attentiveness to children and their imagined needs and issues” results in kids failing to learn independence, confidence or the skills to bounce back after a defeat.

This will not come as news to many educators, especially those who deal with families at upper socioeconomic levels, where the Queensland study says overparenting is most prevalent.

Among the parental coddling cited is cutting up a 16-year-old’s food, forbidding a 17-year-old to ride a train alone and rushing to school to deliver a forgotten lunch, assignment or gym clothes.

Survey respondents also listed these sins: taking the child’s word against the teacher’s, demanding better grades and doing the child’s homework.

This list is probably sounding uncomfortably familiar to many parents, but surely it’s a matter of degree. Are you dropping off a forgotten lunch a couple of times during the school year or delivering takeout to the child’s class on demand? Is the child 6 or 16?

Helicopter parents who hover, and lawn-mower parents who remove any barrier or discomfort for their kids, risk robbing their children of learning how to solve their own problems and deal with not getting what they want.

— Anne Michaud

Newday journalist

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These are neat industries that really lend themselves to imagination," he said. "Most kids grow up and they turn something into an airplane, or they make something into a toy car. We wanted to use this idea of innate play that comes out of these industries and get kids interested in the science and the math that has to go into them."

Whitney West, 21st Century Elementary Learning Center assistant director, said the goal is to help students raise their grades in troublesome areas but also work on basic reading, writing and math.

"Like with the wood working, it's something interesting and a life skill that they'll be able to use later on but you're also able to work math in there," she said.

Stuart Parks, 21st Century Elementary Learning Center director, said the idea behind the automotive and aviation unit was to expose students to content they might see on the upcoming ISAT test.

"Some of the terminology they're going to see on there teachers haven't necessarily had a possibility to get to during the school year just yet, and that is due largely in part to the timing of the test," he said. "We aren't even three-fourths of the way through the school year, and we're already assessing kids."

However, the program itself — along with the university's help — has been nothing but helpful for the students, who Parks said enjoy the automotive and aviation unit the most.

"We have found, overall, in our last year and a half that the grades, attitudes and discipline of our students is showing a great increase," he said. "Our idea was to do hands-on activities and to be able to teach some of the terminology that they might see on that test, and it's just been a great success."

Students also work on projects such as building birdhouses, cryptography, culinary arts and broadcasting, West said.

"I'm hoping that they're starting to get an appreciation that there's more out here than just what they see in front of them." Lorelei Ruiz, associate professor of aviation, was one of the program's instructors and helped teach students how to make plastic foam rockets, test them to learn how different thrusts and angles affect their travel. She then let them apply that knowledge to a rocket golf game, which is essentially the same as Frisbee golf but with rockets.

"It's to help them see how what they're doing in those classes applies to what they could be doing in a career later on," Ruiz said. The partnership within the program also shows its importance as university enrollment declines. Parks said. Carbondale citizens should do their part to help increase those numbers, he said.

"Not only are we getting the experts that can come and teach the students hands on activities, but I also see it as a major recruiting tool for SIU in the fact that some of these students are entering high school next year," he said. "They're going to be thinking about where to attend post-secondary education. Why not SIU, if it's right here on top of us?"

Goetz said the program could be a long-term recruitment tool, but that wasn't the initiative behind it.

"SIU's name is out there in the community," he said. "My hope is that when these students are looking into college, they may remember doing something kind of neat through this program, and it was SIU that got involved in it."

The SWAG program will also hold a family night Feb. 5, which will feature a dinner and guest speaker Anna Jackson, English lecturer at the university. Parks said parents and family members of any student involved are welcome.

"Hopefully they'll come away motivated because we're really concentrating heavily on being a positive influence on your community and being a good role model around your school," he said. "I'm hoping they'll come away with information that will help them be better citizens and better students."

Kayli Plotner can be reached at kplotner@dailyEgyptian.com or 536-3311 ext. 257.

"I think it should be a combination of looking and seeing where the needs are," he said. "If the needs are on the east side (of town), that's of great use, but if the needs are somewhere else, maybe there should be a reevaluation based off the needs."
TRAVENICE, Mich. — Two of the Great Lakes have hit their lowest water levels ever recorded, the U.S. Army Corps of Engineers said Tuesday, capping more than a decade of below-normal rain and snowfall and higher temperatures that boost evaporation.

Measurements taken last month show Lake Huron and Lake Michigan have reached their lowest ebb since record-keeping began in 1918, and the lakes could set additional records over the next few months, the corps said. The lakes were 29 inches below their long-term average and had declined 17 inches since January 2012. The other Great Lakes — Superior, Erie and Ontario — were also well below average.

“We’re in an extreme situation,” said Keith Kompolotowicz, watershed hydrology chief for the corps district office in Detroit. “The low water has caused heavy economic losses by forcing cargo ships to carry lighter loads, leaving boat docks high and dry, and damaging fish-spawning areas. And vegetation has sprung up in newly exposed shoreline bottomlands, a turnoff for hotel customers who prefer sandy beaches.”

The corps report came as shippers pleaded with Congress for more money to dredge ever-shallower harbors and channels. Shippers are taxed to support a harbor maintenance fund, but only about half of the revenue is spent on dredging.

The Army corps said Tuesday that policy is pending before Congress. Legislation to change the percentage of revenue is spent on dredging, which is on the south end of Lake Huron, accelerated to make up for losses that resulted from dredging, which they contend are even greater than officials have acknowledged.

Although the Army corps produced a list of water-slowing options in 1972, including miniature dams and sills that resemble speed bumps along the river bottom, nothing was done because the lakes were in a period of above-average levels that lasted nearly three decades, Kompolotowicz said.

The corps has congressional authorization to take action but would need money for an updated study as a first step, he said. The Detroit office is considering a funding request, but it would have to compete with other projects nationwide and couldn’t get into the budget before 2015.

“It’s no guarantee that we’re going to get it, especially in this budget climate,” Kompolotowicz said. “But there are serious impacts to navigation and shoreline property owners from this extreme event. It’s time to revisit this.”

Scientists and engineers convened by the International Joint Commission, a U.S.-Canadian agency that deals with shared waterways, issued reports in 2009 and last year that opposed trying to regulate the Great Lakes by placing structures at choke points such as the St. Clair River. The commission has conducted public hearings and will issue a statement in about a month, spokesman John Nevin said.

Roger Gauthier, a retired staff hydrologist with the Army corps, said a series of “speed bumps” could be put in the river at a reasonable cost within a few years to deepen the navigational channel in the St. Clair River, most recently in the 1960s. Dredging of the river, which is on the south end of Lake Huron, accelerated the flow of water southward from the two lakes toward Lake Erie and Lake Ontario, and eventually into the Atlantic Ocean.

Groups representing shoreline property owners, primarily in Lake Huron’s Georgian Bay, have demanded action to slow the Lake Huron and Michigan outflow to make up for losses that resulted from dredging, which they contend are even greater than officials have acknowledged.
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WEDNESDAY, FEBRUARY 6, 2013 • PAGE 8
Salukis end losing streak in WSU upset

After trailing by one point at halftime, SIU's men's basketball game led most of the second half and beat the Shockers 64-62 on a goaltended shot in the game's closing seconds. The Salukis aggressively and consistently attacked the lane, scored 15 points from the free-throw line and drew 21 fouls from the Shocker's defense.

Freshman guard Anthony Beane Jr. led the team with six free-throws and matched four rebounds on the night. Senior guard T.J. Lindsay said the team played its most cohesive game of the season. “I think this may have been the most unselfish game we have played all year,” he said. Lindsay was precise from long range throughout the game. The senior hit four 3-pointers and was the Salukis’ leading scorer with 14 points by halftime. The guard hit a 5-point jumper with 5:50 left in the first half that rallied the SIU offense.

“Coach looked at me from the other end of the bench and said ‘We need a spark,’” Lindsay said.

SIU took its first lead of the game on the second half’s initial possession, when Beane Jr. hit a 2-point jumper to give the Salukis a 37-36 advantage.

The lead — and the raucous crowd — gave SIU an emotional boost to red off a 9-0 run, which included an alley-oop from senior guard Kendall Brown-Surles to junior guard Demarcus Johnson on an inbounds play.

“Coach Barry Hinson subbed in freshman guard Jalen Pendleton with less than 2 minutes left in the game. The freshman stole the ball in the next play, got fouled and made two critical foul shots. Pendleton said Hinson told him to relax at times during the game. ‘Coach said don’t worry so much,’ he said. ‘Usually coaches don’t like when I spin, but I saw that they were playing me to my right hand.’

Pendleton spun into the lane on a layup with 48 seconds left in the game. For the rest of the story, please see www.dailyEgyptian.com.
Super Bowl success helps, hurts area eateries

Between the third-quarter blackout, Beyoncé’s halftime performance and the Baltimore Ravens’ victory, the Super Bowl was once again one of the most highly viewed television events in history. However, was both good and bad for Carbondale’s restaurants.

The Nielsen ratings estimated that more than 108 million people tuned into the game, which ranked it the third most watched time. Forbes reported that nearly 48 million people ordered take-out food nationwide.

The large number of Super Bowl viewers saw varied effects on businesses throughout the city. Papa John’s prepared for the increase in business by getting their supplies of food ready weeks in advance, shift leader Peter Zamiska said. Having the food ready and in good supply helped meet the orders they had to fill.

“We were not nearly as busy as we expected to be,” Saluki Bar and Grill cook Jonathon Minnis said. “We were pretty slow most of the day and didn’t sell anywhere near the amount of beer or food we expected to. Maybe Polar Bear put them in a rut where they didn’t have the money to come in.”

Post Polar Bear or not, the Super Bowl has had consistent historic viewership with Nielsen Super Bowl ratings averaging more than 110 million viewers for the past three seasons. Officials from Chili’s and Quatros said they noticed the trend and have already begun to plan for the event.

“With all the changes going on after last year’s sales, and you already know what to expect,” Chili’s assistant manager George Modglin said. “The concern is that you may actually be slower. The only area we were up in was take-out sales, which we knew we would be.”

Modglin said Chili’s profited over last year’s Super Bowl thanks to a $500 order placed this year from Brehm Preparatory School. He said it took five cooks and three managers to prepare the order of buffalo wings, fajitas and other assorted appetizers.

Although many of the area’s restaurants failed to make a profit during the Super Bowl, their management said the game’s effect on their profit margin is not enough to hurt their business. Modglin said they treat it like any other holiday where business tends to be slow.

“It’s just a big family and friends type of event,” Modglin said. “People like to stay home and be relaxed and not get cleaned up to go anywhere. They can hoot and holler and do what they want and not be in the public eye.”

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