Southern Illinois University Carbondale

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Howling at harvest



ALEXA ROGALS | DAILY EGYPTIAN

The SIU women's Ultimate Frisbee team gets ready for their first game by doing a cheer Saturday during the 23rd annual Harvest Moon tournament in Fayetteville, Ark. The tournament was held Saturday and Sunday and featured nearly 60 teams, each dressing up with a different theme. "Harvest moon is one of my favorite tournaments," team captain Jessica Stapleton said. "It's about having fun and playing a game that we love."

Greek life on upswing

LUKE NOZICKA Daily Egyptian

Greek life has maintained a presence at SIU for more than 80 years, and this weekend fraternity Alpha Tau Omega celebrated their 40th year on campus with several events.

The commemorations included an alumni

Greek life started at SIU in 1923 with the Sigma Alpha Pi Fraternity and the Epsilon Beta Sorority, which over time merged with the Alpha Gamma Delta Sorority. Although the Sigma Alpha Pi fraternity never became a national organization, it started a new movement at SIU and over time formed an array of different organizations.

Tom's Place in Desoto serves famous food with a famous past

JORDAN VANDEVEER Daily Egyptian

Tom's Place in Desoto has a unique past filled with gangsters, gambling and food starting as far back as 1921. Today, Tom's Place is a little more upscale. brulee, tiramisu and chocolate soufflé. Sorensen's restaurant also carries Kobe beef, which he said his distributor could not believe how much of it he sells. According to wisegeek.org, Kobe beef is said to be the best beef in the world.

"Gourmet chefs prize Kobe beef for its tenderness, flavor and amount of intramuscular

banquet and the honorary initiation of Dr. Glen Blackstone as their new official advisor. ATO President Aaron Curry said Blackstone was perfect for the role, and being the Uncle of Junior ATO active Scott Blackstone, he was already a part of the family.

Blackstone came to southern Illinois in 1968 on a track scholarship. After graduating he became a Second Lieutenant in the Air Force, taught as a teacher and administrator at Carbondale Community High School, and then retired for 36 years. He is now a Senior Lecturer at SIU and has been a professor of workforce education and development for 12 years.

"He's been pretty engaged for the past year, so we asked him if he wanted to be honorary initiated," Curry said.

The banquet also commended their last advisor, the Director at Regional Technical Assistance and Continuing Education Center, Dave Adams, who gave 20 years to the SIU Greek life.

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"There are four kind of categories of chapters; there's the Interfraternity Council fraternities and I think in total 75 of them, there's Pan-Hellenic sororities which are 26 national sororities, there are national Pan-Hellenic and those are the divine nine, historically black letter Greek organizations and there's multicultural groups," said Graduate Assistant for Fraternity and Sorority Life, Kate Roessler.

This semester SIU has three new chapters forming or recolonizing; adding to the 33 already established Greek organizations on campus, Roessler said.

Vice President of the National Alpha Sigma Phi fraternity Matt Humberger said that bringing their fraternity to any campus takes years of preparation.

"I met with Andy Morgan, the fraternity and sorority life coordinator, and we discussed bringing the fraternity to SIU," Humberger said.

Please see UPSWING | 3

Lasse Sorensen and his wife Maryjane have owned Tom's Place for the last 16 years. Sorensen, also the head chef at Tom's Place, is originally from Denmark and received his master's in culinary arts in Copenhagen, Denmark.

Sorensen said he and his wife lived in California, though Maryjane's family is originally from the Desoto area. Sorensen said he visited for a fishing trip and saw Tom's Place for sale.

Five years had gone by, and Maryjane grew tired of California, and since the restaurant was still for sale, they moved to Desoto and bought the restaurant.

When the Sorensens bought Tom's Place, they completely changed what the restaurant had been known for — other than gangsters — fried food. Lasse Sorensen said they do not serve the fried frog legs, chicken and every other fried dish the restaurant used to be known for.

Sorensen said they have several different dishes, but some of the favorites include Ahi tuna and beet salad. They create famous desserts like Crème fat, called marbling," the site said.

Though many restaurants may sell Kobe-style beef products, only one line of cattle are actually called Kobe beef, the wagyu cattle, harvested in the Kobe region of Japan. Sorensen said Kobe beef steaks are around \$60.

Tom's Place has been ranked as a five-star restaurant for the last 10 years.

"The North American Restaurant Association ... they send a person around to restaurants and they check restaurants periodically. The first time they were here, we had a perfect score," Sorensen said.

Sorensen said a lot of work goes into receiving a five-star rating, and also luck. He said the kitchen and staff have to be doing a good job and the person from the association has to be in a good mood. The mood of the restaurant, even the music has to be just right at the time of inspection.

Please see TOM'S | 3



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Twitter increases IPO price range, following Facebook's market path

JEREMY C. OWENS San Jose Mercury News

Following the path of its socialnetworking predecessor, Twitter Inc. increased the possible price of its initial public offering Monday, boosting the proposed price for its first batch of shares to as much as \$25. Twitter initially stated that it planned to price its offering in a range from \$17 to \$20, which analysts considered low, based on the microblogging company's internal valuation of its private shares at \$20.65. After company executives spent the past week courting potential investors in its so-called "road show," they seemed to come to the same conclusion as the analysts, boosting the IPO range to \$23 to \$25. At the top of its new range, Twitter would rake in \$1.75 billion at a valuation of nearly \$14 billion.

its initial price range in the week ahead of its May 2012 IPO despite beginning the process with a much wider price range than is typical, \$28 to \$35. Besides boosting its range to \$35 to \$38, the Menlo Park, Calif., company also increased the number of shares it offered, with early investors adding 95 million shares to the offering, which helped Facebook break IPO records with a total take of more than \$18 billion and a valuation of more than \$100 billion.

Twitter would be at 11.8 times its estimated 2014 revenues at the top of its proposed range, while projections put Facebook at a multiple of 11.5 and LinkedIn at 12.2.

Twitter did not increase the size of its IPO, which will not include any

The Weather Channel[®] 5-day weather forecast for Carbondale

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The last social-networking company to go public and receive as much attention as Twitter made a similar move, but went even further. Facebook Inc. increased

The twin moves likely contributed to Facebook's inability to sell for more than its IPO price in the company's first year on the public markets, however.

"Raising both the price and the size was Facebook's fatal mistake," PrivCo CEO and founder Sam Hamadeh told Reuters last month.

Twitter's move also creates a valuation similar to Facebook and Mountain View, Calif., professionalnetworking company LinkedIn Corp. when compared with revenues. Bloomberg News data shows that

shares owned by private investors or company executives. The San Francisco company plans to sell 70 million shares and keep all the proceeds for corporate purposes.

Monday's updated filing also disclosed that International Business Machines Corp. has notified Twitter that the New York tech behemoth believes the socialnetworking company is infringing on three of its patents. IBM is seeking to settle the dispute by entering into a licensing agreement, but Twitter said in its filing, "We believe we have meritorious defenses to IBM's allegations."

Twitter is expected to set a final price for its IPO Wednesday night and debut on the New York Stock Exchange under the symbol TWTR on Thursday morning.

UPSWING CONTINUED FROM 1

The Interfraternity Council approved the proposal last year, and now the fraternity is currently recruiting and building relationships with other Greeks. The Alpha Sigma Phi recruiting team has been on campus since Oct. 13, and will continue to find new members until Nov. 17, he said.

"The university wanted us to wait until after the other fraternities had done their recruiting," said Humberger.

After Nov. 17, the fraternity will send in a development team to start and grow the overall quality of this new fraternity. Alpha Sigma Phi is the 10th oldest out of 75 national fraternities, and was founded in 1845 at Yale University. The group of men joining this semester will be the original founding fathers here at SIU, he said.

"As of now we have 21 members and plan to have around 40 by the end of November, where we will vote on the leaders for the fraternity," Humberger said.

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Schools like U of I are abnormal because their Greek life is huge.

— Eddie Roman Interfraternity Council president

When starting a new chapter, the requirements can differ from group to group, Roessler said.

"For PanHellenic sororities there's a fairly extensive process, they have to form a committee to evaluate if it would be a good idea and then the committee makes a recommendation where then the whole group votes on if it should be another sorority," she said.

As for fraternities, they can register as a registered student organization and must have 10 members registered on OrgSync, and then must get certified by the Student Involvement and Leadership Development office, Roessler said.

Bill Thigpen, one of the original ATO founders in 1972 said when they had begun, SIU did not have a prestigious reputation, and most people were antiestablishment, especially towards Greek life.

"I think this was the year after the movie Animal House came out, so it really threw us because people thought we were all acting like this," Thigpen said.

SIU consisted of around 28,000 people at this time, and less than 500 were probably part of the Greek society, Thigpen said.

President of the Interfraternity Council Eddie Roman said about 8 percent of SIU students participate in Greek life, which is average compared to other universities.

"Schools like U of I are abnormal, because their Greek life is huge," Roman said.

Big Brother Chair at the University of Illinois Sigma Phi Epsilon, Bryan Clancy, said about 25 percent of their school is associated with Greek life, and makes up around 11,000 out of the 44,520 students.

"We're the second or third largest fraternity at U of I," Clancy said. "I mean we have 62 of 180 guys living in the house."

Phi Sigma Kappa Recruitment Chair and Secretary Connor Peters said most SIU fraternities range from 25 to 35 guys each.

University of Wisconsin-Madison graduate Tim Sachs of Theta Chi, said about 10 percent of students are involved in Greek life.

Regardless of size, being a part of Greek organizations is a great way to make connections to alumni and can help get a job in the future, Coordinator of Fraternity and Sorority Life Andy Morgan said.

"It brought me a wonderful career," Morgan said.

President of the Inter-Greek Council Bryce Webster said that if the person interviewing you were Greek, they would understand you already have a basic set of experiences. "They know that you've attended meetings, they know that you've planned events, they know that you've at least worked with some sort of a budget," Webster said.

Fola Arowora, a junior studying chemistry and biology pre-med from Grayslake, and ATO treasurer said although there are not many alumni in his major, he frequently can connect to others due to the Greek experience.

"Not many except one, he's on the board for the med school at Berkeley, so I talk to him frequently every month and he's going to write me a college recommendation," Arowora said.

Interfraternity Council Vice President Brendon Tarvin, of Phi Kappa Tau, said being in a fraternity is nott as easy as some may think, and that the GPA required for Greeks to maintain their membership was recently raised from 2.5 to 2.7.

Being in a fraternity has helped with his success, and he said the friends you call brothers end up being the guys at your wedding.

"It's something I cherish," Morgan said.

Том's

continued from 1

Sorensen has been on the culinary Olympic team of Denmark three times and has won the world championship of pastry chefs in 1987. Sorensen said those competitions have taught him about how judging and inspecting works. He even compared it to a baseball game, saying many things could go wrong, but everything has to go right in that one moment.

Sorensen said they make all of their dishes from scratch, and because of that, they can cater to people's wishes. He said he has people call and ask if he can make them something they had on vacation in Hawaii, or if he can make a vegetarian dish, and if he can get the ingredients, he can make it.

One thing they did not change over the years was the name. Sorensen said he wanted to change the name of Tom's Place to Lessar Faire, which is French for "let it be," but Sorensen's wife said she believed it would be a bad idea to change the name of the restaurant people had known since the 1920s.

The original owner of Tom's Place was Tom Endsley, who was known for his fried frog legs and friend chicken and secretly known for his alcohol during the prohibition, according to IllinoisHistory.com. Sorensen said he has been told several stories over the years, but said he has no way of verifying any of them.

Sorensen said under prohibition,

Endsley went to jail, but successfully ran the business while in jail with help from others.

"When he came out [of jail], he ran for county sheriff and won. So that's kind of only in America can you do that. Go to jail and come out and run for county sheriff," Sorensen said.

Sorensen said he has also heard that Tom's restaurant was connected with the mafia in Chicago. Tom's Place was the halfway point for Al Capone and John Dillinger, who were running sugarcane from New Orleans to Chicago to make alcohol during the prohibition.

"This would be their safe haven," Sorensen said. "So they have a lot of history here."

According to legend, Endsley owned a large mahogany table and lost it gambling to Dillinger in a card game. The story is that Endlsey actually lost Tom's Place, but Dillinger said he would just take the table instead. The story continues with Dillinger bringing the table to Chicago, where he lost it gambling to Al Capone, who then lost it to a doctor from southern Illinois. The table is believed to be in southern Illinois today.

"People would tell us that there used to be a gas station here and you could pull up and ask for an orange sodie and you would get beer during prohibition, but other people would swear there's never been a gas station here because there would be documentation," Sorensen said.

Sorensen said he has always thought it would be fun to write a

book one day on the history of Tom's Place, but it is hard to find out what really happened there.

"I think that people had such a good time up here over the years and they drank a lot while they were here," Sorenson said. "So their imagination ran rampant while they were here."

Sorenson said though he has regulars, he has many customers from all over because of his listing in the Wine Spectators magazine, which according to their website, has a little less than 3 million readers.

He said he started Wine Bar Fridays a couple years ago, aimed at the college students. Customers get three glasses of wine and three small dishes for \$30, but he said not many students have taken advantage of the special.



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The Race Card Project

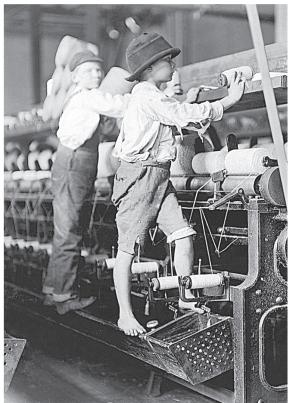
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75 years ago, the Fair Labor Standards Act took effect. Among the innovations the hard-fought legislation gave us are: overtime pay, an end to child labor and a little thing we call the weekend.



Children work in a textile mill in Macon, Ga., in 1909

Courtesy the Library of Congress

A change long-time coming

As the industrial age, and American society as well, matured over the first decades of the 20th century, it became clear that the nation's blue-collar workers needed protection from employers who didn't always take their needs into account

Minimum

wage

Congress sets

minimum wages

for women and

children in the

District of

Columbia

1923

In Adkins v.

Children's

upon Fifth

enter into

Hospital, the

Supreme Court

rules the Wage

Board infringes

Amendment rights

of employers and

whatever contract

they wish without

interference from

the government

employees to

1918

Child labor

1916

Keating-Owen Act prohibits the interstate shipment of goods produced in factories or mines that employ children under age 14 or in which adolescents between ages 14 and 16 work more than eight hours a day

1918

U.S. Supreme Court strikes down the Keating-Owen Act because it exceeds federal authority

National Industrial Recovery Act

Roosevelt's National Industrial

companies to pledge to keep

hours, to pay employees \$12

companies pledging to do this

badge to show U.S. consumers

to \$15 hours a week and to not

work weeks below 35 or 40

employ children under 16;

are awarded a "blue eagle"

they were doing their part for

A unanimous decision by the

Supreme Court strikes down

unconstitutional delegation

of governmental power

economic recovery

the NIRA as an

1935

Recovery Act suspends

antitrust laws to allow

1933

President Franklin D.

"any woman at an oppressive or unreasonable wage

1936

A New York laundry owner ignores the state minimum wage. When forced by the state to increase wages, he demands kickbacks from his employees; when he's jailed, the case advances to the Supreme Court, which declares the state's minimum wage law to be a violation of liberty of contract and, therefore, unconstitutional

and state governments

Minimum

A New York state law

bans employment of

wage

1933

Courtpacking

Organized labor addressed some of these ills. But some issues like

rampant child labor, particularly noticeable in Southern textile mills,

and the lack of a living wage increasingly were taken on by national

1937

Frustrated by repeated defeats in the courts, Roosevelt - coming off a landslide reelection victory - proposes to "pack" the Supreme Court by adding an extra judge for every judge who doesn't retire at age 70; the idea is debated hotly but no legal reason is found why Roosevelt might not do this; he backs off after conservative Justice Owen Roberts votes with the liberal minority in a minimum wage case in March 1937: historians later call Roberts' change of heart "the switch in time that saved nine": the nine-judge court system

196/

A titanic battle with Congressional opposition

1938

Which worked fine, until the

on this legislation

courts seemed to declare war

Emboldened by the breakthrough, Roosevelt sends a fair labor law to Congress in May that calls for a 40-cent-per-hour minimum wage, a 40-hour work week and a minimum working age of 16 in mining and manufacturing; opponents claim the law will choke businesses and eliminate jobs; the bill passes the Senate but is . kept in committee by House Republicans and conservative Democrats; in November, Roosevelt calls Congress back for a special session to consider the law; again, the bill is sent to committee and the House adjourns

Roosevelt sends a reworked and simplified bill back to Congress; again, the bill is kept in committee; Boosevelt takes his case directly to the public, claiming there are enough votes in the House to pass the bill, if it could just reach the floor: after much partisan debate, the House rules committee reworks the bill and it passes the House; another round of revisions pushes it through the Senate; Roosevelt signs the new Fair Labor Standards Act on June 25 1938, to become effective on Oct. 24

The Fair Labor Standards Act

The version of the Fair Labor Standards Act that finally went into effect 75 years ago covered most private and public employees. Its more important provisions:

Minimum wage

Minimum wage was set at 25 cents per hour, to be increased to 40 cents per hour within seven years

The work week

Any work by a non-exempt employee over 44 hours in a week is to be paid one-and-a-half times that employee's regular pay rate; this would be lowered to 42 hours the next year and to 40 the year after

Child labor

Children under age 16 are restricted from working in nonagricultural operations; children under age 18 are prohibited from working certain jobs considered dangerous; children under 16 are prohibited from working in agricultural operations during school hours and in dangerous jobs

700,000 Estimated number of workers affected by the increase in minimum wage 2 million Estimated number of workers affected by the change in working hours And, of course, the act was just the start; the government has continued to refine its labor laws over the years; some of the more notable tweaks made:

1963 Equal Pay Act Prohibits gender discrimina

1937

Prohibits gender discrimination — women must be paid the same as men for the same work

1966 Amendment

Expands coverage to more farmworkers and state and local government employees

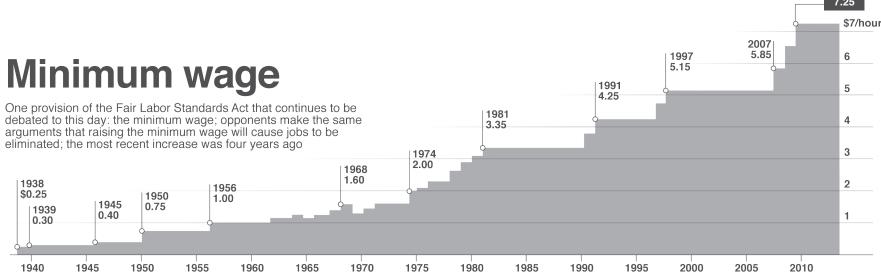
Age Discrimination In Employment Act Prohibits age discrimination

Amendment

Expands coverage to domestic workers

Amendment

"Exempt" is redefined; many low-level supervisors lose overtime pay



Source: U.S. Department of Labor, AFL-CIO, U-S-History.com

Graphic: Charles Apple, The Orange County Registe

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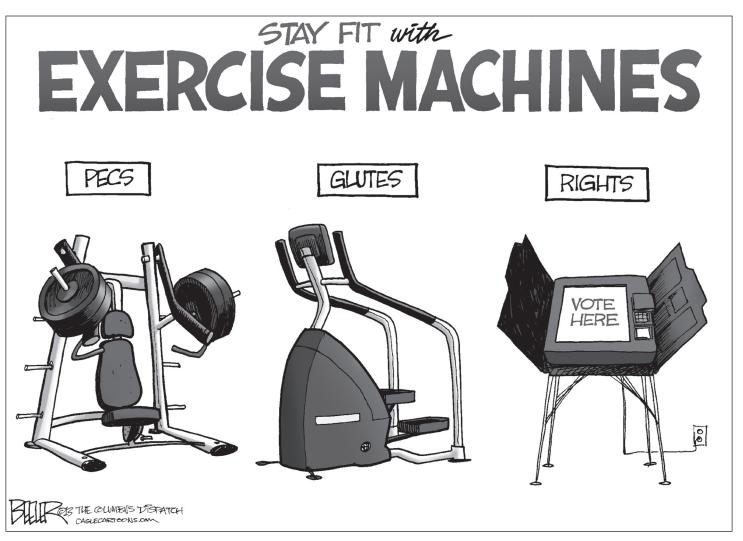
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THEIR WORD

We need to stop coddling the elderly

ROBERT J. SAMUELSON WASHINGTON POST

Two analysts at the Federal Reserve Bank of St. Louis have produced an important study that should (but probably will not) alter the climate for Washington's stalemated budget debate.

The study demolishes the widespread notion that older Americans need exceptional protection against spending cuts because they are poorer and more vulnerable than everyone else.

Coupled with the elderly's voting power, this perception has intimidated both parties and put Social Security and Medicare, which dominate federal spending, off-limits to any serious discussion or change. discourages us from asking: Are they all desirable or deserved? For whom? At what age?

No one wants to be against Grandma, who — as portrayed in the media — is kindly, often suffering from some condition, usually financially precarious and somehow needy. But projecting this sympathetic portrait onto the entire 65-plus population is an exercise in make-believe and, frequently, political propaganda.

The St. Louis Fed study refutes the stereotype. Examining different age groups, it found that since the financial crisis, incomes have risen for the elderly while they have dropped for the young and middle-aged.

The numbers are instructive. From 2007, the year before the financial crisis, to 2010, median income for the families under 40 dropped 12.4 percent to \$39,644. For the middle-aged from 40 to 61, the comparable decline was 11.9 percent to \$56,924. Meanwhile, those aged 62 to 69 gained 12.3 percent to \$50,825. For Americans 70-plus, the increase was 15.6 percent to \$31,512. (All figures adjust for inflation and are in 2010 "constant" dollars. The "median income" is the midpoint of incomes and is often considered "typical.")

family expenses drop with age. Mortgages are paid off; work costs vanish; children leave. Recall also that incomes typically follow a "life cycle": They start low in workers' 20s, peak in their 50s, and then decline in retirement as wages give way to government transfers and savings. Against these realities, the long-term gains of the elderly and losses of the young are astonishing. From 1989 to 2010, median income increased 60 percent for those aged 62 to 69 while falling 6 percent for those under 40 and 2 percent for those 40 to 61.

Just why this happened is less clear. Economist William Emmons, a study co-author, suggests some possible factors: more college graduates among retirees; more stable and generous Social Security benefits; pensions. Whatever the causes, similar patterns affect families' net worth. The young and middle-aged, with high debts and wealth concentrated in housing, suffered huge losses from the financial crisis. With less debt and more diversified investments, older Americans fared better. From 1989 to 2010, the median inflation-adjusted net worth of those 70 and over rose 48 percent to \$209,290. During the same years, the net worth of those under 40 fell 31 percent. Noeth avoid policy. We need to stop coddling the elderly. Our system of aid to the elderly mostly, Social Security and Medicare — has a split personality. On the one hand, it serves as a safety net for the elderly by providing crucial income support for the poor and near-poor as well as health insurance. On the other hand, it provides payments to millions of already-comfortable older Americans who could get along with less or, for some, do not need subsidies. We ought to preserve the system's safety-net features while gradually curbing the outright subsidies.

The idea that Social Security and Medicare spending should be defended to the last dollar - as advocated by many liberals - is politically expedient and intellectually lazy. Rather than promote progressive ends, as it claims, it prevents government from adapting to new social and economic circumstances. It is a growing transfer from the young, who are increasingly disadvantaged, to the elderly, who are increasingly advantaged. But political change needs honest debate, and honest debate needs a willingness to accept unpopular facts over friendly fictions. It requires that people candidly posing difficult choices not be stigmatized. As long as Grandma is the poster child for the elderly, that won't happen.

It has long been obvious that the 65-andover population does not fit the Depression-era stereotype of being uniformly poor, sickly and helpless. Like under-65 Americans, those 65 and over are diverse. Some are poor, sickly and dependent. Many more are financially comfortable (or rich), in reasonably good health and more selfreliant than not.

With life expectancy of 19 years at age 65, most face many years of government-subsidized retirement. The stereotype survives because it is politically useful. It protects those subsidies. It

There has been a historic shift in favor of today's elderly. To put this in perspective, recall that many

The political implications of these trends are clear, though Emmons and co-author Bryan

Submissions

Letters and guest columns must be submitted with author's contact information, preferably via email. Phone numbers are required to verify authorship, but will not be published. Letters are limited to 400 words and columns to 500 words. Students must include year and major. Faculty must include rank and department. Others include hometown. Submissions should be sent to *opinion@dailyegyptian.com*.

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REMY ABROUGHT | DAILY EGYPTIAN

City employees work to fix a broken water main Monday at the corner of South Oakland Avenue and West Cherry Street in Carbondale. Water was reported to be seeping through the cracks of the street Friday but the issue was delayed until the next business day. Cliff Pleasure, a 21-year resident of Carbondale who lives at the corner of Oakland and Cherry, says a solution would be to replace the pipes instead of fixing the old ones. The water main has been repaired and the street is open to traffic.

Scientists identify a new dolphin species off Australia

DEBORAH NETBURN Los Angeles Times

scientists said two — the Atlantic surprised even them. humpback and the Indo-Pacific Instead of two or three distinct





A team of scientists says it has found a new species of dolphin swimming off the northern coast of Australia.

The dolphin, a member of the humpback family, is not exactly new to science - researchers have known about the population for years - but it is newly described by science. In fact, it is so new it does not have a name. Humpback dolphins are wideranging but have not been well studied. They have a tell-tale bump in front of their dorsal fin and prefer coastal waters such as estuaries and deltas. They can grow to 8 feet, and their color ranges from dark gray to pink or even white. Scientists believe they eat mullet and other fish.

For more than a decade, a debate has raged about how many species of humpback dolphins exist. Some

humpback. Others thought the Indo-Pacific humpback dolphin was actually two separate species.

Recently, Dr. Martin Mendez, assistant director of the Wildlife Conservation Society's Latin America and Caribbean Program, and Howard Rosenbaum, director of the society's Ocean Giants Program, decided to see whether they could shed new light on the question. Together they collected hundreds of samples of humpback dolphins to compare genetic and morphological characteristics among geographic populations.

In a study published in the Journal of Molecular Ecology, the team said it analyzed 180 dolphin skulls and looked at 245 tissue samples, mostly from beached humpback dolphins and museum specimens. The results

species, they found four.

"Based on the findings of our combined morphological and genetic analysis, we can suggest that the humpback dolphin genus includes at least four member species," Mendez said in a statement.

The four species they identified include the Atlantic humpback dolphin that lives in the eastern Atlantic off West Africa; the Indo-Pacific humpback dolphin that ranges from the central to the western Indian Ocean; a second species of Indo-Pacific humpback dolphin that lives in the eastern Indian and western Pacific Oceans; and the species that lives off northern Australia.

The researchers are hoping that the discovery will help efforts to protect the humpback dolphins, which are suffering from loss of habitat.

The underdawgs of flag football



JOHN SCOTT | DAILY EGYPTIAN

Jeremy Brister, of Chicago, right, catches a pass over D'vonte' Delitz, a junior from Chicago studying psychology, Monday at practice for the flag-football league at the corner of East College Street and South Marion Street. The league, which consists of six teams of seven players, was created by SIU alumnus Lamar Johnson, Delitz, and Brister, and gives an opportunity for students and non-students to play flag football. The decision to create the league came after missing the Sept. 5 registration for SIU's intramural flag football league. "The league is for the underdogs and that is why we named our team the 'Dawgs," Delitz said. "We really don't have the best facilities or best equipment, but we love the game and we want to play." The league plays every Sunday at local parks and occasionally in a friend's backyard.

Stress of coaching can add up quick in the NFL

TIM DAHLBERG Associated Press

The hours are brutal, and so are the expectations of millions who sit in judgment of what you do on Sunday afternoon.

Being a coach in the NFL isn't necessarily an automatic ticket to the emergency room. But the hospitalization of two coaches on one midseason weekend — one after collapsing on primetime television — is a scary reminder that the unrelenting pressure of trying to win football games week after week can be a dangerous thing.

"Football sure is stressful and coaching is a stressful occupation — just like a lot of people's jobs are stressful," said Dan Reeves, who underwent heart surgery while coaching the Atlanta Falcons in 1998. "But it's such a timeconsuming job that you don't really take care of yourself the way you should, and it's easy to have those things happen."

Like Denver's John Fox, Reeves knew he had heart issues during the season. Like Fox, he wanted to put them off as his team made a run to the playoffs.

And like Fox he ended up in the hospital while his team played without him.

"Good thing I finally said something to a doctor," Reeves said, "or I could have had a heart attack."

Fox underwent aortic valve replacement surgery Monday, two days after feeling dizzy while playing golf near his offseason home in North Carolina. Predictably, the team issued a statement quoting the coach as saying he was disappointed to have to leave the team and looked forward to returning to the sidelines as soon as possible.

Not so predictable is the future of Gary Kubiak, who collapsed while walking off the field at halftime Sunday night in a game his team would go on to lose in his absence.

Though the Texans issued a statement saying Kubiak was alert and in good spirits, he will remain in a Houston hospital through Tuesday while doctors run tests to find out what caused him to go down.

They're coaches of two teams going in different directions, with one thing in common: Both are suddenly powerless to do anything about it.

"It'll be tough on them, sitting there and thinking they can't do what they are supposed to do, that your job is to help your team," former coach Tony Dungy said. "You really feel that: 'I can't help my team."



WORLD & NATION

Toronto mayor apologizes but says he won't resign

ROB GILLIES Associated Press

TORONTO — Toronto Mayor Rob Ford apologized Sunday for "a lot of stupid things" and acknowledged the need to curb his drinking, but he didn't address allegations of drug use and said he will continue to lead Canada's largest city despite pressure to resign.

"I'm going to weather this storm," he said.

Ford made his remarks on his local weekly radio show three days after police said they had obtained a copy of a video that appears to show the mayor puffing on a crack cocaine pipe.

The video was recovered from a computer hard drive during an investigation of an associate of Ford's who is suspected of providing him drugs. Police have said they don't have grounds to charge the mayor with any crime.

Ford didn't address the contents of the video Sunday, saying he cannot comment on a tape he hasn't seen. "Whatever this video shows, Toronto residents deserve to see it and people need to judge for themselves what they see on this video," he said.

Police said the video will come out when Ford's associate and occasional driver, Alexander Lisi, goes to trial on drug and extortion charges. Lisi is accused of threatening two alleged gang members who had been trying to sell the video to the media.

Police have said they want to talk to Ford, but his lawyer so far has declined.

sincerely apologize, there's absolutely no excuse, no one to blame but myself. I am going to fight like no one has seen before to win the next election.

Ford on Sunday acknowledged making "mistakes" but declined to take a leave of absence or resign.

"I sincerely apologize, there's absolutely no excuse; no one to blame but myself," he said. "I am going to fight like no one has seen before to win the next election" in October 2014.

Later, he told Toronto radio station AM640 in an interview that "I am not a crack addict. I'm not an addict of any type of drug -- even alcohol."

All four major Toronto newspapers have called on Ford to resign. Municipal law makes no provision for his forced removal from office unless he's convicted and jailed for a criminal offense.

The populist, conservative mayor also said Sunday he would agree to have a full-time city driver, a proposal he had rejected before as a waste of taxpayers' money.

Even before police announced they had the video, Ford had drawn criticism for erratic behavior.

Ford said Sunday he shouldn't have been drunk in public when he appeared at a street festival in August, calling it "pure stupidity."

He also said he got "a little out of control" after St. Patrick's Day in 2012 when city hall security guards said they witnessed a "very intoxicated' Ford having trouble walking and swearing at aides.

— Rob Ford

Toronto Mayor

An incident report released last week said that at 2:30 a.m. that day, Ford "visited the security desk alone with a half empty bottle of St. Remy French Brandy." The mayor said his car had been stolen and he wanted to call police, the report said. Security told Ford his car was at home, took the bottle from him and found him a taxi.

Ford warned Sunday, "I'm not saying here I'm not going to drink again. That's not realistic. Just slow down on the eating and drinking and everything."

The mayor also met over the weekend with ally and Deputy Mayor Norm Kelly, who had said he wanted to express the concerns of city council members.

Kelly said Sunday he was "encouraged" by Ford's decision to hire a driver to pick him up in the morning and take him home at night.

But Kelly said there would be "no generosity by any of the sides" if Ford slips up again.

City Councilor Doug Ford, the mayor's brother and a radio show co-host, said the mayor should stay in his basement when he drinks.

Ford drove himself to the radio station Sunday, blasting the Bee Gees' "Stayin' Alive" on his car stereo as he arrived.

Nigeria: Suspected militants attack wedding convoy

IBRAHIM ABDULAZIZ Associated Press

YOLA, Nigeria — Suspected Islamic militants attacked a wedding convoy in northeast Nigeria over the weekend, the latest in a storm of violence in the region as government troops battle religious extremists bent on turning Africa's most populous nation into an Islamic state. Authorities on Sunday gave conflicting accounts of the death toll, however --ranging from five to as many as 30, including the groom.

The attack took place Saturday on the highway between Gama and Gwoza towns in Borno state, military spokesman Lt. Col. Muhammed Dole said. That road runs alongside forests that are a known hideout of Islamic extremists from the Boko Haram network.

Dole put the death toll at five. However, Adamawa state spokesman Ahmad Sajoh said more than 30 people, including the groom, were killed. He did not explain where his information came from, but noted that the groom and his guests were from Adamawa, which neighbors Borno state, and had been driving home.

Meanwhile, a minibus taxi driver said he passed many bodies on the road near Firgi village in Borno, where the wedding ceremony took place. Firgi is near the border with Adamawa state.

"We saw a lot of dead bodies killed by gunshots and some by the roadside that appeared to have been

slaughtered" with their throats slit, the driver, who asked to be identified only as Shaibu, told reporters Sunday in Maiduguri, the capital of Borno state. He did not give the exact number of bodies he saw.

Shaibu said his terrified passengers wanted to turn back, but "I took the risk ... and said God is in control."

Boko Haram is leading an uprising aimed at installing an Islamic state in Nigeria, possibly the greatest threat in decades to the cohesion of the West African country. Nigeria is Africa's biggest oil producer. Its population of more than 160 million people is divided almost equally between the mainly Muslim north and the predominantly Christian south.

Last week, suspected extremists attacked a military checkpoint in the same area, and witnesses said they killed at least four security force members and made off with army vehicles, weapons and ammunition. The Nigerian military neither confirmed nor denied that report.

The military is still battling the Islamic extremists more than five months after the government declared a state of emergency and flooded three states that cover onesixth of the country with troops and police officers. The security forces have driven the insurgents from major towns and attacked bush camps with aerial bombardments and ground assaults. Hundreds of combatants and civilians, mainly Muslims, have died in recent weeks.

Many health woes in teens seeking obesity surgery

LINDSEY TANNER Associated Press

CHICAGO — U.S. teens seeking weight-loss surgery have a startling number of health problems that used to be seen only in adults, according to a major government-funded study.

Less serious complications including bleeding and dehydration affected 15 percent of kids during the first month after surgery.

organs occurred in 8 percent of teens.

psychologically mature enough to had many more repeat surgeries. handle it.

The new results bolster evidence from smaller studies in teens and also and better health remains to be seen. suggest teens may do better, at least initially, than adults. Earlier 30-day research in adults found a few deaths after obesity surgery, although the risk was no greater than for other major operations. There were no deaths in the teen study. A three-year follow-up report on more than 2,000 patients in the adult study was also published online Monday in the Journal of the American Medical Association. It showed adults generally had fewer obesity-related illnesses than in the teen study, and most weight loss occurred within the first year after surgery. Gastric bypass surgery, the most common operation in the U.S., resulted in more weight loss and more improvement in related illnesses than stomach banding, as other studies have shown. Three-year death rates were low, and similar for both procedures, but band patients

In the teen study, whether obesity surgery resulted in lasting weight loss The researchers are still following the she has no food restrictions.

Some teens in the study say they can no longer tolerate certain foods, including sugar, meat or dairy products.

Half the teens had at least four major illnesses linked with their excess weight. Three of four had cholesterol problems, almost half had high blood pressure or joint pain and many had diseased livers or kidneys.

These kids weighed three times more than what is considered healthy. They weren't just teens "who want to fit into that cheerleading outfit better," said Dr. Thomas Inge, the study's lead researcher and a surgeon at Cincinnati Children's Hospital Medical Center.

The study offers reassuring evidence that obesity surgery is generally safe for teens, echoing previous short-term research. While it is a drastic, lastditch option, major complications including accidental injury to internal

The study involved 242 teens who had surgery at five U.S. centers from 2007 through 2011. Results for the first month after surgery were released online Monday in the journal JAMA Pediatrics. The National Institutes of Health paid for the study.

In a recent scientific statement, the American Heart Association said obesity surgery may be the most effective treatment for what it called "severe obesity" in teens, a condition it said affects about 5 percent of U.S. children and is increasing nationwide. The group's threshold for severe obesity is a body mass index of at least 35; the average BMI in the study was 51.

Because lifestyle changes and medication rarely work for such obese teens, the statement says obesity surgery should be considered for those with related health problems who are participants and calculating data.

But anecdotal reports from the teens suggest they're doing pretty well.

Chelsea Hale of Cincinnati has shrunk from 314 to 170 pounds almost half her previous size - since having surgery three years ago at age 17 at Cincinnati Children's. Before surgery, Hale had a hormonal problem, heart blockage and sleep apnea - all linked with obesity and all have since subsided.

"I feel good, I can pretty much physically do anything," said Hale, now in nursing school.

Like 28 percent of the teens studied, she had gastric sleeve surgery, which involves removing part of the stomach and creating a smaller tube or sleeveshaped stomach. She has to be careful to eat only small portions of foods, to avoid getting sick, but said otherwise

Most teens had gastric bypass or stomach stapling, which creates a small pouch in the stomach and attaches it to the intestines. A handful had gastric band operations, in which surgeons position an adjustable band around the top of the stomach, and inflate it to shrink the stomach. This operation has not been approved for U.S. teens.

Inge, a pioneer in obesity surgery in teens, says he does about 30 to 40 operations each year at Cincinnati Children's, and the numbers have increased slightly in recent years.

Kids must be severely obese to qualify. But many are so large that even when surgery results in substantial weight loss and better health, they can't shrink their BMI to below the obesity range, Inge said. That underscores the need to find ways to prevent severe obesity, he said.

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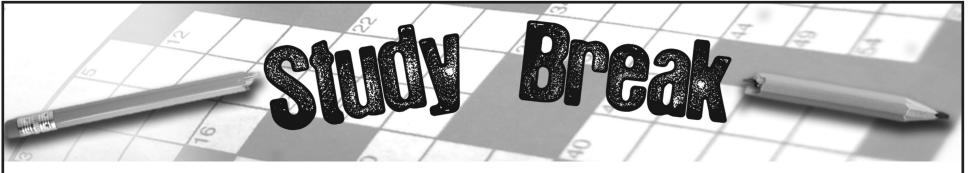
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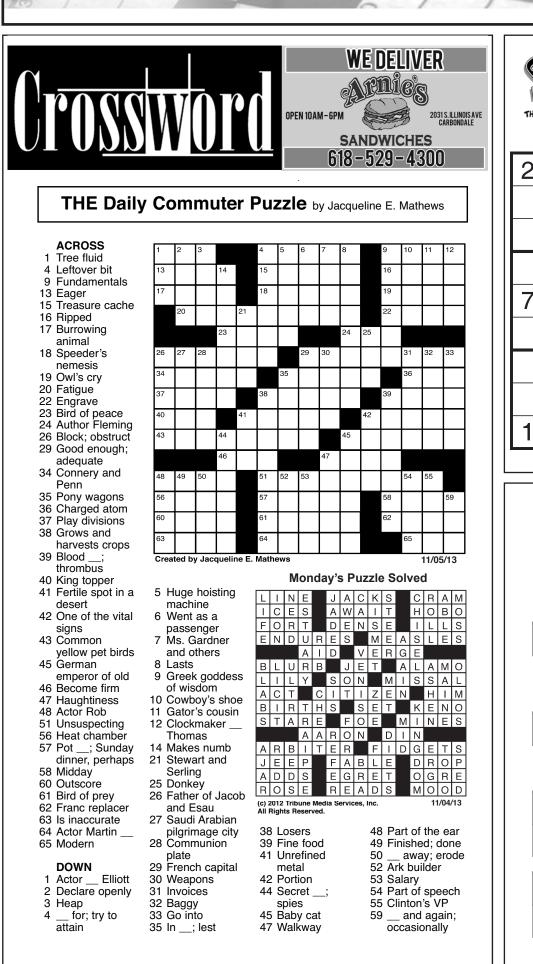
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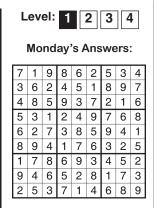


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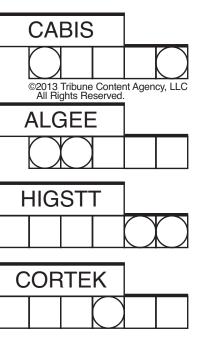
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2





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Aries — Today is a 9 — Participate socially this month, and get lost in fascinating philosophical conversation. Others are looking to you for a decision. Once you commit you'll find freedom, and release.

Taurus — **Today is an 8** — Travel looks tempting, but postpone until tomorrow, if possible (or just dance with some surprises). Ignore someone who says you'll fail, and make a list of goals.

Gemini — **Today is a 9** — Don't let obstacles slow you down. Practice with your teammate to break records. Get old business handled. The next month is good for saving money and handling finances. Go for fast, fun productivity. **Cancer** — **Today is an 8** — Female magnetism pays a big role in today's successes. Strengthen partnerships this month. Costs may be higher than expected. Proceed with caution, but you can handle it.

Leo — **Today is an 8** — Be careful. For four weeks, work gets exceptionallyfun.Don't get distracted while chopping. What could thrive in such a creative environment? Make a mess and find out.

Virgo — Today is a 7 — Luscious romance takes center stage. Dance your way into the spotlight. Others give you support in your career, but you have to be willing to receive it. Postpone travel for now. Libra — Today is an 8 — Opposition to your ideas could arise. They probably have a good reason. Try their shoes on, and walk a mile, before responding. At least you'll get some exercise and learn something new.

Scorpio — Today is a 9 — You're even smarter than usual. A conflict of interests shows up at your door. Try to understand other people's feelings and it goes easier. Get outside perspectives. Keep your finances ethical.

Sagittarius — **Today is a 9** — At first, the task may seem impossible. Looking at it more closely or from a different angle reveals new data. Gather new income now. You find your comfort zone, and confidence soars. **Capricorn** — **Today is a 7** — Don't throw money at the problem or you could very well make it worse. Worrying about it won't take you anywhere. Use patience and brains. Define how you'd like it to go.

Aquarius — Today is an 8 — Finish old jobs and new ones flourish and spark over the next month. Pad the schedule for setbacks. Decline an expensive invitation. Listen to a wise relative or a realistic friend.

Pisces — **Today is an 8** — You're especially popular, but your social life could cause a problem at home. Find the perfect balance by communicating your passion and acknowledging your support team.

Salukis prove to be conference contenders

AARON GRAFF Daily Egyptian

Coach Rick Walker said he could not remember the last time the Salukis beat the Bears in their pool, but the most important thing he saw out of both the men and women's teams this weekend was the amount of fight they had.

Last year's conference champion, Missouri State University, hosted SIU's swimming and diving team during the weekend, and the SIU women captured a win.

Walker said he was keeping track of every event the women's team won. After only a couple of events, he thought to himself they had a shot.

"You have to win a certain number of events in order to win a meet, and when you're knocking them down one at a time you think, 'Oh there's one.' That's when you start going 'Hey, we have a shot at this.""

The Salukis' last meet was against two of the top swimming schools in the nation and Walker said the last meet against the University of Kentucky and the University of Missouri was difficult, but the team wanted the challenge to not be afraid of conference schools.

"We walk in on the pool deck to face Missouri State, who has won conference six years in a row," Walker said. "We don't look at them as anything special because we've already been up against Missouri and Kentucky."

The SIU women won a total of six swimming events and sophomore Cheri Zhang won both the one-meter and three-meter dives. Of the six events the women won, senior Pamela Benitez won three of them.

Benitez said she was happy to lead her team to victory, but was also happy to prove the team as conference contenders.

"I'm very sure we are doing much better now than last year," Benitez said. "They now know what to expect from us."

On the men's side, the swimmers won two races and junior Kegan Skelton won the three-meter dive. Both race wins came from sophomore Till Pallmann, but there were plenty of close races that Walker was happy about.

"Missouri State men were setting school records and pool records," Walker said. "We were fighting all the way down to the very end."

Pallmann won both the 200-yard and 500-yard freestyle races. Pallmann said it was pretty amazing to win both.

"I saw my times on the board," Pallmann said. "I went a lot faster this time and I'm in really good shape."

Skelton placed second in the men's one-meter dive to Missouri State junior Garrett Nevels. Skelton's goal afterward was to even the score on the three-meter dive, which is Skelton's best event. "I knew I was going to beat him," Skelton said. "Three-meter is my best event and after my first four dives I knew he could not catch up even if I bombed my dives."

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Saturday.

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"There is not one aspect of this game that we won today," Stein said. "A lot of bad habits came out that we thought were not coming around as much."

Stein said the Salukis did not demonstrate any toughness, as they

Freshmen guards Tyler Smithpeters and

K.C. Goodwin are candidates that could be

in the running. Smithpeters needs to add

more size to be able to take the physical

beating of the college game and Goodwin

is the only player south of 6-feet tall on

the roster, but Hinson liked how he played

It is going to take some time for all of the

post players to get used to playing together.

Senior Davante Drinkard is the only big

man left from last year's team. If Drinkard

can stay healthy and stay on the floor, he

could have a productive season for the

Salukis. Drinkard played in 29 games last

seemed to only play one-on-one and looked to play individually instead of playing together.

Macklin said she knows her team is lacking communication on defense, and it has showed in both the first and second exhibition games.

"Defense was the biggest thing that has hurt us in both games," Macklin

season, but only averaged 1.9 rebounds per game. He needs to be more physical and he could be a dominant presence in the paint.

Another issue for all teams is the new rule change in regards to fouls. It is a concern the games will be longer than they have ever been. A total of 50 fouls were called and 59 free throws were attempted in Saturday's game, with 30 fouls being called on the Tritons and 20 on the Salukis.

Shooting from beyond the arc was not the best for the Salukis last season, but Hinson said during SIU Media Day that it had to get better.

At SIU Fanfest Hinson said only junior guard Mike Balogun and sophomore guard Hunter Gibson have the green light to said. "Transition in the first game and second game too, we're not talking or communicating."

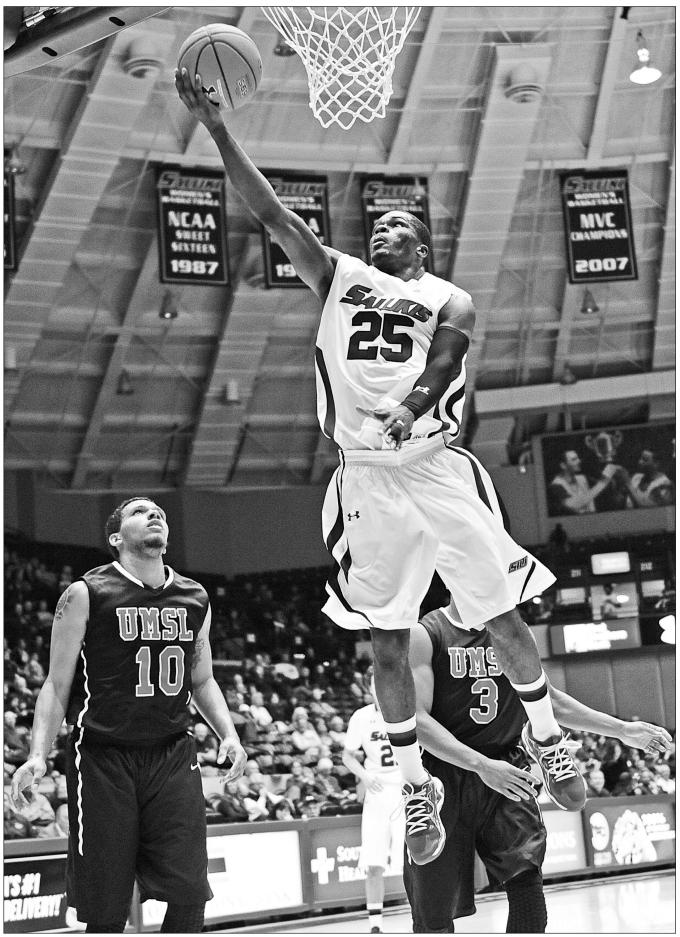
The Salukis will open their season Friday, November 8 against Wright State University, who won their first exhibition game 81-55 against Indiana Wesleyan.

"We've got to get a lot tougher," Stein said. "We have to play a lot better defense."

shoot any 3-pointer they want. Balogun was 0-2 and Gibson did not see the floor. Hinson said this is definitely a blip and the 3-point shooting will come around.

The Salukis final exhibition game is Saturday against William Jewell College, they will then head to Columbia, Mo. to take on University of Missouri in their first regular season game. It is a tough challenge for SIU, but Mizzou only has one big man who averaged more than 15 minutes per game last season. It is an opportunity for Drinkard, Verhines and freshman redshirt Bola Olaniyan to gain confidence.

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Skelton said he has a friendly rivalry with Nevels, and that Nevels will likely be his top competition when conference comes around.

The Salukis next travel to Arkadelphia, Ark. to compete in the Henderson State Invite on Nov. 8 and Nov. 9. Walker said the team is moving in the right direction, and it was exciting to see the women's team get a win.

"All in all I'm actually very excited to come into their pool and their facilities because I don't think they were expecting that at all, and I know they weren't on the women's," he said.

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Sophomore guard Anthony Beane prepares for a layup Saturday during the Salukis' 71-66 exhibition win over the University of Missouri St. Louis at SIU Arena. Beane scored 21 points and shot 11-of-12 from the free-throw line for the Salukis. SIU will host William Jewell College for an exhibition game at 7:05 p.m. Saturday at SIU Arena.

CHRIS ZOELLER | DAILY EGYPTIAN

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Women's Basketball

SIU struggles at charity stripe in loss

SYMONE WOOLRIDGE Daily Egyptian

The Saluki women's basketball team scuffled through a tough fight Saturday afternoon against Lindenwood University, a Division II school from Missouri.

The SIU women were outscored in the first half 33-23 and outscored in the second half 37-32, and were upset by the Lions 70-55.

Junior guard Cartaesha Macklin led the team in scoring, racking up 16 points. Right behind her sophomore center Dyana Pierre with 10 points.

SIU struggled at the free throw line, finishing the game 7-19 with a 36.8 free throw percentage. The Lindenwood Lions went 8-11 from the free throw line, which was good for 72.7 percent.

"Our free throws were horrible," Macklin said. "You have to come in putting up shots if you feel like you're not stepping to the line and making shots."

The Salukis and Lions were tied at 10 in the first half with 13 minutes remaining. From then on, the Lions never let SIU outscore them. The Lions went on a 7-0 run, leading by 10 points at halftime.

With just under six minutes remaining in the game, the Salukis were trailing by 10 points, making the score 56-46. Then the Lions outscored the Salukis 14-9 to capture the win.

The Lions led by as much as 16 points. Four Lindenwood players scored double figures, including a freshman, sophomore, and two seniors.

This is Lindenwood's first season as an eligible member of the National Collegiate Athletic Association Division II.

Coach Cindy Stein was disappointed with the Salukis' performance. Stein said the women did not play well or disciplined.

"They outplayed us," Stein said. "Lindenwood is very wellcoached, they beat us in loose balls and took balls away from us, and those kind of things shouldn't happen."

Stein said post play was a big factor in the loss. The Salukis only have two women who play down low in the post.

Centers Alexus Patterson and Pierre were the only Salukis who put their backs to the basket.

"I'm disappointed in our post play the most," Stein said. "I think our post can be dominant, but we just don't have enough of them."

Stein said the centers have to get tougher and work to get more in shape for longer duration. Due to the limited post players, the Salukis will have to work on outside shooting.

After the Salukis won their first exhibition match 67-60 against Maryville University, Stein was content with SIU's performance, but said progression was needed.

"Honestly I felt like we have taken a step back," Stein said. "But when you play a smart passing, efficient shooting team you've got to be very disciplined, and that is where we are lacking right now."

Although the women showed some progression after their winning performance in the first exhibition game, a few of last season's habits began to show against Lindenwood.

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LEWIS MARIEN | DAILY EGYPTIAN

Sophomore forward Azia Washington puts up a shot Saturday against the Lindenwood University Lions at SIU Arena. Washington tallied seven points and four rebounds during the Salukis' 70-55 loss in their second exhibition game. The Salukis will start regular season play Friday against Wright State University at 6 p.m. at SIU Arena.

New season equals clean slate for Salukis

TYLER DIXON Daily Egyptian

It is no surprise the Shockers from Wichita State University were picked to win the Missouri Valley Conference, but the Salukis have some bones to pick being selected to finish eighth.

Plenty of teams in the MVC lost key players from last season, which means new players will have to step up. Two of the brightest young stars in the conference are Wichita State guard Ron Baker and Missouri State University guard Marcus Marshall. Marshall will be a leader of his team, while Baker will play a supporting role to senior guard Cleanthony Early. Early was named the Preseason MVC Player of the Year.

Exhibition games are scheduled for teams to get better and figure out what their weak spots are. The Salukis did not have that in their first game. SIU was pushed to its limit.

The Salukis had a few positives in the game. They were 27-37 from the free-throw line and outrebounded a much smaller University of Missouri St. Louis team.

Coach Barry Hinson said he still sees freshman Sean O'Brien as a hybrid player. O'Brien is big enough to play in the post, but skilled enough to play on the wing. O'Brien did not have a great first showing, although he had four rebounds and three assists. Hinson said O'Brien missed shots he does not miss during practice.

The Salukis have added some local talent this season with the Verhines brothers from Woodlawn and freshman Tyler Smithpeters from Harrisburg.

Bronson Verhines, a senior forward, came into the season with high expectations coming off of his last campaign. Verhines was an All-Conference and All-Region selection and was the national tournament MVP last season as Rend Lake College won the National Junior College Athletic Association National Championship. Verhines recorded six points, eight rebounds and only one turnover, in

29 minutes on the floor. He made

some nice moves with his back to the basket and moved well without the ball. The team had 16 turnovers in the game with seven coming from the post players.

Hinson said he is still going to redshirt one player this season, but he only gets one more look at them against another team in the final exhibition game. The roster is currently filled with 10 guards. Two of those freshmen guards could be redshirted.

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