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Daily Egyptian Staff

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Increased educational dollars sought

By Emily Pridey
Administration Reporter

Illinois Gov. Jim Edgar said Tuesday he will recommend to the Illinois General Assembly a higher-education funding increase when he presents his budget plan for fiscal year '95 today.

Illinois joins with the Illinois Board of Higher Education in Chicago to make the announcement before unveiling the plan to the General Assembly in Springfield today. According to a press release from the governor's office, Edgar said he will fully fund the board's request for an $86.4 million increase in state university and college operations during the next fiscal year.

A total of about $1.7 billion in general revenue funds will be provided for operations and grants at state higher-education facilities, according to the press release.

Board spokeswoman Debra Smitley said if the General Assembly approves the increase, public universities in Illinois will receive a total increase of $39.6 million, with a $2,657,100 increase for SIUC.

That figure represents a 2.2-percent increase for the University, Smitley said, the lowest proportional increase in state funding of all 12 state universities in Illinois.

Smitley said SIUC falls in the middle of the pack in terms of actual dollar amounts.

Edgar said the recommendation also will mean a drastic increase in financial aid.

"This is the first time in anyone's memory that a governor has fully funded the board's request," he said. "It provides a $37 million increase — believed to be the largest ever — in financial aid to those who otherwise could not afford to pursue their degrees.

"The increase will provide 120,000 more financial-aid awards during the '94-'95 school year," Smitley said.

Despite larger operating budgets for state universities, the board will continue to improve the quality of education without "reasing costs," guaranteeing taxpayers the most effective use of their tax dollars, Smitley said.

"(Edgar) praised the efforts of that initiative and basically indicated that the efforts were very successful in casting the taxpayers that their dollars were being spent wisely," she said.

Under the initiative, money trimmed from one program goes into another, higher-priority program at the same university, Smitley said.

"Each campus has chosen their own area where the money will be reinvested," she said.

The initiative makes the funding increase even more valuable "than if otherwise might be," Edgar said.

"Increases for the public universities and colleges will be even more effective than in the past, because they have disciplined themselves during the last two years to put the money where it counts," he said.

Instead of wasting new dollars on programs with low enrollment or duplications, Illinois schools can apply for federal funding.

"Gus Bode says wait, we're actually getting money now!"

Conference allows Strom to look at crime

By Tre Roberts
Police Reporter

Carbondale Police Chief Don Strom says he better appreciates the federal government's efforts to deal with crime after attending a leadership conference at the 10,000-acre House last week.

Congressman Jerry Costello, D-Belleville, invited Strom to the meeting as one of three Ixw enforcement representatives from Illinois' 12th Congressional District. Madison County State's Attorney Bill Haine and St. Clair County Sheriff Mearl Justice also were invited.

The meeting was an opportunity for U.S. Attorney Gen. Janet Reno, Secretary of Education Richard Riley, Secretary of Housing and Urban Development Henry G. Cisneros and Vice President Al Gore to point out what they think are important parts of crime-prevention legislation currently before Congress, Strom said.

Strom said there is a good blend of ideas among the members of the various government departments about how to approach the problems of crime in the United States.

"When you see these things on the news and you watch them from a distance, you begin to wonder if the various secretaries of the different departments in Washington are all going in their own individual directions or whether there is any cohesive vision in what we're doing," Strom said.

"I was very pleased to see a deep concern that whatever initiatives are drafted address things from both a protective and a prevention strategy," he said.

Animal rights group presents alternatives to animal dissection

—Story on page 3

Local airport offers new flights to north beginning April 25

—Story on page 3

Opinion

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Local community

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Classified

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Amateurs compete for mud wrestling crown at local bar

—Story on page 14

MVC achievements for season's play announced Tuesday

—Story on page 24

Second Russian spy found in Britain

The Washington Post

MOSCOW—After more than a week of tit-for-tat spy revelations with the United States, Russian authorities Tuesday announced that they had arrested a second top-level official last month on charges of spying for Britain.

The announcement of an arrest made more than a month ago seemed designed in part to show Russia's new tough-minded attitude toward the West, analysts said. It also may be a part of an effort by the Federal Counterintelligence Service to bolster its image after this weekend, when, to the outrage of President Boris Yeltsin, it allowed the swift release from Lefortovo P P S P of arrested leaders of the Oct. 3-4 uprising in Moscow.

According to a spokesman for the service, which is a recently revamped successor to the KGB, a Russian man working in the defense industry was arrested Jan. 15 on spying charges. He was caught with invisible ink and other espionage equipment provided to him by the British embassy here, according to the Post a m s t n e w s agency. It said the man, who was not identified by Russian officials, confessed 10 days later that he had been paid by the British to give them information about new research into weapons and defense projects with international investors.

No reason was given for why the

see SPY, page 10

see STRON, page 10
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ISRAELIS PROTEST IN WAKE OF KILLINGS
Palestinian flags flew for the first time in this sprawling Bedouin Arab village in the heart of Israel's Negev region Monday. A funeral of six spo wed black smoke. Scrambling over the carcasses of a burned-out car, a group of youngsters penned in their play only to throw rocks at strangers. But for the fact that Rahat's residents are full-fledged Israeli citizens, the scene was a replay of the intifada, or Palestinian uprising, that exploded in the tense refugee camps and towns of the occupied territories. In the wake of the mass killing of Muslim worshipers in Hebron, Israel's Arabs, a full one-fifth of the country's population, have taken to the streets in widespread protests unmatched since the 1976 Land Day riots over government confiscation of Arab land. They have been met by police gunfire and tear gas.

QUIET DAY IN SARAJEVO PLEASES CITIZENS— Sarajevo breathed a small sigh of relief Tuesday as Bosnian Serb forces surrounding the city abstained from retaliating for Monday's shooting down of Serb warplanes by U.S. fighter jets. The United Nations resumed humanitarian aid flights and convoys after suspending them Monday out of fear that Serb forces might attack them. The U.S. jets destroyed four Serb planes that had been bombing in northern Bosnia despite the NATO-enforced ban on military flights by Bosnia's combatants.

SWEDEN, FINLAND AGREE TO JOIN UNION— After more than 30 hours of continuous negotiations, Sweden and Finland agreed Tuesday to terms that would allow them to join the European Union next New Year's Day. While the terms of the negotiated entry must still pass through an arduous ratification process, Tuesday's accord effectively set in motion the EU's first expansion since its 12 current member states committed themselves to the goal of full political and economic union over two years ago. "This is the most important agreement Sweden has signed this century," said Swedish Prime Minister Carl Bildt in a radio interview from Stockholm.

EPA ISSUES NEW RULE ON CHEMICAL PLANTS— The Environmental Protection Agency Tuesday issued a new rule requiring U.S. chemical plants to cut by 88 percent the amount of toxic substances they emit into the air. If companies comply fully, the overall reduction in toxic emissions nationwide should exceed 26,000 tons a year, according to EPA officials. As a byproduct, the new regulation also will reduce the amount of volatile organic compounds—which include the unburned hydrocarbons and evaporated solvents that are the main source of urban smog—by a million tons a year, the EPA said.

NICHOLSON CHARGED WITH VANDALISM — Academy Award-winning actor Jack Nicholson was charged Monday with vandalism. As victims of the bombing of his Mercedes and repeatedly swelling the windshield and roof of his car at a movie studio, according to several Capitol Hill sources, Nicholson stepped out years ago of attacking Bill Clinton's Mercedes and his car at a meeting this week to decide what to do about the fact that Waxman's panel still lacks several votes needed to pass a bill to Waxman's—and the administration's—liking. Skipping the subcommittee, according to several Capitol Hill sources, appears to be the most likely scenario.

Heath Reform Vote Delayed by Panels— Two key House health subcommittees scheduled to begin voting on health-care reform legislation this week have delayed action until next week, a decision that will likely intensify the already tight timetable for passing reform this year. It is possible that the Energy and Commerce subcommittee, chaired by Rep. Henry A. Waxman, D-Calif., may, in fact, be circumvented. Waxman and committee Chairman John D. Dingell, D-Mich., are to meet this week to decide what to do about the fact that Waxman's panel still lacks several votes needed to pass a bill to Waxman's—and the administration's—liking. Skipping the subcommittee, according to several Capitol Hill sources, appears to be the most likely scenario.
Social work students receive grant for SIUC
By Doug Dursio
General Assignment Reporter
SIDC received a $266,000 grant for students who want to work for the Illinois Department of Children and Family Services when they graduate. Mizane Miah, acting director of the School of Social Work, said the grant allows qualified students interested in the field to receive stipends for their education.

Students receive stipends to pay for tuition, books and living expenses for a semester in turn for one year of work for the department, Miah said.

The grant’s purpose is to promote an increase in numbers and qualified personnel into public child welfare and other social work-related fields, Miah said.

“The program is also trying to train social workers who are sensitive to the needs of Illinois,” Miah said.

The U.S. Department of Health and Human Services, which is directed by the state agency, awarded the grant to SIUC.

The grant is available for 20 undergraduate students and 10 graduate students per semester, Miah said. “There are 28 undergraduate and graduate students receiving the stipends,” Miah said.

The stipend pays for the semester. It also pays about $500 to $1,000 for rent, Miah said.

Students apply for the stipend, then an SIUC committee looks at the applications and send recommendations of students qualified for the stipend to the department, which gives its approval, Miah said.

“SIUC receives the largest grant for the program in the state,” Miah said.

Darryl K. Cox, a graduate student in social work from Carbondale, received the grant for this semester. Cox said he plans to be an investigator see GRANT, page 9

Animal dissection topic of education speech

By Stephanie Mollett Environmental Reporter
Donald Barnes, director of education for the National Anti-Vivisection Society in Washington, D.C will visit SIUC today to discuss vivisection and dissection of animals.

The presentation, titled “Behind the Scenes: Alternatives to Vivisection and Dissection,” will focus on the use of animals in scientific research, classroom demonstration and product testing.

Andrea Bauch, president of the SIUC Animal Rights Action Team, which is sponsoring the speech, said Barnes is an opponent to the use of animals in scientific research.

“Mr. Barnes primary role is to educate people about the use of animals in research in a lot of different areas like vivariums and medical research,” Bauch said.

Barnes also will explain alternatives to using animals in research with new methods and technology, Bauch said.

There are about 22 million animals in the United States who suffer and die through federally-funded programs.

This can be broken down to six million animals used in non-financial research, five million in classroom demonstration and 11 million used to produce testing, Bauch said.

“We just hope to educate and inform people in this area,” she said.

“We hope they become more aware of the use of animals in this research,” Barnes said.

Barnes performed radiation free.

GPSC meeting focuses on votes
By Marc Chase
General Assignment Reporter
In the heart of the Graduate and Professional Student Council agenda Monday night, health care and council officer nominations created discussion and legislative action.

President Susan Hall introduced increases in student health care costs for fall, saying the University is offering an alternative health-care plan called Preferred Provider Option. Without the option, the health-care will increase by $42, and with the option it will only be a $28 increase.

While the plan reduces the original increase in health care, Hall said she is not sure this option is the best for students.

“It seems that Acordia and the Ethics Corporation (University health care agencies) are offering PPO because they will benefit financially from it,” Hall said.

I don’t know that we (students) can lose or gain from PPO,”

Council Representative Monte Peerbhai said the option is just the University’s attempt to force students to accept a lower fee increase.

“This (PPO) is just a scare tactic to rush us (students) into PPO without enough information,” Peerbhai said. “We’re GPS, being coerced into this.”

Council Representative Jonathan L. Dotson also supported Peerbhai’s claim that the option is just an attempt to trick students into paying a increased fee.

“It seems we (the students) are getting the fuzzy end of the lollipop with this plan,” Dotson said.

Also on the council’s agenda, Rep. Peerbhai, Kirsten Bonds and Dora Lawyer were elected to the Student Trustee Election Commission.

The three council members will oversee the elections for student representatives to the SIU Board of Trustees.

Student government elections for new officers and members will be in April.

Gearing up for elections, the council also nominated Representatives Patrick Smith for president, Jason Matthews for vice president of administrative affairs, and Laura Halfiday for vice president for Graduate Student Affairs.

A council resolution on the $3 student resident organization fee increase for this fall was tabled until the next meeting March 23.

Starting today, GPSC also will be run buses to the Jackson County Courthouse in Murphysboro for students who want to vote in the Jackson County elections for the

see GPS, page 9

Students protest massacre
By Jeff McIntire
International Reporter
SIUC students will protest today in response to the massacre of more than 50 Muslins in a West Bank mosque and demand protection for Palestinians in the occupied territories.

Omar Al-Bishawi, president of the Palestinian Student Association, said the silent protest will call for action in the wake of the massacre in Hebron, West Bank.

Israeli settler Baruch Goldstein opened fire on mostly Muslin worshippers with a Gallil assault rifle, resulting in a rash of police talks between Israel and the Palestine Liberation Organization.

Israeli officials reported Goldstein killed at least 40 worshippers, and 15 more died in the ensuing riot.

The PLO demanded that Israel disarm settlers in the occupied territories, if talks are to continue.

Al-Bishawi said the attack definitely will hurt the peace process between Israel and the Palestine Liberation Organization.

He said Israeli can salvage the peace process if it provides protection from Israeli settlers.

“Before the talks go any further, the issue of the settlers must be taken seriously,” he said.

see PROTEST, page 9

Southern Illinois airport gets new routes to cities
By Dean Weaver
City Reporter
Southern Illinois residents soon can fly from Southern Illinois Airport in Carbondale to Springfield and Chicago for the first time in 10 years.

The Midwest Connections airline Monday announced it was providing airline service to the airport beginning April 25.

Airport Manager Gary Shafer said the airport currently offers no commercial flights and has not for the past five years.

The airport only offers private, charted, or charter flights. The Southern Illinois Airport authority has actively seeking a commercial carrier for five years to meet the needs of Carbondale and Murphysboro residents,” Shafer said.

Shafer said the flights to Chicago will be to Midway Airport.

The Carbondale Chamber of Commerce worked with the airport authority to encourage a commercial server for this area, he said.

Jim Prowell, director of the Carbondale Chamber of Commerce, said it took five years to find the right size airline carrier for the demand.

Midway connections has reliable airplanes, and they are a perfect match for us,” Prowell said.

Greg Hildner, director of schedule and affairs for Midwest Connections, said the airline chose to extend service to Carbondale because they saw a demand.

“We had an overwhelming response from area businesses, the University, Carbondale Chamber of Commerce and the tourism bureau,” Hildner said.

The aircraft that will service Carbondale is a 19-seat Fairchild Metro 23, he said.

Hildner said he thinks the airline will generate enough revenue to make service feasible.

“Our goal is to average a 40 percent load factor but 30 percent would be a good starting point,” Hildner said.

Three flights will leave and arrive in Carbondale Monday through Friday and one flights on Saturday. The flight from Carbondale to Chicago will take one hour and 40 minutes including the 10-minute layover in Springfield, he said.

Flights from Carbondale to
Bill requires undue sacrifices by SIUC

**A BILL TO RE: STRUCTURE THE GOVERNING boards of state colleges and universities according to missions rather than politics raises concern about the future of SIUC's reputation as a regional university. Rep. John Ostendorf, D-Park Forest, plans to present a bill to the House of Representatives that would dissolve the SIU Board of Trustees and consolidate Illinois State University and Northern Illinois University with SIUC under one governing board.**

Under such a plan, SIUC would lose its Board of Trustees and join these other two doctoral-granting institutions. Also, SIUE would be separated from SIUC and placed under the auspices of a separate board, which would govern teaching institutions or non-doctoral granting schools.

Under the proposed plan, the two University of Illinois campuses would retain their Board of Trustees.

**THE CURRENT "SYSTEM OF SYSTEMS" organization of higher education in Illinois needs to be changed. Currently, boards are proliferating at state institutions during a time when schools are being asked to do more with less money. Ostendorf’s plan changes the framework of higher education from one based on politics to one based on groups of institutions by mission.**

One shortcoming of the plan is the preferential treatment it gives to U of I. The U of I board would remain intact. It is impossible to restructure this higher education system in Illinois without including U of I.

Another potential problem with the plan is that it separates SIUC from SIUE. This would place SIU's regional status in a precarious position.

**REGARDLESS OF REPRESENTATION SYSTEM, it is difficult to determine whether SIUC’s Carnegie II research status warrant, if control of the University was placed under a single board including ISU and NIU, two universities with lower research status, SIUC is the only Illinois university with such a status. It is conceivable that other two institutions might seek to restrict the growth of SIUC in their pursuit of similar research status.**

SIUC’s problems would pale in comparison to SIUE, which would compete with six other universities for the patronage of the board’s attention.

Ostendorf, who last year proposed instituting tuition caps at state universities, has addressed real concerns with his plan. While the elimination of a governing board will not decrease costs substantially, it may provide additional focus for universities with similar missions.

**ORGANIZING INSTITUTIONS BY MISSION allows boards to focus on specific goals. Any new restructuring of higher education in Illinois should be designed to include the University of Illinois. SIUC should not be asked to dissolve its Board of Trustees, divorce itself from its sister campus, and join the ranks of two competitive universities while it remains uncertain.**

If the distances between SIUC, ISU and NIU can be overcome in developing a board to govern research institutions, then the U of I should not be excluded.

SIUC should not be the only school to make sacrifices for the sake of higher education in Illinois.

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**Letters to the Editor**

**NAACP allegations unfounded**

The DE’s Angela Hyland recently reported the local NAACP's allegation that the Carbondale School District is guilty of unfair practices in hiring teachers and administrators and placing students in classes.

NAACP spokesman Elbert Simon supported the accusation by showing that African-American teachers and advanced placement students are underrepresented (relative to their percentage of the community, y’ population) and that African-American students in special education classes are overrepresented. Other than the numbers on unbalanced representation, however, the NAACP offered no substantiation for its allegations.

Hyland also interviewed Carbondale School District Superintendent Larry Jacober, who explained that students are not placed in special education classes without parental permission; in fact, many parents specifically request the placement. Still, the NAACP’s Simon blames the distribution of African-Americans on the school and says we “should want to know why.”

I do want to know why, but Simon’s facile charge of school district discrimination does little to enlighten.

According to Jacober, admittance to Carbondale’s advanced placement program is determined by a standardized test. Maybe Simon thinks the entrance test itself is biased against African-Americans or that it is administered unfairly, but he doesn’t say.

With regard to the underrepresentation of African-American teachers and administrators in the Carbondale School District, Superintendent Jacober explained that when considering applicants of equal ability, their policy is to recommend the one who will best balance the school’s staff across gender and racial lines. Maybe the NAACP believes that such a policy discriminates against African-Americans or that the Carbondale School District does not follow this policy, but nowhere does the NAACP tender support for either position.

If Simon and the NAACP have reasonable evidence to support their accusations, they should explain them. In the absence of more than numbers showing uneven representation, though, their plaint of discrimination lacks credibility and sustenance. Indeed, the tenet that fairness can be determined by representation alone is spurious and might easily lead to greater unfairness. Were such a notion valid, for example, we would be compelled to start releasing inmate sentences simply because they are overrepresented in our prison population. We could even expedite the equity-through-balanced-representation process by randomly incarcerating women to fill the vacant cells.

If only fairness were such a simple matter.

—Neil Romney, graduate student, physical education

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Research values impede instruction

In reference to the editorial in the Feb. 24 Egyptian titled “SIUC Research Work Enhances Instruction,” I’d like to state that if you seem to discuss only one side of the issue, ignoring the fact that the current attitude about faculty research only promotes its use and abuse for self-serving purposes, at the expense of the primary function of any EDUCATIONAL institution, which is to communicate knowledge, skills and experiences for its use TO EDUCATE.

Students are very ill served when professors attend conventions or write papers about matters totally unrelated with the subjects they teach. But these are the very things that are recognized as ‘valuable’ when faculty pursue tenure or promotion because administrators who often ignore the needs of the classroom classify investigations developed for use in the classroom as invalid. This promotes mediocrity in the classroom and encourages the pursuit of ‘faddish’ or popular issues, which result in a net personal gain for the researcher and better sales for the educational institution.

The quality of research should be measured against its effectiveness in enhancing the communication and the quality of knowledge imparted, and not based on publicity or image—personal or collective.

Sooner or later we are going to have to realize that universities are not and should not be a commercial enterprise. Otherwise, we will keep on degrading the education given to our youth, as we have in the recent past, and as many studies clearly show.

Even from a pragmatic viewpoint it is more rational to invest in our youth because we are there; investing in our future as a society, a nation and a culture. We must get our priorities in the proper order, if we want our educational system to be, once again, at the very top.

Otherwise, we will end up improving technologies and science beyond the people’s ability to understand or benefit from them. Or care about it.—Antonio M. Gimenez, assistant professor, architectural technology, applied arts-C.T.C.
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A STAND AGAINST ABUSE

A silent demonstration will take place in the memory of the innocent Palestinians who were killed in the Mosque Massacre that took place in Hebron, Friday morning, February 25, 1994.

Place: Between StuCan and Foner Hall
Time: Wednesday, March 23
12:00-1:00pm

Huge deficit poses threat to taxpayers

The Federal deficit is going to be in the neighborhood of $200 billion for the last four consecutive years. With this amount of money, the average of 3.6 students per year over the past decade, and it has been a substantial amount of money in the context of the amount of money the University spends. It has never been small or weak, like the Department of Education. Congress spends the largest number of dollars in the top third or half of thirty-three SIUC programs, in the state.

It is the sixth largest doctoral programs at SIU. It comes in the top fourth of the last 33 years that Congress spends much more than it takes in.

This year, two years out of 33 is not a short term trend. Congress has avoided the responsibility of quality cuts within the taxpayers means to be the program of a $2.3 trillion national debt.

Are we now the largest debtor nation in history? This long-term institutional problem requires a long-term constitutional solution: An amendment to the Constitution, that places the power over the President and Congress to run a balanced budget.

A Balanced Budget Amendment will not solve the deficit problem by itself. The amendment will give our elected servants a constitutional reason to make the tough decisions necessary to balance the budget. Too often, when faced with difficult budget decisions, Congress has not opted for the easy way out, and has taken "a credit card mental." This type of short-term planning is placing a long-term financial burden on the shoulders of our next generation of U.S. citizens.

Senator Paul Simon (D-IL) is sponsoring this amendment. The proposed Balanced Budget Amendment (S5641) in the U.S. Senate. Representative Jerry Hauck (D-IL) is sponsoring the version of the amendment in the U.S. House of Representatives, Senator Carol Mosdell (D-IL) and Representatives Jerry Costello (D-IL) and Glenn Poshusta (D-IL) have publicly expressed their support for this Balanced Budget Amendment.

As citizens, we have an obligation to express our concern for a balanced budget to our elected officials.

— Mark Motter, senior, electrical engineering technology, member, We Stand America INC.
SANTA ANA, Calif.—In a rebuke to the Boy Scouts of America, a California appeals court on Thursday ruled that the council's ban on gay brothers cannot be excluded from the organization because they don't believe in God.

The 4th District Court of Appeal ruled 2-1 that the Orange County (Calif.) Council of the Scouts was a business as defined by state law and therefore cannot discriminate on the basis of religion.

Individuals can ease stressors by modification

By Annette Vailencourt
Student Health Programs

There are support groups for every major life event, illness and accident these days: Divorce support groups, HIV/AIDS support groups, earthquake survivors support groups, sexual assault survivor's support groups. Why aren't there support groups for those of us who undergo the stress of chronic daily hassles? If there were, we'd have "muck in traffic" support groups, "fought with my partner" support groups, and "just getting over the flu" support groups available.

One possible reason is that early research on the effects of stressors on physical and psychological health have focused on major life events. The theory predicts that an accumulation of major life events, like death of a loved one, graduating from college, getting married, can result in illness. The problem with this argument is that such events are relatively rare in the life of an individual and are often surrounded by positive life events, like a new job, developments in the family or other support groups.

In more recent studies researchers have found that chronic daily "hassles" are better predictors of physical and psychological symptoms than major life events. Examples of hassles common to college student experience are concerns about appearance, fear of rejection, problems with romantic partners, too many things to do, too little time, and concerns about academic and social skills.

The bad news is that we all experience daily hassles. The good news is that we can learn to reduce the stress associated with such events by examining the meaning we attach to the events and altering any negative or irrational beliefs we may have about a situation. These beliefs constitute an internal reserve upon which we draw to cope with everyday life. For example, rather than view a relationship with a romantic partner as "the end of the world," the same fight could be reconstructed as "beginning to negotiate our differences."

If the beliefs are negative, or full of catastrophizing, "awfulizing," and "shoulds," our coping abilities will be weakened, which may lead to physical symptoms, depression, or anxiety. The first step in changing negative beliefs is to become aware of them and challenge them. How likely is it that one fight with your partner will cause "the end of the world?" A fight may be unpleasant, upsetting or uncomfortable, but rarely catastrophic. Learning to replace or modify these negative or irrational beliefs can help alleviate stress, increase internal coping resources and possibly decrease physical symptoms of stress.

For more information about handling the stress of daily hassles contact the Student Health Wellness Center at (949) 478-4441.

"The council had no compelling justification for discriminating against children because of their current notions concerning the subject of God," the justices wrote. "Indeed, any discrimination would appear to contradict a variety of the principles of the constitutionally cherished Boy Scouts of America."

But in a sharply worded 12-page dissent, Justice David G. Sills accused his colleagues of underestimating Scouting's values and traditions.

"It may come as a surprise to my colleagues, but there are those who still seek membership in an organization which teaches duty to God and country and the virtues of courage and discipline," he said.

The majority opinion upheld a ruling by Orange County Superior Court Judge Richard O. Prizer Sr. in 1992 that allowed William and Michael Randall, now 12, to remain in Scouting despite their position on the existence of God.

The Randalls' lawsuit was filed in early 1991, shortly after the twins were ousted from an Anaheim Hills (Calif.) Cub Scout pack for refusing to swear an oath to God. The boys argued that their First Amendment religious rights were being violated by the organization.

Scouting officials, however, contended that their constitutional rights of freedom of association were being denied. They said allowing atheists in Scouting would undermine the founding, "inciples of the organization."
Festival attendance grows, showcases diversity of film

By Bob Chiarito
Entertainment Reporter

Few seats were available as crowds poured in for the third day of activities at the 15th Annual Big Maggie Film Festival. Competition showcases were shown from 10 to noon and 1 to 3 p.m. at the Communications Building Cinema Soundstage and from 4 to 6 p.m. at the Longbranch Coffeehouse.

Beginning at 10 a.m., the film "Er Darian, or A Single Mother," was shown. Directed by Peter Davis and Danielle Kent, the film shows the role of cinema in South Africa during the 45 year reign of apartheid. Screening ended at noon for lunch but resumed promptly at 1 p.m.

At 1 p.m., Hilary Weisman's film, "Life's Too Good," was shown. The film dealt with the relationships of a family's two mothers, their two daughters, and their three Boyfriends who all live together in a single household.

"It was a very good display of American daily life," Ming-Ru Tan, a student in radio and television from Taiwan, said.

The next film, "State of Emergency: Inside the L.A.P.D.," was directed by Elizabeth Canner, and shown at the Longbranch Coffeehouse. The film documents the 1992 Los Angeles riots and the 1765 Watts riots, as well as individual police-brutality incidents.

Watching this film, one gets the impression that it would be safer to walk through south central Los Angeles than walk through a police station.

Although it had many powerful moments and valid points, Canner essentially shot a one-sided documentary that makes viewers wonder if it was funded by Rodney King himself.

The film failed to show both sides of the police brutality issue; it made viewers think.

"It enlightened me a lot about brutality. The only brutality I really knew about was the Rodney King situation," Daniel Hall, a graduate student in cinema from Nashville, said.

Attention improved dramatically from the first two days, as viewers had become more familiar with the film festival.

"Students are beginning to hear about the festival, so that's one reason for the high attendance rates," Film Festival director Habib Riahi said.

"Another reason is that several professors have taken their classes to view the movies during scheduled class times," he said.

Ten films, ranging from six to 30 minutes each, were shown at the Longbranch Coffeehouse. The films are very diverse; "I'm a Cover," about a young woman and an old woman who come to grips with their past while preparing for a big show, to "Little Lieutenant," about the late W. C. Sophisticated Republic.

The festival runs through Sunday.

Bishop visits local church, offers hope through Bible

By Angela Hyland
Metropolis Reporter

Carondele pastor James E. Morgan opens a well-worn Bible and turns his right forefinger slowly along a passage in Genesis which describes a river called the Nile.

"So, it shows right here in the Bible in Genesis, that the land of Carondele is one of 150 church, and that's the site of the Monument of Hope Deliverance Church, says. "It proves civilization started in Africa."

Morgan and Harold Dawson, head bishop of New Hope International Industries, will speak at 7:30 tonight through Friday at the church, located at 215 E. Sycamore.

Monument of Hope Deliverance Church is one of 150 church, and Dawson helped to establish in Africa, Haiti and the United States during the past 35 years.

Morgan said many people still do not know Africa is where civilization began.

Instead of picturing kings and queens from the past or a driving metropolis from the present, Morgan said he sometimes encounters people who believe Africa is a continent filled with wild animals.

"When you go over there, you find cities," he said. "If you want to see an animal, you go to a zoo."

By learning the truth about African civilizations, Morgan said, "African Americans" can begin to see past the negative stereotypes they often are accused of. Morgan said.

"This kills the inferiority is still around," he said, "because you can't hold yourself up by your Bible. When you read this, it lifts the inferiority complex right off you."

Joyce Morgan, co-pastor of the church, said the lack of knowledge from people has been a factor in what contributes to African Americans' lack of identity and is a factor in the crime and drug problem.

"If you believe you have nothing to contribute to society, you'll have no excuse to where you're going," Joyce said. "Only through the word of God are you able to know who you are."

The church has a congregation of 80 to 95 members and teaches Christianity through a method known as CPR. This is short for Compassion toward man, Power of God and Reconciliation between humans and God.

Video, games receive ratings

The Washington Post

The U.S. video-game industry has tentatively decided that an anonymous panel including parents, psychologists and educators will rate games for violence and sex, industry executives said Tuesday.

The panel would be appointed by a new trade association that the $6-billion-a-year industry plans to set up. During the pre-Christmas rush of new game titles, it would have 1,000 members.

The package represents the industry's response to a threat that legislators delivered to the companies in December: Come up with a universal rating system or Congress will impose one.

Industry executives plan to present their plan to a Senate hearing Friday.
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<td>Armour Jumbo Franks</td>
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<td>Oscar Mayer Fun Pack Lunchables</td>
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Peaceful skies above war; NATO warplanes still flying

The Washington Post

NAPLES, Italy—NATO, bearing its labors after the first combat action in the alliance's 44-year history, intends to maintain its presence in the skies over Bosnia in hopes that the warring factions will have learned to avoid the airpower above them, senior military officials said Thursday.

NATO aircraft have nearly doubled the daily sorties flown over Bosnia since the 8,000 NATO troops and one-fourth of the 40,000 Serb JNA troops began ground-attack fighters for violating a U.N. ban on military flights over Bosnia.

Whether the skirmish succeeds in cowering the Serbs remains to be seen, officials here acknowledged, but they noted that no Serb air activity was reported Tuesday.

The average number of flights by NATO warplanes hovers around 30 or 40 sorties a day to 60 or 70, and those higher numbers are likely to remain in effect as part of what one official called an "adjust-up phase" of the operation.

The Morning Star, two U.S. Air Force F-16s flying as part of that heavier NATO effort, shot down four Serb JNA ground-attack fighters for violating a U.N. ban on military flights over Bosnia.

Gross said there will always be extreme factions who oppose peace talks.

"The person who did this must have certainly known that it would disrupt the peace process," she said.

Al-Bishawi said the United States and Israel partially is responsible for killing of civilians, Center.

"No one would be able to commit such a crime without the cooperation of the Israeli Air Force and the occupation forces," he said.

However, Robin Gross, director of the Washington-based Human Rights Watch Foundation of Carbondale, said she does not think the army assisted in Serb gunners besieging Sarajevo even as they engaged in face air attacks, according to officials at the Allied Forces Southern Europe headquarters here.


gpsc, from page 3-

Carbondale legislature.

Buses will be available Wednesday through Friday this week and Monday through next week, 9 a.m. at Gannon Hall, noon at the Student Center, and 3 p.m. at Lenter Hall.

PROTEST, from page 3-

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STROM, from page 1
Government officials spoke to about 150 representatives of law-enforcement agencies from around the country about crime bill initiatives currently being considered in Congress. Some of the areas discussed included putting more police officers on the streets, substance-abuse prevention, basic crime prevention, employment issues, reinforcing the importance of education among young people and helping them develop high self-esteem, and "I think the idea of more police officers on the street and initiatives like that we very important," said Don. "But, the real key is to figure out what we are doing to prevent crime?"

EDGAR, from page 1
higher-education money to popular programs, Edgar said. "These incentives will go to those programs performing the best in the area of responding to significant needs, being effective and of high quality," Edgar said.

In addition to new funding for operations, Illinois universities and colleges will receive a 50-percent increase for building projects, financed by general-obligation bonds. And among capital improvements in state for universities is a $12.9 million expansion of SHUC's engineering and technology facilities, Edgar said last week.

SPY, from page 1
arrest was only being disclosed now.

Postscript quoted Nikolai Gdanukho, who was dismissed by Yeltsin as head of counterintelligence. Gdanukho was allegedly in connection with the Lefortovo releases, as the British Embassy said it had no comment on the matter. Russian television news did not mention Tuesday's spy charges.

A statement from the counterintelligence service said the man had worked "on assignment for British intelligence for monetary reward" and "had handed over information of a secret and military nature.

It did not say what has happened to the man since his arrest.

Russian officials said Tuesday's announcement had no connection to Wednesday's death of Gdanukho, who was accused to the espionage accusations of the past two weeks between the U.S. and Russia. A week ago the United States arrested a CIA official, Alrich H. Fagan, and charged him with wife and spying for the Soviet Union and Russia for a decade. The revelation has sparked an uproar on Capitol Hill, where many members of Congress have demanded a reassessment of U.S. policy toward Russia.

Last Friday, Washington ordered 10 diplomats to leave Russia for a decade. The revelation "Friendship is one thing and espionage another," Physboro City Council, which promotes the police in the city of Murphysboro and James Po. of the Office of Elec tions, mentioned this past week in Murphysboro who is the CIA station chief.

While diplomats on both sides said they hope the matter will end there, Russian intelligence officials have insisted that Russia alone should not bear the "spy image. They have repeatedly said spying is done by many countries despite the end of the Cold War, and that the "new partnerships" that have developed since then.

Indeed, last week one top U.S. diplomat, the Interagency news agency that Russia had "compromising materials" implicated in U.S. diplomats and their Russian contacts in espionage activities here.

"Friendship is one thing and special services another," he said.

FORUM, from page 1
I'm sure the state's attorney can have a great effect on the crime rate (except by locking up serious offenders.

The three Democratic candidates for Jackson County clerk are James Pridle of Murphysboro, Michael Hallett of Murphysboro and James P. Chambers of Murphysboro. Pridle said he is a member of the Jackson County Board and has more practical experience with the county, "I am the only candidate before you that knows your county government," he said.

Harty, who has 14 years of experience with the Illinois State Board of Elections, mentioned the need of the vote.

"As a county clerk I will expand - and promote voter registration," he said, "I believe education is the only way to get an ongoing process. I would rely on the experience of the county clerk office staff." Chambers said he is the Murphysboro City clerk and he appears with his experience his opponents do not have. "I am the only full-time elected official in Murphysboro. I do well with dealing with the public. I believe I run a very good office," he said.

The Jackson County sheriff candidates present were incumbent William Kilquist, of Carbondale, and Shaun T. Will, of Murphysboro.

Kilquist, who has been sheriff for the past 12 years, stressed that he is the best man for that time. "I am the only full-time elected official in Murphysboro. I do well with dealing with the public. I believe I run a very good office," he said.

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Counselor, students discuss skills to maintain healthy relationships

By Aleksandra Macy
Health Reporter

When Judy's boyfriend left her for a younger woman two years ago, she was hurt and upset. She learned to look at relationships in new ways, but needed more guidance dealing with problems produced by the experience. Judy and about 20 others learned ways to create and maintain healthy relationships Tuesday at the Student Center Oshic Room with Jeff Herr, P.D., a psychologist at the SIUC Counseling Center.

He explained couple and family counseling, as well as individual counseling. He expressed his expertise by talking about relationships in general.

"The tools used to create and maintain healthy relationships are applicable to any significant relationship, whether a spouse, family member or friend," he said. Harris began the presentation by asking participants to answer, "Yes," "No," or "Maybe" to statements about relationships.

In the first statement, he said, "I expect my personal relationships to be emotionally supportive all the time."

One participant, who answered "No," said he thought different people had different agendas, and to expect full-time emotional support was a set-up for disappointment.

The second statement said, "When I share with a loved one, we typically share thoughts over emotions."

One female participant in the "no" group said, while she shares her emotions, her husband only shares his thoughts.

Harris said it is common to see this type of gender-role-playing among couples.

After other statements, Harris described, with help from participants, what is involved in a healthy relationship.

A healthy relationship, Harris and the group decided, included healthy partners, emotional and physical support without anger. It fosters nurturing and encouraging behaviors, understanding and giving, and aids the balances between freedom and belonging.

"It is important to have an understanding and appreciation for the other person's experience," Harris said.

One method of awareness people could use as a tool in a relationship is a communication method called the awareness wheel, toward Carl's medical bills," Young said.

The entertainment includes 25 singers and female impersonators who all have donated their time and energies to the benefit.

"I had a sign-up sheet at the bar, and three days later it was full," he said. "Everybody asked, 'What can I do? What can I do? I'd do anything!'"

Club manager Blue Hyder Jr. said everyone is welcome to attend the event.

"It's not a 'gay' bar, it's not a straight bar - anyone who doesn't want to cause trouble is welcome," he said. "We don't just target HIV, (other) people do need help, too."

Young said the club has had other AIDS benefits in the past, and it also has had benefits for other causes such as cancer research at St. Jude's and the Women's Center.

An AIDS benefits in October raised $4,700, he said. Any and all needed assistance can contact the club, Young said.

"I'm willing to do what I can to help people out," he said. "Between 200 to 250 people are expected, because the club's advertising in the tri-state area. Hopefully people keep pan, and the natural instinct is to help."

You said, "What can I do?" then it becomes "What am I going to do?"

Safety-pill policy still tentative

The Washington Post

WASHINGTON—To the average person, it would seem like a fairly simple decision. But to government bureaucrats at the Nuclear Regulatory Commission, it's been a 10-year ordeal trying to figure out whether to recommend the stockpiling and general distribution of a 10-cents pill that protects thyroid cancer in the event of a serious nuclear power plant accident.

It's all about and debated to the point that the NRC staff (divided on the issue, of course) has thrown up its hands, saying in a November report that "we are spending almost as much money continuing to study this issue as it would likely cost to establish potassium iodide stockpiles."

The policy on the books has dated to 1978 and recommends that states and localities stockpile and distribute potassium iodide — or KI in chemical shorthand — only to emergency workers and institutionalized persons. That didn't sit well with an NRC attorney, Peter Crane.

Crane, himself a victim of thyroid cancer from childhood radiation treatments, threw a bombshell in 1989 and formally challenged the staff's research and position that stockpiling for everyone was not "worthwhile."

Crane also was bothered by the NRC's indifference to post-Chernobyl reports that distribution of KI had lowered cancer rates. He had plenty of support from critics of the NRC, who said pressure from the nuclear industry has caused foot-dragging on potential changes to the limited distribution policy.

Benefit boosts AIDS patient

By Melissa Edwards
Entertainment Reporter

Carl is HIV positive. Like many in his situation, his medical bills are growing and he needs financial assistance.

But Carl has friends who care, and a concerted effort by these friends has led to a benefit to raise money for Carl's bills.

Club Paradise, 713 N. Main, will host this benefit tonight, with doors opening at 8 p.m.

Benefit coordinator Rick Young said the club's co-owner is medical bills, said, "I wish we had more people here."

Young said, "We have a lot of people that are coming out tonight."

He said he thought different people were involved in a healthy relationship.

First, he said, "I expect my personal relationships to be emotionally supportive all the time."

One participant who answered "No," said he thought different people had different agendas, and to expect full-time emotional support was a set-up for disappointment.

The second statement said, "When I share with a loved one, we typically share thoughts over emotions."

One female participant in the "no" group said, while she shares her emotions, her husband only shares his thoughts.

Harris said it is common to see this type of gender-role-playing among couples.

After other statements, Harris described, with help from participants, what is involved in a healthy relationship.

A healthy relationship, Harris and the group decided, included healthy partners, emotional and physical support without anger. It fosters nurturing and encouraging behaviors, understanding and giving, and aids the balances between freedom and belonging.

"It is important to have an understanding and appreciation for the other person's experience," Harris said.

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Substantial differences, it reported in the press, home land government of.

conditional and, not address "We're really very fond of each other."

resen ts the most important step in education.

"It's not that he wouldn't be sensitive to the subcommittee chairman. But you'll see change in the way things operate."

As chairman, Obeiy would be more likely than Smith to assert himself on spending policy across a broad spectrum.

Government sources said that the way for Natcher's ascendacy. Obeiy began as an inactive member to become lobbying effort for the chairmanship in early February, after Natcher began to show signs of serious illness. According to sources, he has put together a sophisticated team with a team of leading senators on a scale from one to five according to likely support.

Since the chairman of the commerce, justice and state appropriations subcommittee, waited until late February to begin lobbying. A letter circulated by his backers Feb. 23 indirectly signaled Obeiy, saying, "Neil felt so strongly about the unanimous campaign for the position while Chairman Natcher was coming to the floor to cut every vote that he refused to seek commitment from members for the first 10 days after some others had launched a campaign."

Both camps have claimed support within the Democratic Steering and Policy Committee, which would make the initial recommendation, and the Democratic Caucus at a whole, which would make the final decision.

The Washington Post

DURBAN, South Africa—Inkatha Freedom Party leader Mangosuthu Buthelezi today said he would not consider proposing a new vote of confidence in the government.

In return, Mandela said his organization would consider submitting proposals for major amendments to agreements over a range of constitutional issues to inter-

Although the agreement is considered the most substantive differences, it represents the most important step toward an all inclusive election since Inkhatha and a group of white and black political parties known as the Freedom Alliance ended constitutional talks last fall.

"It will put pressure on other political parties to reconsider their position."

The Hartford Courant

Tapes give rare glimpse at Garbo

NEW YORK—For much of her life, Greta Garbo was a mysterious, private and solitary figure. While many have seen her acting in sparkling scarves, hats, sunglasses and high collars, few really knew the woman who wandered around Hollywood studios in 1941, nev er to see the spotlight again.

To Sam Green, Garbo was a friend. Their friendship began in 1957 when he asked her to appear in his film "Ingrid Bergman: The Camera's World," and she was 65, left 15 years, and began abruptly four years after her death in 1990 at age 81. The Garbo tapes, which the woman who wore red to the public, recorded their telephone conversations.

Those tapes—more than 100 hours of conversations—were given to the Westman Cinema Archives at Wesleyan University in Middletown, Connecticut.

Intimate, sometimes profound and often mundane, the recorded memories of Garbo user film historian Sam Green.

According to Jeanine Basinger, professor of film studies and curator of the archives.

Though she never discussed Hollywood or the movies, the tapes, which are filled with the minutiae of everyday life, still offer a truly personal look at the woman who captivated fans, mystified Hollywood and changed gestures.

Listen to Garbo speak about:

"You know, it's so strange how life is. You go on and on and you accept it as fate. You put on your face and your makeup and everything and you get going. All of a sudden, one day, there's something that comes and that comes on you."

"It's the most important step in one's whole life."

The Garbo-Greene tape, will be transcribed for inclusion in Garbo's upcoming book.

A taped excerpt—the first time Garbo's voice has been publicly heard since 1941—was also made available for reading and interpretation by Garbo according to Jeanine Basinger, professor of film studies and curator of the archives.

That never occurred.
**Pups of the Week**

Crackers (left) is a 7 to 9-month-old Spitz-Rat-Terrier mix. She has a sparkling personality and is available at the Humane Shelter for adoption. Bull (above) is a robust 12-week-old male Boxer-Lab mix. The Humane Shelter has an over-abundance of dogs and would appreciate your help in finding these loving animals new homes. The shelter is located off Route 13 between Carbondale and Murphysboro.

Staff photos by Shelley Mever

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**Child-neglect cases rekindle idea:**

**Place poor children in orphanages**

The Washington Post

**CHICAGO**—It was the number that was so shocking. When police bombarded a suspected crack house on Feb. 1, they found instead 19 children ranging in age from 1 to 14 living in squalor.

Television pictures of the children being led from the barren apartment that was their home provoked an outcry from President Clinton and state and local officials.

Shocking, yes, but critics of Illinois’ embattled and over-burdened child-welfare system noted that the episode was unusual only in the number of children involved. Ten days later, 12 children were found living with their grandmother in an unheated, condemned building on Chicago’s West Side. Four days after that discovery, the body of a 3-month-old girl was found in a trash can in a South Side alley, forcing state child-welfare officials to scramble to remove her nine brothers and sisters from their parents’ custody.

The dismal parade of abused, neglected and abandoned children, recorded on local television news broadcasts, has sparked renewed interest here in an old idea — the orphanage. Since the night the 19 children were discovered, Illinois Governor Jim Edgar and Chicago Mayor Richard M. Daley, D., the new supervising judge of the Cook County Juvenile Court and the county’s public guardian have all voiced support for a modern version of orphanages to absorb the flood of children entering the state child-welfare system.

Nationally, conservative social critic Charles Murray of the American Enterprise Institute in Washington radioed the subject in a widely quoted article last October in the Wall Street Journal. Calling for an end to all government economic support for single mothers to stem the rise in illegitimate births, Murray said that for children of women cut off from welfare benefits who are not adopted or otherwise cared for, the government should spend lavishly on orphanages.

“I am not recommending Dickensian barracks,” he continued. “In 1993, we know a lot about how to provide a warm, nurturing environment for children, and getting rid of the welfare system frees up a lot of money to do it. Those who find the word ‘orphans’ objectionable may think of them, as 24-hour-a-day preschools. Those who prattle about the importance of keeping children with their biological mothers may wish to spend some time in a patrol car or with a social worker seeing what the reality of life with welfare-dependent biological mothers can be like.

What a modern revival of the orphanage would look like is not entirely clear, but advocates insist they need not be impersonal warehouses.

---

**Birth Control Update**

You and your partner can learn more about your options for birth control, prevention of sexually transmitted diseases, and risk reduction.

Students are encouraged to attend one of these workshops before making a birth control appointment.

**Spring Schedule**

Wednesdays 1:00 p.m. - 2:00 p.m.

Thursdays 1:00 p.m. - 2:00 p.m.

Kesner Hall Classroom (across from the Health Service)

For more information, contact the Student Health Programs Wellness Center at 536-4441.

Student Health Programs

Southern Illinois University at Carbondale

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**USG Election Timetable**

- **March 1:** Release forms available to check eligibility
- **March 11:** Deadline to file a release form
- **March 24:** Deadline to submit petitions
- **April 4:** Campaign Begins
- **April 20:** Election Day

*Petitions given out AFTER eligibility is determined. If you have any questions, contact USG 3rd floor Student Center, 336-3381*
Mud-wrestling females take to barroom floor

By Kyle J. Chapman
Entertainment Page

Nothing could be more daring for SIUC student Kathy Pecharich than wrestling in cold mud in front of 200 screaming men on a school night.

Pecharich, a junior in exercise science from Aurora, not only dared to do this, but received $100 for winning the mud wrestling championship Monday night at Beach Bumz.

Beach Bumz, 611 S. Illinois, is trying new entertainment attractions to separate itself from the other bars on the Strip, owner Ron Davis said.

Mud-wrestling champ Pecharich said the sport is not what she thought she would do on school nights during her college career, but said it is worth the money.

"I was so nervous the whole day thinking about mud wrestling," Pecharich said. "I was thinking, 'What would my parents think if they knew I was mud wrestling?'"

Pecharich said despite the messy look of mud wrestling, the experience is fun and challenging.

"Mud wrestling is really hard because each round is one minute, and at the end of the rounds my feet were frozen and I was out of breath," she said. "It was so exciting, because you're really nervous about wrestling in front of people. Eventually, it became like basic instinct and I won every round."

By the time festivities ended, most crowd members had mud on their clothes as well as the entire floor of Beach Bumz.

"I was thinking, 'What will my parents think if they knew I was mud wrestling'?

—Kathy Pecharich

Beach Bumz also plans to have a hot cab night, a fake o'karn contest and continue the monthly mud-wrestling competition to change the entertainment life in Carbondale and to add uniqueness to the agendas of bar-hopping SIUC students.

Davis said dancing and drinking was not enough to keep crowds coming out every night.

"We just want to do something different because we're tired of doing the same old things," Davis said. "It usually works out well when we do stuff like this because people get excited about new things and we really have to keep coming up with original ideas."

Mud-wrestling referee Doug Stritzel, a junior in psychology from Pekin, said the competition is a lot of fun despite the mess it creates.

"This was the first contest and we hope to format it so we can have it run a little more smoothly next time," Stritzel said. "I hope to continue refereeing the mud-wrestling contests because it really is great fun."

Staff Photo by Daily Egyptian photographer

Andy 'The Ripper' Jones and Kathy 'Bone Crusher' Pose battle it out in the mud during Beach Bumz' mud-wrestling contest Monday night.

U.S. cholesterol levels dropping, eating more of everything else

The Washington Post

Americans are eating less fat and their blood cholesterol levels are dropping in response, according to federal survey results released last week. But as of to make up for this low-fat diet, Americans are eating more of everything else—and gradually evening weight in the process.

The figures come from the Third National Health and Nutrition Examination Survey (NHANES III), conducted by the Centers for Disease Control and Prevention. They are findings from a ongoing survey of the American diet, in which more than 20,000 individuals are asked to eat everything they ate or drank in the last 24 hours.

The good news is that fat intake as a percentage of total calories continues to drop, as it has since the mid-1960s, when the average American got about 40 percent of total calories from fat. The NHANES III data show that Americans now get, on average, 34 percent of their calories from fat, 12 percent of fat calories are from saturated fat.

That's an improvement over NHANES II, which covered 1976 to 1980, when those figures were 36 and 13 percent, respectively. Encouragingly, these drops are already showing up as lower levels of cholesterol in the blood (about 8 percent lower than 1960); high cholesterol is a major risk factor for heart disease.

But fat intake remains higher than the Public Health Service's goal for the year 2000, which calls for a reduction to 30 percent of calories from fat and 10 percent of calories from saturated fat.

University News Brief

Employees of Southern Illinois University at Carbondale who plan to retire during the next two years will get a chance to talk to representatives from the State University System Monday through Thursday, April 18-21.

Benefit counselors will meet with individual employees at SIUC's personnel offices, 805 S. Elizabeth St., and will provide dollar estimates of retirement annuities during private 29-minute counseling sessions.

Employees must have appointments. Appointments will be awarded on a first-come, first-serve basis. To make an appointment, call personnel benefits office at 453-6688.

Police Blotter

Carbondale police are investigating an aggravated robbery which occurred at approximately 8:32 p.m. Feb. 24 at Clark's gas station, 801 E. Walnut. The suspect entered the station and demanded money from the attendant. Acting as if he was armed with a handgun, the suspect took the money from the attendant and fled the scene on foot. The total loss is in excess of $150.

If you provide information which leads to an arrest in the case, any other case, you may be eligible for a reward of up to $1000. Contact COPS and remember, you never have to give your name.
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Scientists test life expansion on fruit flies, humans far off

The Washington Post

Researchers reported last week that they had extended the life spans of fruit flies more than 30 percent simply by feeding them a combination of two vitamins, one of which is a product of two enzymes that can be bought in health-food stores. They said there was evidence that the same approach could add a similar number of days to the lives of farm animals, including humans.

But don’t start firing off plans for that 120th birthday party. Scientists said the life-extending enzymes are probably not worth taking orally; the trick is to get them into the flies by feeding them rich in antioxidants, and that the genes to produce them are too dangerous to use in humans.

Still, the pioneering work sets some long-standing questions about the causes of aging. And experts said the findings suggested there may be more complex, efficient farm animals and even longer-lived pets.

"It is clear from this work that the mechanisms of aging are, but no direct proof for any of them," said Rajendra S. Sohal, a development biophysicist at the University of California, San Francisco. "Now we have established a clear correlation between the lengthening of life and the presence of these free radical inhibitors."

That hypothesis, first proposed in 1956, states that the main mechanism of aging is the biological breakdown of molecules that can be considered "chemical bodyguards." The genes, called antioxidants, normally mop up the superoxide dismutase dismutase and catalase, both of which are needed to clear the chemical changes of aging.

"This is a remarkable confirmation of the free-radical theory of aging," said Richard Cutler, a research scientist at the National Institute on Aging at the National Institutes of Health. "It means that the free radicals are the most important cause of aging."

findings like these have convinced some people to add their natural defenses by eating foods or taking dietary supplements rich in antioxidants. But some experts said the studies showed that a dozen different species of animals, including man’s closest relatives, chimpanzees, scientists have found a clear correlation between the lengthening of life and the presence of these free radical inhibitors.

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Winter Games’ rivalry heating up four years prior to opening event

The Washington Post

WASHINGTON—Talk about your Olympic rivals. These two have been feuding for years, always looking for that edge that will help them grab the gold.

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1994 MVC Championship Schedule

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<tr>
<th>Saturday</th>
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<tbody>
<tr>
<td>#1 Tulsa</td>
<td>Tip-off 1:08</td>
<td>Tip-off 3:38</td>
<td>Bradley #2</td>
<td>Tip-off 6:08</td>
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<td>Tip-off 12:08</td>
<td>Championship Game</td>
<td>Wichita State #7</td>
<td>SIUC #3</td>
<td>SW Missouri #6</td>
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<td>#4 Illinois State</td>
<td>#5 Northern Iowa</td>
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* The tournament runs March 5-7. All tournament games will be played at the St. Louis Arena. Single-game tickets sell for $17, 13, 10 and 6. They are available until two days before by calling the SIUC ticket office at 453-2000. After that, call 314-534-1111 or 314-291-7600.

Old-time trainer returns to ringside

The Baltimore Sun

Baltimore—Mack Lewis swings open the rusty gate of his gym on the corner of Broadway and Eager and slowly climbs the 20 creaky stairs to the converted dance hall that has served as a proving ground and second home for thousands of Baltimore boxers during the past 50 years. After some quick math, Lewis estimates he has made this climb some 13,000 times. "When I first came here, I up the stairs," recalled Lewis, 75, a retired Internal Revenue Service clerk.

On Friday, for the first time, Lewis will try to get one of his fighters to the top in a title bout. Vincent Pettway is facing International Boxing Federation junior middleweight champion Gianfranco Rosi of Italy at the MGM Grand in Las Vegas.

Bad knee no problem for highest goal scorer

The Baltimore Sun

Boston's Cam Neely is making other NHL goal-scorers look bad while making his own miracle on ice.

Neely has a bad left knee and plays little more than every other game. But he is leading the NHL in goals with 46 in 41 games.

His top challengers, Toronto's Dave Andreychuk and Detroit's Sergei Fedorov, each have 45 goals. Andreychuk has played in 62 games, Shoppert in 61.

Neely has an NHL-best 12 game-winning goals. The man in second, Detroit's Sergi Fedorov, has 11.

Neely's shooting percentage is 28.2. Shoppert is second, scoring on 23.3 percent of his shots.

Bruins assistant general manager Mike Milbury, who just returned from a trip, marvels at the climb: "I frankly didn't expect him to come back this season," Milbury said. "(But) I don't know where we'd be without him. You're aware of our goal-scoring difficulties. He has been a lifesaver that we didn't know to expect." Neely is 28. He played a total of 22 games in the past two years, because of his bad left knee. And when that knee flared up with fluid last October, he feared his career was finished!

But here he is, with 11 goals in his past seven games, leading the league in goals, game-winning goals and shooting percentage while playing every other game.

"I guess I'm day-to-day for the rest of my career," he said recently. "I guess that's my philosophy. You think about it, and it's not a bad philosophy for any athlete to have. Isn't every athlete just one play away from the end of his career? Actually, it's not a bad philosophy for anybody. Live each day to the fullest because it is the last."

HONORS, from page 24

Billy Wright, Drake's William Celestine and Illinois State's Todd Wenroen.

Senior guard Paul Lask was selected by both coaches and the media as an all-second-team pick, while Carr and Chris Lowery received honorable mention.

The Salukis will take their awards to St. Louis for the MVC Tournament this weekend, where the Dawgs play Southwest Missouri State in the first round Saturday at 8:38 pm.

WATER, from page 24

Kuefler said this weekend is the event the team's been waiting for and he feels they are ready.

"I truly believe that we have a great shot of reaping the benefits of the season," he said. "We've put forth a great team effort in the second half of the season and we're hoping that momentum will carry us through." "I feel very good and confident about our chances in this championship," he said. "The athletes are real positive and, based on their performances this season, they are peaking at the correct time as well as looking very sharp in their technique."

The women will look to seniors Jennifer Baus and Ra Shal Brins, juniors Sara Schmidkofzer and

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Artificial hip no hinder
to Bo Jackson's allure

Los Angeles Times

TEPPE, Ariz.—California
Angels first baseman T.J. Snow
couldn't get across the room,
and gasped. His face flushed,
quickly lowered his head before
anyone could notice.

"You're not supposed to care
about such things when you are
a ballplayer.

Still, he had to share this
discovery with someone else, so
he leaned over and whispered
to teammate Kevin Flora.

"It's, urn, around, and look at
Bo," he said. "I mean, will you
look at that. My God, look at that.

They turned around, stole a peek
at Bo Jackson, and shook their
heads in amazement.

This is no longer the same
athlete who won the Heisman
Trophy and played for the Kansas
City Royals and the Los Angeles
Raiders in the same year. But
the aura of the man has changed.
Bo Jackson, artificial hip and all,
remains one of the most popular
athletes of any generation, and
continues to captivate the nation.

"I think a lot of guys are trying
to hide their enthusiasm in here," said
catcher Mark Del Monte, who
is hoping to land his first major league
job. "Everyone's trying to
stay cool. But come on, this is Bo
Jackson.

I'm actually in camp with Bo
Jackson.

"If you don't think that means
something, go check out my friends in my neighborhood in
Chicago; they're going nuts right
now.

His artificial hip gives Jackson a
special allure. There are men with
artificial hips of their own who come
to watch; children in wheelchairs, and
men and women who need canes to
stand.

"I still can't get over him," said
Phil Couchoo, 60, who had hip
replacement surgery eight years ago.
"I come out every day and can't
take my eyes off him. We're talking
about a very serious operation, and he's
doing everything he used to do.

Said Jackson: "My teammates in
Chicago used to tease me during
spring training. They'd say, 'Bo,
you can't do all that. It would be all
these people in crutches, canes and wheelchairs.'

"Well, I consider myself an
inspiration for all those people.

'That's not why I play the game, but
believe me, it's gratifying that people feel
that way.

It should have been the most
terifying time of Jackson's life.
He was scheduled to undergo
reconstructive surgery on his left
hip the next morning, an operation
that would alter the rest of his life.

So what does the man do?
He invites the team of doctors
to his home for cocktails, takes them
out to a Chicago Bulls game, and
brings them back in high spirits.
The same doctors who are going
to perform this delicate surgery;
the world's greatest athlete can
manage to look okay without
falling; according to Susanne
McKee, Jackson's business
manager.

"I mean they were drunk," she
said. "(Bo's wife) Linda and I
stayed home and had champagne,
but you should have seen those
guys.

I couldn't believe it. But then
again, you've got to know Bo.

---

Artificial hip no hinderer
to Bo Jackson's allure

People are drawn to his
determination to play, his
determination to succeed, his
determination to be the best.

And they are drawn to his
character, his humility, his
humility.

"Bo Jackson is a special
athlete," said one of his
teammates.

"He's a role model for us all."

And they are drawn to his
personality, his sense of humor,
his sense of fun.

"Bo Jackson is a special
person," said another of his
friends.

"He's a joy to be around."

And they are drawn to his
dedication, his commitment,
his commitment.

"Bo Jackson is a special
athlete," said his coach.

"He's a leader on and off the field."

And they are drawn to his
work ethic, his work ethic,
his work ethic.

"Bo Jackson is a special
athlete," said his agent.

"He's a hard worker."

And they are drawn to his
attitude, his attitude,
his attitude.

"Bo Jackson is a special
athlete," said his teammates.

"He's a winner."

And they are drawn to his
style, his style,
his style.

"Bo Jackson is a special
athlete," said his opponents.

"He's a great competitor."

And they are drawn to his
loyalty, his loyalty,
his loyalty.

"Bo Jackson is a special
athlete," said his friends.

"He's a good guy."

And they are drawn to his
family, his family,
his family.

"Bo Jackson is a special
athlete," said his mother.

"He's a great son."

And they are drawn to his
humility, his humility,
his humility.

"Bo Jackson is a special
athlete," said his father.

"He's a humble person."

And they are drawn to his
charity, his charity,
his charity.

"Bo Jackson is a special
athlete," said his teammates.

"He's a good citizen."

And they are drawn to his
advice, his advice,
his advice.

"Bo Jackson is a special
athlete," said his friends.

"He's a good friend."

And they are drawn to his
leadership, his leadership,
his leadership.

"Bo Jackson is a special
athlete," said his coach.

"He's a great leader."

And they are drawn to his
vision, his vision,
his vision.

"Bo Jackson is a special
athlete," said his opponents.

"He's a future hall of famer."

And they are drawn to his
passion, his passion,
his passion.

"Bo Jackson is a special
athlete," said his friends.

"He's a passionate person."

And they are drawn to his
influence, his influence,
his influence.

"Bo Jackson is a special
athlete," said his coach.

"He's a powerful influence."

And they are drawn to his
character, his character,
his character.

"Bo Jackson is a special
athlete," said his teammates.

"He's a great person."

And they are drawn to his
devotion, his devotion,
his devotion.

"Bo Jackson is a special
athlete," said his family.

"He's a devoted son."

And they are drawn to his
perseverance, his perseverance,
his perseverance.

"Bo Jackson is a special
athlete," said his opponents.

"He's a tough customer."

And they are drawn to his
robustness, his robustness,
his robustness.

"Bo Jackson is a special
athlete," said his friends.

"He's a strong man."

And they are drawn to his
character, his character,
his character.

"Bo Jackson is a special
athlete," said his coach.

"He's a great coach."

And they are drawn to his
leadership, his leadership,
his leadership.

"Bo Jackson is a special
athlete," said his opponents.

"He's a future head coach."

And they are drawn to his
character, his character,
his character.

"Bo Jackson is a special
athlete," said his friends.

"He's a great guy."

And they are drawn to his
passion, his passion,
his passion.

"Bo Jackson is a special
athlete," said his coach.

"He's a passionate man."

And they are drawn to his
vision, his vision,
his vision.

"Bo Jackson is a special
athlete," said his opponents.

"He's a future star."

And they are drawn to his
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"He's a great guy."

And they are drawn to his
passion, his passion,
his passion.
By Dan Leahy
Sports Editor

SALUKI forward Chris Carr capped off the regular season by grabbing the Missouri Valley Conference player of the week award, as Carr totaled 44 points and 17 rebounds in back-to-back games againstSIU Edwardsville and Illinois State.

The MVC also announced its post-season honors Tuesday, with first-place Tulsa leading the MVC in both regular season and post season honors.

Hurricane forward Gary Cotler was named MVC player of the year by a vote of league coaches and media. Cotler becomes the first player from the University of Tulsa to win the award since Paul Pressey collected the title during the 1981-82 season.

Forward/Guard Shea Seals, a Tulsa freshman, earned both newcomer of the year and freshman of the year honors. Seals, who began his collegiate career by

Converter runner breaks conference record in mile

By James J. Fares
Sports Reporter

With a lot of self-confidence and a Missouri Valley Conference record in the mile under her belt you might be able to compete against SIUC track star Jennie Homer.

Homer, a junior in speech communications, specializing in public relations from Armoingt, has been competing in track since she was a child. She was in last year's Olympics.

Homer is a triple threat in the outdoor season and was named one of the outstanding athletes in the MVC. Homer excelled in the javelin, shot put and discus.

Homer has been competing in track since she was a child. She was in last year's Olympics.

Homer's self-confidence paid dividends this season, as Homer showed her fire by breaking the MVC record in the mile.

Homer broke the record with a time of 4:56.68, beating the old time of 4:59.55 set by rival runner Heather Murphy from Illinois State in 1993.

"Before this year I never really ran the mile," Homer said. "I have always run in the 800-met. I used to hate running long distance because I wasn't really good at it, but each year my running, cross-country, I've gotten better.

Homer said she owes most of her success to De-Naun, who has been implanting in her a style she needs to believe in herself to be a successful runner.

"I have always run the mile and I used to hate running long distance because I wasn't really good at it, but each year my running, cross-country, I've gotten better.

Homer said she owes most of her success to De-Naun, who has been implanting in her a style she needs to believe in herself to be a successful runner.

"I never really believed I could break the record until I ran a 5:01.33 mile a week ago at the SalukiUSA Open," Homer added.

"That was my best time ever in the mile and a shock for me because I didn't think I could run that fast.

"I finally got a taste of what it was like to do well, and I kept wanting to get better. I had gotten my confidence up and I knew I had to beat Heather Murphy."

Homer said while she was running her record pace she kept in the back of her mind Murphy's time was a "my mind had a lot to do with it," Homer said. "Before I used to think that I could never do it and that's when coach Lee-Noon informed me that I need to start believing in myself.

De-Noon's motto was "believe and loose," and that is exactly what Homer did.

De-Noon said Homer might gain a second second improvement in his season at the Last Chance Track and Field meet.

"She did an excellent job of racing, half-laps this week of 2:31.00 during her mile race," he said.

"And a second half of 2:25.00. Imagine what her time would be if she ran a 2:25.00 first half."

De-Noon also added that Homer has a lot of natural speed and booming form with her powerful legs.

"I tried to use every ounce of my

SIUC runner breaks conference record in mile

By Chris Walker
Sports Reporter

At noon today the SIUC men's and women's swimming and diving teams will be attending waters at Cedarville University in the preliminaries of the 20th Annual Ohio Valley Conference Championship.

The championships will run through Friday with two seasons each of the three. A morning session is set for 9:30 and is tentatively expected to run until 1 p.m.

The evening sessions will run from 6 to 9:30 p.m.

The Salukis have plenty of time to prepare for the championship since they have not competed since Feb. 4.

The men's swimming has given the swimmers and divers the opportunity to recover from injuries and prepare themselves for their biggest events of the season.

The men and women will look to

Teams to swim for title

Men, women prepare for championship meets

By Chris Walker
Sports Reporter

Walker, who has stressed all season long that this is the part of the season that matters most, will surely have the experience with a practice roster of 10 seniors compared to only one a season ago.

The men, hope things won't be as difficult as last year when they had to fight back from 34 points down before putting away. It won't get any easier with last year's second-year coach of Missouri State, Ron Cowen, competing in the championship again.

SIUC won head coach Mark

see HONORS, page 22

see WATER, page 22
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