Rape suspect testifies at trial

Snowden claims hateful feeling came over him

By Dave Saelens
Staff Writer

'I am a person with a problem. I'm a criminal in a person who willfully commits a crime," Snowden testified Wednesday at the second day of his bench trial in Jackson County on four charges of rape.

The 25-year-old carbon dioxide analyst and shift mainte­nance employee, is charged with raping two women on April 29, 1983, in their Giant City apartment. He also faces various rape-related charges, including deviate sexual assault, home invasion and armed violence.

Snowden testified Wednesday that he does not deny sexually assaulting the women, nor does he claim he was under the influence of substances which occurred that night.

He said that on April 29, he began to drive home after working "something inside of me said 'no.'"

'I had a real hateful, evil feeling like something's got a hold on my mind and was determined," he said. "I can't really explain it, except that I had that feeling." He said he had experienced the feeling many times before, right up to the trial.

Defense attorney Harvey Welch of Charleston said his client was doing his best to defend himself on the premise that Snowden's crimes are the result of mental illness brought on during childhood.

Snowden was aware of what he was doing and had sufficient cognitive capacity, but was unable to maintain his conduct in accordance with the law, Richards said. Richards said he is familiar with the substantive insanity law in Illinois, and testified that Snowden was legally insane when he committed the rapes.

Snowden, who willfully commits a crime, and who did so willfully, is any
democrat calls for deficit cuts

Reagan budget strong on arms; Democrats call for deficit cuts

By Cliff Haas
Of the Associated Press

WASHINGTON (AP) — The $925.5 billion budget President Reagan sent to Congress on Wednesday signals his priorities for the nation: to increase its military strength and to do it without the pain of raising taxes. But the plan is burdened with a projected $180.4 billion deficit.

"We'll pay as we go," the president said. But that chain will be broken when Congress to begin

Gray pledges to create chain of area offices

By Rod Stone
Staff Writer

Former U.S. Rep. Kenny Gray pledged Wednesday to "bring Washington to Southern Illinois" by creating a chain of regional offices to develop the economy of the nation's economic capital.

Gray, speaking at a news conference at his Carbondale campaign office, said that the kind of offices would be knowledgeable about federal laws and funding, and would concentrate on bringing in-

Gray said he wants to rebuild basic industries, such as auto manufacturing, and "turn loose the Army Corps of Engineers to build up the Southern Illinois Industry, which he called 'a disgrace.'"

He said the country needs to overhaul and modernize its industry to rebuild its plants to compete with foreign industry.

Gray also said he is in favor of extending unemployment benefits until jobs can be provided and increasing aid to the poor.

Gray, calling Southern Illinois a "sleeping giant," said he would work to increase recreation and tourism in the region. Gray said that many people were passing up Southern Illinois recreational areas, such as the Shawnee National Forest and Lake of the Ozarks, in favor of better-advertised places in Tennessee and other Southern states.

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SNOWDEN from Page 1

his sister starting at age 19. He said that at around age 19 he began using alcohol, marijuana; and pills. He said his sister and marijuana use increased when he started high school, and he began using amphetamines, pain killers, and "anything we could find to get us off of." Snowden said he dropped out of high school at 17 to join the Navy, but served only eight months of active duty before leaving the service in 1977. He said he then went to live in Hawaii with a girlfriend named Roxanne and during that time "experienced episodes of extreme violence." He said that many times he struck and kicked Roxanne, but "didn't know why I did it." Snowden said he knew he had to do something after he found himself placing a gun to his son's head, and threatening to kill him. Snowden returned to Carbondale, Illinois and said he began receiving "decompensation" therapy for his 'problem' from the Carbondale Mental Health Clinic. About two years after his return to Carbondale, he married Darrelle Snowden, who testified that although they are still legally married, they lived together for only six months.

Snowden's mother, Pauline, described her son's home Thursday, when the trial is to continue this week. "I haven't heard of the cyanide killings in Chicago," said Mr. O'Neill Jr., the nation's highest-ranking elected Democrat, and endorsed former Vice President Walter Mondale for president of the United States. The speaker said in a statement. Mondale will visit the Capital later today for a private meeting with Mr. O'Neill and a reception by his congressional supporters.

The Rev. C.W. Gillespie, pastor of the Church of God in Christ in Carbondale, testified that when he first met Snowden two years ago, he found him on the church steps crying. He said Snowden told him he had "a drive in him that he couldn't handle." The trial is to continue Thursday, when Circuit Judge Richard Richman is expected to hand down a verdict.

News Roundup

Small staff hammer up agency

WASHINGTON (AP) — Efforts to stop criminal dumping of hazardous waste at the Reagan administration's site in Illinois have been blocked because only four agents are assigned to Illinois and nine other Great Lakes states that produce more than 40 percent of the toxic material, officials said Wednesday.

Investigators also told the senators horror stories of illegal toxic waste disposal, such as 200 pounds of cyanide hidden in a small Southern Illinois town in a building located between two restaurants. "You've heard of the cyanide killings in Chicago," said Gary Long, Illinois Department of Law Enforcement special agent. "We were only talking about milligrams of cyanide there."

Radioactive table legs found

SPRINGFIELD (AP) — State police intercepted a shipment of metal table legs brought for a suburban Chicago restaurant after a random check found the cargo was dangerously radioactive, the state Department of Nuclear Safety reported Wednesday.

The contamination was spread by radioactive scrap metal from a Mexican junkyard that has stored tons of steel imported into the United States, principally the Southwest, said officials of the federal Nuclear Regulatory Commission.

Dixon calls proposals 'ludicrous'

WASHINGTON (AP) — Sen. Alan J. Dixon said Wednesday that Capitol Hill probably will kill the Reagan administration's plan to reduce mass transit operating funds next year, including an estimated $10 million to $20 million cut for the Chicago Transit Authority.

Dixon told a news conference following release of President Reagan's fiscal 1986 budget that funds for mass transit and other domestic programs targeted for cuts can be obtained by reducing a "ludicrous" administration proposal to raise defense spending by 18 percent. He said 6 percent would be in order.

Daily Egyptian

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Brochures available in Rahn Hall (Gen. Ed.) Room 114.
No major changes will be made in a final report on the revision of the General Studies Program due out before the end of the month, Larry McDougle, chairman of the General Education Curriculum Council, said Wednesday.

The council, formerly known as the General Studies Advisory Council, will review a progress report on Friday, McDougle said. A final report will be sent to the office of John Guyon, vice president for academic affairs, by the end of February.

McDougle said the council will recommend that the five-hour requirements in English composition maintained. The council's first meetings have resulted in a three-hour proficiency alternative, he said. This is an item that was an item that caused a great amount of concern when the report first came out,
**Editorial**

Time to end dangers of satellite weaponry

IN HIS STATE OF THE UNION address last week, President Reagan called for an $8 billion, revampered space station to be built within the next 10 years. Although the American space program has seen many important developments in science and medicine, recent events show that the heavens are not reserved strictly for humanitarian purposes.

Certainly the United States cannot expect to leave space weapons completely to the Soviet Union. But the Soviets, in the period following the failure of the SALT II negotiations, such as the 1987 Outer-Space Treaty have been surpassed by technology developed in the hope that alliances exist which allow the type of testing that is now going on.

In 1978 the Carter administration attempted to reach an agreement with the Soviets on banning anti-satellite weapons, but talks collapsed when the Soviet Union claimed the space shuttle was a weapon. After the Soviet invasion of Afghanistan, the talks broke off.

In this election year, Reagan has put on a few dove feathers. He recently softened his anti-Soviet rhetoric and called for a renewed effort in arms control talks. He now should put some top-notch negotiators on the job.

It's time for President Reagan to get his head out of the clouds and view the arms race with the Soviets as it is now going, and not as it was 20 years ago.

THE DANGERS of satellite weaponry were highlighted last week by retired Admiral Bobby Inman, the nation's former No. 3 spy. During an arms control seminar in Atlanta, Inman cautioned that U.S. satellites can mistake the flames from a rocket warhead for gas line for one of a launched intercontinental nuclear missile.

Equally disturbing is U.S. intelligence reports that the Soviets now have lasers that can destroy satellite telecommunications.
CARBONDALE FLICKS Club - Area Code 418 will play country music Saturday night. Cover is $2.

Fred's Dance Barn - Saturday night. The Ballin' Band will play Dixieland around, playing the finest in country music. Cover is $2.75 for adults.

Gatsby's - The hard rockin' sounds of Moonraker will take you out of this world Thursday night and Friday for happy hour. Friday night is WGYD night, with those fast-talking DJ's playing top tunes and awarding raves prizes. Saturday night features the disco jockeys from WTAQ Sunday and Monday spend a quiet evening with the laid-back sounds of C.R. & Others.

Hangar 9 - No cover Wednesday night for 911. Friday and Saturday nights. Plays Mesa will play some flashy jazz and rock. Cover is 50 cents.

Oasis Lounge - Friday night, caged go-go dancers dance in music from the 1960s til midnight when contemporary tunes take over. Saturday night, current top 40 pop will be spun by DJ, No cover.

Pink Pussy Pub - Sunday night, the jazz of Mercy will be featured for no cover.

P.K.'s - Friday and Saturday nights. Austin Reeves will play country rock for $2.50 cover.

P.K.'s - Friday and Saturday nights. The Bare Stars will play country rock. No cover.

Prime Time - Fear on the Floor will play Thursday through Saturday night. No cover.

Stan Hoyte's - Easy as Pie will play mellow rock music Thursday through Saturday night. No cover.

Survery: Whites fear Chicago (AP) - Mayor HoHerman, who has failed to dispel fears among many white ethnic groups in Chicago that his administration is using black on the expense of whites, a recent survey concludes.

The Chicago Reporter, a newsletter devoted to reporting racial issues, says in its most recent edition that Washington racist re...idents of the predominantly white Northwest and Southwest side of the city, expressed that sentiment.

"Yet, most were hard..." the reporter says. "But the feeling was..."

The survey, conducted by the Chicago Reporter, the Chicago Reporter, and the Chicago Reporter, shows that Washington's administration and some of their discrimination seems to be a fear, the Reporter says and the Reporter says.

The Reporter says, "You know how..."

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FRED'S Entertainment Guide

LIVE ENTERTAINMENT

Airwaves - Thursday night. The Big Chimes - formerly The Dead End Kids - will get us up and dancing. Tonight, Radio Rendezvous will play all night long and Saturday, The Uptown Riders will reign over the dance floor.

Fred Flambe - Friday and Saturday nights. Rare Form will entertain for no cover charge.

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FRED'S advice for the consumate partier-for the person who needs a party every night of his life.

Sunday: Monkeys/Tuesday: Fuzzy Wuzzies/Douglas: The Daily in all his glory.

Tuesday: Beasts at the Beach/Saturday: The Creation/Who knows what's going on?'

Wednesday: The Beach/Barn Dance/Thursday: DJ party night/Dr. Henry's Improv Show/Go-go girl in high heels and bikinis.

SATURDAY: FRED'S. It does not say sinrail.

This week: Doug McDaniel & The Bar Stars w/ Wayne Higdon on fiddle.

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By Sherry Olsenhall

The versatility of Streep's performance in "Silkwood", in which she portrays a plutonium plant worker in Oklahoma, is evident in her previous films. She has played a character in "The French Lieutenant's Woman" and "Death Becomes Her" with success. Streep's performance in "Silkwood" has been particularly praised for its realism and detail.

The film is set at the Union Carbide plant in Texas, where Streep's character, Ginger, works as a safety inspector. She discovers that the plant is violating safety regulations and becomes involved in a union election at the plant and the struggle for worker rights.

The story is based on the true events involving Karen Silkwood, a worker at the Kerr-McGee plant in Oklahoma. Silkwood was killed in a car accident after being exposed to radiation. The film is directed by Mike Nichols and stars Meryl Streep as Ginger, Larry Linville as Larry Hubbard, and Robyn Douglass as Silkwood's live-in boyfriend.

The film moves slowly at times, but the performances are strong, especially Streep's as Ginger. She brings a complexity to the character, the product of his dreams, and her performance is highlighted in previous films she has appeared in. "Silkwood" is the apex of her career, and her performance is considered her best yet.
MEETINGS: Sailing Club, 3 p.m. Thursday in Lawson 201; Forestry Club, 7:30 p.m., Mississippi Room. Students for Amnesty International, 7:45 p.m., Troy Room.

CYCLING Club will meet at 7 p.m. Thursday in Activity Room A in the Student Center to discuss a new construction and promotion of the annual bicycle race.

PETER DUDLEY, grants administrator at the National Institutes of Health, will speak at 9 a.m. in Lindgren Hall 205 on the grants process at NIH.

THE AMERICAN Marketing Association will sponsor a program of Mercy on Thursday in the Quigley Lounge.

THE PHYSICAL Education Research Laboratory is conducting an exercise study on fat metabolism. Interested students who would like to share and explore their results are invited to attend. Interested persons should contact Lenny Kaminsky at 452-2296 ext. 35.

THE ENGLISH Department will sponsor a presentation on marketing techniques by Miller Brewing Co. at 7 p.m. Thursday in Morris Library Auditorium.

SILENT PHILOSOPHY professor James Diefenbeck will speak on "Causing and Other Ways of Bringing Things About." at 4 p.m. Thursday in Fines 111.

WOMEN'S Interreligious Development will meet at noon Thursday in the Thretis Room.

SILENT PHILOSOPHY professor James Diefenbeck will speak on "Causing and Other Ways of Bringing Things About." at 4 p.m. Thursday in Fines 111.

WOMEN'S Rugby Club will hold a pre-season meeting 6 p.m. Thursday in the Iroquois Room. Interested persons who would like to share and explore personal roles involved in developing a successful parental relationship should call Maria Erickson at 453-3543.

SPECIALIZED Student Services is holding a coffee break for persons wanting to practice sign language skills and more. It is at 2 p.m. each Thursday in Woody Hall Cafeteria.

A STEPP-PARENTS Support Group is being organized by Women's Services and the Counseling Center. Male or female parents who would like to share and explore personal roles involved in developing a successful parental relationship should call 453-3545.

STUDENT Recreation Center is sponsoring a Time Out, 4:45 p.m. Thursday in the SIC lounge.

RECREATION for Special Populations is sponsoring a motorball. All. musicians and students in other clubs should contact the Student Recreation Center, 64 p.m. on Fridays. For further information contact Ruby Green at 744-7731.

BLACK HISTORY Month will hold a lecture and discussion on "Race, Violence, and the Origins of Black America." at 7 p.m. Thursday in Ballroom B of the Student Center.

THE FELLOWSHIP of Christian Athletes will meet at 7 p.m. Thursday in the Ohio Room in the Student Center to discuss reorganization to develop a more active group. Ken Knepper, speaker for the group, said men and women athletes or not, are invited to attend.

PRE MEDICINE and Dental Club will meet at 7 p.m. in the Illini Room at the Student Center. Evelyn Jackson will speak on study strategies for MCAT-DAT exams.


dailycampusbriefs.com

FRIDAY

Competition films

11:30 a.m. "Dog Gone" by Sandra S. Green at 7:30 p.m.

FRIDAY

Pre-med and Dental Club will meet at 7 p.m. in the Illinois Room at the Student Center. Evelyn Jackson will speak on study strategies for MCAT-DAT exams.
Students to celebrate the 'Year of the Rat'

By Charles Victor Staff Writer

On Thursday many S.U.I. international students, especially those of Chinese origin, will be dropping the customary "Hi, how ya doin'" for a more exotic "Hong Hee Palt Choo Fai!" (which is translated as "Happy Chinese New Year.") Chinese people all over the world will celebrate the Chinese New Year.

At S.U.I.-Chinese students and faculty have made different plans to celebrate Chinese New Year from "doing nothing much" to elaborate dinners organized by the Chinese Student Association. The dinner will be held at 5:30 p.m. Sunday, Feb. 10, in the Lutheren Center, Carbondale.

CSA Vice President Stephen Young, a doctoral student in Business from Hong Kong, said, "In many ways this dinner will represent the traditional New Year Eve family gatherings at home. It is also an opportunity to give the Chinese here a sense of cultural togetherness and identity."

The dinner is open to everyone and at $5 a ticket precautions have been made for Chinese to taste a variety of Chinese dishes. "We would like to have as many Americans and non-Chinese students as possible," Young said. "It would cost less than $1 per person for us to have two dishes at any Chinese restaurant, but we will be eating the traditional home- cooked dishes." He said fried wanton, broccoll and chicken, double-cooked, hot and sour soup, crispy chicken and ma po tofu, a saucy Szechuan bean curd dish will be part of the menu. Other items on the menu include lion head, a stuffed bean curd delicacy made from a secret China house recipe and three different types of fried noodles.

The Year of the Rat and, according to Chinese beliefs, Young said people born during this time are supposed to be charming, attractive, hardworking, thrifty, ambitious, successful and honest. He said they also have the traditional qualities of being short-tempered, shallow-minded and prone to groups.

"For a rat person it would be disastrous to marry anyone born in the Year of the Horse but would make great matches with those born in the Years of the Dragon, Monkey and Ox," he said. But many, especially younger generation Chinese take these horoscopes with a grain of salt.

Jeffery Goh, a Malaysian student, said the Year of the Rat does not think he has all qualities "rat kids" are supposed to have.

"These descriptions are all so general they could fit anyone," he said. The highlights of a traditional Chinese New Year celebration is the family dinner on the eve of the new year. It is common for people to travel thousands of miles to be with the family on that night.

For David Kuan, a Malaysian Chinese, visiting relatives as a part of the celebration. Even the custom of visiting relatives came as a result of people checking on visiting relatives came as a result of people checking on relatives in the United States who had immigrated to this country.

According to Agnes Lee and her brother Hiu Man of Hong Kong, Chinese New Year was originally a bad time for the Chinese. "Actually it was a time when monsters were supposed to roam the streets," she said.

Huu Man said, "Noise and the lingering smell of gunpowder were supposed to keep these monsters away and also exploding fireworks became an integral part of the celebration. Even the custom of giving relatives came as a result of people checking on their kin to see if they had survived monster attacks."

Agnes Lee described other more curious customs. "During Chinese New Year we are not allowed to sweep the house for fear of sweeping away bad luck. We are not allowed to curse, buy shoes or touch books. The Chinese word for book is similar to the word for losing money," she explained. "I have not taking the books this Thursday may mean flunking an exam."

For people interested in the Chinese diet, tickets are available at the S.U.I. Union or by calling 549-410 or 549-1597.

Grenada welcomes cruise passengers

ST. GEORGE'S, Grenada (AP) — An honor guard of Grenada's military band, the confidence and trust you have in Grenada and your Grenadian people.

This tiny space island at the southern tip of the Windward chain, once a favorite stop for cruise ships, was plunged into chaos, Oct. 18 when a military junta seized power.

On the pier Tuesday to welcome passengers of the Unadorned Countess and thank them for their confidence and trust you have in Grenada and the Grenadian people.

This tiny space island at the southern tip of the Windward chain, once a favorite stop for cruise ships, was plunged into chaos, Oct. 18 when a military junta seized power.

http://www.dailypakistan.com.pk
Buying a trailer is possible often profitable, agent reports

By Phil Milano
Staff Writer

Most SIU-C off-campus students live in rental housing because they think buying a house or trailer is too expensive, said Jim Gevas, sales associate at Century 21 real estate in Carbondale. Buying a trailer, however, can be a cheaper venture than renting one for two or more years, he said.

"You can get a pretty nice, older, four-year-old model for about $3,000," Gevas said. If a loan is necessary, a local finance company can provide one if the borrower comes up with 20 percent of the trailer's purchase price. In the case of a $3,000 home, that would be $600.

Students must also show that they have collateral, for example a matured insurance policy, Gevas said. "If you can prove you have a full or part-time job, that can also be used as collateral.

"If you have parents who are paying for your schooling anyway, you may want to talk to them about the benefits of buying instead of renting. Your parents might give you the $600," Gevas said.

After a trailer has been rented for two years, the student has nothing to show for it, Gevas said. A student will own a trailer free and clear after he has finished paying the monthly payments on it, according to Gevas.

"Say for two years you and your roommate pay $125 rent each per month on a trailer. After two years, you have shelved out $6,000," he said. "But if you were paying monthly payments on your loan (a $3,000 loan, les $600 downpayment, would require $160 payment per month) plus a $125 a month fee, you would be about $210 a month. Since you owned the trailer yourself, you would pay the full $210, but you would then charge your roommate rent say $120. You come out ahead each month.

Students should check the newspaper ads to see what trailers are available, Gevas said.

In addition to the down payment of about $600, the monthly payment of about $60 will have to be paid yearly, as well as yearly taxes.

Guitarist to play

Acoustical folk guitarist Michael Gulezian will perform at 8 p.m. Thursday in the Student Center Old Main Room. Gulezian, who says his work is influenced by guitarist Leo Kottke, has recorded two albums, "Snow," and "Unspoken Intentions."

This concert, part of the Student Programming Council's Spring Coffeehouse Series, is free for students. Admission for the general public is $1.50.

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**LAKE DECORATING**

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Feb. 7 - March 6

7:00 - 9:00 pm

$10.00 (plus supplies)

**CALLAGHAN II**

**WEDNESDAYS**

March 22 - April 25

7:00 - 9:00 pm

$15.00 (plus supplies)

**STAINED GLASS**

**WEDNESDAYS**

April 26 - May 3

7:00 - 9:00 pm

$12.00 (includes basic supplies)

**MUSICAL/TELEVISION**

**WEDNESDAYS**

April 26 - May 3

6:00 - 8:00 pm

$14.00 (includes basic supplies)

**FAMILY CLAY DAY**

Parent/Child Day

Age from 5 y/o

Saturdays

March 5 - May 7

$10.00 (includes basic supplies)

**SILK SCREEN**

**TUESDAYS**

March 22 - April 25

5:00 - 7:00 pm

$15.00 (plus supplies)

**BASIC WORKSHOP I**

**TUESDAYS**

March 22 - Apr. 26

6:00 - 9:00 pm

$15.00 (plus supplies)

**BASIC DRAWING**

**TUESDAYS**

March 22 - Apr. 26

6:00 - 9:00 pm

$15.00 (plus supplies)

**S P R I N G W O R K S H O P S**

Last chance to register!
Program will help identify missing

De Soto children fingerprinted

By Jeff Wilkinson
Staff Writer

Little children file in, led by their parents or carried by their police officers in street clothes. The children's tiny fingers are carefully pressed on an ink pad. Even more carefully, their prints were transferred to a fingerprint form.

At first the procedure seems strange. Fingerprinting is for criminals, right? Wrong.

The National Child Safety Council warns that 150,000 children are reported missing every year in the United States. Thousands are found, but unfortunately, police are unable to identify them.

The Vice President of the Fraternal Order of Police are trying to solve that problem by promoting fingerprinting service. Wednesday they were fingerprinting children at De Soto School.

"Kids disappear everyday," said De Soto Police Chief Brent Nausley, member of F.O.P. Lodge 117, "and are used for things like child prostitution and pornography. It's sick what these kids are put through.

Many times they're killed and the parents never know what happened to them. I want to know if my child was dead." Nausley said.

It is a pleasant subject, said Nausley.

"We don't want the prints. We do the fingerprinting on a form provided by the police department. They transfer it to the parents to keep with their important papers.

We hope the parents will never have to take it out of that box," he said. "But if the worst happens, it's there." Nausley said.

"We don't keep the files," Nausley said. "We do the fingerprinting on a form provided by the police department and give it to the parents to keep with their important papers.

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"If it is a pleasant subject, said Nausley. "In fact, it's happened to them.

"They are put through things like child prostitution and pornography. It's sick what these kids are put through. Sometimes they're killed and the parents never know what happened to them. I want to know if my child was dead," said Nausley.

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Searching for Health

Published by the SIUC Student Health Program

Spring Semester, 1984, Vol II, No. 1

Interview with Rollie Perkins: Saluki Sports Doctor

Dr. Rollie Perkins, his wife, Michelle, and their three children drove into Carbondale on a steamy summer day in August, 1982. They had recently returned to the U.S. after a four- and-a-half year stay in the Marshall Islands. They were here in town for Dr. Perkins interview with the SIU Health Service, one of several arranged all over the country.

Sixteen months later, Rollie was heading back from Charleston on the plane with the winning Saluki football team - the team's sports medicine physician! Excited as he was about the team's impressive 49-7 win, he was also looking forward to spending weekends at home for a change, something he hadn't done since the season began.

The following interview with Dr. Perkins was conducted by Janice Kulp of the Wellness Center on December 7th, 1983.

Dr. Perkins: Well, it was family practice, basically. It was a small island - three miles long and a half mile wide. It contained a great big radar and computer complexes for a missile defense system. They'd fire missiles into our lagoon from California and we'd look at them on radar and use the computers and figure out which ones were real warheads and which ones were dummy warheads. That was the game they were playing and I was just playing doctor. They needed doctors to support the civilians who were out there doing this work. So I worked for a company that provided medical coverage for all the dependents and civilians who were working out there.

Shortly after I went there, I knew I did not want to go back to the private practice. I enjoyed having most of my nights free. I enjoyed spending the time with my family. So I started thinking - where can I take care of people and be able to try to educate people, to some extent, on their health and still have most of my time free. That's when I started getting ideas about health services.

J. Kulp: I'm curious about your medical background and what you were doing before you came to SIU.

Dr. Perkins: I spent four years at the University of Iowa, then four years of medical school at the University of Iowa. And I served an internship in Phoenix, Arizona, at St. Joseph's Hospital. Then spent two years with the Navy - they had me 1971 through 1973. They stationed me at a little base out in the middle of the Mohave Desert called 29 Palms, California, and I was with the Marines for two years.

I went back to Phoenix and started a residency in pediatrics and ran out of money. That's when I decided to come back to my hometown, Davenport, Iowa, and worked the emergency room and private practice about a year. Then I went into private family practice. In 1978, my wife and I decided that it was time to set up our family again, or, do something else.

That was when I found the job here. I was offered a job in the private family practice. In 1978, they called me to sit down. I had been away from private family practice at home for a change, and I decided that this was something he hadn't done since the season began.

J. Kulp: What were you doing there on the Marshall Islands?

Dr. Perkins: Well, it was family practice, basically. It was a small island - three miles long and a half mile wide. It contained a great big radar and computer complexes for a missile defense system. They'd fire missiles into our lagoon from California and we'd look at them on radar and use the computers and figure out which ones were real warheads and which ones were dummy warheads. That was the game they were playing and I was just playing doctor. They needed doctors to support the civilians who were out there doing this work. So I worked for a company that provided medical coverage for all the dependents and civilians who were working out there.

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J. Kulp: How did you choose SIU?

Dr. Perkins: I interviewed at North Carolina, Alabama, and Tuscan and Flagstaff, Arizona. Over time, I interviewed also at the University of Montana, and there were some others. I just don't recall. See, I spent three summers, every time we'd come home in the summer, we'd go somewhere and while I was there, I'd have interview at different schools and we'd look Continued

What happens to you during the winter months? Do those cold winds and gray skies drive you inside? Do the holidays leave you with extra pounds and homesick feelings? Make a change this year and shake those winter blues.

You can't change the weather, but you can make the winter season count for you by getting involved in outdoor activities. Snow provides a beautiful turf for cross country skiing, and walking, hiking, or jogging on cold, crisp days also lets you enjoy the beauty of Southern Illinois. Remember to dress warmly since each person reacts differently to the cold. Here are a few tips which can help you to plan your winter excursions:

1. Wool is recommended for winter exercise, with a nylon windbreaker which can be zipped up or down as needed or taken off if necessary.
2. Wear a good insulated cap and ear muffs since most of your body heat leaves through your head.
3. Keep your hands warm with mittens instead of gloves.
4. The chest and legs are primary sources of generated heat. These areas should be covered in layers so that at any time of overheating, one of these layers may be removed.
5. Dresses in layers; natural fibers are better than synthetic fabrics, with one exception. A new, here can take the place of body propylene is an excellent choice for the layer closest to your skin. This new fiber acts as a wick to draw perspiration away from your body, which keeps you from getting chilled. Not only does getting outside help keep you in shape, it can help you improve your mood. During exercise sessions, many runners experience decreased anxiety and depression. The term "Runner's High" is an accurate one since it is a physiological change that is caused by an increased production of a substance called "endorphin." Endorphins are natural painkillers that scientists have recently discovered. Continuous exercise that increases your heart rate can actually release these endorphins and produce that feeling of well-being.

Joyce Combes

Lifestyle Run April 7

This 6th annual run promises to be one of the area's biggest and best. The 10,000 meter and 3-mile fun run will be held on Saturday, April 7th, at 9 a.m. in front of the SIUC Health Service, in a TAC-RRCA certified course. Pre-registration and entry fee required. For more information, call Ken Carv at the SIU Health Service 432-3311.

Daily Egyptian, 1
Today’s Newest Birth Control Method

The pill for men may still be in the experimental stages, but a new method of birth control has been recently approved by the Food and Drug Administration (FDA) and is now available across the country. The method is the vaginal sponge, brand name “Today.” This innovative, disposable device is made of soft polyurethane foam and contains a well-known chemical that kills sperm — nonoxynol-9, a familiar ingredient found in many feminine hygiene products. What’s new about the sponge is the length of time it is effective — 24 hours. (Originally tested as a 48-hour device, the FDA cut the time down to 24 hours to increase the safety data for the 48-hour claim.) The device works by blocking the cervix, similar to a diaphragm. The device works by blocking the cervix and by absorbing and killing sperm. Like a diaphragm, it must remain in place for at least 6 hours after intercourse, but unlike the diaphragm, it can stay in place even longer. The cost is not cheap, about $1.10 each, sold in boxes of 3. The SII Pharmaceu­ticals company, which is in contact with the woman isn’t familiar with her anatomy.

The sponge’s primary selling point is an increase in spontaneity or “avoiding in­terruption during lovemaking,” since the sponge can be inserted well in advance of sexual activity. It’s other advantage is the reduction of “menstrual” associated with foams and suppositories.

Using an additional method such as a condom is recommended, especially the first few times the sponge is tried. It is also a good idea to check the position of the sponge after intercourse, since there may be reports of it falling out. If the sponge does fall out, a new sponge should be inserted immediately. Each package comes with excellent, but lengthy instructions for use, it is a wise idea to read them completely before attempting to use this method, especially if the woman isn’t familiar with her anatomy.

Today’s Newest Birth Control Method

ACROSS

2. One who drinks and drives
3. Group most affected by problem drinking
4. Part of the psyche unrelated by substance
5. Alcoholic, for example
6. Risk after-effects of abstinence
7. Headache, for example
8. Unnatural liver from prolonged heavy drinking
9. About something
10. The only thing that can sober you up
11. Not drunk
12. Settled, tedious routine

DOWN

1. A ounce of liquor
2. Any non-alcoholic substance in a drink, including orange cranberry
3. How our attitudes towards drinking are learned
4. Involuntary trembling of the body or limbs; symptoms of alcohol withdrawal
5. An option, to say
6. A bad thing
7. Alcohol classification
8. Doping drug
9. A type of drinking
10. A type of drinking
11. Incidents of the actual alcohol content
12. Aftershow party
13. A type of drug for police officers
14. Alcoholism
15. Intoxicating ingredient
16. A type of alcohol
17. A type of alcohol
18. A type of alcohol
19. A type of alcohol
20. A type of alcohol
21. A type of alcohol
22. A type of alcohol
23. A type of alcohol
24. A type of alcohol

Test Your Alcohol IQ

Maureen Karcher

Tests Your IQ

Eating Well on a Student Budget

Are you ordering pizza so you don’t have to wash dishes by hand? Why name? Cooking spaghetti for that high-quality, healthy meal a little bit guilty but telling yourself you can’t afford to eat well on your meager student budget? The truth is — you CAN eat well on a budget here in Car­bondale. The following is a selective list of Carbondale good food bargains where you can get high-quality, healthy foods at low prices. It’s true some of these places require a car and take a few extra minutes driving time, but the money you will save more than make up for the extra effort.

Farmer’s Market: Every Saturday morning starting at 7:30 a.m., rain or shine, this outdoor market opens in the parking lot of Chen’s Restaurant on South Route 51, about 1/4 mile south of Arnold’s Market. Megli’s carries a good selection of fruits, vegetables, grains, beans, nuts, cheeses, breads, juices, and many other good foods at prices that are definitely more affordable than supermarket. In town. Aside from the cheap prices, the open air atmosphere gets you going on those cooler fall afternoons. A scaled-down version of the open market is run in the same spot. Try to get there early because it gets crowded.

Wal-Mart: On the packaged health food front, believe it or not, the new Wal-Mart has an entire aisle devoted to foods coming from around the world. You can find whole wheat spaghetti, snack foods and juices. The prices are actually competitive with their jiffy food counterparts.

IGA: The local IGA supermarket (Lewis Park and West Main Street) are finally catching up with the 80’s and adding natural food sections to their stores. Both stores have new natural foods sections, which includes reasonably-priced bulk grains and beans that you scoop up and package yourself.

Mr. Natural’s, Mr. Natural’s on Jackson Street is the only bonafide natural food store in the area. They’ve got a good selection of grains, beans, herbs and spices to make wonderful dishes. Their products are no more expensive than some of the foods you will get some good deals on yogurt and spices.

The Vitamin Stores: There are the Vitamin stores, Nutrition Headquarters on Jackson Street and General Nutrition Center at the University Mall. Good supplementary products on their peanut butter (no added salt), yogurt and other weekly specials advertised in the Southern Illini.Watch out for their vitamin sup­plements, though. Aside from the overpriced products, if necessary, they can be over­priced too. You may be better off buying vitamins at K-Mart or Wal-Mart instead.

Back to the Southern Illinois only whole grain bakery makes wonderful whole wheat, rye, raisin and other breads and personally delivers them into town. They may cost a little more than the traditional breads, but the weight and quality of ingredients and the good energy that owners Nancy and Joanne put into their breads make it worth it. You can buy Oatmeal, Wheat products at prices that are definitely more affordable than supermarket. In town.

Farmers Market: Spring my store on the corner of Main and the Farmer’s Market are already planning their fruit and veggie season. Starting in mid-May and continuing until Thanksgiving, the market offers fresh produce, all locally grown. You’ll be able to get local, organic foods at the grocery store prices. Aside from the food for the heart, it’s a great place to shop for your food sites in the spring.

This list is certainly not all-inclusive, but it gives you one idea of what Carbondale has to offer. Good eating can be inexpensive, and besides, it’s fun to break out of the grocery store rut.

Marc Cohen

Hot Off The Press!

NEW SEARCHING FOR HEALTH" BROCHURES

Contains information on: your medical- dental insurance and the same name, your center, Student Health Assessment Center, some self-care tips and good to know information concerning your student health program.

If you would like a brochure sent to you, please call the Student Health Program-Central Administration office at 452-311, ext. 246, or stop by the Student Health Program at 122 in the Press (across from the Health Services Clinic). We’ll be happy to answer any questions you may have.

Suanne DePeiter

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Spring Semester, 1984, Vol. II, No. 1

Editor: Janis Kulp
Assistant Editor: Kerri Carr
Director: Sam McVay

Special thanks to Mark Misunas and the Student Health Program staff who contributed to this issue.
The Nurse is Always "In"

Did you ever wait until 10 o'clock at night with your flu or cold and then wish you had the Health Service open? Well, Redi Service realizes that students have questions every day of their health and on the weekends, too. So they started a new service last fall called the "After Hours Nurse Advisory Program." It was designed to help students who think they may need medical care when the Health Service is closed.

Before this service started, you had only two choices when the Health Service was closed: 1) Tough it out until the Health Service opened, or 2) Pay a visit to the Memorial Hospital Emergency Room, which could cost you money. Your health and your medical fees will pay for the first $25.00 of your bill if you visit the hospital for a non-emergency. However, it pays to percent of your bill if it is a true emergency (the Emergency Room doctor decides what is an emergency). A non-emergency visit, therefore, could cost you less money: $25.00 or more.

With the new service, you no longer have to decide alone whether to pay the hospital, or tough it out. Just call 536-5586 from 5 pm to 8 am weekdays and from 5 pm Friday to 8 am Monday and Tuesday and talk to a Health Service nurse. She will give you advice on your problem, get your name and number, and decide whether to visit the hospital.

This new service has been well received. However, many students have used it, especially those in residence halls. Since next time it’s midnight and your sick or injured and need some advice, just call 536-5586 and the nurse will be "in.""}

Getting Rid of your "Winter Weight"

Barbara vowed this holiday season she would keep exercising and eating right. She quickly got a "Milwaukee Tumor" from all that beer and French fries she ate.

Recognize yourself in any of these situations? Did you go home for the holidays with lots of good intentions, but came back to school disappointed in yourself and in your weight? The holiday season, more than any other time of year, can be discouraging: You "dieting," trying to lose weight, but finding that the more you try to lose weight, the more you gain. It’s as though you can’t win.

Here’s why:

1) Routine Care - Your visits to the Health Service were closed: 1. Routine Care - Your visits to the Memorial Hospital were closed: 2. Non-emergency Care. 

You had only two choices when the Health Service was closed: 1) Tough it out until the Health Service opened, or 2) Pay a visit to the Memorial Hospital Emergency Room, which could cost you money.

Relieving Your Cold Symptoms

Symptom | Home Treatment | Over-the-Counter Medications | Additional Advice
--- | --- | --- | ---
Stuffy nose | Humidity with a vaporizer and take steamy showers. | Decongestant - look for products containing pseudoephedrine (Sudafed). | Avoid decongestants if you have high blood pressure, heart disease, diabetes, or hypertension. Do not use them if you have sleep problems.

Cough producing cough | Drink lots of clear fluids. | Cough syrup with an expectorant of Glycerol guaiacolate (Robitussin, or Triaminic Expectorant). | Take a cough suppressant. Look for medicines with Dextromethorphan.

Frequent dry hacking cough | Humidity with a vaporizer. | Dust, mites, and other allergens. | Avoid dust, mites, and other allergens.

Headache, body aches and fever | Rest in a peaceful, calm environment. Try relaxation exercises. Drink fluids for fever. | Aspirin or Acetaminophen (Brand names don’t make a difference.) If you are on other medications, be sure that they are not the same as others you are taking. Do not take these medications with alcohol.

Sore throat | Humidity with a vaporizer. Drink lots of fluids. | Milk and milk products may increase congestion. Do not try to magnesium producing cough. It is an important natural healing aid. | Avoid milk and milk products.


Making an Appointment at The Health Service

Did you know that between 300 and 700 students visit the Health Service every day? Developing an appointment system is sometimes necessary to allow you to see a nurse. The next time you visit the Health Service, just call 536-5586 during weekdays, from 8 am to 5 pm to make an appointment. Your appointment will be for a time between the day you call for the appointment up to three weeks in advance, depending on your situation. It breaks down this way:

1. Routine Care - Pap tests, birth control, etc., are scheduled up to three weeks in advance.

2. Illnesses - Injuries - Students with flu, colds, sore throats, sprains, etc., that require care but are not emergencies will get an appointment in 24 to 48 hours.

3. Urgent Conditions - Students with flu, colds, sore throats, sprains, etc., that require care but are not emergencies will get an appointment in 24 to 48 hours.

You will need to arrive 15 minutes before your appointment to fill out paperwork. If you don’t get there on time, you may be asked to reschedule; however, you will still be charged $3.00 visit fee.

This system may seem harsh but it is unfair to students who are late.

When the appointment clerk asks you questions regarding your visit, it is important to answer them as accurately as possible. If you give inaccurate or incomplete information, you may be given an inappropriate appointment and then have to reschedule.

With this system, the Health Service staff hopes to give you quicker and more efficient service. If you have questions or comments about the system, write them down and put them in the suggestion box.
Interview with Dr. Perkins (cont.)

We're going to take over (Men's Athletes), and we're going to develop a program, and — it's yours! — Dr. Frisch Medical Staff of the Athletic Department said. "I'd like to you look into what your responsibilities could be during a game. He turned me loose, basically."

I also put together a panel of physicians. If we need a cardiologist, we can get one right away, an internist, a surgeon, ear, nose and throat, whatever. We've got access immediately for any of the athletes.

The problem is, an athlete gets up in the morning, goes to class all morning, and then

practices until 6 o'clock at night. The football team, which I know the best, go back for meetings in the evening and then around 8 o'clock, they have

J. Kulp: So they have even less flexibility than the average student.

Dr. Perkins: Right. So we need to set up a program where we could work with them to specialists. We needed to sit down and define what my role is as the doctor, how do we get them over here, how do we make time for them so I'm not just sitting around twiddling my thumbs, waiting for athletes. So we set aside a period of time every where I see just athletes.

J. Kulp: To what extent do you feel that this program is necessary for the fact that we have a winning football team?

Dr. Perkins: I think probably what's it's done is give the care of their colts and runway jokes. They come see me and I can see them, but a lot of times I'm there when they tape. We talk about any kind of problems that they have. Then after the game, we look at it in winter and see how they did. We meet again on Sunday morning, we take care of those things.

J. Kulp: So you speed up the process.

Dr. Perkins: Right. The next stage is to try to get the coaches to understand this to some extent. Then it may be possible to isolate their players when they get sick, to put them to bed and let them get better, instead of having them work just another day.

J. Kulp: So you're primarily with the football team. You don't deal with any of the other sports?

Dr. Perkins: I deal with all the other sports. I see the wrestling, the tennis, the basketball, the rifle, the track, just about all of them. But I don't travel with them. I'm just responsible for all the games. There's no way.

J. Kulp: Right, and you've got a family and other things you need to do.

Dr. Perkins: We've got 500 athletes in the neighborhood. We're responsible for all of them, every single one of them last fall. When I rejoin the game, again it was a fall. We identify an awful lot of the things down slow in the spring.

J. Kulp: This is your busy season, the sports except football going in full swing. But a huge number of those athletes won't be part of it. And, also their injury rates just aren't as high. So things will slow down a little bit after the first of the year.

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January grocery bills boosted 1 percent by meat, egg prices

Higher prices for meat and eggs helped boost supermarket bills during January, as summer heat and winter cold combined to put pressure on food prices, according to the American Press marketbasket surveys.

Last month's increase in the cost of feeding the family - a food and non-food items - was the third straight rise. But price increases in the first half of 1983 were largely due to inflation, with paychecks paying about the same for the marketbasket items as they were at the start of last February.

The AP survey covers 14 items which were priced at one supermarket in each of 13 cities on March 1, 1973 and have been repeated on or about the start of each succeeding month. The figures are not adjusted to reflect seasonal variations. Nor are they weighted to show what percentage of a family's actual spending goes for each item on the checklist.

Among the highlights of the latest survey:

**Farm research program proposed**

WASHINGTON (AP) - President Reagan's spending blueprint for the Agriculture Department includes more money for research, notably $28.5 million in new program aimed at seeking space-age breakthroughs in the biological and livestock and food sciences.

The new $28.5 million, proposed budget money for research, is aimed at seeking space-age blueprints for the Agriculture Department, according to the new program aimed at seeking space-age breakthroughs in the biological and livestock and food sciences.

Meat and eggs were to blame for the rise in marketbasket bills. They represent 28.6 percent of the items in the AP survey, but accounted for 35.4 percent of the January increases. Eggs went up in more cities - nine - than any other item. The price of center-cut pork chops rose at the checklist store in eight cities last month, 16 percent of the January increases. Eggs went up in more cities - nine - than any other item. The price of center-cut pork chops rose at the checklist store in eight cities last month, 16 percent of the January increases. Eggs went up in more cities - nine - than any other item. The price of center-cut pork chops rose at the checklist store in eight cities last month, 16 percent of the January increases. Eggs went up in more cities - nine - than any other item. The price of center-cut pork chops rose at the checklist store in eight cities last month, 16 percent of the January increases. Eggs went up in more cities - nine - than any other item. The price of center-cut pork chops rose at the checklist store in eight cities last month, 16 percent of the January increases. Eggs went up in more cities - nine - than any other item. The price of center-cut pork chops rose at the checklist store in eight cities last month, 16 percent of the January increases.

Comparing prices today with those a year earlier, the AP found the marketbasket bill rose in eight cities and fell in five, for an over-all average rate of one-tenth of 1 percent.

The day of the week on which the price checks for the survey were made varied according to the month. Standard brand sizes or comparable substitutes were used.

The items on the AP checklist are: chopped chuck, pork chops, frozen orange juice concentrate, coffee, paper towels, butter, medium white eggs, peanut butter, fabric softener, laundry detergent, tomato sauce, whole milk, all beef frankfurters and granulated sugar. A 15th item, chocolate chip cookies, was originally included in the survey, but was dropped when the manufacturer discontinued the package size used as a check.

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**Puzzle answers**

**Navy Officers Get Responsibility Fast.**

**Bus driver quits governor**

CHICAGO (AP) - Gov. Thompson on Wednesday got the same treatment as other commuters who try to flag down a bus between officially-marked bus stops. The driver blithely ignored him.

Thompson, in an effort to promote a 10 percent fare reduction on Regional Transportation Authority commuter trains, wanted to take a train from suburban Arlington Heights to the downtown station, then hop a Chicago Transit Authority bus to his office in the State of Illinois Building in the Loop.

The train leg of the trip went as planned, the governor, surrounded by RTA officials, stood outside the station's main concourse to await the shuttle bus. The vehicle arrived punctually and, assured in his status as a VIP, he flagged down a bus directly in front of Thompson.

The driver refused to open the door, however. As an irate Thompson banged on the glass doors and RTA officials grew more embarrassed, the driver continued to shake his head.

Then as traffic started to move, the bus accelerated and finally pulled to a stop block the street -- at the designated bus stop.

The driver waited until Thompson could sprint down the street to the correct place.

Under RTA rules, bus drivers are prohibited from picking up passengers who are not waiting at stops marked with the official blue-and-white signs.

**Daily Egyptian, February 7, 1984, Page 15**
**Big Muddy Festival features five student-produced films**

Five films made by SIUC cinema and photography students will be screened Thursday and Friday as part of the Big Muddy Film Festival competition.

**Patterns and Bonds,** by senior Rick Wright, "House on UnAmerican Activities," by Fred Marz, who completed a Masters of Fine Arts degree last May, and "Sneak Previews," by senior Bill Wolfram, will be shown between 3 and 5 p.m. Thursday in the Student Center auditorium.

"Fixated Whereabouts," by Scott Miller, who graduated in December, and "Happy Face Button," by Chuck Lee, who graduated last August, will be shown between 3 and 5 p.m. Friday in the auditorium.

**Wheelchair games' site could change**

CHAMPAGN (AP) - Officials of the World Wheelchair Games say there is little hope the event will be held at the University of Illinois this summer.

Timothy Nugent, who was executive director of the games, said Wednesday that "a miracle" still could make it possible for as many as 3,000 athletes from 60 countries to compete here June 19-July 4.

However, he said it is more likely the games will be held at another site — perhaps outside the United States.

The latest blow to the wheelchair games came Wednesday when the University of Illinois officially cancelled its contract to host the games because promoters had failed to raise the necessary $3 million.

"The ball is back in the hands of the board of directors of the World Wheelchair Games," absent University of Illinois participation," said UI vice chancellor Stan Levy, who served on that board until Wednesday.

Levy said, however, that the promoters did "not even come close" to raising the money. He said they failed because wheelchair sports are not well-understood by the public, funding started late and in the middle of the U.S. recession, an there was internal "conflict and tension" among those trying to organize the games.

**Jackson calls for discussions with Jews**

BOSTON (AP) — Democratic presidential contender Jesse Jackson, denied questions about his relations with Arabs, appealed to Jews on Wednesday to "talk with me rather than talk about me."

"We need to get a dialogue to work out the basis for mutual respect," the black civil rights leader and minister told an audience of Boston Globe executives and editors.

"I wish the Jews who are nervous would talk with me, rather than talk about me and then write mean things about me.

Jackson has faced persistent questioning in recent days since it was disclosed that the Arab League had made two separate $100,000 donations to organizations with connections to him. He defended the donations as legal.

"There is no particular danger to Jewish people contribute to the PUSH Foundation, or when Irish people do, or when blacks do."

Jackson has long been regarded with some suspicion by Jews, in part because he greeted Palestine Liberation Organization chief Yasser Arafat with an embrace when the two met several years ago. Jackson himself recalled meeting Arafat in the Middle East in 1979, Menachen Begin, then the Israeli prime minister, refused to meet with him.

On another subject, Jackson said his formula for lessening tension in Lebanon includes having Israel "move back" from its present military position. The United States ought to move out, he said, and Syrian President Hafez Assad and Lebanese President Amin Gemayel ought to start a dialogue.
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GORGEOUS ROOM for Rent. Suitable for charming lady. Rent includes electric, yard work, gas, heat, water. 265-6727.
**SPRINTS from Page 22**

School athletes in Barbados, Blackman claimed the championships in the 100- and 200-meter dash in her junior and senior years. She was recruited by former SIU-C Coach Claudia Blackman (no relation) and came to the United States for the first time in August, 1982, to start her freshman year at SIU-C.

Blackman is a child and family major, which involves working with pre-school children in a daycare center. Blackman said she had made a big adjustment in her living away from home and was getting used to the frigid Illinois weather.

"Barbados is in a tropical climate and we get summer weather the entire year," she said. "The coldest it gets is about 68 degrees and it gets as high as 94 degrees, but it is never humid."

Blackman said she was extremely happy when she went home to Barbados during Christmas break. It was the first time she had seen her parents in 16 months.

"I really got homesick last year," she said. "After close to a year and a half I had to do something." Blackman has a twin sister, Carlon, who is a standout for the SIU-C track team.

"Carlon, who is a standout for the Barbados Olympic Committee." Denise has a twin sister, Carlon, who is a standout for the Barbados Olympic Committee. She cannot compete for the U.S. Olympic team because she is not an U.S. citizen.

"Carlon was invited to the trials this spring by the Barbados Olympic Committee. She cannot compete for the U.S. Olympic team because she is not an U.S. citizen."

"Carlon was invited to the trials, but I haven't talked to her in a while so I'm not sure if she is going to go," Denise said. Denise said she has aspirations of running for the Barbados Olympic team in the future.

"I don't think I'm ready this year, but maybe in 1988," she said with a smile. **Now on Sale at your bookstore Featuring: The 12 Top Entry-Level Jobs**

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**Page 20, Daily Egyptian; February 2, 1984**
CHAMPAIGN, Ill. (AP) — The University of Illinois was accused Wednesday of violating the National Collegiate Athletic Association rules regarding academic charges, according to a letter John Cribbet said he received from the NCAA outlining the allegations arrived Wednesday, but he would not reveal the specific charges.

Cribbet said he appointed Chicago attorney Philip Tone, a former federal judge, to investigate the charges, which follow a two-year NCAA investigation into Illinois' football program.

Cribbet said it would be inappropriate to comment on the specifics of the letter since it contains only unproven accusations of wrong doing.

However, athletic director Neale Stoner told the Champaign-Urbana News-Gazette last month: "As far as I can tell, the NCAA is trying to nickel-and-dime us to death with a lot of small, procedural things. I am not aware of anything big."

And, UI faculty representative John Nowak said at that time: "Every athletic program in the country is susceptible if the authority decides to turn over every rock. It's like an intralegal Revenue Audit. There's always some mistake."

SUCCESS

from Page 24

the offer.

"Coach came and got us," Franks said. "Nobody else was going to give us the opportunity. He has heard how we ran in the state meet and offered us a scholarship."

Franks enjoys being a part of this year's track team and he relishes the atmosphere that he is surrounded by, much more than in high school.

"It's different here," he said. "The guys are more into it. They're always trying to help. I've never been on a team like this. I was always around me is all right. Our team is well-balanced. When you know we have that talent, everyone pushes each other."

Besides his teammates, Franks said that Hartzog is the man everyone looks up to.

"He's the first coach Mark and I have ever really had," Franks said. "He helped me a whole lot. You can see how I run now from when I was in high school. He's a motivator. He tells us what to do and puts it on us to get it done. He has faith in us to go out and work. He'll get on you if you don't perform."

Franks doesn't think that the lack of an indoor training facility hurts the the track team much, but admits that "we are limited." Looking at the team's accomplishments so far this season, he said he would believe they have been training as much as any other team.

The relay squad's world-best time was originally reported to be world record. It was later discovered that the International Amateur Athletic Federation only recognizes the world record with official onus. However, athletic director John Cribbet said it would be inappropriate to comment on the specifics of the letter since it contains only unproven accusations of wrong doing.

"When is a world record not a world record?"

The men's track mile relay team of Parry Duncan, Mike Polynesian Cullin, Tony Adams and Elvis Forde did not officially break a world's record Saturday at the Salukis meet.

Though the group's time of 3:08.94 is the fastest ever run, Coach Lew Hartzog said that the International Amateur Athletic Federation only recognizes records set outdoors. The Salukis competed on an indoor track at Bloomington, Ind.

The performance does rank as a world's best, but does not qualify as a world record because it happened indoors.

Franks said he realizes he is "too far out of shape," but admitted that the world's best-time came as a surprise. "We weren't looking to do that," he said. "We wanted to place high in dual meets and win the nation. The pressure was a shock. I like to think we can run as fast or faster. If we do, then I'll be happy. If we don't, we still did it once."

"We're just glad we want to be. As long as we can maintain this level, we'll be all right."

Franks said he is looking forward to the Olympic tryouts that will be conducted at the end of June or early July. He thinks his chances of making the team are "pretty good." I've ran against most of the guys I'll compete against at the trials."

To make the team, Franks has to place among the top three finishers. He plans to compete in his specialty, the 400-meter, but said he "may even try for the 200-meter."

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Blackman picked up where she left off last year in a quadrangular meet at the University of Indiana last Saturday. Blackman tied the school indoor record in the 300-yard dash with a 3.71 time, while posting a third-place finish.

DeNoon said Blackman might have finished higher than third place if she did not pull her hamstring during the last 10 yards of the event. The hamstring injury prevented Blackman from participating in the 300-meter run and the 600-meter relay.

Blackman said the injury could have been prevented if she did stretching exercises before the race.

“I ran straight off the bench into the race and I showed a lack of professionalism,” Blackman said. “On this particular occasion I didn’t stretch. I was talking to one of my teammates before I knew it, I had to run.”

Blackman said she enjoys running outdoors rather than indoors.

“There is no such thing as an indoor track in Barbados,” she said. “I think it is more difficult to run indoors. An indoor track is a closed complex, the atmosphere is more stagnant, the track is slower and the curves are deeper.”

In the national meet for high

See SPRINTS, Page 20

High school junior scores 72 points to lead girls' team

OAKWOOD (AP) - Stacie Calhoun did what entire girls basketball teams often fail to accomplish — she scored 72 points Wednesday night.

The 5-9 junior forward scored 33 in the first quarter, as she led Oakwood to a 65-25 home shellacking over Potomac in the East Central Conference.

Oakwood exploded to a 40-4 first quarter lead, then widened the margin to 19 at half. Oakwood continued the romp, outscoring Potomac 57-14 in the second half.

The victory gave Oakwood a 9-0 record and dropped hapless Potomac to 9-6.

By Steve Kousle
Sports Writer

SUI:C sprinter Denise Blackman said she feels she has something to prove this year.

Last season Blackman said she thought she had qualified for the NCAA indoor championships in the 200-meter dash with a 26.6 time at the Illinois Intercollegiates Meet in Normal, Ill. The 26.6 time was one-tenth of a second better than the NCAA qualifying standard, but she set a school outdoor record.

But the judges said the race was aided by the wind and her time was nullified.

“I was upset with the decision but there was nothing I could do,” recalled Blackman, a sophomore from Barbados, West Indies. “They told me I qualified. Then they said I didn’t qualify because of the wind.”

“The ironic part in the wind was blowing the entire day but then it died down in the race. All the other runners who competed in the race agreed the wind wasn’t blowing but it didn’t do any good.”

That was the only setback Blackman experienced last year. In addition to the 200-meters, Blackman set an outdoor school record in the 100-meter dash and two indoor school records in the 300-meter dash and the 400-yard dash. She registered a single-season record of 104 points last year.

Blackman also played a key role for the Salukis’ relay team, which set school indoor records in the 400-yard, 800-meter, 1600-meter and the mile relay.

They set two school outdoor records in the 400-meters and the 1600-meters.

“God gave her the ability and she has worked hard,” track Coach Don DeNoon said.

“Denise is probably the fastest we have ever seen run through the 300-yards and she is as quick as Debra Davis in the 400-meters.”

“Denise said she is going to qualify for the NCAA indoor championships in the 60-yard dash. I don’t know what her potential actual is at that event.”
Paula Janen to motivate his team for the meet. Hill has a group of polished, younger performers that have been swimming well most of the season.

Fresno State Armia Alzakken, Wendy Lick, Sue Witt and Suzi Martin are Hill’s latest crop of stars. Alzakken, Lick and Witt are ranked nationally in the top 15, while Martin, off to a slow start because of an illness, could be one of Hill’s top performers.

Martin was the New Jersey state champion in the 200 freestyle in 1982 and 1983 and was a 1981 All-American in the 200 individual medley and 100 free.

The sophomores, Stacy Westfall, Roxanne Carlton, Rene Royalty and Linda Bell, have made major contributions to this season’s winning effort. Westfall, Carlton and Royalty have qualified for the NCAAs and are ranked in the nation’s top 15.

Hill’s juniors, Amanda Martin and Jane Cooper, have been a major part of the Salukis swimming program for the past two seasons and are swimming well again this year. Martin has qualified for the NCAAs the last two years and has qualified in the 100 and 200 breaststrokes this season. Carlton has met NCAA standards in three events this season, the 100 and 1,650 free and the 400 IM.

Even with this group of talented swimmers, Hill said he is not looking past the Cincinnati meet on Saturday.

UNRANKED

from Page 24

the team in shots and has hit 52 percent of them and averages 14.4 points. Jackson adds a team-high 37 steals and 6.4 rebounds.

Center Comie Price suffered an early season slump and then experienced difficulties with foul trouble, but has played well in important games. She is averaging 12.4 points and a team-high 8.3 rebounds.

Even Eleanor Carr, inserted into the lineup for her defense and passing, has started scoring a bit. She had 10 points against Wichita State. Scott said she was happy both with Carr and freshman Ann Katcher, who lost her starting job but has continued to improve.

Scott says the Salukis have the potential of going undefeated in the conference, but said it would be a "once in a blue moon" event.

"I think we have that potential," she said. "I think that’s a tremendous burden our kids are playing with. The more we win the more we put pressure on ourselves."

"We’ve been geared our training towards the conference meet and independent championships," Hill said, "but we want to achieve our main goal, an undefeated dual meet season."

Hill said two of the top performers on the Bearcat team are Lori Strong and Teresa Brossart.

Strong placed No. 13 in the 1,650 free in last year’s NCAA’s and is currently ranked No. 13 in the 1,000 free. Brossart is a freestyle sprint specialist for the Bearcats. Hill said Brossart is consistent based on her training, but hasn’t seen the caliber of competition that the Salukas have this season.

Diving Coach Dennis Golden said he had no knowledge of Cincinnati’s diving program.

"I haven’t seen any meet results to assess their strengths and weaknesses," Golden said. "But I have high regard for their diving coach (Charlie Casoto). He always has a decent dive."
**Scott not surprised’ at team’s no-show in poll**

**By Dan DeVine**

Staff Writer

Despite a 14-3 record and an 8-0 start to the Gateway Conference season, the SIU-C basketball team has not made any NCAA coaches’ poll. “They didn’t surprise me,” said Saluki Coach Cindy Drake, while admitting that she voted her team fifth in the latest poll.

After last weekend’s twin wins over Wisconsin at Southwest Missouri State, Coach Drake said her team deserved to be in the top 20. But playing in the unwieldy talent-laden MVC conference doesn’t mean too much to the coaches who vote in the poll. Also, the Salukis have not played any top-20 teams.

“I’m going to get in the top 20 if it’s a top 20 team,” Scott said. The other way, she said, is “to get into a conference.”

“We think we missed our chance (to be ranked) at Vanderbilt and DePaul,” said Scott.

The Salukis were 95-76 by hardware, which included a 62-50 win at the University of Kentucky earlier this season. Still, the Salukis maintain their two-game GCAC lead, which is what really matters to Drake and the Saluki squad. The winner of the conference automatically gets a bid to the NCAA tournament.

Eastern Illinois is 6-2, two games behind, while Drake, Illinois State and Wichita State are 5-2. Those teams have regularly destroyed the lesser teams in the league.

SIU-C has already downed Drake and Wichita State at home and has beaten Illinois State on the road. The Salukis play Eastern Illinois on Saturday for the first time.

“We’ve got to get the top four teams is very good,” Scott said. “We’re all surprised that Drake has won two in a row. We were upset at home (by Illinois State) and we were fortunate to beat them here. Illinois State has proven once again that it can be a real contender for the conference championship and I think Eastern can be a contender.”

Defense, rebounding and a smart, balanced offense have brought SIU-C to the top of the standings.

**GCAC standings**

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<td>Indiana State</td>
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<td>Northern Illinois</td>
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Forward Carl Williams is averaging 14.6 points and 9.7 rebounds per game and is shooting better than 50 percent. Mostly converting effective rebounds and short jump shots, D.D. Platt’s production is up slightly from last year — the senior point guard is scoring 14.4 points in addition to leading the team in assists and blocked shots.

“I’m not shooting more, I’m just making more,” Platt said. Forward Petra Jackson leads the team in scoring with an average of 14.4 points.

**Franks has run a long, bumpy road to success**

**By David Wilkerson**

Staff Writer

For someone who didn’t know a lot about track in high school, Mike Franks has come a long way. The 20-year-old junior has ranked third in the world in the 400-meter dash.

“I’ve enjoyed success and happiness, thanks to some key people in my life,” Franks said. “I have a God-given talent and determination.”

No one, however, could have foreseen his success at was untimely and not a lot of fun, Franks said. “I was a out on the first semi-final race coming to SIU-C from O’Fallon Community College, I had coach on Lewis Hartley’s team this year.”

“Let’s just say we went from 1-8 to 7-7-0, and they’re the only ones to beat the Salukis at home this season. The meet, scheduled for 2 p.m. Saturday, is the team’s last dual meet of the season and will determine the team’s place in the MVC. The meet will be held at the Recreation Center pool, is the team’s last dual meet of the season and will determine the team’s place in the MVC. The meet will be held at the Recreation Center pool.”

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**No show in poll**

**By Scott Rich**

Staff Writer

The only thing standing between the Salukis and a league title is the SWC championship game against Wichita State. The Salukis have scored three games in the row and are expected to win.

The Salukis are expected to start Norte Perry and his George, Cleveland Bibb, Bernard Campbell and Nate Floyd, the same lineup used by Van Winkle in SIU-C’s last four games. Guard Roy Burnage, though, may receive an unexpected nod against Campbell, Van Winkle said.

The Salukis, unbeaten at home this season and riding an 18-game home winning streak, would be hard-pressed to lose again. The Salukis have won three straight games, including a 96-62 Saturday at Illinois State.

**Women seek unbeaten season**

**By Dan DeVine**

Staff Writer

The women’s swimming team has become a top 20 team, and that was too far for him and the Salukis. The Salukis, among many hope to maintain their place for third place.

“We are real confident of making the trip to SIU-C and competing there,” Versace said.

“All of the Salukis, the men and women are ranked in the top 15 nationally by Swimming World. Hill said that although the team ranked among the top three to five in the country, it was still in the top 20.

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